

शिक्षक

मासिक

वैशाख २०६६

वर्ग/रु. ३०/-

रु. ६०००

सटिक सुफाव
पठाउनुस् पुरस्कार
जित्नुस्



विद्यार्थीका आँखामा

‘राग्या शिक्षक’

afn ; #f/sf sxl ksfzgx;

agr/f

sf7sf t:s/x; ck/fwl xg\ hf]sf7 rfg]ck/fw u5g\ . pglx; ;v sf65g\
/ o;f]u/7 h^un df:g]sfd ub5g\ . h^un dfl;of]eg]hljh6t' dfl;65g\
k[ts jftfj/Of vlnn65 . clg dfgj;Eotfsf]hu xlln65 . To;h]h6d
eof] agr/fsf] hf] Psnf] kx/hf/ a6of] h^unsf] . g]fnl efiiddf .sldS;U
z]h]lsf] klxnf] afnk'ts xf] .agr/fU .



dNo ?= \$%÷-

dfzfsf]lk/xf tISO

;fgl s6L dfzfnf0{cf^gf] Gofgf] / g/d cf50fg dg k/7 . w7} dflg;nf0{
cfkth;t ePsf]s/f dg kb6 . cf^gf]rlh g/fdf]nfU5 . t/ g/fdf]7fg7
cf^gf]rlhnf0{ldnsfp6gf gePsf]s/f kf06 . cfkth;t ePsf]rlh kf]
cf^gf]xf] . To;h]dflg;n] cf^gf]rlhsf]u6 lr6g ;Sgk5{. dfzfn]klg
cflv/df cf^gf]cf50fgsf]u6 yxf kf0{. p;sf]h:t]Gofgf] / g/d
cf50fg c;sf]sxfFxb' U



dNo ?= #)÷-



dNo ?= #%÷-

;L dxfjL/x;sf]syf

k]rlg ;L /fhox; sle / g]fuf]f]f]f];t
;Dal6wt ol nf5ufyfx;df ;L dxfjL/x;sf]
k/fqml Pj +jL/tfsf]avfg kf065 . v6f/
8f6"dfgjeifl b]o / p8g]zIQm ePsf]tlg6fps]clh^u/x;nf0{k/f:t
u/L ltgsf]cIofrf/af6 ;L hgtfnf0{dIQm lbg]Onof d7f]f];, b]f]Gof
lgslitr / cfnof]f kf]f]erh:tf gfosx;sf]kf]v syf /df0nf /
k70fffol 5g\.



dNo ?= ()÷-

glnf 8lnkmgx;sf]6fk'

kz]6t dxf;fu/df cj:l:yt 7hf]df5fh:t]cfsf/sf]Pp6f 6fkdf sg};do
cflbjf;l 0l68ogx; a:y] . ;g\!*#% df Toxf6f k/}af];6f hxfh r97 c6oq
a;f0F;bf{Pp6l lszf]lrflx6fkdf cnkq 5fl8g u0{. To;/L 5fl8Psl tof]s6L
c7f/ jif{Dd To; lgh6 6fkdf cg3 bMv / si6 %b]PSn)a:g aflb e0{.
.glnf 8lnkmgx;sf]6fkU s/fgf gfdsl To; s6ln]lhp6f]/xgsf nflu u/3f]
cb6t ;^Sif6f]dd{kzL{syf xf] .

hxfhl I; 6abf

.hxfhl I; 6abfsf]syfU ljzkl;4 syf z]vnf .c/asf /ftx;U s}Pp6f s8L
xf]. I; 6abfsf syfx;n]ljzj;flxIodf Pp6f 5\$}/ ljIzi6 :yfg cfU63f 5g\
;ft-;ft k6ssf];dbl ofqsf]l;nl;nfd I; 6abfn]ef]gk/3f cg]f / lj:dosf/
36gfqmsf aofg k9xf s]jo:s / s]afns ;a6]/f]fGr /
sf]knsf ;fy}c]g6bsf]cgelt ub5g\.



dNo ?= ^%÷-

afn ; #f/
lxdfn P;f];P;g
kf6g9f3f, nlnk/
knf] g= %%\$%\$ \$÷@!@)#@!





j f: b j

Ij Bfyl\$

cfj /Of ; j I]of cf58f Ij Zn]fOf
cfvdf /df lzlf

kf8f= Ij Bfgf sf/fnf
! @\$

vfrf afndgl lzlfsl 8f= uEf kf7s, IjleG
kzfsf * JoIQmsf] cge]M ; bzg I3ld/] c; n
lzlf, c; n Ij Bfyl{klg xff] efnfk; fb bxfn,
/fh]u?sf /df sf]Msof/fh rfw/L, dtcledtM
kf7sx?sf] Ij rf/

cfj /Of u]kns; M jf: b j

sfslnf0{
I; Sg IbpnF cfknM; S5g

dG6]j /L Ij lwsf] dfotf xf]
.sfslnf0{ sfd ug{ rfxG5g\
pglx; v]gebf klG sfd}ug{
a9L dg k/fp5g\ I; Sg rfxG5g\
t/ cf'g}tl/sfaf6 .

dG6]j /L Ij lw ! %@
df0sn kf]f8{

leq

| | | |
|---------------------------------|-------------------|-----|
| k' tsfzll Tolta]hsf]df:6/l | wr uf]fd] | \$* |
| JoIQm]M knkfsf x\$; /M hutaxfb/ | uf]j Gb n06]h | % |
| s]ffsf]M nBf]h] kf5{; Ihnf] | 8f= v]axfb/ sfsl{ | %^ |
| lknldM j]ofnosf sfslnf0{klfdf | k]f ItdlN; gf | ^# |

: tDe

Ijifo-; Gbe{ @, x]f0-a%# #, ;%j / k]tlqmf \$, ult]lw *, kn] G %%, hdsfeG ^\$

afnfkg / lzlf

afnaflnsf0{ ; hfo ug{G},
lsgeg] pglx; n] hfgfhg ulNl
u/xf x]gg\
pglx;nf0{ dfkn
dufpg' klG x]gg] la/fd ug{
ltgn] hfg\$} x]gg\
pglx;sf sfd
Ij]xlg x]fhg\ t/ pglx; cglts
sfd slxNo} ub]gg\
.

lrGtg ! \$^
lhoff HofS ?; ; f]



k/Lifdf
lr6]r6

: ynut I; GwkNrf\$! @
afa/fd Ij]sdf{

.dʒf /fdɪ lzɪfsú

./fdɪ lzɪfsúsf af/ɔf nɪg a:bf d Pshgf ghssf gftɔf/ Pj #shsf lzɪfs blksɔdf/ zdfɪf0{; lD%0/xɔf] 5'. d of] nɪ dʒf cɔ; /xɔsf] lRQ bvfpɡ ge0{ s:tf lzɪfs dgkbf{xG5gV/ lzɪfssf s:tf ljzɪftfn] JolQmsf] hljgdf bl3ɛfnlg 5fk kf5g\el] cf'gf] cgɛj ; ɡfpg dfq nɪbɔ'.

cfh tlg bzscɪ3 kmsɪ xɔf{nɪU5, blks ; /sf] ; ldxlg pɪ; stfɪ kwɪfnsf] hfgsf/l / lj Bfylɪf0{kɪv't ugɪ lfdtfn] g} pxfɪf0{uHhasf] lzɪfs agɪPsf] /xɔ . pxfɪf0{ s'f hfɪkGɪVof] hfgsf s'f ; ɡfpg / l; sɪpg hfɪkGɪVof] / xfdldf hfɪ] efɔ huf0lbg ; SgxGɪVof].

xfdlnf0{k9fpg cɪpɪf blks ; /n] ev.} aɪP kf; ugɛPsf] lyof]. pxfɪf dhtM 0ltxf; k9fpgxGɪVof] t/ dnf0{eg} pxfɪf] ghfgsf s'f sɪ 5gɔ\h:tf] nɪUɪVof]. dʒf h1fzf c; lldt lyP / pxfɪf; t tldɪwɪwɪsf] hj fkm xGɪVof]. t/; Toɪɛɛɛbf klg 7hf] s'f rɪfxFcfkɪ; t hj fkm gePsf lj ifonf0{klg pxfɪf} f:tf ugɪVof] a? pɪ; stf c% a9f0lbgxGɪVof]. d pxfɪf] lj Bfyl{dfq ly0gF. pxfɪfɛɛɛ lgs} sɪɛ5] elthf] klg lyPF. t/ pxfɪf] dnf0{hɪxn] klg dʒf] pdɪ cɔ; f/sf] cfb/ ugɛof]. pxfɪf cɪkɪh] hfgsf gofɪgof s'f ; ɡfpgxGɪVof] t/ Toxfɪ kfɪ08to kɔzɔ k6ss xGɪVof]. pxfɪf cɪkɪ; t ePsf] hfgsf/l xnɪf u/l afɛɔ] / l; Sgɪ; sɪpg] alrsf] b/lnf0{36fpg] cgɪf] lfdtf lyof]. xfdl cf7-bz slfɪdf k9g]; jɪgɪzn pdɪsf, cɪkɪh0{vɪf] g]/ eɔg] qmɔsf]; ɛb/ ; ?cft xɛ} u/sf lszɪf lyof/ pxfɪfɪf nɪU lzɪfs dfq ge0{ .dɪɛfɪ cyfɛ\kykɔzɛ ; dɪ xgkGɪVof].

blks ; / / xfdlalr slfssɪf afɪx/ xg] s'f/sf] ljɪjwtf ; 0%ɛ cɪh dnf0{cgɪf] klg nɪU5 . Toltaɪf Onfdlt/ ; f0ɛafasf] ev{x kɪf/ xg yfnɪf] lyof]. d ; ftaf6 cf7df r9b] lyPF. Pslbg ; f0ɛfas} af/ɔf s'f eof]. pxfɪf] ef/tjɪfɛ cɪkɪh0{cɪtf/ bɪal ugɪ JolQmɔ; sf af/ɔf s'f ubɪultfsf] .obf obf lx wdɔo Unlgeɪlt ef/tM cEoɪyfgdwdɔo ; Dejɪld oluɪ oluɪ nf0{cɪwɪ/ agɪP/ To:tf cɪtf/k?ifn] dɪlg; nf0{kɛɪfɪ t kɪgɪu/sf] atɪpgeof]. pxfɪf:tf uɛel/ s'f ubf{logɪ; n] a' bɔgɪ egɪ; f] ugɪVof] / To; ɛf6 xfdldf .xfdɪ ; a} s'f a'g ; S5ɪf el] cɪfdɪjzɪf; knɪpɪof]. 0ltxf; df ?; ɪɪf af/ɔf k9fɪf pxfɪf uɪkɪnɪf; >ɪ7n] gɪkɪndf cgɪfb u/sf] ?; ɪɪf] lɪstfa sGkɪf C; sf] rɪrɪf ug{/ .P; Pn; l u/Rɪ5 Toɪ] lɪstfa vɪhɪ k9 xɔ el EoɪpgxGɪVof]. :shdf k':tsfno t lyof] t/ Toɪ] lj Bfylɪf nɪU vɪh

lyPg . ToxfɪePsf] 0G; f0Sɪfɪkɪɔof sf] ; Gbe{lbɛ} xfdlnf0{ ljɪel rfvnɪubf s'f ; ɡfpg] blks ; / dfq xgkGɪVof].

blks ; /sf]; aeɛɛf 7hf] ljzɪftf g} pxfɪf] pɪ; stf lyof]. pxfɪfcsɪf] pɪ; stɪnf0{klg pl0s} cfb/ ug{ ; SgxGɪVof]. pxfɪf cɪwɪgs ; /; fdɪg / pks/0fx; kɪt ulx/f] rfv / dgɪu] hfgsf/l lyof]. d cf7 slfɪdf k9ɪf .pɪɪf{ ; ɪ6U kɪt ; rɪ} xg yfnɪf-Toɪ] aɪɪf xfdɪ nɪU pɪɪfɪf] ; ɪf egɔ] dɪstɪɪ dfq lyof] / To; sf] eɪp a9ɪf sɪ/0f xfdlnf0{fɪt caɪ; Dd k9g lg?; flxt ul/GɪVof] . To; aɪɪf :shsf] ljɪfɪg kɔɪuɪznɪndf /xɔf] xft] 8fɔgɪdf] bɪkɪ5 dʒf] dgɪf Pp6f kɪ/sNkgf cɪofɪ 8fɔgɪdfɪf0{ z?df xftn] rɪnfP/ lahlɪ lgsɪng] Toɪ] lahlɪ dfɔ/df k7fP/ Toɪl 8fɔgɪdf] rɪnfpg] / arɪf] lahlɪaf6 3/ %ndNn agɪpg]. of] sNkgf Toltaɪf dʒf nɪU ; rɪr} g} .dxɪgɪ lyof] ɡɪɪn k':sɪ/; Dd kɔfɔpg ; Sg]. To; nf0{lnP/ d cgɔ sNkgf ug{/ ; kɪf klg bɪg yfnɪf.

wɪ} lbgɪf] sNkgɪkɪ5 dɪɪ Toɪ] s'f blks ; /nf0{ ; ɡɪPF. dʒf] s'f ; ɡɪ} pxfɪf] dnf0{ Pp6f nɪU k9g lbgɛof]. Toɪ] lyof] To; aɪɪfɪf] ɡɪdɪ ef/tlo klqsɪ sɪbɪDagl df kɪɪzt .cgɪtsɪn ts 3ɔg] jɪnf kɪxɔɪ zɪɪfɪsf] nɪU . Toɪ] Pp6f cɪkɪf 3ld/xg] ljzɪfn kɪɪɪf af/ɔf nɪUvPsf] nɪU lyof]. cf'gf] cɪɪɪɪf/sf nɪU /hfaf6 lrQa'bf] kɪf/>lds ɡɪfPkl5 Toɪ] kɪɪɪf cɪɪɪɪf/s cɪkɪf] To; nf0{eɪofɪetɪ kɪfɪf] kɪ E lyof] To; df .

pxfɪf] ghfgɪ xɪjɪf ɡrɪxɪ, Toltaɪf dnf0{.0Gkɛɛɛ cɪp6k6 a9ɪ xg ; Sɔgɪ elɪlgɛɛPg . pxfɪf] dnf0{zɛoaf6 zɛoafɔ sɪ klg lgl: sɔgɪ elɪlgɛɛPg . .o:tf] s'f ; Dej eP cɔ; n] g} agɪ0xɪnɪy] lgl elɪlgɛɛPsf] eP klg d lvi; \$s kyɪxɪɪf . t/ dnf0{.ɪtdɪn] ; ɪɪfɪf] s'f/df bd 5U el] kɪf/ɪn] k9g]; fɪduɪ ; dɪ lbP/ pxfɪf] cɪkɪof ɔkn] xɪɔɪpgeof]. lszɪfɪj: ydf afɔɔɪf] Toɪ] ; kɪgn] dʒf] sNkgɪzɪntf / ; dfhɪkɪtsf]; ɪɪfɪf0n0{slɪ dnɪn uɔof] el] s'f cɪeɪoQm ug{d cɪxn] klg ; lfd e0; sɔf] 5g} .

