

मूल्य रु 30/-

शिक्षक

मासिक

साउन २०६६

- युनियन अध्यक्षको शिक्षकलाई आग्रह
- अङ्ग्रेजीका सर: २५ वर्षदेखि फलाहार !
- पहाडी जिल्लामा शिक्षक पाइएनन् !
- चिरफार: एसएलसी नतिजाको

स्कूल चलाउने उत्तम-शैली !

समता शिक्षा निकेतनका
संस्थापक उत्तम सञ्जेल

afn ; ;f/sf sxl klsfzqx;

agr/f

sf7sf t:s/x; ck/fwl xg\ hf]sf7 rf]ck/fw u5g\ . pglx; ;v sf65g\
 / o;f]u/7 h^an df:g]sfd ub5g\ . h^an df];of]eg]hljhGt' df];(5g\
 k[ts jftfj/Of vlnn65 . clg dfgj;Eotfsf]hu xlnn65 . To;h]hGd
 eof]agr/fsf] hf]PSnf]kx/lf/ a6of]h^ansf]. g]fnl efiiffdf .sldS;U
 z]hlsf]klxnf]afnk:ts xf].agr/fU .



dNo ?= \$%÷-

dfzfsf]lk/xfx tIsf

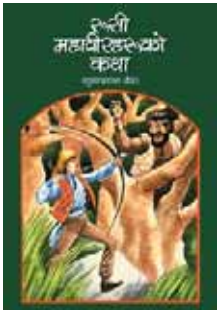
;fgl s;l dfzfnf0{cf^gf]Gofgf] / g/d cf\$0fg dg k/7 . w}df]g;nf0{
 cfkth;t ePsf]s/f dg kb7 . cf^gf]rlh g/fd]nflU . t/ g/fd]7fg7
 cf^gf]rlhnf0{ldl]sf]df gePsf]s/f kf06 . cfkth;t ePsf]rlh kf]
 cf^gf]xf]. To;h]df]g;n]cf^gf]rlhsf]ug lrg ;Sgk5{. dfzfn]klg
 cflv/df cf^gf]cf\$0fgsf]ug yxf kf0{. p;sf]h:tf]Gofgf] / g/d
 cf\$0fg c;sf]sxfxg'U



dNo ?= #)÷-

; ;L dxfjL/x;sf]syf

k]rlg ; ;L /fllox; sle / g]fuf]r]l;t
 ;DalGwt ol nf\$ufyfx;df ; ;L dxfjL/x;sf]
 k/fqml Pj +jL/tfsf]avfg kf065 . v7f/
 8f5"dfgje fl b]o / p8y]zlQm ePsf]tlg6f]ps]clh^x;nf0{k/f:t
 u/L Itgsf]cTofrf/af6 ; ;L hgtfnf0{dlQm lbg]Onof d/f]r]; , bf]l]Gof
 lgslltr / cflnof]kf]l]erh:tf gfosx;sf]kf]v syf /df0nf /
 k]7offbol 5g\.



dNo ?= #%÷-

glnf 8lNkmgx;sf]6fk'

kzft dxf;fu/df cjl:yt 7hf]df5fh:tf]cfsf/sf]Pp6f 6fkdf sg};do
 cflbjf;L 0lG8ogx; a:y]. ;g\!*#% df Toxf]k/]af];Gof hxfh r9] c6oq
 a;f0F;bf{Pp6l lszf]lrlfxF6fkdf cnkq 5fl8g u0{. To;/L 5fl8Psl To]s;l
 c7f/ jif{Dd To; lgh7 6fkdf cg\$ bMv / si6 %b]PSn)a:g aflb e0{.
 .glnf 8lNkmgx;sf]6fkU s/fgf gfdsl To; s;l]n]lhp]f]/xgsf nflu u/\$f]
 cbet ;^Sif]f]dd{kzL{syf xf].



dNo ?= ()÷-

hxfhl I; Gbafb

.hxfhl I;Gbafbsf]syfU ljZjk];4 syf z^vnf .c/asf /ftx;U s]Pp6f s8l
 xf]. I;Gbafbsf syfx;n]ljZj;flxTof Pp6f 5\$]/ ljzi6 :yfg cfl]6\$ 5g\
 ;ft-;ft k6ssf];dbl]ofqfsf]l;nl;nfdl I;Gbafbn]efl]gk/\$f cgf]f / lj:dosf/l
 36gfqmlsf aofg k9bf s]j0:s / s]afns ;a]h]/f]f]r /
 sf]knsf ;y}cfg]bsf]cge]lt ub5g\.



dNo ?= ^%÷-

afn ; ;f/
 lxdfn P; f]; P; g
 kf6g9f\$ f, nlnk/
 knj g= %/\$@/\$\$÷@!@)#@!



ul/anf0{ :t/Lo lz lff lbg] cleofgdf pQd

nugzln, kl|ta4 / sdžln xg] xf] eg] u/lasf
5f]f5f]lnf0{ ; tf]f :t/Lo lz lff lbg ; ls65 eg]
sf7df8f]-uf]f6f/sf pQd ; ~h]n] ; dtf lz lff
lgs]g rnfP/ k0fl0ft u/\$f 5g\.



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■ dxf; lrj x; sf] sfo n	■ ; E7g ; b ls/0fdf	■ olgog c fbf ngd}
■ cf]yn9E fdf lz lfs sf] cefj	■ lz lfs g]fx; d6ql-	■ k wfgd6qlsf
9f]s df	■ g k nl lj ifo lz lfs x; ; E 7t	■ nf0; Q; k/l ff c f]c glzrt
		k[7 ! \$ - ! &
lz lfs ; f lx; ca ; lrp n	<i>sf 0k; fb 9sfn</i>	!)
lz lfs sl6Psf sl6o}	<i>bl3 fh pk lfo</i>	!^
n]ys ag\$ f lz lfs	<i>uf]lj 6b n06]h</i>	!*
t f ndn] hufof] hf u/	<i>; 'ž/ h 6of]k g]</i>	@)
s]l cg]f]f sf/of / ; wf/sf pkfo	<i>kf= 8f= dgk; fb j l n]</i>	#*
k]g uof: t/sf] v f]f] s7f] sbdsf]	<i>sžjk; fb eS/ 0{</i>	\$@
o; /l ynf]h; sfpg	<i>l; l neof P: 6g jfg}</i>	\$%
lg/6t/ of]ubfg	<i>k f]f c fof</i>	\$*
x dl lz lfs n]g]w]}; wf]g{; S5f}	<i>hok sfz >ljf: tj</i>	\$\$
Adapting textbooks for ELT	<i>Laxman G nawali and Kalina Karki</i>	%^
:t e		
lj ifo-; 6be(@, x]fo-a%ffo #, ; %fj / k tlqmf \$, k t 6 ^), h dsf6 ^\$		

lx|dn P; |j; P; gsf n|u j; 6t y|kf|f/ k|s|fzt, c|tly ; Dk|fsm /fh]b] b|f|n
; Nn|fs/ ; Dk|fsm s|f/ zdf{ ; xfos ; Dk|fsm ; bzg l3ld/] ljz] ; j|f|b|ft|l afa/fd ljz] sdf{

sfof|om lz lfs dfl; s, kf6g9f]f, n|ntk/, k|f]g+!^^, n|ntk/, k|f]g; Dk|fsmlo- %\$#%#%, Jofk/-lj 1fkg- %\$*!\$@, uf]x ug]f; f] \$@%^^^
k|b|fS; M %\$#!(!, Od]M mail@teacher.org.np, j]M www.teacher.org.np db]M hub|af k] , x|Qljg, n|ntk/

afFsf] tfhdxn

tfhdxn s; n] agfPsf xg\< ; aɪf0{ yxf ePsf] gfd xf] zfxhxif. xf] :yfkTo snfsf] cToGt pTs[6 gdfg dfigPsf] tfhdxn agfpg] dun ; dɪf dɪxɔdb zfxhxif xg\.

tfhdxnsf] lgdfɔdf b0{ bzseGb a9l ; do -; g\ !^#@ b]v ; g\!^%#_ / To; aɪfhsf] tlg s/fɔ al; nfv ?kɔfF nfu\$]f] lyof]. lgdfɔf sfoɔf al; xhf/ lgoldt sdbf/ v6f0Psf lyP . !))) j6f xfoL t ; /; fdfg cf] fg] sfddf dfq hf]tPsf lyP . /fh:yfg, k-hfab]v cknufg; tfg, ItAat / >lnf; Ddaf6 Nof0Psf axdNo kTy/x2df kl; gf / ; lksf] l; -rg ug{ dWok} [dh's l; l/ofaf6 ; d] sflnu9x2 Nof0Psf lyP .

To; f] t tfhdxnsf] lgdfɔf Pp6f ; dɪ6sf] .ljw/ aɪful af6 ePsf] xf]. #* jif\$] pd]df rɪwF; Gtfg hlgdg] qmddf /fgl ddtfhdxnsf] lgwg eof]. ; dɪ6nf0{ cToGt 7hf] rɔf kɔof]. clg, rfnl; klg gsf6\$] ; dɪ6nf0{; fd]l]sf gddf sɔl ug{dg nfluof]/ tfhdxn hlgdof].

cyf\, Pp6f cToGt JolStut sf/0faf6 ; dfhn] bzn] / dfgj ; s[tn]g] zfgbf/ pkxf/ kfof]. c2 klg sɔg dxfg\ sdx2 o; / l] g] z? ePsf kɔfɔx2 pknAw 5g\ . sltnf0{ To; sf nflu zfxhxifɔ{ h; /l Pp6f ; dɪ6sf] klu; /l lyof] / sltn] pQd ; -hɪh] h; /l cg\$ u/] klu; /l h6fPsf xg\.

oxfPQd ; -hɪhsf] gfd crfgs cfof]. sxfFcu]sf] tfhdxn, axfFufɔf/sf pQd 0 t/, oxfFPp6f ; dfgt 5, pQdn] sxfFsf] tfhdxn agfPsf 5g\ . -x7 k7 @*-#(

xxx xxx xxx

afFsf 3/x2 gɪf / c; fdf6o s/f xfoGg\ . kɪf'rndf afFsf 3/x2 w] kɪnt 5g\ . t/ Pp6f rirɔ 6]heg sfoɔnd -dɪf] hljg dɪf] l] z]f; _ df .; dtf lzlf lgs]g] xɔf / To; sf kɔf]f pQd ; -hɪhsf s/f ; Gb} hɪf dnf0{ afFsf 3/x2 c; fdf6o nfu]. tl 3/x2 / ltsf] dxlf] sf af/ɔf yxf kɔf] hɪf dnf0{ /ɔf-r eof] cɪf /; fpg vɪh] / dɪf dɪvaf6 zAb lg: Sof] tfhdxn, afFsf] tfhdxn .

tl 3/x2 afFaf6 ag\$] ; fwf/Of cf>o dfq xg\ . jf: tsnfsf] lx; fan] ; s] Dd Jofks cy{ lbg vɪh]Psf tl 3/-6x/f ef8df ln0Psf] hldgdf agf0Psf c:yof ; Argf dfq xg\ . ltsf] eɪts cfo' c7-bz jif{ xɔf] xf]. t/ tl 3/x2 cfhsf] gkfnl ; dfhsf nflu cToGt ulx/f] cy{ /Vg] cleofgsf cE' xg\ eG] s/fdf s; ɪ] zlf unf{ h: tf] dnf0{ nflu} . tl afFsf 3/x2 cf'gf ; Gtgnf0{ cfkɪGb ultnf agfpg] kfs[dfgjlo rfxgfn] dg el/Psf t/

To; sf nflu cfkɪ; t pkfo gePsf cleef] sx2 sf cfzsf s[ɔ] xg\ . ul/alsf] ef/ln] lyrP/ Joj xf/sf bɔdf ; fx] kl5k/\$f / cfkɪ / cf'gf ; kgfx2sf] b/l kl]tlbg al9/x\$] cgɛj ul//x\$] JolStx2df .d Psn} 5g, dɪf] ; dfhn] dɪf ; kgfx2nf0{ ; Ddfg u/\$] 5l eG] eɪgf fuɪpg ; Sg' ; fdfhs lx; fan] dfq xfoG, /fhg]ts lx; fan] klg ; fx] dxlf] kɔf{ s/f xf]. ToxfToxl sfd e0/x\$] 5 .

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s; n] agfof] w/x/f < s; n] 78ɔfof] l; xb/af/ < s; n] prfNof] cf0km 6j/sf] kmfd] ; Argf < rlgf] lj zfn kvfɔ agfPsf] h; sg sg ; dɪ6sf gddf bt{ ePsf] 5 <

ol k7gsf] hj kɪndf cfpg] gfdx2 ; j kgbɔfx2 sf gfd xg\ . eɪts sfd ltgn] u/\$f xfoGg\ . t/, ltgn] ; kgf gb]y\$] eP tl ; Argfx2 7l8g] lyPgg\ . tl ; yfx2 ag] lyPgg\ . t/, TolQs] dxlf] kɔf{ t tl JolStx2 5g\ h; n] cgfd / c1ft g] /xg ; jlsf/ u/] csf\$] ; kgnf0{ cfd; ft u/\$f 5g\ . cf'gf] gfd la; ɪ dhx2 vɪhdf ldl; Psf 5g\ / gbl ag\$] 5g\ . :k16 kf/ɪf ; dtf lzlf lgs]gsf] ; kgf pQd ; -hɪh] b]v] pgh] yfngl u/] To] dxfɔsf] t/ ; Dkɔf{ 2kdf ; jfyklg /x] r? xjg ug] JolStx2 gePsf eP pgsf] ; kgf ; fsf/ xg] lyPg . .gfd h; sf] ; S} rnf] vsfd eP kl5l eG] ; fɪf0 /Vg] pbf/dg gkfnl / lj bzl sflnu9x2 n] sɔf xg\ . of] afFsf] tfhdxnsf vɪf / leQx2 .

.gkfn vQd 5l, dfig; x2sf] yɪf] ePsf] 5 . pglx? e65g\ of] rlgf] kvfɔ, tfhdxn / cf0km 6j/ h: tf ; Argfx2sf] ; kgf bVg] 7fpFxf0g . w/x/f, l; xb/af/sf] s/f ug] ; do klg xfoG . w}] dfig; x2 Ps: j/df e65g\ ægkndf sɔl xɔg A

; dtf lzlf lgs]g . .sfd ug{ vɪh]gnf0{ sɔln] klg 5\$bg] eG] s'/sf] 7hf] pbf/Of xf]. xfdnf0{ ; kgf bVgaf6 s; ɪ] klg /f\$g ; Sbg . nɔf gug] xfd] JolStut 0R5fsf] s/f xf] s; ɪ] klg nɔf ag eg] s/ nufpg ; Sbg . ljgd] xg xfdnf0{ sɔln] 5\$bg . cfkɪ; t ePsf] s/f afB s; ɪ] /f\$g ; Sbg . gkndf h] klg ug{ 7fpF 5, sɔl ug{ vɪh]gnf0{ e8sfpg s; ɪ] ; Sbg .

; nfd, afFsf] tfhdxnsf ; j kgbɔfnf0{ / cgfd c1ft /x] To; df of]ubfg ug] ; aɪf0{ .

h; } d dɪf] gag] Ho5'
; a} ; a\$] d ag] Ho5'
gbl ag] fclg dh vɪh
cfGcb slnɪh ljlrq xɪh .

- dhwj l3ld/]

- xfd] c; f] wfglsf sf/Of cl3lnf] -c; /_ c' sf] ljifo-; Gbeɔf k7f] -h]_ c' sf] ; fdu] bɪx] /g uPstɔf xfd nɪht 5f} . o; af6 k7sx2df kg{uPsf] c; ljwfsf lglDt lɔf dɪf5f} . -; Dkfs_

pbf/tfsf] dh

Pshgf k]P dlxnf lxdnfl lRqsf tly{/ c; /df0nf 7fp5f] ofqdf ly0g\ Pslbg snsn alb}u/\$f]; fgf] vfhdf pgn] Pp6f dNojfg\kTy/ elbg\ . To] kTy/ %fhdf /fv} ofqf hf/l /fvq\ .

To; sf] e]hkn6 Pshgf Psbd}ef\$Psf] / PSnf] a6]f; E pgsf] e8 eof] . pgn] a6]fnf0{ cfkn; t ePsf]cnslt vfg\$%f lbg]ljrf/ u/} %fhf vfhg\ vfg\$%f lbg]qndf a6]fsf]gh/ pgsf] %fhdf /x\$] %N%nf0f] kTy/df kof] . vfgf vf0; s]k5 a6]fn] pgl; t To] kTy/ klg dlvof] .

dlxnf] ljgflRsrfx6 To] kTy/ a6]fnf0{ ; lDk0lb0g\ . aNn-aNn kfPsf] vfgfn] lbPsf] cnslt tfutdf To] cgk]lft k]ktn] c% :knt{ ykof] / bE kb} a6]f af6] nlvof] . kTy/ a] \$f] k}fn] cfknf0{hljge/ vfg kU5 eG] sNkgf dfq



klg p; nf0{dsv kfg{kof{t lyof] . t/ s]k lbgk5 To] a6]f tl dlxnfnf0{k5dfp6} cf0k]of] . p; n] nu\$] kTy/ dlxnfnf0{lkntf{lb6} eGof] æof] kTy/ cToGt axdNo dlOf x] eG] s/f dh] yxf kfPF. t/, tkf0} oqf] dNojfg\j :t' Toit ; lhn} dnf0{ cj Zo klg To; } lbg6Psf] x]0g . km/ o:tf] axdNo j:t' To; } lbg; Sg] JoIStl; t olt dfq t x]0g 0 tkf0} t c% wj} xgk5{/ dnf0{o; eGf klg dNojfg\s/f lbg ; Sgk5 eG] cfzfn] d kns\$] xFÆ

c; lldt nfe\$]of] 5f6] syfn] ; DkGgtf / ; DkIQsf af/df tnsf p4/0fsf] dd{a'g ; lhnf] kf5{ .

- dfg; slt ; DkG 5 eG] s/f p;l; t s}s] 5 eG] s/fn] x]0g pm s:tf] 5 eG] s/faf6 yxf xG5 .

-x]l jf8{alr/ -! *!#-! **&l kl; 4 cdll/sl ; dfh ; w/s

- tkf0}slt ; DkG xgk5 eG] s/f tkf0}t slt k}f 5 eG]af6 x]0g, tkf0}t k}fn] lsgg g; lsg] s}s] s/f 5g\veG]af6 yxf xG5 .

-ufy a\$; -!(^@) cdll/sl nf\$; E]tsdl{

- xfd] uhf/f xfdn] sdfPsf] s/faf6 rN5 t/ hljgn] ; fy\$tf eg] xfdn] lbPsf s/faf6 kfp5 .

-lj :6g rlrh -! * &\$-!(^%) ah]otl k]vfgdql tyf ; lxxosf/

- ; DkIQ vr{xj] tlqj 6f dfq af6 5g\ efly, bfg / gfz . cfkn]pkofly / bfg ug{g; s\$] ; DkIQ gfz dfq xg; S5, o; sf nflu rfyf] af6] pknAw 5g .

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-0l:k/zgn j8{\ckm ljh8d (www.wow4u.com) af6 ?k]6t/t_



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 cx]fq vl6/xgePsf lzlf\$ ldx; df
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Psn] csf\$] s/f sf6g] / vsf
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 k?ifx; Ē xft0fn] u/l cufl8 a9g
 ; lS65 eG] kdf0f aGgePsf sdnf,
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s]0fsdf/L v8sf, v\$fa
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lzl/ssf] c; f/ cĀ ; fR-} g} lzlfk,
 /f]s / pko]l n]lof]. cfufd cĀ x;
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5 eGb}f hg; } lzlf\$nf0{; fdlhs
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 ljifo gf} j6} lj ifodf bltf ePsf
 lzlf\$nf] k9pbf u0f: t/ a9g] s/fdf
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 Ps xF. d} !) dlxg] lzlf\$ tfnd
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lzlfs dfl; ssf] !% cf}+ cĀ df
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g} cfufd lbg; df c%}; do; fble\$,
 lfga4\$ tyf hlj gf] kof]l ; lk kbfg
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 u/l 8f= tly\axfb/ >]7sf] .xs/n]
 klxNofPsf] lxdfnl j} j} ũ zlif\$sf]
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 wgu9L, s]hnl

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 .Pskl5 csf{ lzlf\$sf] xTo] k9bf
 dg sBof]. lzlf\$nf0{/fhon] ah}df
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 kx/L ; g]f, k\$; lgs sd{f/lnf0{
 h:tf] ; Ddfg 5 t/ lzlf\$nf0{ st}

cGof] x6g' k?of] ũ

!%cf}+ cĀ sf] ..sfo{t lzlf\$nf0{ klg nf0; ũ; ũ eG] zlif\$sf] ; dfrf/n]
 pTkGg u/\$f] cGof] x6fpg of] kq nyb\$' . ..sfo{t lzlf\$ eGfn]
 s:tf] lzlf\$nf0{ a%pg vf]hPsf] x] < sit ; do sfo{t c@) ^! ; fndf
 h:t} sfo{t sf] gddf lgo]kq Nofpg] lQs} hf] } klg kfg] x] l s <
 Tolta]f Pslbg :shdf gk9Psf, lzlf\$ g}gePsf, ev\ P; Pn; L kf;
 u/\$f / pRr lzlfdf lzlfz:q gk9\$fx; n] klg lrg] hf\$sf :shaf6
 Pp6f lgo]kq NofP/ k/Liff lb0{ nf0; ũ; lgsfn\$ lyP . ; DalGwt
 sf0fio sfdg t]h xfn] al; x\$]f] cj:yfd k}M To:thf0{ nf0; ũ;
 lbg] x] eg] lglZrt ; kd} cj} v]lgs sfdx; bfxf] / b} hf\$g\ . d sfo{t
 lzlf\$ l] /f]M x]0g, nf0; ũ; sf] l] /f]M xF]sgls lzlfz:q k9g] . j tM
 lzlf\$ xg kfgk5{ . unt tl/sfn] / hf] } klg nf0; ũ; lgsfn]
 kl/kf6sf] cGto xgk5{ . blf lzlf\$ x; nf0{ kfvf nufP/ cbf lzlf\$ x; n]
 ufp] p]df k}Tj hdf0/x\$ sf/Of :shsf] ; wf/ xg; s\$] 5g .

csf] s/f !) dlxg] tfnd / cf0P8= sf] kf7dqndf sit km/s 5
 / < !) dlxg] tfnd kf; u/\$fn] !! sf] dfGof kfP/ nf0; ũ; sf] k/Liffdf
 ; xeful klg xg kfg] t/ lzlf g] InP/ lgoldt !! kf; u/l !@ k9b}
 u/\$f / @\$ dlxg] k9L !@ sf] k/Liff lb0{ a; \$fn] k]j sf nflu klg
 nf0; ũ; sf] k/Liff lbg kfg] < of] s:tf] lgod x] <

lzlf\$ nf0; ũ; sf] gddf b0] if] cf0P8= / tlj if] al-P8= df !)) -
 !%)) k0ff] sf] k/Liff lbP/ kf; u/\$fx; nf0{ k}M Toxllqaf6 !))
 k0ff] sf] k/Liff lbg nufpg' eg\$] lzlf\$ l] Bfylf0{ xk\$] 7xb} <
 cf0P8= / al-P8= sf] kf7dqndf eGf s] km/s 5 nf0; ũ; sf] kf7dqndf <
 km/ nf0; ũ; sf] k/Liffdf >0] sf] :yfg 5g . kf; dfq ug] x] . 3f\$g
 ; Sg] l] Bfylf] klg t kf; ug{ ; S5 nf0; ũ; k/Liff . tfnd glnPsf t/
 lj Bfnodf sfo{t lzlf\$nf0{ nf0; ũ; df ; fd] u/fpg/ fdf] sfd x] t/
 lTgnf0{ klg tfnd lnPsf, cf0P8=, al-P8= k9g] Ē klt:kwf{ u/fpg'
 Gofof] r t x]0g . olb tfnd lnPsf lzlfz:q k9\$ / tfnd glnPsf
 / lzlfz:q k9b} gk9\$ ar sg} leGgt / x\$ eg] lzlf ; fo g}
 vf/ u/] xG / <

k]j fb]h] e]hg, al-P8= klxnf] j if{ x\$} SofDk; , dsjfgk/

; Ddfg 5g, :yfg 5g, txut a9jf
x5g . of] bzs} lj 8dagf xf].
pdfljx;sf] lgldt clxn] Dd ahg
5g . /fhon]s|x|/xsf]5 <c:yfol
kbf /x} #)cf}jif{ ; jf u/xf
lzlfxs; /Of]xt kmsg aWlo 5g\
of]otfsf] dNof]g 5g .

8f= uf]lj Gb 608gsf] u?kl0f6f
ny ; fble\$ nfluof]. dlnf kcx;sf]
af/df ny k9g kfpf vzl nfluof].
; fdlhs cWoog; Da6wl cfn]yn]
jf:tljs ; d:of bz]Psf] 5 . t/
.lzlfssf] sfdcg; f/ tna g/fd]
5g] eg\$] ; Gb rflxFx]Ff] nfluof].

k0ok]fb cfrfo{ af8]fpF#,
I; Gknf-rf\$

y/L y/Lnf0{ Pp6} agfpgk5{

/z]fs h7 c]df afa/fd lj Zj sdf\$]
cfj /of ny .lz]fs y/L y/Lsf] lgs}
dfld\$ 5 . lgolQm ; jf / ; ljwfsf
cfw/df y/L y/Lsf bl]vg]lzlfxs;sf]
Pp6}; %f sfd rflxk\$]sf] / 9En]
lz]f0f ug{g}xf]. ; %f sfdsf nflu
Pp6} txdf lgoQm ePsf / plQs}
sfo\$ / ; Dxfngkg]lzlfxs;sf] tna
; ljwf km/s-km/s xgh] sd tna
; ljwf kkt ug]lzlfxs;df xlgtfafw
dx; ; xg; j]felf]s}xf]. To; h]klg
lzlfxs;nf0{ lj]leg y/ldf gafB]
c:yfol / :yfol lgolQm dfq lb0g]
Joj:yf eP z]l]fs lf\$]sf] lj sf;
xg]yof].

OGb\$df/ >]7
sdnfs-h, cflyn9Ef

; fwj fb 0

/z]fs sf] !\$cf}c] -h7 @)^df
k\$flzt .gjlg dfl]sf] gjlg z]h
lgs}p]s[6 nfluof]. lz]fs 5gr6 /
et]df o:tf] kf/bzl{ z]hl ck]fpg]
/ ; xof] ug] ; a]kt wgoj fb / k
k]axfb/ a:g]nf0{ ; fwj fb 0

/l]Qf] uPsf elgPsf zx/sf
lj Bfnof; n] Tox] c]df k\$flzt
/flwsf dfl]sf] cg; /of ug]5
ls < ; /sf] :shsf lz]lfn]cf]gf]
tnanf0{ ..a]f]huf/ eQfl h:tf]
g7fgl ; dlk\$ e0{/rgf]ds tl/sfn]
k9fPdf #)) hg]sf] :sh #))

hgdf %g] lyPg . ..afh/fm dlb/f
/ df:6/l k9kl5 ; /sf/sf] nufgl
afn]fdf kfgl t e0/x\$]f] 5g, zlf
p]kGg eof]. lgoldt cgludg / /fd]
Joj:yfsf] ce]jdf hlt g}vr{u/
klg xftfn]lof] zGo g}xf]. o;y
; DalGwt lgsfo ; dod; 7f8f sfg
nufP/ lx8g]ls <

gk]nsf]z]l]fs oyfy{fnf0{cufl8
Nofpg] kof; yfn]df lz]fs nf0{
wgoj fb 0

; Gtf] >]7
augxf-(alb6f

lr6 r]fpg 5\$}ah6 0

@)^% h7 c]df k\$flzt gf/fo0k]fb
; j]l]sf].lz]fs g}c]jw sdsf cu]f 0
zx/ah/ afx\$]sf ; Dk0f(lz]lfsx;sf]
cgej xg; S5 . lj Bfylx; gk9l kf;
ug{rfxg] cleef]sx; h; /l eP
klg 5f]f5f]l kf; e0lbP v; l df6g]
/fhg]lts bnx; hgtfsf 5f]f5f]l
a]f]huf/ tyf lfdt]lxlg ePdf dfq
cf]gf]. jfy{k/f xg]7f6g]clg ; /sf/
rflx]fhit; Sof] z]l]fs tyof] a9\$]
b]y]P/ lj b]z]l cgbfg lewofpg pBt
ePkl5 Psn]lz]lfn]s]g]ug; S5
/ 0lj r/f pm ; a]t/sf] b]f] lz/df
yfk] a:g aWlo 5 .

csf] s/f, dfc]f]f]l]lx#f]ds
cf]b]f]hg hf/l /x\$] avt lj Bfnof;
tx; gx; eP . l]tgsf].ah]f lz]lf
lnP/ sfd 5g] e6g] gf/fn]
w]f]d]te]6 u/fo]bof]. To; h]
klg xdf] lz]lf cf]hg ug]sfd
%f/f6/f0 e0/x\$. lz]lfnf0{
; j]he agfpg]gf]df uf]p]f]f]f]
vh\$] P; Pn; l k/l]ff s]b\$]
sf/of ; d] lz]lfnf0{nf]hn]l]b]
u/l ; :tf] kfl/lbPsf] 5 .

cfh P; Pn; l k/l]ff
lj Bfylx;sf] geP/ lz]lfsf]
e0/x\$. P; Pn; l dfq x]f]g
kxf8l lf]q;df l8kn]df; Ddsf
k/l]ff; P; Pn; ls}kf/fn]; ~rfng
xygn]sf 5g\ . k/l]f]s]b]df r]f]fpg
h]gsf nflu lj Bfno Joj:yfkg
; ldl]tn] ah6} 56dfp5g\ . To:tf
sdsf] lgldt krf; xhf/ e6b a9l
/sd vr{ug]lj Bfnof; klg 5g\
lj Bfylx;nf0{lr6 r]fpg hfg gdf6g]

lz]lfsf v\$ ef]Rg lj Bfylx; ck7\
of/f] df]b]g\ . o; /l b]znf0{ ; d6gt
agfpg]lz]lf lf]q?kl alp g}lalu/x\$]
cj:ydf b]z v]l]q]f]5 . o; nf0{; wf/
ug]k]m{s; \$]f] klg Wofg klu/x\$]
5g . ca t w]g}g}lalu] Sof] ; wfg]
klg uxf]f] 5 .

dfnt] >]7,
; :j]tl pdf] v]gle-Hof^, cflyn9Ef

cf]dfn] k\$]f k\$]of]

@)^h7 c] ; dodf g}k]kt u/l
cWoog ug{ k]Psf]df ; DalGwt kl
wgoj]bsf]kfg ag\$] 5g\ x/\$ c]df
km/s-km/s lj]foj:t]sf ny-/rgf
lz]fs dfl; s]sf] lj z]f]tf xf] h:t}
ag\$]f] 5 . @)^h7 c]df 5flkPsf]
cd]l]sl /f]6k]t af/fs cf]df]sf]
lj rf/n] dnf0{ lgs} k\$]f k\$]of].
olb cf]df]sf] lrg]tg h:t} xdf]
b]z]sf g]df xg]x]f]eg]lz]lfsf]:t/
p]f]h]lg w]j]f]f]sg]k]g]lyPg .

lj iof]df/ >]7, lz]fs
; :sf tyf ; fwf/of d]lj, d]l-\$, w]l]b^
w/f6l w]}eof]

dfl]nf0{ slff !@ ; Dd lj:tf/ ug]
; /sf/sf] gl]tn] gk]fnh:tf] ef]f]hs
lj s6tf, cfly\$ ce]jdf af]f]f]f]
hgtfnf0{ cfly\$ df/df kf/\$]f] 5 .
pb]x/ofsf ; kdf pdf] sf] w/f6l]nf0{
lng ; ls65 . uf]ld]of lf]q]sf nflu
pkof]ul tyf ; j]he 7flgP klg



pdf] v]l]bf h6fpgkg] w/f6ln]
w]f]nf0{lk/f]h]f]f] 5 . pdf] clg]fo{
; kdf rnfpgkg] / pdf]sf lgldt
?=* nfv w/f6l /Vgk]b]f] hgtfnf0{
7hf] dsf{k/\$]f] 5 .

ltns kf08]
hgtf dfl] j]h]f, gjnk/f; l

k|t|lqmf / ; %ffj

pkofyl 5

lzlfsf ; dfrf/, 1fg / lzlf0f
lj lw atfp6} cfPsf] /z/ls dfl; s
lzlf lfqdf gofCfofdsf ; kdf
k|t|lqmf} cf0/x\$] 5 . d] lzlf0f
kzf ckgfpg] lqof6 ul/; s\$] /
cWooqsf qmdf /x\$fh] /z/ls
dfl; s ; w;k9g] u/\$] 5' . o; n]
d]f] efjL kzfno{ ; xh agfpg]
7x/ 5 . o; df k\$flzt x/\$ n]y
/ ; fdul pkofyl 5g\.

6\$/fh e08f/L
al-P8= t] jif c5fd axdvl
Sofdk;

c%}kefj sf/L xGyof] IS U

h] dlxgfsf] /z/ls dfl; sdf
.lzlfsf ; d:of / lgsf; sf]af6f]
zlf\$sf] kltjhg k9g kfp6f Hofb}
v; l nlf0f]. cfudl lbgdf lzlf0fno{
kefj sf/L agfpg]pkfo tyf :yfglo
; f] / ;fwgsf] dflwodaf6 lzlf0f
ug] tl/sfx; sf] af/df / lzlf
lfqsf JolOm] sf pbfx/of ylkPdf
xfdnf0{ c% pnhf{ ldlnglyof]. To:t}
lghl lzlf0f ; yfdf cWofkg ug]
lzlf\$dflysf]>d]f]ofsf]lj?4df klg
/z/lsn]cfj fh p7f0b] ; \

; lgn lh=, lzlf
hute-HofE PhsZgn Ps\$dl,
:of8hv

lj Bfyl{ :tDe rfx65

d lzlfssf] x] ; otn] /z/ls klqsf
cWooq ug{kfpghf0{ur]j 7f6b5' .
klqsf :t/lo lzlfssf] ; f]k]f]f]f]
s]b6 5 . of] vZlsf] s/f xf].

x/\$ lzlfns] cf^gf] lhDd]f/L
a'g' / bfoTj jxg ug{cfjZos
5 . ; /sf/L lj Bfno e6b}f]
lhDd]f/Laf6 6f9f eflgX6g .

lj Bfyl{] klg o; klqsfk|t
rf; f] lbPsf] al%of]. t; y{klqsfdf
lj Bfyl{:tDe /Vg ; s]; gdf ; u6w
xg]yof]. klqsf] pQ/fQ/ k|t
xg; sf] \

lj iOfk} fb >]7,
nldlgf/foOf hgtf pdfj
vo/df/f-#, dxQ/L

Is it possible?

I'm very glad to know that you are publishing articles in English language. I think, it helps not only for teachers; but also for learners of English language like us. Therefore, I want to see crossword puzzle in English also. So that, it helps the learners to develop word-meaning power in 'English'. Is it possible?

Aaditya Acharya
Jha.Ra. -2, Bohoretar, Sindhuli

lj Bfyl{z/ls dfl; s agfpg] Is U

d cf0P8= bf] f] jifdf cWooq
ul//x\$] lj Bfyl{ xFeg] elj iosf]
lzlf s . t; y{z/ls dfl; s lgoldt
k95' . lzlf dfl; sn] lzlf\$;sf]
dfq dg=d6' glht] pRr lzlfdf
cWooq/t lj Bfyl{x;sf] ; d] dg
5g ; km ePsf] 5 . o; nfo{ pRr
lzlf\$sf lj Bfyl{] cfyl ?rfp5g\
To; sf/of lj Bfyl{x;sf nflu klg
; f6ble\$:yfg lbP plrt x65 .
lj Bfyl{s]b6 n]yx; ; djz u/L
lzlf s dfl; sn] gk]nsf lj Bfyl{f0f]
klg ug nufpg ; S5 . To; lglDt
o; nfo{ .lj Bfyl{z/ls dfl; s] agfP
s; f] x]hf <

lxdfn sF/ .pb; ll
l; 4j/ -! ; f]k]u/, c5fd

gul/sg}bj df ; xeful xg; Sg]yof]-
o; lsl; dsf] kllj lws ; d:of xn
xg]u/L cfudl cl xdf] xtdf k/f] \
e6g] cfzf Pj +zesdfg 5 .

ld7sdf/L k7s -8lnfsfL
> lqdfj, ah/x\$L, lrtjg

...

zAbvh / cGtflf/L sf6df k7glo
n]y/rgf gsf6g] Joj :yf ul/Psfdf
/fd] nlf0f]. tyflk zAbvh /
cGtflf/L cnu-cnu sf6g ldlng]u/L
5fk\$] eP ; gdf ; u6w xg]yof].
afWotfn]zAbvh-* / cGtflf/L-* sf]
; dfwg ePsf]k/)kfg; dfwg; lxt
k7fPsf]5' . cfzf 5 bj} ; dfwgnf0f]
k|toflutdf ; djz u/f0{ ; xof]u
ugX65 .

xq/fh pkfWof, lzlf
ejfgl dfj, afxfsf, bh]v

dsf{ k%of

zAbvh / cGtflf/Lnf0{Pp6} kfgdf
g/vl km/s-km's kfgdf /flvlbgp
d h:tf lzlfns]b0]6f klqsf vl/b

-l6kOfll ol ; d:ofx; Ps]6s ge0f
qndzll ; dfwg x6}hfg5g\ . To:tf]
ug{xdf] klg /x/ ge0f{afWotf g]
xf]. ; %fj sf nflu w6jfb U ; ±

lj Z]lj Bfnosf cge]l kflWoksx;af6 cWofkg u/f0g]o; sf7df8f]lzlf
Sofdk; df PdP8= Psj if] alP8= / tlj if] alP8= sf lj le6g lj ifox;sf] slff
; -rfng e0/x\$] 5 .

slff !! df dfg]sl, Joj :yfk, lzlfzf:q, x]fn Dofg]hd]6, sllk6/
; f0g; sf lj ifox;df dfwd egf{lnOb} .

tlgygf sf7df8f]-kn]M ##!*#\$, (&\$!)#)# \$-laxfg ^-!) ah]

- PdP8= bf] f] jifdf k]f]f]ds k/lif / cf0f; lzlf0f sfoqnd ; fpgsf]bf] f] xktfd
- PdP8=kyd jif/ alP8=kyd jif]cf]tl/s dnf0^sg k/lif ebf]f]k]xnf]; ftf xg5
- slff ; -rfng ; fem \$ll% ah]v * ah]D
- kzf; g vlnf lbgf]! ah]v ; fem * ah]D



sf7df8f]lzlf Sofdk;
/fdzky, sf7df8f]-k]f]f]o pdf]sf] ejg.
kn]M)!-\$#@)\$, (*!)!!\$^ Od]M kscram@gmail.com

8f0e/ .u?hLú g}xb\ú

■ leS6/ k\wfg

lzlf s] !^ cf}-c;/ @)^^_ c[df 8f= uf]j Gb 608gsf] .Lzlf, u? / jf:tljs u?ú n\ydf ægkfnl efiffdf rfxFlxhf}fh .u?ú zAbnf0{olt e]6 tNofpg yfNof]s ; fj h]gs oftoft rnfpg]xf] \s sf/ rnfpg] rfns ltgnf0{u? eg] ; Daf]vg ug[kl/kf6ln]k] ; fxg kfPsf] 5Æ eGg] k^st; lxt s\l Znf\$;sf] ; xf/faf6 u? zAbsf]unt JoVof ul/Psf]h]o; k^stsf/nf0{b0{ zAb n\yFnyFnfu\$]xf] .

..u?ú zAb lzlf jf 1fg kb]fg ug] ; Ddf]gt Jo]Stnf0{ ; Daf]vg ul/g] zAb xf] eGg] xfdl ; a]nf0{ nfu\$]f] 5 . t/ sg} klg zAb lagf cf0gf] f0gf] csf] cydf kof]u xB} ; dosf] cGt/fnn] ubf] ; f0gf] ; q k]nf kg{g; lsg' a]n] s/f xf] . ljleGg sf/of]z zAbfy\$]f] lj:tf/ jf ; -srg xG5 / zAbn] gof]ofFcy{ jxg ul//xG5 .

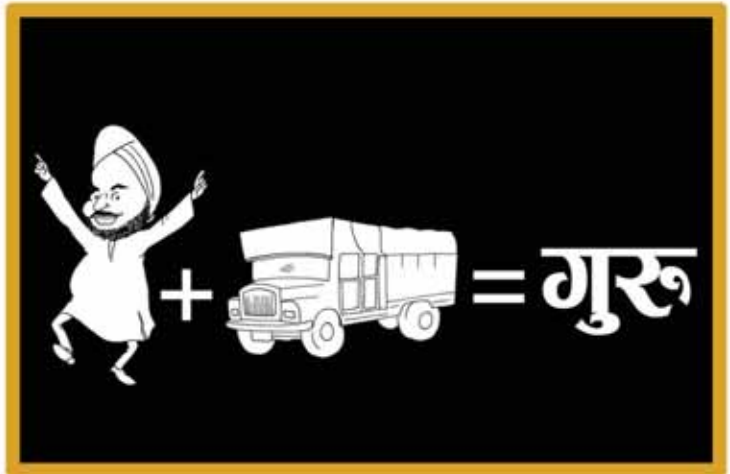
xfdf]klxnf] ; /f\$]f/ u? zAbsf]vf; cy{s]xf]eGg] ; t 5 . o; sf]klxnf]cy{ lzlf sf]hg e] xfdl w]f]f] 5 . To]f] e] k]nfpgdf xfdln] c]fwsf/s dfG}cfPsf]gkfnl a}t\zAbsf]zn]klg d2t u/\$]f] 5 . o; n]u? klj li6sf]g+ ! cyd]gfdhG .Lzlfsl cy{lbPsf]5 / w]k]5 dfq o; sf]lj z]f]of cy{lbPsf] 5 . clg Tox] sfzaf6 ; f;/ 7 kfg] tyfslyt ; a}gkfnl sfzsf/x;n]To; } u/\$]f] 5g\ . o; sf/of] tl sfz}df .u?tf] / .u?T]ú zAbsf]cydf lbOPsf .u? xgfsf]efj =] eGg]cy{klg e]ds / c:ki6 xgkuf] 5g\lsgeg] Toxf .u? xgfsf]efj eGg] lzlf xgfsf] efj eGg] sbfk xf}g .