.o:tf pbɪx/0f wɪ} 5gɔ\ t/ ; f/ s] xɪf eg] blks ; / lj Bfylɪf .d klg sɪkɪ xɪf el] eɪfɪg eg{; kɪn xgkGɪVof].

kɪ7ɔk:ts k9fpg' lzɪfssf] ; fɪfɔ stɔo g} xɪf Toɪt sɪd /fdɪ; t ugɪf0{7hf] h; lb0/Vgkɔg . tɪɪsPsf] sɪdeɛɛf a9ɪ, df65ɪf0{slxNo} ɡɪfSg] u/l ; fɪfɔ hljgsf] ofɔftkɪ kɪf; flxt ug{/ 8fɔfpg ; lfd lzɪfɪnf0{g} ./fdɪ lzɪfɪsú dfɛgk5{eGg] dʒf] cfux xɪf . c:t' .

dfq b0{zAb

of] cToGt s8f lgod / cgzf;gdf
a:gkg]Pp6f uDafsf]k]É xf]. uDaf
cToGt zfcGt xgkYof]ToxfFs; ðf0{klg
af]g] cgdlt lyPg . t/ ckjfbf
¿kdf x/š bz jifðf lelfx;nf0{b0]6f
zAb af]g] cgdlt lb0Gyof].

uDaDf klxn]bz jif{latf0; s]k15
Pshgf lelf' kðv lelf5] uP . kðv
lelfh] eg] ætdln] oxfrkrfk Wofg
u/šf] klg bz jif{ e0; Sof] .
eg, ltdlnf0{sg b0{zAb af]g dg
nfušf] 5 Æ

tl lelfh]b0]6f zAb eg] ælaR5ðf= s8f= Æ
kðv lelfh] k]toQ/df eg] æn, a%FÆ
csf]bz jif{Wofg u/]k15 pxl lelf' kðv lelfsf]
slfd k;]. kðv lelfh] eg] ætdln] yk bz jif{
Wofgdf latf0}. n eg] sg b0{zAb ltdl egg
rfxG5f] Æ

tl lelfh] eg] ævfg= buW= Æ
kðv lelfsf] k]toQ/ lyof] ænf] yxf kfPFÆ
kn] csf]bz jif{kf/ u/]k15 tl lelf' k]m kðv



lelf' cufl8 ku]. kðv lelfh]
klxn]kZg b]xf]ofP, æca ltdl
sg b0{zAb af]g rfxG5f] Æ
lelfh] eg] æd= 5fB5= Æ
kðv lelfh] eg] æ7ls 5, ltdl
lsg 5fB5f] To]d /fd/ l a'5' .
lsg eg] ltdl ; w]c; Gtl6 / ug; f]
dfq af]s/xG5f] Æ

syf; f/

%š k9Df of]Pp6f xff0-6Ssf h:t]f
nflg ; S5 . t/ ulxl/P/ x]ff{o; df
lgs}cykOf{s/f nššf]kf0G5 . To]lelf' h; n]bz-bz
jif{ub]uDaDf tl; jif{cToGt si6sf ; fy Wofg u]of]
t/ p; n] To] Wofg-lrGtgs] jf:tljs cgelt g] ug{
; sšf] lyPg . p; n] tl #) jif{ t cf'gf ug; f] /
c; Gtl6 u?; fd' k]f]g] lbg slxn]cfpnf eg] cj ; /sf]
kvf]df latfPs]lyof]. o; ð] s; ð] slt s8f kl/>d
u]of] egg] eGbf p; n] sg p2Zon] / s; /l To]kl/>d
u]of] egg] s/f dx]j kOf{xG5 .

-0l68og kn]šnf] l6lr^a :6fl/h g]ds lstaaf6.

cfudl cÍ

.g/fdf lzlfSÚ s; /L ; wfg] <

h; /L k]s[t cfkn]f ; sf/fds 5Ù hlj-jg:klt-sl6-ktusf cjuOf eGbf uOf a9L 5gÙ wtl]df c; n dflg; x?sf]
afxNo 5Ù To; ð/L xdf ljBfnodf klg ./fd]u/f]eGg]; tljrf/oQmuOf lzlfSx? g}c]olws dfqdf 5g].
.v/fal] jf .cofl]ou sf]sf]ldf /fVg ; lsg]lzlfssf]; ^aVof Psbd]yf]5 . cl3Nnf]dlxgf lzlfS dfl; sn]
u/šf]; H]kt ; j]f]ofn]klg Pp6f ljBfnodf .g/fdf lzlfSÚ ; fdf]otM! hgf eGbf a9L gePs]b]y]Ps]5 .
t/ klg ; Gt]f] df]g] a:g eg]; lsb]g, lsg eg]lj]f]sf]Pp6f yf]f]n]klg l; É]tnfp la6Nof]5 .

To; ð] ; f]f] / n]y]f]

- Pp6f .v/fal] jf .cofl]ou lzlfssf sf]of ljBfnodf s]s:tf]c; / / ck7]f]k5{<
- .g/fdf] .v/fal] jf .cofl]ou lzlfSnf0{ ; w]f/] s; /L ./fd] .c; n] / .of]ou df kl/Of] ug] <
- ljBfnof]nf0{.g/fdf] jf .cofl]ou lzlfSaf6 dQm s; /L tNofpg] <
- lTgnf0{; w]f]g]z]f]s; ; fdf]hs, k]zf; lgs, /fhgllts jf cG6 Jof]xfl/s pkfox; s]s]xg; S5g\<

dflysf]ljifo / abdf s]b]t e0{cfkn]f]cgèj jf ljrf/ !@) zAbdf ga9f0{@} j]zfv @)^ leq
cf0kl]g]u/L tnsf]7]w]gdf k7fpg'xf]f . p]s[6 n]y]f0{?^))) gub k7:sf/ kfpg]š .

lzlfS dfl; s, kf6g9f]š, nlnk7, kf]g+!^^, nlnk7 . Od]h]mail@teacher.org.np

; %fj / k|tlqmf



df3 @)^\$



kriug)^\$



rj)^\$



jzfv)^%



h]=c;f/)^%



;fpg)^%

km|/ o: tfjgxfcf} V

lkp lxtfg /fDhfnl
cgfxsdf ; dft ltdf] hljgklt ol
b0{ zAb >4f; dg .
lz|fs dli; sssf] @)^% kriug
c|sf] .uNtlk15 kZrfQfkl zlif\$df
cfwf klf]. k9b} hfbf d6' g}
eSsf]gof]. cfwf /; fof]. dh]ltdl; f
olt gdl7f] e0} xfhf e6g] ; kgdf
klg lrtfPsf] ly0gF.

t/ lj8Dagf U e0lbof] 7dfSs}
lj k/Lt . ltdln] csfnf Hofg
kriug; s\$}. hljgsf af/df ulxl/P/
g; f]l xnsf kf/fdf dgg u/\$f}.
cflv/ h}h:tf] rf0 / ljjztf k/]
klg Hofg} kriug' ; d:ofsf] ; dfwg
lsdfy{xrf0 U ltdf] lj ifodf elgPsf
egf0 k9b' ltdl Ps Odffbf/, ubel/
nhfn' kj] Qsf lj Bfyl{/x\$}. ; fylsf]
nxxn} nfu] hljgdf ltdln]
klxn} fl6 To] uNtl u/\$f /x\$}.
ltdf] lj ifodf aafnf0{ ; Dk0f{/s/f yxf
x}x} klg 5f7f] ; wfg] l1f0s ; gsd
; Dk0f{/lj Bfyl{/fd' n6Xn} s6g' Tox
36gfn0{ lnP/ t] fl] ; hfosf] ; kdf
x\$; /sf] s6f0 vfg ltdf] lgolt aof].
hg ; hfon] ltdlnf0{ dfgl; s tgj
ptkg u/fof]. ltdln] cfm'ckdfgt
/ ; fj hlg s ; kdf aQhht ePsf] 7fgl
lj Bfno 5f8df.

hltv] ltdlnf0{ ; b'efj /
; xfgel'tsf] vffF] lyof] loltv] ltdln]
s7f] b08 kfof]. hxf] / ltdlnf0{
dfof / k]0ffsf] cfj ZoStf lyof]
Toxf] / pk]ff / ckdfg kfof}. olb
; dod} ltdln] ltdf] c; n ; fylx; sf]
; fy kPsf eP zfof ltdln] To:tf]
s7f] lg0f6 ug] lyPg]. h] xf] \36gf
3l6; s\$} 5 . ltdf] aaf / x\$; /
pQm 36gfsf] sfggl a6wgaf6 hf]jug'

eP klg d[cftdfn] pxfE; nf0{ ; wf
; tf0/xg\$.
ltdl dly ePsf] ; hfon] lqk/7j /
dfj ; ; v]nf0{ dfg xrf0g dhse/sf
; a} lghl jf ; fdbfos lj Bfnodf
clwofkg ug] lz|fs, kwf]wofksx; nf0{
Pp6f ; Gb} lbPsf] 5 . s ; a6 klg
ca o:tf uNtl gbf] / pg\ U ltdf]
d[fdfsf] r/ zlf]tsf] sfdg ub}
labf x65' .

; 0/L; *sfl{
afn; Af0f ; ldit, e\$]8f/, ndh^

Pstfsf]; Gb} bcf] V

lz|fs klqs w} lz|fsx; df%
nf\$klp a6g] qndf 5 . d cfm
o; sf] kyd c| b]vs} lgoldt kf7s
xF/ lz|fs ; fylx; nf0{ klg k9g]
; Nnf} lb} cPsf] 5' . o; n] tdfd
lz|fs ju\$] k}zft xs]tsf] lgldt
klg cfjfh p7fcf] \ . Pstfd an
x65U e6g] s/f lj Bfyl{/fd' lj le6g
kpf] u/ b]v]pg] t/ cfm' rlfF
k6} l5gleg e0{ pk]ff / cklht
a6g kl\$ xfd lz|fsnf0{ kgM Ps
l9Ssf xg ; Gb} k}ofpg ; sf] \/
.lz|fssf] sndU cyjf o:t} c6o sg}
zlif\$df lz|fsx; sf] ; flx]tos ny-
/rgfnf0{ klg ; yfg lb0of] \ . lz|fs
dli; sssf] ; fy}; Dk0f{/lz|fs ; fylx; df
gofFj if(@)^^ sf] zesfdg U

s0fsdf/ /fo{
>L zlf]t klj, 06x/L-@ ; g;/L

; /sf/sf]lg0f6 / lgb}g ; d]6of] \

lz|fs df lz|fsx; nf0{ rfxg] w}
/fd] s/fx; 5flkg] u/\$f 5g\ To; df
d]f] yk ; %fj U gkfn ; /sf/, lz|f

d6gfn0 jf lz|f ljefuaf6 ahf-
ahdf lj Bfno jf lz|fsx; nf0{ lb0g]
lgb}g jf sg} sfo} x; klg ; dfj }
ul/Pdf ; gdfly ; U6w x6Vof] ls <
lz|fsx; nf0{ lb0g] ; jf; lj wfx; ahf-
ahdf cg\$ xlnfdkfm ; Gof] clg
; Dalwt lgsfo=lz|f zfvdf ; flbf
hfgsf/L cPsf] 5g e6g eGof] c\$sf]
xlnf cf0; S5 . t; y{ tl lgsfoaf6
ePsf lg0f6x; sf] ; xl hfgsf/L o; df
; dl6g ; s] lz|fsx; n] cGof] haf6
dlQm kfg] lyP .

uf]ls0f a:ofn
/lj]s/Of lgdflj, lkn8f8f-(kfkf

; do cku eof]

pTs[6 lj rf/n]?=,)) kfg] eg]
kwf]wofks / lj Bfno zlif\$df cf'gf
wf/0ff=c6e] ny] k7fpg elgPsf]
/x\$. @)^% df3 c|df /l8of]
gkfnaf6 lj 1fkg ; Gb-; Gb zlif\$
r]fx@)^%+!)÷!* ut] dfq xft
kfg{ ; km e0of]. k7fpgk] Dofb
Tox lbg; Dd /x\$. s:tf] aQhht
nlf0f] Uptf km hsf] ; dfwg k7fpgk]
Dofb r]fxFkriug @) ; Dd /x\$.
o:tf] Joj:yf w} e6f w} ; kf7sx; n]
; xelutf hgfg kfm] e6g] lj rf/n]
ul/Psf] xgk5. lj rf/ k7fpgsf nflu
klg kof]t ; do /Vg ; s] a] xg]
lyof]. ls lz|fs sf] p2]o zx/L lqsf
kf7ssf lj rf/nf0{ dfg sb/ ug{x] <
6fo6] >7

; u/dfy hgtf pdflj, cfyn9E

.6]6Uk15 k9fpg] xgk<

P; Pn; L tof/L k/l]fsf] ; kdf /x\$]
.6]6U ; lsk15 b}zsf k]0M ; a}
lj Bfnodf slf-!) sf] k9f0 a6b
xg] u5{.



ebfj;c; fih)^%

sflQs=d^ak /)^%

k;)^%

df3)^%

knufg)^%

rj)^%

s] 6j6 k/liff ;lsPkI5 slff
 !) sf lj Bfyl{f0{k9fpg]lzlfsx;sf]
 bflotj klg ;lsg] xf] < lsfaf
 kf7 g; lSpsf eP klg lj Bfylx;
 6j6; B] 3/ a:g afWo xG5g\
 lj Bfnodf gk9fPsf kf7 k9g
 lj Bfyl{f] ls 6d; g ls t sflr^a
 slff wfpgk5{. hals k:tssf
 kf7x; 6j6cl3 g}; lsgkg]xf] t/
 kfollh; f]; lSfpg\c]g 6j6kl5 klg

To:tf afBl kf7x; k9f0Bgg\
 cflbio cfrfo{
 >l kpltzln pdfij %/f-e, l;Owhl
 ; fdu] a9f0of] \
 lzlfz klqsfzf] d lgoldt u]xs
 xF. o; n] dnf0{ w] z]lfs /
 Jofj; flos v/fz lBPsf] 5 .
 clw/fhoel/sf ; Dk0f{ lzlfz;sf]
 cfzfsf] s]blab' tyf cgGo lqg a6g

ku\$] /zlfs klqsfzf] p0/f0/ kpllt
 tyf pHlj n elj iosf] sfdg ub] pOm
 klqsfnf0{ cinslt kl/dfhg u/l
 cfsf/ tyf dNo a9fP/ eP klg lzlf0f
 lj lwx; lzlf ; jf cfofufsf kZgf0/
 tyf kf7dand, z]lfs ; fdfGo lfg
 / lj z]f u/l c^u]hl lj ifosf lzlf0f
 l; sf0 lj lwx; klg ; dflj i6 ul/lbP
 klqsf c% a9l pko]ul xGsf ; fy]
 o; klqsfzf] k]fj sl/tf / dfu klg
 a9g] lyof].

d lsg lzlfz ag}

Tolt /fd] ulj ; ;lrj 5f8] tkf0f lsg o:tf] lzlfz kZfdf cfpgef] <
 lzlfseGbf t ;lrj /fd] xfoG / < c; lzlfzaf6 lghfdtlt/ hfG5g\
 tkf0f xFlghfdtla6 lzlf0f / < To:tf] eQf, ;ljwf / do]f 5f8] lsg
 o:tf] v]f] / ; Sv] kZfdf <

ol / o:t] olfkZgx;n] kfF jif6]v dnf0{ 7fpPpBf cfqndof ul//x\$g\
 !\$ jif{* dlxgfsf] ulj ; ;lrj sf] hflu/af6 /flhgdf lBP/ d lzlf0f kZfdf
 c]Psf] xF. d]f5\$ f o:tf kZgn] d :jo+c]Zro{ lsf ePsf] 5' . of] s:tf] bf;
 dfgl; stf xf] < of] s:tf] k] fdVl k] lQ <

cfkln] cfhg u/\$f] lfg c;nf0{ afB] cfd; Gtli6 lngsf nflu d kljg
 / :j tGq of] lzlf0f kZfdf c]Psf] xF. if80qsf/l / snl t g]fx;sf] el8af6
 dSt xGsf nflu d of] ; Gb/ klnaf/ldf c]Psf] xF. d]f] JolQmut / of] /fi6sf]
 nufgl -alP; ;-alP8; Dd k9bfsf] rStf ug\$ f nflu klg d of] kZfdf c]Psf]
 xF. kln klnfpg] dnfl xg c]Psf] xF/ c]lfgtsf] gbl kf/ u/fpg] d]f% xg
 d oxfFc]Psf] xF. lj rf/ / ?lr cf-cf'g} xG5g\
 Pp6f slj n] ; Gb/ slj tf
 n]y] kl5 / Pp6f lzlfzn] lj Bfyl{f0{ kf7 :ki6 a% fpg ; Sbsf] c]fGbfge't
 dfglo xBj .

hfkfgnufotsf s]l dh\$;df lzlfzsf] dfgdof] / ; jf; ljwf pRr
 xG5 /] U ToxfBf gful/sx; lzlf0f kZzfno{ klxnf] k]yldstf lBP/ klt:kwf
 u5g] U lzlfzsf c; kmn ePkI5 d]f lghfdtlt nufotsf cGo ; jdf kof;
 u5g] U 8fS6/; Olghlgo/; kf0n6; pRr kZf; s; g]f; k]yfgdql; /fi6klt
 c]fb ; a] hGdfpg] dxfg Vzlzfzsf] xfd] g]k]ndf lsg oqf] c]k]hg'f < lsg o:tf]
 lgn] h dfgdbj <

d s:tf] ; kn0 kZ u;F < d s; / l kZgstf;nf0{ :ki6s/of lBPf < d
 lgs} 3fon 5' / tkf0; ; t sfon 5' . skof, ca cf0Gbf kl8fbos kZg
 dnf0{ k]f/ gul/lbgx] h]l atkf0f lsg Tolt /fd] ;lrj 5f8] lzlfzsf cfpgef] &
 /fdlj qml ykf
 lzlfz, afns'of d]fj, knS6f^a, v]f]f^a

lzlfz, d]fjg kfBj
 >l ;dfj= 8f8fvs{ v]f]f^a

k]0ff ldn\$]f5

lzlfz dfl; s lgoldt k9g kfpBf
 cfkln]0{kl/j tG ug]yk k]0ff ldn\$]f
 5 . lzlfz oyfydf lzlfz h:tf] eP/
 kf7s; fd' ku\$]f] 5 . cfkln' lzlfz
 eP/ lzlf0f ul//x\$f lzlfz;sf
 xftdf of] klqsf sysbflrt k]0f] /
 To; nf0{ lzlfzn] !) lggf d]f k9g
 kfP eg] klg lzlfz;nf0{kl/j tGsf]
 cge't xg; S5 . kf] / jfl/s lzlf
 jf cleefj; x;nf0{ lzlf0f sfoklt
 ; xof] k]0fpg] vfnf n]y/rgf
 lzlfz df c]pgk5{.

g/klt kf08]
 >l lj B]f]o lqdfj, bds-(-, %&kf

c%f]/fd]xf]cf] U

lzlfz dfl; s xfdl lzlfz;sf nflu
 clt g] pko]ul, ; xof]ul / dg 5g
 ; kmn 5 . lzlfz;sf] ; lk / lfdtf
 j]4 ug] ; fdu]sf cltl/Om bZ-lj bZdf
 e0/x\$f lzlf Pj + lzlf0f; DaGwl
 glltut / Jofj xfl/s hfgsf/l tyf
 d]f]ns ; flx]tos n]y/rgfx;n] klg
 o; df lgoldt ; kdf 7fpF k]pg
 ; sG\ . ; dudf klqsf /fd]f] 5 . c%g

/fdj] xB} hfcf] \ 0/pQ/fQ/ kpltsf] sfdgf ub5' .

uhbaf'a' 9sfn, >l gfuZj/ dfij nuZj, wgs6fU Ondaxfb/ zfxl cllbf, gkfn lzifs olgog, hfh/sfU jL/axfb/ zfxl gkfn lzifs ;3, hfh/sfU /dZrU/lgdh pdflj, tgxlf dfgaxfb/ sBh kzklt dfij, wfb^aU dfgsdif/ kfU" sfnst pdflj, gf^avflj f^a, tfnh^aU /fdgU ;fx, kC, klj 8dl/of, /f;x6U gfuUk|fb ofbj, k/fk|sf/ pdflj, s7df8U-/fdaxfb/ ykfk, lqzklU szjxl/ ykfk, klAns oy Sofdk; , s7df8U-klndf zdfx >leuj tl pRr dfij, vif^a ahf/- (U zlw/ kfU, >l hgtf dfij, /f^avgl, afun^aU b]sdif/l vln^a, sfB' dfij, uBfrj-@; ;fhvda'

x/š : shdf kluf] U
lzifs dfi; s zlfis uof:t/ j [4 ug{ / lzifsx; nfo{ dfulgobz ug{ ; km 5 . o; df k\$flzt ; fdulx; ; asf nflu 1fgj 4\$ 5g\ . t; y{; lud dfq ge0{ buUdf ; d; x/š

lj Bfnox; df of]kluf] \ . o:tf]pkofUl klqsf k\$flzt u/šf]f] lxdfn P; fl; P; gnfo{ ; fwj fb U

s/jL/axfb/ sfls{>l hglsf; pdflj, bfrU xl/k|fb ;^aU>l hghfuU pdflj, %kU g/Ušdf/ v8šf, kfFy/U /fdk|fb rfnuf0f-sfnlsfU kklk ljZj; ; >l hgtf pdflj, zI/k/, lj/f6gu/U wL/U ofbj, gZf klj, lkkU, af/f

-l6kOfllM ; %šjst nflu w6ojfb U lzifs klqsf b0{ lsl; daf6 kkt ug{ ; ls65- -s_ cf'gf] kfos kgI kqklqsf k; n jf -v_ xhfsdfkrf kfpj] u/l xdf] sfofhodf : yfol ufxs agZ . xfn kfoM ; a} lhlntsf kqklqsf k; nx; df lzifs pknAw x65 . clwsfz lhlntf; df xdf] cflwsf/s laqkf / ljt/sx; klg lgoQm e0; šf 5g\ . cf'gf] lhlntf jf ufP7/fpBf lzifs pknAw gePdf glhssf] kqklqsf k; n jf xdflnfo{ va/ ug] . kqklqsf k; naf6

Is6g' cyjf xhfsdfkrf kfpj] u/l ufxs agafxš klqsf kkt ug] c6o ljslk xfn pknAw 5g\ .
-; +

lj lgldf xg ; ls65

dZf]cfny .lgldf s; /l eof]lj lgldf s; /l xg] U -df3 @)^%_ n] tkf0f -dfntl >ij, lbofn]#, cfyn9Ef_ nfo{ kltlqmf nVg] u/l ttP5 . d w6o ePF. ktofelt u/fof]. d cfzjfb ePF. c; lzifs; U cfa4 ufof]. ; -rfl/t ePF. cftodf .lj lgldf x65f / U eggeof]. %s]f. zfoB dh]egG hfggF. lj lgldf xg' lg/Gt/ klmof x]. slt hfgdf, slt cghfgd lj lgldf xg] u5fF. k'tfzl xAbdf .cr] lgb]sf]. To; h] dZf] cfux x] .cr] lgb]sf]lj lgldf(nfo{.; r] lgb]df klg vflg]u/fF. xfd lj lgldf 5fF. x65fF. x65fF. dZf] la6t x] cknBf vfhfF. vfhx;sf] ; -hfn agcfF. s; f] gxhfh t <

8f= lj Bfgfy sfU/inf rfalxn, s7df8f

df `l 1fg-h3f/sf]

cfP ofq' cgš ; k-/^asf nfu] cgšf / xZ]f]lj Zj lj zfn of] l%ndnl eGb} xB} pT; s s] ubf{ca tg{x65 ; lhnf] of] 1fg-uEf egl nf}x}U xft ; dftl /fv alnof] tfg]t xFd}klg .

ofBf tfg{gkfpB} slt l56f] csf] pxFef] v8f eGb} bZ lj bZ klG' 5 l56} afš] OR5f a8f . cfpn nf}t l56f] U kfofpB' ptf, 3Db} w/f knkngl ; fRr} hljgdf ; wf 5nlsof] \OR5f 5 dZf] klg U

csf] cf0; s\$ kn/ t6df, 8Ef oxl kvB} dF% U nf}g l56f] tof/ xgxf] \ tgZ 5 ahf 5B} tbf{ jf/ / kf/ lgTo o; /l afgl o; Bf kfof] dF% 1fg-hBf/sf] g kl/of] U sfd} 5 tfof] U tfof] U

ofql o} t6sf xFklu; s] < cfkM hxfBf] txF Sof/fF < 5fB; ; ls6g of] t6 To; } klf] o; Bf 5 lg U s] xg] ca nfe-xlg < jo of] cfwf oxlFg} laTof] ufyf hljgsf k9b] y/l y/l, xfb} l; sfof] ; Sof] U

5gg\Jo-hg ; jf bnf, uhasf U 5gg\nuf ; Gb/ 5gg\df/-aEnf l%ndnl, 5gg\sb} rfs/ . 5gg\effts nfn; f clt a8f, 5gg\ubf; f st} ; fbf hljgsf] eP /; lng] df65] U x/fc] ot} U

kE eš/f0{ txfn, s7df8f}

ult

:sh cfpj'x}U

:sh cfpj' x} ; fyl; U ldn] k9y' x} 1fgl ag' x} =
!= x} afcdfsf] dfonfo{ a% = u?x;sf] s/fnfo{ dfj} =
-:sh cfpj' =
@= lsfanf0{uftf nuP/ = htg u/l %hdf afš} =
-:sh cfpj' =
#= skl Nofpg' svu nVgnfo{ =
eljiodf rGbdf 5gnfo{ = -:sh cfpj' =
\$= skfn sfU{lbg]bg} gxfpg' =
k9y' cfpj' lbg gla/fpg' = -:sh cfpj' =
%= vfgcl3 xftufBf wg' x} =
vfo; s] xft ; knf ug{x} = -:sh cfpj' =
^= nuf ; knf /Vg' x} ; ah] =
rKkn nufcF gla; {s; h} = -:sh cfpj' =

lzifs, dgstf/l /fo{ l; xB]l klj, afx[a; ;#; ; vj; ef

slj tf

lzlfs o: tf

lj s[t lj; Èltsf] e08fkn7 guzF
 3f7 c6wlj Zjf; / vfvni cf8Da/sf
 cfj /of gRoftF
 unt klqofsf] lj /fv guzF
 ; s3f] zvnf0{ xl/of] 5 egl
 d ; dyg uzF
 a4sf] b3zsf] d Pp6f lx.; f
 dvdf /fd/fd
 aunldf 5/f /fvF
 clg t e65g\; a3]
 cxf ð
 slt /fd] /;
 ; a3; t 7afSs ldNg].

gftfn] d ; fdf6o lzlfs
 c% Kof/f] xg t
 slffdf k5f/ / r0Èdsf]
 Kj f6-Kj f6
 dtna} guzF
 Rof^Nf%F skfn
 g/d08dfnf, d6bf / afnf
 of] klg gbyF
 Aoblkfn{ xf] of kf7zfnf
 hÈnl xf] of ; Eo rfnf

. d So} ga%F
 : lxhf] k9Psf] kf7
 : cfh ; f3b}g; f3vF
 : ; ft} ljifodf ; 3h vfpng\ a?
 : d k3h guzF
 : clg t e65g\; a3]
 : cxf slt /fd] /;
 : lj Bfyl{f] dsf{ a^g] ð
 : bzF ltxf/ cfp6f s] w6wfd xfhf
 : k/lffdf rf7fpg3f] wdfsf
 : k/jfx guzF
 : l; = ug{ ghf6g3h]
 : lr6 rf3f{
 : lr6 vf3g] sfdf} guzF
 : lr6 rf3g] klg t snf xf]
 : ; ls65 eg] ; xof3v uzF
 : cleefjs v;l
 : lj Bfyl{ v;l
 : clg t e65g\; a3]
 : .cxf slt /fd] /;
 : d7f 5f7f57l Snf; r9f0lbg] ð
 : .of] df:6/ slt 5f1]
 : k/lffdf rf3g} lbPgl

. e6g] cf/fk
 : d s3o}g; gF
 : b3v} \kv] \e6g] w0sl cfpnf
 : d s3o} af3x/ glx8F.
 : P ; fyl ; g3f 5f3=
 : ca t k/lffdf s8f ug] df:6/nf0{
 : sf3g3 a6b} 5 /] ð
 : h; n] Pp6f lr6 vf35
 : To; sf b06f v3f l3j6 x65 /] ð
 : o:tf]
 : Hofg df/3f] e6bf 7hf] kfk3f] ef/
 : d s3o} gar3fF
 : ærf3l rf3l rks] rks3]
 : eljio agfpg vf3g]
 : tl slnnf xftx3nf0{
 : d s3o}g/f3fF
 : clg t e65g\ = ; a3]
 : cxf slt /fd] /;
 : cffdf /fv] klg gla%pg].
 : ch3 ; / ð

ch3 ; /
 lzjk7-&, slknj:t'

Connecting to 4 New Destinations

| | |
|------------------------------------|-----------------------------|
| Kathmandu - Janakpur - Kathmandu | Daily 1 flight |
| Kathmandu - Simara - Kathmandu | Daily 1 flight |
| Kathmandu - Tumlingtar - Kathmandu | Daily 1 flight (Except Sat) |
| Pokhara - Jomsom - Pokhara | Daily 3 flights |

Booking tickets made easy with our hunting line
4464 878

Janakpur: 041-890360, 041-820947
 Simara: 081-530024, 081-530025
 Tumlingtar: 029-830120, 029-830040
 Jomsom: 088-440098, 088-440099

Corporate Office: Tilagada, Kathmandu
 Tel: 4465888 Fax: 4465115
 E-mail: reservations@yetiairlines.com

Nepalgunj: 081-526156 Bhatkhatwa: 071-527527
 Pokhara: 081-464888 Besisahar: 021-530812
 Bhatkhatwa: 023-452232

Yeti Airlines
 a great flying experience
 www.yetiairlines.com

krly vlbffly lzifs nf0; Q;



ufljw n0bfn

@# r} @^% df lhNnf lziff sfofho nltk/df lzifs nf0; Q; sf] b/vf:t eb}.
; x; lrj hgfbg gkfnnsf sfoknn] ; /sf/nf0{ aemPsf] kltj dgdf klq sfoxt lzifsnf0{ cllofkg cgdlt kqsf] k/lifdf ; /s u/fpg' kg] ; emj lb0Psf] 5 .