8f= 608gsf] pSt n\ydf ; s[}sf s\l Znf\$sf pbfX/of; lxt u?sf] p]hofn] / cfb/of]o klf plhNofp] .u?ú zAbnf0{ cYofpg v]h]sf] kf0G5 . t/ ; s[}sf Znf\$;af6 sg} klg zAb cYofpg' lj 1fg; Ddt xB} lsgeg] ; s[} clt ; Dj 4 efiff-dxf; fu/ x]f] To; df hg; s} ljifosf klg /fd] / g/fdf klf %Nsfpg] hlt / h:tf klg Znf\$ kf0G5g\ . u?nf0{ufnl ug{k/}klg ; s[}af6 cg\$ Znf\$ v]h] Nofpg ; lS65 .

gk]ndf lgs}kof]u]d / x\$]f] / c]fwsf/s d]fgPsf] jfdg lzj/fd cfk6\$]f] ; s[} zAbsf]zdf u? zAbsf] lj z]f]of cy{klxnf lbOPsf] 5 . jf:tjdf u? zAbsf] JoTklQdhs klxnf] cy{ lj z]f]ofhG .uxf] cyf}ef/L -af% xf] . o; }cy\$]f]lj:tf/ eP/ o; n]cg\$ cy{jxg u/\$]f] xf] . cy\$]f]lj:tf/ eP/ of] -u?_ zAbsf] nfd] eGg]cy{klg lg:sG5 lsgeg] ; fdf]otof 5f]f]Gbf nfd]

uxf]xG5ú clg 5Gbzf:q / ; ^Nltzf:qdf n3'-u?sf] kfl/eflifs cy{n]fU5, lsgeg]n3eGbf u? pRrf/of uxf] / nfd]xG5 .

o; /L cy{lj:tf/ xB} klg To; df dh cy{sg}g sg} z}kdf ; fd]h /x\$]f]xG5 . o; /L g}cy{y]k]f]u? zAbn] dx[E]kOf{ b; flwo, 7hf] >4} , celi6, cx]f/ c]fb cy{ klg a%}pg yfNof] . oxl lj z]f]ofhG cy{x}z}cfwf/df o; nf0{gfd zAbsf]z}kdf kof]u ul/B} o; n]lzlf sf c]fb cg\$ cy{klg jxg ug{yfNof] . j}x:k]tsf]pbfX/ofn]o; s/fnf0{5nE kf5{. u?sf] Pp6f cy{j}x:k]t ux}xf] . ux}x}d]wo] j}x:k]t ; a}Gbf 7hf] ePsf] ux}v]f] ef/L jf 7hf] eGg] cydf j}x:k]tnf0{u? elgPsf] xf] . o; /L lj z]f]ofSt cy{n] ux}sf] gfd agk]5 dfq u?af/ c]fb



j}x:k]t; t ; DalGwt yk zAbx} ag] . To; h] b] tfsf u? j}x:k]t ePsf]o; ux}nf0{u? elgPsf] eGg]h:tf k/f0ff]bsf] ; xfotfn]cy{nufpg' efiff-j}flgs ts{xf}g, cGw-w]fd\$tf dfq xG5 . ux}x}df ; a}Gbf 7hf] ePsf]h] o; nf0{b] tfx}sf u? cyf} \Lzlfssf z}kdf dfj]ls/of u/L k/f0ff]bdf lrgOf ul/Psf] xf] .

oxl s/f lzlf zAbdf klg nfu" xG5 . 1fgn] uxf]f ef/L jf a]n]nf] ePsf] Jo]St ePsf]h] lzlf-b]tfnf0{u? elgPsf]xf] . o; /L gcYofpg]xf]eg]u?Tj fsif}f, u?of]hg, u?sfkl h:tf w]} zAbsf] cy{n]lb} . ; a}Gbf uxf]f cfsif}f]z]st ePsf]h]k]j]lsf] c]k]t/ t]Gg] z]Stnf0{ u?Tj fsif}f elgPsf]xf] . t; y{pSt n]ysf]Pp6f Znf\$df elgP%F.u] eGg]f] cGwsf/ / ?ú eGg]f] lg/f]w eGg]cy{ nufpg] xf] eg] u?Tj fsif}f] cy{n]lb} . To:t} csf] Znf\$df .u] eGg]f] l; l4bfos / .ú eGg]f] k]kx/of ug]f]nf tyf .p] eGg]f] c]JoSt lj i0' eGg] cy{lbOPsf]

k|tlqmf / ; %ffj

5 . of] ts(eg;f/ t l; l4lbg] jf of]hgfnf0{ u?of]hgf tyf kfkx/of ug] nlyf0nf0{ u?sfkl e6g' k4of]. t; y{ Znf3sf] kl60f08f/f sb} s'/sf] cy{ lgsfllg' eg3f] eldt jf c1fgl dflg; dflly af]4s zff]of u/l cfrfdi 5f/f] xfn] lbleldt kfg] kfl08Tof0Fdfq xf] j} flgs k4lt xf0g . To; }u? zAb cYofpognf0{cg3 Znf3sf] ; xf/sf] cfj Zostf 5g .

u?of]hgf / u?sfkl h:tf ; DaGwdf eg] yk c; s/f klg ug] kg] xG5 . ol zAb jf:tdf c^a\hl zAbsf] gkfnl ; Gbedf koflu ug{ cK7]f] kbf{ agfOPsf zAb xg\ . gkfnlx; cfkM; t ePsf] zAb koflu ug{ To; nf0{; dofgsh agfpg jf cylj :tf/ u/l rngrNtdf /Vg cg3 sf/Ofn] ?rfpbgg\ . tldWo3f sf/Of cf^gf] efiifk|tsf] n3'tfef; / c1fgtf b} } klg xf]. To; } cfkM; t ePsf] gfoa; Aaf; ; Aaf / ld/; Aaf h:tf zAb Tofu] c^a\hl zAb ; \$; g clkm / h:tf zAbn] To; nf0{ :yfgft/of ul/of] kl5 To; }nf0{ gkfnls/of ug{ zvf-clwst agf0of]. o:t} u?of]hgf / u?sfkl h:tf zAb jf:tdf df:6/knfg / df:6/sklaf6 gkfnlnufot sltko glo ef/fk\hl efiifx; df ag]. xbf{ of] ..df:6/l eg3f] lzlf, lzlf, eg3f] u? ePsf]h] ..df:6/knfg]sf] u?of]hgf zAb ag3f]h:tf]blvG5 . o; /l agfOPsf] xf0g xfhf e6g klg ; lsbq h; /l clxn3f ah3 lj sf; ; gkfnlx; n] ..rf0N8 k|08Nllnf0{ afndq\ zAb wj rwr/ koflu ul//x3f 5g\ . t/ afndq\ hl0sf]

lqejg /fhky agk|5 To; df uf8L xf5g] rfn, nueu ztk|tzt lzv wdf] nDal k-hfjLx; lyP . Itgnf0{ gkfnlx; n] ; Ddfgk] \$..u?hlw eg] ; Dafvlg uy]. oxvf u?hlsf] cy{ xf] u? gfgssf r]hfHo" cyj f u?af/sf pkf; s eStHo" 0

cygayk; t u?of]hgf cflb zAb ag3f rflxFxf0gg\ . ..df:6/l zAbsf] JoTKlQdhs dh cy{ lgoGqf=ks8 xf] c6oyf df:6/sf] cy{ dflns xG5] df:6/sf] cy{ df bf; / dflnssf]; DaGw ; j k|rlg 5 . df:6/ zAbsf] JoTKlQdhs ; DaGw dlh:6/l; t klg 5 -x3 jA:s6/ / SoflDahsf c^a\hlsf zAbsfz; . cf^gf] lj ifodf lgoGqf jf lgoGqofftds val jf ks8 ePsf] dflg; nf0{df:6/ cyf\ lzlf, elgPsf] xf]. df:6/af6 lgoGqf cy{ c^a\hldf c; w] } zAb a65g\ . sb} ; Gbe{ cyf\ k9fpg] wd{ jf k3zsf ; DaGwdf df:6/ / l6r/ zAbn] Pst/ l JoIStnf0{ ; a3t u/] klg b} } zAbsf] JoTKlQdhs cy{ ; a3t km/s 5g\ . To; } df:6/knfg, df:6/skl h:tf zAbsf] gkfnldf u?of]hgf, u?skl cflb zAb kofludf cfpf u?sf] uxl snf] -vlfnf] hg cy{ uxlf]6} lj :tfl/t xG5 / u?Tj sf] cy{ uxl snf] kg klg xG5_ dxlf] k0f{ celi6 h:tf cyh] a9l ; 3f0/x3f] 5 . u? zAbsf pko\$ t cylj :tf/n]

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मनपर्छ मलाई स्कूलका साथीहरूसँग खेल्न अनि उनीहरूसँग रङ्ग भर्न तपाईंलाई मेरो मुरी मुरी धन्यवाद!

तपाईंको सहयोगको प्रतिफल
 आज यो बच्चा स्कूल जान थालेको छ

बच्ची पहिले हामीले गरेका थियो जन-मानसलाई एउटा बाचा, राष्ट्रलाई दिएका थियो एउटा बाचन र लिएका थियो एउटा प्रतिबद्धता जसमा थियो हाम्रो संरक्षणार्थक नीति जुन स्थित थियो अरुलाई प्रेरित गर्नका निमित्त, सोहि सत्यवाचको प्रतिफल आज भन्कन्छ यो बच्चाको शाश्वत मुस्कानमा जसलाई हामीले नुहा गरेका छौ विद्यालय जान।

हामी आशा गर्दछौ हाम्रो यस प्रयासले अरुलाई पनि प्रेरणा दिऊन र प्रेरित गर्दै जाऊन सक्ने जिम्मेवार कर्तव्यहरु निबोध गर्न। यस क्षेत्रमा उठाइएका सबै बन्प नभिन कदमहरुले हामीलाई बढ्न मद्दत होसला प्रधान गुरु र हाम्रो मानवता प्रतिको यो कदम सही हो भन्ने विश्वास दिलाउँछ।

तपाईंहरुको निरन्तर सहयोग एव सद्भाव साथमा विई हामी यस परीपकारी कदमलाई निरन्तरता दिदै निरन्तर नै अघि बढ्दैछौ।
 प्रिय महानुभाव, हाम्रो यो निरन्तर सहयोग तपाईंको सहयोग नै मुख्य छ - धन्यवाद

टैबा, ओ थि थि इ डि, साइती नेपाल, नेपाल कान्ट्रीय विचारण, नेपाल सलुकोमा महिला विनियक (सोसलवाइ) तथा सेवा केन्द्र नेपोथिसलाई आज सम्म हामीले रु. ३६३२,७०० को आर्थिक सहयोग प्रदान गरिसकेका छौ।

यस जानकारीका लागि सम्पर्क :

**४४६५८८८,
 एक्स्टेन्सन २०५**

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 बिराटनगर ०२९ ५३६६९२ बाइपुर ०२२ ४५५२३२ जनकपुर ०५९ ६९३३६०
 सिमरा ०५९ ५३००२४ लुम्बिङटार ०२९ ६३०९२०



:j-cfuk

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ए.तपाईं शिक्षक हुनुहुंदोरैछ । कुन पार्टीको?



IzlfS ; fylx; ca ; IRrpff Ū

Ixhf] xfdL ; a\$]f cujf lyof] cfh cfknh] k9fPsf r]h]sf] k5]f gagf]. xfdL 36df] 36g; Dd 36df] ca g36f]. ca cl3 a9f] psfnf] nfuf] cf]fnf] ofqf agb u/f]. g]fsf] kl5nflg 5f8f].

kz; g kg; f;rgf cfo]un] ; fj h]lgs u/\$]f cf`gf] c0t/d kl]tj]dgdf ; fdbflos lj Bfnox;sf] z]lfs uof:t/ sdhf] xg]sf s]xl /f]s / dggof]o] sf/0fx; p]n]v u/\$]f 5 . ;/sf/L :shdf k7gk7gsf] :t/ Gog xg]sf w] / sf/0fx;d]Wo] lzlf0f ; yfx;df Jofkt bnlo /fhglltnf0{ cfo]un] d]Vo sf/ 0fsf ;kdf klxnofPsf] 5 . lzlfSx; ljleGg ; E7gdf ljeflht ePsf]h] pglx;sf] k]z]fut dof]fdf x]f; cfPsf] slffsf]7fdf lgoldt k7gk7g xg g; s]f] lzlf0f ; yfx; /fhgllts x:tlf]k]sf] :yn agg ku\$]f tyf lzlf0f k]z]fnf0{ cfsif\$ k]z]sf ;kdf :yflkt ug{ g;lsPsf] s/f kl]tj]dgdf p]n]v ul/Psf] 5 . To:t} of]o JolQm] lzlf0f k]z]f g/f]h]f] lzlfSn] cfknh] k9fpg] :sh cyf{\ cf`gf 5f]7f5f]lx;nf0{ ; fdbflos lj Bfnodf gk9fPsf] / lzlfSx; k/f c]lw slffsf]7fdf ga:g]sf/0fn]klg ; fdbflos :shsf] k]lt xg g; s]f] s/fnf0{ kl]tj]dgdf dx]j lb0Psf] 5 . lj Bfnosf]k7gk7gsf]ldof]f ;kdf /x\$]f lzlfSx;S} eldsfsf sf/0f :shsf]k]lt xg g; s]f]o:tf]kl]tj]dg ; fj h]lgs e0; s]f] c] :ydf xfdL Psk6s /df] E 3f]ng' h?/l ePsf] 5 . u? cfknh]u?sf]dof]fdf a:g / cgzf;gsf] kfngf ug{ g; s] lj Bfnosf] k9f0df ckl]ft ; wf/ xg g; s]f]x]eGg] s/f oyfy{/ ; Tosf] ghS 5 eg] xfdln] Psk6s cf`gf] dNof]g cfknh] ugk5{ . lsg]s u?sf]eldsf / dof]faf6 rSg]u?nf0{ s; h]klg ; Ddfg ub] / ug{klg xEg] . xfdL lzlfSx; klxnf c]oGt} khglo / dof]ot lyof]. ; dfhdf lzlfSnf0{ cfb/ ul/GYof] / lzlfSsf] eldsfsf] k]z]f klg ul/g] rng lyof]. ; fRr} eGg] x] eg] lxhf] xfdL s] lyof] eGbf klg s] lyPgf] eGbf plrt xG5, cyf{\ljutdf xfdL ; ay]f] lyof].

el]iosf s0fVf/ p]kfbg ug{lhDdf xfdl] sfWdf lyof]. xfdL lj 1 7flgGYof]. xfdl] r]h]fx;sf] elQmfj xfdLklt pRr lyof]. xfdL To;nf0{ u]0f ug{ ; lfd lyof]. lzlfSdf s]xl vf0/lxt lyof] To; h] ; Ddfg kFPsf lyof]. rf8kj df cleef] s]sf] cfEg xfdln] 6\$bf klj q xg] / g6\$bf cklj q xg] ; fdf]hs dfGotf lyof]. xfdL ; dfhsf cujf lyof]. xfdl] egf0 cg;f/ ; dfh rNg] uYof]. xfdL lgiklf klg lyof]. %bf afl]b]Gyof]/ Gofosf] klf lngYof]. cGofosf] lj/f]w uYof]. ta t ; ah] xfdlnf0{ dfGy] cfb/ / sb/ uy]. cfh xfdl] lxhf]f] c] :yf p]N6Psf] 5 . xfdlnf0{ul/g] cfb/, sb/, ; Ddfg / kl]ti7fdf lvof n]ub}u0/x\$]f] 5 . lsg cfh lzlfSsf] ; Ddfg / eldsf clg ; fv ; fB]f]uPsf] 5 / xfdl] prf0 36b5 < xfdL cfknh] cf`gf] ul/df 36fpE]f]. cf`gf] dx]jnf0{ sdhf] agf0/x\$]f 5f]. lsgg] cfh xfdL Pp6} k]z]fdf /x] klg ljeflht ePsf] 5f]. xfdl] k]z]f lzlf0f x]f t/ xfdL sf^u] / sDolgi6 ag\$]f 5f] dfq lzlfS 5g]f]. xfdld]Wo] w]h]f0{ cr]h u?sf] ;kdf eGbf klg kf6]f]f] g]fsf] ;kdf ; dfhn] lrGg yfn]f] 5 . lzlf0f eGbf /fhgllt kof/f] nfuf] sf/0f xfdlnf0{c;]n]xg]bl]6s0f / ug]Jojxf/ km]Psf] 5 . lzlfS eP/ klg xfdL c; g} ePk]5 ca xfdl] eGg] afE] g} s] /Xof] / < To; h] xfdln] xfd] sf/0fn] ; a] y]f] ud]Psf 5f] xfdl] 0Hht / kl]ti7f c;]n]xf]0g xfdL cfknh] 36f0f]. o; /l xfdL lzlfS cfbz]f6 lr]k]nP/ ed/ldf kmg ku\$]f 5f]. lxhf] xfdL ; a\$]f] ; f%f lyof]-t/ cfh Pp6f ; dx]f] ePsf] 5f]. ; f%f xg ; s]g]f]. ; a\$]f] alg/xg kFPgf]. ; a\$]f]ag xfdlnf0{lb0Pg . lzlfSsf]cfbz{/ dfGotfdf cl8u /xg ; s]g]f]. s]g] g s]g] bnsf] 5xf/ldf l5g] kg] afl]otfn] xfdlnf0{ aaf] kf]of]. gl5bf{ 3/kfossf]



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 yfn] kZg ; flgk;. xfdln] c;
 kl/ro lbg} gkg] eof]. xfdl
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bflxg] leQdf /x\$}eGg] s/f ; ah] ; xh} a`g yfn].
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ca kZg /Xofl cfkmm] u/\$f] o:tf] uNtlaf6 s; /l
 pDsg] <oltahfsf] xfdl] dVo lR6tf g} oxl xf].
 lzlfsklt oqtqaf6 auNtl kZgx; cf0l/x\$} 5g\
 xfdl sf] xf}<lzlf s xf}jf c; sg}<bnsf sfo\$tf{
 xf}jf ; dfhsf cuj f <o; sf] l5gfkmgf] s; n] ug{ <
 o:tf kZg p7g] cj:yf xfdln]; hgf u/\$f sf/Of o; sf]
 ; dfwfg klg xfdl cfkmm] gvfl; ; v 5g .

s; /l ; lRrg] t <

u?sf] klxrfg udfpg' xfdl] dVo uNtl xf]. k9fpg
 5f8] /fhgllts bnsf] nxþxþf nflu' clg ltgsf] a7s,
 ufl7l / clw] zgdg ; xeful eP/ %08f af\$g' lzlf s wd{
 lyPg, xf0g . Pp6f /fhgllts bn / g]fsf] cfZj]f; gdf
 bubf{ csf] bnn] bl; xGg eGg] s/f xfdln] slxlo
 ; fl`gf;. xfdl Toxl+rSof;. Pp6f bnsf] sfoqndf
 ; xeful e0/x\$} csf] bnn] vf0/f] vGnf ls eGg] s/f
 xfdln] glal; Psf] eP xfdl] uf}j] / ; fg lug] lyPg .
 Pp6f bnsf] %08f af\$] hh'; df lxB/x\$} csf] bnn]
 xfdlnf0{ bý]kl5 p; nf0{ c; Xo eof] clg xfdldfly
 eflts sf/afxl uvor] xfdl] vsf eflP, ckÉ e0of].
 xfdl bnlo bnndf km \$} sf/Of xfdlnf0{ lzlf s eg]
 xf0g bnsf] sfo\$tf{eg] lxBg}g; Sg] u/l sbk6 u/
 ynf kfg{ yflnof].

xfdln] dfwj g]kfn, lul/hfk] fb jf k{08n] h] e65g\
 Toxl eGg yflnof;. pglx; t /fhgllts g]f xg] cfh
 ldN5g\ efl]n 6fl9G5g\
 t/ xfdl lzlf s x; pglx; s}
 nxþxþf jxls/xg] xf] eg] xfdl] xint c% gfh's
 xg\$. g]fx; sf]; Af0f ug\$ nflu t ltgsf sfo\$tf{
 / ; /lfsd[sf] 7hf] hdt 5 . t/ xfdl lzlf ssf]

; Af0f s; n] unf{<of] s/f xfdln] Vofn ugkg] xG5 .
 ljutdf xfdln] u/\$f uNtl w} 5g\ t/ ; Rrfpg] sfd
 sd ePsf] 5 .

lzlf s eP/ xfdln] a`gkg] csf] s/f s] xf] eg]
 /fhgllt lzlf sn] xf0g g]fn] ug] xf]. xfdln] g]fnf0{
 lsg ; 3fpg] halsl lzlf ssf] kzfut lxtsf lglDt
 ltgn] clxn] Dd dfvf] df/\$f 5gg\
 pbfx/Ofsf nflu lghfdtl sd{f/lx;n] ; dofjlw a9jf kP t/ xfdl
 lzlf sn] ; dofjlw a9jf t s] lghfdtl ; /xsf] ; jf
 ; ljwf klg kPsf 5gf;. c:yfol lzlf sn] k9fPsf
 w} JolQm cfh /Hosf] glt agfpg] ynfðf 5g\ t/
 c:yfol lzlf ssf] ; d:of hxf\$] Toxl+5 . ljBfno
 sd{f/lx;n]f0{ b/agldf Jojl:yt ul/Psf] 5g . agad
 dfl/Psf lzlf ssf kl/jf/hgnf0{ lftkl't{ lb0Psf] 5g .
 /fhgllts bnsf] kl5nflu klg lzlf ssf] lxt; E k'olf
 uff;Psf ol / o:tf ; d:of lsg ; dfwfg ul/Pg t <
 s; n] ubf{ePg <hj fkm k'6 5l xfdl] g]fx;n] xfdlnf0{
 xn'sf ; kdf lnP, dxljxl g sf/lGb 7fg]. Toxl sf/Of
 xfdl dfu / ; d:of Ho\$ ToF/x].

lzlf ssf ; a}dfu k'f x\$ g]fsf k5jf 36g] ePsf
 sf/Of klg xfdl] dfu k'f gul/Psf] xf]. tyflk xfdln]
 of] ; Tonf0{ a`g l9nf] ul/x\$} 5f;/ clxn] klg xfdl
 g]fs} kl5kl5 nfu\$ 5f;. lzlf s x; bnut /fhglltdf
 ; fdh] ePsf 5g\ eGg] cf/flknf0{ cf`g} sf/Ofn] ubf{
 v08g ug{ ; lsPsf] 5g .

ctM lzlf s ; fyl; llca g]fsf] kl5 nflu 5f8f;. lxfh] xfdl ; a\$} cuj f lyof; cfh cfkmm] k9fPsf
 rihfsf] k5jf gagf;. xfdl 36df; 36g; Dd 36df; ca
 g36f;. ca a9f; cl3 a9f; psfnf] nfuf; cf]fnf] ofqf
 agb u/f;. ; a} lzlf ssf] Pp6} olgog; ; E7g agfP
 Pp6} %08fdlg ufha4 xfdl Pp6} cfGbrhgdf ; xeful
 agf;. xfdl] sNof o; ðf 5 . lzlf of kzfno{ cfsif\$
 ; Ddflgt tNofP/ lxfh\$]f] cj:ydf k'ofP.

xfdln] lzlf s x; cf`g] wd{/ st'oklt k'} ; dlk
 agf;. xfdl] nflu :sh g} ; ;f/ xf]. xfdl] ; DklQ /
 0Hht 5fq5fq xg\ eGg] s/f a%af;. xfdl afndyl
 agf;. ; xofyl xfdl. gofFk9sf] e]jgf a%af;/ ; fxl
 cg?k cfkmmf0{ ?kft/Of u/f;. ; dfh / :shdf xfdl
 ; a\$} xf0xf0{ xg] k0Tg u/f;. c6oq st} gefl/cf;. xfdl
 z4 lzlf s abf dfq lzlf ssf] :t/ psfnf] nflu
 yfl5l cGoyf of] ; Dej 5g . o; nf0{ dgg\ u/f;. xfdl
 lhDd]f/ agf;. cf`g] kzfkl't kl'ta4 /xf;. ; fdflhs
 dof\$ sfod /Vg k0Tgzln agf;. %08f] v]l 5f8f;. if8dGsf/l ; jfyl' cdx/Ofsf/l / ck/fwl
 gagf;. lzlf of kzfno{ snl't gkf/f;. hft, hfl't,
 wd{ jOf' lnÉ, ju{/ bnlo cfw/df s; ðfly eðej
 ug] h:tf] clfDo ck/fw gu/f;. sht Tofuf;. rl/qjfg
 / g]tsjfg agf;. c;nf0{ l; sfcf;. cfkmm] l; sf;/
 km/ klg l; sf; va l; sf;.

l; 0whlsf] ufðtl pdlj sf kÉ 9sn
 g]kfn lzlf s olgogsf sblo cllof xg\.

dwzł lzłfs ; dfhdf ofbj

@) c;f/ @)^^ df /fhwfgldf ; DkGg dwzł lzłfsx¿sf] ełfn] .dwzł lzłfs ; dfhł u7g u/šf] 5 . dwzł lzłfssf] kžfut ; /lłfsf nflu ; lqno xg] p2žon] ul7t pQm ; dfhsf] cłwłfdf pkłb] ofbj rlgPsf 5g\.

dwzł lzłfssf] ; f% ; :yfsf] ¿kdf lj sf; ug] nlo lnP/ ul7t pQm ; dfhdf hg; s} /fhglłts lj rf/kłt cf:yf /fVg] lzłfs klg c6fpg] ; dfhsf cłwłf ofbjn] atPsf 5g\ . pgn] głkn lzłfs olgog / głkn złłfs u0ftłGqs d-rdłło] sgdf cfj 4 xg] eGg] af/łf ; dfhn] lG0f0 u/l g; sšf] klg hfgsf/l lbP . ofbj sf] egf0 5, æof] ; a} dwzł lzłfssf] ; f% ; :yf xf] / o; df ; a} bndf cfj 4 lzłfs cfpg ; S5g\ . xfdł] kfyldstf ; dfhnf0{ lhnf txdf lj :tf/ ug] xf] .

pgn] kxf8l lfđf sfołt c:yfol / :yfol bj yfn] dwzł lzłfssf] kžfut ; /lłf g/xšf] atfP} ltgnf0{ kžfut ; /lłfsf] kłofelt lbnfpg cfj Zos /xšf] ; d] atfP . pgn] eg] ædwzł



cłwłf ofbj

lzłfs dg gk/] :yfol eP klg błw lbg] ul/Psf] 5, o; sf] lj ?4df xfdł ; lqno xG5f} .
; dfhsf] ; x-cłwłfdf 0žj / kl08t rlgPsf 5g\ eg] ; b:ox¿df xđrGb] dxtf] a?0fsdf/ bj, xl/gf/fo0f kl08t, ; -hosdf/ /fpt, /fdafa' /fo, clđtsdf/ ofbj, ; -hosdf/ ; fx, afnžj/ ; fx, zDešdf/ kl08t, ; Togf/foof ; fx, lzjzs/ ofbj, ; bñw kłfkl, /fdfgGb kl08t, uuf/fd 7fs/, lzj sđf/ ofbj, kžnsdf/ ofbj / ; -hosdf/ l; x /xšf 5g\ .

tlg xhf/ x:tfłf/

głkn lzłfs ; žn] cfknhf0{ 6ž olgog PđcGtuł btf{ u/fpgsf nflu clxn] Dd tlg xhf/ x:tfłf/ ; lng u/šf] ; žsf dxf; lrj sžj lg/fłfn] hfgsf/l lbPsf 5g\ . ; žn] bžel/sf lzłfsaf6 \$) xhf/ ; lng ug] nlo lnP/ x:tfłf/ cleofg ; -rfng ul/xšf] 5 .

o; žlr ; žn] c;f/df d]rl, sfžł ; u/dyf, hgsk/df c-rn ełf u/šf] 5 eg] wglłf, dsjfgk/, ; g; /l, cłyn9ufnufotsf lhnfsf ; žsf sfołtšf nflu g]tj lj sf; sfołnd ; DkGg u/šf] 5 . c-rn ełf / g]tj lj sf; sfołndf

; žsf] ; E7g lj :tf/, lzłfssf] kžfut cfGbfhg rsfpg] pkfo, dfgj clwsf/sf] /lłf tyf lzłfs ; xsf/l sf] :yfkgsf af/łf 5nkm ePsf] dxf; lrj lg/fłfn atfP5g\ . pgsf cg; f/ dxflw] žgkl5 ; žn] lzłfsnf0{ :yfglo:t/df dfgj clwsf/ /lłfssf ¿kdf ; d] lj sf; ug] / pglx¿sf] ; nłgtfdf lzłfs ; xsf/l :yfkog ug] cleofg yfnšf] 5 . ; žn] * / (; fpgdf cf'gf] sđbłp ; ldłtsf] a7s 8fsšf] 5 eg] ! ebfłv ; b:otf gjls/0f /fł60 cleofg yfngl ug] ofłhg afPsf] 5 .

dxf; lrj x¿sf] sfołn

głkn lzłfs olgog / głkn złłfs u0ftłGqs d-ralr ; xsfošf] vřf tof/ ug{ @(h] @)^^ df dxf; lrj :t/lo lzłfs sfołn u7g ul/Psf] 5 . sfołndf głkn lzłfs olgogsf dxf; lrj rłGz/0f ofbj, głkn złłfs u0ftłGqs d-rsf dxf; lrj ełf/fh ełfn, głkn lzłfs ; žsf dxf; lrj sžj lg/fłfn / głkn /fł60 lzłfs ; E7gsf dxf; lrj afa/fd ykf /xšf 5g\ . sfołnn] lj leGg ; u7gdf /xšf lzłfsx¿sf nflu ; f% cfrf/; křtf tof/ u/l nfu" ug] lj leGg ; E7gn] kł/s kł/s 9En] p7fP} cfPsf lzłfssf dfux¿sf] cłłoog u/l To; nf0{ ; dfofłhg u/l Pp6} agfpg] / tl dfu k'f u/fpg ; 0Qm lzłfs cfGbfhg sf] :j?k lgwf{0f ug] lG0f0 u/šf] 5 .

- E7g
- bPłs/0fłt/

głkn /fł60 lzłfs ; E7gn] :šhsf] av] labnf0{ ; E7g ; bPłs/0fsf] cleofg ; -rfng u/] pkořw u/šf] 5 . ; E7gsf dxf; lrj afa/fd ykfřf cg; f/ c;f/df d]rl, sfžł ; u/dyf, gf/fo0ł, eł / afłđłtsf c-rn ełf ; DkGg e0; sšf 5g\ eg] afE] alb0f, sžfnl, s-rgk/, %kf, df]a / lrtjgsf lhnf ełf ; lsPsf 5g\ . tl ełfđf lzłfs olgogsf] g]tj df rln/xšf] lzłfs cfGbfhg sf] cłł-To, złłfs ; jfn tyf lzłfssf dfu tyf ; d:ofs] ; dfwfg, lzłfsdfly lj leGg ; džn] u/šf Hofbłtsf af/łf 5nkm tyf cGt/lqmf ul/Psf] lyof] .



olgog cfGbfjhg

gkfn lzlfz olgogsf] cuj f0df
@@ c; f/ @)^^ df lzlfz;
l; xb/af/sf] blif0l udf ; f9]
(blj !@ ah]Dd wgf{a;].
wgf\$ sf/of ; 8ssf] cfj thfj t
7kk ePsf] lyof]. gf/f nufb}
lzlfz; l; x/af/ uft/ cl3
a9k15 kx/ln] x:tlfk u/l s0f-
lzlfzsf0{lu/ tf/ u/\$f] lyof].
kqmp ul/Psf ; a}lzlfzsf0{

sxla] /fv] To; }lbq 5f8Psf]
lyof]. kqmp k/\$fx;df olgogsf
clwf s0fk]fb 9sfm, pkllwf
k0f{hfz, dx;lrj rGgz/of ofbj,
sfjllwf kbdk]fb kf08, k]{clwf
szjk]fb e\$/f0fufot lyP .
lzlfz olgogn] /fxt
lzlfzsf0{ b/agbdf ?kft/of
ul/gkg] lj Bfno sdf/Lsf]
Jo: yf ul/gkg] c:yfol lzlfzsf0{

:yfol ul/gkg] lzlfzsf] ; doa4
kbf]gltsf] Jo: yf ul/gkg]
olgog; E ; /sf/n] lj utdf u/\$f
; a} ; 0%ff / hgfbg sf0nsf]
; %fj sf0f] og ul/gkg]ufotsf
dfu k/f u/fpg cfGbfjhg ub}
cfPsf] 5 . To; cl3, !(c; f/
@)^^ df olgogsf] gT]j df
lzlfz; n] lzlfz dGafno 3/fp
u/\$f lyP . To; ahf klg kx/ln]
lzlfzsf] sf0mdf x:tlfk u/l
w}] lzlfzsf0{ kqmp u/l sxla]df
5f8\$] lyof].

cfyn9Efdf lzlfz cefj u

k6s-k6s lj 1fkg ubf{klg b/vf:t k/dg\

cfyn9Efsf dfj tyf lgdflj;
lj 1fg, ul0ft tyf c^u]hl k9fpg]
lzlfzsf] rsf] cefj eflj/x\$
5g\ . tl ljifo k9fpg] lzlfz
egf{ ug{ %:^ k6s lj 1fkg
ubf{klg s; \$f] b/vf:t gk/k15
Jol0mut ; Dks\$ cfwf/df
lzlfz vflg ylnPsf] lglD
lhzc ?bk]fb bhfn] atfPsf
5g\ . pgn] lzlfz; E eg]
anf0; q; gePsf kf0G5g\ t/
nf0; q; ePsf lj 1fg, ul0ft /

c^u]hl lzlfz hit vflb klg
kfg ; lPsf] 5g \ E
lhNnfsf lj leG :shdf
sfo{t t/f0\$ lzlfz; sf]
; Dks\$ cfwf/df t/f0\$ t
lj ifosf lzlfz %efpg] k0f;
e0/x\$] bhfn] hfgsf/L lbP .
lhzsf cf; f/ cfyn9Efsf
!) j0f :shdf clxn] lj 1fg,
ul0ft / c^u]hl lzlfzsf] cefj
5 . gkfnl / ; fdlhs clwoog
h:tf thgfDd ; kdf ; lhnf

dfgg] lj ifo k9fpg] Jol0msf]
eg] cefj g/x\$] lhzsfn]
hgPsf] 5 . t/f0\$ sxl
lhNnfd kx8] lzlfz; nf0{
k1f8t u/l lhNnf=ufpF5f8g
afWo kf/Psf] eP klg kx8df
eg] dwz] lzlfzsf] dfudf sg]
sdl cfPsf] blv0 . ; /sf/n]
o; jif{ cfyn9Efsf nflu
lgdf]df #), klj]df #) /
df]df \$) j0f /fxt b/agbl
lj t/of u/\$f] 5 .

Iz lfs g}fx; dGqL- k\pfgdGqLsf 9f}fdf

g}fn lz lfs olgogsf] 6]hln] * c; f/ @)^^ df k\pfgdGqL dfwj sdi/ g}kfnf0{ ebl cf gf k}zfut dfaif/} cj ut u/Psf] 5 . To; qmddf olgogsf kbflwsf/ln] cfknh] ljutsf ;/sf/; u/}f ; xdt; ; D%}f sfolf] og gePsf] eGb} cfknh; ddf]t ePsf] atPsf lyP . k]o0/df k\pfgdGqL g}kfn] lz lfs g}fx;nf0{ cf gf dfuklt cl8u /x}f clxn] geP klg sg} ahf tl dfu k/f xg} atPsf lyP . b}zdf rsf]j/df a]l]g] jf 6fo/ af]Ng}f] dfq cfjh ; lgg] kl/kf6 /x}f] b}z]f; k\pfgdGqL g}kfn] eb] tl/sfn] cfGbh]g ug} lz lfs dfu k/f ug} uxf] xg} atPsf lyP . %08} b0{ 306f nfd] pQm e}df

k\pfgdGqL] lz lfs dfu k/f ug} eGb} lz lfs] k}z;f u/} k]nsf]sf] lz lfs] atPsf 5g\ . olgogsf kbflwsf/ln] cy}GqL ; %}b| kf08] / lz lff dGqL /drGb] szjfx; u/ klg 5}f5} e} u/L cf gf dfusi af/df Wofgsi}ff u/Psf lyP . cy}GqL kf08] lz lff lf]gdf lj utdf eGb} a9l ah} ljgof]h ug} cfzj; g lbP klg lz lfs] tna a9fpg] jf oyfj t/Vg] af/] s}l pNny gu/}f] lz lfs g}fx;n] atPsf 5g\ . lz lff dGqL szjfx; u/} e}df rlf]x olgogsf kltlgwn] lz lfs ; d:of cj ut u/Psf ; fy} lz lfs nf0; q; vf/h ug} dGqLsf] cleJolQmsf] lj/h u/}f lyP . k\pfgdGqL cy}GqL / lz lff dGqLnf0{ olgogn] a}fPsf] Wofgsi}ff



kqsf] dVo Joxi}f Pp6} 5 . lz lff dGqL szjfxn] dGqL ePnu0} cl3Nnf lz lff dGqL /qf sdi/L ofbj n}b} lz lfs nf0; q; sf] Joj:yf vf/h ug} cleJolQm lbPsf lyP . t/ btf / lz lfs k}zfut ; yf] bafasf sf/of clGtdf pgn] cf gf jrgaf6 kl5 x6}k/}f] lyof] . gof] lz lff dGqL

"Education is not a preparation for life; education is life itself."

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szjfx rlixFcf]gr] jrgdf cl8u /xg]xg]yf kI5 x6g]xg]clxn] sxl lglZrt ePsf] 5g . tyfik sfgyl zkd nfu" ePsf] lzlfz nf0; g; sf] dft]bf k]ffnl lzlfz gqsf] efi0sf e/df eg] vf/]h xg] 5g . o; sf] gofFsf] jf ePsf] sfgg ; zfl]g cfj Zos k5{.

nf0; g; k/Llff c%}clglZrt

cj?4 lzlfz nf0; g; sf] k/Llff kl]g dlGqkl/ibh] k9f0/x\$]f lzlfz nf0{ pQm k/Llffdf ; fd]h ug] lgofo gu/\$]f sf/Of clglZrt ePsf] 5 . lzlfz dGqfnon] c; f/sf] t] fl] ; ftf Soflagofdf k7Psf] o; ; DaGwl k]tfj kfl/t ug]sf] ; \$] lkmf{ul/Psf] lzlfz dGqfnosf ; x; lrj hgfbo gkfn] hfgsf/L lbPsf 5g\ . pQm k]tfj nf0{ kl/dfhg u/L kgM k7fpg] tof/ldf dGqfno h6\$] atf0Psf] 5 . gofF; /sf/n] lzlfz nf0; g; ; DaGwl lgofo gu/L :ylut k/Llff ; -rfng gxg] s/f lzlfz ; j]f cfof]un] hgfPsf] 5 .

gkfnl lj ifo lzlfz ; E17t

gkfnl lj ifo lzlfzsf qmddf ; do ; dodf cf0kg] lj wfut / Jofs/Ofut ; d; ofx; sf] ; d]wfgdf ; xof]u k]ofpg gkfnl lj ifo lzlfz ; nf0{ ; E17t u/L cfj Zos a]s, cGt/lqmf, uf]7L, tfnd cflb ; -rfng ug]sf] nflu / s]blo tx; Dd ; ldtsf] lj :tf/ ug] kfkf lhNnfsf lj leGg lj Bfnosf gkfnl lzlfz ; sf] tfg; gdf a; \$]f a]sn] hgtf pRr dflj sf ; lt/fd e08f/l]sf] cWolftdf !# ; b:olo gkfnl lj ifo lzlfz lhNnf t; y; ; ldt u7g u/\$]f 5 . a4 lj sf; lgdflj sf]8fBf, kfkfsf w]k]fb kEgl] lbPsf] hfgsf/L cg; f/ ; ldtsf] pklWolfdf lj hof kGt, ; lrj l8Nnl/fd u] ; x-; lrj czf\$ l3ld/] sf]ffWol f w]k]fb kEgl / ; b:ox; df 6s kGy, kg/fd l3ld/] ugrv/ e08f/L, afa/fd j:tl, wgaxfb/ a9f, nlnaxfb/ /fgf, l8nsdf/L ; gf/L / euj tl vgn /xg]ePsf] 5 .

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l/kfɔ{ kmnfɔk

bl3{fh pkflbo

IzlfS sl6Psf sl60}

IzlfSdfly HofbtI ug[klfsf]klxrfg eP
klg sf/afxl eg]ul/Psf] 5g . IzlfS
g]fx; ck/fw ughf0{ljleG ; E7g / /
fhon]g}; Af0f u/\$f sf/Of IzlfSdfly xg]
ck/fw g/f]sPsf] atfp5g\.



dfcf]fblsf] s6f0af6 3f0t] ePsf :of^hf,
dNof^sf0sf] /fddlGb/ dflj sf IzlfS an/fd
lu/L sf7df8f\$] gle\$ c:ktfndf .

- s]hfnlsf] alnof uflj; a3f]fsf] hg; jf dflj sf kç k0f{ a8]fnnf0{ dcf]fbl sfo\$tf{x;n]! kifug @)^% df snf0f]f] bnk15 Ps ;ftf :sh a6b eof]. snf0f]f] bng{x;n] cfdfnf]gf ugkq] / kç a8]fnnf0{ :shdf ; a\$] pkl:yldf ; Ddfg ugkq] lj Bfyl\$]f] dfu k'f ePK15 k7gkf7g ; r? eof].
- r]s]f] clGtd ; ftf ndh^sf IzlfS xl/ bGf0{ oYknf] \$f sfo\$tf\$]f] s6k6af6 uDel/ 3f0t] eP . jL/ c:ktfndf Ps dlxgf pkrf/ u/L lhNnf kms] klg pgl c%):sh hfg ; s\$ 5g\ . cf'gf] ; /lf ; lglZrt gxbf; Dd :sh ghfg]c8fgdf 5g\ pgl .
- bhvfv sf6s6ll:yt jL/b] dflj sf IzlfS e/t bhfn / s]0f 9Eh dcf]fbl sfo\$tfaf6 @(jzv @)^^ df sl6P . up0f lj Bt\ lj:tf/sf] lj jfbdf sl6Psf lyP .
- @h h]df kfFy/ of^ydfsf]l; 4 lgdflj sf kç ?kgf/foOf hal]hf0{ 3/df ;lt/x\$]f] cj:ydf dcf]fbl sfo\$tf\$]f] 9f\$ kf]j] s6k6 u/]. s6k6kl5 lj:yflkt hal] kx/lsf] ; /lfd ; b/dsfd a:b}cPsf 5g\ . kx/l]n]pgnf0{PSn}glx8y ; Nnfx lbPsf sf/ Of pgl :sh kalsg ; s\$ 5g\ . hal]dfly cfqndof ePsf] ; ftf lbg glatb} kfFy/s} lndaf uflj ; -\$ ndf^lbgst] ; ij klgs dflj sf IzlfS ^0G6\$df/ dflvd dcf]fbl sfo\$tfaf6 lg3f sl6P . pgl clxn] %kfsf] bdsdf

- pkrf/ u/f0/x\$ 5g\ .
- @^ h]df uf]v]sf] 5k6f/sf] tf/ dflj sf IzlfS lj i0f' kf7snf0{ cg/f:jlj o' qm]Gtsf/l sf sfo\$tf\$]f] :shd}s6k6 u/]. pgl dflj lj Bfyl{x;n]f0{ pS; fP/ lj Bfnodf tfnf nuPsf] cf/fk lyof].
- lj Bfnoaf6 3/ kms] u/\$l bfr]hfsf] lknrf]l uflj ; sf] e]jgl kllj sl IzlfS /fwbl]l e\$nf0{ dcf]fbl sfo\$tf\$]f] blks/fh hfzln] !# c; f/df s6k6 u/] vfl]; fdf xTof0lbP . hfz]l pkrf/sf nflu ef/t uPsl 5g\ .
- :of^hf dNof^sf0sf] /fddlGb/ dflj sf IzlfS an/fd lu/lnf0{ kf]y/faf6 dNof^sf0 hf}ubf{hlkaf6 tfg] dcf]fbl sfo\$tf{x;n] xft, v\$ / s/^ eff]lbP . lu/L clxn] gle\$ c:ktfn sf7df8f\$ pkrf/ u/f0/x\$ 5g\ .
- !@ h] @)^^ df gkfn /fli60 kllj af/fsl IzlfS d0sf uktsf] hgtflGqs t/f0{dlQm d]f]f\$ sfo\$tf\$]f] ufl]l xfg] xTof u/]. To;sf] @% lbgcl3 af/fs} IzlfS kllk ltlDn; 0f dfl/Psf lyP . ltlDn; 0f]sf] xTofsf] lhDd]f/l clvn t/f0{ dlQm d]f]f{/ dwz]l dlQm 6f00; f] lnPsf 5g\ . o; cl3 @! r] @)^% df t/f0{ ; f0n0; lsn/n] wglff xl/x/k/sf IzlfS d3axfb/ adhgst] xTof u/\$]f] lyof]. dflj sf] lj j/Of, IzlfSx; /fhglts bnaf/f ; Af]ft u08fubl{/ cfk/flwst]j sf]



bl3/fh pklho

c;/lff Jofkt ePsfh] cGofodf k/\$f
lzlfxs; ph/l xflng ; d; 8/fpg] u/\$f 5g\
nf\$tg / zflgt :yfkf ePklg lzlfxs;
clxn] klg qf; / cftl sf alr k9fpg afllo
ePsf] k-rffho pRr dflj wgu9lsf klrfo{
ofbj k] fb hfzl atfp5g\ km/s cf:yfsf sf/of
dfcj] fblgs6 lj Bfyl{ ; E7gx;n] yk} lzlfnsf0{
:shaf6 x6fpg vfh\$] pgsf] 7Dof0 5 .

dfcj] fbl sfo\$tf\$] cfqndofsf] lzsf/ ePsf
:of^hfsf lzlfns an/fd lu/l cfkml' gkfnl
sf^u] lgs6 ePsf sf/of sl6Psf] 7f65g\
dfcj] fblgs6 lzlfns /fh0b] lu/l / Zofdnfn; lxt
\$)÷%) hgf dfcj] fbln] pgnf0{ s6lk6 u/\$f
lyP . pgl e65g\ æd'of] eg] 5f\$] lyP .
x]nsf]6/af6 sf7df8f;NoiP/ pkrf/ u/\$f sf/
Of d hf]uPFA

To; f] t, lzlfdsfly /fhgllts sf/Ofn] dfq
xf0g k/liffdf lr6 rfg{ glbPsf sf/of klg
s6lk6 ePsf] 5 . ljBfno Joj:yfkg ;ldltdf
a9b]uPsf]/fhgllts lvrftfgl / n8f0\$]lzsf/
klg lzlfxs; xg] u/\$f 5g\ . /fxt sf0df
lzlfns /Vg] lj ifodf lj jfb xbf klg lzlfns sl6g]
u/\$f blv65 . t/, sltko lzlfxs;dfly ePsf]
s6lk6sf] sf/of eg] vNg] u/\$f] 5g .

kfom lzlfxs; cfknh] af/Daf/ cfjfh
p7f0bf klg ;/sf/n] bf]ldfly sf/afxl ug{
tk/tf blyfpg] gu/\$f] ugf; f] u5g\
shfnlsf] wgu9l:yt wgu9l dflj sf lzlfns u0fz
gkfnlnf0{klg o:t}nflU5 . lzlfns ; 3sf cWOLF
dfxg 1jfnl rflxfsitko lzlfxs; cfkndflysf]
Hofbtl af/] rkrfk /x\$ sf/of klg cfqndof
/ b]o]xf/ g/f]sPsf] 7f65g\
dfcj] fbl lgs6 lzlfns ; E7gsf cWOLF u0f/fh
nf]xgl]sf] egf0df rflx f ædh'sdf u0ft6g
cfPklg k/fgf] ; Of Wj:t ge0; s\$] /
gofF; Of galg; s\$] sf/of lzlfxs;dfly
Hofbtl'sf 36gf e0/x\$ xg\Æ cWOLF
nf]xgl lzlfxs;dfly xg] u/\$f] Hofbtl /
f\$gsf nflu /fhon] 7f] glt agfpgkg] wf/Of
/V5g\.

gkfn lzlfns olgogsf cg'; f/ @)%@
; fn kufgblv d^ \ / @)^# ; Dddf hDdf
!() hgf lzlfns dfl/P eg] @ (hgf akQf
kfl/P . pQm cjlwdf /fhoklaf6 &\$ hgf
lu/`tf/df k/\$f] lzlfns olgogsf] cf58fn]
blyfP5 . ; f] cjlwdf dfcj] fbln] !)
xhf/ ^! hgf lzlfnsf0{ ckx/of u/\$f] / #%^
hgfnf0{ Hofg dfg] wDsl lbPsf] olgogsf]
clenyaf6 blv65 . dfcj] fbl lgs6 clvn
gkfn /fli60 lzlfns ; E7gsf cWOLF u0f/fh
nf]xgl'sf cg'; f/ åGâsfndf dfcj] fbl
klfw/ #%! hgf lzlfns dfl/Psf] atfp5g\.

lgjfv ultljwsf sf/of slt c;/lft 5g\
eGg] bzfp6g kofkt 5 . -ol 36gfox; ljleGg
kqklqsaf6 l6lkPsf xg] lzlfns dfl; ssf]
:j tgq vfh xf0g .

dfcj] fblsf] ; z;q ; a\$if\$] qndf lzlfdsfly
rsf] Hofbtl lyof]. Toltahf dfcj] fbl; 6] /fho
klaf6 ; d; lzlfxs; ; tf0Psf lyP . hah{tl
r6bf c;hl, ckx/of s6lk6, akQf / xTof
h:tf s[osf] df/df lzlfxs; k/\$f lyP . t/
dfcj] fbl zflgt klqndf cPkl5 klg lzlfdsfly
xg] lx+fd 36gf /f]sPsf] 5g . clxn]
lzlfxs;dfly ; /sf/l klaf6 e6bf dfcj] fbl
sfo\$tf{ t/f0\$] eldut ; z;q ; dX / Pdfn]
lgs6 oykrf] { cflbaf6 a9l Hofbtl xg] u/\$f]
kf0Psf] 5 .

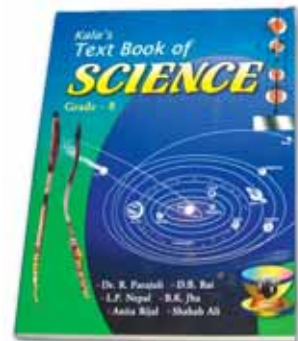
:shsf lzlfns] ljut 1% jifflv 9Ss eP/
k9fpg gkfPsf] blv] f] u5g\ gkfn lzlfns ; 3sf
cWOLF dfxg 1jfnl . pgsf] egf0 5, æk15Nnf
b0{dlxgdf dfq rf/ hgf lzlfns dfl/Psf 5g\
89 bhg e6bf a9l lzlfns sl6Psf 5g\Æ

lzlfdsfly Hofbtl ug] klfsf] klxrfg eP
klg sf/afxl eg] ul/Psf] 5g . lzlfns g]fx;
ck/fw ug]f0{ ljleGg ; E7g / /fhon] g]; Af0f
u/\$f sf/of lzlfdsfly xg] ck/fw g/f]sPsf]
atfp5g\ . cWOLF 1jfnl e65g\æfdl lzlfxs;n]
slxNo} ; /sf/n] ; /lff lbPsf] dx; ; ug{ kfPgf;
c;/lffs} cj:yfdf slffsf] fdf hfg' kl//x\$]
5 Æ pgn]; /lff cj:yfdf ; wf/ gcP dflg; x;
lzlf0f k\$zaf6 knfog xg] l:ylt ; d; cfpg
; Sg] atfp .

I/kf7{ lz lfs-lqmofsnfk

ufllj Gb n06h

n]ys ag\$}f lz lfs



tit:ax]u ul] Gb n06h

kf7dqmd l]sf; s]b\$}f cg'f/ slff ! b]v !) ;Dd k9f0 xg]#@ ljifosf
kf7ak'ts n]ygd]f b0{;o lz lfs ;m]g 5g\ . s]b\$}f #@ dft'efiffsf k'tsd]w]b
c]wfeGbf a9L l]stfa kl]g lz lfsn]g}n]y\$}f 5g\ .

u' XoZj /L afn lz lff d]lj ykfyntsf lz lfs xl/lj gfb
clwsf/l slff (/ !) sf nflu c]k]m]h] n]y\$}f
k'ts ..s]off]o ; -r]fng / n]y]l k9fp5g\ . pgn]
d]w]w]ds txsf]k]q]sf]l/t]sf]kf7dqmd l]gd]f]k]g kl]g of]ub]fg
u/\$}f 5g\ .

z]l]fs hg]z]l]Qm l]sf; s]b\$}f kl]z]l]fs gf/fo0fk] fb
j]fln]h]slff (/ !) sf]cl]g]j]fo{/ P]R]5s tyf k]l]j]sf]
ul]oft k'ts n]y\$}f 5g\ . (/ !) slffsf]ul]oft lz lfs
l]gb]l]zsf, s]b]h] tof/ u/\$}f]P;Pn;l ; xof]ul k'ts /
slff !) sf] ul]oft :j-cl]woog ; fdu] kl]g p]g]h] tof/
u/\$}f xg\ . pgn] xfn; Dd @@ j6f k'ts n]v; s\$}f
5g\ . To; f] t j]fln]h] ul]oftsf ; /sf/l kf7ak'ts d]f]q
x]f]g l]ghl :shsf nflu slff (/ !) sf]ul]oft k'ts
kl]g n]y\$}f 5g\ . kf7ak'ts n]y]gaf6 kl]xrf]g; E} ?-&
nfv c]f]b]f]gl e]Psf] j]fln]sf] sy]g 5 .

dx]b] ul]d d]lj n]lntk'sf c^a]u]h] lz lfs e/t
afa' v]g]fnn]d]lj txsf]c^a]u]h] lj ifosf]lz lfs l]gb]l]zsf
/ lj]zi6s/of t]f]n]sf n]y\$}f 5g\ . sf7df8f]ol]ge]l; 6]af6
c^a]u]h]d]f PdP8 ky]d >0]l]d]f p]Q]l]of{v]g]f]n d]lj sf :y]f]ol
lz lfs xg\ . p]gl kf7dqmd l]sf; s]b\$}f c^a]u]h] lj ifosf
kl]z]l]fs kl]g xg\ .

rs 8:6/ 3f]b] slffsf]7]df ; l]dt lz lfsx;sf nflu
l; h]g]f]d]stf l]d]t]f b]y]f]p]g]d]w]l]od ag\$}f]5 k't:sn]y]g .
kf7dqmd l]sf; s]b\$}f cg'f/ slff ! b]v !) ;Dd
k9f0 xg]#@ lj ifosf kf7ak'ts n]y]gd]f sl/a b0{; o
lz l]f]ss]f of]ub]fg /x\$}f] 5 . s]b\$}f #@ dft'efiffsf
k'tsd]w]b]c]wfeGbf a9L l]stfa lz lfsn]g}n]y\$}f]kf0G5 .
s]b\$}f l]gb]z]s xl/af]h] v]g]f]n e]G5g\;k't:sn]y]g k]l]j l]ws
sf]d x]f] lj ifoj :t' a%\$}f lz lfsn]k't:sn]y]to]f]l]stfa
:t/lo xG5 .

ef]ge]Qm d]d]f]l]on p]d]f]lj, k]f]g]k]f]y/l]sf lz lfs k]d]f]h]
9E]h]n] ; /sf/l :shsf nflu & slffsf] ul]oft l]stfa
n]y] . To; kl]5 pgn]l]ghl :shdf k9f0 xg]l]gd]f]lj ; D]dsf

ul]oft k't:sn]y] . b0{bz]s ul]oft lz l]f]of]d]f ; m]l]g 9E]h]n]
k't:sn]y]gaf6 j]fl]if\$?-) xhf/ /f]b]N6l a'g]u/\$}f 5g\ .

; u/d]y]f c]f]j]f; lo c^a]u]h] d]lj h]j]nfv]h]sf ul]oft
lz lfs x/]fd 7]fs'n] l]ghl :shsf] slff (/ !) d]f
k9f0g] l/n]fo66 DofyDof]l]6S; / P]R]5s ul]oftsf]k't:sn]y]\$}f
5g\ . p]Qm l]stfasf] laqm /fd]f] e]Pkl]5 p]gl]l]eq
n]y]g]p]t; f]x y]l]k]of] . cl]x]n] r]f]l]x]F7]fs' & / * slffsf]
l]gd]t P]R]5s ul]oftsf]l]stfa n]v]b]5g\ . PdP; ; l p]Q]l]of{
7]fs'n] ul]oft lz l]f]of ug{ y]f]n]sf] (j]if kl]u\$}f] 5 .
ul]oftsf l]stfa n]v]x\$}f sf/of slffdf k9f]p]g h]f]g]cl]3
to]f/ ug{g]k]g]l at]f]P5g\ .

@)%) ; f]nd]f al]P8 p]Q]l]of{6f]oD; :sh shZ]j/sf
ef]o; l]k]l]g; kn v]d] s]l]n] kl]g l]ghl :shdf k9f0g]
slff (/ !) sf]cl]g]j]fo{/ P]R]5s ul]oft k't:sn]y]\$}f
5g\ . To; f] t pgn]l]ghl :shsf nflu slff & sf]
P]R]5s ul]oft n]y]\$}f 5g\ . s]l]n]k't:stss]f/f]b]N6l j]f]kt
j]fl]if\$?=] nfv a'g]u/\$}f] at]f]P .

ptf @\$ j]if{l]z]l]f]of ; j]fd] /x\$}f 8]l]al /f]o{; f]x]y]s]l]y]t
06/gn n]f]o6 kl]Ans x]f]o{shdf c]k]m]h] n]y]\$}f]k't:sn]y]gaf6
k9f0/x\$}f 5g\ . /f]b]N6] l]ghl :shdf k9f0g]slff (/
!) sf] .6\$; a]s c]k]m ; f]oG; l]g]f]j]if]6]l]3 n]y]\$}f l]y]P .
pgn]b0{ j]if]6]t]f l]ghl :shsf nflu ! b]v !) ; D]dsf
lj 1]f]gsf k't:sn]y]\$}f 5g\ . o; af6 j]fl]if\$?-\$) xhf/
/f]b]N6l k]f]p]g]u/\$}f/f]o\$}f]b]f]al 5 . p]gsf l]stfa sl]tko
l]ghl :shdf k9f0g]u/\$}f] 5 . l]ghl :shx;]n]n]y]s /
k\$}f]z]g ; y]f; E]sf] ; Da]G]wsf c]w]f]d]f kf7a; fdu] 5g]f]b]
ug] u/\$}f] kf0G5 .

lz l]f]of; E} k't:sn]y]gd]f ; m]l]g cl]wsfz lz lfsn]
slffsf]7]df k9f]p]f]sf]c]g]e]j / 1]f]gn]f]o{c]f'g]f k't:sd]f
; d]b]g]u/\$}f 5g\ . gf/fo0fk] fb j]fln]h]n]y]\$}f]P;Pn;l
c]Eof; kl]tsf kl]t]e]j]f]g]v/ sd]h]f] b]j}lj B]f]yl]6f nflu
; xof]ul ag\$}f] 5 . p]gl e]G5g\;e/f]d]f] E k9] ; a]lj B]f]yl]
kf; xG5g\;E To:t} x/]fd 7]fs'/sf]ul]oft c]Eof; k't:sn]

sl7g ; ǫ ; 0%g ; lhnf] kf/šf] 5 . pgsf] lsfan]sl7g kʒgsf] ; lhnf] ; dfwfg lbPsf] 5 . cgejl / blf lzlfśaf/f nlvPsf o:tf k':ts ; do; kf]f ePsf]lj Bfylšf cfj Zostf kʒf xg]lj zlf1x; atfp5g\ . lqlj sf uloft lj ifosf kʒwofks 8f-; l4k] fb sf0/fnf cgejn] vfl/Psf lzlfśn] nʒšf k':tsn] lj Bfylšf] cfj Zostfnf0{ ; Dafvlg u/šf] atfp5g\ . lzlfśn] nʒšf lsfā koflv ul/xšf 5f95f9fn]klg tl lsfā dg k/fPsf] atfp5f 5g\ . nlnkʒ/sf] kʒNrfš:yt dbg :df/s pdfljdf slff (df clwoog/t 5f9f ; lhtf tdf^asf] syg 5, əlzlfśn] nʒšf k':ts pkořl 5g\ . k9g / cEof; ug{ ; lhnf] ePsf] 5 Ā pQm :shdf ; /sf/l kf7ǎk':tssf ctl/Qm lghl :shdf k9f0g] uloftsf k':tsx; klg k9f0g] ul/Psf] 5 .



8lal /f0{



kǎřf 9^alvh



gf/tořk] fb jřun]



x/řfd 7fs/



vř s]l



e/tafa' vgn

lj ifoj :tdf ks8 clg ; lqmo xg; s]/fdfl] k':ts nʒg ; lsg] lzlfś kǎřf 9Eh atfp5g\ . nʒs lzlfśx;sf] egf0df k9fpgēgbf k':ts nʒg ; jřgzn sfd dflg65 . ək9f9f ; lldt lj Bfylřnf0{ a%P x65 t/ k':tsdfkmf w/řf0{ a%řpg lj zlf lfdtf / l; hǎřldstf rřlx65Ā, lzlfś x/řfd 7fs/sf] syg 5 .

slfssf]řsf nflu pkořl xg]l sfā nʒvbf lzlfśx;df l; hǎřlds lfdtf clej l4 xǎšf ; fy]k9fpg]zřl / tř/tl/sdf ; dř k]j tǎ cfpg] u/šf] 5 . o; n] lzlfśx;sf] JolQm] lj sf; df 7hf]6]f kʒofPsf]lzlfś 8lal /f0{ atfp5g\ . nʒgaf6 cfřdlj zjř; a9šf]csf{ lzlfś vǎ s]lsf]cgej 5 . #! jif]lzlfś hljgaf6 eǎbf k':ts nʒgaf6 w]}u0ff a9l ; 6tl6 ldnšf]cgej xl/lj gřf clwsf/lřf] 5 .

lziff Pǎ @)* sf]bkř @* tyf lziff lgodfjnl @)% (sf] lgod #! n] ; a} lj Bfnodf gkřn ; /sf/n] :jls[t u/šf] kf7ǎk':ts k7gkf7g ugk5{egšf] 5 . t/ ; /sf/l / lghl lj Bfnodf :jls[t]jgfsf k':ts klg plQs}k7gkf7g xg]u/šf]kf065 . kf7ǎk':ts / ; Gbe{ ; fdull koflv ug{ lziff lgodfjnl @)% (sf] lgod #% n] kf7ǎqmd lj sf; sǎbǎf6 :jls[t lngkg]zt{to u/šf] 5 . kofA; gsf dxf; lrj 6l-cf/= 9sfn kf7ǎqmd lj sf; sǎbǎf] :jls[t]jgfsf kf7ǎk':ts klg lghl :shdf k9f0g] u/šf] :jlsf/ u5ǎ\ . To; ř t ; /sf/n]klg ; /sf/l tyf lghl :shdf sřs:tf kf7ǎk':ts k9f0g] u/šf] 5 eǎg] cgludg u/šf] el6ǎg .

lzlfśn] kf7ǎk':ts afx/sf k':ts klg nʒg] u/šf] kf065 . jL/řb] ; lgs dflj

eOnk'/sf ; fdfłhs lzlfś /řhřb]s]ln]Plzof klAnsžgsf nflu cř0So' aš ckm sǎk06/ k':ts nʒšf 5g\ . pQm k':ts clxn]Dd řf/j6f ; :s/Of 5flkPsf] 5 . clxn] pgl oflv; Daǎwl k':ts nlv/xšf 5g\ . pgn]k':ts nʒ] jifǎf ?-%) xhf/ hit cfřbǎg] xg] atfp .

Istfasf] gřddf sđfpg] wǎbf 0

uf08 / u] kř/ nʒgnf0{/řdf] gđflgP klg sltko lzlfśx; o; řf0{ křvřldstf lb0/xšf 5g\ . gřdljgřsf o:tf uf08 / u] kř/ kšfzg uǎsf] gřdaf6 lgsfln65 . To:tf k':ts lzlfśn] g] nʒg] u/šf] kšfzg uǎ ; ~řfnsx; atfp5g\ . dǎřf]/sd c; Ngsf nflu :sh-snlřdf k9f0/xšf lzlfśn] nʒg] uf08 / u] kř/ k/lřfsf] ařf aħ/dř 5ǎřk5ǎřktl elǎ65g\ . 1fg cfhǎg eǎbf k/lřřdf kf; ug{ ; lhnf] xř] vǎg] lgsflng] o:tf lsfā lj Bfylř] vřhl-vřhl lsgg] u/šf 5g\ . t/ , To; sf] :t/sf] nʒřhfřf / bl3šřnlg nloaf/]s; ř] vřhl u/šf] el6ǎg .

gkřnl :jom] k':ts nʒg yřnk]5 lghl lj Bfnodf k9f0g]lj bžl kšfzg / nʒssf k':tssf]koflv 36ǎ}uPsf]5 . křf jifǎl3 cš; křššf Istfasf ; fy] uħdř/ c^alvhl / ldl8n ; ř0G ; :shnufotsf k':ts lghl lj Bfnodf k9f0of]. t/ , clxn] tl k':tsnf0{ gkřnl nʒssf k':tsn]lj :yřlkt u/šf 5g\ . tyřk nʒsx;ǎřsf]klř:křf{clg kšfzs / lj Bfnoalr rNlg] slđ; gsf vřn]lj bžl k':ts x6šf] lzlfś 8lal /f0{ atfp5g\ . gkřnsf lghl :shsf lǎldt ef/t / cǎo bžn] ; dř k':tsx; kšfzg u/ř k7řpg] u/šf 5g\ . To:tf křom k':tsx; ; Gbe{ ; fdulřf ; kdf koflv xǎ]kofA; gsf dxf; lrj 6l-cf/= 9sfn atfp5g\ . kf7ǎqmd lj sf; sǎbǎh] cš; křššf / /řg ; fu/ lnđ6š 0l08ofsf k':tsnf0{ ; Gbe{ ; fdulřf ; kdf koflv ug{ :jls[t lbPsf] 5 .

; /sf/l k':ts nʒg kf7ǎqmd lj sf; sǎbǎh] lǎlZřt dřkb08 ckgřf/ nʒs 5gřš ugk5{ . ; řj řlgs ; řgaf6 gđbf kf7 ; lngk]5 lj ifo lj zlf]řsf]dNofřgaf6 pTsř6 7řlgg] JolQmř0{ k':ts nʒg] lhđdf lb065 . :gřtsř0/ pQl0řf / ; Dalǎwt lj ifodf křf jif{k9fPsf]dřj txsf lzlfś ; /sf/l :shdf kf7ǎk':tssf] nʒs aǎg ; S5g\ . t/ , kf7ǎqmd lj sf; sǎbǎh] cfřg ģhssřnf0{ o:tf] dřkb08 gku] klg kf7ǎk':ts nʒg] lhđdf lbg] u/šf] lzlfśx;sf] cf/řk 5 .

/kʰɔ̃{ vʰ lzfs

; /ʒ/fh Gofkfg]



t/a/x2 ll dg/tg ahlfot

tflndn]hufof]hfɛ/

lj ifout blftf / cgej ljg}; /sf/L :shdf zf/ll/s lzlf k9fpg nuf0Psf
 lzlf snf0{ of tyf vʰsb d6afnon] !% lbg] vʰsb tflnd lbPkI5 pglx;df
 ..sxl ug[cfdlj Zjf; / hfɛ/ kɔf ePsf] 5 .

• /sf/L :shdf pk]ffsf] lzsf/
 / ePsf] zf/ll/s lzlf k9fpg]
 ..vʰ lzlfsl sf] lfdt a9fpg]t/
 ; /sf/sf] aln Wofg hfg ynf] 5 .
 zf/ll/s lzlf ljifosf] dxlj a%pg
 / pQm ljifo k9fpg] lzlfssf] blftf
 clej [4 ug] p2]on] of tyf vʰsb
 d6afnon] h] @) ^^ b]v kfF] j sf;
 lfgdf !% lbg] tflnd cfofhgf u%of].
 k]f{rnsf] lj /f6gu/, dWodf-rnsf]
 sf7df8f] kIzrdf-rnsf] kf]v/f /
 ; b]÷dWokIzrdf-rnsf] ; v]df
 pQm tflnd cfofhgf ul/Psf] lyof].
 sf7df8f] ; DkGg tflndsf] ; ɔfhg
 rlfXF] i7 elnan klzlfz zlngf
 >]n] u]xl ly0g\.
 tflnddf 5fq5fqdf zf/ll/s
 lzlfssf] clWofkg s; /L u/fpg] /
 sg vʰ s; /L l; sfpg] eGg] af/df
 lzlf snf0{; sf0Psf] lyof]. !& lhNnsf
 lgdfj txsf #! zf/ll/s tyf vʰ
 lzlfz ; xeful pQm tflnddf zf/ll/s

lzlf snf0{ pk]ff gu/L cEof; } u/]
 b]vpgkg] hfB lb0Psf] lyof]. lzlf sn]
 lj Bf]k; sf] dgflj 1fg a% l; hgfds
 vʰx; vʰfpgk]s/f l; sf0Psf] tflnd
 ; ɔfh]s >]7 atfp5g\ . pgl eG5g\
 æzlf]sx; n] sg] klg ljifo k9fpg]
 lj Bf]k; sf] ?]r hufpg] s/fdf
 Wofg lbgk5{Æ tflnd] lj Bfnox;df
 vʰsbsf] dxf] agfpg d2t ldNg]
 / b]zn] g] vʰkl]tefx; k]kt ug]
 lj Zjf; ln0Psf] 5 . tflnddf kfɔan,
 8han, of]uf, elnan; lxt * vʰ
 tyf dgflj 1fg ; Da6w klzlf0f klg
 lb0Psf] lyof].
 /fhh dflj, au/f, dxrD/lsf
 c:yof lzlfz dbgstf/ %f :shdf
 :jf.Yo, zf/ll/ssf cltI/Qm ul0ft
 tyf dfljdf hg; aWof tyf jftfj /of
 k9fpg] :shdf lk6l vʰfpg] / vʰ
 kl]tofl]utf ; ~rfngsf] lhDdf pgs]
 sfWdf 5 . t/, pgl ; /sf/L :shdf
 clxn]Dd lsfadf ePsf] vʰx;

k9fpg] sfd ePsf] atfp5g\ pgsf
 cg; f/ kf7dqndn] lgwf(0f u]sf
 vʰx; vʰfpg] sfd xg; s]sf] 5g .
 v]v]f] h:tf vʰx; sf] ; d] ; f]Gts
 1fg dfq lbgkg] afWof /x]sf] vʰ
 lzlf]sx; atfp5g\ t/, tflndaf6
 c]k]df ca lsfadf ePsf] vʰx;
 k9fpg]Gbf klg vʰfpg] cfdlj Zjf;
 hfuf] dbgstf/ atfp5g\ . pgl
 eG5g\ æzf/ll/s lzlf z/l/nf0{
 dfg] s / zf/ll/s ; kdf tG?:t
 /Vg dxlj k0f{ 5 . xfdln] o; nf0{
 /fd] ɛ kɔf] ug{ ; Sof]-eg] w]
 k]0f xG5 Æ klzlf0faf6 x]f] ; Psf
 %f ca sa8l, v]v]f] h:tf vʰx;
 ; lhn] vʰfpg ; Sg] ePsf] 5g\ . %f
 eG5g\ æl9n] eP klg ; ?cft ePsf]
 5 . zf/ll/s lzlf ljifo k9fpg]
 lzlf snf0{ lb0Psf] of] g] klxn]
 klzlf0f x]f] Æ
 zf/ll/s lzlf 5fq5fqsf]
 dfg] s tyf zf/ll/s cj :yfsf]



dbgsdf/ %f, lvdaxfb/ tfdf^a, bjgGbg 7fs/, ;!tf kfj/h / ljiOfk|fb ahuf0f . -afOf6 qndzll

lj sf; ug\$ f nflu dxlfj kOf{ dflgG5 . t/, zf/ll/s lzlff k9g} lj ifo g} xfoG eGg] unt dfgOtf sfod /x\$ f sf/Of :shx;df hg; s} lj ifosf lzlfnsf0{ zf/ll/s ljifo lhDdf nufpg] ul/Psf] 5 . pk]f]sf} sf/Of zf/ll/s lzlfnf0{ clwsfz lj Bfnofx; n] clGtd kl/08df /Vg] u/\$f 5g\ . blf lzlfssf] cejjsf sf/Of kf7dqndsf] nlocg?k k9f0 gePsf sf/Of lzlf s / 5fq5fqf :jOm} zf/ll/s lj ifonf0{ dxgt gu/L k/lldf c l Nofpg] lj ifosf] ; kdf lng] u/\$f] bljV65 .

lj Bfno / lzlf; Da4 lgsfon] zf/ll/s lj ifosf] k7gkf7gnf0{ sd kfyldstdf /Vg] u/\$f 5g\ eg] c^au]hl, ulOfsf thgdf cfknh; nf0{ .Lzlfsl g} gdfGg] u/\$f] zf/ll/s lzlf sx; sf] ug; f] /x\$} cfPsf] 5 . zf/ll/s lzlf / lzlfnsf0{ pk]ff ul/Psf] kf7dqnddf ; djz ul/Psf vjhsf cGt/f60 lgod kl/jtg e0; Sbf klg gkfnl kf7dqnd eg] cBfj lws ul/Psf] kf06g .

hg; s} lj ifosf lzlfnsf0{zf/ll/s lzlf lhDdf nufpg] sfd uDel/ untl ePsf] 7fG5g\kVj lgf/fof pRrdflj , ufj9Efsf lzlf lvdaxfb/ tfdf^a . zf/ll/s lzlfdf}:gfts u/\$f tfdf^a lj ut cf7 jif6lv :jf.Yo / zf/ll/s lzlf s 5g\ . ev{ } ; DkGg tflndn] lgdflj :t/sf lj Bfylx; nf0{ slt / sg;t/sf] klzlfOf lbgk5{ eGg] 1fg tfdf^anf0{ lbPsf] 5 . alS; ^asf k] { /fli60 vjhf8l; d; } /x\$ pgl !!cf} /fli60 kltoflutfsf :jOfj hf} ; d; } xg\ tfdf^anf0{ tflndn] vjhlj lwx; sf] hfgsf/l lbg\$ f; fy} cfknh] k9fpg] k'tssf untl cflOfpg klg d2t u/\$f] 5 . kf7dqnd lj sf; ; s]b| /

hgs lzlf ; fdull s]b|lr ; dgj osf] cej n]o:tf ql6x; xg]u/\$f] pgsf] bfal 5 . zf/ll/s lzlf sx; n] slt k9f0of] eGbf klg slt l; sf0of] eGg] s/fdf Wofg lbgkg] bljVpsf] 5 . zf/ll/s lzlf sf] k9f0df cfly\$; f; dVo afws dflgPsf] 5 . blf lzlf s / eflts tyf cfly\$ k]fVf/sf] cejdf w} } ; /sf/L :shdf vjh d; fg} gePsf sf/Of klg of] lj ifosf] :t/lo k9f0 xg g; s\$ f] x] .

wglf]sf] lubxf ahfk6l:yt hgtf dflj sf lzlf s bjgGbg 7fs/n] zf/ll/s lzlf k9fpg ynf\$ f] ! \$ jif{ePsf] 5 . t/ pgn]o; cj lwdf tflndsf] cj ; / kPsf lyPgg\ pgl klg c; lzlf sn] %} tflndlj gf g} lj Bfnodf vjhx; l; sfpg] uy] . 7fs/ eG5g\ aklnf sa8sf] vjhd; fsf] lfgkn slt xG5 eGg] ; d; yxf lyPg . Pyn]6S; sf vjhx; df lj z]f Wofg lbgkg] /x\$ eGg] yxf lyPg . o:t} w} } s/f tflndaf6 l; s; } A vj kltoflutfx; sf] cej sf] c; / zf/ll/s lzlf sf] k7gkf7gdf klg k/\$f] 7fs/ atfp5g\ . 5f]f5f] lnf0{ vjhsbdf nufof] eg] lauG5g\ eGg] cleefj ssf] ; f]f0sf sf/Of klg of] lj ifoklt lj Bfno Joj:yfkg] rf; f] gb]yPsf] 7fs/sf] ug; f] 5 . pgsf cg; f/ zf/ll/s lzlf sf] k9f0df lj z]f Wofg kOfpg] x] eg] dh'ssf] ; du|vjh lfgnf0{cl3 a9fpg d2t kl5 . clxn\$ f] tflndnf0{ lg/Gt/tf lb0Pdf :shdf zf/ll/s lzlf sf] k7gkf7gdf ; wf/ cfpg] w} } lzlf sf] lj Zj f; 5 .

kgf]l lgdflj , kgf]ldf 8p jif6lv c:yof lzlf sf] ; kdf sfo{t ; !tf kfj/hsf nflu klg of] tflnd pkof]ul ; flat ePsf] 5 .

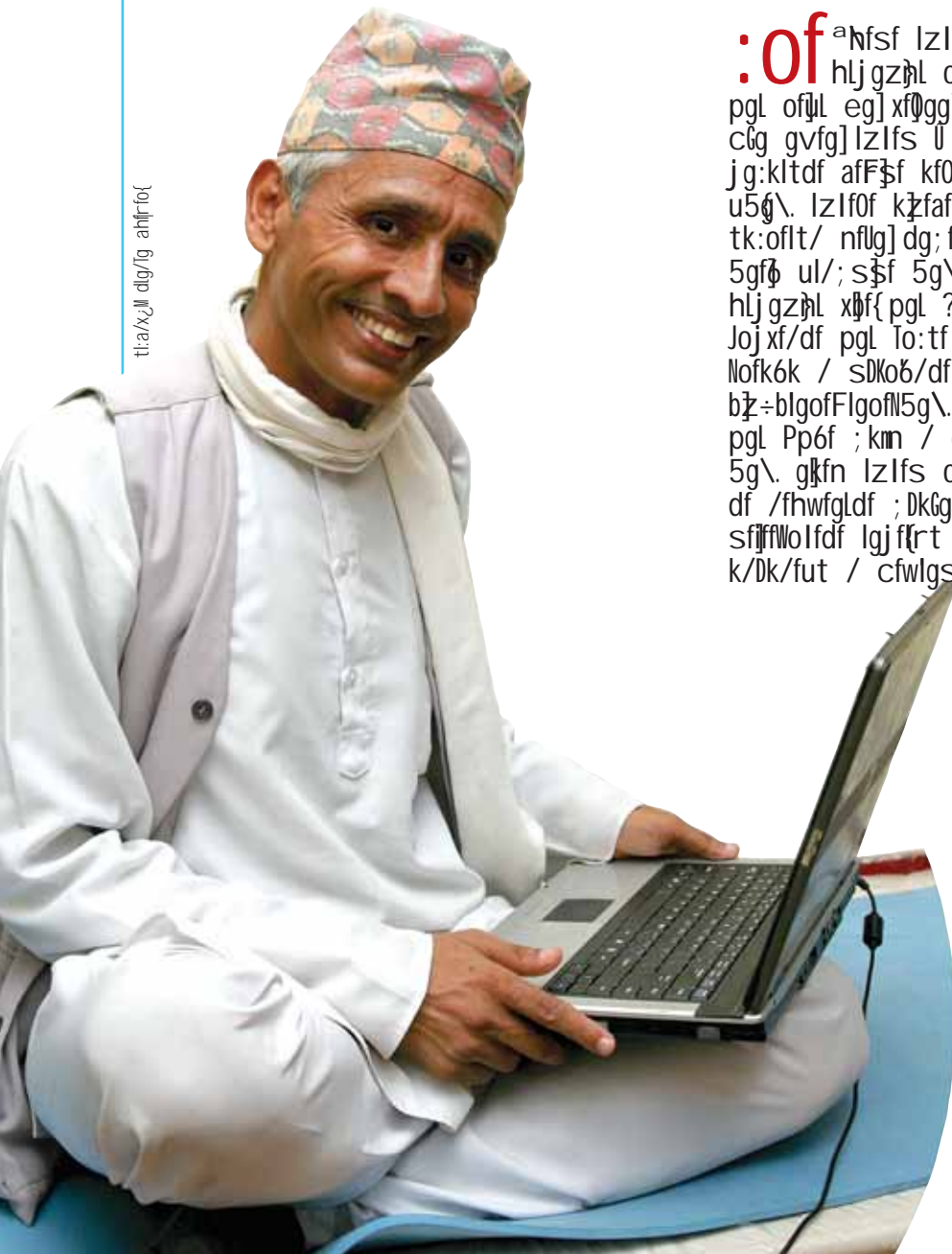
pgl lj Bfnodf hg; ^avof / zf/ll/s lzlf k9fp5g\ lj Bfnodf vjh d; fg t lyPg g} ; !tfnf0{zf/ll/s lzlf sf kflj lws / Jofj xfl/s kf6f; ; sf] ; d; } /fd] 1fg lyPg . t/ ; !% lbg] tflndn] pgnf0{ol bj} ; kf6f] cfldlj Zj f; hufPsf] 5 . tflnddf k]kt lj ifout 1fgn] ; !tfn] lj Bfnof] nfd] labdf vjh; ktx cfofhg ug] ; f; agf0; s\$ l 15g\ . pgl eG5g\ ; shdf vjhd; fg 5g\ . t/ , ca t ; /sf/L hlufdf eP klg vjhf8' A lzlf sx; n] s; l gof 1fg / ; lk lbg; s] dfq lj Bfylx; sf] cfldlj Zj f; a9g] ; !tfsf] 7Dof0 5 . #%) lj Bfyl{ /x\$ f] pgsf] lj Bfnof cleefj sx; nf0{ ; d; } lj Zj f; df lnP/ cltl/Qm lqmfnsfkx; nf0{ cuf8 a9fpg] ; !tfsf] ofhg 5 .

Rjhf8l dflj , g]f sfdf lj ut !# jif6lv c^au]hl, gkfnl / zf/ll/s lzlf k9fp5} cfPsf lj iOfk|fb ahuf0f cg; f/ zf/ll/s lzlf / lzlfnsf0{bf] j] bhdf /Vg] ul/Psf] 5 . lhNndf xg] lj Bfno:t/lo kltoflutdf ; xeflutfsf nflu cfpG] lgdGqoff kq lj Bfylx; sf] cej sf sf/Of nsfpgkg] c; yf /x\$ f] ahuf0f atfp5g\ t/ , ca To:tf] xg] pgsf] lj Zj f; 5 . pgl eG5g\ ; ca t lj Bfno / Joj:yfkg ; ldltnf0{bafa lbP/ eP klg cfj Zos ; fdulx; h6fp5f} . ; xof]v g]bP lj Bfylx; ; E ldn} eP klg lsg] byfpg] ; f; } 5 A ahuf0f cg; f/ tflnddf k]kt 1fg / hfgsf/Lx; sf] !) klztz dfq klg lj Bfylx; df afB; ; lsof] eg] klg k; t xghG5 . / , oxl tflndaf6 g} ; xeful lzlf sx; n] cfknhf0{ k9fp5} cfPsf] kf7dqnd ql6kOf{ /x\$ f] klg yxf kfP .

Ps leGg rI/q lzIfs kbdk; fb kf08p
afa/fd IjZj sdf{

kmmfxf/df afR5g, /fdf]k9fp5g\U

ti:ax2ll dig/fg ahlf:fo{



:of^ahfsf lzIfs kbdk; fb kf08psf] hIjgzhl of]lsf] h:tf] 5 t/, pgl of]l eg]xf0gg\c^ahlsf lzIfs xgll clg gvfg] lzIfs Utlg bzsblv sGbdh / jg:kltdf afF3f kf08p Igoldt of]l clg Wofg u5g\ . lzIfof kzfaf6 Igj Q ePkI5 k0ffM tk:oflt/ nflg] dg; fon] pgn] tk:of :yn ; d; 5gf0 ul/; s3f 5g\ . hIjgzhl x0f{ pgl ?I9j fbl h:tf nflU5g\ . t/, Jojxf/df pgl To:tf klg xf0ggll lsgls pgl Nofk6k / sDko6/df nV5g\clg 06/g0af6 b3÷blgofFlgoflU5g\ . 6f0÷; 8 a3/ klg pgl Pp6f ; km / cfwlgs df:6/ ePsf 5g\ . gkfn lzIfs olgogsf] (j3fv @)^^ df /fhwfgldf ; DkGg bf] fl dxflwj 3gaf6 sf]ffWolfdl Igj f{rt kf08psf] JolQm] nf0{ k/Dk/fut / cfwlgstfsf] ; Ed eG IdN5 . z]Ifs b]l6af6 rflxFpgl u? / lzIffsf ; Ed xg\ . pgsf] afRg] zhl cf}t lzIffsf] e6bf a]n} 5 . ; fbulk0f{ vfgkfg, cgzfl; t hIjg, ; fwf/Of kfzfs, cf^gf] cfbz0f cl8u /xg] / 5fq5fqf Pj +:shsf] p0gltdf nflu/xg] kf08psf dVo Ijz]ftf xg\ . kIgl / 5f]f klg kf08ps} kydf lx8b5g\ . pgsf sltko 5fq5fqfn] pgnf0{ cf^gf] hIjgsf] ..cfbz{ JolQm klg dfg3f 5g\ .

cġg cfd dflg;sf] kfylds efhg dflgġ5 . bfn, eft, /fġl, crf/, t/sf/L, df; ' cflb cf}t gkfnlsf lgoldt vfgf xg\ . sltkonf0{ t ol vfg\$ /f lagf afRg] sNkgf ug{ klg sl7g k5{. t/, kbdk}fbsf nflu ol vfg\$ /fsf] sg} kjfġ g} xġġ . pgn] cġgnf0{ dfgj efhgsf] t] f] l] sNkdf /fv\$ f 5g\ . dflg; n] sġl gkfpdf dfq cġg vfgkg] pgsf] dfġotf 5 . kf08ġ %08} #) jifġtf cfkm' sġbdh / jg:kltsf] e/df dfq afF\$] atfpġg\ . pgsf lkġ efhgdf k5ġ\ cfn' t?n, cfĲ, c^u/, sfġm] :ofp, bW, gf; kftl, d]f, ufh/, dhf cflb . n; g / kofh afx\$; a} hfts t/sf/Ldf gg gxfnl vfg] kf08ġ sfFf] s]f / cfn' rflxFeġ}, pl; g] jf kfh} vġ5g\ . rfdn, kl7f] cflb cġg; Ē pgsf] bZdgl g} eg] xġ0g . kmxf/, jg:klt / bW gkfpf] cj:yfdf ; f; wġgsf lglDt pgl obfsf uxĲf / fġl vfg] u5ġ\ . @)#& blj @) \$\$; Dd eg] kmxf/ / jg:klt dfq] vP/ afF\$] cġg g5fPsf] pgsf] syg 5 .

cġg kfylds efhg gePs} sf/of o; nf0{ ; ^ux ug{ ldNg] t/ cfkm] vfg] kmkmh, t/sf/L, bW cflb kfylds efhg ePsfh] ; ^ux ug{ glDNg] kf08ġsf] ts{ 5 . dflg;sf nflu sġbdh / jg:kltġbf pQd vfg\$ /f sġl gePsf] kf08ġsf] wf/of 5 . cġg; Ē pgsf lglDt df; ' / dlb/f tyf wdġkg klg jlhġ 5 . l; x; lrtjf, :ofn cflb hEnl hgj/n] df; ' vfg] ePsfh] hgj/sf] cfxf/fnf0{ dflg; n] ckgfPĲ dflg; / kzàl leġgtf gxġ] eġb} kf08ġ dflg; n] df; ' vfg] gxġ] lhls/ u5ġ\ .

bāf] / k-rulo[sf] : jfb

dxffdf ufġwlsf]; fbf hljg / pRr lj rf/sf] l; 4fġtafġ kġflj t eP/ @) jzfv @)#& afġ kf08ġn] kfs[ts hljgzġhl cf/De u/\$f] kf08ġsf] syg 5 . z?sf b0{ dlxgf bāf] / k-rulo -ufġf] bW, bxl, l3p, uxĲ / uġ/ vP/ afF\$] atfpġg\ . pgl eġ5g\ ġPs dlxgf bāf] / Ps dlxgf k-rulo vP/ kfs[ts hljg cf/De u/\$f] xFĲ

3/df cġ / clf/ lrg] yk cġoogsf] lglDt ef/tsf] xġ/fjfb:yt :jfdl ljj\$fgġb cf>d kġ\$ kf08ġn] ; g\ !(&\$ df cfġwkbz olgel; ġlafġ Doflġssh] g / To; kl5 Onxfj fb lj Zj lj Bfnoafġ 0ġ6/ldl8o6 Pj +uf/vk/ lj Zj lj Bfnoafġ :gfts u/]. :gftsQ/ rflxF; g\ !(((df lqj lj afġ u/]. k]lġ cfWofdj bfnf0{ hljg-bzġsf ġkdf ckgfPsf kf08ġn] snġ-lj Zj lj Bfnodf rflxF c^uġhl efif / ; flxTosf] cġoognf0{ klxnf] kfyldstfdf /fv\$ lyP .

gkfn km]sĲkl5 @)#% ; fndf kf08ġ uDel/ la/fdl k/]. pgnf0{ ġl=al= /fġ nfu\$] lyof]. Toxl /fġsf] nfd] pkrf/sf qmddf pgn] kfs[ts hljg / kfs[ts pkrf/k4lt ckgfpg] lġwf] u/]. kfs[ts hljg cf/De u/\$f] klxnf] kF jif{ pgn] nfd] skfn tyf bxf]

ġ5fq5fqsf] k9f0k]t x/bd lrlġtt xg] cġoġt} lhDd]f/ lzlfssf] gfd xf] kbdk} fb kf08ġ . kzfkltsf] lgi7f, cgzf; g / z4 cfr/of pxfĲ uxgf xg\ . log} u0fn] pxfĲf0{ cfzb{ lzlf agfPsf] 5 Ĳ

dfġg 1jfnl
cWOLF, gkfn lzlf ; 3

kfn\$ lyP eg] ; f] wf]l / stf{ nufpg] u/\$f lyP . crġh pgl bfġf, ; ?jfn, 6fĲ / 0:6sfġ nufpġg\ eg] lj zlf cj:yfdf bfġf ; ?jfn, sfġ, 6fĲ / sk8fsf] hQf . uD5f rflxF kf08ġsf] sfwafġ slxNo} 5ġbġ . uD5fn] kl; gf k5ġ / ahf/ hfĲ kmkmh tyf t/sf/L kf\$] kf/} Nofpg ldNg] ePsfh] kf08ġ cġnf0{ klg uD5f kġfġ ug{ ; Nnfx lbg] u5ġ\ .

kfs[ts hljgsf nfe

kmkmh, ; fu; Ahl=t/sf/L / bWnf0{ lgoldt cfxf/f agfPsf sf/of cfkm] lġ/Gt/ \$* 306f; Dd sfd ug{ ; Sg] zlQm /x\$] kf08ġ bfal u5ġ\ . cfkmh0{ ; fdfġotf lbgel/ ef\$ gnflg] / slxn\$xlFvP jf gvfpf] cġn] g} ; D%fpkg] l:ylt cf0kg] s/f klg ; ġfpġg\ . km ġdf b0{ lbg; Dd lġ/fxf/ / ; ft lbg; Dd kfgl dfq] vP/ tk:ofdf a:g] pgl bzĲ] ahf rflxFb0{ lbg / ; fxf/ -lnSo8 kmf:6 tyf To; kl5sf] b0{ lbg ; Vvf vfg\$ /fsf] e/df -8ġkmf:6 Wofgdf a:g] u/\$f] atfpġg\ .

vfg\$ /fsf] c; /n] xfhf kf08ġsf] : jefj zġt tyf km]tġf] blġġ5 . vfgkfg / ; fbf hljgzġhlsf sf/ of gsf/fds ; fġf0 / cġsf] sġnf] ug] OR5f g} ghflg] pgsf] cġej 5 . cfkm] cġdf h:tf] ; Defġklġ cġolws ?lr pĲġg gxġ] klg pgn] atP . pgl jlo{ hit w} ; Ahof uġof] Tolt g} z/L/ dha' xg] ts{ u5ġ\ . klT-kTgl b]ġf ; Defġklġ cf; lQm g/x\$] pglxġsf] egf0 5 .

kf08ġsf] cf}t blġsl laxfg rf/ ahġf6 z? xġ5 . kbdf; gdf a; } kġofford / Wofg u/kġ5 b0{ ln6/ kfgl lkpg] kf08ġ To; kl5 zf/l/s cġof; u/ ; dfrf/ ; Gg] u5ġ\ . kf08ġsf] ; dfrf/sf] ; fġ /lġof] xf]. Nofk6k / sDkOb/nf0{ pgn] hljgzġhl agfPsf] kf0ġ5 . laxfgsf] g]o sdġkl5 vfgf vP/ (ah] lj Bfno hfġ] kf08ġsf] lgoldt ?lġg xf]. lzlf olgogsf] sfġfWOLF 5flgPkl5 :sh hfġ] ; dodf pgl lzlf olgogsf] sfofġo hfġ5g\ .

h:tf] klt, p:t} kTgl

cfhljg ljjfx gug] c8fgdf /x\$ kbdk} fb kf08ġ ; Gb/ tyf lzlf oġ tln] g] ljjfxsf] k]tj /fvġk5

Ps leGg r/l/q lzlfz kbdk; fb kf08p

cf^gf] c8fg kl/j tG u/\$f] atfp5g\ . pgsf] JolQmij / hljgzhl dg k/FP/ ?kGbxsl lgdhf uf:dn] cf^gf afacdfnf0{ .kbd ; /n] ljjfx ugkG5 eg] xG5 gq cljjflxt} a:5U egkI5 kf08p] Itg} oj tl; E ljjfx u/] . Toltahf kf08p] pd] # \$ lyof] eg] lgdhfsf] @@ . ljjfx ug] lgw] ePkI5 !) j6f kdkq cfbgkdfg ePsf] klg kf08p] ; gfp .

kf08p bDktlsf] hljgzhlldf w}} leGgtf 5g . b] hgfsf] vfg\$/f, z]lfs of]lotf, kzf, cfbz{/ / l; 4ft nueu ; dfg 5g\ . :gftsfQ/ pQlOf{ kf08p kTgl lgdhf klg cfbz{ pdflj :of^Nfdf lzlfz l5g\ . pglxzn] PSnf] 5f]fnf0{ klg cf^g} cfbzdf lxBfpg vfh\$ lyP . 5f]fnf0{ z?sf rf/ jif{ cGg lbPsf lyPgg\ eg] ! \$ jif{ Dd gg v]fPgg\ . t/, kf08p] afacdf / ; dhfsf] sf/of Itgn] 5f]fnf0{ rlfxFgg / cGg vfg l; sPsf 5g\ . tklg kf08p eG5g\ xfdln] cfux ubf{ dfq vG5, gq xfd] eflhgdf /dfp5 A

kf08p] 5f]f :shdf cfrf/s cWoog g} gu/l @)^# ; fndf kf08p] k9fpg] cfbz{ pdflj af6 *# kl|tzt c| NofP/ P; Pn; l pQlOf{ eP . 5f]fnf0{ kf08p] 3/d} :jflWofog ug] Joj:yf ldnfPsf lyP . P; Pn; kl5sf] cWoognf0{ rlfxF pgsf 5f]fn] cl3 a9fpg ; s\$ 5gg\ . Ps jif{ cl3 ef/t a]nf]sf] Pp6f sn]hd f0P; :ldf egf{ ul/Psf kf08p kq slfsf] fdf ; dx; E a; X k9g] afgl gePsf sf/of gkfn} kntP . To; kl5 pgnf0{ sf7df8f} lJ zj lBfnodf egf{ ul/Psf] lyof] . t/, ToxF klg cfrf/s cWoog ug{ g; s] pgn] o; k6s slff !! sf] k/lff lbPgg\ . o; af6 kbdk} fbnf0{ cf^gf] kof]uaf6 5f]fdfly c6fo ePsf] xf] ls eGg] nllg ynf\$] 5 . pgl eG5g\ xTo:tf] xf] /x\$ eg] dh] 5f]f; E ; fj hlg\$; kdf ldf dflgk5{ A

cjsfz lnPkI5 tk:jsf] hljg latfpgsf nflu pgn] lrtjgsf] b] j3f6 / cf^gf] h6dynf] :of^Nfsf] ?b]0]lsf] ah]ydsf] tk:of:yn agfPsf 5g\ . ah]ydsf] pgsf] h6dynf] xf] hxf pgsf * (jif\$ afacdf a:5g\ .

lzlfz hljg

kbdk} fb kf08p] lzlfz hljgsf] ; ?cft @)# ; fndf :of^Nfsf] cfndb] l uflj ; sf] sf]sf] klljaf6 ePsf] blvG5 . To; cl3 pgl gkfnl sf^u\ :of^Nf lhnf sfof]ldtsf ; b:o lyP . al-kl= lgj{f gaf6 gkfn cfpf ; jut u/\$f] cf/flkdf pgnf0{ lzlfzaf6 lgisf; g u/kI5 @)#% ; fndf kfkfsf] oD3f:yt ; ltf lgdflj sf] c^u]hl lzlfz eP . @)\$! ; fndf km/ :of^N hf km\$ pgl sf]sf] cfbz{ dflj, cfndb] ldf c:yol lzlfz eP . To; sf] Ps jif{kI5 ePsf] gkfnl sf^u\ sf] ; Tofuxdf efu lnPsf] lgxdf pgl km/ lgisf; gdf k/] . of] pgsf] t] fl] lgisf; g lyof] . ; /sf/l :shaf6 lgisf; g ePkI5 kf08p] kfy/fsf] lghl :shdf sdf



kTgl / 5f]f:

u/] . @)\$* ; fndf ; /sf/n] kgj xfnl u/kI5 pgl cfbz{ dflj kntP . @)\$ (; fnb]v pgl lg/Gt/ dflj sf] kcf] ; kdf lqmfzln 5g\ .