lziff dGql /Qfsdf/l ofbjn] cllofkg cgdltkq -lzifs nf0; Q; _ vf/h ug] efifof u/\$f] nuQ} lziff ; jf cfofyn] lzifs nf0; Q; sf nflu b/vf:t cfXjfg u/\$f] 5 . nf0; Q; sf nflu b/vf:t lbg] clGtd Dofb ^ j}zfv @)^ ; Dd 5 eg] bfa/ b:t/ lt/ / !# j}zfv; Dd b/vf:t a%pg ; lsg] cfofysf] ; r'gdf pNny ul/Psf] 5 .
o; cl3 lziff dGqnosf ; x; lrj hgfbg gkfnnsf sfoknn] ; /sf/nf0{ lzifs sflc; n u7g u/ / cllofkg cgdltkq ljt/Of ul/gkg] ; %j lbPsf] lyof]. dwz}l hgclwsf/ km] dsf] sf}fdf lziffdGql ag}l ofbj / dcf] fbl g] j] sf] ; /sf/ lzifs nf0; Q; vf/h ug] klfd / x] klq gkfn lzifs olgog / bft[; yfx} lzifs nf0; Q; vf/h] sf] ljklfd plePk15 dGql ofbj cf'gf] afhl lkmf{ lng ljjz ePsl xg\ . gkfn lzifs olgogsf dxf; lrj s] ofk] fb 9sfinn] lzifs nf0; Q; lj t/Of ug] klqmf] k] Psf] lg/Gt/tfnf0{ olgogsf] lhtsf]

z}kdf l6k0fl u/\$f 5g\ . o; k6sb]v lziffz: qafx\$ c6o ljifo clloog u/\$fn] b; dlxg] lzifof tflnd k/f u/kl5 dfq lzifs nf0; Q; sf] k/lifdf ; xeful xg kfp5g\ . o; cl3 ljBfnodf sfoxt 0R5s ; a} lzifs -lziffz: q gk9}f jf lzifof tflnd glnPsf eP klq nf0; Q; sf] k/lifdf ; xeful xg kfp] Joj: yf lyof]. dcf] fbl lgs6 clvn gkfn lzifs ; E7gn] rlxfo; k6s klq ; a} lzifsnf0{ nf0; Q; sf] k/lifdf a: g lb0gkg] c8fg /fv\$} 5 . ; j] ; E7gsf pkfllf nfnaxfb/ al; ln] !& r}df cfofysf cllof pbo/fh ; fl / lziff dGqnosf ; x; lrj hgfbg gkfnnsf { e} clxn] Dd sfoxt ; a} lzifsnf0{ nf0; Q; lbg] Joj: yf ug' cfux u/\$f lyP . pgn] eg] xaa}sfndf nf0; Q; sf] hf lbg gkPsf, lghl ; fl lzifs tyf lghl :shdf k9fo/x\$} lzifsnf0{ nf0; Q; lbg] Joj: yf ul/Pg eg] xfdl nf0; Q; sf] k/liff g} rNg lb}f} ; E7gsf] wDsls} sf/Of xg; S5,

lzifof/t ; a} lzifsnf0{ nf0; Q; lbgf lglDt ; /sf/n] lziff lgodfjndf ; z}vug ug' nfu\$} 5 . ; x; lrj gkfnnsf cg' f/ lziff lgodfjnl ; z}vug u/l sfoxt ; a} lzifsnf0{ k/lifdf ; /s u/fpg] tof/l e0; s\$} 5 . hgfbg sfoknn] ; /sf/nf0{ aemPsf] kltj dgdf klq sfoxt lzifsnf0{ cllofkg cgdlt kqsf] k/lifdf ; /s u/fpg' kg] ; emj lb0Psf] 5 .
lzifs nf0; Q; sf] 9f\$} vhlk15 lhNnf lziff sfofho; df nf0; Q; lng rfxg} ; sf] 30Ff] nflu yfn\$} 5 . lzifs ; jf cfofysf ; x; lrj czf\$sd/ cofnsf cg' f/ lhNnf lziff sfofhodf km/d e/L ToxlE6 k/liff lng] Joj: yf ldnf0Psf] 5 . pQ/kl: tsf rlx'cfyf] s] blp sfofhodf Noif/ lj z}f1x; af6 k/lifof u/f0{ c; f/ d; fGt; Dddf glthf k\$flzt ul/g] hfgsf/l cfofysf pk; lrj kbdk] fb v/hn] lbPsf 5g\ .
cfofyn] k\$flzt u/\$f] tflnsfcg' f/ ; j}zfv @ ut] lgdflj tyf @# ut] laxfg dflj / lbpFf] kflj txsf] k/liff xg\$. k/lifdf cfofyn] lgwf{Of u/\$f] kf7oqnd cg' f/ ; fdfgo lziff lzifof cGtu' gkfnnsf] /fli6 lziff k}ffnl, z}f] ofhg tyf Joj: yfkg, afn dgflj 1fg, lzifof lj lw, lj Bfno ; dbfo ; DaGw, lj Bfyl{ lzifs ; xfof k}ffnl, k}z'ut blftf / lj sf; , sfoxt cg' Gwfg / lj Bfyl{ dNof] g k}ffnl; G ; DalGwt kZgx ; flwg] 5g\ . To: t} lj ifout lzifofcGtu' lzifof ofhg, lzifofcl3sf] k} { tof/l, slffsf] / sf] Joj: yfkg, cyk}f / k}f] sf/l lzifof, ofhgfcg' f/sf] p2} okl} tsf] lgsOf, lzifs lgb] zsf] k}f] / ; dflxt slff lzifof cflbaf6 kZg ; flwg\$. # 306f nfd] !)) k}ff{ sf] lnlv t k/lifdf 5f} pQ/ cfpg] kZgnf0{ ^), lj ifout lzifofnf0{ @) / ; d: ofdhs kZgnf0{ @) c] ef/ ux'of ug' cfofyn] hgPsf] 5 .

olmog dxflwj žg sdhf7L / pknIAwsf]rrf{xg}



g]fn lzlf s olmog] &-(
j žfv @)^^ df
sf7df8f] xg] cf'gf] bf] f]
/fli6 dxflwj žgsf] tof/l
k'f ePsf] hfgsf/l lbPsf]
5 . olmogsf dx;lrj sf
s]ofk] fb 9sfnsf cg;f/
dxflwj žgdf kž xg] cflyš /
; fE7lgs kljt] hgx; tof/
e0; sšf 5g\ . ; fE7lgs
kljt] hgdg olmogsf] rf/j if]
sfošnsf] ; dlif; Ē] cfufdl rf/
jifšf nflu sfošhgf k]tj]
ul/gš .

; fE7lgs kljt] hgdg olmog]
nfštg axfnl tyf ; ljwfg; efsf]
lgjffgdg bžel/sf lzlfns]
kžofPsf] of]ubfg, lzlfssf] hljg
aldf, /fxt
lzlfssf] tna j]4
cfib k] Ēnf0{
k]v pknIAwsf]
žkdf rrf{ul/g]
atf0Psf] 5 .
olmog lzlfssf
; Dk0f{ kžfut
; :yfx;sf] 5ftf
; :yfsf] žkdf
:yflkt eP klg
c%0; a) lzlfnsf0{
olmogdf cfj4 ug{
g; lsPsf] clg
;/sf/; Ē] olmog]
u/šf ljleG



lzlf s olmogsf cWbif sžj eš/f0{

k6ssf ; xdlit tyf ; D%ff
sfof] og xg g; sšf] ljifonf0{
olmogsf sdhf]lsf žkdf
kljt] hgdg ; dl]g] dx;lrj
9sfnn] hfgsf/l lbP . 9sfn
e65g\ \æfdl; Ē ; /sf/n] u/šf
; D%ff tyf ; xdlit sfof] og
gu/7 olmogsf] cjdnog ePsf] 5
clg sfg]n] lrGb] glrgšf
; :yfnf0{ klg olmog; Ē] lxBfpg
v]hPsf] 5, o; af/df klg
dxflwj žgdf 5nkm xgš Ē

olmogsf] klxnf]
dxflwj žg \$-% rž
@)^! df sf7df8f]
ePsf] lyof] . ; f]
dxflwj žgn] sžjk] fb
eš/f0šf] cWbiftdf #%
; b:olo s]b]lo ; ldit rog u/šf]
lyof] . olmogsf] ljwfgd
lgjffgsf] d]wodaf6 g]t] rog
ug] k]jwfg eP klg kyd
dxflwj žgdf cfj4 ; :yfx;sf]
; d%bf/af6 olmogsf] g]t] rog
ul/Psf] lyof] . t/; o; k6s g]t]
rog ; xdlitaf6 x65 of
lgjffgaf6 eG] c%0] lglzrt
e0; sšf] 5g .

olmogdf g]kfn lzlf s ; ž,
g]kfn /fli6 lzlf s ; Ē7g, g]kfn
lzlf s d-r,
g]kfn /fli6
lzlf s kl/ifb\/
g]kfn qn]Gtsf/l
lzlf s ; ž
cfj4 5g\ .
olmogsf]
; dfg]t/
; :yfsf] žkdf
u7g ePsf]
g]kfn z]lf s
u0ftflGqs
d-rdf clvn
g]kfn lzlf s
; Ē7g, c:yfol
lzlf s cf]G]hg

s]b]lo ; ldit, hgtflGqs lzlf s
; Ē7g, g]kfn k]ltzln lzlf s
; Ē7g, g]kfn ljBfno sd'f/l
kl/ifb\ g]kfn ; :yfut ljBfno
lzlf s olmog, ; fdbflos ljBfno
/fxt lzlf s ; Ē7g, ; fdbflos
ljBfno lghl ; f] lzlf s ; ašif{
; ldit cfj4 5g\ . dwžl
hgclwsf/ k]d / t/f0{ dwž
nfštlGqs kf6l] lgs6 lzlf s
; :yfx; eg] olmog / d-r bj]f
cfj4 5g\ .

/fxt n]kfp g] eP a9 tna

; /sf/n] tna a9fpg] lg0f6
u/šf] ; ft dlxgf lafb; Dd a9
tna gk]Psf] ./fxt] lzlfssf]
k]tlffsf] 38L ; lsPsf] 5 . cy{
dGqnon] ; a) /fxt lzlfssf]
a9šf] tna :jlšf u/l @)
rždf lzlf ljefunf0{ kqrf/
u/šf] 5 . ljefusf ahš tyf
sfošnd zfvfš clwsf] s]of
9Efg] cy{ dGqnosf] kq k]kt
e0; sšf] / rž d; f]t; Dd ; a)
lhzsfdf /fxt lzlfssf] a9šf]
tna lgsf; f xg] hfgsf/l lbP .
cy0Gql 8f= afa/fd eš/f0{
rfn' cflyš jifšf] ahšdf ut
c; f]hb]v nfu" xg] u/l ; a)
sd'f/l tyf lzlfssf] tnadf
dfl; s b0{ xhf/ a9fpg] 3f]f0f
u/šf lyP . c; ; ah] a9šf]
tna c; f]hb]v g] k]kt u/] klg
/fxt lzlf s eg] k]fg] ; s]hdf
tan al% xšf lyP .

dxflwj žgsf] Jo:ttf

g]fn /fli6 lzlf s ; Ē7gn] rž
#! b]v @)^^ sf] jžfv !, @
/ # ut] sf7df8f] cf'gf] /fli6
dxflwj žg ubš . ; Ē7gsf
cWbif xl/fk] fb g]k]nsf cg;f/
rž clGtd; Dddf ; Ē7gsf
b:tf]h n]vg, kl]t]glw rog, xn
aš, k'f/k]f/nufotsf sfdx;
; lsPsf 5g\ . dxflwj žgdf
; Ē7gsf bžel/af6 kfF ; o
kl]t]glwsf] ; xeflut /xg]
atf0Psf] 5 . gškf -Pdfn]sf]
!@ rždf a; šf] s]b]lo sld6ls]
a]šsf] sfo{ f]d]w] ; Ē7gsf]
dxflwj žgsf] tof/l klg k/šf]
lyof] . o; cl3 g]kfn lzlf s
; žn] % k]nugdf dxflwj žg
; DkGg u/šf] lyof] .

kn/ dfl/P lz lfs

wglffsf] xl/x/k/l:yt
/fli60 klyds
lj Bfnosf kwfgllwoks
d\$axfb/ adhgsf] @!
r} @)^% df ale:t
9Eaf6 xTof ul/Psf]
5 . hnfw vfhdf
afnjf lng uPsf ahf
kç adhg / pgsf
5fq ; \$g dxtf] tyf
laxf/l dxtfhf0 {3f6l



adhg @)\$* df
:yfol ePsf lyP .
pgsf rf/
5f/15f/ldWo] h7f
5f/f lj bždf 5g\veg]
sf65fh] ev{ P; Pn;l
k/lif lbPsf 5g .
h7l 5f7l alP8 /
sf65l 5f7l (slffdf
k9b]5g\.

/b] dfl/Psf] lyof] . adhgsf] zj
h!k !%\$ gDa/sf] 6dfS6/sf]
k5f18 afw]sf] cj:yfdf elbPsf]
lyof] . xTofsf] lhDj]f/l .dw]
; f0n]6 lsn; { gds sg} c1ft
; E7gn] lnPsf] atf0Psf] 5 . adhg
dfl/gc13 pOm ; E7gsf] gfd slxNo}
; lgPsf] lyPg .

o; cl3 @)^%
c; f/df ; fxl lj Bfnosf kç lj GbZj /
dxtf] klg neuu o; u/l dfl/Psf
lyP . dxtf] dfl/Pk15 adhg kç
ag\$ f lyP . adhg; lxt clxn] Dd
wglffdf dfl/Psf lzlfssf] ; aVof rf/
kú\$ f] 5 . dw]l /fhglltsf gfpdf
v8f ePsf eldut ; dx;sf
clk/flws lqmfnsfksf sf/Of ToxfSf]
lzlf; { cfd hghljg si6s/ /
c; /l1ft x\$} cPsf] 5 . ck/fw
sd\$ f ; nUg o:tf ; dx;x?n] dhTM
rGbsf gfpdf /sd c; h ug{g; Sbf
JolQmsf] xTof ug] u/\$f 5g\ .
jL/0] /dof, hgsk/

rGbf glbPsf] cf/flkdf adhgsf]
xTof ul/Psf] cfz]f ul/Psf] 5 .
tyflk To; cl3 pgnf0{ sg} klg
; dxsf] wDsl cflb gcPsf] pgsf
elthf cljg adhgn] atfPsf 5g\
@)\$# ; fndf lzlf0f kžfdf nfu\$ f

; E7gM zlf s hfu/0fdf

clvn gkfn lzlf s
; E7gn] ! knug
@)^% blv r} ;
d; f6t; Dd b00lxg]
zlf s hfu/Of
cleofg rnfPsf]
hfgsf/l u/Psf] 5 .
pOm cleofg cftuf
lzlfdf /fli60tf,
; ljwfg lgdffdf
lzlfssf] eldsf tyf
gofF lzlf gltsf]
; j?ksf af/df ljleGg
lhNmfdf cGt/lqmf
tyf lzlf s ; ef
cfofhgf ul/Psf]
; E7gsf pknWol
nfnaxfb/ ; ln]
atfPsf 5g\.

o; alr ; E7gsf]
g]m /fHo ; ldltsf]
Pstf ehf !* r}df
l8Nlahf/df ; Dk6g
ePsf] 5 . ehfdf
; E7g / hgtfGqs
lzlf s ; alr
Pstfsf] 3f]f0f
ul/gsf citl/Qm
/fdk] fb clwsf/l sf]
cWlftdf &^
; b:olo clvn gkfn
lzlf s ; E7g g]m
/fHo ; ldlT u7g
ul/Psf] lyof] . ; f]
ehfdf ; E7gsf
cWol u0f/fh
nfXgln] gofF ; ljwfg
gagl lzlfdf sg]
kl/jtg gxg] ePsfh]
lzlf sx; n] ; ljwfg
lgdf sf0f
dxLj k0f{ eldsf
lgj fX ugkg] atfPsf
lyP .

ca lg/Gt/ kžfut ljsf;

; /sf/n] lj Bfno lfg ; wf/cGtuť
lzlf snf0{ nfd] cj lwsf] tflnds] ; \$f
lg/Gt/ kžfut ljsf; ; DaGwl gofF
sfočnd nfu" ug] tof/l u/\$f] 5 .
lzlf s tflnd ; -rfng ub} cPsf]
zlf s hgziQm ljsf; s]b]h]
o; ; DaGwl cjwf/Off tyf sf0f] og sf]
?k/vf tof/ kf/\$f] 5 . lzlf sn]
; fdgf ug] k/\$f lzlf0f; DaGwl
-k\$fu]h sn_ ; d:of ; dfwfg u/l
lzlfssf] kžfut bltf clej [4 ug]
p2]o ln0Psf] of] sfočnd ; g\@)) (
blv @)! ; Dddf sf0f] og ul/g]
s/f sf0f] og kl:tsdf pln]y
ul/Psf] 5 . lj Bfno lfg ; wf/
of]hgf cGtuť lj Bfno lzlf snf0{ cfwf/et
/ dflWolds u/l b0{ txdf ljefhg
ul/Psf] 5 . To; cg; f/ cfwf/et tx

-slff * ; Dd_ sf lzlfssf nflu
lg/Gt/ kžfut ljsf; ; DaGwl sfočnd
; f] s]b]df / dflWolds txsf
lzlfssf nflu cujf ; f] s]b]df g]Tj
ljsf; ; DaGwl sfočnd zlf s tflnd
s]b]df ; -rfng ul/g\$. pOm sfočnd
cGtuť tflnd sfočnf, lzlf s
; jWlofog cEof; / zlf s k/fdz{
; -rfng ul/g] hfgsf/l zlf s hgziQm
ljsf; s]b]sf klj lws clws
lzjsdf/ ; fksf]fn] lbPsf 5g\
; fksf]sf cg; f/ b; dlxg] lzlf s
tflnd clGtd k6s eg] o; k6s klg
rNg] ePsf] 5 . pgn] eg] aljleGg
sf/Ofn] 56\$ f lzlfssf] dfusf sf/Of
cPsf] cly\$ jifdf clGtd k6ssf
nflu b; dlxg] tflnd cfofhgf x65 .
To; kl5 k0f{of /f]sG5 .