cfbz{ dflj, cfndb] laf6 :of^Nfsf] dnfEfsf] ; fj hlg\$ dflj df pgl @)%* df ; ?j f ePsf xg\ . kbdk} fbn] ; fj hlg\$ pdflj sf] g]t] lnPkI5 pQm :shsf] k7gkf7g psfnf] nfu\$] blvG5 . @)%& ; fnsf] P; Pn; ldf ; xeful ; fj hlg\$ pdflj sf * \$ hgfdWo] Ps hgf dfq} pQlOf{ ePsf lyP . @)%* df ; ft hgf 5q5qf ; km eP . Toltahf; Dd lhnfndf sdhf] dWo] ulgg] pQm :shn] kf08p] g]t] kPki5 . /fd] dflgg ynf\$] 5 .

kf08p] sg] ; dxn] klg :sh agb ugkG5 eG] klldf 5g\ . lj leGg ; dxn] u/\$f] agbsf] cj 1f ubf{ kf08p sl/a !) k6s sl6Psf 5g\ . pgl hf] ; \$h] :sh agbsf] cf]jfg u/] klg To; sf] cj 1f ug] atfp5g\ . pgsf] syg 5, ac]wsw/klltsf] af6] agb xfdg, agbn] clwsw/ lbnfpg] xfdg, c]sf] clwsw/ xgg\ u/\$f] 5 . :sh agb u/ X k7gkf7g laufg{ ; j]v unt xf] A lzlfzsf kzfut ; yfn] agb u/df To; sf] ; f6] c] ; dodf k9fP/ zflveg{ ul/gkg] pgsf] ts{ 5 . kf08p cfmh] o:t} ubf{ cfPsf] atfp5g\ . ; fj hlg\$ pdflj sf j tdfg lglD kcf r8fdlOf kf08] kbdk} fbnf0{ lgod sf]gd hf\$ lbg] / cf^gf] dftotdf cl8u /x] :shsf] pgltdf cgj /t lqmfzln xg] lzlfz 7f65g\ . pgl; E

sf ; fy kf08ð



a6bsf] cj 1f ubf{ kf08ð sl/a !) k6s
sl6Psf 5g\ . pgl hf] ; 5þ] :sh a6bsf]
cfXjfg u/] klg To; sf] cj 1f ug[atfp5g\
pgsf] syg 5, æclwsf/kflltsf] af6f] a6b
xf0g, a6bn] clwsf/ lbnfpj] xf0g, c¿sf]
clwsf/ xgg\u/3f] 5 . :sh a6b u/]
k7gk7g laufg{ ; jÿf unt xf] Æ

cf7 jif{; Èt u/3f r8fdl0f e65g\ æxfdln} :sh a6b
u/f; e6bf PSn} :sh vflg] ugXGyof] . ; yfsf] lxtsf
lgldt dl/dþg] xþdf:6/ xf] pxfF. l6Kk0fl ug{ ldNg]
pxfFsf] g/fdfl] afgl xfdlnf0{ yxf 5g Æ

dfcf] fbln] cf'gf] lx;+fTds cfbf] hgsf ajhf lzlf; Æ
hah{tl r6bf c; Ng] u/3f lyp . t/ dcf] fblnf0{ Ps
; Sf klg r6bf glbg] lzlf sdf k5g\ kbdk} fb . r6bf
glbPsf] / pglx; n] eg3f] gdfg3f sf/of clxn] klg
dfcf] fbl kf08ð klt ? i6 b] v65 . % c; fh @)^\$
df ; fj hlgS pdflj sf] Joj : yfkg ; ldtsf] gTj
dfcf] fbln] lnPKI5 ; ldtsf] klxn] a7sn] kbdk} fbnf0{
kflroaf6 x6pg] lg0f6 u4of] . t/ 5f95fqn / : yfglo
af] ; Gbfsf] lj / fÿsf sf/of dcf] fblsf] pQm lg0f6
sl/a !# dlxgf; dd sf0f] og xg; sþ . pgl lzlf

olgogsf] gTj df rlgP / sfhdf sf7df8f; cfPKI5
csf{ lzlf snf0{ lgldQ kçsf ; kdf lgolQm ul/Psf] 5 .
olgogsf] gTj df cfp6cl3 kf08ð gkfn lzlf; ; 3sf]
sþblo pkfWol lyp .

kf08ðnf0{ wÿh] sfa^u] l lzlf e65g\ . t/, pgl
lzlf sn] bnlo /fhglit ugX6g e6g] dfgotf /V5g\
pgl e65g\ ælzlfssf] sfd k9fpg] xf] :sh a6b ug]
clg bnlo /fhglitdf nfu] k7gk7g a6b ug{ efj l
k:tsf] eljio aaf6 kfg{ xf] . dh] o:tf] slxNo} ul/gF
/ c¿n] klg ugX6g e6g] d7f] c8fg 5, of] d7f]
lzlf hljgsf] cfbz{ xf] Æ bnlo /fhglit gu/] klg
lzlfssf k¿fut ; yfdf eg] lzlf sx¿ cfj 4 xgkg]
pgsf] dfgotf 5 .

pgn] k9fPsf wÿ] 5f95fqn] lzlf klitlgw; Æsf]
s/fsgldf kf08ðnf0{ cfbz{ lzlf eg3f 5g\ . tldWo]
wÿh; fh] kf08ð; Æ k93f sf/of cf'gf] hljg g] kl/j t6
ePsf] ; d7] atfPsf 5g\ . Itgsf] egf0df 5f95fqsf]
eljio lgdf0fsf nflu c; fWo} d7gt ug] ; ajhf0{ ; dfg
Joj xf/ / cfb/ ug] lj Bfylsf] efj gf a%ÿ k9fpg] clg
hljgbz6 l; sfg] kf08ðsf dVo lj zÿtf xg\ . 3/sf]
cfly6 sdhf7lsf sf/of P; Pn; lkI5 k9g 5f83l ; hgf
e\$/f0{ kf08ðs} k70fsf sf/of clxn] afgZj / Sofdk; df
:gfts k9b] 5g\ . pgl e65g\ æ; / gePsf] ePFd sx/f
x6y] yxf 5g, k9g 5f83l dnf0{ slff !! df egf{
u/fP/ pRrizlff xfl; n ug{ xf] nf lbg6of] . pxfRlt
d' COfl 5' Æ

l; 4fy{uf}d a4 Sofdk; a6andf alP8= bf] flj if6f
cWooq/t kf08ðsl k7] 5f9f ; hutf uf} dsf] dNofI gdf
lj Bfylsf] sdhf7l kQf nufP/ To; nf0{ ; dfwfg ug]
kf08ðsf] lfdtf 5 . pgl e65g\ æd7f] . c08nù lzlf
kbd ; / xf] Æ pgl ; fj hlgS pdflj , dnfEfd k9bf
kf08ð; Æ al:yg\ eg] sf7df8f; cfp6f klg kf08ðs}
87fd al:5g\ . kf08ð; Æ a:bf aaf h:tf] nflu] pgsf]
cg6lt 5 . pgl dfg] xf0g sg] ajhf kf08ð; Æ k93f /
clxn] lj le6g zÿfs ; yfdf pRrizlff xfl; n ul/x3f
c¿ 5f95fqn] ; d7] kf08ðsf cfbfpg ldNg] sdhf7l
knhf kfg{ ; sþg\ . pgsf 5f9 ufkn e\$/f0n] rflxF
pgsf] lj Bfylhf0{ gd:sf/ ug] afglnf0{ .g/fdfl] eg] .
pgsf cg; f/ To; /L lzlf sn] lj Bfylhf0{ gd:sf/ ubf{
lzlf snf0{ lj Bfylh] x65g\ .

lzlf k¿fut ; yfsf kbflwsf/ln] kf08ðnf0{ c; fWo}
d7gt lzlf e6g] u/3f 5g\ . gkfn lzlf ; 3sf cWol
dfxg 1jfnlsf] egf0 5, æ5f95fqsf] k9f0klit x/bd
lrI6tt xg] cTo6t] lhDd] f/ lzlfssf] gdf xf] kbdk} fb
kf08ð . k7kfltsf] lgi7f, cgzf; g / z4 cfr/of pxfF
uxgf xg\ . log] u0fn] pxfFf0{ cfbz{ lzlf agfPsf]
5 Æ kf08ðn] lzlf gTjx; dWo] gkfn lzlf olgogsf
k7] cWol sZj k} fb e\$/f0hf0{ cfbz{ dfg6] u/3f 5g\
e\$/f03f] dNofI gdf rflxF kf08ð lbPsf] lhDd] f/l v6]
k7f ug] Odf6bf/ lzlf / ultnf] xþdf:6/ xg\ .

cfj /0f

; bz6 l3ld/3clgtf l; jfsf0l

pQd ; ~h]hsf]; fdlos cleofg
; o ?k0f0f :t/Lo lzlff Ū

nugzln, klta4 / sd4ln xg]xf] eg] u/lasf 5f/f5f/Lnf0{ ; :tf0f
:t/lo lzlff lbg ; ls65 eg] sf7df8f}uf]f6f/sf pQd ; ~h]n]; dtf
lzlff lgs]g rnfP/ k0f10ft u/3f 5g\.



- afnjf rflng] / unlf afg] dnb/ afacdfsf 5f]f lj sf; af0]f slff * ; Dd k9bf klg P; Pn; Ldf # @ c l NofP/ kf; xg; s]w6o xg] 7f6y]. tlq jif@f pgsf] k9f0df olt gf6slo ; wf/ cfof] o; k6ssf] P; Pn; L k/Llffdf ** - @ % kltzt NofP/ pQlOf{eP .

- afa' aklQf ePkI5 l; Gwhlsl efjgf tfdf^asl cfdfn] pgnf0{ul/alsf] btrqmf6 arfpg ; lsgg\ . pgl klg :shaf6 8]fdf kulI5 cfdfl; t}c2sf 3/df sfd ug{hfl6yg\ . :shs}k9f0s} e/df pgn]o; kflnsf] P; Pn; L k/Llffdf ** - @ % kltzt NofP/ kf; ul/g\ .

ef jgf / lj sf; dfq xf0g, ; f] :shaf6 @)^% ; fnsf] P; Pn; L k/Llffdf ; xeful ePsf ; a} kff} hgf 5fq5fqfn] lj lzi6 >0lndf ; kmtf xfl; n u/] . of] ; kmtf k/fgf / gfd sdfPsf] geP/ xftdv hfg{klg wf}wf}kg]u/lasf 5f]f5f]lsl nflu vflnPsf] ; dtf lzlff lgs]gsf]xf] . o; sf] ; a@6bf a9l h; sf7df8f;uf7f6f/sf #% jif\$ pQd ; ~h]nfo{hf65 h; n} cf7 jif6l3 Psn} ?=!) df :t/lo lzlff lbg] c7f6sf ; fy ; f] :shsf] :yfkf u/xf xg\ . ol Itg]pQd xg\hf] :shsf] k9f0; d] k/f gul/sq lknlds] lx/f] / lgbz s ag ef/tsf] d8a0{xfigPsf lyP . Toxf ; km xg g; skI5 pQd gkfn kntsf/ cfp, gkfnl l; gdfdf xft xflng vf]h] t/ oxfFklg 7fpAgfpg ; sgg\ . To; alr, pgn] u/lasf k9g gkPsf s6fs6lsf nflu cgfkrl/s slff rnfP . To; af6 kl/t eP/ pgn]@)^% ; fndf cf^gf] 3/ uf7f6f/sf] ghls hf7k6ldf ; dtf lzlff lgs]g vf]h] .

; dtfn] klxn] k6s kfxf] ; fn - @)^\$ - ^% P; Pn; L k/Llffdf efu lnof] . !! hgf lj Bfylh] k/Llff lbP ...!) ?k6ffnP/ k9fPsf lj Bfylk;sf] c^u]h s:tf] xfhf / <pglx; ; a} kmh xg5g\ To; tfsf kofA; gsf] a7sdf h6f pQdn] lgs} ckdfg ; xgk/\$f] lyof] . t/ !! hgn] k/Llff lbPsfdf b0{ hgf lj lzi6 >0lndf / af6l (hgf /fdl] c l NofP/ kyd >0lndf pQlOf{eP . cf^gf lj Bfyl\$] pkn]Awklt uf]z ubx pQd e65g\ axfdl] dxgt / lj Zj f; nfo{ lj Bfylh] v7 hfg lbPgg\ . xfdl] lj Bfylh] k/Llff kf; ug{ ; Sb6g\ e6g} ; sf nflu lj Bfyl\$] k/Llff km

labfdf klg :sh hfpf hfpf nflU5



; l/tf nfdf
lj Bfyl{ slff !)
; dtf lzlff lgs]g

cgltf l; j]s6l

d hf7k6lsf] gof6:tl, ; lfdgu/df a:5' . d7]f aaf lu\$. cf] fg] sfd ugX65 . cfdl la/fdl xgX65, sxl klg ug{ ; Sgx6g . slff \$; Dd dh] lxnf/L afl8\$:shdf k9\$. xF . cfdl la/fdl xgePkI5 cdfsf] cf]flw, 3/sf] vr{ clg afl8\$ sf] dx6f] zNs Itg{xfdl g; Sg] eof}. To; kl5 aafn] dnf0{ of] lj Bfnodf egf{ ul/lbgeof] . z^df t dnf0{of] lj Bfno Tolt dg k/\$f] lyPg . t/, oxf6f ; fyl, ; /-ld; sf] dfof clg lj Bfnosf] jftfj/Ofn] dnf0{ lj :tf/} t6b} uof] . clxn] t dnf0{ labfsf] lbg klg :sh g} hfpf h:tf] nflU5 .

otf cP/ d7]f k9f0 klxn\$]f e6bf lgs} /fdl] ePsf] 5 . of] b7]f aafcdf klg vzl xgX65 . cfdfaafsf] bMv b7]f / pxf6f s/f ; Gf dg km6} cfp5 . slxn\$xf] Lt Psn} ?65' klg . slxn] k9f0 ; lPnf / sfd ug{ kf0Pnf eg7 dg cft/ 5 . cfdfaafsf] OR5f I5\$} k/f ug{ kP x6Yof] e6g] nflu/x65 .

xfdl h:tf] cly\$ cj :yf sdhf] ePsfx;n] klg olt /fdl] lzlff lng kPsf 5f}. To] g] 7hf] s7f xf] . oxf6f ; /x;n] xfdlnfo{ w7} g} dxgt u/7 k9fpgX65 . P; Pn; Lsf] nflu clxn] v g} tof/L ul/xf 5f}. o; kfln ; a} bfh] bblx;n] lj lzi6 >0lndf kf; u/\$f sf/Of xfdl] nflu klg %g\ r6f]l ylkPsf] 5 . lzlfs, cleefj s ; ahgn] xfdldfly w7} cfzf u/\$f 5g\ . To; h] w7} dxgt u/7 d kl9/x\$ l 5' . To: t} ; a} ; /-ld; x;n] klg laxfg-ahsf sxl gelsg xfdlnfo{ k9f0/xgePsf] 5 . 3f\$pg] e6bf klg a%fg g} pxf6;n] hf6 lbgePsf] 5 . of] lj Bfnosf] sdhf7 klf eg\$]f kof]t clt/Om lqmfnsf] cfefj xf] . o; df klg cufl8 e0lbP of] lj Bfno gfd rn\$ lghl :she6bf cufl8 klgllyof] .

d]f] ; km tf

lj sf; j f0af

| dtf lzlf lgs]gaf6 o; kfln
ljziz6 >0fldf P; Pn; L pQL0f{

clgtf l; j]s]6



slff * ; Dd d ; fdfGo lj Bfyl{x F. lx; fa ; aegbf
ufx] nfluYof]. slff & df t lx; fadf kmh g) ePF.
c]df klg kf; gDa/e6bf a9L slxNo} cfPg . t/
klg ; /x; n] / ; fylx; n} dnf0{ .ltdl ug{ ; S5f}
d]gt u/ 0 eg] k] ; flxt ul//xgeof]. To; n] d]f]
c]fdlj Zj f; a9fof]. ad]gt u/ Feg] hf6g] lj Bfyl{
xg; S5E eGg] nfluYof]. d]gt u/ k9g yfnF.
slffdf cfmh] ga]sf] s/ ; /nf0{ \$- % k6s; Dd

klg ; fl]y}. To; kl5 d]f] k9f0sf] :t/df lj :tf/}; wf/
xgyfNof] / hf6g] lj Bfyl{df bl/g yfnF. To; n] ddf
%g\c]fdlj Zj f; a9fof].
d]gt u]of] / k9g] j]ftj /of kfp] x] eg]; fdfGo
e6bf ; fdfGo lj Bfyl{ klg lgs] /fd] ug{ ; Sbf] x\$
eGg] s/ fs] pbf] /of d ag]f] 5'. Toitv] ePsf]
k]lt clxn] ; D]E cfmh] f0{ klg crDd nflu5 .
d]f] aaf 0\$ af\$g] afn] f r]Ng] sfd ug] G5 .

bx] pQ/ / r]g]l ePsf] 5 E @)^% ; fns]
P; Pn; ldf kfF hgn] efu lnP eg] csf] j if\$
nflu @(hgf lj Bfyl{ P; Pn; l lbg] tof/ldf
hl6/x\$ 5g\ . u/lasf 5f]f5f] lnf0{ lzlf lbg]
p2]o /fv\$ p0dn] hf]kf6kl5 @)^! ; fndf
eOm/df, @)^@ ; fndf nlnk/sf] Ujfsf]
)^\$ df s]f] agkf, l; GwkfNrf]sf] d]hDrl
/ o; jifaf6 dsjfgk/sf] x]f]f, lrtjgsf]
gf/foof3f6 / gjnk/f; lsf] sfj f; f]ldf lj :tf/
ul/ ; s]f 5g\ eg] j]ff6dkl5 kf] / f / abandf
ejg lgd]f] sf] sfd z? xg] sfo]nd 5 .
xfn; Dd ; ~r]lnt ; a} :shdf u/l s/la !@
xhf/ lj Bfyl{ c]lwoog/t 5g\ pgn] j flif\$; kdf
rf/ lhNndf Ps=Ps j6f ykg] nlo /fv\$
5g\ . pgl Ps k\$ /n] ; dtf-lzlf cleo6tf g}
a6g ku\$ 5g\ .

:shsf] Jojxf/; E cleef] s klg a]v; l
5gg\ . xfd lgs]; Gtl6 5f] cf^gf bj} 5f]f5f] l
oxl :shdf egf{ u/\$f hf]kf6l lgj f; l d]f]g
of]hg e65g\ a]f] k} fdf /fd] :shdf k9fpg
kf0Psf] 5, oxl 7hf] s/ f] lg E g; {lb]v g} oxl
:shdf kl9/x\$ l pgs] 5f] l clxn] slff % df
klug\ . \$ slffdf k9] 5f] l l5l/En] c; :shdf
%=-^ slffdf k9g] ; fylx; nf0{ u]sfo{ l; sfPsf]
b]vbf pgl bE ky]. ak} f w] } ltb]f dfq /fd]
lzlf kf0G5 eGg] x]0g /x\$E eGg] lgisif6f

pgl ku\$ 5g\ . :dtfsf] k9f0 /fd] 5 eGg]
yxf kfPk15 hf]kf6l / cf; kf; sf cleef] sn]
cf^gf 5f]f5f] lnf0{ wdfwd oxl :shdf egf{
ug{ Nofpg yfn] 5g\ . hf]kf6lsl ; l/ tf
clwsf/ l / b]hvf 3/ e0{ xfn af]df a: g] 8f]df
df] 0]g o; sf pbf] /of xg\ . ; l/ tfn] cf^gl
ef]hsl 5f] l cl: dtf g] k]nnf0{ of] :shdf egf{
ub] 5g\ . pgs] 3/ df a: g] ; a} s]f] s]l oxl
:sh k9] 5g\ . pgl e65g\ apgx; sf] c^a]hl
; g] ; k9f0 b]v] g] cl: dtfnf0{ of] :shdf egf{
ug{ NofPsl xF^E 8f]dfsf cf7 jif\$ 5f] f k]f]
Uof]Nh^a klxn] lj b]zlx?n] rnfPsf] Pp6f :shdf
Pn s]hdf k9] . t/ To] :she6bf ; dtf
lgs] gdf Pn s]hdf kl9/x\$ l 5f] l n]Skf lgs]
hf6g] eP/ lg] :s0g\ . clg t 8f]dn] lj b]z]
:shdf kl9/x\$ f] 5f] lnf0{ klg oxl :shdf egf{
ul/lbg] lgZro ul/g\ . clxn] pgs] 5f] l n]Skf
Ps slffdf kl9/x\$ l 5g\ eg] k]f] f; g; {ldf .

clt Gog cfo ePsf afnaf]nsfx; sf]
nflu n]lft u/ v]h]nPsf] of] lj Bfnodf z?
z?df u/lasf 5f]f5f] l dfq k9] . t/ ha
lj Bfnosf] k9f0sf] :t/ /fd] 5 eGg] bl]vg
yfn] To; kl5 la: tf/} wgl / xgyfgh] klg
cf^gf 5f]f5f] lnf0{ oxl lj Bfnodf k9fpg]nd
z? ePsf] 5 . To; sf] k]l]f pbf] /of xg\
hf]kf6lsl blkf v8\$. dx]f] :shsf] k] klg

cfdf un}f aGxkG5 . dh]b0{s1ff;Dd lj 6\ PsB}ldf
k9F. To] ah] PSnf] ;(tfg ePsf] cdfafafn] d}f
;a} 0R5fx\ k/f ul/lbgxGYof]. ef0alxgl hlgdPk15
3/sf]vr{a9df]. afafn]klg 3/df yf}]dfq k}f lbg
yflNgéof]. cdfdfn0{bdsf]/fu nfu}k15 t 3/sf]l:yit
%g\vl:sf]hfg yfNof]. cdfafafn]sdfPsf]k}fn]dnf0{
af]B}df k9fpg ;Dej lyPg . aafn]dnf0{;dtfdf slff
tlgdf egf{ul/lbgéof]. To] ah]df, ;dtfn0{lj b}zln]
;xofu u{/sf]lj Bfno eg} lrgyF. lj b}zln];xofu u{/sf]
egk15 k9f0 klg /fd]x]fh eGg] 7fyF.

slff ^ df k9f dlxgfsf]Ps ;o ?k}fKlg Itg{
g; s} afafn]dnf0{ufpFk7f0lbgéof]. dsjfgk/sf]5g]
ufpF]:shdf slff ^ df k9F. t/, dnf0{ToxfF]k9f0
dg k/} , cdf; E w}]/f0s/f0{u/} & dlxgk15 km/
sf7df8f]kmsP/ ;dtfdf slff ^ df k9g yf]F.

dh]slxNo}klg Ps}k6s k/f lsfaf lSg ; lsgF.
t/, lj Bfnosf] zNs eg] cdfn] sg} klg xntdf
h6f0lbgxGYof]. 3/df cdf / aafsf] lbg} ; f] %u8f
kl/xGYof]. To; n] ubf{ k9g} jftfj/of g} xGyof].
3/sf]cj:yfn]ubf{slxn}fxl+cfkm}gk9}, ef0-alxglnf0{
k9fp5; pglx\nf0{; lfd agfp5' eGg] klg nfluYof].
km/ csf]dgn] eGYof] .k9k15 kf /fd] sfd kf0G5 0

clg km/ k9g dg nfluYof]. To; k15 dh] dg afw+
clg PslrQn}k9f0df nufPF. ;/x;n]klg xfdlnf0{
laxfg ^ ah}lv g}k9fpgxGYof]. ;f}df dfq 3/
hfg kf0GYof].

o:t}d}gtsf sf/of P;Pn;ldf **=@% kltzt
NofP/ pQl0f{xgkuF. k/liffkm cfpSf]/flit lG6b]
nfu} . laxfg rf/ ah]dfq yxf kPF d lj lzi6
>0lndf kf; eP5'. Ps15g t s] u/f}+sxfFhfpF
s;nf0{egFeof]. sf7fdf PSn}56k6PF. cdfdfn0{
p7fP/ ;gfPF. To; k15 bf]8f]dG6/ kuF.

d}f]of]; km}tsf k5f18 ; dtfsf lzlfSX;sf]w}]}
7hf]of}bfg 5 . ;/x;n]of]sdhf} lj Bfyl{x}eg}
slxNo}klg x}gePg . a? %g\ a9l Wofg lbgxGYof]
k9g x}ofpgxGYof]. slff * ;Dd lx; fadf sdhf}
lyPFt/ clxn]P;Pn;ldf ; a}Gbf a9l gDa/ lx; fad}
cfPsf]5 . clgj fo{/ clt/Qm b] }ul0ftdf (^ gDa/
cfPsf]5 . To] ah] ul0ftdf #e gDa/ s; /l Nofpg]
x}fh eg} lrlGtt xGyF t/ d}gt ubf{#e sf] tlg
u0ff a9l gDa/ klg Nofpg ; lSf}x} 0

dnf0{eljiodf 8fS6/ xg dg 5 . d}f]kl/j f/df,
ufpF] s; } klg w} }k9}f 5}g\ . To; } w} }k9}
; a}f ; fd' pbfX/0llo JolQm aGg rfxG5' .

Itg{Sg]kl/j f/df xlsPsl blkfnf0{yf}k}df
/fd]lzlff lbg]; dtfsf]lj z}ftfn]g}tfg}sf]xf].
pgsf bfh' dnl]; ofdf pRr lzlff xli; n ub}g\.
æljiodf :6fkm g; { aGgs nflu ; Sbf] d}gt
u/} k19/x}f 5} blf el65g\.

cleefj sx;nf0{oxfF]k9f0n] tfg] tklg
lj Bfylf0{rfxFOxfFul/g] Joj x/ / k9fpg]
z}h dg k5{. o; kfln P;Pn;ldf lj lzi6
>0lndf pQl0f{efj gf tdf^ / ljsf; af0}fsf
; km}tsf syf yxf kf0; sk15 -x}fS; _
lzlfSX;sf] lgi7f / l; sf0-klqomsf] Ps %}sf]
ldN5 . slff (df k9g] ; l/t nfdsf cg; f/
ghfG] lj Bfylf0{kyldstf lbP/ k9fpg' g}of]
lj Bfnosf]; a}Gbf /fd] s/f xf]. slfdf s; }
dg nufP/ kl9/x}f] 5g eg] lsg gk9}f] < s]
cfPg < a'of] lS a}Pg eg} ; a} lzlfSX;n]
af/Daf/ ; flg] pgl atfp5g\.

z}df cly} cefj sf/of s}l lzlfSX;
afxl/Psf eP klg oxfF sfo{t lzlfSX;nf0{
k}fn] eGbf sfdn] a9l ; Gtl6 lbPsf] 5 .
lzlfS n] hf}kf6l / eQmk/df e}sf s/la
!) hgf lzlfS ; ah]; dtfdf k9fpg kfpF
cfkm}n]; dfh; jf u{/sf] dx; " u{/sf 5g\
laxgfsf]; dodf Go' Unf]o; PsB}ldf ; d}
k9fpg] ul0ft lzlfS 1fg}b] 9Efgf yk5g\
æ; dtfsf lj Bfylf dh] w} } ; Defj gf b}f}

5' . of]lj Bfno 5f8} d ol lj Bfylf0{udfpg
rfxlbgFÆ sf7df8f} gfd rn}f] lghl :sh
8ga:sf}f lj 1fg lzlfS /fhg sfls}oxfFklg
.kf6f0dl k9fpg yfn}f 5g\ pgl of]:shaf6
cf}l n}lePsf 5g\ . gofF 7fpef :sh vf}h}
ToxfF] lkl}; kn eP/ hfg] /x/ pgsf] dgdf
hflu; s}f] 5 .

u0f:t/lo lzlfSf] dVo cfwf/ xf] :t/lo
lzlfS . of]tYonf0{pQdn}/fd] ; t a}sf/x}5g\
z}df glhssf / lrgfhgsf ; fyle0x;nf0{
lzlfS agfPsf]eP klg pQdn]nuQ}kqklsdf
lj 1fkg u/} klt:kwf}f cfwf/df 5gf} ug}
lj lw ckgfPsf /x}5g\ . æklt:kwf}f6 dfq /fd]
dfg; sf] 5gf} ug{ ; lS65 eGg] s/f dnf0{
/fd] ; t yxf lyof} , pgl e65g\ . /fl6e blgs
klqsdf lj 1fkg u/} klt ePsf JolQmut
lj j /of; lxtsf cfj }gdWo}pkoQm bl}Vpsfx;nf0{
lnlvt hfF lbg nuf0G5 . lnlvtdf pQl0f{ePsf
dWo}h0{Pp6f slff k}f}fTds ug{ nuf0G5 .
slfdf lj Bfylf]dgk/fPsf kfqnf0{g}5gf} ug}
s/f pQd atfp5g\ . 5gf} ; ldltdf pQdsf
clt/Qm:shsf lkl}; kn / cge}l lzlfSX;
/flv}x} .

To; f] t pQdnf0{ljleGg lhNnaf6 ænf}
xfdf] klg ; dtf :sh v}l}gk}of} eg} k}tj
cf0/x}f 5g\ . !& c; f/df lzlfS kltglw; E

cfj /0f

s/ʃsfgl u//x\$} aɪf pgnf0{gkfnl sf^u} sf
 gɪf kɔk lu/ln} kɪf u/ɪ cf^gf} lhNnf l; /xɪf
 klg ; dtf :sh vɪlɪg cg/ɪw u/. lu/ln}
 cfknh} hɪuf lɪmzNs pknAw u/f0lbg} / c;
 ; xofɪ klg ; Sɪf} ugɪk|ta4tf JoQm u/. pQd
 eG5g\ æclwsfz lhNnfaf6 o:tf} kɪtfj cfpg}
 u/\$f} 5 Æ t/ jifdf rf/ lhNnfdf dfq gof
 :sh vɪlɪg ; lsg} pgl atfp5g\ . tbg?k pgn}
 cfudl kfF jifdf @) lhNnfdf :sh vɪlɪg} ; f;
 agfPsf 5g\ .

:shsf} lj:tf/ g}kdV ; jfn xf0g . dVo
 s/f vɪlɪnPsf :shsf} lɪbɪkɪg, /fdɪ} Joj:yfkg
 / :t/lo k7gkf7g g}xf} . of} s/fnf0{ ; dtf
 lzlf cleofgsf k/fgf ; xofɪl kl; 4 snfsf/
 dbgs}of >ɪ7n} ; dɪ ulx/fl; t a%sf /x5g\ .
 lu/lsf} kɪtfjdf n\$sf} pglkɪtsf} lj Zjf; /
 ; Ddfgaf6 xɪf; Psf pQdn} nuQ} kɪf u/ɪ
 snfsf/ >ɪ7nf0{hfgsf/l lɪbɪ pgn}kɪoQ/df
 eg} æf0, ca xɪdln}vɪlɪnPsf :shsf} lɪbɪkɪg

/ :t/ a9fpg} s/ɪdf a9l Wofg lbgk5{ . gof
 :sh vɪlɪg} s/ɪdf a9l hf\$ ug%5g Æ pgsf}
 s/ɪdf ; xɪlt hgɪP/ pQdn} kɪf /flvɪbP .

lgD5/f} cj:yfaf6 z? ul/Psf} :shsf}
 cfly\$ cj:yf ; ?cɪtsf} thgdf cf7 jifk15
 /fdɪ} eP klg c%} lzlf snf0{7ls ; doɪf tna
 vɪfpg}g; s\$} s/f pQd cfkɪ; jlsf/ u5g\ .
 lzlf tna / ; ljwf ; /sf/l :shsf} sd g}
 5 . sxl ; do; Dd :jo; }f jf Goɪ ; ljwdf
 ; }f u/ɪ klg sfo{t lzlf snf0{ /fdɪ} ; ljwf
 rflxG5 . gg sɪf ugɪpTk}off lj:tf/} x/fp6}
 hf65 . pQdn} a9ɪ} dfu / Joj:yfkslo
 ; Gthg s; /l sfod u5g} ; dtfsf} eljio wɪ}
 xb; Dd oxl s/f; 6 uF; Psf} 5 .

lgZro klg P; Pn; ldf ; kmɪf :t/lo
 lzlf sf} Pp6f ; ʔs xɪf . t/ Toɪ} dfq kof{t
 5g . lj Bɪyl\$} lɪdfɪf, lj ifoɪ:t\$} ɪfg; /fdɪhs
 Jojxf/, kɪlt zɪl, cfɪdlj Zjf; nufotsf
 s/fx; n}:t/lo lzlf sf} dfkg ub5 . lzlf lj b}

pQd ; / sd\$ʃ afa'

efjgf tɪdf^a

; dtf lzlf lgsɪgaf6
 o; kɪln lj lzi6 >ɪlɪdf
 P; Pn; L pQl0f{

dnf0{aafn}wɪ}df of ug%Gyof} . pxɪfɪ} dnf0{dxɪf snf}
 kɪfɪ; a 0EIn; afɪBɛ :shɪf egf{ul/lbgɛPsf} lyof} .
 slf b0{Dd dɪ} ToxɪF k9F. d /fdɪ} k9S' egɪ
 lj Bfnon} lɪmzNs ul/lbPsf} lyof} . t/ P\$sf; L aaf
 cɪf / dnf0{5f8ɪ x/fpgɛof} . pxɪfɪ} xɪdlnf0{lsg
 5f8ɪgɛof} dnf0{clxn} Dd yxf 5g .

cfɪdn}csf}lj jfx u/k15 dɪfɪ}ɪ} ɪ}aafn}dnf0{Toɪ}
 :shaf6 lgsfn} c;sf} 3/df sɪf ug{/flvɪbgɛof} .
 Toɪ} 3/df dnf0{wɪ} bɪv eof} . laxɪgblv /ɪlt; Dd
 eɪsf} kɔdf sɪf ug%kɪf{cfɪdnf0{ ; lD%b}d wɪ} /ɪPF.
 8ɪ jifɪlt sɪf u/k15 d Toxfɪf6 efuɪ 3/ cfPF.
 dnf0{k9ɪ cfɪl dg lyof} . To; ɪ} cfɪdnf0{æd k9S'
 lj Bfnodf egf{ul/lbgɛ egl /f0s/f0{u/F. clg pxɪfɪ}
 /fdɪ} eɪbɪf klg ; :tɪ} lj Bfno egɪ hfɪkɪ6lsf} ; dtf
 lzlf lgsɪgɪf egf{ul/lbgɛof} . ; dtɪdf cfPs} jif
 d y8{ePF. dɪf} k9f0 bɪɪ} o; sf ; :yfs pQd
 ; -hɪ ; / klg v; l xɛof} / dnf0{lɪmzNs k9ɪ}



Joj:yf ul/lbgɛof} .

lj Bfno lɪmzNs k9ɪ kfPkɪg 3/df eg}a:g ; Sg}
 l:yɪt lyPg . bɪ} ɪ} aafn} xɪdlnf0{wɪ}g}xɪf ug%Gyof} .
 aafn} xɪdlnf0{lsgsf/0f lk6} cfɪw /ftdf 3/af6
 lgsɪngxGyof} . dɪw/ftdf xɪd s; sf} z/of lng hfɪg} <

x₂ t :shsf] lzlfssf] :t/ Toxfāf6 lzlf kfPsf]JolQmsf]sd{f; Dd uP/ xgk5{eG5g\ . To; sf] cy{xf] cfh /fd; t P; Pn; l kf; u/šf] lj Bfyl{cf'gf] lfgdf slt ; km xG5 / p; n]; dfhsf]lxtsf nflu slQsf]ofubfg ug{ ; S5 eGg]s/f xll; skl5 dfq :shsf]:t/sf] v/f] k/lifof xgš . k/lifdf /fd] cī NofP klg lghl :shsf] ptkfbg ; dfhkl t pQ/bfol xg g; sšf] eg] lzlfllj bx; af6}cfnf]gf xg] u/šf] 5 . To; b]i6af6 lj Zn]f of ubf{ pQd / ; dtfsf lzlf s juh] cf'gf] :shsf] uofflds lzlfssf]:t/ / cfofd yxf kfpg sdtldf c₂ cf7-bz jif{sgkgl] b]V65 .

To; f] t :shsf sdhf] klf gePsf xfQgg\ . k9f0sf] uOf:t/; E hf]8Psf cltl/Qm lqomsnfksf] lj 1fg kof]uzfnf / sDkoš/ Nofj kof{t pknAw 5gg\ eg] klhš6 js{ uk js{ z]f s eOf / slfssf]nf0{ c% a9l cGt/lqomfdvl u/fpgkg]ufot l; sf0

pknlAwnf0{ clej[4 ug] sfo₂ klg afēl g] 5g\ . ; dtf :sh kl/jf/ vf; u/l g] [j n] ; aēGbf a9l Wofg otflf/ lbgkg] b]V65 .

h]xf] \ /fd] sfd ug{sg}; f0t sgkbb; g t bžsf]/fhglts dxfh /fd] xgkg]/xš eGg] s/f kgMkli6 ul/lbPsf 5g\ . To:t} ; dfhsf nflu sxl ug] p2]o /fvšf] dflg; n] klta4, nugzln / lg/Gt/sf] v6g eof] eg] hlt; s} klts h cj :yfdf klg /fd] sfd ug{; lsg]/xš eGg] s/f pgn] 5nē kfl/lbPsf 5g\ .

pQdsf] ; kmntfaf6 l; E]f] gkfnl ; dfhn] g] lzlf lng; S5 . ; /sf/l / ; fdbflos :shn] uOf:t/lo lzlf s; /l lbg ; S5g\ eg] cg; /of ug{; S5g\ . c₂ lghl :shn] dgkminf0{ eGbf uOf:t/ / kxFnf0{ s]bdf /fVg] xf] eg] :sh rnfpg] xf] eg] k}fsf] vff]f] gkg] /xš eGg] l; Sg ; S5g\ . To:t} uOf:t/lo lzlfssf nflu dxēf] zNs ltg{ cfj Zos /xgš eGg] ; Gbž klg lbPsf] 5 .

o; /l sōgk6s 3/af6 lgsflnē alxgl / dh] kln; r]šldf w]} /ft latfPsf 5f; . xfdl lbblaxgl dfly ePsf] To] b]o] xf/sf] lj /fv ubf{ cfdfn] aafsf] lgdē lk6f0 eGxGyof] . egš] ah]df vfg kf0Gyof] t/ s6f0 eg] vfg eGbf klg vfgkYof] . t/ hlt bMv kfP klg dh] k9g 5f8gF. kl5 To] aaf klg xfdlnf0{ 5f8] hfgēof] .

cfdfn] w]} bMv u/} xfdlnf0{ kfln/xgēPsf] 5 . pxfC₂sf] 3/df ef8f dfllg] nlf wg] / ef/l afšg] h] kfof] To] sfd ug{G5 . km] šsf] ; dodf d / alxgl klg cdfnf0{ sddf ; 3fpg hfgYof; . slff !) df k9bf sltk6s /flt ! ah] Dd uDafsf ef8f df% laxfg ^ ah] lj Bfno klšl 5' . dh] cfh; Dd lsg] gofnlf nufPsf] 5g . cdfn] sfd ug{3/sf dflg; n] lbPsf nlf nufP/ d oqf] ePsl 5' . k}f gxēf slt /ft xfdl vfg gvfo{ ; tšf 5f; . slxnšfxlFcdfn] lbē; f]cfkminf0{vfg lbPsf]vfg NofpgxGyof] clg Toxl afB] vfgYof; . kēe/l vfg kfPsf] lbg klg s:t] xfhf eg] d slnkGy; . gvfo sg tfut t cfpēg lg ltut} gePk15 s; /l k9g] <

rNxf]df ksfp] s/} geP/ vfg gkPsf] ahf d :shdf pQd ; /nf0{ eGg] uy; . o:tf] ah]df dnf0{ pxfh] vfg lbgxGyof] . æk9gk5{ sxl ug{k5ē eg] dnf0{ ptk] /t ug] dflg; pQd ; / afxš sxl klg lyPgg\ . hGd lbg] Pp6f afa' ePklg sdšf] afašf] eldsf pQd ; /n] lgefpgēPsf] 5 . dh] d]f] aafaf6 kfpgkg]df of pQd ; /af6 kfPsl 5' . To; sf nflu d pxfklt cToGt} COf 5' .

; a} ; fylx₂ 3/df d]gt u/} k9y; t/ d eg] sddf g] Jo:t xGy; . x]j s{ klg aNntln uy; . dh]

3/df k9g] dfšf slxNo} kf0gF. 8]fsf] jftfj /of g] /fd] 5g . sf]f lgs} cf] ; nf] 5, cWof/f] 5 . aQl w]} afnbf 3/aēln] ufnl u5g\ . slxnšfxlFbpff] 3/df a:g] dfšf kfpēf klg cWof/f] sf]f ePsf sf/of 3/df k9g ldnbg . hlt k9F lj Bfnodf g] k9F. 3/df k9g kf0ēg eg] slffdf k9fēf g] kf7 a'g e/dub/ kōf; uy; . kyd >0ldf kf; xG5' eGg] t lyof] t/ **-% kltzt cfp5 eGg] nfušf] lyPg . olb dh] 3/df klg d]gt u/} k9g kfPsf] eP t (% kltztsf] xf/fx/ldf cyfē\ afšdf ; aēGbf a9l gDa/ Nofpg ; Sg] /xš' eGg] nllg yfnšf] 5 .

; f%df P; Pn; lsf] glthf cfof] . glthf yxf kfPsf] %08} !) ldgē hlt t d cfOPFs] ug{ < s] gug] < s; nf0{ eGg] < sxl d] f] g] ePg . Pssf; ?g dg nllfōf . eSsf] gP/ /fPF. dh] bMvsf] cf' w]} v; fnšl 5' . t/ v; ln] klg dflg; nf0{ ?] fpēf] /xš eGg] rlfXFljgdf klxn] f] 6 cgej u/; . d]f] ; kmntf b]y] cdf klg ; fx; v; l xgēPsf] 5 . cdfsf] cgxf/df oltsf v; l dh] slxNo} b]y]sf] ly0gF. cdfnf0{ v; l b]y] d %g\ v; l ePF. d d]f b0{ alxgl n] klg olts} d]gt u/} k9g\ eGg] rfxG5' .

7hf] ; ašif{ u/} hljgsf] Pp6f v6lnsnf] kf/ u/; . ca klg d TolQs; ; ašif{/ kl/ > d ug{tof/ 5' lsgēg] hljgdf w]} ug{ afēl 5 . d eljiodf 8fS6/ xg rfxG5' . 8fS6/ k9gsf nflu w]} k}f rfxG5 . t/ k9gsf nflu d; E Psk}f klg 5g . t/ dnf0{ lj Zj f; 5, dnf0{ s; h] g s; h] ; xofu ug] g\

; dtfdf k9fpgsf]
dh}csIÜ

zxf tdfa
lkG; kn
; dtf lzlf lgs}g, eQnk/

s/f @)% (; fnsf] xf]. sfltk/ blgsdf lj 1fk
u/l ; dtf lzlf lgs}gn] n}vfkfn dfu\$] /x\$. !@
slfss] k/lif lbP/ olQs} a:gkbf{ k6df/ nflu/x\$]]
lyof]. To; } sxl g sxl sfd ugk}of] eGg] ; f]]
cfj }g lbPF. 5gf eP5'. To; avt d !* jif\$
lyPF. klxnfk6s lj Bfnodf kf0nf 6\$bf cgf]]
clg cfsif\$ nfu\$]] lyof] oxfl] j ftj /of . afFn]
agf0Psf ; -; fgf sf] . a4sf] cgbfol ePsf sf/Of
klg xg; S5, lj Bfnodf k:gllj lQs} blvPsf] uf}d
a4sf] dl't} dnf0{ d cf'g} 7fp} cfPFeg] nfu\$]]
lyof].

:shsf] ; ?ctl r/of ePsf] n}v}sf] sfd
Tolt w}] lyPg . ; dosf] ; bko} ug] lx; fan] d
slfss] fdf k; F. z?sf] Psxktf slf ! df Pn6l; L
-nlg' 6' sdolgs} eGg] lj ifo k9fPF. slfss] fdf
; fdulx} klg Tolt w}] lyPg\ . s}fs}lx} w}] cfzf
lnP/ dnf0{ x} }sf] cgej u/F. pglx} c} lzlf
; fylsf sdhf} ; gfp} . s}fs}l; }sf] Ps xktfsf]
3hldnn] d pglx} ; } /lQg kuF. s}fs}lx} lgZ5n
x} /x\$g\ . pglx} df hljgsf] cy{vflg ; lS65 eGg]
klg nflu} .

csf] j if{eQnk/df csf] ; dtf lzlf lgs}g vNof].
pQd ; /n] ddf sxl ; Defj gf b}gePsn] x}hf, dnf0{
eQnk/sf] :shsf] g}] ug] lhd} lbgeof]. Pp6f
ux} ; lhd}] /l d}] sfwdf cfPsf] dx; ; u/F. d}]
pd}] s} /of x}hf} afnafnsf} ; } sfd ug{dnf0{
vf; } uxf] ePg . t/; kzf; lgs sfd eg] lgs} sl7g
nflu} . To; tf] ahdf pQd ; /sf] ; xof} / ; Nnfx
kf0/xF. 5nkm ubf{ pxf} ; xl lgof s; /l lng]
eg} l; sfpg65 . To; n] ubf{eQnk/sf] :sh rnfpg
; lfd ePF. clxn] dh] kzf; lgs sfd blv lnP/ w}
s/fx} ; l; s; s\$ 5' . ; dtfdf sfd ubf{ } dh]
lzlfdf :gfts u/F. dnf0{ of] :yfg; Dd Nofpg pQd
; /sf] 7hf] of} blfg 5 .

z?df sfd ubf{ tna yf}] lyof]. To] klg eg\$]
ahdf kf0}] lyof]. t/klq] sfd u/kl5 sg] lbg
To; sf] dNo cjZo kf0Pnf eGg] lj Zj; df sfd
ul/of]. To] lj Zj; ; To ; flj t e0; s\$] 5 .
:shsf] cly\$ cj: yf klxn} } b} / Joj: yt 5 .



:bzg

lj Bfno k} } ubf{ kfl/ > lds !* ; o lyof] clxn]
df] ; s ?=* xhf/ kfp5' .

lzlf] df] ; nfu{ 1fg / ; lk lb65 . xfd]
lj Bfyl} ; nfu{ lsf] 1fg; } hljg pko} 1fg
tyf ; lk klg lbg] ul/Psf] 5 . xfdn] o; df c%
w}] k} ug{ af} g} 5, tklg oxfl} c} lghl
/ ; fj hlg :shsf] thgdf eg] xfdn] /fd] lzlf
lb0/x\$ 5f} eGg] nflu .

; a} afnafnsfnf0{ uof: t/lo lzlf lbgkg]
lhd}] /l ; /sf/n] /fd} k'f ug{ ; ls/x\$] 5g .
pQd ; /n] JolQmut xl; otdf ; /sf/sf] sfdnf0{
g} ; 3f0/xgePsf] h: tf] nflu . klta4 e0{ /fd]
tl/sfn] sfd u}of] eg] Pp6f JolQmsf] k} ; df dfq
klg slt 7hf] sfd xg; S5 eGg] s/ }sf] pbfx/Of xf]
; dtf :sh .

pQd ; / /fd] Joj: yfks dfq geP/ dfq lo
dNnf0{ /fd} a} } df65] xf] eGg] dnf0{ nflu .
lsta gePsf} ; nfu{ lsta lslg} ; xof} ug} blv
lnP/ vfg gkPsf} ; nfu{ vfgsf nflu klg ; xof}
ug} }sf] dh] w} } b} } 5' . sfd ug\$ nflu
kl' t ug] pQd ; /sf cf'g} zhlx} 5g\ . lj Bfyl\$]
k}] nfu{ cfw/ dfq} k} } j if{ cf'g} lj Bfnox} leq
/fd] ug] lj Bfnonf0{ k' : s\$ ug] rng 5 . of]
j if{ klg ev} k' : sf/ lj t/Of sfo} ; lsof].
lgdf] :t/sf] k9f0 xg] ; a} } /fd] lj Bfnosf]
k}] xfd] lj Bfnonf0{ k' : sf/ kfof]. o; n] klg sfd
ug\$ nflu c% lj z} u/l lj Bfyl\$] k9f0nf0{ wofg
lbgf nflu c% a9l kl' t u/\$] 5 .



.bzj



bžn]uj {ug[:sh aġgš

1fg]b | 9Efg
uloft lzlfs
; dtf lzlff lgs]g

dfWolds:t/sf] lgldt tlghgf uloft lzlfs dfu] klqsfdf lj 1fkg 5flkPsf] /xš . sg} ultn} lj Bfno 7fg] cfj] ġ lbPF. Inlvt / kōf]ufds bj } k/lffaf6 5gř ePF. t/ lj Bfno cfpq ynfš] Ps-b0{lbqdf g} d t cflQg ynf}. lj Bfno Joj] :yt lyPg . sg JolQm sđf sf] ġ pQ/bfol xg] eġg] s; ħf0{yxf lyPg . ; a} lj Bfyl{ kfzfs nufP/ cfpbqy]. efl] s k] fvf/ klg Tol t /fd] lyPg . lj Bfyl{/ lj Bfnosf] o:tf] cj :yfn] d !% lbg; Dd klg sđdf lg/Gt/tf lbp] l s ġlp] eg] b]qdf lyPF. To; f] t z?df g} xfdlnf0{ pQd ; /n} lj Bfyl{/ lj Bfnosf] cj :yfsf] af/đf eġgePsf] lyof]. t klg d] l:ylt pxf] eġh:t} x]hf eġg] 7fgš] ly0gF.

slfddf lj Bfylš] x]nf eg] cġo lj Bfnosf lj Bfylġgbf w} dflyNnf] t/sf] lyof]. zfob To; ħ} dnf0{ nff] ofof]. oxl sf/Ofn] dfq} d ; dtfdf a:g] lg0f6 u/F. ; dtfsf lzlfsc; df s] l u/f] eġg] efjgf b] yf. To; kl5 ; a} lzlfsc; a; } /; Nnfx uof} / :shnf0{ Joj] :yt ug] c7ř uof}. xfdln] u/š] s/fx; nf0{ pQd ; /n} klg p] ; f] x]š ; fy lbgeof].

:shdf ; aebf v6] sPsf] s/f ; /; knf0{ xfdln] tTsfnf] k] yldstfd /fVof}. Isgeg] slffsf] v] l v] l] g] rp/; Dd cln a9l g} kn] x] lyof]. sf] ydf Ps-Ps j6f srf] / 8:6alg xfdl lzlfsn] cf-cf'g} k} f xfn] lsg] Nofof}. clg lzlfs lj Bfyl{ldn} /; knf0{ ug] yfNof}. s] l srf] / 8:6alg lj Bfyl] :shaf6 r] klg nlulbP . cf'gf] 3/df srf] klg gePsn] lnP/ uPsf] s/f lj Bfyl] af6 yxf xg cfof].

xfdln] :shdf cf0k/šf ; d:of / ; dfwgsf af/đf ; a} lzlfsc; a; } 5nkm ug] / ; fd] xs lg0f6 lng] kl/kf6l a; fof}. o; n] ; a} lzlfscf ckg] j sf] efjgf hufof] / ln0Psf] lg0f6 sfof] og ug} ; a} lzlfsc; plQs} lqmfzln / kl] ta4 x] uP .

o; n] lj Bfnodf /fd] kēj k] of]. lj Bfnodf qndzll ; wf/ xg yfNof]. cfh of] lj Bfnosf ; a} lzlfscf Pstf 5 / ; dtfnf0{ b] z} s} gdf lj Bfno agfpgk5{ eġg] c7ř 5 . kl/Ofd: j?kll ut jif klxn] k] N6 P; Pn; ldf ; xeful ; a} !! lj Bfyl] ; fgbf/ ; km] t k] P . %g\o; k] n t ; a} lj lzi6 > Ofdf kf; eP . ca ; dtf lzlff lgs]g b] z} s} /fd] :sh xg; S5 eġg] s/f ; dfhdf :yflkt ePsf] 5 . cfh of] lj Bfno ħg cj :ydf cf0k] š] 5, To; a} lzlfs / Joj :yfk klfs] ; d%bf/L, c7ř / d] x] gtsf] km x] .

oxfšf lzlfsc; df sfd ug] k5{ of] lj Bfnof0{ ; aš] ; fddf lrgfpgk5{ eġg] efjgf 5 . o:t} efj gfn] ubf{ s] x] s; k] t klg j] ġg: o efj n] x] ġg\ . of] sfd ug] . :kl/6l pQd ; /n} g} xfdl df k] of ug] ePsf] x] . xfdl ; aš] Pp6} p2] o / n] o x] ; dtf .

hx] Fbnlo /fhglltsf] babaf x] b] Toxf lġiklf eP/ sfd ug] {kf0G5 . sfdsf] ġ] thf b] yfpg kf0G5 . sfdsf] dNof] g klg e0/xš] xG5 . ; dtf klg /fhglltb] v w} } 6f9f 5 . To; ħ} ox] F sfd ug] / gug] š] /fd] dNof] g e0/xš] xG5 . ; dtfdf dnf0{ k} fn] eġb sfdn] ; Gtl6 lbG5 . ox] Fš] jftf] /Ofn] dnf0{ /fd] ; t k9fpg k] off lbG5 . of] lj Bfnodf sfd ug] {yfnš] tlg jifš] of] cj lwdf dnf0{ c; lj Bfnodf k9fpg cj ; / gcfPsf] x] g . t/ ; dtf 5f8] cġoq hf] g] dg} 5g . of] cf'g} lj Bfno n] u5 . To; ħ} d cfkn] f0{ ; dtfdf ; dlk] ug] { rfxG5' . ; dtfsf lj Bfyl] df d] w} ; Defjgf b] yš] 5' . of] lj Bfno 5f8] d o:tf lj Bfyl{ udfpg rfxGg . dnf0{ lj Zj f; 5, Ps lbg ; dtf lzlff lgs]g eġk] 5 of] b] z} s} ; a] } uj {ug] Pp6f :sh xgš .

c; n JolQm
hGdfpg]
c; n dfG5]

dbgs[0f >ij
snfsf/



15/0f k08]

Pslbg xfdl -d / xl/jz cfrfo{ nfo{pQd ; -hjh] cfrkth] vfihsf] lj Bfnosf] jflifsf] ; jdf ciltlysf] ; kdf afihp . lj Bfnosf] af/hf clncln dfq] yxf ePsfh] hfpf Is ghfpf eGg] bfwf/ dg lnP/ xfdl sfoqndf uof}. ToxfFxdln] pgsf s/f ; Gof]-lj Bfno lg/lfof ufof}. lj Bfyl{ E s/fsfgl ufof}. To; kl5 yxf eof] ; dtf jf:tjd] ; dtfl /x\$. krf/ ug] JolQmGbf klg sddf lj Zjf; ug] JolQm /x\$g\pQd . lj Bfnosf ; a] klf yxf kf0; skl5 xfdl kefij t eof}.

/sf/L :shsf] t/ ljleGg sf/0faf6 psfi; g g; Is/x\$] cj :ydf u/lasf 5f]f5f]lnf0{ :t/lo lzlf lbg'w}]/fd]sfd xf] . ; dtf lzlf lgs]g o:t}p2Zon] vfihsf] lj Bfno /x\$. /fd] sfd ughf0{ ; xofu ugk5{ eGg] nfluof} . To; avtsf] lj Bfnosf] cj :yfn] xfdlnf0{ sxl g sxl cfly\$; xofu h6f0lbg kl/t ufof} . To; kl5b]v xfdln] ; s\$] ; xofu ul//x\$ 5f} . xfdl cfrkth] ; s\$] ; xofu; E ; xofu ug] dflg; xz klg e\$]0lbG5f}.

yf]}k}f / ; lldt ; ljwfaf6 klg pTs6 lzlf lbg ; IsG5 eGg] s/fsf] kdf0f xf] ; dtf lzlf lgs]g . of]lj Bfnon]lghl lj Bfnox;nf0{ ; d] rbf]l lb0/x\$] 5 . ; dtf lzlf sf]k9f0af6 xfdl t kefij t ePsf 5f} g]lj bzx; klg lgs}v; l ePsf 5g\ . lj bzx;n]klg l; Sg ; Sg]sfd u/\$f 5g\pQdn] .

of] bzx lalupsf] eg\$] g] htfaf6 klg cf^gf] ; jfy\$]sfd xg] cf^gf]krf0bfsf]nflu dfq ; flg; af6 xf] . lg:jfy{dg lnP/ ul/Psf] ; fg]sfdn]klg w]hf0{ krf0b lbg ; S5 eGg] s/fsf] pbfx/of xf] ; dtf lzlf lgs]g . pQdsf] of] sfd klg lg:jfy{dgaf6 kl/t eP/ ul/Psf] sfd xf] eGg] dnf0{nflu5 . cf^gf] nflu dfq geP/ c?sf nflu sxl u/f}-eGg] ; Gbz pQdn] ; ahf0{lb0/x\$ 5g\ .

Pp6f gkfnlsf] 5f]f cfrkth] vf0{gvf0{ RoflQPsf]

nlu nufP/ , lbg/ft dXgt u/} sfd ul//x\$ 5g\ eg] pgnf0{ ; xofu ug{ x/\$ gkfnlsf] stfo xf] . ; s]xfdln]klg pgn]h:t} sfd ug] sf]zz ugk5{ . g; s] sdtldf o:t] sfd ughf0{ ; xofu ugk5{ eGg] dnf0{nflu5 . bzx / ; dhnsf nflu ; xofu ug{ rfxg] JolQm;nf0{pQdn]Pp6f /fd]cj ; / h6f0lbPsf 5g\ .

pQd ; -hjh; E sf] d]f] e\$ %08} !) jif{klxn] ePsf] xf] . To] j]hdf pgl Pp6f rnlrqsf] l:qk6 lnP/ cfPsf lyP . pgsf]l:qk6 /fd] ePklg To; nfo{ 5f0f]g ug{ rfxg] pks/0f xfdl; E gePsf sf/0f xfdln]To] j]hdf pgsf] l:qk6df sfd ug{ ; s\$} . kl5 pQdsf] lj Bfnodf hbf yxf eof] ; hgzln dflg; sf kf0nf pks/0fn] /flsb]x\$5 . pgl lzlf sf] Hof]t ; ahf0{ 5g] sddf nfu\$ /x\$g\ . To] ahf pgl; E sfd ug] 0R5f xbf] klg sfd ug{ ; s\$ lyPg} . t/ , of] ahf egl:ylt xfd] jzdf lyof] . To; h] xfdln] ; xofu] xft cufl8 a9of} .

cf^gf] nflu eg] xfdln] ljleGg gfddf vr{ ul//x\$ xG5f} . /df0nf]nflu hf]ft; vjh] , r/fb , /S; ldf w]}k}f ^offS/x\$ xG5f} . t/ To]k}fsf]yf]} lx: ; f dfq klg afnaflnsf]lzlfdf vr{ug{ ; s\$ xfd] ; fg] ; xofun]w]}afnaflnsf] elj io /fd] xg ; S5 . cfh ; 8sdf dfu] lx8g]afnaflnsf sb]lbg bzx] dx]k0f]lg0f6 lng ; Sg] 7fpbf klG; S5g\ . t/ Itgnf0{ ; 8sdf Tolts]lx8g] lbg] jf 7hf] c; n JolQm agfpg] eGg] s/f ca xfd] xtdf 5 .

cj ; / 5g , sfd kf0Pg eg] w]gkfnlx; lj blzPsf 5g\ . sf]xl z]fs a]fhuf/lsf] gfddf lbgel/ xft afw] a; \$f 5g\ . c;nf0{ufnl u/}]ltgsf]lbg laTg] u/\$] 5 . t/ sxl u/f}-/fd] u/f}-eGg]efjgf 5 eg] k}f / cj ; /n] /f\$bf] /x\$5 . dXgtl / ; hgzln JolQmsf]kl5 cj ; /x; cfrkth]pbf /x\$g\ . oxl s/fsf] kdf0f xf] pQd ; -hjh / ; dtf lzlf lgs]g .

..cbæt cfgGb cfpBÚ

pQd ; ~hjh
; :yfs, ; dtf lzlf lgsjg

xfdln] k9f0lbPgfFeg] aRrf ; 8sdf
kU5 . of] gdl7f] tYon] dnf0{ yk
aRrfx;nf0{ :shdf Nofpg k|/t
u5{. :shsf] sDkfp08df kl; ; s|k15
d sDfsDlx;sf] cgxf/df vzl
5rllsPsf] bV5' . pglx; laxfgDlv
:shdf cfpBg\ ah'sf klg 3/
hfcf] eg] eGg}k5{. pglx; :
shdf /dfPsf] bVbf dnf0{ cbæt
cfgGb cfpB . Tof] cfgGb g}d]f]
zIQmsf] ; f] xf].



:bzq

tkf0{ :shdf s:tf] lj Bfyl{ xgxGYof] <

djh] cf'g} ufpF sf7df8f] uf7f6f/sf] ufGwl cfbz{
df]j df k9f] xF. dnf0{ ;fgDlv k9f] s'f Joj xf/df
nfu" xgk5{ eGg] nfuYof]. lsg o; f] eof] / lsg o; f]
xg; sD eg] 3fllng yNbf dnf0{ k7f l5rflg klg uxf]
xGYof]. Toxl eP/ d hlxn] klg sdhf] lj Bfyl{/lx/xF.
k9f0 k'f gu/L d @) \$^ ; fnlt/ lknldsf]lx/f] / lgbz's
xg] ; kgf afz] dDa0t/ xflgPF. dDa0df s/la ; ft
jif{ latfP/ 3/ kmsf/ @% jif{f] pd]df, t] f] k6sdf
P; Pn; l kf; u/F.

P; Pn; l kf; u/|k15 s] ugEof] <

djh] elgxfn] d :shsf] k9f0 g} k'f gul/sg dDa0t/
nfu]f] lyPF. t/ sdhf] z]lfs k7eldsf sf/of l; gDf
lgbzg k9g] d]f] /x/ k'f xg ; sD . t/ klg djh] x'
lbn b]r's]; gd, vdf]l b Dolhsn nufotsf lknlddf
; xfos lgbz'ssf] ; kdf sfd u/}f] lyPF. hl 6le sf
nflu !) Oik; fDsf b0]f 6lln; l/on klg lgbzg u/F
t/ tl k]f/of ePgg\.

:sh vllg] ljrf/ rflxfs; /l cfof] <

d zx/ wfp]g] / 3/ kms] qmddf rfaXnsf]:sh k9g]
pd]sf sDfsDlx;nf0{ ; 8sdf bVYF. lszf]j odf k]z

gubf sDlx; jZof] Qdf nfuf] klg kPF. tl sDfsDl
lsg ; 8sdf 5g\eg] vflhl ubf{djh]To; sf b0]f sf/
Of e]PF. klxn] afacdfsf alrdf /fd] ; DaGw geP/
3/df ; w}%u8f e0/xg] xgn] sDfsDl ; 8sdf cfpBf
/xfg\ . bf] f] sfdsf l; nl; nfd' afa'cdfd clwsfz
; do 3/ aflx/} xg] ePsf] sDfsDlsf] x]rfx kUbf]
/xg5 . ef]ef]; 8sdf ef]f]g afWo sDfsDlx; afRg]
pkfosf] vflhl ubf] hf] sD}g sD}unt sfddf nfu]f
/xfg\ . dnf0{ of] ; d:ofsf] :yfol ; dfwfg lzlfdf dfq
5 h:tf] nfu]f] / :sh vllg dg nfu]f].

:shsf] alhf/f]of s; /l eof] <

z'df lhNnf lzlf sfoffo sf7df8f]6 ; xofu] lnP/
cgf]krf]s -; flf/tf_ slff ; -rfng ul/of]. !@=:%
hgf hlt cfpng\eg] slff z? u/}f] t Ps ; o hlt
sDfsDl kf] hDdf eP U Itgx;n] /fd] E l; s]. oib
ltgnf0{ xfdln] tlg dlxgfs] slffdf dfq ; lldt gu/]
:shdf %Jo]l:yt tl/sin] lzlf lbg]xf] eg] Itgn] %g\
slt /fd] ; t l; SngveG] gofFcfz / pdE hufof].

;?cft s; /l eof] <

@)%& ; fn lzj/flqs] lbg djh] afF ; 'ngaf6
ljBfnosf] ;?cft u/}. t/ df]g; x; n] gkTofpng\

cfj /Of cGtjff{k

d hlxn] klg sdhf] lj Bfyl{ /lx/xF.
 k9f0 k'f gu/L d @)\$^ ;fnlt/ lknldsf]
 lx/f] / lgbz's xg] ; kgf af\$] dDa0{t/
 xflgPF. dDa0df s/La ;ft jif{latfP/
 3/ kmsI/ @% jif{sf] pd]df, t]f] k6sdf
 P;Pn;L kf; u/F.



1s/Of k08]

clncln klg ; xofu gunf0\eg] lj Bfno vflg nfu\$]
 s/f s; hf0{ klg elggF. dh] sfd ul//x\$] Snan]
 afn lziff ; ~rfng ul//x\$] lyof]. To; h] Toxl afn
 lziffn0{clnslt a9fpg' k'of] To; sf nflu afF rfxof]
 eg] ufpfhf0{ egF. ufpdf afF k] :t lyof]. cf'gf
 5f]f5f]ln] klg k9g] t x]eg] ufpfh]n]; lhn}E \$-%
 3gf afF lbP . ; Sg]n]cln cln k}f klg lbP . Toxl
 k}f sfdbf/nf0{ lbPF. h:tfkftf rfxFpwf/fdf NoFPF.
 @)%* ; fn h]df lj Bfno tof/ xdf ; ahgf 5Ss k/].
 h] @* utblv sdfs]x; cfp/ k9g yfn].

lj Bfno vflk15 w]h] w]}y/lsf s/f u/]. afFn]
 agfPsf]lj Bfnodf k9fpg] /] ; o ?k'of c^u]h lziff
 lbg] /] u eg] s/f sf6]. sltkon] t pQdn] aRrfsf]
 eljio cGwsf/ kfg{/ 7Ug nfllof]eg] ufnl klg u/].
 t/ d cfI00gF. gofFsf d ug{ nflu b6slf6k0fl ug'
 dfgjto ; jefj xf]. d]f]w'of sf/Of ufnl ug'x; ebf
 d]f] sdnf0{df of ug'x; w]}eP .

:sh z? u/\$] klxnf] jif0} ; f9] cf7; o lj Bfyl{
 eP . cfkm' E k}f lyPg, lj Bfyl{sf nflu tflsPsf] ?=!
 ; on] cfwf vr{ klg gwfg] s/f z?d} yxf lyof].
 tnasf]e/kbf]Jo; yf lagf lzifs /Vg ; lhnf]lyPg .
 Toxl eP/ lrg]hfgsf / ; Dksf cfw/df #^ hgf
 lzifs egf{ul/of]. t/ tlg dlxgf; Dd klg tna lbg
 ; lSpG . oxF yk al; of] eg] k}f klg kf0f, %g
 ; d:ofdf kmF G5 eGg] ; f] lzlfsx; n] wdfwd :sh
 5f8g yfn]. tTsnsf] cfly\$; 16 xn ug{ rfxFto; n]
 klg km0b}k'ofof]. 5f8] hfg]hf0{ lbgkg] k}f a; \$fnf0{
 lbg kf0of]. gofFcfpg] klg tlg dlxgf; Dd sg{tof/
 xg]eP . 5f8] hfg]h] tlg dlxgfsf] k}f 5f18lbdf dnf0{
 Jo; yfkg ug{ lgs} ; lhnf] eof]. t/ k15 dh] pglx; sf]
 k}f lt/].

**cfly\$; xofu / rGbf rfxF slxn]v kfgp
 yfNgeof] <**

dh] Snaaf6 cgrkrfl/s slff z? u/k15 To; af6
 kefij t eP/ :sh z? xgeGbf klxn] g} bfh] g]du]hn]
 ?-%) xhf/ rGbf lbgeof]. :sh z? u/k15sf] Ps jif
 w]}x08/, bMv, si6 efl]uof]. d lj leG JoI0mx; E
 ; xofu]sf] ofrgf uy] t/ rfxP hit ; xofu kfgp]
 ; s\$] ly0gF. Ps lbg sflg'tk/ blgssf ; Dkfs oj /h
 l3ld/hf0{ uP/ eP] cf'gf] ah]la: tf/ nufPF. pxfh]
 kqsf/ lul/z lu/lnf0{dsxfk7f0lbgeof]. pxfh] sf] hl

kl/lzi6f]df k'f Ps kfgf 5flklbgeof]. To] k9]
 c^w/afaf hfzln] To; sf] b0{ lbgk15 #! xhf/ rGbf
 lbgeof]. To; k15 lj :tf/ w]y]f] ; xofu cfpG yfNof].
 of] ; yf oxFDd cf0klgdf kqsf/x; sf] 7hf] ; xofu
 /x\$] 5 . kqsf/x; s}sf/Of dgsf/L dflg; nf0{ :dtsf]
 cleofg / o; n] ; fdgf u/\$] ; d:ofsf af/df yxf
 e0/x\$] 5 .

**:shnf0{ ; xofu ug] dxl]jk0f{ dflg; x; sf] gfd
 atf0lbxgf] \g u**

clxn] Dd ; xofu ug'x; sf] ; Fl t w]}nfd] 5 . z?blv
 g] ; xofu ug' sfnsf/x; dbgs]of >]7 / xl]j z
 cfrfo{ xgxG5 . dnf0{ w]h] glrGbf / w]h] lj Zj f; gubf]
 pxfh]n] lj Zj f; ug'Psf] xf]. pxfh]n] c;nf0{ klg
 ; xofu ug{ k]t ug'G5 . To: t} cflg 5f0E 8f]df /
 8f= ; Gb/dl0f bliftn] klg ; xofu lftx; vfl]hbgxG5 .
 lgoldt ; xofu ug' rfxFe/t a: g] ; rfw/L uk 5 .
 e/t a: g]n] of] :shsf] hlufsf] aflif\$ ef8f ?= # nfv
 % xhf/ tl/lbgxG5 . rfw/L uk]n] dlxgfsf] ?=@% xhf/
 ; xofu lbG5 . gjnk/f; ldf :sh agfpgsf nflu eg]
 lj g]h] rfw/lhln] 8p dlxgfc13 cfkm] cfp/ ?=#% nfv
 rGbf lbgeof]. !)=@) xhf/ lbg] t w]}dfG5; 5g
 h; sf] gfd oxfln0/xg ; Dej klg 5g . lj bz] ldl8ofn]
 klg krf/k]f/ u/k15 ofF cfp/ lj bz] x; af6 klg /fd]
 ; xofu xft kg{ yfn\$] 5 . sh vr\$] krf; kltzt
 hit zNs ?=!) klt] Bfyl{ klt] dlxgf_n] wfG5 eg] afFl
 rGbf- ; xofu cfp5 .

jflif\$ vr{slt x65 <

hf]kf6l :shsf]dfq jflif\$ vr{s/la ?=@& nfv xG5 .
 ; a} :shsf] vr{ hf]kf6l t jflif\$ s/la ?=! s/f\$
 kU5 .

**:shnf0{ cfdlge{ agfpg] ; f] 5 ls ; w} rGbf d]
 rlg] <**

o; nf0{ cfd dflg; sf] kxFsf] :shsf ; kdf /Vgsf nflu
 zNs j]4 ug{ ldnbg . xfd cfkm] cfdlge{ xg; Sg]
 cj: yf sDtdf klg s]l jif\$ nflu 5g . To; h] rGbf



/fhgllts x:tlfk aGb ugI gJf / sd{f/ln}cf^gf sDfsDl ;/sf/L :shdf k9fpg] tyf :sh Joj:yfkgnf0{ :j tGq sfd ug{ lbg] x] eg] @:# jif0} ;/sf/L :shdf pln}vglo ;wf/ cfpq\$. t/ /fhgllts kf6L{x;n} ;dfh / :shdf hg ljifj [f /fk\$5g\ h/fb]v g}To; nf0{pv]lg ;aeGb a9L ;do nflu5 . t/ of] c;Dej eg] 5g .

;xof]usf] ckl n ug{ xfd] afWotf x] . xfdln] :jR5 tl/sfn]klAnssf]lxtdf sfd u?-hjh :sh rnfpg kUg] u/L rGb f cfp5 . d To;df 9Ss 5' .

rGbnufot ; dtfsf ; a}lx; falstfax; cBfj lws / kf/bzl{ 5g\<

5g\ . xfdln] ; a}lx; falstfa b?:t kf/ /Vg] u/\$f 5f} . n}yf k/lifof klg e0/x\$]5 . xfd]lx; falstfa ; w}; a\$ nflu vNnf 5 . ; a}lx; falstfa ; fj klgs ugI dfWodsf ; kdf j\$; f06 agfpg] tof/ldf 5f} .

lzlfnsf0{s; /L sfddf plk]v/t ug{65 <

of] k}f sdfpg] Wofaf6 geP/ u/lasf 5f}f5f]lnf0{ lzlf lbj]kof; ul/Psf]x]eGg] s/f ToxfFizlfs aGg cfpqgh] z?d}a%\$]xG5 . slffdf k; kl5 To; nf0{p; n] %g\ulx/f]l; t cfd; ft\ug{ kU5 . cfly\$ lx; falstfa nufot ; a} s/f kf/bzl{ePsfh]klg pglx;nf0{clek]v/t u/\$f] h:t] nflu5 . oxfFizlfs ag] cfpq] ; a} hgf ; j]fej]n] cPsf 5g\ . gfd rn\$ f lghl :shdf /fd] tna / ; ljwf lnP/ k9fpg] ; fyLx; klg oxfFogtd ; ljwdf sfd ul/x\$5g\ . cGt hflu/ vfg] ; dtfdf ; j]f ug] eGg] efjgf pglx;df kfPsf]5' . lzlfxs;af6 d vzl 5' . ; a}lzlfxs;n]o; nf0{cf'g};sh 7f65g\ . Toxl cg;f/ tg, dg / wg nufP/ ; j]f u/\$f 5g\ .

; dtfn] uOf:t/lo lzlf lbPsf] 5 <

dnf0{ uOf:t/lo lzlf]sf] af/df ToIt w} } yxf 5g . xfdl oxfFsf]x;nf0{;dfhkltsf]st{0, g]ts lzlf, cgzf;gsf]dxl] h:t s/f a}fpg]sddf lj z]f hf\$ lb0/xsf 5f} . xfdl cIn a9L Joj x]l/s lzlfdf hf\$ lbG5f} . yfglo 7fpF/ kl/l:ylt ; xpf]lj ifo klg ; E; E; k9fpg] ljrf/ u/\$f 5f} . pbfX/0fsf nflu Onfdfs] :shdf lrof, cnF]sf]v]l af/df klg Joj x]l/s ; lk tyf 1fg lbgk5{eGg] xfd] dfGotf 5 .

oqf] :sh vfl]g] lxDdt / cf6 rfxFsfxf6 cfof] <

of] of]hgfa4 9En] ul/Psf] sfd} xF0g . of]hgf agfpg yfn\$]eP xfdl cfh of]c] :yfdf xg] }lyPgf . of]hgf agfPsf] eP z?d;w} }k}f rfxGvof] . Tof]k}f g d; E

lyof] g t d h6fpg ; SyF. dh] lxDdt / cf6; lxt of] sfd z? u/\$f] klg xF0g . of]t oIQs}z? ul/Psf] sfd x] / of] t]sfnsf] cfj Zostf 6fg] sfd ubf{b}oxfF0d cf0ku\$] cleofg x] .

lg/Gt/ v16/vG] zI0m / k}Off sxfxf6 k]kt xG5 < xfdln] k9f0lbPgf] eg] aRrf ; 8sdf kU5 . of] gdl7f] tYon] dnf0{yk aRrf;nf0{ :shdf Nofpg kl/vt u5{ . :shsf]sDkfp08df kl; ; skl5 d sDfsDlx;sf]cgx]df vzl 5rllnsPsf]bV5' . pglx; laxfg]v :shdf cfp5g\ ah]sf klg 3/ hfcf] eg] eGg] k5{ . pglx; :shdf /dfPsf]bVbf dnf0{cbet cfgGb cfp5 . Tof] cfgGb g} d]f]zI0msf] ; f] x] . lknld lfgdf ug{vfl]sf] sfd ug{ ; lsgF. of] sxl /fd]e0/x\$]5 eg]o; nf0{; kmntsf] lzv/df k}vofpg lsg gnflg] eGg] ; f]sf sf/of d v16/x\$]5' .

casf] of]hgf s] 5 <

csf] jif{ bz hf\$ b0{vfl]g] of]hgf 5 . :gfts; Dd k9f0 xg] ; dtf sn]h klg vfl]g] ljrf/ 5 . g; l]df ?=l ; o zNs lt/} :shdf k; \$] aRrfn] k9b} uP/ :gfts k/f ubf{klg Tof\$Gbf a9L k}f ltg{gk/f] vEg] 7fg\$]5' .

:sh slt lhNndf lj :tf/ ug] of]hgf 5 <

kl5Nnf] ; dodf cP/ t nf]g :sh vfl]hlg k}vof] xfdl hluF lbG5f}olt cfly\$; xof]v u5f]eGg]k]tfj x; w]h; j] lhNnaf6 cPsf]5 . t/ dfu eP cg?k xfdl :sh vfl]g ; Sb}f} . d]f] ljrf/df jifdf rf/]6f hit lhNndf :sh vfl]g ; lsg5 xfhf .

g]knsf ; a} ; /sf/L / ; fdbflos :shnf0{ ; dtfs} xf/fx/ldf Nofpg ; lsbj <

; lsg5 lg, lsg g; Sg' . Joj:yfkg klf sdhf] eP/ ; /sf/L :shsf] of] ult ePsf] x] . Joj:yfkg ; wf/ ug] x] eg] lgZro klg ; a} :shx; /fd] xg\$g\ . /fhgllts x:tlfk aGb ugI gJf / sd{f/ln}cf^gf sDfsDl ; /sf/L :shdf k9fpg] tyf :sh Joj:yfkgnf0{ :j tGq tl/sfn] sfd ug{lbj]x] eg] @:# jif0} ; /sf/L :shdf pln}vglo ; wf/ cfpq\$. t/ /fhgllts kf6L{x;n} ; dfh / :shdf hg ljifj [f /fk\$5g\ h/fb]v g}To; nf0{pv]lg ; aeGb a9L ; do nflu5 . t/ of] c;Dej eg] 5g .

tkf0{s:tf] dflg; x] <

Tof] t c;n] dNof]g ug] s/f x] . d aRr]v 7hf] s'/sf] 0R5f /vYf. plQ g} ; do nflu] x] sf]l Ps ; o sdfp5g\t sf]l Ps xhf/ clg sf]l kfF nfv . d rflx% nfv sdfpg lxBg] vfn]sf] dflg; xF .

cfh; Ddsf] cgej sf] lgisif <

To; a;geGb sxl ug{cu} / xgkg] / x\$. ; dfhsf nflu sxl ug{vfl]g] dflg; n] ; fy ; xof]v gk]fpg] eGg] xF]xG5 . /fd] sfd e0/x\$]5 / ; xof]v] b?kof]v ePsf] 5g eGg] s/f 5nE ePk15 ; xof]v kf0F]x\$. ; dfhsf] nflu sfd ubf{hg 0Hht, dorf / ; Gtli6 k]kt xF]x\$, To; af6 k]kt xg] cfgGbsf] sxl; E thgf g}xg; Sb} .

lj j } gfm P; Pn; L glthf

kf= 8f= dgk; fb jfln1



sxl cgf}f sf/Of / ; wf/sf pkfo

siff !) af6 dfq k/Liff lng yfnk15
klo\$ jif{ kfF kl'tztsf b/n] pQLOf{
kl'tztdf j[4 ePsf] 5 . olb oxl qnd
hf/L xg] xf] eg] @)&# ; fnsf] P; Pn; L
k/Liffdf ztkltzt lj Bfyl{ kf; xg\$g\.

lj ; *!(()) blv ; ~rflnt gkfnsf]
= P; Pn; L k/Liffn] @)^ ^ ; fn; Dd
klg laBf] yfDg] sfd u/\$f] 5 .
af86/ bz hgf /fv] ; jf]s[6 5fq / 5fqf
5fGg] sfd ca Oltxf; e0; s\$] 5 . a?
klxnf .ljz16 >flW eGg] xB}yofl] sxl jif6tf
cfP/ o; sf]k'ng z? ePsf] 5 . P; Pn; lnf0{
kmfd] 9f\$; fljt ug{ c%} dflg; x; sDd/
s; } nfu\$} 5g\ . k/Liffdf xgkg] ; wf/sf
s'f w} ; Gg kf0G5 t/ ; wf/ blyg uxf] 5 .
k/Dk/f wfGg] lx; fan] gkfn ; /sf/n] cf'gf]
stfo lgjfx u/\$f] 5 . o; df lzlf dGqno,
k/Liff lgoGqof sfoffo / k/Liff ; DKGg ug{
; xofl] ug]lgsfox; bE 5g\ . xg klg k/Liffsf
ljifodf jifdf Psk6s glthf lg; sk15 s/la
Ps xktf o; af/] 6lsf16kk0fl xg] xf] . To; k15

; a}rk . o; n]klg lg/Gt/tf kfPs}5 . h; n]
h]l6kk0fl u/]klg h:tf] ; %fj lbPKlg P; Pn; L
k/Liffsf] k4ltdf 7f] kl/jtg ck]ffcg?k
6f9\$] ljifoj: t' ag\$] 5 .

P; Pn; L; DaGwl k15Nnf] cWoog kl'tjDgn]
; %Psf elgPsf t/ s/la Ps bzsc13blv
lzlf Ifqdf nflgk;n] p7fPsf cfjfh sxl
xb; Dd gkfn ; /sf/n] nfu" ug{ vfh\$]
kf0G5 . tl klg klqmfut ; wf/sf ; jfndf
eg] ; fx}sd dfq . siff (/ !) af6 ; flwg]
kZgnf0{ ut tlg jif6]v siff !) af6 dfq
; flg]lg0f6 ; jfutofl]o xf] . t/ of] E uff; Psf
cG0 z]lfs ; jfnx; sf] ajf:tfn] ; ^Voffds
pQLOf{ kl'tzt a9b; uPsf] / uoffds v: sE]
hfg yfn\$] cgej klg ol tlg jif\$ glthf
/ ltgn] ptkfbg u/\$f] . P; Pn; L uof]hb6lx; df
ug{ yfn; l; sPsf] 5 .

k/Liffdf ; s]Dd w}hgf kf; xgk5{ .
t/ .w} ; kf; xgk5{ eGg] dfGotfnf0{ ; fsf/
kfbf{ k/Liffsf] dof]hfnf0{ klg Vofn ugkg]
xG5 . lzlf0f-l; sf0 klqmf / ljBfyl{ dNoflg
Pscsf\$ k's xg\ . lzlf0f-l; sf0df ; wf/
cfPsf] 5g] eg] dNof]gsf] glthdf zlf ug]
kz: t 7fpf/xG5 . siff !) af6 dfq k/Liff
lng yfnk15 klo\$ jif{ kfF kl'tztsf b/n]

pQlOf{ kltzt df j[4 ePsf] 5 . olb oxl
 qmd hf/L xg] x] eg] @)&# ;fnsf] P;Pn;L
 k/Llffdf ztkltzt lj Bfyl{ kf; xg]5g\
 xgt ;g\ !((* df tof/ ePsf] dflWolds
 lzlfssf] !% jif] ofhgfn] ;g\ @)!@ cyff\
 @)^& ;fnsf] P;Pn;ldf ztkltzt lj Bfyl{
 pQlOf{ xg] dxlfj fsf^Nf g/fv\$]f] xf0g . ofhg
 agfpg' / lj Bfyl{ kf; xg' alrsf klqmfds
 txx;nf0{ a]f:tf ub] h; /L ePklg P;Pn;L
 pQlOf{ u/fpgkg] ;/sf/L wf/Of / h; /L ePklg
 kf; xgkg] lj Bfyl{ cleefjs Pj+lzlffsf]
 cfsf^Nfnf0{ dt&k lbg] x] eg] k/Llffsf] dof
 lj k/Lt sf d xg hf05 / ;^Vofds j[4d]
 ; ah] lrQ a%fpgkg] xG5 .

a9L kf; xg]sf sxl c:jfefljs sf/Of
 ; sf/Tds ;kdf xbf{sLff !} sf] kf7dqmdaf6
 dfq kZg ; flg ylnPk15 j[4 xG] uPsf]
 pQlOf{kltzt /fd] x] . o; n] Psf tkk] lj Bfyl{
 dfq; s tgj sd u/\$] 5 eg] csf] km
 !} jif\$] dxgtsf] kltkm kkt ug] cj; /
 lj Bfyl{;nf0{ lbPsf] 5 . t/ oln] dfq lrQ
 a%fpg ; lsg] 7fpFeg] / xg . lsgg] ; yfut
 -lghl lj Bfnosf lj Bfyl{;sf] pQlOf{ kltzt
 klxn]g]w] ;lyof] To; df vf; ; wf/ ugkg] 7fpF
 /xg . /Xof] ; fdbfos lj Bfnosf] s/f] cj Zo
 klq pQlOf{kltzt a9]f] 5 t/ o; sf] kl6af0F
 ug] cfw/ e\$fg eg] sl7g ePsf] 5 .

P;Pn;Lsf] k/Llff kl/Ofddf ;^Vof dfq]
 a9]df tnsf sf/Ofx; /x\$] 5gM
 lzlf b/ablsf] cefjM lzlf dGqfnon] tlg
 jif] lj Bfno lzlfdf ^) xhf/ lzlf cku
 ePsf] tYof] ; fj] lgs u/\$] u0} 5 . ut
 jif{ ;/sf/n] !@ xhf/ lzlf dfq ykg] lgo0
 uYof] . lj Bfyl{ ;^Vofsf] j[4sf sf/Of clxn]
 cfP/ kgM ^% xhf/ lzlf gku ePsf] tYof
 cfPsf] 5 . bu0 :yfgdf c^a]hl, ul0ft
 / lj 1fgsf lj ifo-lzlf gkP/ ; fdlhs
 lzlf / gkfnl lj ifosf lzlf n] tl lj ifox;
 k9fpgkg] aflWotf 5 . c% sltko 7fpF;df
 of]otf kl\$] lzlf geP/ lgDg dflWolds
 txsf lzlf x; n] g] ; a] lj ifo wfG] u/\$]
 5g\
 P;Pn;ldf lsg w] } lj Bfyl{ c^a]hl,
 ul0ft / lj 1fgdf cgQlOf{ xG5g\ eG]
 lh1fzsf] hj fkm oxl kl/l:yltn] lb0/x\$]
 5 . To; h] lzlf cefj df ulhPsf xdf]
 ; fdbfos lj Bfnosf lj Bfyl{sf] pQlOf{
 kltzt qmdZM a9] hfg' c:jfefljs 5 .
 lzlf of-l; sf0 klqmfM lj leGg j xfgdf xg]
 x8]fn, rSsfhd / absf sf/Of lzlf
 lgodfj nln] jifdf !*) lbg k9f0 xGk5{

lr6 kyf k'/fg]/f] x]. vhfdf lsf a kl6P/
 Pscsfdf lgw\$; ;\nfx u/], sfkl ; f6f; f6 u/],
 af\$df n]lvPsf pQ/x; ; ah] ; f/] k/Llff s0]
 SAhf u/L cf^gxf;nf0{ ; xof] ug] k\$[tsf] P;Pn;L
 k/Llff lj ut b0{jif0tf dfq}z? ePsf] x].

egklg To; sf] kfnf ug{ ; lPsf] 5g . c%
 lj s6 kxf8L lf0df zlfS Sofn08/ glDngfn]
 cfw klq k9f0 xg; Sbg . lzlfssf] sfh ; ?j,
 lzlf tln, lzlfssf cG sf / sltko
 7fpF cG Joj; fo ; d]sf sf/Of ahfahdf
 lj Bfno lzlf cj?4 ePsf] 5 . o:tf] cj:ydf
 klq pQlOf{kltzt a9] cgf]g] x].
 dNof] g lj lwM 3f\$] lj Bdf cfw/l t xdf]
 P;Pn;L k/Llff lj Bfno lzlfssf] clGtd laGbsf]
 Psdf dNof] g lj lw x]. sxl lj ifodf ln0g]
 kof]ufds k/Llffsf] lj Zj; glotdf zlf ug]
 kz:t 7fpF5g\
 lj Bfyl{.u] kkl/ / kZgf0/
 uf08sf] e/df cfknhf0{ P;Pn;ldf xflg] u/\$]
 5g\
 To; h] clxn\$] pQlOf{kltzt lj Bfnosf]
 lzlf of-l; sf0 klqmf] pkheGf klq .u] kkl/
 3f\$] / 6a; gsf] kl/Ofdf dfq ; lsg5 .
 o; \$f/Of P;Pn;L pQlOf{x; dW0] w]} sddf dfq
 ldtfsf] klxrfg ug{ ; lsg5 .
 k/Llff k4ltM k]0\$ lhNndf klhcsf]
 cWlftdf ul7t k/Llff ; ldtfdkM P;Pn;L
 k/Llff ; -rfng ug] kl/kf6l /xG] cfPsf] 5 .
 k/Llffsf ahf ; /lff kbf] ug{ ; km of] ; ldt
 k/Llffsf] dof sfod ug{eg]c; dy{xg] u/\$]
 5 . lr6 kyf k'/fg]/f] x] tklg vhfdf



Ij]gfm P; Pn; L glthf

kf7ak'ts lj Bfyl[sf] ; xofjil dfq xfl] ; ayf\$
xf0g . ha; Dd kf7aqmnd] plnny u/\$f l; sf0
pknlAwx; k]to\$ lj Bfyl[cf k'/f eof] ePg eg]
k/Llfof ug]k4lt aGb; ta; Dd xfdl lj Bfylk;
..leqsf v[qr / aflx/ afqml dfq blvg] 5g\.

Istfa kN6p/, Pscsf[lgw\$S ; Nnfx u/],
sfkl ; f6; f6 u/], af\$[n]vPsf pQ/x;
; ah] ; f/] -df; lrl6^a, k/Llff s[bl] sAhf
u/L cf^gxf; nf0{ ; xofjil ug] k\$[tsf] P; Pn; L
k/Llff lj ut b0{ jif6tf dfq} z? ePsf] xfl].
; fdbilos lj Bfnosf lj Bfylk; df of] cf/fk a9l
nflUg] u/] klq ; yfut lj Bfnosf lj Bfyl{ klq
o; df plQs}; fdh x65g\ . zx/L l[qs} s/f ug]
xfl] eg] klq cf^gf lj Bfyl{ k/\$f] k/Llff s[bl]df
; yfut lj Bfnosf lk]G; knn] .. l6 knfgldf
dx[lj k0f{ eldsf lgj f; u5g\ . .. l6 knfgl
ubf{ /fdl] lj Bfyl{ / sdhf] lj Bfyl{ E} kg] u/L
knfg ul/G5 . clg t ePg rdTsf/- h:tf] s}
sdhf] lj Bfyl{ klq pQl0f{ l ztkltzt b]vfpq
/ cf^gf] Jofk/ a9fpg kluxfl0f] d; nf l o;
k\$[sf] dof]xklg k/Llff k4lt sfod /x] Dd
P; Pn; L s]n ; ^aWofds vjh dfq xg\$ /
gkfnsl] lzlfss] lvNnl pl8/xg\$.

u0f:t/ psf:g] pkfo

u0f:t/ j[4 ub] ghfg] xfl] eg] xfdl z]lfs
pTkfbgx; a]fhuf/s} e08f/ xB} hfg5g\
/ ltgs} sf/Of ; dfh hlxn] klq ktfl8t
e0/xg\$. Psftkm{ cleefjs / lj Bfyl[sf]
nufgl, csf]km{ lzlfss / lj Bfnosf] kl/>d
v] u0/x\$] 5 . P; Pn; ldf pRr c] kkt
u/L pQl0f{ xg} klq slff !! / slff !@
df sl7g kl/l:yltsf] ; fdgf ug{ aflWo 5g\
sltko t k]z k/Llff] c; km xg] u/\$f]
tYo klq ; fj]lgs ePs} xfl]. To; h] u0f:t/sf]
lr6tf ; ah] lngkg] blvPsf] 5 . To; lgldt
lgDg aBf pkofjil xg; S5gM
kf7aqmndf Wofgm gkfnsl] ; Dk0f{ lzlf k4lt
kf7ak'tsdf cln%Psf] 5 . t/, kf7ak'ts

;fwg dfq xfl] ; fllo xf0g . cyff\kf7ak'ts
lj Bfyl[sf] ; xofjil dfq xfl] ; ayf\$ xf0g .
ha; Dd kf7aqmnd] plnny u/\$f l; sf0
pknlAwx; k]to\$ lj Bfyl[cf k'/f eof] ePg eg]
k/Llfof ug]k4lt aGb; ta; Dd xfdl lj Bfylk;
..leqsf v[qr / aflx/ afqml dfq blvg] 5g\
s/la ^) klTzt eGb a9l lzlfnsf0{ kf7aqmnd
s] xfl] yxf] 5g . kf7ak'ts lj sf; ug] qmddf
kf7aqmndsf] l; sf0 pknlAwnf0{ Wofgdf /Vg
v]l]hPKlg kf7ak'tssf] ; f0h, jflif\$ 306l Pj +
kf7ak'ts nyssf ljifout wf/Ofsf sf/Of
ztkltzt ; kdf klTj lDat ug{ ; lsPsf] 5g .
cEof; / kof]usf cfw/df k/Llfof ul/gkg]
sltko ; lk ; Da4 klfx; Pp6f jf b0]6f
kZgsf] pQ/ n]vP/ %f/f 6f/G5 . o; \$f/Of
sdhf] ePsf xg\ xfdl pTkfbgx; - g t
; lk, g lfdtfl s]n kZgsf] 7f8f] pQ/ lbg]
; kmntf .

slffut / ljifout lzlfsm ha; Dd k]to\$
slffdf k]to\$ ljifosf of]o lzlfssf] Joj:yf
ul/ta; Dd u0f:t/ ; Dej 5g . sd of]otf
ePsf lzlfss / ljifo gldNg] lzlfsaf6 ul/g]
cWofkgaf6 kf7aqmnd] ck]ff u/\$f pknlAw
xfl; n xg; Sbg . kf7aqmnd] t\$[sf] ljifoj:t' ; a;
gk9fpg] 5fg/ k9fpg] / #@ c] cfpq] u/L
lj Bfyl[0f{ tof/ kfg] w/] ; lj Bfnos; 5g\ . o; af6
pQl0f{ ; ^aWof t a9hf t/ u0f:t/ a9bg .