Ighl z]fs ; :yfsf]hlt Ū

kfF kltzt .lziff ;]f z]fs s/Ū vf/h u/l .lziff ljsf; ;xof] z]nsŪ p7fpg]; xdlit u/] ;/sf/ cf^gf] c8fgaf6 Pssbd kl5 x6\$] 5 . cy{ dGqnon] ca Ighl z]fs ; :yfn] lziff ljsf; ;xof]sf gfddf hit z]ns a%fp5g\Iold}lrQ a%fpkg] cj:yf ptkG ePsf] 5 .

• /sf/ / Ighl ljbfoalr nfdj; doblv snxsf] l]ifo agb)cfPsf]z]fs s/; DaGwl ljjfb cttM !@ r}df Ighl :shx;sf] ;yf / ;/sf/alr ePsf] ;xdltkl5 t]sfnf nflu 6lEPsf] 5 . ca ;/sf/n] lziff ;]f z]ns s/sf]; \$f lziff ljsf; ;xof] z]ns k]kt ug[ePsf] 5 . t/, To:tf] z]ns slt p7fpg] eg] lgwf] eg] c% ePsf] 5g . Ighl z]fs ; :yfx;sf] ;%f ; :yf P; flj; P; g km/ k]oe} Phs;Zgn OIG6Ro; G; , g]kn -clkg / cy{dGqnosf clwsf/lalr ePsf] !\$ ab]; xdltdf pk;ldit u7g u/] z]ns lgwf{Of ul/g] pNny 5 .

lziff ljsf; ;xof] z]ns afx\$;/sf/n]Ighl :shdf k9\$ l]Bfylhf0{ ;/sf/l ;ljwdf e}efj gug] āGaa6 lft ePsf lziff ; :yfx;nf0{z]fs tyf e]ts /xt k]fg ug] / z]fs ; d:ofx;sf] ;dfwgsf nflu ;/f\$]jfnfsf] ;nUgtfdf ;ldit u7g ug] s/f klj ;jlsf/ u/\$]5 . Ighl z]fs ; :yfsf kb]wsf/ln]x:tfif/ u/\$] pQm ; xdltkqdf ;/sf/l clwsf/l]sf] eg] x:tfif/ 5g . k]ljws sl7gf0\$ sf/Of x:tfif/ ug{g; l]Psf] :ki6s/Of cy{dGqnosf ;x;lrj nfnldOf hfz]ln]l]Psf 5g\ . pgn]eg] ālziff ;]f z]nsnf0{vf/h ug]; xdlit gofFsf] agfP/ dfq nfu"ug{ ; lsg]ePsf]h} ;/sf/sf tk]af6 ; xdltdf x:tfif/ ug{gldn\$] x] .

lziff ;]f z]ns s/ ljjfb 6lEPnuQ}lziff ljsf; ;xof] z]ns slt p7fpg] eg] l]ifodf z]fs ; :yfx;alr gofFljjfb z? ePsf] 5 . ; xdltsf] abf gDa/ # df clkgdf cfj4 ; ft j6f ; :yfsf cf-cf'g]s]blp ;lditdf 5nkm u/l Psdl6 /sd eOnglstf{E c; h u/l lziff ljsf; ;xof] z]nsf] gfddf ;/sf/n] t]f\$] Aof] vftdf h]df ug] elgPsf] 5 . t/, slt /sd p7fpg] eg] af/] tl ; :yfx;alr ; xdlit xg; s\$] 5g .

clkgdf cfj4 PgkofA; gsf clwlf ultf /f]fn]Ighl :shn] ltb}cfPsf] @% kltzt cfos/df lziff ljsf; ;xof] z]nsafkt !-% kltzt yk u/] jflif\$ Psdl7 @^-% kltzt s/ l]tg]k]tj] u/\$] 5g\ . kofA; gn]eg] l]Bfnosf] dlyNnf] slfssf l]Bfylaf6 xg] cf]dbf]gsf] @) kltzt /sd lziff ljsf; ;xof] z]nsdf b]vnf ug] klfd /x\$] sf]f]wlf /d}z s6]kn atfp5g\ . of lghl d]Bsn tyf OIGh]ol/a snh / pd]ljx;n] lziff ljsf; ;xof] z]ns slt a%fp] eg] 6E]f] u/\$] 5g\ . ;/sf/n]r} d; f]tleq Ighl z]fs ; :yaf6 o:tf] z]ns h]df xg] ck]ff u/\$] lyof] . lziff ;]f z]ns s/ jkt ;/sf/n] Ighl :shsf ; -rfnsaf6 %) blv ^) s/f} ?k}fP7fpg] nlo /fv\$] lyof] . cy{dGqnon] cl3Nnf] cfly\$ jif}Ighl l]Bfoaf6 pQm z]ns p7fP/ sdh] :shsf] :t/f]g]tsf nflu ;xof] ug] 3f]f]off u/\$] lyof] . sf]f]og; DaGwl :ki6 Joj :yfsf] cejdf pQm /sd p7fpg g; l]Psf] :j+ ;/sf/l clwsf/l]sf] cgej 5 .

lziff ljsf; ;xof] z]ns; DaGwl ; xdltdf cy{dGqno / lziff dGqnoalr ; dGjo ePsf] blv5g . lziff ;]f z]ns s/ ljjfb ; N%fp] j]ftf{klqmfdf cy{dGqno g} ; lqno lyof] . cy{dGqnosf ; x;lrj hfz]l lziff dGqno; E cf]krf/l/s ; dGjo geP klj k/fdz{ eg] ln]Psf] atfp5g\ . lziff dGqnosf ; x;lrj hgfbg g]kn klj cy{dGqno; E lziff ljsf; ;xof] z]ns p7fpg] l]ifodf k/fdz{ ePsf] atfp5g\ . t/ cy{dGqno / clkgalrsf] j]ftf{ / ; xdltsf] klqmfdf lziff dGqnosf] sg} eldsf bl]vPsf] lyPg .



dlq/tg ah]ro{

z]fs s/ vf/h]lsf]dfu ub]Ighl z]fs ; :yfsf ; -rfnsx;

ho/fd uf}d

k/Llffdf Ir6}r6

.k/Llffdf Ir6 grfj]sf]l 5g . ; a}h] Ir6 rf\$g\ . lj Bfylh] k/Llffdf Ir6 rfg] {ck/iw x]og, of]Pp6f snf x]l

dflysf]syg l; Gwknrf\$sf]dxifEfn ufij ; sf]llofnydl:yt ; /:jt pdljsf slff (sf kyd 5fq ; /f]hstbf/ cfrfo\$] x]f] . pQm :shdf lrf]lo :t/sf] jflif\$ k/Llffctuf \$ r} @)^% df ..; fdf]hs clwooglj ifosf] k/Llff rNbl]yof] . k/Llff lb6} u/}sf cfrfo\$]cfknk;n]vNn}fd Ir6 rfg] u/}sf]dfq atfPgg\hifFdf Ir6 rfg] 5fq5fqsf]clwsf/ ePsf] ; d} bfal u/] . cfrfo\$] egf0sf] ; dy6df pgsf ; xk7lx; ; blk nfd5fg] xl/dfof tfda cflbn]cfjfh p7P . k/Llffdf ; l/s clwsfz 5fq5fqf .Ir6^aUdf Jo:t bl]vPk15 lz]fs k]t]glwn].Ir6 grfj]sf]l eP xft p7fpg' \t U eGb] Pp6f klg xft p7g . cfk]h]Ir6 rfg]s]f k]oM ; a}h] :jlsf/ u/] . ; fdf]hs ljifos} hfF lb0/x}sf slff (sf Ps 5fqn] k/Llff

xnleqaf6 .cf]l{ :yfglo lj sf; dGqlsf] gfd s]/]U eGb}sf]r^adf k9g cfPsf slff !) sf lj Bfylh]f0{ ; f]w] . Psl5gkl5 aflx/af6 s; h] :yfglo lj sf; dGqlsf] gfd /fdrGb] % x]f] eGg] hjfkm lboi] . k/Llff ; ~rfng ul//x}sf lz]fsx; o:tf]bZ0 rkrfk x]l/x}sf lyP . lj Bfylx; uf08, u] k]k/, grf}sfkl, sfuhsf] b}qm cflbsf] ; x]f] lnP/ 9Ss; E hfFsf kZgsf] hjfkm n]v/x}sf lyP . k]oM ; a}5fq5fqsf x]s]hf, kf]v/f, 8\$; tyf a]rdrf kZgx;sf] ; Def]lo hjfkm n]v]Psf] bl]vGyof] . Pp6f Ir6 Ps hgn] ; f]k15 8Nnf] kf/] csf] lj Bfylh]f0{ kf; ul/Gyof] . sfd ; lsPk15 km]lnPsf Ir6sf b}qm slffsf]7sf] 5}pof 8^aN/ nfu}sf bl]vGy] . gr}slffs}hfFdf olt w}].Ir6^aU eGg] lz]fs k]t]glwsf] lh1f; fdf lj Bfylx;sf] ; fdlxs hjfkm lyof] zk9\$] s/f lbdudf ; g geP/ . E k9\$]s/f :d/of ug]h]fE/ / k]Qsf] cej tyf h; /l klg kf; xg]kg]

dfgl; stfsf sf/Of ; fdbflos lj Bfnodf .Ir6^a ; :s]tU a9b}uPsf] sltko lz]fsx;sf] syg 5 . t/ lz]fsn] /fd] E gk9fpg] tyf kf7dqndn] lgw]fOf u/}sf kf7x; g; lsg] u/}sf] oyfy{ klg plQs} lhDd]f/ e]6G5 . kf7dk:tseGb] aflx/af6 ; flwg] kZgsf sf/Of klg lj Bfylh]f0{Ir6 rfg] {k]l; flxt u/}sf] kf0G5 . (slffsf] pQm k/Llffdf ; fl]wPsf] Pp6f kZg lyof] ae>l kzkltgfysf]khf/L lgoQndf 7h]lj jfb p]kGg eof] o; sf]sf/Of / b]f]l sf] x]f]h:tf]nU5 E 8g d]xgfc]3 df3df ePsf]kzkltgfysf] khf/L lgoQm; DaGwl lj jbsf] sf/Of / kefj ldl8ofsf] kxFaf6 69f /x}sf] ; f] bl]u upfE] lj Bfylh]n]vG; Sg]ck]ff ug] cfk]hf x]f:of:kb nU5 . pQm :shsf k}c of]uaxfb/ ykf cf]gr]dfq ge0{lhNn]sf clwsfz ; /sf/L :shdf Ir6 rfg]k]lQ a9\$] / To; nf0{/f]g g; lsPsf]atfp5g\ . pgn]rf/ jifc]3sf]P; Pn; l k/Llffdf l; Gwknrf\$sf]vflrf]sf]Pp6}sbaf6

; /:jt dljsf 5fq-5fqm .Ir6 rfg]f0{c:jfelf]s 7fcb}g\ .



t]a:x]l afa/fd ljZjsdf{

@& af7f lr6 a/fdb u/\$f]36gf; d7
; bfp . lzlfsc; :j t6g lj Bfyl{
olgogsf] lgj{f{gsf] sdddf Jo:t
xgk/\$fh] k/lffsf lglbt hgziQm
sd eP/ lj Bfylh]w7}lr6 r7g{kfPsf]
:ki6ls/of klg kç yfkn]lbP . pgn]
eg] æ; a}sfD Psk6s kçof] k/lff
xg] lzlfssf] ; aVof yf7} ePsfh]
lj Bfylh] c; lbge6bf a9L .lr6^{au}
ug] d7sf kfPsf xg\Æ

k/lff ; -rfngdf ; nlg lzlfsc;
cfkn]fly cleefjs, 5fq5fqf, :sh
kçf; g Pj +lziff clwsf/lx;af6}
k/lff vshf] kfg{bafa kg] u/\$f]
atfp5g\ . lj Bfylh]k9]jf gk9]klg
jf k/lffdf /fd7]jf g/fd7]u/]klg
; a7f0{ pQl0f{ u/fpg dflyNnf]
lgsfoaf6 cfkn;nf0{df]vs lgb7g
c1pg]u/\$f]lzlfsc;sf]syg lyof].
dfij lzlfsc s7f]fb nfd5fg]e65g\
æhfDf s8f0 u/]klg sfkl hfkg]
a7f ; a7f0{kf; ug]k5{ clxn]lr6
r7g{glbP/ s] ug] / t/ To:tf]
bafa s7 lgsfo jf kbflwsf/l]lbof]
e6g] s7f s7} klg lzlfsc] v7g]
ub7g\ . a? kç yfkn] lqZrt klitzt
5fq5fqf pQl0f{ gu/fP / ;sf/n]
lj Bfnof0{ lbg] cgbfg /fsg] ePsf
sf/of lzlfsc; cfkn]lr6 r7fpg
pBt xg] u/\$f] atfp5g\ .

lzlfsc;alrsf]a7h / uba6bln]
klg lj Bfno:t/sf] k/lff cdo7bt
/ lg/yç x6]uPsf] kf0G5 . lzlfsc
nfd5fg]cgejdf Pp6f lzlfsc]
k/lffdf s8f0 ubf{ csf7] cf7f
lrldnbg] kj]Q a9b] uPsf sf/of
lr6 r7g{k7sf k/lffylsf]dg7an
a9g] u/\$f] 5 . lr6^{ad}f ; nlg
lj Bfylsf] sfkl v7] jf cgzf; gsf]
sf/afxl u/] lj Bfylh] cfqndof unf]
e6g]8/ cfd lzlfsc;df /xsf]5 .
ptf, k/lffdf /fd7]gug]5fq5fqsf
cleefj sn] klg :shd}c1P/ ug]f; f]
ug] / h; /l eP klg pQl0f{u/fpgkg]
bafa lbg] u/\$f] kç / lzlfsc;
atfp5g\ .