; lfd lzlfsm lj Bfyl[sf nflu n]vPsf] kf7a
ok'ts k9] To; s} e/df k9fpg] xfl] eg]
lzlfssf] 1fg / lj Bfyl[sf] 1fgalr vf; } cGt/
/xBg . kf7ak'tsdf lb0Psf ljifoj:t;x; nf0{
Toxl ; kdf slffdf kfbg ug{ / To; df yk
v/fs k]tt ug{g; Sg' xfdl lzlfssf sdhf]l
xg\ . tflsPsf kf7ak'ts cWofkg ug{c; sg-
sg k'ts k9gk5{ s:tf:s:tf] cq; GwgfTds
s[tsf] v]h xgk5{ / tl 1fgnf0{ slffdf s; /
; dfofhg ugk5{ eGg] 9Esf lzlfss nfvdf
Ps el]6P efllo lTo; h] t kf7ak'ts ahf/df
kf0Pg eg] slffsf] k9f0 g} aGb x65 . Pp6f
:gfts tx pQl0f{ tflnd / cWofkg cgdlt
kkt cgejl lzlfss] slffdf k9fpg ahf/sf]
kf7ak'ts kv] a:g' nfhdbf] s/f xfl] . ; lfd
lzlfss] kf7aqmnd x\$; To; df n]vPsf l; sf0
pknlAw lj Bfyl[cf xfl; n u/fpg] jflif\$ of]hg
tof/ kf5{ cfj Zos ; Gbe{k'ts cWooog u5{
; fdul h6fp5 / lj Bfyl[0f{ cuf]8 a9fp5 .
lzlfss ; lfd eP dfq lj Bfyl[sf] :t/ j[4 xg]
xfl] .

lgoldt dNof]gM dNof]g jifdf Psk6s u/]
klub; . xgt clxn] tlg j6f qdfl; s k/Llffaf6
lj Bfyl[sf] efllo lgwff]0f ug] k/Dk/f lj Bfnodf

kf7ak'ts ahf/df kf0Pg eg] slffsf] k9f0 g} aGb
x65 . Pp6f :gfts tx pQl0f{ tflnd / cWofkg
cgdlit kkt cgejl lzlfss] slffdf k9fpg
ahf/sf] kf7ak'ts kv] a:g' nfhdbf] s/f xfl] .

5 t/ klg kf7ok:tssf] 1fg dfkg ug[afx\$
 cGo rng 5g . kTo\$ ljBfyl{sf] kmfOn
 v8f ug[/ pglx;sf pknAw / sdhf]lnf0{
 clen; ug[k'rng 5g . clt dxEf ; ;yfut
 ljBfnodWo} s;ldf of] ev{ z? ePsf] 5 .
 sdhf] ljBfyl{nf0{ a;h;f k[7krf]of lbP/
 sdhf]l x6fpg ;lsPsf] eP zfoB k/Llffdf
 .knh; zAb g} xB;Yof]. ljsl;t dh'ssf
 ljBfyl{x;df of] nfu" ePsf] 5- sf;kl cgQlOf{
 xB;g\ t/ ; a;Ps;ks pQls} lfdtfsf ; fy
 klg pQlOf{ ePsf xB;g\ . pglx;sf] lg/Gt/
 dNof]g / To;af6 k;kt glthfsf cfwf/df
 pglx;sf] ; kmtf ; lglZrt ul/G5 . slff
 !) sf] k/Llffsf] cGTodf of] jif{ #e kltzt
 ljBfyl{ c%} c; km blvg;sf] Pp6f sf/Of
 of] klg xf]. pQlOf{ ePsf;x;dWo} klg sf]
 sg ljifodf lsg sdhf] /Xof] eGg] cWoog
 g t klxnf ul/Gvof] g clxn] xfhf . hf]
 h;f sdhf] ePklg dfs{[6n] kf; hgFPkI5
 kluxfNof]. To;sf]c; / pRr dNolds txsf]
 lzlffdf uPkI5 blvG5 .

To; h] P; Pn; l k/Llffnf0{ kmfd] 9f\$;sf]
 ; f; lbP/ hfFsf] qf; -PShfd kmf]aof
 ; h;f ug;Gbf lg/Gt/ dNof]g k4lt ckgfP/
 ljBfnosf] cftl/s dfdnf agfpg' pQd
 xg\$. h; /L slff ! blv (;Dd ljBfnodf
 k9fOG5 slff !) klg To;t;Pp6f slff xf] /
 o;nf0{ ljz]f dxlj lbgkg] sg} sf/Of 5g .
 /fli6e k/LlffM x/\$ b;zd /fli6e ;kdf
 k/Llff ; ~rfng ug[k4lt xG5 . w;h;f]
 b;zd of] txut xG5 . ljBfno txsf] cGTodf,
 snhsf kTo\$ txsf] cGTodf, ljZj ljBfnosf]
 kTo\$ txsf] cGTodf cfb . xdf] b;zd slff
 !), slff !!, slff !e clg ljZj ljBfnosf]
 cGo txdf klg kTo\$ jif{/fli6e k/Llff lng]
 k'rng 5 . o; n] ljBfno / snhx;nf0{
 lzlfOf-l; sf0sf] uOf:t/eGbf kTo\$ jif{ ln0g]
 /fli6e k/Llffklt a9L ; hu u/Psf] 5 .
 To; h] ca ; wf/ xg nfu\$] ljBfno tx slff

;/sf/L ; eGqdfly ; d; cgludg ug[
 lx; fan] afXo cgludg 6fh]l agf0{
 ljBfno ; wf/df ; 3fpgk5{. afXo
 cgludg 6fh]ldf lzlfssf- ljifo ljz]f1
 / k;f; lgs blftf; d; ePsf
 ; b;ox; /flvgk5{. To:tf] 6fh]ln]
 lbPsf] ; %j x; ; /sf/n] :jlsf/L
 tIsfn sfof]j ogdf nhfgk5{.

Pp6f :gfts u/\$f] lzlfnsn] P; Pn; lnf0{ bz jif{
 k9fpbf p; sf] :t/ klg P; Pn; leGbf dfly p7g
 ; s\$] 5g . o; \$f sf/Of ck]lft pknAw xf; n
 xg uxf] k/\$f] 5 .

!e ; Dd xf] eg] slff !e sf] cGTodf dfq
 /fli6e k/Llff ; ~rfng ug[/ c; txdf :t/
 lgwf{Of u/ ljBfnon] g} k/Llff lng] k4lt
 clt cfjZos e0; s\$] 5 .
 cgludgM ; /sf/L ; eGqaf6 lzlffdf cgludg
 ug[g; lsPsf] sf/Ofn] g} z]lfs uOf:t/df
 xf; cfPsf] xf] eGg] s/df zlf 5g .
 ljBfno lg/lfs / ; f; JoIom;af6 ck]ff
 ul/Pcg?ksf sfd xg; s\$] 5gg\ . bu6
 e;sf ljBfnox; s; /L rln/xB;g\kQf] 5g .
 Ps kltzt klg ljBfyl{ pQlOf{ ug{ g; Sg]
 ljBfnox; c%} ; ~rfngdf 5g\ t/ lzlff
 lgodf] nln] tf\$;f] gl; xt sfuhd}; lldt 5 .
 To; h] cgludg ; eGq /fd] agf0gk5{ / ; /sf/L
 ; eGqdfly ; d; cgludg ug[lx; fan] afXo
 cgludg 6fh]l agf0{ljBfno ; wf/df ; 3fpgk5{.
 afXo cgludg 6fh]ldf lzlfssf- ljifo ljz]f1 /
 k;f; lgs blftf; d; ePsf ; b;ox; /flvgk5{.
 To:tf] 6fh]ln] lbPsf] klt; bgnf0{ ; /sf/n] :jlsf/
 ugk5{/ tbg; k ; %j x;nf0{tIsfn sfof]j ogdf
 nhfgk5{.

lzlfssf] k;fut lj sf; M lzlfxs;sf] k;fut
 lj sf; df vf; } Wofg lb0Psf] k0B; . cfkrl/s
 ; kdf lb0g] tlnf afx\$ /fli6e / cGt/fli6e
 l;df xg] ; ef Pj +uf]l/df xdf] lzlfnsn] cj; /
 kfp;g\ . obfsbf kf0xnf] eg] klg /fhglts /^a
 lnP/ a; \$fx;n] cf'gf] ; /sf/ ; Qdf xBf kfpj]
 u/\$f] tYo 3fdhlQs} 5n; 5 . To; h] lzlfssf]
 lfdtfd j]4 ug{ ; lsPsf] 5g . Pp6f :gfts
 u/\$f] lzlfnsn] P; Pn; lnf0{ bz jif{ k9fpbf
 p; sf] :t/ klg P; Pn; leGbf dfly p7g ; s\$]
 5g . o; \$f sf/Of ck]lft pknAw xf; n xg
 uxf] k/\$f] 5 . jflif; ; kdf of]hg agfP/
 kl/of]hgaf6 k;kt /sd o; tk; klg vr{ug]
 kl/kf6l a; flng] xf] eg] lzlfssf] k;fut lj sf;
 ; Dej 5 / To; ;fkm; uOf:t/lo lzlff lbg
 ; lsG5 .

o:tf pkfo cg\$g 5g\ . dh s/f s]
 xf] eg] /fhglts k]ta4tf lzlffdf c; flWo}
 v6lsPsf] ljifo xf] / ha; Dd /fHon] o;nf0{
 kf;ldstfd kf; cyj clxn\$] h:tf]
 b;fj 6l kf;ldstfd k5{ ta; Dd xdf] lzlff
 k4ltfd ; wf/sf] ck]ff ug{ ; lsG5 .

Ij]gfm P; Pn; L glthf

sžj k; fb eš/f0{



kžg u0f:t/sf] vfFf]s7f] sbdsf]

k/Llffdf xg] ; a)lsl; dsf clgoldttf /fšg /fHon]7f] gltt agfpgk5{. ; lldt cjlwsf nflu
/fhosf] lofo / ; /lff cE ; d] kl/rfng ugk5{. bfi]lnf0{hl/jfgf, yGg] / lzlfssf] xsdf b] }
; hfo; xlt tIsfn cjsfz lbg] a9]f /fšg] / 36]f ug]ufotsf s7f] sbd rllg ; Sgk5{.

@)^% ; fnsf]P; Pn; ldf otfsf j ifx; df ; aEgf a9l
^*=\$& kltzt cyf{c9f0 nveGbf a9l lj Bfyl;
pQlOf{eP . o; n] htftt} zGotf, lg/fzf / ltQmtsf
alr afRg afWo gkfnl hgtfnf0{sxl lbgf] nflu eg]
klg sxl v; l / ; Gtfr lbPsf] 5 .

k/Llffsf] kl/Offd; E] o; nf0{lj leGg sf0faf6 xg] /
l6kk0fl ug] qmd klg z? ePsf] 5 . of] : jfe]js klg
xf]. lzlf lřdf lj Bdfg oltlj eg ; d:of / c/fhstfleq
olt /fd] kl/Offd ; Dej 5 <kžg cToGt ; /n / sl7g
klg 5 . lj Bfinox; df k9g] k9fpg] jftfj /of 5g t/
@)^! ; fnb]v lg/Gt/ kl/Offd dfly plSn/xš}5 lnuflg
cg?k kl/Offd cPsf] k7dQmd, lzlf0f-l; sf0df ; wf/ ePsf]
sf/0fnf0{h; lb0/xšf u0ffds lx; fan]kl/Offd ; sf/tds
g/xšf] k/Llffdf lgjřv rř]l ePsf] z]f]s:t/df eGbf
kl/Offddf c] ykg ; /sf/ nflu/xšf] eGg]h:tf kltlqmf
klg c0/xšf 5g\.

j:ttM o:tf l6kk0fl df ; Totf 5 . lj Bfyl{/ lzlf]n]
kl]tshtfx; E hnb}ldxg] ul//xš}5g\ . ; /sf/n]cf'gf]
atf / ; ldfleqaf6 ; wf/sf nflu sfd ul//xš} 5 .
cleef]sx; sf]nufgl klg al9/xš}5 . cGo ; /fšf/ ; dX
klg nflu/xš}5g\ . z]f]s cJoj: yf / k/Llffdf c/fhstf
klg al9/xš}5 . t/ s]s/f rřfxF9ss eP/ eGg ; lsG5
eg] ; a) lřaf6 ePsf ; sf/tds kof; sf afahb of]
kl]tzt df lj Bfyl{pQlOf{u/fpg ; Sg] z]f]s ; fdYo{xfdl]n]
lj sf; ug{ ; sšf 5g] . cyf{xfdf] k7g-kf7g / k/Llff
kžf; g of] : t/sf] kl/Offd cfhg ug{ ; lfd 5g .

pkoQm ; Gbedf, gkfnsf]lj Bfno txsf]lzlf / k/Llffdf
ugkg] ; wf/sf lřx; af/]oxif5nkm ul/gš .

u0f:t/lo lzlf / u0f:t/lo k/Llff
k/Llff k0ffnlsf] ; jR5tf, ; jT6qt, lgiklft / dořf
lzlf]sf] u0f:t/sf] cfd df xf]. blw]sf] s/f] s] 5 eg

Ps t xdf] k/Llff k0ffnl cToGt kf/Dkl/s / cJoj:yt
5l csf] o; sf] ; jR5tf / dořf dfly olt 7hf] kxf/
e0/xg] u/xšf] 5 ls xdf] k/Llff; jf:tdf k/Llff g]
xg; ls/xšf 5g\.

cf'gf] cor]otf 5flg k/Llff k0ffnldfly cgl]ts /
c:j:y x:tlf] ug] k=c= tyf lzlf, cf'gf 5f]f5f]lnf0{
hljgdf xřg k/Llffdf dfq pQlOf{u/fpg dl/dšg]
cleef]s, k/Llffsf] dořf dfly cglrt kxf/ u/
; fE7lgs / /fhgllts kFl, křfj / zlQm hf]f] ug{
cEo:t lj Bfyl{; E7g / /fhgllts sfoštf; tyf h; f; f]
kžgkq / pQ/kl:tsf d7f kfg] knšfpg] / kl/Offd 3řřoff
u/] klOf] eGg] 7fGg] csd0o z]f]s / k/Llff kžf; gn]
u0f:t/lo lzlf]sf] xdf] rřxg / cfj Zostf a'g /
; lglZrt u/fpg ; Sbg .

c; Xo /fhgllts ef/ af]s/xšf lj Bfno Joj:yfkg
/ lhnf lzlf ; ldtx; /fhgllts bafa / efuj08df
lgoQm lzlf, kř, lzlf clwsf/l, k/Llff kžf; s,
s0b]wlf, lg/Llfs, ; k/lj]f]sx; tyf /fhgllts bafa
/ efua08fs}cfwf/df lgwf/t k/Llff s0b; clg /fd]
k/Llffsf] ck]ff ug] ; ldfleq Pp6f ; jR5 k/Llff k0ffnl
lj sf; xg; Sbg .

; fy} uřfufpřf křofPsf k/Llff s0b; sf] ; /lff
/ dořf Joj:yfkg clxnšf] zx/s]0b; ; /lff k0ffnl]
wfGg ; ls/xšf] 5g / c; /lft Pj+cdoř]ot k/Llffn]
buđ uřpřf z]f]s lj slt xhšf]5 . Ps lsl; dn]lj sl]tnf0{
/fi6]okl ; kdf lj s]0b; ul/Psf] 5 . pRr dflwolds
/ lj Zlj Bfno:t/sf o; ; l lj:tlf/t t/ cJoj:yt
k/Llffs0b; n]l:yltnf0{ %g\hl6n agfPsf] 5 .

z?df xdf] ; ldfkl/af6 t/f0šf lhnfx; df k/Llffdf
Jofks lj sf/ / lj s]tx; xfdln]lewořf. xfdln]To; nf0{
7hf] p; fxsf ; fy křf8sf sřfsgdf křofof. t/
To; kl5 xdf] ; ldfkl/ k/Llffsf]dořf / u0f:t/df Jofks

;wf/ e0; s\$}5 . Toj]; wf/sf]kēfj xfdlsxfFc0ku\$}5
5g . t; y{ k/Liff kzf; gdf Jofks ; wf/ ug] lfdtf
eg]/ szntf ykqblv lnP/ tflsPsf]dfkb08 k/f ug]
lj Bfnox;nf0{rf6} lj Bfnosf] ; kdf cfkm;k/Liff lng]/
kdf0fkq lbg]clwsf/ kbfg u/} k/Liff k0ffnlfn0{5l/tf]
; xh / ; jR5 zllfs cEof; sf] ; kdf Jojl:yt uglt/
uDel/ eP/ ; fRg] ahf cfPsf] 5 . k/Liffdj lj Bfyl{
lzlfs, cleefj s, /fhgllts-; fdfhs sfo\$tf{/ k/Liff
Joj:yfkgaf6 xg] ; a}lsl; dsf clgoldttf /f\$g Pp6f
lj zlf /fho c7f6 / OR5fzlQm cleJoQm xg]7f] glt /
cleofg ; -rfng ul/gkb5 . o; sf]nflu ; lldt cjlwsf]
nflu /fHosf] Gof / ; /lff cE klg kl/rfng ug] /
clgoldttf ug]JolQmfn0{tTsfn hl/jfg ug]ygfdf /vG]
/ lzlfs tyf sd{f/lx;sf xsdf hl/jfg / ygf; lxt
tTsfn cjsfz lbg] a9}f /f\$g] / 36}f ugnufotsf
s7f] sbd rfnG ; lsG5 . o; af6 sxl jif{eq} Pp6f
pGgt / dof]ot k/Liff k0ffnldfknt uOf:t/lo lzlffnf0{
; lglZrt ug{; lsG5 .

**uOf:t/lo lzlff, k/Liff /
uOf:t/lo lzlfs**

Pp6f lglZrt:t/sf]uOf:t/lo lzlffn]dfq k/Liffnf0{klg
:t/lo agfpg]xf]. lzlffdj Gogtd :t/ g}5g eg]k/Liff
dfq :t/lo xg ; Sbg]l h; /l afltdltsf]kfglnf0{xfdf]3/h'
lkn6/df xfn] lkpogof]o agfpg ; lsG5 .

uOf:t/lo k/Liff eg\$}f] klg uOf:t/lo lzlfsx;nf0{
lgoQm ug]To:t lzlfsnf0{lg/Gt/ uOf:t/lo k7g-kf7gdf
clek]t u/f0/xg] pglx;nf0{lg/Gt/ kzfut dof]f /
; Gtl6 kkt e0/xg]; jrfnltk4ltdfknē ; DkOf{ ; kdf
lj Bfyl{x;sf]pknlawsf nflu klta4 agfpg]k4lt xf]. pglx;
cfkm]0{k/Liffsf]nflu pQ/bfol agfpg]xf]. k/Liffsf]uOf:t/
/ slffsf]f]sf]uOf:t/nf0{E}n]h]f]xf].

uOf:t/lo k/Liff eg\$}f] lzlfsx;n] uOf:t/ / slff
Joj:yfkg ug{ kkt ug]clek]7off / To:tf] clek]7off
lj Bfyl{x;sf]pknlw / ; kmtdf :jtm ?kfGt/Of xg]k0ffnl
xf]. lzlfsx;nf0{ kkt xg] ; a} ; lj wf / cj ; /x;
lj Bfyl{x;sf]pknlw; E hfl]B}g}kb5 .

**uOf:t/lo lzlff, k/Liff / uOf:t/lo kē
tyf lj Bfno Joj:yfkg**

elg; lsof]uOf:t/lo k/Liff eg\$}f]uOf:t/lo lzlffsf]nflu
uOf:t/lo lj Bfno Joj:yfkg xf]. lj Bfno txsf]k/Liffsf]
:t/lotf P; Pn; l k/Liffsf]:t/lotdf ?kfGt/Of xg]xf].
o; sf]nflu uOf:t/lo lj Bfno Joj:yfkg klxnf]zt{xf].
of] eg\$}f] lj Bfno Joj:yfkg]s}bdf kwfgnWofks
/xg] k/Liff / pgnf0{cf'gf]bfolj lgj f&df ; xof]u /
; dyG ug]; zQm Joj:yfkg ; ldltsf]pkl:ylt xf]. t /
of] xdf]Pp6f kdv zllfs cej / rgf]l /lx/x\$}f]
5 . o; sf]nflu, sg]klg /fhgllts cfux / bafaaf6
dQm Joj:yfkg ; lldt u7g xg] / kwfgnWofks lgoQm
xg]k4lt h?/l xG5 . jf:tlj s cleefj sx;af6 u7g

**lj Bfyl{x;n] dfg\$}f]kTofPsf] of]o lzlfsn]
dfq lj Bfyl{x;nf0{ elj iosf nflu /fli6@
hljgsf x/ lfd]f lhDd]f/ / of]o gful/s
agfpg ; S5g\ . lj Bfyl{x;sf] cf'fdf >]7 /
; Ddf]gt lzlfs ; dfhsf] cf'fdf klg >]7
/ ; Ddf]gt x65g\ . pglx;n] g}k/Liffnf0{
/fd] 9Edf Joj:yfkg ug]s'/sf]gt]j lng
; S5g\ .**

xg] lglZrt :yfgo lgsfox;sf]gt]j bfol eldsf /xg]
/ lj Bfnodf lj lzi6 of]ubfg u/\$f / ; xof]u k'ofPsf
lzlff;]lx; lg/Gt/ lqmfzln /xg]lj Bfno Joj:yfkg
; ldltn]dfq xdf]cfj Zostf / ck]fcg?ksf]:t/lo
lzlff / k/Liffnf0{x/\$} lj Bfnodf k'ofet u/fpg
; S5 .

ckjbsf]l:yltdf afx\$} xdf] lj Bfnox;df of]o
k'wfgnWofksx; lgoQm xg] Gogtd jftfj/Of klg
xdfn] lgdff ug{ ; s\$} 5g]f. kl/Ofd:j ?k xdf]
k'wfgnWofksx;n]kēfj sf/l zllfs / kzf; lgs gt]j
lbg ; ls/x\$} 5g]g\ . cToGt of]o ; lfd, pQ/bfol /
gt]j szn JolQmfn0{dfq k'wfgnWofksdf lgoQm ug]
cfux]xlxg / ; lfd k0ffnl dfq lj sf; ug{ ; lsof]
eg] klg sltko cGo cejx; /x6f/x6} klg xdf]
lj Bfnox;n]lj lzi6 zllfs pkn]awx; b'vfp; S5g\
sltko lj Bfnox;n]To:tf]; kmtdf kkt klg ul//x\$}f
5g\ . o; sf]nflu ; flj ssf kcx;n]cf'gf]of]otf /
lfdtfnf0{cBfjlws ; kdf kdf]oft ul//xgk] / c%
/fd]z]lfs / kzf; lgs gt]j lbg ; S5' eG] of]o
/ pT; fxl lzlfsn] klg lgoldt cGt/fndf klt:kwl{
xg kfp]Joj:yf lgdff u/} xfdl xdf] lj Bfnox;df
of]o / ; lfd gt]j lj sf; ug{ ; S5f}.

**uOf:t/lo k/Liff, uOf:t/lo lzlff /
uOf:t/lo slff Joj:yfkg**

uOf:t/lo k/Liff eg\$}f]dhtM lj Bfyl{f l; sf0kl]t pT; stf
/ clek]7off lbg] slff-jftfj/Ofsf] k/Liff xf]. k9f0nf0{
hljg ; f6ble\$ agfP gagfPsf] ; du] dNof]g xf].
o; sf]nflu efiff, lj lfg, ul0ft, ; fdfhs lzlff /
; f'gfkllwnufotsf ; a}lj ifox;sf] k7g-kf7gsf] lj lw
/ z]ldf Jofks ; wf/ Nofpg' cfj Zos 5 . k/Liff
eg\$}f]lzlf0f; sf0sf]cGt/lqmf]ds rl/qdfknē lj Bfyl{x;sf]
pT; stf / clek]7off ; lglZrt ugdf kkt pknlw]sf]
dNof]g xf]. afn-afn]sdf kf0g]c; wf/Of pT; stf
/ lh1f; fnf0{zfgt ug{ / To; nf0{c% kll; f'xg ug]
slff-jftfj/Of / lzlfs-Joj xf/sf]lgoldt dNof]g :j odf
uOf:t/lo k/Liffsf]s}b]lo t]j xf].
l; sf0sf]:j ?k cGt]s / afXo bj}xG5 . pkoQm

lj Bfyl\$f cf Ffdf >ij lz lfs-k/Llff / Zlf s uof:t/

cf^gf] cof]otf 9fs5fk ug{k/Llff
 k0ffnldfly cglts x:tlfk ug{k=c= tyf
 lz lfs, 5f7f5f7Lnfo{k/Llffdf dfq pQlOf{
 u/fpg dl/d0g] cleefjs / k/Llffsf]
 dof kf dfly cglrt kxf/ ug{cEo:t lj Bfyl{
 ; E7gx;af6 uof:t/lo lz lffsf] rfxgf /
 ; lglZrt ug{; lsb5 klg .

jftfj/of kkt ePdf lj Bfyl{ cfkm] klg w7}l; S5 .
 To; h]l; sfpq; E} cfkm+l; Sg] l; sf0nf0{ cfd; ft ug]
 l; s\$] s/fnf0{ cfkm+hj gdf k/Llff ug] / jtg tyf
 cfnf] gfd s lrGtgnf0{ cEof; ug{lj Bfylnf0{ k]l; fxg
 tyf ; xofu ug] lz lff l; sf0 sf0mndnf0{ kf7dmdh]
 ; du|;kdf ; d0\$] xgkb5 . lj Bfyl;nf0{cfkm] s lffsf]f
 Joj:yfkg ug] lz lff tflnsf lgdffdf ; xofu ug] /
 k/Llffnf0{klg cfk; l k/fdzdf g}s; /l dof]ot / jR5
 agfpg] ; f\$] lhDd]f/l kbfg ug] h:tf sfo;nf] slff
 sfo; / k/Llffnf0{w7} cyk0f{ / pkn]wko{ agfpg
 ; lsb5 .

lj Bfyl\$f cf Ffdf >ij lz lfs-k/Llff /
 Zlf s uof:t/
 x/\$ afnaflnsf] cf^gf] lj Bfno / ; dbfos] ultlj lw
 / Jojxf/x;nf0{; Id 9En]clwoog / cj n\$g ul//x\$
 xG5g\ . pglx; cf^gf kcf / lz lfsx;df ; #f/sf >ij
 JolQmx;df xg] ; a} uofx; bVg / kfpq rfxG5g\
 lz lfsx;df pglx;nf] vfh\$] uof / lj lzi6tf kfPgg\eg]
 pglx;df clwoogklt nufj gxg]dfq xifg pglx; lj Bfno
 / slff cgzf; gsf] ; d:ofs] kxf8 g}alglbG5g\ . k/Llffdf
 Toj] ; d:of c% ljs/fn ag klb5 .

lj Bfyl;nf] dfg\$]ktofPsf] of]o lz lfsnf] dfq
 lj Bfyl;nf0{ elj iosf nflu /fli60 hjgsf x/ lfd
 lhDd]f/ / of]o gful/s agfpg ; S5g\ . lj Bfyl\$]
 cf Ffdf >ij / ; Ddf]gt lz lfs ; dhfsf] cf Ffdf klg
 >ij / ; Ddf]gt xG5g\ . pglx;nf] g} k/Llffnf0{ /df]
 9Edf Joj:yfkg ug] s/fsf] g]lj lng ; S5g\ . t/
 of] ctoGt sl7g / dxfg bfo]j xf] . /fi6«; dhfsf]
 ; fg] nufgl / j o+lzlfsx;sf] ; fg] Tofu ; fx; /
 ; lNkaf6 of] ; Dej 50 . t/ /fi6sf] ; Gb/ / ; /lft
 elj iosf] nflu o; sf] lj snk klg 50 .

nys gkfn lz lfs ; 3 /
 gkfn lz lfs olgogsf k] cllof xg\ .

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o; /L yfnf}#; sfpq

z?z?df Ps jf b0{zAbsf jfSoaf6 n\ygsf];?cft xG5 . To;kI5 qmdzM jfSox;sf] ;^aVof klg a9b}hfG5 . o;nfo{LzIfOf gegl l;hgffds sfo{elgG5 . lsgls n\yG] k0f; afns :jom] u{/sf] xG5 . of] r/Ofdf lxHh]/ n\ygsfo{km/s-km/s ljifo /xBgg\.

CNk; ^aVos cflbjf; l ; dbfosf afn-aflnsf; k9f0df c; km xg'sf]Pp6f sf/Of pglx;sf] 3/ ; dfh / ljBfnosf];f:s[ts tyf eflifs kl/j} leGg xg' xf] . dhwf/sf ljBfyl;Gbf cf'gf]efiff / ; :s|t leGg ePs}sf/Of cflbjf; l ; dbfosf ljBfyl; hfIdf c; km xgl Pp6} slff bxf]ofP/ k9xkgll tx kf/ ug{a9l ; do nflu] / cGttM k9f0 g} 5f8g] ddsf] ; d:of k0f xG5 .

afnaflnsfno{Ps efiff jf ; :s|taf6 csf] efiff jf ; :s|tdf ; ^aqmdOf xg lgs} sl7g xG5 . gofFefiff tyf ; :s|tn] ubf{ pglx;nf0{ ljBfnosf]jftfj/Ofdf 3hldn xg cK7af/f]k5{. c; ljBfyl; ; h klt:kwf{ ug{sf nflu rfxg] 1fg ; lk tyf bltff uxOf ug{ pglx;nf0{ uxf] k5{. Psft/ pglx; cf'gf]efiff tyf ; :s|taf6 klg ljdv e0; s\$ xG5g\eg] csf]t/ goff efiff-; :s|t klg l; l; s\$ xBgg\ . km:j?kM pglx;n] ; fdilhs :ylofj udip5gV/ c; km agb5g\.

; :f/el/ g} cNk; ^aVos cflbjf; l afnaflnsf;sf]k7gkf7g ; a;Gbf uxf]dflgG5 . k7gkf7gsf nflu efifsf] dxlj k0f{ :yfg /xG5 . aPp6f b}z agfpg;Gbf klxnf To; sf]efiff lgwf{Of ugk5; eGg] 6n; 6fosf] egf0n] klg of] s/fno{OIeT u5{.

of] ; d:of ; dwwg ug{sf nflu ; g\!*% (df 6n; 6fon] k/Dk/fut ljBfno eGbf cnu .u]dlOf kf7zfnf]sf] :ykgf u/ hxfs] k9g] slt k9g] slxn] k9g] eGg] s'/fsf] lgwf{Of ljBfyl{ :jom] ug{ kfpf] . pgsf] :shdf lzlfxs;sf]Pp6}dfq sfd 1fgsf] vflhl ug{sfof ljBfyl;nf0{d2t ug{xGyof]. Toxf]j Bfyl;sf] ?lr

/ cfj Zostfcg'f/sf] lzlfOf lj lw ckgf0Psf] lyof]. To]kf7zfnfdf b08 tyf ; hfosf]Jo;:yf lyPg . kf7dqnd lyPg, lgod sfg;sf] agwg lyPg . ljBfyl; cf'gf]OR5f lj k/ltsf]sfd ug{ jf k9g aflu lyPgg\ . ; f] :shdf k9}sf aV/ ; af]f] f;sf zAbdf auldlOf kf7zfnf]sf]k'f hljg pNnf; do lyof]. ; do lj t\$]f] yfx} kf0Bgyof]. lzlfxs; xfdl v'; l, pNnf; / k;ltsf ; fyl lyP . xfdl; lgs6tf lyof]. hg lbg xfdl lzlf]snf0{ b\yBgyof]-of] lbg xfdl pbf; xBvofF.

6n; 6fon]cf'gf] u]dlOf kf7zfnfdf k9f0sf] ; xh ; q kmhf kf/]. ljBfyl;sf] :jej, ?lr / rfxgfcg'f/ pglx;s} tl/sfn]l; sfpq' ; a;Gbf pQd l; sf0 xf] eGg] pgsf] ; q lyof]. :yfglo kl/j}zdf cfwil/t eP/ n\yfo-k9f0 ug]of]; qsf] kofu og]sfh] cfh klg ul//x\$] 5 .

ljBfyl;sf]hljg; h k]olf ; kdf hf]Bgyof] lzlfOf lj lw lg/lf/ JolQnx;sf nflu dfq xfoG, Ps ; :s|taf6 csf] ; :s|ttkn; ; ^aqmdOfsf nflu klg pko]ul 5 . klyds ljBfnosf x/\$ ljifonf0{



; NnfxM leGg ; :s|t:efifsf afnaflnsf

Pscsf\$; :s|t; E hfBj; ;sf; kdf lngk5{
 kfyls lj Bfnosf] kf7a; fdul lgdf ubf{ b0{
 ; :s|talrsf] km/snf0{ sd ugI r|of ugk5{.
 w|h; f] kfyls lj Bfnodf afnaflnsf;nf0{
 kf/Des zAb lrgfpg lrg ePsf ; fdulsf] kofu
 ugI ul/G5 . kfom o:tf lrgx; jo:s JolQm
 lzlfzf:ql tyf lj zlf1x;af/f tof/ kfl/Psf
 xG5g\ . tl lrg afnaflnsf nflu pkoful
 / cfgGb lbg] vfnf xg; S5g\ t/ lj Bfylx;
 :jom] agfPsf lrg hit zIQmzfnl / kefj sf/L
 tl xg ; Sb0g\ . afXo JolQm; n] agfPsf lrg
 /f]s eP klg tl lj Bfylf] agfPsf lrg hit
 ; xh xB0g\ .
 ; xh k9f0sf] lglDt klxf] cfj Zostf cfw/et
 zAbfj nl xf] . cyf\ lj Bfnodf k7gkf7gsf
 nflu zAbx; rfxG5g\ cf^g; :s|tsf kl/lrt
 zAbx;sf] kofu] lj zlf cy{/ uxgtf af\$sf]

csf\$] lj rf/sf] cfnf]gf ugI clwsf/ xfdlnf0{
 50 . xfd] sfd afnsnf0{ p; sf] ?lrg cg; f/ nVg
 nufpg] dfq xf] . nVgdf ?lrg kb]f u/fpg' xf] .
 dgsf s/f nVg nufpg] xf] . afnsn] cf^gf efjgf
 JoQm u/g eg] To] lzlfssf] sdhf]L xf] . o:tf]
 s/f lzlfssf] :jefj / Jojxf/df klg e/ kb5 .

xG5 . o:tf zAb k]kl/lrt xgk5{; fy]kl/j z
 ; xfpbf klg . lj Bfnosf] z?sf slff cfw/et
 zAb l; Sgd] vr{xgk5{.
 lj Bfylf0{ zAb l; sfp] ; lhnf] tl/sf
 xf] lj Bfylf0{ dg k/3f zAb eGg nufpg] /
 pglx; n] eg\$ zAb afB]jf sfuhdf n]lbg].
 To; kl5 p; nf0{ slffsf] cuf18 af]hp/ To]
 zAb s] xf] egl ; nVg] / p; nf0{ zAb n]vPsf]
 sfuh lbP/ k7fpg]. Pj d\ltn] ; a]lj Bfylf0{
 cfknhf0{ dg k/3f jf hfg\$ zAb eGg nufpB]
 nV] lbgk5{. vfhf vfg] ; do cyj lf >fdaf6
 lj Bfylx; slffsf]df knsPkl5 pglx;sf zAb
 n]vPsf sf8{jf sfuh Ps]fpbf ld; fp/ /Vg]
 / cf^gf]cf^gf] zAbklQ lrgx nufpg].
 clwsfz afnaflnsf] cf^gf zAb / sf8]
 lrg5g\ . o; /l k9fpbf afnaflnsf] k/fgf
 zAbx;sf] Jofks cy{ k|t u50\ . o:tf zAb
 a9leGbf a9l dfqdf ; lng ug{ h?/l xG5 .
 To; sf nflu afnaflnsf; E]s/ fsfgl ug{Pp6f
 /fd] pkfo xf] .
 s; ;s; h0{ o:tf] sfd cgj Zos klg nflu
 ; S5 . t/ , of] sfo{ h?/l / dxlj k0f{ 5 .
 ; hgf]ds lqmsfnksf ahf lj Bfyl{ E ul/g]

s/ fsfglsf qmddf klg o:tf zAbx; e]lg
 ; S5g\ . kof]t zAb e]lpgg\eg] rnrNtldf
 /x\$ dh zAbx; klg kofu ug{; lsg5 . x/\$
 lbg afnaflnsf] gofFzAb eG5g\ . tl zAb
 sfuh jf nV] pglx;nf0{ lbg] hfgk5{ . o; /l
 sxl lbgdf g]afnaflnsf; E zAb e08f/ tof/
 e0; s\$]xG5 . o:tf zAb klxf] 306ld]k9fpg'
 pkoQm xG5 . lsgls oltahf afnaflnsf; Hofb]
 ; lqno / pT; flxt xG5g\ . x/\$ afnsn] cfknh]
 rfx\$] nV]sf] zAb x\$ / To] zAbsf] agf]6sf
 cfw/df zAbdfly cf] 3dfp5 . afnsn] cf^gf
 zAbsf] af/df csf] ; fylnf0{ atfpgk5{ . o; /l
 Psn] csf\$ zAbsf] cy{; d] a'g ; S5g\
 afnsx; of] r/Ofaf6 l; hgf]ds nVgsf]
 r/Ofdf hfgEbf klxf] sDtdf \$) zAb hfg\$]
 xgk5{ . o:tf zAb sg afnsn] slt rfbf] ; S5
 eGg] s/fdf lj zlf Wofg kVofpgk5{ . zAbx;sf]
 5gf0df :ljzj\$sf] kofu gu/l nx]x] ul/Psf]
 /x\$ eg] To:tf] afnsnf0{ cf^gf] zAb klxfg
 ug{ sl7g xG5 .
 afns hit; s] nHhfn' / ; t lsg gxf\
 p; n] x/\$ xktf Ps g Ps gofFzAb l; s\$]
 xG5 . o; af6 pglx;df zAbkltsf] nufj a95 .
 kl5 gofF/ ckl/lrt ; :s|t jf efifsf zAbx;
 cfpbf klg pglx; v; l; fy To:tf zAbnf0{
 :jlsf/ u50\ sxl ; dokl5 p; n] s] a'5 eg]
 x/\$ cf/sf] cnu-cnu cfsf/ xbf]x\$ / ol
 cfsf/x;sf] a]n] cy{ xbf]x\$.
 cfw/et zAbx;sf] k9f0kl5 l; hgf]ds
 nVgsf] r/Of cfp5 . dhzAb Pp6f dfq njhsf]
 xG5 eg] l; hgf]ds nVg Ps jfSof] xG5 .
 afnsn] cfknhf0{ dgkg] zAbsf] 5gf0 u5{ /
 To; nf0{nVg sf]zz u5{ . o; ahf; bddf p; n]
 afEfl6E] /vfx;sf] sxl g sxl cy{xbf]x\$ eGg]
 al%; s\$] xG5 . o; sf/Of p; n] h] nV5 To;
 af/df c; n] eGbf a9l s/f yxf kPsf] x05 .
 x/\$ lbg bf] fl] 306l /rgf]ds nVgsf nflu
 56dfpg' /fd] xG5 .
 nVgsf] zef/De s; /l xbf]x\$ eGg] yxf
 kfg pglx;sf] nVgsf] cf] n] \$g ugk5{ . fgf
 afnaflnsf; zAbnf0{ k6s-k6s bf]x] ofp5g\
 o; /l lj :tf] pglx;nf0{ zAbsf] 1fg xg ym5 .
 pglx;sf] nVg z]lsf] klg lj sf; xB] hfG5 .
 lxHh] zAb1fg, zAbsf] rog / nVgsf0{ :jtm
 cl3 a95 . pglx; n] l; s\$ zAbx;dlwo] sxl
 JolQnut zAbfj nl aG5g\eg] yk] zAbx; ; fd]xs
 k\$[tsf aG kl5g\
 z?z?df Ps jf b0{ zAbsf jfSoaf6 nVgsf]
 ; ?cft xG5 . To; kl5 qmzml jfSox;sf] ;
 aVof klg a9b] hfG5 . z?df pglx; b0{ jf tlg
 jfSodf cf^gf af/df nVg ; Sg] xG5g\ . o; nf0{

lzlf0f gegl l; hgfTds sfo{elg65 . lsgls nVg]k0f; afns :jom]u/\$f]x65 . of]r/0fdf lxHh]/ nVgsof{km/s-km/s ljifo /x65g\ ol t cleJolQmsf] csf] dflMod alg; s\$f x65g\ . log} nVgnf0{xfdl k!:tsdf k0f] u5f; hg olT lj lj wtfk0f{x65 ls To:tf]lj lj wtf hlt; s} 0df6bf/lk] \$ tof/ kfl/Psf]csf]k!:tsdf xQkQ kfpq ; ls65 .

lj Bfyl{x;n]nV}sf]lj ifonf0{lnP/ 6lsf16Kk0fl ug{x65 . of] ahf s] nVg] eGg] s/f dxEj k0f{x65 . pglx; h] nVg / h] eGg klg :jtGq x65g\ . l; hgfTds nVg cEof; n] dflg; sf] c6t/x65onf0{lgvf5{. o; n] ; xh lj rf/nf0{ dnhn k%ofp5 . pglx;sf]rl/q / lghl klxrfg agfpg d2t u5{.

l; hgfTds nVgsof]slfddf lzlfS lgs}Jo:t /xgk5{. x/\$ aRrfsf nflu gofFzAb n]lVbgk5{. ; krf clf/ nVg nufpgk5{. zAbx;sf alrdf vfnl 7fpF5fBg nufpgk5{. Jofs/0fsf af/df Wofg lbgk5{. lj rf/df slQsf]lg/Gt/tf 5 eGg] klg lgo]ngk5{. x/\$ afnssf]8}sd f uP/ uNtl ; Rof0lbgk5{. t/ afnafnnsfx;nf0{:j tGqtk} \$ sfd ug{ lbgk5{. afnssf] nVf0df qmdeE ePdf jf nVf0 cy{k0f{gePdf ; Rof0lbgk5{. Ps jf b0{fl6 ; Rof0; skl5 km] / To; sf]h?/t kb5 .

afnsn] Pp6} ; do / Pp6} 7fpBf nVl l; Wofpgk5{ eGg] 55 . eflnkN6 klg o; nf0{ lg/Gt/tf lbg ; ls65 . ol ; a} sfd ubf{ afnafnnsfx; :j.knt{;kdf nfluGk5{. o; df sg} lsl; dsf] s/-an k0f] ug{x65 .

nV}sf] s/f c; n jf v/fa s] 5 egl l6Kk0fl ug{h?/l 55 . lsgls nVg; E o; sf] sg} ; Da6w 55 . csf]f] lj rf/sf] cfnf]gf ug{clwsw/ xfdlnf0{55 . xfd] sfd afnsnf0{ p; sf]?lr cg; f/ nVg nufpg]dfq xf]. nVgdf ?lr k0f u/fpg'xf]. dgsf s/f nVg nufpg] xf]. afnsn] cf^gf efjgf JoQm u/g eg] To] lzlfssf]sdhf]l xf]. o:tf]s/f lzlfssf]:j efj / Jojxf/df klg e/ kb5 .

afnafnnsf nflu egl n]Vpsf klolh; f] k!:tsx; lghl{ xg] u5g\ . tl slfssf]7fsf] jftfj/0f, lj Bfyl{x;sf] ; fdllhs, ; f:s[ts tyf eflifs kl/j; E dh vfb5g\ . slfssf]7fsf] jftfj/0f / k!:tsalrsf] le6gtfnf0{sd ug{ cfj Zos x65 . o; sf] lglDt afnsn] cfmh] nV}sf s/fx;nf0{k7g ; fdullsf] ; kdf lngk5{. pglx;sf nflu k95} s/f Toxl xf]hg pglx;n] cl3sf]slfddf nV}sf lyp . cyf{\afnsx; klxnf cfmh]nV}sf s/fx; k95g\ cl3Nnf]lkl/o8df nV}sf s/fnf0{k15Nnf]lkl/o8df k95g\ To:t}

lj Bfyl{x;n]nV}sf]lj ifonf0{lnP/ 6lsf16Kk0fl ug{x65 . of] ahf s] nVg] eGg] s/f dxEj k0f{x65 . pglx; h] nVg / h] eGg klg :jtGq x65g\ . l; hgfTds nVg cEof; n] dflg; sf] c6t/x65onf0{lgvf5{. o; n] ; xh lj rf/nf0{ dnhn k%ofp5 . pglx;sf]rl/q / lghl klxrfg agfpg d2t u5{.

x/\$ lbg pglx;s}cf^g}zAbx; sfnf]k6ldf n]lV65g\ / pglx;nf0{k95 nuf065 . o:tf zAbx; s;l jf bz afx]Dd klg xg; S5g\ . afnafnnsfx;nf0{ pglx;n] hfgsf] sg} zAbsf] lxHh]ug{nuf065, gofFzAbsf]x]0g . afnsx; cf^gf nflu pko]l zAbx; hlt; s}sl7g eP klg l; ls5f85g\ . ha x/\$; do gofFzAbx; n]lV65 o; n]pglx;nf0{p0]ht tNofp5 . lsgls To; lbg sg sg zAb sfnf]k6ldf n]lV65g\ eGg] s/f s; hf0{klg yxf x65 .

lj Bfyl{x;n] ; a66bf klxn] cfmh] nV}sf] s/f k95g\To; kl5 c;n]nV}sf s/f . o; /l nV}sf s/f ; dxdf k95 ; Gg]cj ; / klg xfl; n x65 . o; sf] csf] dxEj k0f{klf s] xf] eg] o; n] ; Djfbsf] yfngl u5{. nVgsof]kf7eldsf] hfgsf/l u/fp5 . efjgf ; d; k]t't xg]0f o:tf] k9f0 ultzln x65 . o; n] ; j:knt{;kdf 1fg a9f0/x65f] x65 .

x/\$ lbg sg}g sg}gofFzAb ylk65g\ . yk] k/fgf zAbx; bf]x]lV65g\ . afnsnf0{ dg gk/\$f zAbx; x65g\ . o; /l ultzln zAbx; dfq af5l /x65g\ afnafnnsfn]nV}sf s/f g} To; lbgsof]kf7sf nflu cfw/ x65g\ . cfmh] nV}sf] s/f c;n] klg k95} x65 pglx; clf/ /fd] kf/] nVg] sflzz u5g\ .

; xh k9f0 dfq kof]t x65 . of]t k9f0sf] ; ?cftsf]cj:yf dfq xf]. o; n]afnsnf0{c; k!:ts k95 kl]t ug{k5{. o; n]pglx;df sl7g / :t/lo k!:tstkm] ?lr k0f u5{. k9f0 ; xh / ; /n a6g h65 . o; /l afns dg]ut cj:yaf6 kfs[ts cj:yftkm] 1ftaf6 c1fttkm] ; /naf6 hl6ntkm]cl3 a95 . z?sf slfssf]lqofnsfxx; hlt a9l dfqdf l; hgfTds x65g\afnafnnsf] dfgl; s lj sf; Tolt g}/fd] E x65 . To; kl5 pglx;df c6o efiif / ; :s[tk]t ?lr k0f x65 / afnsx; c; efiiff k!:tsx; klg lgoldt ; kdf k95 yf]lV5g\ .

k:tltM u? d0]fnl
Go]hNof08sl lzlfS
l; lNeof P:6g jfg{sf]k!:ts l6r/ a6

JolQmJ ufllj Gb k/fhhl

kpfh cfofd

uflvjh-@, nlnkt/sf ufllj Gbk| fb k/fhhl lghfdtl
J fdf hflu/ vfgjwf\$[k'f ug{nuftf/ vl/bf/sf]
k/Llffdr a; . t] fl kpf; df pgsf] gfd lgl:sosf]. Toxl
ahf ufp\$[dxf\$fn :shdf lzlf\$ aGg] .ckm/l cfof].
..vl/bf/l sf] hflu/ Tofu} pgl lzlf0f kzf\$tk{nfu].

Tohtahf uf\$lvjhdf P; Pn; L kf; ug|k/fhhlafx\$
bf] fl JolQm lyPg . @)!& ; fndf :yflkt dxf\$fn :shaf6}
pgn] clf/ lrg\$ f lyP . pgsf afa' luGbk| fb ; f]
:shsf]; :yfs lzlf\$ lyP . ufllj Gbn] cfmhf0{ :shsf
; :yfs afa\$[laBf] yfDgdf dfq; ; lldt /fv\$g\ #&
jif\$lv lg/Gt/ g\$Tj lbP/ pgn] :shnf0{ulnfn] prf0df
; d] k'ofP . uf\$lvjhdf zlf\$ r]gf hufpg pgn]
w} } u/]. ..5f]f5f]lnf0{ k9fpgk5\$ eGb} 3/-3/ wfP/
ufp\$hf0{ %S% SofP . kl/0ffdf :j?k uf\$lvjhdf cfh To:tf]
sg} 3/ 5\$, h; n] cf'gf 5f]f5f]lnf0{ lj Bfno gk7fPsf]
xf] \.

ufllj Gbn] k9\$[f] / k9fpg z? u/\$[f] dxf\$fn kllj
cfh lgdflj, dflj, pRr dflj xB} ..dxf\$fn SofDk; ll\$[f]
; kdf 7l8Psf] 5 . pgl clxn] lj Bfnosf k\$ dfq}
5\$g\ SofDk; kdv klg 5g\ . lj utnf0{ ; D%B} k/fhhl
e65g\ \$cfB u/df ; l\$Bf] x\$. d\$gt u/;cg; f/ ; a}
sfdx; k'f eP . o; df :yfglo ; dbfo / cleefj sssf]

7hf] ; xoflv ldn\$[f] 5 A
k/fhhln] @)% ; fndf kf6gsf] lqkbb dflj af6
P; Pn; L kf; u/]. To; sf] kF jif\$15 cf0# = k'f
u/]. To; sf] nuQ} pgsf] lj Bfno lgdflj aGof]. lgdflj
slffnf0{gdgf 9En} rnfPsf\$[sb/ ub\$ lzlf ljeFun]
pgnf0{ k' :s\$ u'of] / ; /sf/l vrdf al-P8= k9g]
cj; / lbof]. @)#^ ; fndf pgn] al-P8=sf] k9f0 klg
; s]. c; nfn0{ k9fP\$ / cfm klg k9b} k/fhhln] @)%
; fndf gkfnldf :gftsfQ/ k'f u/].

nlnkt/sf] blif0f-k] l{ ufdlof e'udf pRrdflj sf] slff
rnfpg] dxf\$fn dflj klxn] xf]. @)% blv pRrdflj sf]
k9f0 xB} cfPsf]; f\$:shdf tlg jif\$lv oxfal-P8=sf]
slff ; ~rflnt 5 . ufp\$ pRrdflj / SofDk; ePk15
w} } pRr lzlf\$ sf] cj; / kfPsf 5g\ . kllj blv dflj
tx; Dd sl/a %)) lj Bfyl{ 5g\ . slff !! / !@ df
!%^ hgf / al-P8=df &\$ hgf lj Bfyl{ cll0og/t 5g\
uf\$lvjh\$ afi; Gb of]; kmntsf] > \$.k/fhhl ; /lnf0{
lb65g\ . lj Bfno Jaj :yfk; ; lldtsf cllof / fdrGb] bxfn
e65g\ \$ blif0f nlnkt/s} zlf\$ lj sf; sf] lglDt cu'f
JolQm pxfFg} xgk65 . oxf\$[f] zlf\$ lj sf; df pxf\$]
hlt Tofu c;n] u/\$[f 5\$g\ A bxfn klg k/fhhls]
lj Bfyl{xg\ . dxf\$fn\$ c\$[k] {lj Bfyl{k/z/fd ltdlN; gf

Ig/Gt/ oflvbfg

pgl dflj txd\$ blj\$ b0{
lkl/o8 k9fP5g\ . e65g\ \$d
oltn] ; Gtl6 5\$. lj Bfno
kzf; gdf c; ; fyln] ; xoflv
u/df cf7} 306l k9fpg klg
tof/ 5' A lj Bfnosf] sfd
5f8] xQkQ labdf a: b\$g\
k/fhhl ; / . k9fpg yfn\$lv
la/ldl ePs} sf/Ofn] b0{ lbg
dfq} labf a; \$[f] ; D%gf 5,
pgnf0{.

>lv/ ykf



.k/fhhl ; /lsf] oflvbfgsf] kꞑꞑf ubꞑꞑ eG5g\ aulv]h]sf] z]l]fs pꞑyfgdf pxf]F] thgf cꞑ s; }E xg; Sbgꞑ A

dx]f]f]nsf :shn]blifof-kꞑꞑl{nlnk/d] Voflt s]df]Psf]5 . of]e]l]sf cG l] Bfnosf] thgfdf dx]f]f]nsf] P; Pn; lsf] glthf klg /fd] 5 . @)^\$; fnsf]P; P; nl k/lifdf dx]f]f]nsf ^& kltzt l] Bfyl{ kf; ePsf lyP . tld]w} @% hgf kyd >0] lyP . Toxl ; fn dx]f]f]nsf /]f n]dfn] *\$ kltzt c] NofP/ ; /sf/ l] Bfnodf 5qf]tkm(nlnk/s} p]s]f6 ePsl ly0g\.

dx]f]f]nsf pRr d]l]jdf sfo{t !& hgf lz]fsx; d]w} !# hgf k/fhhl]sf] kꞑꞑ{ l] Bfyl{ 5g\ . k/fhhl]sf] g]t]j l]df]f]af6 pgsf ; xsdl{ lz]fsx; lgs} kꞑꞑ]t 5g\ . lz]fs ; ltf/fd l]d/] eG5g\ aulv]h]sf] pxf]F]6 c]f/ lrlgof] . c]xn] lz]fs x]F klg pxf]F] d]f]z]G k]Psf 5f] ; a]h]f]o{lrQ a]f]P/ :sh rnfpg] l]df]f] pxf]F] 5 A of] l] Bfnodf k9] s]lff P]sb]v !) ; D]dsf l] Bfyl{] z]Ns l]gk]bꞑ . kꞑꞑ k/fhhl eG5g\ a]l] Bfno / ; d]b]osf] ; d]G]o eof] eg] lz]l]f]nf0{ l]g]z]Ns ug{ ; l]sG5 . x]df] kꞑꞑ; o; sf] P]p6f ; km] p]b]x/Of x]f] . d; n]G] vr]f] c]fpg] c]g]b]f]s} e/d] l] Bfno rnf]Psf 5f] A

l] ut k]F j]f]f]v l] Bfyl{c]f]s]l]ff ug{ k]f]y]ds txdf c^a]h]l d]f]w]d]af6 k9]f]og y]f]n]f]f] at]p]F] kꞑꞑ k/fhhl

dx]f]f]nsf kꞑꞑ{ l] Bfyl{ k/z/fd l]d]l]n; gf .k/fhhl ; /lsf] oflvbfgsf] kꞑꞑꞑf ubꞑꞑ eG5g\ aulv]h]sf] z]l]fs pꞑyfgdf pxf]F] thgf cꞑ s; }E xg; Sbgꞑ A

eG5g\ a]c]f]p]F] j]f]f] s]lff ^ x]F] k]F j]f]f]eq d]f]w]d]s tx; D]d c^a]h]l d]f]w]d ag]f]pg] kꞑꞑ; df h]b]f]f] 5f] A

%* j]f]f]f] ol .x]F; /l tyf Sof]k; kꞑꞑ]vsf] rs-8:6/ rnfpg] h]f]z-h]f]f]d]f s]lQ klg s]d] c]Psf]5] . p]g] d]l]j txdf b]l]gs b0{kl/o8 k9]f]p]5g\ . p]g] eG5g\ a]d] oltn] ; G]t]l6 5] . l] Bfno kꞑꞑ; gdf cꞑ ; f]y]n] ; xof]v u/]f]f] c]f]7}306l k9]f]pg klg tof/ 5' A l] Bfnosf] s]d] 5f]8] x]Q]k] lab]df a:b]g]g\ k/fhhl ; / . k9]f]pg y]f]n]v la/f]d] e]P}sf/Ofn] b0{ l]b]g] d]f]q} lab]f] a; f]f] ; D]g]f] 5, p]gn]f]o{ .

k/fhhl ; / nlnk/sf] blifof-kꞑꞑ l] Bfno ; d]G]o ; l]d]tsf c]w]olf klg x]g\ . of] ; l]d]tdf \$@ j6f l] Bfnox; c]fa4 5g\ . ; l]d]tn] \$@ j6} l] Bfnosf] k7gk]f]7gdf Ps?k]f] Nofpg a; l]g z]l]fs Sofn]8/ tof/ u5{ .

p]l]t]a]h]f] v]l/b]f]s]f] h]f]l]u/ Tofu]f]f]f] p]gn]f]o{ l]j:d]f]t 5] . a]l]z]l]f]of kꞑꞑ]f]d]f] s]l]x]N}l]b]Ss n]f]u]g] . g t s]l]x]N} k5]t]f]g}eof] p]g] eG5g\ a]5]f]f]5f]l]n]f]o{ k9]f]pg]k5{eg} u]f]v]h]d]f] ; f]y]f] cleofg rnf]P]F] . d]f]f] n]f]l]u of]G]b]f] 7]h]f] ; km]t]f] s]x]G5 / A a? lz]l]f] d]G]q]f]nosf] s]d]f]f]n]g} lz]l]f]of kꞑꞑ]f]nf]o{ .b0{g]d]a/sf] h]f]l]u/l] eg]f]f] ; G]b]f] p]gn]f]o{ l]b]Ss n]f]U5 . To; h] p]g] eG5g\ a]o:t]f] ; G]b]f] l]rQ b]v] klg kꞑꞑ]f]ut c]f]d] ; G]t]l]6 , ; f]d]l]h]s ; j]f]f] l]x; fan] p]g]l]x; e]G]b]f] x]f]d] b0]f]bd] c]u]f]l]8 5f] A

तपाईं जहाँ हुनुहुन्छ त्यही तपाईं जहाँ पुग्नुहुन्छ
देशभरि
उज्यालो 90 नेटवर्क

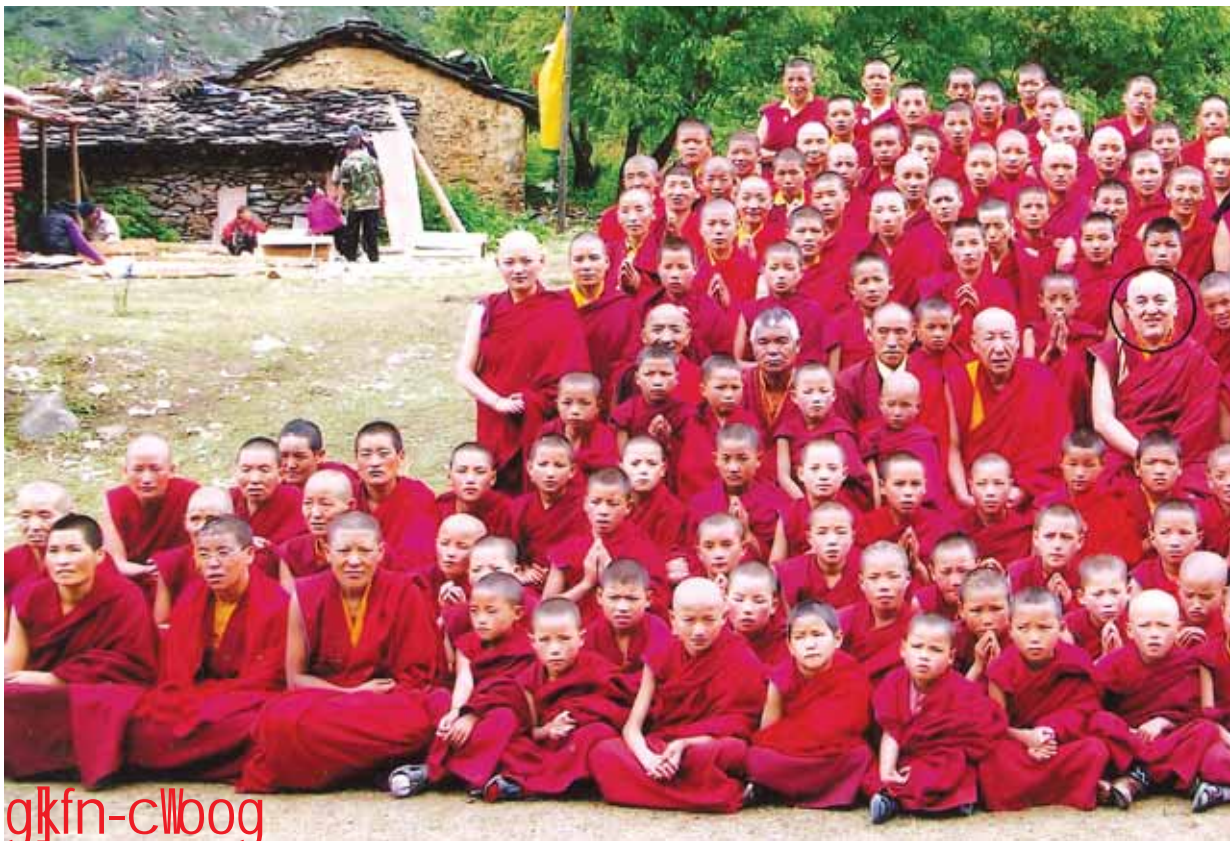
देशभरिका 90 वटा एफएम स्टेशनहरूबाट एकसाथ प्रवर्द्धन गर्ने हामी साधमा छौं ।

विहानदेखि रातीसम्म
● ६ बजे कायाकौरेल ● ९, १२, ३, ६ र १०:४४ बजे नेपाल खबर ● ८ बजे नेपाल वर्णन

सीधा कुरा, प्रष्ट विचार

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gkfn-cibog

8f= tlyaxfb/ >ij7

▲ /f5g uDafsf
cfxg;sf ;fy
u? l/aKf5



rd-5\$Dkf/M

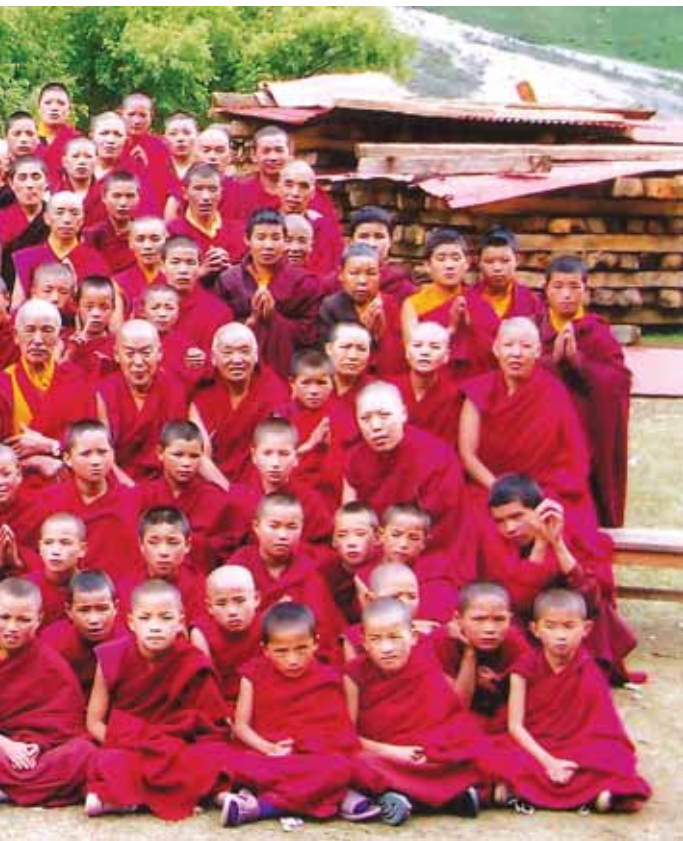
nlsa; \$f]pkTosf
5lka; \$f] ; :s[t

rd-5\$Dkf/ h:tf]jph lsdft^a / Toxfbf] ; d? ; :s[t / uDafx;sf] cnf]ss
cfsifof, clatlo kfs[ts 56f, ; xbol :yfglo afl;Gbf / Itgsf] lgikfk cfltYo
cflb ; D%bf hq; lxN6gn] ; g\!(## df cYofPsf] .; f^aluhf]lsf] cgeit oxl
pkTosfdf cgej xG5 .

Something hidden. Go and find it.
Go and look behind the Ranges—
Something lost behind the Ranges.
Lost and Waiting for you.
- Rudyard Kipling, "The Explorer" 1898.

syl 5 Toxfnlsa; \$f . hfpM / kQf nufpm.
lxBxfn / vfhL xj kjf >0flsf]k5fl8 uP/ .
syl x/PPsf]5 Toxf tl kjf >0flsf k5fl8 .
x/PPsf tl j:t' ltd}nflu klvq; \$f 5g\.
a; \ltd}nflu=

Ps ; o P3f/ jif{klxn} slj lslkn^an} JoQm u/\$f
ol efjgfox dge/L ; fF} Ps vfhkOf{ ofqdf
nlDsof}eg] lxdnosf] svdf st} nkt cj:yfdf, st}
ukt cj:yfdf t st}; kt cj:yfdf ; fgf-7hf e":juK
e0b5f}. s; h] Itgnf0{zDjmf egl ; Dafvg u/} s; h]
Itgnf0{ f^aluhf agfP / s; h] Itgnf0{ jph egl JofVof
u/}. o:tf b]f]df eldsf] ; ^aWof lxdnoel/df !)*
jof 5g\egl kl/sNkgf ul/Psf] 5 . cf7f} ztfa]sf
wdq? kB; ejn] hutsf] sNofof ug{af? wd{/ 1fgsf
; fdullx; lxdfnl uXo ukrf / pkTosfx;df ; /lft



tla/ : a9b/ : x/nx/ : 3

/ k|rlg ; :s[tn] ; :-; lHht ToF] lJzfn pkTosf
 ; a|t/af6 nsl a; \$f] 5 . uFv/f{ lHlnfsf] cfz3f6af6
 a9lu08sl k5d|p6} tlg rf/ lbgdf n|ka]L, v|fhf6]L,
 huftx6} u08sl t/7 lkmind upfF kluG5 . To; k|5
 :of/v|fhfsf] clt ; fB/f] / Hofb} ck77f] ul|5lsf] af6f]
 b0{ lbg lx8k|5 PsfPs rf8f / km/flsnf] e="bZ0
 phfu/ xG5 . %\$ x|f{ sdnsf] kmhsf] Ps lJzfn
 t/hl laR5d|f0Psf] h:tf] n|u5 . ToxfFKu|k|5 cfsfzsf]
 l|flth 6f9f-6f9f; Dd kmhG5 . k|7|t/ uofz lxdfn
 -&,\$)^ ld6/_sf] z|v|nf / klZrdl efudf z|El lxdfn
 -&,*& ld6/_sf z|v|nf %08}; dfgf|t/ ; kdf pQ/-
 bl|f0f kmhPsf 5g\ . alrdf nueu #)) ld6/sf]
 pFf0df lJzfn ; dy/ efunf0{ lrbf :of/v|fhf au\$|f]
 5 . pQ/lt/ a9b} h|f|f g|kfn-ltAat ; f|w|nf0{ h|f|f]
 a0nf 9h|, xdn^a / y|k|nf e-Hof^ax; kg{ c|fP5g\
 To; k|5 ltAatsf] ; dy/ dfneld c|f|f|n] EofP; Dd
 cg|t l|flthel/ kmhG5 .

rd pkTosfsf] 5\$Dkf/df p|{f k|f6x; l|gd|f|f
 ePsf 5g\ . l|gd|f lJz|f u/7 p|f, s?, k|f|k/, uxF
 / cfn' v|t| ul/G5 . b|f0f|f0f|f kfvdf x|/of] jg
 km6fPsf] 5 . of] pkTosfdf afnl k|fSg bz+P3f/
 dlxgf n|u5 . c; f|hdf 5/\$|f uxFcsf] j|f|f|f ebf] ge0{
 sf6g ldN|b|g . To; h|} ox|f|f] e="bZ0df lJleGg afnl|f
 k|f6x; leG|leGg /usf sfk6 laR5d|f0/fv|w|b|v|G5 .
 of] j|f|f uxF/f|k|\$|f] 7f|f|f c|f|f j|f|f k|f|k/ /f|k|G5 j|f c;
 g} afnl nuf0G5 . afnl lJlfgsf] of] p|R|td r|t|f
 cg|jsf] cgkd pkh k|g x|f . ox|f#1)) ld6/sf]
 pFf0df k|g t|f|laf/L k|x|h} b|v|G5 . ToF] pFf0sf] t|f|L
 / o:t} c; afnlx; k|l|q lxdfnsf] r|f|v|f] cg| z lnP/
 rd-5\$Dkf/df c%}; /l|ft 5g\ . ox|f/f; f|lgs dn /
 sl6gfzs lJl|f|b c%} klu; s\$|f] 5|g . ; g\|((^ sf]
 e|f0f|f a|h|f ; l|nt tYof|f cg|f/ 5\$Dkf/ u|f|j ; e|/df

u/7 hfg|ePsf] hglj Zj|f; 5, lJz|f u/7 dxfof|g af|f
 hutdf . tl :ynx; lJleGg /Tglglw / w|ld\$ b|jox;sf
 u|kt 9s6l (Hidden Treasure) xg\
 af|f wdf|f|ndalx; o:tf n|sf0Psf 7f|f|f0{ j|f|f eG5g\
 o:tf kl|q :ynx; tlyf6gsf k|Doeld dfq ge0{ h|j|s lJl|wtfsf]
 cgkd e08f/ k|g ; f|j|t ePsf] x|g|n] g|k|f|ndf k|f|kt s|x| j|f|hx;
 ; A|lft l|f|q|eq kg{c|fPsf 5g\ . ; u/d|yf /f|l|6 lgs'-hsf]
 v|Da' l|f|q, dsfn-j'20f /f|l|6 lgs'-hsf] v|k|fn^a, n|f^a6f^a
 /f|l|6 lgs'-hsf] of|l|df] / g|l|df] tyf dgf:n' ; A|f0f l|f|q|f]
 lsd|fh^a lJz|f p|n|v|g|o 5g\
 ko6g lJsf; / k|f|s|f|s ; Dkbf ; A|f0f|sf] W|o|f|n]
 lJZj ; A|f0f ; 3 -cf06; lP_g g|k|f|nsf] t|j|f|j w|f|gd ; g\
 !((^ sf] h|g @ b|v @) t|f|v; Dd 5\$Dkf/sf] e|f0f
 ug| c|j; / k|f|kt ePsf] l|yof] . lsd|fh^a j|f|hsf] Pp6f
 dx|f|j k|of{ l|f|q x|f . Oz|f|f] af|x|f| z|t|f|b|df l|tAatsf
 af|f u? Pj+k|v|oft slj ldn|k|fn] lsd|fh^adf tk,
 hk, Wofg u/7 af|l|w|1fg k|f|kt u/\$f p|b|x/Ofx; o;
 l|f|q|df e|l|6G5g\ . ox|f|f] l|k/f|q km uk|nf ldn|k|f|sf]
 uk|nf|sf] g|f|ddf tlyf6gsf] n|flv kl|q :yfg d|f|gG5 .
 ox|l l|f|q|df ; f|k|f lsd|fh^a g|f|ds Ps lJz|f :yn k|g
 5 . pQ/L uFv|f|f] :of/ v|fhfsf] k|f|gl 9nf|l|eq kg{c|f|p|g]
 of] l|f|q|nf0{ rd elgG5 . o; l|eq r|Dr|g / 5\$Dkf/
 b0{ j|6f upfF lJsf; ; l|dt 5g\ . :yfg|o 5d|f|Sof^a
 upf|f|f0{ c|r|h 5\$|d|v|elgG5 . 5\$|d|v| k|f? b0{ upf|f|f]
 g|f|d ; e|f|h|gaf6 5\$Dkf/ g|f|d ag\$|f] 5 . o; k|f|f/
 lsd|fh^a j|f|hsf] e|f|w|l|ns j|f|t|j|stf / c|f|Wof|Tds
 l|rg|tg rd-5\$Dkf/df ; f|sf/ 5 . g|k|f|ndf ; a|f|6b|f
 sd ; l|g|Psf] sltko g|k|f|n|n] y|f|x} g|k|f|Psf] d|f|g|j :tl

u? l/a|k|f|\$|f] ; Ddfg ▶



tla/ : a9b/ : x/nx/ : 3

tl :ynx; lJleGg
 /Tglglw / w|ld\$
 b|jox;sf u|kt 9s6l
 (Hidden Treasure) xg\
 af|f wdf|f|ndalx; o:tf
 n|sf0Psf 7f|f|f0{ j|f|f
 eG5g\
 o:tf kl|q
 :ynx; tlyf6gsf
 k|Doeld dfq ge0{
 h|j|s lJl|wtfsf] cgkd
 e08f/ k|g ; f|j|t ePsf]
 x|g|n] g|k|f|ndf k|f|kt s|x|
 j|f|hx; ; A|lft l|f|q|eq
 kg{ c|fPsf 5g\
 lzlfs ■ ; fpg @)^^

gkfn-clbog

!\$)) hg; ^aVofsf nflu !\$)) x\$6/ v\lof]o hldg
pknAw blVGYof]. ToxF@% 3/w/l lyP . kzkfngdf
ofs, gfs / r/f\afx\$ sxl 3f8f lyP .

of] lfgel/ kz' aw jf df/sf6 jlh€ 5 . ToxF]f
hghljg; E :yfglo ;kdf g} lehG ; Sof} eg] xfdl
cfknhf0{ ; of} j if{ klxn\$] P]t xfl; s sfnv08df kl\$]f
cgej xG5 . efuf]hs b/l\$]lx; fan]cyff\wjf0{b/l\$]f
dfkgaf6 eg] sf7df8faf6 5\$Dkf/ () lsn]ld6/leg
kg{ cfp5 . nf^a6f^ / uofz lxdfinn] 5]slbPsf]h
5\$Dkf/ klG %08}gf} lbg nfluof] xfdlnf0{ . To; h} of]
blu€ 5, ox]f]f /x:o sf}xkn0f{ 5 . kfrlg wd{ /
;s]t clg ox]f]f cgej xg]cnfl]ss zflgt clatlo 5 .
lsdf]h^sf] cy{ .xifk0f{ pkTosfl (Valley of Happiness)
rd-5\$Dkf/ klk]5 vNb5 .

lelf' cflgx; dfq} a:5g\eg] d' uDaf k?if lelf' /
9fjfx;sf nflu lgdff ePsf xg\ . ol bj} uDaf
cj tf/l nfd' afjfa v\fk alu-kf l/aaf] \$]f] ; AfstJdf
; -rflnt 5g\ . jtdfg nfdsf k}{cj tf/sf] ; do ; g\
!()% df /f5g uDaf :yfkf ePsf] blvG5 . u?n]
k/} jdh lfgnf0{ k0f{ ; kn] lx+fdQm lfg agfpgPsf]
s/f ; g\!(%# af6 sfoef/ ; Dxflb} cfpgePsf jtdfg
l/aaf] af6 xfdlnf0{ hfgsf/l ePsf] 5 . o; alr kx/l
rf\$]l, ko6g / ; /sf/l sd{f/lx;af6 kzk]l df/sf6
xg] ; Defjgf a9b} uPk]5 ; Dj t\@)^ j zfvdf :yfglo
nfd, al4hlj l Pj +; j {fwf/0fn] of] sf6df/ jlh€ lfg
xf] eGg] cflwsf/s kl]ta4tf sfuh ul/lbPsf lyP .
o; ; Gbedfl rd sNof0f ; ldt]n] of] s/fnf0{ c% a9l
cflwsf/s / sf6g; Ddt agfpg] hdsf] cl3 a9fPsf]
5 . ; Dj t\ @)^ sf] lnvtdf lgdg
s/fx; pln]y ePsf 5gM

..!_ lzs/ gv]lg] -_ kf; f] gyfkg] #_
dx gsf9g] -\$_ sg} klG hlj hg]j/nf0{
sf6df/ gug] -%_ sfd lbg g; Sg] u/l
a9f] ePk]5 klG sg} hg]j/nf0{ sf6l
vfg] Jo]Qmsf] xtdf ga]g] / rd/l
uf0\$]f af5f gdfg] -^_ sg} tj/af6 hlj
lx+g gug] l

clxn]xg nfu\$]f] rd dxf] ; j -@)^
c; f/ #) blv ; fpg @ ut] Dd_ sf]
cj ; /df pkoQm af]x; k]l kGM kl]ta4tf
JoQm ug] / lx+fdQm lfg]f] rf/lSnnf
cyjf ; fw ls6fg ug] sfoqnd klG
/flvPsf] 5 .

/f5g uDafdf ; g\ !((^ sf] hg
dlxgdf, !# jif]v *# jif{ pd]sf
nueu *) hg cflgx; lyP . xfn pQm
; ^aVof ; osf] xf/fx/ldf 5 . ; fdfgotf
3/sl d]xnl 5f]l cgl ag]rng /x\$.
uDafdf blvnf xg] cflgsf] e/Ofk]f]of
kl/jf/hgaf6} xg] u5{ . wd{ / 1fg
kfl]tsf nflu To:tf] cgs66f/ 7fpdf
Toqf] hdt hDg' dfdhl s/f] x]g .
ToxF]f] ; dfh, ; s]t / ; s]f/n] dfq

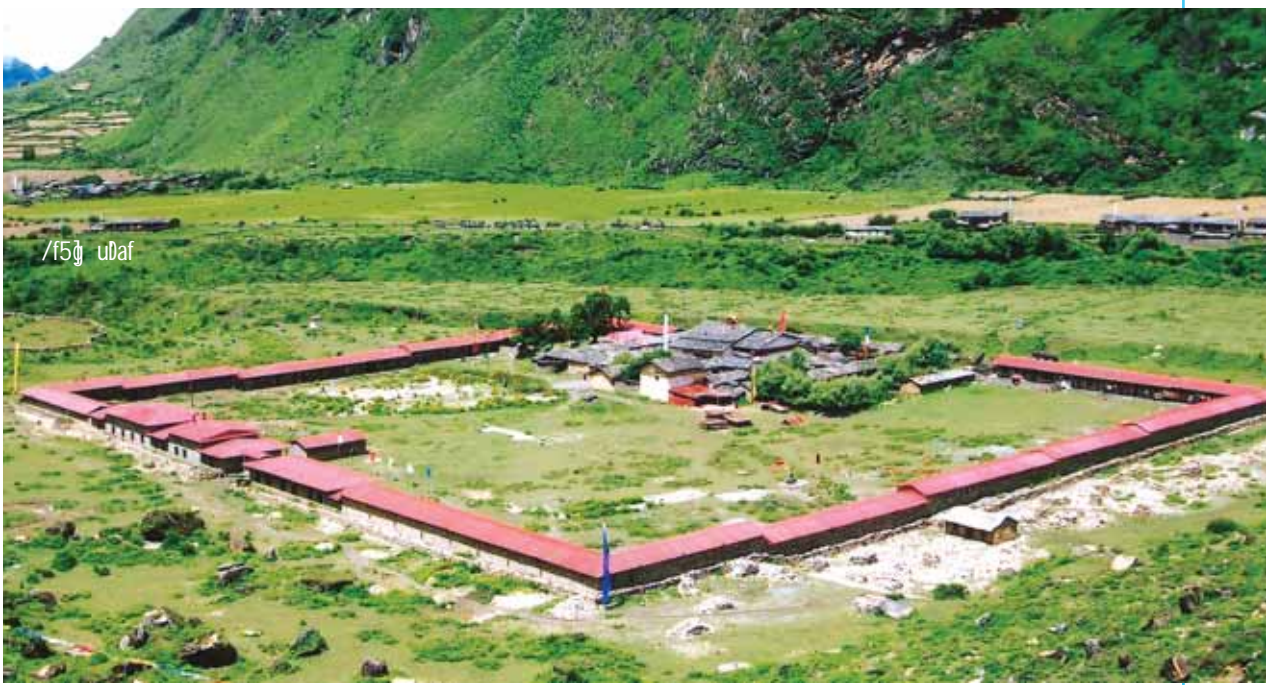
x]g, cfls Joj:yfn] klG uDafx; ; hf? 5g\ . elv
yfk' lelf]f] ; efj} x] . t/, ol lelf]f] gfd' cg\$g
lj bz]l ; 3; yfn] c]toGt bl6 tl/sfaf6 j^ (web) d]k]f
rGbf, bfg, lelf' d]b}u/\$f pbfx/of 0G6/g]df el]6G5g\
Pp6f j^k]hdf elgPsf] 5, æol cflgx; lj leGg k\$]/sf
; fdf]hs bl]oxf/ ; xg' k/], ul/alsf] rk]df k/],
hah[tl lj]fxsf] agwgdf af]wg klGknf{eg} cflbcflb
sf/0fn] uDafdf etl{ ePsf xg\^E gsf/]f]ds kf]/sf]
of] lx+fnf0{ klG rd sNof0f ; ldt / cfhsf hfu?s
o]f rd lg]f; ln] /f\$gk/\$]f] 5 . d]f]f cf'gf] efuf0df
1fg]lkg / d]f]f]f] af6df nfu\$]f ol cflgx; eGbf ; v\
/ ; Gtr]l k]fl of] k]j]ldf lj/n} el]6Pnfg]l

5\$Dkf/df ux/F
knk/sf] v]l



of] pkTosfdf afnl kfSg bz÷P3f/ dlxgf nflu5 .
c; f]hdf 5/\$]f uxFcsf] j if\$]f ebf} ge0{ sf6g ldnbG .
To; h} ox]f]f e^b]zodf lj leGg afnlSf kf6fx; leGgleG
/usf sfk6 laR5df0/fv%b]lvG5 . of] j if{ uxF/fk\$]f]
7fpdf csf] j if{ knk/ /f]kG5 jf c; g} afnl nuf0G5 .

o; lfgdf @\$ j6f dx]j k0f{ uDaf 5g\eg] s/f
rd sNof0f ; ldt]n] pln]y u/\$]f] 5 . ; g\ !(&)
sf] ofqf lj j/Ofdf k]fG; h]l cG]j]sao 8f] f]h / h]6
(Dobremez & Jest) n] #* j6f wld\$:yn / uDafsf]
gdf]nl k]t' u/\$f 5g\ . To; e6f cl3 ; g\ !(%^ df
ah]otsf cG]j]s 8]e8 :g]huf] (David Snellgrove) n]
ox]f]f dVo-dVo uDaf / wld\$:ynx;sf] al]h]j :tf/
lj z]f ; kdf jOfg u/\$f 5g\ pgsf] . lxdfnl tly6of]l
(Himalayan Pilgrimage) gfdS k':tsdf . o; lfgsf
kl; 4 uDafWo] 5\$Dkf/sf] ; dy/ e^efudf cj] :yt
/f5g uDaf tyf ToxF]f6 Pslbg lx8] klug] clnf]
6fs/fdf cj] :yt d' uDaf k5g\ . /f5g uDafdf dlxn



15g uDaf

/15g uDafdf ;g\!((^ sf] hg dlxgdf, !# jif6lv *# jif{pd}/sf nueu *) hgf
 cflgx; lyP . xfn pQm ;^vof ;osf] xf/fxf/ldf 5 . ;fdfotof 3/sl dflxnl 5f]l cflg
 afg] rng /x\$. uDafdf bflvnf xg] cflglsf] e/OfkflrOf kl/jf/hgaf6}xg] u5{. wd{/ 1fg
 kflKtsf nflu To:tf] cgs66f/ 7fp6f Toqf] hdtf hDg' dfdhl s'/f] xf0g .

d'uDafsf nfd / 9fj fx; klg cnflss kf0flsf cj tf/
 nflu5g\ xfdl] eDOfsindf pglx;sf] ;^vof *~!) hit
 lyof]. d' uDaf /15ge6bf bz jif{klxn} :yfkf ePsf]
 /x\$. Toxf@~\$ j6f 7hf-7hf e6f] sfux; (Raven) sf]
 kx/f 5 . uDafsf] af6f] sxl ckl/lrt dfg; x; psfnf]
 nfluG; fy ol sfux; uDafsf] rf/lt/ p8] 7hf7hf]
 :j/df s/fp6f /x\$g\ . log} sfusf ss{df nfdx;n]
 xfdl] :jfut u/\$f lyP . sxl ;dokl5 xfdl sfusf klg
 ;fyl aGof}. b0{lbgl5 sxl kx/l xfdlnf0{; hVk5 ug}
 cfp6f /x\$g\ . Itglx; xfdl 5p cfp6f b0\$06f cufj}
 ol sfun] xfdlnf0{hgfp lbP ls sxl ckl/lrt JolQm;
 psfnf] r9b\$g\ . xfdl 5Ss kf0f]l

rd 5\$Dkf/ ljsf;sf] kvf0df 5 . kfls/Of
 jt0fg ousf] dfu xf0g . xfn 5\$Dkf/ klg] af6f]
 w}]; wf/ e0; s\$] 5 . o; lqsf] xjf0{d6f]sf] dfu
 ;g\!(&\$ b]v g} yftl /x\$] 5 . To; jif{/fhf
 jl/Qb\$] eDOfsf] l;nl; nfd pQm dfu phfu/ ePsf]
 lyof]. ljut b0{jif6lv of] lq; ;dkut ko6gsf
 nflu vhf ul/Psf] 5 . klxn] lglflwt lyof]. 5\$Dkf/
 / sP^sf] cfj t-hjt k/Dk/fut ;kdf ;xh lyof].
 To; sf/Of gkfn-rlgsf]/fhglts ;d%bf/l / Jofkl/s
 ;Defjgfsf] b]6n] of] lq; sxl ;jhgzn dfg65 .
 jt0fg cj:ydf ljsl;t ;Pgfklj lw ljz]ftM 066/g6
 / 6]hnsDolgszgsf pknAwaf6 rd-5\$Dkf/n] oyr]rt
 ljsf; ug] cj;/ h6fpg ;lsg] b]v65 . o; ;Gbedf
 o; j0hsf] cl:dtf sfod ug{ljz]f glt / sfo6nd
 th6f xg' clt cfjZos xG5 .

kof{ko6gsf] ;DefJotf clt pRr /x\$] o; lqdf
 lelqg] cltly, sdf/l, ljsf; lgdffsf sfo\$tf{; ah]
 oxf6f] cfrf/; ktf clgjfo{ ;kdf kngf ugkg] :lyt

a; flngk5{. ko6g ljsf; sf nflu o; lqsf] e~pkofu
 ug{3/hluf jf cGo e~:jfldEj vl/blaq / ngb6sf]
 ;Da6wdf ljz]f Joj:yf xgkb5 . ;du6f e6gkb{ o;
 lqsf] ljsf; ug{oxf6f :yfglo kfs]ts Pj+;f:stts
 ;Dkbf]sf] ;AfOf Pj+;Da46sf vfx; tof/ xgkb5 .
 To;kl5 dfq lzlf, :jf:Yo, ;~rf/, oftoft, ko6g,
 jg, s]lf tyf jftfj/Of Pj+zflGt;/lffsf sfo6nd;
 ;~rfng xgkb5 . hn]Bt\ Pj+j\$INks pihf6f]
 ljsf; df o; lqsf] pRr ;DefJotfnf0{gsfg{ldNb6 .
 eflnsf lbg sdr]a lqfnf0{s:tf] ;kdf ?k6t/ ug]
 e6g]:ki6 vfsf cfhsf] klxnf] cfjZostf xf].

c6fodf,
 rd-5\$Dkf/ h:tf] j0h lsdfr]a / Toxf6f] ;d
 ;s[t / uDaf;sf] cnflss cfsif6f, clatlo kfs]ts
 56f; ;x6ol :yfglo afl; Gf / ltsf] lgikfk cftYo
 cflb ;D%6f h0; lXN6gn];g\!(## df cVofPsf]
 ..f^h]flsf] cgelt oxl pkfosdf cgej xG5 .
 olb o; 7fpf0{ xfdln] ah6f lrgg ;sdr] / oxf6f]
 ;s[t / k\$[tnf0{ layr] ljsf; / cyr]kfh6sf
 gddf ljs[tlt/ pGdv eof;eg] xfdln] cfknhf0{lgZro
 klg ..dl0fsf] b;zsfl llnu kdf0ft ug]f}. c:t' u

- ; Gbedf**
 != v[kf] aj^ jf] nfd (-@)^%M kljq :yn ;AfOf / hlj s]kfhg; Da6w
 ul]l sfo{kq -!(d^k / @)^%_ s7d]8f}-
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slffsf7f lj 1fg lzlf0f

hoksfz >ljf:tj



xfdl lzlfnsn]g} wX}; wfg{; S5f}+

wX}h} lj 1fgnf0{sl7g lj ifo 7fGg] u/\$f 5g\ / P; Pn; ldf c; kmn xg] clwsfz 5fq5fqf lj 1fgdf klg c; kmn xg] u/\$f 5g\ . t/ of] lj ifonf0{ ; /n agfpg / lj Bfyl\$} ?!r a9fpg ; lsG5, olb lzlfnsn] ; xl lzlf0f lj lw kofu u/] eg].