.c^au7hM ; fg{ klg ; lSpGú
l; Gwkn]rffsf] kn]rffs-# l:yt
hojfu7j/l lgdflijdf % r7df
; -rfint k/lffdf sltko lzlfsc; d7



æpbf/ slff]gltsf] cy{lr6 r7g} / hfDf a:g] ; a7f0{
s7] ghfg] klg kf; u/fpg' e6g] x7g . ; /sf/n] s7} klg
lj Bfno jf lhNnf lziff sf07nf0{ ; a} lj Bfylh]0{ pQl0f{
u/fpg} k5{ eg7 lgb7g lbPsf] 5g] Æ

pklgb7s k7f]sd7/ ; fx, lziff ljefu

5fq5fqf0{lr6 r7fpg ; lqno lyP .
pQm lj Bfnof slff * sf kyd
5fq ; ; g v8sf k/lffdf .lr6^{au}
xghf0{ ; fdf6o s7f 7f65g\ . ul0tsf
; q; gS; f, lj 1fg lj ifosf] hg7j / /
la?jfsf] sf7f, cf7f]tl:a/ , db7f]
lrq, gkfn] Jofs/of cflb lj ifodf
a9L .lr6^{au} xg] u/\$f] kf0G5 .
hojfu7j/l lgdflijdf c^au7h] lj ifodf
eg]w7h]lr6 r7g7g; s7f] kf0of].
slff * sf sltko lj Bfylh]c^au7h]sf
; fgf clf/; Dd n7g ghfg7f sf/of
.lr6^{au} ug]g; s7f]v8sf atfp5g\ .
hojfu7j/l lgdflijdf kç /fd
ufkn] >7j lj le6g sf/ofn] :shsf]
k9f0 sdhf] ePsf] .lr6^{au} xg]
u/\$f]atfp5g\ . pgn]eg] æ7gkf7g
sdhf] xg7df w7} sf/of 5g\ .
5fq5fqf]lzlfsc]nfd]c6g] cleefj sn]
57f57]l :sh k7fPk5 k19x7N5g\
e6g] 7f6g; lj ifout lzlfsc g7g' /
bnx; n] lj Bfylh]0{ sf07ndsf nflu
k7f] ug]h]lj Bfnodf z7]is j7tfj/of
lalupsf] 5 Æ c6o lj Bfnodf h:t}
cfkn;nf0{klg dflyNnf]lgsfon]h; /l

klg 5fq5fqf0{pQl0f{u/fpg lgb7g
lbPsfh] k/lffnf0{ r:t kfg]g; s7f]
>7j]n]pNny u/] . pgn]yk]æ; /sf/n]
pbf/ slff]gltsf]gl7 lnPsf]x7dln]
; a7f0{ kf; u/fpgk5{ ; a7f0{ kf;
u/fpgsf nflu lr6 gr7f7f0{ ; Dej}
x7g] Æ ; /j tl pd7j sf kç of]axfb/
yfknufotsf pQm :shsf clwsfz
lzlfsc] klg k/lffdf .lr6^{au} xg7f
pbf/ slff]gltnf0{ b7f] lbP .
t/ lziff ljefusf pklgb7s
k7f]sd7/ ; fx pbf/ slff]gltsf]
gltnf0{lzlfsc / lzlfsc clwsf/l]
unt 9En]a7f]atfp5g\ . ; /sf/n]
kf7d7qndn] lgwf7of u/\$f] Go7td
l; sf0 pkn]aw xfl; n u/\$f slff !
bl] # ; Ddsf 5fq5fqf0{:j tM pQl0f{
u/fpg] gltnf0{ .pbf/ slff]gltsf]
; kdf kl/efl7f u/l ; fdbfl0s
lj Bfnodf sf07og ug]yfn7f]5 .
pbf/ slff]gltcg; f/ egf{ePsf ; a}
5fq5fqf]JolQmut lj j/of lj Bfnodf
cB7j lws /fv7] To; sf c7w7df ; a7f]
lg/Gt/ dNof]g u/l slff r9fpgk5{ .
t/ , k7f]m lj Bfnof; n] :sh egf{ePsf

:ynut I; Gwknrf\$

dlxnf lj b|zP, ufpff aRrf 5g\

sltko ;fdbfos :shn]
 5f5f5f5f] rfk a9l ePsf
 sf/of slff Joj:yfkg / :t/lo
 lzlf0f ug{sl7g0f k/\$f] ugf;f]
 ug[u/\$f 5g\ t/
 I;Gwknrf\$sf] kNrf\$-& sf]
 0l; a kllj sf] syf eg] a|n}
 5 . @)% ; fndf :yfkgf
 ePsf] pQm lj Bfnodf slxNo}
 klg @% hgfebf a9l lj Bfyl{
 egf{xg gcfPsf] hfgsf/l kç
 dxGy ofbjn] lbPsf 5g\
 slff ! blv \$; Dd k9f0
 xg] pQm lj Bfnodf 5f5f5f sd

xg5f] sf/of eg] k|gg b/; E
 ;DalGwt /x\$] atf0Psf] 5 . kç
 ofbj sf cg;f/, ToxfCleefj sn]
 afnafnfsf lj Bfno gk7fP/ lj Bfyl{
 ; aVof sd ePsf] ge0{ ufpff
 ; GtfG hçdfpg] dlxnf sf] ; aVof g}
 6oç ePsf] 5f5f5f5f] ; aVof
 ga9\$] xf]. kNrf\$-& sf !#%
 d|wo] \$) jif0] gsf clwsfz
 dlxnf .j|z]s /f|huf/l|df uPsf
 5g\ . sxl jif0] pQm j8fdf
 jflif\$ % hgfebf a9l aRrf
 hlçdg] u/\$f 5g\ . :yfgo 0l; a
 ofj Snasf dx; lrj ; b{ tdf^a

e65g\ .æoxfFK?ifsf] ; aVof w}]
 5 . ; GtfG hçdfpg] pd] ePsf
 dlxnf hlt ; a} lj b|zdf 5g\
 To; h] aRrfsf] ; aVof sd
 5 .Æ
 @% hgfsf lj Bfyl{sf nflu
 kç ofbj / lghl ; f|df yk
 b0{ hgf lzlfssf] Joj:yf
 ul/Psf] 5 . lj Bfnosf b0{6f
 ejg 5g\ . ox5f
 afnafnfsnf0{ lzlf sn] tdf^a
 efiiddf ult ufp/, gfr] jf
 dfbn ahfP/ dfq k9fpg ; lsg]
 kç ofbj sf] çgèj 5 .

; ahf0{ :j tM pQl0f{u/fpg' g} pbf/
 slfflgtsf] ; f/sf] ; kdf a%\$] kfcG5 .
 pklgbz s ; fx e65g\ æpbf/
 slfflgtsf] cy{lr6 rfg{/ hfdf
 a:g] ; ahf0{ sxl ghfg] klg kf;
 u/fpg' e6g] xf0g . ; /sf/n] sg] klg
 lj Bfno jf lhNnf lzlf sf0fionf0{
 ; a} lj Bfyl{nf0{pQl0f{u/fpg} k5{eg]
 lgbz g lbPsf] 5g\ .Æ



æ; /sf/n] pbf/ slfflgtsf] glt
 lnPsf] xfdln] ; ahf0{ kf;
 u/fpgk5{ ; ahf0{ kf; u/fpgsf
 nflu lr6 grf]f0{ ; Dej] x5g\ .Æ

/fduffkn >17
 kç hoafu]j/l lgdfj, I; Gwknrf\$

slff ! df egf{ePsfnf0{cgQl0f{
 ubf{lj Bfno 5f8g\$] ; aVof a9g] /
 ; g\ @)!% ; Dddf ; ahf0{ ; flf/
 tNofpg] niodf ; d] wSsf klg ; Sg]
 ePsf] pbf/ slfflgtsf] glt
 cjndag ul/Psf] ; /sf/l bfal 5 .
 pklgbz s ; fx e65g\ æslff /f\$bf
 jf k|h kbf{afnafnfsdf gsf/flds
 dfq] ; s c; / k5{ . ; fgf slffsf

hojfu]j/l lgdfj sl slff % sl Ps
 5f5f5f] pQ/ kl:tsf .

5f5f5f5f] nf0{ k|h ePsf] çgèlt xg}
 lbgx5g\ . To; h] pbf/ slfflgtsf]
 glt ln0Psf] xf] t/ o; nf0{ unt
 cEof; ul/Psf] nlo xfl; n ug{
 ; lPsf] 5g\ .Æ pbf/ slfflgtsf] ; E
 lr6^asf] ; f0gf] geP klg ; fgf slffdf
 d]gt gu/l ; jtm slff r9f0Psf
 5f5f5f5f] cfwf/ sdhf] xg] ePsf]
 ltgn] dlyNnf] slffsf k/lffdf lr6
 rfg{ af|otf a6g' k/\$f] blvG5 .
 hç; 5}axfgdf lr6 rff/P klg
 To; n] k/lffsf] cf] ; To / dof]df
 cfF kçofPsf] dfq ge0{ ; /sf/l
 :shsf] k7gf7gsf] u0f:t/df ; d]
 uDel/ kçg v8f u/\$f] 5 .
 pklgbz s ; fxsf] zabdf .lr6 rfg]
 kf0g] ePk15 lj Bfyl{h] l; Sg]
 5f85g\ . lr6 rfg] kf; u/\$f
 lj Bfyl{bzsf s0f/ ge0{7u x65g]
 / eljiodf ltgsf] xftdf bz kçof]
 eg] aaf0 x65 . l ; fxn] lr6 rfg]
 s[odf ; nlg lzlf / lj Bfnonf0{

tIsfn sf/afxl ug[kg] ; d] atfP .
 ælr6^anf0{ cfF lr6]ng] lzlf sn]
 uDel/ ul|tl ul/x\$] 5g\ pgn] eg].
 lj Bfnosf lzlf sx; klg .lr6^a
 /flsgkg] / k/lffnf0{ dof] tNofpgk]
 wf/of /v5g\ . t/ , slffsf] k7gf7gdf
 ; wf/ gu/l çg kf7k:ts / afx/sf
 lj ifoj:t'df ; d] 5f5f5f5f]
 cf]dj Zjf; ga9f0{ .lr6^a cfk] /flsg]
 ; Defjgf blvG5 . :t/lo / lgoldt
 k9f0 ljgf k/lffdf dfq s8f0 ubf{
 lzlf / 5f5f5f5f] le86t lgDtg'
 ; jfe]j s klg x65 . dhTm u0f:t/lo
 lzlf0f .lr6^a sd ug] e/kbf] pkfo
 blvG5 . lr6 rfg] k] Qnf0{9fs5f]
 ug{h; n]h; nf0{bf] lbP klg lj Bfyl{sf]
 k9f0df blvn gePsf] g}o:t] sfo{
 e0/x\$] a'g sl7g 5g\ . To; h]
 lr6^a /f\$] klxnf] pkfo slffsf] fsf]
 k9f0df Jofks ; wf/ g}xf]. /fd]
 k9f0 ePk15 lj Bfyl{h] .lr6^a ug{
 vfl]g] :ylts} çgTo x65 .



P; Pn; LM kZgkq}unt



!@ b]v @) r} @^% ;Dd rn}f]
P;Pn;ldf ;f]wPsf clwsfz ljifosf
kZgkqdf uDel/ ql6 k}nf k/}f 5g\ . o:tf
ql6af6 k/Liffyl{df/df dfq k/}f 5g\
k/Liff lgoGof sfof}osf] nfk/jfxl klg
phfu/ ePsf]5 .

w] /}nf0{sl7g nflu]clgjfo{uloft ljifosf]kZgkqdf
!^ cief/sf kfF uNtl k}nf k/}. ql6kOf{kZgsf
sf/Of P;Pn;lsf k/Liffyl{uNtl kZgsf];dfwfg v]lg
wZ};do vlrG' kbf{ltgnf0{;xl kZgsf ;dfwfg n]vg
;do cefj ePsf]lyof]. ulOf}tsf]kZg ! sf]v, @ sf]
s, (sf]s / !! ql6kOf{lyP . kZg gDa/ !! df
rflxFlrq ;d} uNtl lbOPsf]lyof]. pOm kZgsf]kfF
k6s xn ubf{;d} ;dfwfg glandk15 lgs}cfIQPsf
lyP- P; cP; k/Liff s]b[eOm/af6 P;Pn;l hfF lb0/x}f
5fq lj j} v/h . o;n]pgsf]wZ};do lnPsf]lyof].
uNtl kZgx; ;udsf k/Liff s]bdf ;RofOP klg buedf
eg];Rofpg EofOPsf]lyPg .

ptf P]R5s ulOf}tsf]klg kZg gDa/ !& unt lyof].
ulOf}t lzlf}sf tyf nln}k/sf cujf ;f]JolQm;Togf/foOf
dxhG pOm kZgsf];dfwfg g}gePsf]atfp5g\ . klnf]
lbgf]clgjfo{c^a}h]lsf]kZgkqdf lxHh]unt lbOPsf]h]
k/Liffyl{cfGofh ;hg ePsf]lyof]. tyfk k/Liff s]bdf
vl6Psf s]b]wof / c^a}h] lzlf}sx;n] pOm ql6sf]
;dfwfg lgsn}sf lyP .

clgjfo{;fdflhs c]wogsf]kZgkq klg ql6/lxt
/xG . kZg gDa/ kfF, !# / !(sf]gkfnl kZgsf]
c^a}h] cgjfb uNtl /x}f]h]Pp6}kZgsf]kw/s kw/s
pO/ cfpj]cj:yf pTkG ePsf]lyof]eg]kZg gDa/
!! sf]l}rq :k16 lyPg . kZg gDa/ @s sf]clcf/ !)
xgkqdf (hf} ! a/fa/ (g}pln}y ul/PSf]5 . of}
clgjfo{;jf:Yo, hg;^vof tyf jftfj/Of lzlf}df kZg
gDa/ ^, (/ !) df uNtl k}nf k/}f 5 . kZg (
df kn}gf; /f]sf]sf/Of ;f]wPsf]5 . hals kn}gf; sf]
;sf ;sgf; xgkb}of].

of}, ;s] lj Bfnosf 5fq5fqf}sf nflu ;f]wPsf]clgjfo{
/ P]R5s ;s] ljifosf]kZgkq uNtl ePsf];s]
lzlf} bks gkfn atfp5g\ . pgsf cg;f/ P]R5s ;s]df

!& j6f uNtl e]bPsf]5 . h;n]## cief/ Joxf} . ;ft
j6f uNtl k}nf k/}f]clgjfo{;s[sf]rflxkZg gDa/
\$ sf]v, kZg gDa/ !# / !(ql6kOf{/x}. ;s[sf
k/Liffyl{p4j/fh e\$}f0{eG5g\æolt wZ}uNtl kZg ;f]wPnf
eG];f}f}lyPg}E ;s[sf]ljz}i6ls/Of tlnsf;E
d}h gvf]kZg ;d} ;f]wPsf]h]k/Liffyl{;d:ofdf k/}f
lyP . P]R5s cy}f:qsf]kZg gDa/ @ / sDKo6/ ljifosf]
kZg gDa/ @ / !! unt lyP . o; jif}f]P;Pn;lsf
kZgkqdf]clgjfo{lj 1fg / gkfnlsf kZg dfq ;xl lyP .

uNtl :jlsf/
ql6kOf{kZgkqsf nflu lhDd]f/ k/Liff lgoGof sfof}osf
k/Liff lgoGqs jL/b}sf/ %n]P;Pn;lsf kZgkqdf /x}f]
ql6 ;jlsf/ u/}f 5g\ . pgn]kZg tof/ ug]JolQm k]
/ df}h}sf sf/Of kZgkqdf uDel/ ql6 ePsf]atfP .
%n]kZgkqdf ePsf uNtl}sf];hfo 5fq5fqfn0{glb0g]
klg hgP . pgsf]syg 5, æfd]uNtl}sf]df/ lj Bfyl}f
kg{lbg} ;a}lj Bfyl}f0{uNtl kZgsf]c] lbG5}E !*
r}df a; }f]P;Pn;l af}f]a}sn]unt kZgkqsf sf/Of
5fq5fqfn0{k/}f}cGofonf0{;Daf]vg ug]u/l c] lbg]
lgOf6 u/}f 5 . pOm a}sd}f unt kZgkq tof/ ug]
JolQm}sf/afxl ug]jf gug]af/}f eg] sg}5nkn}
gePsf]lgoGqs %f atfp5g\ .

nln}k/sf cujf ;f]JolQm dxhG rflxkZgkqsf]
ql6sf sf/Of 5fq5fqfn]cf'gf]kl}ef k}kn}g ug{gkPsf]
atfp5g\ . pgsf cg;f/ unt kZgsf]pO/ n}y]jf
gn}y]klg ;a}k/Liffyl{0{tl kZg a/fa/sf]c] lb0gk5{.
d}h}f k/Liff kOfnldf /x}f]lkn}n}k}gsf sf/Of o;sf]
cy{/ cfl}Tod}kZglrGx v8f e0/x}f]a}hf kZgkqdf
ql6 k}nf k/}k15 kZgkqsf]lj Zj;glotdf ;d} zlf
pTkG ePsf]5 .