Lz lf0f lgs}sl7g / ; jhgzln sfo{xf]. To; df klg lj 1fg lzlf0fdf yk ; d:of / hl6ntfx; 5g\ . lj 1fgnf0{sl7g lj ifo 7fGg]ul/Psf]5 / P; Pn; ldf c; kmn xg] clwsfz 5fq5fqf lj 1fgdf c; kmn klg xg] u/\$f 5g\ . lj 1fg uxg lj ifo cjZo xf] t/ o; nf0{ xfdl ; /f\$}jfnfx; n] c; jfe]j s ; kdf uxf] / xf]fsf] lj ifo agfPsf 5f}. kf70qnd lj sf; s]bh] agfPsf] lj 1fg lj ifosf] Pp6}kf70qnd, k/liff lgo6qOf sfon] kofu]tds dNof]g eP=gePsf] tVo yxf kfgsf lglDt byfPsf] pbf; lgtf, lj 1fg lzlfnsn] of] lj ifosf] lzlf0f sfonf0{ cGo lj ifosf] lzlf0feGbf leGg g7fGg, lzlf kzf; gn] lj 1fg lj ifonf0{ cGo lj ifo; /x dfq kf70ef/ t\$g' cfb lj 1fgnf0{ sl7g agfpg] kdv sf/of /x\$} 5g\ . o; n] ubf{ lj 1fg lzlfsf] pkn]Aw pE] nflu; s\$} 5g . o; afx\$] kf70ak':tsdf /x\$} ql6 / kf70j :tsf]c; Gthg, c:ki6tf / qndEtf, lu8, kZgkq / dfls? :sdsf ql6 tyf lj 1fg cWoog u/\$f] hgziQm c; lqtkk(nfu\$ sf/ofn] klg lj Bfnodf lj 1fgsf]k7gkf7g sdhf] ePsf]5 . tyflk rGf]lx;sf afahb klg lj 1fg lzlfnsn] cf^gf] ; lksf] ; bkofu ug{ ; Sof]eg]lj 1fg lzlfsf] pkn]Awnf0{rDsfpg ; lsG5 . ; f]lgs :shdf lj 1fgsf]k7gkf7g sdhf] xgdf c;sf] eGbf a9l eldsf lj 1fg lzlfss} 5 . lj 1fg lzlfnsn] cfknh] k9fpg] tl/sdf kl/j tG Nofpg]lalQs}w} s/f cfknh; lwg yN5g\ .

lj 1fg lzlfnsn] z]lfs ; q z? xgcfuj} cf^gf] lj ifosf] lzlf0f- l; sf0 lqmfnsnfkx;sf]lj flif\$ ofhgf agfpgk5{ . o; df rf6{kltoflutf, d]h lqdf0f, lj 1fg k}zG, lj 1fg xflh/lhj fkm kltoflutf, lj 1fgsf] lxHh] kltoflutf, lj 1fg; DaGwl jfb]lj jfb kltoflutf, :ynut eDof, kl/ofhgf sfo\$} ; fy} ; dbfonf0{ d2t k'ofpg] vfnf lqmfnsnfknf0{

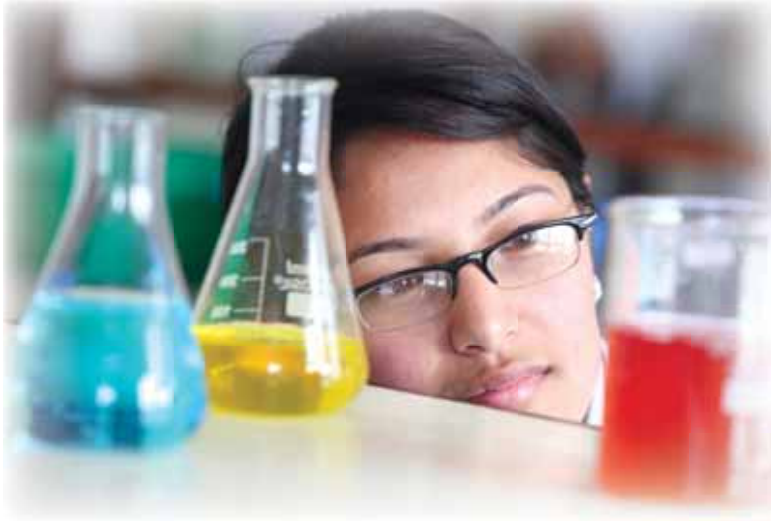
:yfg lbg' pkofu] / cfjZos xG5 . o:tf lqmfnsnfkn] lzlf0f-; fdul h6fpg d2t kU5 . o; f]ubf{Psf0{ofhgf / blgs kf7ofhgf agfpg klg ; lhnf]xG5 .

cfknh]k9fpgkG]kf7sf]tof/l ubf{kf70ak':tsdf dfq lge{ g/xl kf70qnd / ; Gbe{k:tssf ; fy}; Dej ePdf lj Zj sfz; -PG; f0Snf]k]8of / On\$6lgs ldl8ofx;sf] kofu ug{ nefbfos xG5 . kf70ak':tsdf kf70; fdul cku ePdf cyjf afXo kf70j:t' / kf70; fdul]sf] qnd gldn\$} eP cfknh; qnd ldnfP/ lzlf0f ofhgf agfpgk5{ . xdf] h:t] bZdf JoVofg lj lwaf6 ul/g] lzlf0fsf] dx]j nf0{klg gh/cGbfh ug{ ; lsEg . lsgeg] of] lj lwnf0{klg lj Bfyl\$}Bbt tNofpg ; lsG5 . lzlf0f ofhgf agfpg cfjZos kg]lzlf0f ; fdulx;sf] ; rlnf0{ klg dx]j lbgk5{ .

ofhgf agfP/ k9fpg klg Pp6}lj lwsf] kofu ug{ k6df/nfubf] xg; S5, To; h} lzlf0f lj lwdf lj ljwtf Nof0/xgk5{ . lzlf0f qnddf ; /n, :ki6 / ; se/ z4 eiffsf] kofu ug{k5 / pbfx/ofx; lbE} lj Bfyl\$} j]l/kl/ kf0g] j:t' / 36gfx; 56fpgx5g . JoVofg lj lwnf0{ 5nkm, k}zG, kZgD/ cfb lj lw; E uff] k9fpg lj Bfylx; n] ; xh ; kdf lj ifoj:t' ux0f ub5g\ . k}zG sfo{kofhgsf nflu kofu ul/g] rf6{/ afBdf n]lvglrqh]klg kefj sf/l lzlf0fdf ; 3fp5g\ . slffsf]fsf] jftfj/of d}lk0f{ / khftflGqs agfpg lzlfns ; w}tTk/ /xgk5 . oxif khftflGqs eGgsf] cy{ 5f8fj fbnf0{ 6]f lbg' eGg] xDg . lj Bfyl{ / lzlfns bj} cf^gf] dof]fleq /xg kb5 . cfknh]u/\$f sl7g cgejx; ; fylx; E ; f6; f6 u/] ; xh tNofpg ; lsG5 .

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; -rfng ubf{ klg lj Bfyl\$;sf] Wofg lj 1fg cWooglt/
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; d; fdlos 36gfs j] flgs sf/0fx; 5nkmm ug{ klg
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- lj 1fg lzlfns] lzlf0fsf] qndf kf7ak:tsdf dfq ; lldt g/xl cfof] Zos kf7a; fdul] afix/L ; f]af6 h6fP/ eP klg /fd/L k9fpgk5{.
- cf'gf ; xsd] ; E eP xB lzlf0f ; d:of / To; sf] ; dfwgf/] cgej xZsf] ; f6f; f6 ug] sfodf lj 1fg lzlfns ; jo+cu/ / xgkb5 .
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- lj 1fg lzlfns] lzlf0f lj lwdf lj lwtf, lzlf0f qnd, afndgf] 1fg cflb s'/fx; Vofn /fv} lzlf0f ubf{ lbu] / k]f]sfl/L ; sfodf d2t kUbb5 .
- slfssf]fdf kf7ak:tseGbf lzlf0f ; fdul] ; kof]u a9fP/ lj Bfyl\$;n] kf7ak:tssf] a9L pkof]u 3/df ug] jftfj/0f agfpg ; sd] lj 1fg lzlf0f sf0{ lbSsnflu] xG5 . ; du]df eGbf lj 1fg lzlf0fnf0{ k]f]sfl agfpg cZsf] eGbf a9L eldsf xdl lj 1fg lzlfss} xG5 . To; h] lj 1fg lzlfns] cfn]hf6 lj 1fg lzlf0fsf] ; wf/ yfN' c]hsf] cf] Zostf / dfu xf] .

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Adapting textbooks for ELT

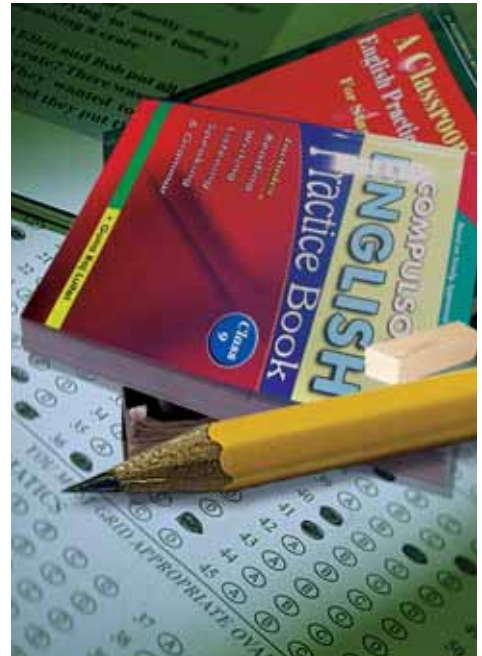
We English language teachers should keep in mind that learning a language is not like learning another subject such as history, mathematics or biology. A language should never be taken as a subject, it is a medium.

We start with introducing the concept of supplementing and adapting textbooks for English Language Teaching (ELT). This is done by making use of materials which make the students interested and motivated. We discuss adapting textbook materials to suit to the aptitude and learning style of students.

Whenever we visit schools as trainers and resource persons, we take the opportunity to ask students what teaching-learning aids teachers use. We ask a simple question: "What does your English teacher carry to the classroom?" The responses vary. Some students say that their teachers bring textbooks, worksheets, newspapers, pictures, audio player, posters, etc. Others say that their teachers just carry textbooks. Some complain that their teachers come with nothing more than chalk and duster. Others are evidently so unprepared, they borrow textbook from the students.

We English language teachers should keep in mind that learning a language is not like learning another subject such as history, mathematics or biology. A language should never be taken as a subject, it is a medium.

Through English language classes, we are preparing our students to communicate in real-life situations, where they will have to handle all types of communication independently, with accuracy and fluency. In today's world of communication, our students will surely lag behind in every field if they cannot convey the messages



they want to. Exposure to various English language usages will enhance the proficiency of the students, and this requires teachers to be able to use different teaching-learning materials in the classroom. A variety of teaching-learning materials in the classroom is an ideal source for developing the students' language standard. These ELT materials can be in the form of textbooks, workbooks, cassettes or DVDs, newspapers, in addition to the blackboard or white board where words are written. In short, anything that presents, informs or deals with language learning may be termed an ELT material.

Even as we take the assistance of ELT materials, English teachers must not forget that there is diversity in the ways that students prefer to learn a language. Some students have a preference for listening in learning a language (auditory learners), some for seeing it written down (visual learners), some for learning it in discrete bits (analytical learners), some for expressing it in large chunks (holistic or experiential learners), and others prefer to do something physical while experiencing the language (kinesthetic learners).

Remember that teaching young learners is very different from teaching adults. Young learners tend to change their mood-severy other minute and have short attention spans. On the other hand, they show a greater motivation than adults to do things that appeal to them. They need a lot of encouragement for learning, and they imbibe more if the environment is favourable, fun and child- friendly. Youngsters are better at learning if all their senses are used and exploited.

Though children of the same age group are found in a class, it is a challenge for the teacher because the pupils can vary greatly in terms of maturity, intelligence and interest. Some of this also has to do with cultural and familial background. Teachers, particularly in the primary grades, must therefore work extra hard to keep their pupils motivated and working in developing their English language. For all these reasons, the thoughtful teachers will pay attention to 'material adaptation' to suit the situation in which they are working.

Since it is almost impossible to cater to the varied interest of a large number of multi-level students, the teacher needs to be thoughtful, skilful and innovative in selecting activities which would cater to the needs of the students present in the class. Carefully adapted materials will work wonders in this regard – while adapting materials a teacher makes changes in the materials in order to improve them or to make them suitable for a particular type of teaching-learning process. Therefore, the important skill of materials adaptation will help the teachers to bring needed and adequate change to materials in order to improve them or to make them suitable for a particular type of learning environment, which will vary from place to place and classroom to classroom.

As an easy way out, most teachers solely depend on the textbooks prescribed by the school as a teaching material. In doing so, and only relying only on the textbook, the teacher is compromising with one of the most important of pedagogic principles, the encouragement of creativity. Enhancing and inculcating the quality of creativity is one of the main objectives of teaching. Students should be provided with an opportunity to think freely so that

their minds will be filled with curiosity and boundless imagination. Rigid use of textbooks can deviate us from the developing creativity, by forcing stereotyped learning and teaching strategies on the students. By following certain books blindly without any kind of adaptation, we do injustice to the learners as well as to our pious profession of teaching. This is because textbook materials are not always appropriate: they may be too difficult or too easy for the students to comprehend, and using them alone may not be adequate to capture attention.

By rigidly using textbooks without any kind of adaptation, we are trying to impose the ideas given by others as they are written by someone else. To make the printed material relevant, it is often necessary to do more than merely read from the page. Naturally, the absentee experts (the authors of textbooks) are neither aware of the age, level, interest nor the capacity of our students. We cannot expect the book writers and experts to solve our typical and local problems that we face day to day. We must also keep in mind that the textbook writers may have themselves taught in very different circumstances and settings. Therefore, English language teachers should have the skills to develop their own ELT materials as the text in the course books is usually pre-selected and un-adapted. In fact, one could go as far as to say that textbooks can even emerge as an obstacle between the teacher and the student, preventing the two from responding and reacting to each other in the process of teaching and learning. Reliance on textbook alone can take the excitement and motivation out of education, and the students become passive and un-creative. When the student remain unexcited, the teacher himself/herself loses motivation.

Lessons based on thoughtfully and properly prepared ELT materials can be very beneficial for young learners. This is because the teacher uses the materials for exploiting all the four skills in the pupil, namely listening, speaking, reading and writing. Traditionally, the emphasis has been primarily on the 'teaching' side of language learning rather than on the 'learning' side. It was assumed that if teachers do their job of teaching well, the students would certainly learn and retain

CLASSROOM

Rigid use of textbooks can deviate us from the developing creativity, by forcing stereotyped learning and teaching strategies on the students. By following certain books blindly without any kind of adaptation, we do injustice to the learners as well as to our pious profession of teaching.

the language well. But this concept has undergone transformation; it has become clear that if students are not learning or not motivated to learn, it may not matter much how well the teacher is teaching. Therefore, now there is a shift in focus of education from teaching to learning, with the teacher emerging as a 'facilitator'.

As modern day teachers, we should be able to break the monotony of the conventional style of teaching only from the textbooks. We should, as far as possible, try to assist our students to be participants themselves in the learning process, where our role is that of the guide or facilitator. We should make our pupils realise that good language learning is possible only through the mutual co-operation between them

and the teacher. Of course, the learners must participate in the activities willingly, actively and spontaneously, otherwise the teaching-learning process will never meet its objective.

While using the ELT materials, the lessons are planned in such a way that it integrates more than one skill through lots of interactions. Using the materials is intended to involve the learners so that they learn by doing. They will be self-motivated as they are the participants themselves. Some lessons in these textbooks may not be according to the need and the interest of your children. So, a dynamic and innovative teacher will prepare her/his own lesson using ELT materials as per the level, interest and need of the students. The teaching-learning will become more fruitful, and your level of satisfaction as a teacher will only be matched by the students' excitement at the ease with which they are learning English.

While preparing ELT materials, it is always wise to use local materials which are easily available. These materials should be cost effective as well as durable so you do not have to make the materials over and



रेडियो सगरमाथा १०२ थोप्लो ४ मेगाहर्ज
नेपाली रेडियो, नेपाली आवाज

लहेलहे र सस्तो लोकप्रियता भन्दा निकै टाढा सत्य, तटस्थ, निष्पक्ष
र विश्वसनीय समाचार

सधैं १५ मिनेट अगाडि

हालचाल
(सरल, शुद्ध र नेपाली भाषामा)

हरेक दिन

विहान: ८:४५ र ११:४५ दिउँसो: २:४५ र ४:४५, साँझ: ६:४५ र ८:४५

बीबीसी नेपाली सेवा
हरेक बेलुका ८:४५-९:१५ सम्म

रेडियो सगरमाथा एफएम १०२ थोप्लो ४ मेगाहर्जमा




again. Materials should also be chosen based on what students in general are likely to find interesting and motivating. Another important aspect of choosing the materials is that these should be slightly higher in level of difficulty than the present level of English proficiency. This will help challenge the students, and they will have a sense of achievement if they can solve the problems themselves. The materials should contain authentic texts, realistic situations and activities that will help the learners to develop communicative skills and strategies.

If we include pictures, posters, cut-outs, figures, visual puzzles, logic problems riddles, sequencing activities, tongue twisters in our lessons, then activities will spark the children's imaginations, sharpen their thinking skills and foster a love of learning. In the child-centered classes, the children will get ample opportunities to explore their hidden talents themselves in groups or individually. They will be encouraged to be creative, and motivated to participate in various activities based on the lesson. Any materials that the teacher chooses should be able to create contexts in which the lan-

As modern day teachers, we should be able to break the monotony of the conventional style of teaching only from the textbooks. We should, as far as possible, try to assist our students to be participants themselves in the learning process, where our role is that of the guide or facilitator.

guage is useful or meaningful.

The materials that we as teachers select should help the learners to experience language rather than study it; they should be able to bring the outside world into classroom. These may range from non linguistic items such as simple visuals or realia to authentic texts including newspaper articles, audio recordings of conversations or videos of recent TV programmes. Exposing students to these authentic texts or materials of the outside world has an important function in providing realistic input, establishing a dynamic and meaningful context for learning and increasing student motivation. 

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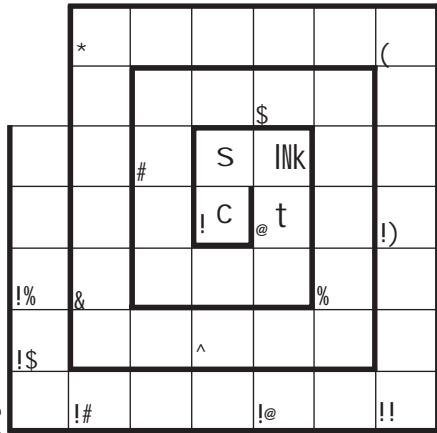
^_ cl]dnf]cl]dnf]8sf/ c]fpg]u/]sf]5 eg] cb]f; u]cgf/ , d/Lr, lx# / b]n]lrgl ; a]Ps7f]p]df /fv] lkl]g; \ . To; df Tolt g] df]q]df ld>l / sfutlsf] /; ld; fP/ n]k h: tf] ag]fpg; \ / l]bgsf] tl]g]N6 rf6g] ug{ \ . 8sf/ wj]g]c]fpg]u/]sf]5 eg] l]bgsf] rf/]k]N6; Dd rf6g; \ .

&_ vf]sl; u]Hj/]kl]g c]f0/x]sf]5 eg] Ps r]rf ; f7 kfp8/ / H]fg]Ps l]r]6l ; u]v]f]g; \ / cf/fd ug{ \ . h]p]df kl; gf c]fpg y]N5, cl]g vf]sl / H]f/]b]j]l]gsf]eP/ h]f]5 . of] c]f]flw l]bgsf] tl]g]N6 vf]gk5{.

lgodM zAbvjh, c]t]f]f/L ; 8f]s' / ; fd]f]o1fgs]f] ; xl ; d]fw]g k7fpg]x]g]k]f7sd]w]o]k]f]o]s]f Ps:Ps l]h]f]n]?)4,))) k/; sf/ k]fpg]x]g] . o; c]ssf kZgsf]h]j]f]k]m; d]fw]g @) ebf]@^^ ; Dddf lz]f]s sf]sf]of]nodf c]f0kl]g]k]g] . hj]f]k]m k7fpg] 7uf]g]M lz]f]s d]f] ; s, k]f6g9]f]f, k]f]g+!^^, n]lntk/



cGtflf/L-!



gfDM _____
 7qfgfM _____

- !_ sNkgf g}ug{g; lsg] -\$_
- @_ lau], eIs], gfl; P/ ;jxf xg]l:ylt -^_
- #_ z/L/df dl; gf sl/f lX8gfn]xg]c; lhnflkg -\$_
- \$_ 3/sf j l/kl/sf] t/sf/lv]l ug]hluf -%_
- %_ rn] cfPsf] klyf, rfnrng=k/Dk/f -\$_
- ^_ cgfb/=ckdfg=pk]ff -\$_
- &_ kf0lfsf z/L/df /ut ; -rfng xg] lqmf jf ljw -%_
- *_ njf0, vjf0, Jojxf/, k/Dk/f cflbsf] 9rfsfrf -^_
- (_ df0hgnf0{ vI; ofnldf lb0g] efb=sf] jhl=: fyt=pxkf/ -\$_
- !)_ pd] gkufsf] sfb jf sbl -\$_
- !!_ lk8fn]sf] afb -#_
- !@_ k/Dk/fb]v n]shljgdf df]vs ?kdf rlnclPsf] syf -\$_
- !#_ cf/Dk/f/De=: ?cft -#_
- !\$_ cfsfz h:tf] uf9f /u -@_
- !%_ kf0M ?vd}u8 agfP/ a:g] d; f hftsf]; fx]rnhah]kf0fl -#_

zAbv]h-* sf] ; xl pQ/
 t] fl !_ cz %_ ; fd ^_ sl6n &_ oyfy{*_ dflf\$!)_
 cfz' !!_ /h !\$_ lj/fu !%_ ds/ !^_ gzf !*_ csf]@)_
 sfltf\$ @_ l; /xf @#_ dsn @\$_ lkqf @%_ d7

7f8fl]@_ zslg #_ kmndf; '\$_ cfos/ %_ ; fy\$ (_ lj ljw
 !)_ cfug !@_ hdsf] !#_ ; /n !&_ zfsxf/l !*_ csds
 ! (_ kl; gf @!_ snd

cGtflf/L-* sf] ; xl pQ/
 !_ cf8xf @_ xfygk #_ k/Dk/f \$_ /fhwgl %_ gl/; ^_
 ; s; &_ ; lfd *_ dtk]6sf (_ sfdwq' !)_ gjfsfb !!_
 6ns !@_ snfst !#_ ltxg !\$_ g/lkzfr !%_ r-rn
 !^_ nunu !&_ uofs !*_ s8f

k/:sf/ lj h]fx;
 zAbv]h-* sf] ; xl ; dfwg k7fpg]## hgfd]w] uf]hkyf]af/f
 5flgPsf k/:sf/ lj h]fx] sdnf clwsf/L, la]no06 axdvl
 Soflk; , rfalxn, sf7df8f);

cGtflf/L-* sf] ; xl ; dfwg k7fpg]@^ hgfd]w] uf]hkyf]af/f
 5flgPsf k/:sf/ lj h]fx] an/fd bf]E]f, >l hgikp df]j,
 ef6v]hf, :of^hf .

; 8f\$-* sf] ; xl ; dfwg k7fpg]@^ hgfd]w] uf]hkyf]af/f
 5flgPsf k/:sf/ lj h]fx] r6bd]0f cofh, bh]f]f(-, tgxf .

; fdf0]1fg-* sf] Ps dfq ; xl ; dfwg k7fpg] k]t:kwf]
 lg/z l3ld/] nlnkt/ .

lj h]fx;nf0{xf]b\$ awf0{0

मकालु यातायात बस सेवा

हेड अफिस कलकती काठमाडौं, फोन: ४२७७५५२/४२८९२७२

काठमाडौंबाट	वीरगञ्ज	विहान ८, १०:१५	काठमाडौंतर्फ	कलैया	विहान ८ बजे
काकडभिट्टा	विहान ५ बजे	११, ११:४५ बजे	काकडभिट्टा	हेटौडा	विहान ११ बजे
भद्रपुर	विहान ५:१५ बजे	बेलुकी ८:१५ बजे	भद्रपुर	वीरगञ्ज	विहान ८, ९, ११:३०
मधुमल्ल	विहान ५:१५ बजे	विहान ८:४५ बजे	मधुमल्ल	शिवनगर	बेलुकी ८:३० बजे
घरान	विहान ५:५० बजे	दिउँसो १२:१५ बजे	घरान	भरतपुर	विहान ५:३० बजे
विराटनगर	विहान ५:२०, ६:४५	दिउँसो १२:१५ बजे	विराटनगर	पर्सा	विहान ५:४५ बजे
राजविराज	विहान ६ बजे	दिउँसो १२:१५ बजे	इटहरी	मेचीली	विहान ६:३० बजे
सिरहा/माडर	विहान ६:४५ बजे	दिउँसो १:४५ बजे	राजविराज	टौडी-खोलासिमल	विहान ६:३० बजे
मलंगवा	विहान १०:४५ बजे	दिउँसो १:४५ बजे	सिरहा/माडर	पर्सा-कपिया	विहान ६:३० बजे
जानकपुर	विहान ७:१५ बजे	दिउँसो २:१० बजे	लहान	जगतपुर	विहान ७:१५ बजे
कलैया	विहान १०:१५ बजे	दिउँसो २:३० बजे	मलंगवा	नारायणघाट	विहान ६:१५, ६:४५
		दिउँसो ३ बजे			७, ७:४०, ८, ८:१५
					८:४५, दिउँसो ३ बजे

टिकट पाइने स्थान: कलकती: ४२७७५५२/४२८९२७२ सुन्धारा: ४२५३१४२ गौशाला: ४४८०७९३ लगनखेल: ५५३४३५९ घरान: ०२५-२०३४२ विराटनगर ०२५-३०४२७ राजविराज: ०३१-२००९१ लहान: ०३३-६०३६६ सिरहा: ०३३-२०१३१, मलंगवा: ०४६-२००४२ वीरगञ्ज: ०५१-२१५२६, हेटौडा: ०४७-२०५३५ ।

यात्रुहरूको सुविधाका लागि गौशाला र सुन्धाराबाट निशुल्क तीनीबस सेवा उपलब्ध

शिक्षक

df;l; s u!xs a!gsf nflu ; Dks{ 7!f!gf

Onfd
Onfd k!ts k;n
knfM)@&-%@)\$e#, (*\$e^e&\$e#

%kf
>!7 aS; P08 Goh PhQ;l
bdsM)@#-%*\$!e%, (*\$e^e)&%&

hlj;sf OG6/kf0h!h
latf!f!fM (*\$e^e\$^&&

df!a
Jff0N k\$!fzg
lj/f6gu/M)@!-%*!e), (*\$)#)!\$\$!

s\$!h l8li6ko;g PhQ;l
lj/f6gu/M (*%e)ee##,)@!-%#e#* &

!; aVjf; ef
!zv/ aS; P08 :6!zg/l
v!f!f!f M)e(-%^^))&, (*\$e)%!^* \$

vf!fa
>!7 aS; P08 Goh PhQ;l
!bSt!h M)#^-\$e)ee#, (*\$e*\$e)ee#

pbok/
c!k k!ts k;n
s!f/l M)#%-\$e)!)# , (&\$#)*!##

!; /xf
!tf gf!h Goh ;!6/
nxf!-! M)##-%^))e&, (*\$e*%)*)!

!; Gwhl
Go" k/hgf :6!zg/l
!; Gwhl, @ g+ ahf/ M)\$&-%e)ee%

/fd!fk
h!Pg- k!ts k;n
d!ynl M)\$*-%\$#)!) , (&\$!)%)!!

!dlnhhl k!ts tyf :6!zg/l
d!ynl M)\$*-%\$)*)#

bf!hv
xf/tl :6!zg/l P08 ; knfo; {
eld!j/ M)\$(-!e!#e&, (*\$\$)^\$^\$^

!h/l :6!zg/l
!h/l M)\$(-^!)\$&*, (&\$!)!)!^

!; Gwkn!r!f!
s!zj :6!zg/l
r!f!f M)!!--^e)ee^, (*\$!(e\$\$#&

eQ!k/
Go" s;6!f! / ;!h!;g
; b!(ljg!fos M)#)*!%)e

; n!f!
u!f!z :6!zg/l
nfnabl M)\$^-%)!!#*

sfe]
k!l!t k!ts k;n
a!k!f M)!--^!e!e&, (*\$!^)^%&

>!7 6!f; {
kg!f! M)!--\$\$)%)\$, (*\$!\$\$&(\$!

; -ho :6!f!
w!nv!h M)!--\$(-)\$^\$, (*\$!)^#\$\$

/f!x6
k!ft :6!zg/l, r!f!glufxk/ M)%-%\$%)e

af/f
uf!lZ! / k!ts k;n
!ghu9 M)%#-%\$)!e, (*\$%)#\$(&!)

k; f!
df!;yfg aS; k
jl/u!h M)%!-%#%\$)

dsjfgk/
; d!rf/ s!b!
:sh /f!f, x!f!f M)(*\$!)%)&!)

lrtjg
gf/fo!l k!ts ;bg
gf/fo!fu9M)%^-%!e* , (*\$%)^#(e#

g!fs!f!
pl; s h!j!n :6!f!
lab/ M)!!--%)\$!e)

w!fb^a
!qk/f k!ts k;n
w!fb^j!l M)!!--%)!e)

Go" w!fb^a :6!zg/l
!gns07 M)!!--%)e)^^

!xdfn aS; P08 :6!zg/l
w!fb^a, a!f!l M)!!--%)e(e^)

g!nk/f; !
!dng k!ts k;n
; !j!n M)&*-%&!e!! , (*\$&ee)!*

tgxF
u!0sl k!ts k;n
b!f!h! M)^-%^)!e* , (*%^e\$\$%^

cljb :6!zg; {
8!j M)^-%*%)%) , (*\$^)^*)!

ndh^a
%w!gf k!ts k;n
a!l!zx/ M)^^-%e)!) , (*\$^)((*#^

uf!jvf
/f!hgf k!ts e08f/
!j B!no dfu!M)^-\$e)!e# , (*%^e!#&#&

!k!b!l
; /n :6!zg/l s!b!
e!xf!f M)!!--%e!&\$# , (*\$&)e#e(e

!jz!n k!ts k;n
ab!j M)&!!--%e)!

k!f!k!
>!7 Goh PhQ;l
t!f; !g M)&%-%e)!*e

c3f!f!f!
pd!z 5fk!fv!gf
; !Gwvs!M)&&-\$e)!e)

bf^a
v!gn k!ts k;n
efn!f!a M)*e-%*!)!*

/f!j!n k!ts k;n
nd!x! , kn!f!g M)*e-%\$)*)!

h!gtf aS :6n
3!f!fx! , kn!f!g M)*e-%^)!e^ , (*\$&*#e!%\$

af!f!
!xd!n !8!;6!o!6/ , g!k!fnu!h M)*!!--%e#*\$^

alb!f!
hg!k!b k!ts k;n
u!h!of M)*\$-\$e)ee!!

Go" cof!n k!ts k;n
e!/uf!f!
kn!f!g M)*\$^-(e!e! , (*\$*)#%\$)#

; v!f!
; ud k!ts k;n
; v!f!M)*#-%e)!)& , (*\$*)\$!&)^

c!N!f :6!zg/l
a4ky M)*#-%e!!#&

b!h!y
z!df :6!zg/l
b!h!y M)*!(-\$e)!)&\$, (*\$*)^e* (^

s!h!n!
!gnd k!ts k;n
c!Q!of M)(!!--%)&#* , (*%*\$e)!)#&*

s-rgk/
dx!s!n! ; d!rf/ s!b!
dx!f!gu/ M)((-!e!^%#

c5fd
ef!j s :6!zg/l
; f!k!h!u/ M)&(-^!)!(\$, (&\$!!!e)(&

88!h!w!f
tf!f!k!-h :6!zg/l
)!(-\$e)!e) , (&\$!)\$&\$\$)

bf!r!f!
r!f!f!gl k!ts k;n
uf!s!h!z!j/ M)(#-^!)##* , (&\$!!!e)!)#&

u!ld!
/!j Ef !j!1fk!g ; !j!
t!03f; M)&(-!e)^^^ , (*\$&)&e*^e^

s!f!d!f!f!
P=al!h!- :6!zg/l
a9!f!gns07 M)!!--\$#&&\$(\$

/!j Goh x!f;
kn!k!f M)*\$!e!&*(e#

ef!h!k/
!q!j!f!l 5fk!fv!gf
)e(-\$e)!e)

k!f!y!
; /!j!tl k!ts k;n
!kn!bd M)e\$-^!)*)#

t!f!k!h!E
; /!j!tl k!ts k;n
)e\$-^!)!&!)

k!j!f!
ho bu!f :6!zg/l
s!;df M)^&-\$e)!)#

g!k!fnu-h
Go" !q!j!f!l k!ts ;bg
w!d!f!h!r!f!f!M)*!!--%e# , (*\$*)ee&((

; 8f\$-!)

			^				#	
		!		%		^		
%		&	\$	*				
					&		\$	*
	!						^	
\$	@		(
				&	\$	*		(
		#		@		\$		
	*				^			

gfdM -----
 7jrgfM -----



; 8f\$-* sf] ; dfwfg

(^	*	@	#	!	%	&	\$
&	@	!	\$	^	%	(*	#
%	\$	#	*	&	(@	^	!
@	!	%	^	\$	*	#	(&
*	&	^	(!	#	\$	%	@
#	(\$	%	@	&	^	!	*
\$	%	&	!	(@	*	#	^
^	#	(&	*	\$!	@	%
!	*	@	#	%	^	&	\$	(

; fdfGo 1 fg-!)

! = ujj f^ablsf] g]lj df ePsf] ; z:q lj b]k bafpg gkfnl ; }f g]kl/rfng ug{k/\$f]lyof}. ca eGg; \sf]lyP ujj f^abl <

@ = Pgsf] dfgj lj sf; ; f^abl cg; f/ gkfnlsf]cf} t cfo'^# jif{-; gl @)}^_ 5 . ca eGg; \ljzj-hg; ^aVofsf]cf} t cfo'sit xf]<

= jzj df @ nfv %) xhf/ khfltsf af]la?jf -knh knNg] / gknNg] _ kfoPsf 5gl. tldWo] gkfnf slt kfoG5gl <

\$ = o/fk / Plzofsf afl; (bfn]slxnb]lv cfn' vfg yfn}sf xgl <

% = k]jlsf]&! k]tzt cz kfgn]9fs}f] df]gG5 . ca eGg; \k]jldf pknWv kfgldWo] slt k]tzt tfhf kfgl (fresh water) 5 <

; fdfGo 1 fg-* sf] ; xl pQ/

! = ljzj gl'o lbj ; , @ (clkh .

@ = k]jlel/sf sldnfsf] cgdflgt j hg, !),)) va{10,000 Trillion} 6g .

= bdsn

\$ = b]zdz], ; gl !())! df . -tlg dlxgkI5 g}pgl k]laf6 x6fOP / pgn]vfh}sf clwsfz :sh klg acb ul/P _

% = rf/ sd]zn]l -s_ kfoI lx+if -v_ rfy]l -u_ %f7f] jrg -3_ sf] ldYofrf/ -; /os ; a4 kf!@\$_





qjft

..gk9fpg] lz lfsnf0{ labf ug{ kfpkg5

eb\$fnl nfld5fg]

kç, tfnaf/fxl pdflj, kfj/f-^, sf:sl

lsg lz lfs kçf ckgfpgf] <

@)#^ ;fnf P;Pn;l lbgjalQs} hflu/ vfgkg] aflWotf lyof]. cç hflu/ ubf{ 3/af6 6f9f hfgkg] t/ lz lfs ePk15 3/kfosdf g} kfpkg] ePsf] d of] kçfzf cfPF. t/, dVo sf/Of rfxFar]4s lfd sf d ug] d]f] 0R5fn] g} dnf0{ lz lfs agfPsf] xf]. Pp6f lz lfs] lj Bfyl{ f s:tf] Joj xf/ ug] k5 < ; aeGbf dxlj kOf] xf] dgflj 1fg . cfhef]n s/la rf/ jif\$] pd] b]v g} afnaflnsfnf0{ :sh k7fpg] ul/Psf] 5 . To:tf ; fgf afnaflnsfnf0{ afndgflj 1fg a% ; xl Joj xf/ gubf{ l tgsf] afnd: tisdg/ fdf] c; / kg{ ; S5 . lj Bfyl{ nf] f] 76fP/} 7ls kfgk5 { eGg] dgl: ylt x/ \$ lz lfsn] To] lfgk5 { . lsgg] nf] f] g l; sfp5, g k9fp5 .

lz lfsk] tsf] ; Ddfg 36b} hfgsf] sf/Of s] xfhf <

To; sf] dh sf/Of t xfd lz lfsxç g} xf]. xfd lz lfsn] g} kçfut wdçg?k cf^gf] cfr/Of / sf d gu/\$fn] o:tf] cj :yf cfPsf] h:tf] nlu5 . t/ ; a} lz lfs v/fa 5gç. v/fa sf d ug] f] ; jaf6 labf lbg] clg of] onf0{ lewofpg] xf] eg] w} ; d:of cfkn ; dfwfg xG5g\ . xfd lz lfsxç lj Bfyl{/ :shkl t g} aknbf/ xg] xf] eg] ; Ddfg kn] a9b} hfG5 . lsgs lz lfof lgs} / fdf] kçf xf] .

k?if / dlxnf kwfglWofks xbf s] kw/s xbf] x\$ <

; aeGbf klxn] t ; dfhn] g} dlxnf kwfglWofksnf0{ g/ fdf] bl] 6n] x\$. k?if kç xbf sxl gaff] g] ; dfh dlxnf kç xg] jalQs} æP dlxnf / f5 o; n] s] ug{ ; S5] xfhf / eGg] u5{ . o:tf] ; f] sf sf/Of dh] klg blw kfPF. t/ klg Pp6f s/ fdf v'; L 5' . lxhf] dlxnf kçn] sxl ug{ ; Sbçg\ eGg] Toxl ; dfh cfh dlxnfn] klg ug{ ; Sbf/ x\$ g\ eGg afllo ePsf] 5 . dlxnfn] kçf; lgs sf d k?ifsf] eGbf r:t / kf/ bzl ; çkdf ug{ ; S5g\ eGg] d] f] sf dn] b] yfPsf] 5 . t/ klg sxl cfGtl/ s s/ fdf lj Bfnosf lgo f6 ubf{ dlxnf kç ePs} sf/Of yk sxl sl7gf0{ eg] c%} klg Joj f] k5 { .

tkf0\$] lj zif pkn] Aw sxl 5 <

d kç ePk15 @)#^ ; fnb]v o; lj Bfnodf pRr df] j ; ~rfng ug{ ; dy{ e0of]. o; df cleefjs, Joj :yfk g ; ldt ; dfh ; j l ; a\$] cf-cf^gf] 7fpaf6 plQs} ; xof]v k] t 5 . P; Pn; ldf pQlOf{ xg] b/

klg a9\$] f] 5 . @)#^ (; fnf !% kl tzt pQlOf{ ePsf lyP . To; kl5 a; l g a9b} uP/ @)#^ ; fnf ** kl tzt lj Bfyl{ P; Pn; ldf pQlOf{ eP . t/ , ckg] lft çkdf of] j if{ %*^% kl tzt dfq kf; ePsf 5g\ .

lghl lj Bfno / ; fdbflos lj Bfnosf] P; Pn; L

glthdf 7hf] cGt/ bl] vgsf] sf/Of s] 7fGxG5 < dVou/ l ; fdbflos lj Bfnosf w] h; f] lz lfsxç df lhDd] f/ laf] w 5g . h] u/] klg pglxç sf] tna kfs\$} 5 . / fdf] sf d ug] lz lfs k/ : s] xg] xf] eg] sf d 7Ug] lz lfs klg ; j tM sfddf nlu5g\ . To; kl5 klg / fdf] ; t gk9fpg] lz lfsnf0{ kçfaf6 labf ul/ lbgk5 { . lz lfsn] lhDd] f/ laf] w gug\$] dVo sf/Of cf^gf] kçf ; / lft 5 eGg] dgl: ylt af\$] klg xf] . lghl lj Bfnodf lz lfsn] / fdf] u/ g] eg] p; nf0{ hflu/ af6 t?çt} lgsflg ; Sg] ePsf] p; n] lhDd] f/ laf] w u5 {

; fdbflos lj Bfnosf w] h; f] lz lfsxç df

lhDd] f/ laf] w 5g . h] u/] klg pglxç sf] tna kfs\$} 5 . lz lfsn] lhDd] f/ laf] w gug\$] dVo sf/Of cf^gf] kçf ; / lft 5 eGg] dgl: ylt af\$] klg xf] . lghl lj Bfnodf lz lfsn] / fdf] u/ g] eg] p; nf0{ hflu/ af6 t?çt} lgsflg ; Sg] ePsf] p; n] lhDd] f/ laf] w u5 { / v6} nlu5 .

/ v6} nlu5 . ctM : j tGq / lgiklftk] \$ lz lfsf]

dlNof] g ug] k4lt a: g] xf] eg] of] ; d:of xn xG5 . ; fdbflos lj Bfnodf lz lfsf] cku b/ aGbl, efl] ts Pj z] lfs k] f] f/ sf] sdl, cleefjs, lj Bfyl{ / lz lfsdf kl] ta4tf / cgzf; gsf] sdln] ubf{ klg ; f] h] lgs / lghl : shalr] sf] vf8n a9\$] f] xf] .

tkf0Fcfkn] cfkn] hf0{ dlNof] g ug] k] f] eg] = 0

cf^gf] kçfkl t Odfgb/ 5' h: tf] nlu5 . lz lfsf] hflu/ !) bl]v rf/ ah] Dd dfq xf] eGg] dfgl; stf dh] slxNo} / flvGf. c7f/ 306f; Dd d lj Bfnosf] sfddf nfu] nflu/ x\$ l 5' . ; a} e ldn] sf d ul/ x\$ l 5' . ; w} cf^gf] kb / kçf] sf] lhDd] f/ laf] w u/ f] eGg] nlu5 .

dgh 3tlGq/

Ixdfn Istfasf sxl ksfzgx;

dh] bly\$] gkfn

xs{u?^a

;g\@)&, k[7 xx+#)*, ?= @&%÷

gkfnstf sbj-scb/f, kxf8-kj f, efj / / by kbn lx8x}klg]yfj}gkfnlx;df k5g\xs{u?^a . lx8y' t Pp6f kxf8l up8f h6d\$ f pgsf]afnosfnstf]lgolt g}lyof]. t/ lj bzd f k9x cfPk15 klg pgn]gkfn ofqfnf0{cf^gf] klnf] kfyldstf agfP . ; g\!(^# bly !(^* sf cj lwdf slxn]; fZzo / slxn] vfl 3dSs8lsf lx; fan] p8x, u8x / w}h; f] rfxFlx8x}ul/Psf ol ofqfx;af6 pgsf lrgtgw/fdf k/\$f 5fk pgsf nlyf0, lj Znifof / pgn] sf7\$ dh'ssf ofhgfx;df cleJost ePsf kf0G5g\ o; k!tsdf ; d]6Psf cfnlyx; ; fdfgo ofqf j Qf6t dfq ge0{gkfnstf]ef]ts elfh / ; fdlhs ; f:s[ts kl/j zaf/]Ps lj nlf of lj afg\$sf uxg l6Kk0flx; xg\



...

ljifo lj ljw

xs{u?^a

;g\@)^, k[7 xiv+@&^, ?= #@%÷

xs{u?^asf] gfdl; t PseGb f a9l lj zif of hf]8Psf lyP . elfh]lj b\ ofhgfsf/, ; dfhzf:ql, /fhglt1, lrgts, kzf; s, nlys, kbofql, kj f lj zif1, lrgsf/, krf8f]ur]kxw, vhf8l, dGql cfb cg\$ lrgf/l lyof] xs{u?^asf]. xs{u?^asf /df0nf ofqf-syf, dfld\$; :d/of, 3tnflbf ljrf/, tl1of lj Znif of tyf 7f] cjwf/0ffx; ; a\$Int ljifo lj ljw nf0{ ; xl cydf pxf8f kl]tlgw nly-/rgfx;sf] ; Efnf] eGg ; lsg5 .



...

gkfn M lxGb"clw/flhosf] 0ltxf;

I; NefFn8l

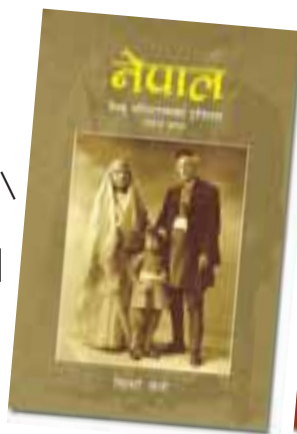
;g\@)% k[7 xxxiv+@^), ?= \$))÷-

-klxn] v08_

;g\@)&, k[7 vii+@&*, ?= @&%÷-

-bf] j] v08_

I; NefFn8l k]l6 ; :s[/ 0ltxf; sf Vofltkf]t krfG; jhl lj afg\xg\ . pgl ; aeGb f kln]; g\ !*(^* df gkfn cfPsf lyP . pgsf]gkfn a; f0sf] cj lw b0{ dlxgf dfq lyof] To] klg sf7df8f]FpkTosdf ; lldt . a; f0 5f8f] cj lwsf]eP klg pgsf]clwoog / cg; Gwfg uxg lyof]. To; \$f]kl/0ffd:j; k ; g\!()% df of] lj zb s[tlg efudf k\$flzt eof]. 0ltxf; eg\$] zf; sx; sf] j z]j nl / :tlt dfq xf0g eGg] dfGotf /Vg] I; NefFn8elsf] o; s[tnf0{ Ps ztfaBlcl3sf] gkfnstf] ; f:s[ts-/fhgltts cj:yfsf] lj atfk0f] lj Znif of dflg65 .



ahf/df ; j6 pknAw 5 .

किताब kf6g9f\$ f, nIntk/, knj g+ %\$@%\$ \$÷@!@)#@!

ixdfn Istfasf gof'k\$fg ahf/df pknAw 5g\

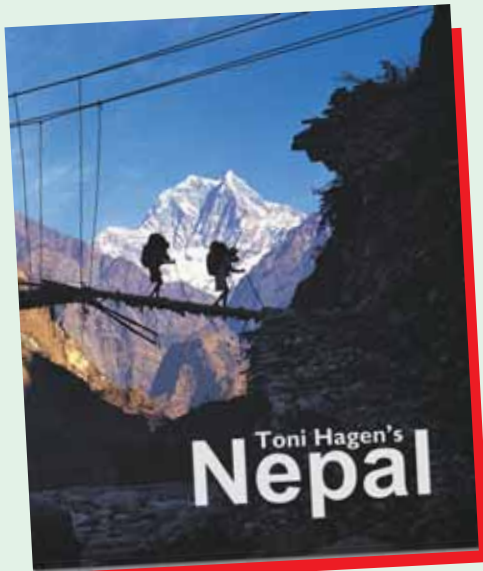
gkfnMgvdhf kf6fx;

lj 1fg-ljrf/ n\y; a\k

n\ysM 8f= tlyxfb/ >ij

@)) (, kfx+ @&* -/Elg k[7x; lxt, dNo ?= %%÷-

cUnf Ixdfnl eGhof^a, el/klx/f\$] kxf8l af6f] dw] sf
 knf6x; k8n lx8]} rxfgl yf]} gkfnlx;df tlyxfb/
 >ij]sf] gfd klg kb5 . pxf\$] of] b}z ofqf csf/Of
 ul/Psf] lyPg . klxn] jg:klt ljefusf] ;/sf/l hflu/] /
 kl5 jg:kltzf:qdf lj Bfjfl/lw kft ljzj]1sf ;kdf
 u/\$f] p2}okOf ofqf lyof] . pxf\$] o; ofqfn] %68}
 kfF bzs nfd] ; dofj lw cfy6\$] 5 . pxf\$] cgej
 / ljrf/x; ljleGg kqklsf / k!tsx;df k\$flzt
 ePsf 5g\ . kfllfs Ixdfn va/klqsdf df pxf\$] ;jt\
 @)%& blv lj 1fg-ljrf/sf] z}vxf n\vg yfNgePsf]
 lyof] Itg} n\ydlwo}f6 5flgPsf krf; j6f n\yx; o;
 ; a\kleg k/\$f 5g\ . gkfn\$] e=kfs[ts ; Argf,
 o; sf] hlj s ; Dkbf / xdf] sltko ; f:s[ts k/Dk/fx;sf] j} flgs klf a'g rfxg] kf7sx;sf
 nflu k}t't ; a\k clgjfo{k7g ; fdull 7xl/g\$. Isgeg] ol n\yx;df cGt/lglxt 1fg / ;rgfsf
 sf/Of dfq xf0g ; hlnt n\vgz}ln] klg kf7sx;nf0{ aflg\$g\ .



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