;7} rfln; }Pgklcf0{

I/kf { lzlfssf wGb

ho/fd ufjd

df:6/ ; /sf/L, :sh lghl

;/sf/L lzlfssf] dVo
lhDj]f/L cfkm] k9fpg
ljBfnos] k7gk7g ;wf/ ug{
eP klg cti/Qm nfesf
lgldt sltko lzlfSX;
cf^gf lghl :shsf] pGlt
ug}Jo:t e]65 .

g] kfn lzlf ; E7gsf s[blp
pkfWof afa/fd ykfk
nintk/sf]vf\$gfl:yt ?bfo0fl dlij sf
x\$df:6/ xg\ . ; E7gsf] pkfWof /
?bfo0flsf] kç ePsfh] pgsf] b]xf]f]
lhDj]f/L 5 . t/ pgsf] ; nltgf

oltd}6lEb} . pglDly @)%@ ; fndf
nIntk'/sf] yl; v]hdf v]h]sf]
lgdlj :t/sf]cho lzlf ; bg gfd
lghl :sh ; -rfngsf]lhDj]f/L klg
5 . pgl pQm :shsf kfF ; -rfns
dWof\$ Ps xg\ .

gkfn lzlf ; 3sf k] {sf]fflWof
0Zj/ ; fksf}f kb}Sgof ljBf>d
pdlij, l8Nlnahf/sf k]rfo{xg\ . ptf
hf]kf6ldf pgsf] ; d] nufglDf
0i6kfh aflB} :sh ; -rfInt 5 .
@)! ; fndf :yflkt pQm ljBfnodf
!)%) hgf ljBf]f{ cWooG u5g\ .
; f] ljBfnos] ; -rfns ; ldtsf
cWof /x\$; fksf}f a]sx;df
lgldt pkl:yt xg]u5g\ . 0i6kfhdf
pgsf] .. ; yfks cWoflfl n]lVpsf]
g}k} %08Psf]5 eg]sGof pdlij df
k]vfg]Wofks .

sf7df8sf]dfttlyk]yt hglj sf;
dlij sf lj1fg lzlf lzj kf}h]
sltk/df slt{ ; \$08/L aflB} :sh
; -rfng u/\$f 5g\ . pgl cf^gf]
:shdf laxfg cWofkg u5g\ eg]
hglj sf; dlij df bf] fl]kl/08 k9fpg
kl5g\ .

gkfn lzlf ; 3sf pkdx; lrj
/fh]b/fh kf}h uDe/ ; dG] ;]'



dflj, sf6Zj /sf lj 1fg lzlf s xg\ .
 pgn]nlntk/sf]gllx6ldf olgs lehg
 aflB# :sh ; ~rfng u/\$f 5g\ .
 cf^gf] :shdf k9fpg ; lhnf] xf] \
 egl pgl tlg jif6l3 ozfw/f dfljaf6
 laxfg k9f0 xg] uDel/ ; d6b] ; f'
 dfljdf ; ?jf ePsf lyP . kf8h
 cfknh]lghl lj Bfnodf w}} ; do lbg'
 gkg] plnvy ubx lj Bfnosf] /vby
 ktgl] ug] u/\$f] atfp5g\ . pgn]
 k9fpg]uDel/ ; d6b] ; f' dfljsf]e)^\$
 ; fnsf] P; Pn; L k/Llffdf lj 1fg
 ljifodf b0{hgf dfq cgQl0f{ePsf
 lyP .

; ubj/ >]7 nlntk/sf] n#'
 ; fwf/of dflj sf uloft lzlf s xg\ .
 pgsf] ; d] z6/ nufgl /x\$]f]
 snlof0sf/l axp2]o ; xsf/l ; :yfn]
 j]6 lE aflB# :sh ; ~rfng u/\$f]
 5 . @)#\$; fnb]lv lzlf0f k}zdf
 ; nlg >]7 xfn pQm lj Bfnodf dfljdf
 txdf rf/ lkl/o8 k9fp5g\ . lghl
 lj Bfnodf clwofkg ubf{l]leGg ; dodf
 lhnf: t/lo k'/:sf/ kfPsf >]7
 ; fwf/of dflj ne}af6 eg]clxn]Dd
 k':s[ePsf 56g\ . To; h] pgsf]
 cfwf ; /sf/l :shdf e6bf lghl t/
 ; flwPsf] 5 . pgl e65g\ :o:tf]
 k':sf/ cf^g] lj Bfnoaf6 kfpq]
 wf\$]f] 5 A

/fhwfgl h:t}pkTosf aflx/sf
 ; fdbflos lj Bfnosf lzlf s xg\ klg
 lghl :sh vfl]g] Joj ; fodf plQs}
 kf0G5g\ . hgtf dflj , l; wof,
 ; g; /lsf uloft lzlf s b]gf/foof
 rfw/ln] ; g; /lsf]Dsfdf lghl :sh

vfh\$ 5g\ . ; f] :shdf pgl ; d]
 rf/ hgfsf] nufgl /x\$]f] 5 . rfw/l
 o; lfgsf sxlnPsf uloft lzlf s
 xg\ . @)%@ ; fndf :yflkt lalno66
 ; \$]8/l aflB# :shdf rfw/l laxfg
 k9fp5g\ .

; /sf/l :shsf lzlf s xg]lghl
 :sh ; ~rfng u/\$f] / sltkon]
 b0kt/ k0f\$fnlg lzlf s sf zkd f sf
 u/\$f yk} pbfxf/0f e]6G5g\ . o:tf]
 sfddf lzlf s ; :yfsf cujf lj z]
 zkd ; lqo blv65g\ . t/ ; fdbflos
 lj Bfnosf slt lzlf s xg]lghl
 lj Bfno ; ~rfng ul/x\$ 5g\ e6gdf
 cfwswf/s tVofl eg] s ; }E klg
 56 .

; /sf/l sf]af6 tna-eQfb]v
 afF-hh k] ; g ; d] kfpq] lzlf sn]
 cfknh]lgolQm kfPsf] lj Bfnosf] p6gt-
 k]ltd} ; do vlr6kg] 7flg65 . t/
 lghl :sh vfh] To; df clwofkg ug]
 ; fdbflos :shsf lzlf sn] ; /sf/l
 e6bf lghl :sh ; wfg{ a9l dxgt
 u/\$f] kf0G5 .

; /sf/l lj Bfnosf :yfol lzlf s xg]
 g]lghl lj Bfno ; ~rfng ug{t]D; gsf]
 sf/of s]x]t <g]fn lzlf s olgogsf
 clwof s}zj e\$ /fo{ ; /sf/n] lbPsf]
 tnan] gku} yk cfbfqlsf nflu
 lzlf s xg] lj leGg k}zdf nfu\$]
 :ki6ls/of lb65g\ . pgl e65g\
 azlf snfo{j]Q-lj sf; sf k}z: t cj ; /
 gePsf n] j] \$]nks sfdf vfl]g] ; jfe]j s
 xf] A lqe]g lj Zj lj Bfnosf
 k]wofks /fdsd/ kfB] klg w}}
 lj Bfyl\$]efllo agfpg] lzlf snfo{k]Dg]

tna glb0Psf sf/of pglx; n]
 ; dfgf t/ lzlf0f ; :yf vfl]g] u/\$f]
 atfp5g\ . t/ ; lzlf lj b\8f= tly{
 vlgofFeg] tna sd ePsf] axfgdf
 ; /sf/l :shsf lzlf s xg] eflg gxg]
 7f65g\ .

; /sf/l tna tyf ; ljwf sd
 ePsf] lghl :sh rnfpg' k/\$f]
 atfp5g] cf^gf lghl :shdf
 k9fpg] lzlf snfo{eg] ; /sf/l dfkb08
 cg; f/sf] tna ; ljwf ; d] pknAw
 u/fPsf] kf0G5 .

sltko lzlf sn]eg] cfly\$ nfesf
 lg]Dte6bf cjsfzkl5 sfdf ug\$
 nflu klg lghl lj Bfno ; ~rfng u/\$f]
 kf0G5 . nlntk/sf ; f] Jo]Qm
 ; Togf/foof dxh6 o:t}af k56g\
 kl/jf/sf ; b:ox; nfo{ /fhuf/lsf]
 cj ; / lbnfpgsf lg]Dt klg sltko
 lzlf sn]lghl :sh vfl]g] u/\$f 5g\
 lzlf s /fh]b] kf8h cf^gf] lj Bfnosf]
 ; Dk0f{lhDd] f/l ktgl sf] xftdf /x\$]f]
 cfknh]lghl :shsf] Joj :yfkdf w}}
 6fPsf] blwfpq' gk/\$f] bfal u56g\ .

:sh ; ~rfng cglrt

; /sf/l lj Bfnosf lzlf sn] lghl
 lj Bfno ; ~rfng ug{ kfpq} gkfpq]
 lj ifodf lzlf ; Da6w] Pq=lgodf nlx;
 sf/of byfP/ ; /sf/l lzlf s xg]lghl
 lj Bfno ; ~rfng ug] u/\$f] kf0G5 .
 t/ of] Pp6f axfg dfq ePsf] a'g
 sl7g 56 . lsgel] hgtfsf] s/af6
 tna, eQf / k] ; g ; d] vfg; n]
 lghl nfesf] Jofk/-Joj ; fo ug{glDng]
 s/fdf sg] lj jfb ug] 7fpFg] /x6g .

otf .Jo:tU ptf .cfp6U
 ptf .Dgu otf .afx/UM
 kb}sdof lj Bf>dsf k# tyf Oi6kfh aflB#
 :shsf ; :yfsk clwlf OZj / ; fksf]sf
 b0]6f . g]n]6U .



I/kf{ lzlfssf wGbf

To; dfl y bzf s{f} sfgg /
 k/Dk/fn]klg To:tf]; I} u/\$f 5g\.
 gkfn lzlf olgogsf cWof
 szj e\$/f0{/sf/L lzlfsn]lghl
 lj Bfno ; -rfng ug{gxb] 7fG5g\.
 gkfn lzlf ; E7gsf dxf;lrj
 afa/fd clwsf/lrflxflzlfsn]lzlf0f
 afx\$ cGo sfd ug{gxb] ljrf/
 JoQm u5g\ . ; E7gsf] oxl r} #!
 blv @ jzv @)^^ ; Dd xg]/flie6
 dxflwj zgd of]lj ifodf 5nkn ul/g]
 atfp5]pgl yk5g\ae; /sf/L lzlfssf]
 cfwf/e't lhDd]f/l cfkm' lgoQm
 :shsf] k9f0 :t/lo tNofpg' xf] .
 ot, dcf] flblgs6 clvn gkfn
 /flie6 lzlf ; E7gsf cWof uof/fh
 nf]gl ; /sf/L tna eQf vP/ lghl
 lj Bfno ; -rfng ughf0{ a}dfglsf]
 ; f lbG5g\ . a}njl, la/fdl labf
 / ; \$f lzlf /fv] ; /sf/L
 lzlfx;n]lghl zlf ; yf ; -rfng
 u/\$f]pNny ub}nf]gl eG5g\aelghl
 lj Bfnodf k9fpg] clg cfkm' lgoQm
 ; /sf/L :shsf] slfd hf} ljgf
 tof/L hf] / 7Ug] kj] Q 5U Tof]
 /fl]sgk5{.E cf'gf] ; E7gdf cfj 4



lzlf ; E7gsf pknWof,
 ?b]o0fl dfljsf x\$df:6/ tyf cho
 lzlf ; bgsf ; -rfns ykf .

sg]lzlfsn]lghl :sh vfh\$]kf0Pdf
 t]sfn sf/afxl ul/g]nf]glsf]syg
 5 .
 cfkm)+lghl :sh ; -rfng
 ul//x\$fbdsGof lj Bf>d pRr dflj
 l8Nnlahf/sf klrfo{0zj/ ; fksf}f
 klghl lj Bfnodf lzlfssf]; n]lgtf
 plrt gxb] g] atfp5g\ . w]t/sf]

; n]lgtfn]lzlf sdf kltsf]; dk}f
 sd xg]pgsf]ts{5 . dfgj clwsf/
 tyf zilGt ; dh, /f}l Sna, rf?dtl
 ldq ; dx / ljleG lj Bfnosf
 ; -rfng ; ldltdf cfa4 ; fksf}f
 eG5g\aed laxfg ^ ah}lv ; f% %
 ah]Dd lj Bfnos} sddf xG5' .E
 lzlf /fh}b/fh kf}hrflxF/fhon]
 klghl tna lbP/ j\$llks sddf n]lG
 g; Sg] cj :yf ; hf u/] ; d:of
 ; dwf]g xg]atfp5g\ . t/ lzlfsnf0{
 clxnGbf slt a9l tna lbof]eg]
 pglx; Psfu] eP/ ; /sf/L :shsf]
 k7gkf7g ; wf/ ug}f n]lG5g\t eG]
 k7gsf] hjfkm eg] ; s}E klghl
 kf05g .
 lzlf]j b\8f= tly{vlGof]lj Bfno
 ; -rfng ug{ / cGo lj Bfnodf
 cWofkg ug{ b} } ghfoh ePsf]
 atfp5g\ . akf6{ 6f0d sfd u/]
 kmh6f0dsf] tna lngx5g . To:tf]
 ug}f0{s8f sf]xl ugk5{ k/f ; do
 sddf gn]lG] jftfj/0f agf0lb]
 kcf]f0{ ; d} sf]xl ugk5{ 8f=
 vlGof]f] syg 5 .
 lzlf olgogsf cWof e\$/f0{



रेडियो सगरमाथा १०२ थोप्लो ४ मेगाहर्ज

नेपाली रेडियो, नेपाली आवाज

लहेलहे र सस्तो लोकप्रियता भन्दा निकै ठाढा सत्य, तटस्थ, निष्पक्ष
 र विश्वसनीय समाचार

सधै १५ मिनेट अगाडि

हालचाल

(सरल, शुद्ध र नेपाली भाषामा)

हरेक दिन

विहान: ८:४५ र ११:४५ विउँसो: २:४५ र ४:४५, साँझ: ६:४५ र ८:४५

बीबीसी नेपाली सेवा

हरेक बेलुका ८:४५-९:१५ सम्म

English BY Radio सुनी आफ्नो अंग्रेजीमा सुधार परी ।
 हरेक शुक्रबार बेलुकी: ८:२० देखि ८:३५ सम्म

रेडियो सगरमाथा एफएम १०२ थोप्लो ४ मेगाहर्जमा



lzlfsc;sf] kzfut ljsf; sf nflu
 cllwog ;fdull, cg; Gwfg, plrt
 ;]f; ljwf / cj; /sf] Joj:yf ug{
 ; sdf ; /sf/l lzlfsc] lghl :sh
 vllg] / b0t/ k9fpg] qnd 36g]
 ljZjf; u5g\ pgl e65g\ lzlfscf0{
 k0f{ ; kdf lzlf0f ultljwdf ; nllg
 u/fpg] of]hgf /fho; E xgk5{ .E
 ; /sf/n]kf7dqnd kl/dfhg u/] eP
 klg lzlfscf x/\$ jif{rgf]l ylk/xg'
 cfj Zos /x\$]f] wf/0ff pgsf] 5 .

klwofks kf8] lzlfscf0{Jo:t /Av
 gdhf kZgkq agfpg] k'ts nllg
 nufpg] h:tf /rgf]ds sfddf klg
 nufpg ; lsg] ; %fj lb65g\ pgl
 o:tf]sdf nufpg /fho]nufgl ugkg]
 pNny ub}o; n]ubf{lzlffsf]u0f:t/
 j [4df ; d] d2t klgl 7f65g\
 lzlfj b\ 8f= tly{ vlgofF rlixF
 c6t/f60:t/df cEof; df cf0; s\$]
 ljBfnodf .l/; f] {h}Zzgl ug]sdf
 u/] lzlfscf nflu clt/Qm cfdBfgl
 a9fpg] sfd ug{ ; lsg] atfp5g\
 pgl e65g\ ljBfnodf 8}rf0N8 s0/
 ; [6/ vllg] 6d; g k9fpg]h:tf sfd

u/] cfdBfgl ljBfno / lzlfsc]af8g
 ; lsg5 .E

gltstfsf] kZg

sg} klg gful/snf0{ cfkmh] rfx\$]
 Joj; fo ; -rfng ug{:j tGqtf gePsf]
 xf0g . t/; lzlf0f h:tf] ul/dfdo
 kZdf ; nllg JolQm]Joj; fo u/\$]
 g; kfg] s/fdf ; jo+lzlfsx; klg
 ; xdt 5g\ . lzlfscf olgogsf cllwof
 e\$/f0{lzlfsn]lghl ljBfno ; -rfng
 ubf{ljBfyl{tyf ; dfhn]xg]b]6sf]df
 ; d] gsf/f]ds kefj kfg] pNny
 u5g\ . asl]df wdkfg / dlb/fkfg
 ugkg] e6g] lzlfsc] cfkmh; k; ndf
 tl ; fdull a] \$]f] sg]ljBfyl] b]bf
 s:tf]dx; ; unf] pgl kZg u5g\
 lzlfscf0{ cf'gf] b/a6bl /x\$]
 lzlf0f ; ykllt lhDd]f/ / ; dlk{
 agfpgkg]ljifodf lzlfscf kzfut
 ; yfx; ; xdt ePsf]kf0G5 . gkfn
 lzlfscf olgogn] ; /f\$]jfnfx; ; E]sf]
 Jofks 5nkmkl5 o; ljifodf
 cfrf/; lxtf g] lgdff u/\$]f] 5 .
 lzlfsc; n]kzfut :t/ / doff j [4df

lg/Gt/ k0Tg, kzfut klta4tf
 ; lglZrt ug{ lzlfsc] cfkmh]0{
 lzlf0f; E ; DalGwt cg; Gwfg ug{
 kzfut blftf; ; dk0f, lgoldttf /
 p0/bf0Tj kngf ug{lg/Gt/ k0f;
 ugkg] lzlfscf cfrf/; lxtdf pNny
 5 . To:t}kzfut :t/ j [4sf nflu
 tflnd lng / To; af6 l; s\$] 1fg,
 ; lk / cgejx;af/] lzlfsc; alr
 5nkm ugkg] s'/f klg pQm
 cfrf/; lxtdf 5 .

lzlf lgodfjnl @)% (sf] wf/f
 !## df klg lzlfscf nflu cnlu}
 cfrf/; lxtf t\$]f]5 . lgodfjndf
 ; fdbflos ljBfnosf lzlfsc]
 Joj:yfkg ; ldt / lhNnf lzlf
 clwof/l\$]j]s [t glno{cfkm'axfn
 /x\$]f] ljBfno aflx/ sfd ug{ /
 lgwf/t ; dodf lgoldt ; kn]
 ljBfnodf cfp÷uPsf] ; do hgf0{
 xflh/ xgkg] / klxn]labfs]cgdl
 glno{ljbfnodf cgkl:yt xg gxb]
 pNny ul/Psf]5 . t/; of]Joj:yfsf]
 vlnDvlnf pNn^sg xbf ; d] s; hf0{
 sfj f]l ePsf]pbfx/0f 5g] .

तपाईं जहाँ दुबदुबले त्यही तपाईं जहाँ पुनदुबले त्यही जहाँ
देशीभरि
उज्यालो 90 नेटवर्क
तपाईं दुबदुबले व्यवसाय गर्नुहोस्

Broadcast System
 Partner Radio Stations
 National Coverage

सिंहवर्षि राजीवाम्
 ११ वीं मन्चारीक सडक, ११, १२, १३, १४, १५ वीं मन्चारीक सडक, १६ वीं मन्चारीक सडक

सीधा कुरा, प्रष्ट विचार

Communication Corner Pvt. Ltd.
 Kuponidole, Lalitpur, Tel: 5546277
 Fax: 977-1-5549357, E-mail: info@u90.com.np, URL: www.u90.com.np

Broadcast Office
 Sanyap, Lalitpur, Tel: 5551716

११ वीं मन्चारीक सडक
 सिंहवर्षि राजीवाम्
 ११, १२, १३, १४, १५ वीं मन्चारीक सडक
 १६ वीं मन्चारीक सडक

l/kfɔ{ :shdf cltl/Qm lqmfnsnfk

clgtf l; jfsfɔl

.ahɔ dxɛj kɔf{ls

h fɛ

cfh vjhsbdf sltɔfg sfod ugI /fdI syf-sljtf / lga0w nŷI gfd sdfpg cyjf /fdI nŷg]afIlg] ;lksf sf/Of cf^gf kzf-Loj ;fodf cujf ag\$F JoIQm;nf0{cf^gf ;kmtfsf] sf/Of ;f]bf] eg] wI]h] :sh} hljg / Tolta]f cfmI ;xeful ePsf xflh/hjfkp jfbIjjfb, jStI]snf, vjhsb, lga0w tyf sljtfnŷg, gf6s d~rg cflb kltoflutfx; ;D%5g\ . :sh txd f xg] o;vfnsf cltl/Qm lqmfnsnfkn] lszf]-lszf]ldf k]knbg xg gkfp/ jf ba] a; \$f] kltef / ?lrfnf0{lgsf; lbg] sfd u5g\ . sɔf]nf0{lgoldt k9f0n]e0bf o:t}lqmfnsnfk / 36gfn] hljge/ ;km tlfpsf] klg kf0G5 .

t/ bMvsf]s/f, otfsf lbgdf :shx;df ljBfyl\$F] ;^vof hg b/df a9b}uPsf] 5, vjhsb, ;flxIosnufotsf cltl/Qm

lqmfnsnfkx; nueu Toxl b/df 36b} vldrɔ} uPsf]eI6G5 . lgoldt ;kdf vlg]kg]pd]sf lszf]-lszf]lx; k9b] zx/L lqsf goff ljBfnof;df vlg] 7fpF k/} /Xof] ;fdf0 hd36 xg klg] vfnl hldg klg bI]vɔ . kofit vfnl hldg ePsf ;/sf/L :shx;df klg To:tf]hldgsf]pkofI ljBfyl\$F]zf/ll/s-af]4s ljsf;df klolf ofI]bfg kɔfpgsf nflue0bf k;n-san agfpg jf c; g}kɔf]hgsf lglDt pkofI u/L ef8f c;h ugI]k] [Q a9b} uPsf] kf0G5 . To;/L cflhɛ /sd cltl/Qm lqmfnsnfkx; ;~rfng ug{ nufPsf] kf0G5 . klom ;ah;f] ;/sf/L of ;fdbflos ljBfnof;n] cfly\$ cefjs}sf/Of To:tf sfo{ug{g; s\$F] atfpg] u/\$f 5g\ . t/ .cfly\$ cefjU nf0{ sf/Of bŷfpg] ljBfnof;n] hfɛ/ / OR5f eP klg] yk ahɔ grfIxg]vfnsf lqmfnsnfkx; ;dI u/fpg] u/\$f] lj/n} eI6G5 .



lb pFf]f] ;f9] rf/ alh;Sof] . :sh 5\$ e0;Sof] . t/ klg sf7df8f]gof afgZj/l:yt /Tg/fho pdfIj sf sxl ljBfyl\$F] eg] 3/ knsg] ahf ePsf] 5g . ehf ePsf !)=!@ hgf ljBfyl(wo) sxl ;8s-afnssf] clego ul//x\$F 5g\ t sxl g]fsf] / afn>ldssf] . ;a>lds afnafnfn] k9b kfpkg5{ /afnclwsf/ ;/llft xf]vegg] ;GbZ af\$F] of] gf6s ljBfyl{cfkm] nŷsf xg\ / lgbZg klg pglx;n] g} ul//x\$F 5g\ .

uPsf]k' ;dixgfsf]Ps lbg, nlnk/sf]afn ljBf dlGb/ -alalPd_df Pp6f /df0nf]bZ0 bŷg kf0Psf] lyof] . To; lbg lzlfsc; ljBfyl\$F] nf0gdf nfda4 lyP . klygfsf] ;do ;lsPkI5 sg] ljBfyl{lkI; knsf] s'ldf uP/ a:g yfn] eg] sxl slffdf uP/ k9fpg yfn] . lzlfsc; rfxFlj Bfylx; ;E}a}rdf a; ;k9b yfn] . To] lbg To; ljBfnodf ljBfyl{lbj; dgf0F]lyof] . ljBfyl{lbj; df laxfgb]v ah\$F; Dd ljBfyl{g} ljBfno ;~rfng u5g\eg] lzlfsc; ljBfyl\$F] eldsdf /xG5g\ . ljBfnosf cg;f/ x/\$ jif{ hf8f]labf xg0Gb cI3Nnf]lbg .alalPdU :shdf ljBfyl{lbj; dgf0G5 . b0;L-ehf] ;/;tI khf, /Qnbf] cflb lqmfnsnfk klg ;f] ljBfnodf e0{ g} /xG5g\ .

lzlfj b\8f= tly{vlgoFsf cg;f/ ljBfyl\$F] ?lrcg;f/sf cltl/Qm lqmfnsnfkn] ljBfyl\$F cGt/lglxt kltef phfu/ ug{ / cfdljZj; a9fpg dxɛj k0f; xofI klI5 . pgl eG5g\ aPsf]7f] k9f0df nfu\$F]lbdfunf0{o:tf lqmfnsnfkn] tfhf agfp5g\ . ljBfnodf ;do ldnfP/ ljleG lqmfnsnfk u/fpg'h?/l 5 . E ljleG ;bg, Sna / ;E7gdf ;fdh xF ljBfylx;df st{0 / lhDd]f/l jxg ug] afgl a:5 / pglx;n] khftfGqs cfr/Of l; S5g\eg]sf7df8f]hgk0ft dflj sf lzlfz lzjxl/ dfgw/sf] cgej 5 .

lzlf lgodfj nln]ljBfnodf cltl/Qm lqmfnsnfk u/fpgk] clgjfo{ Joj:yf u/] klg clwsfz ;/sf/L ljBfnodf kofit cltl/Qm lqmfnsnfk ePsf]kf0G5 . ;xsfo\$nfk jf cltl/Qm lqmfnsnfk u/fpg /Tg/fho pdfIj df kfF ;b:olo cltl/Qm lqmfnsnfk ;ldt g} agf0Psf] 5 . cltl/Qm lqmfnsnfksf nflu ljBfnosf]jflif\$ Sofn]8/d] lglZrt lbgx; 56x0Psf] 5 . t/ klg ljBfnodf vf; }cltl/Qm lqmfnsnfk eg]xg g; s\$F] ;ldtsf ;b:o lzlfz wd{fh cofI ;jsf/ u5g\ . pgsf cg;f/ lat\$F]z]lfs jif0/ c; kltoflut f xg ;sgg\ . hgk0ft dflj n] of] jif{ ;fteGb a9l cltl/Qm lqmfnsnfk u/fPsf]bfal u/]klg ljBfylx; b0]6f eGb a9l gu/fPsf]atfpg5g\ . To:t}kpllt



cleefjs lbj ;sf] pknlodf
 Uofn\$; l klAns :sH
 1fgJj /df cfof]ht v]hsb
 sfoqmd .

06b | >17

lzlf ;bgdf klq of] jif ;ftj6f e6bf a9L
 lqofsnfk xg; s\$]f]5g . /fli6 pdflj , 06bfp0flsf]
 xfnf klq ol tlg ljBfnosf] e6bf km's 5g .
 t/ alalPd :shdf eg]v]hsb ;ktfx afx\$ jifcl/df
 @* j6f ljleGg lqofsnfk ul/P .

dNofI gsf]s8L agfpgk5{

gof kf7dqnd cg; f/ afnaflnsfnf0{ slff-
 sf]fdf k9fpg]e6bf a9L cltl/Qm lqofsnfkdf
 ; xeful u/fpgk5{ . pbf/ slff]gltsf]cjwf/Off
 cg; f/ slff ! blv # ; Ddsf ljBfyl\$]f]
 JolQmut k]p]t lj j/Of tof/ u/l slff sfo{
 kl/of]hgf sfo{x} l; sf0 pknlAw dfkg
 ul/G5 . ljBfyl\$]f] pknlAwsf] af/df k]o\$
 dlxgf cleefj snf0{ hfgsf/l k7fpg] Joj:yf
 gofFkf7dqnd] u/\$]f] 5 . slff \$ / % sf]
 klq lg/Gt/ dNofI gsf]cfwf/df l; sf0 pknlAw
 dfkg ug]kg] Joj:yf 5 . lgdflj / dflj df
 eg]cltl/Qm lqofsnfksf]dNofI gsf nflu sb;
 lgod agfPsf]5g . s]b\$ kf7dqnd clwsf]
 k\$zfz dfgGw/sf cg; f/ , tl txsf ljBfyl\$]
 lg]dt klq cltl/Qm lqofsnfksf]dNofI g ug]
 lj lw tof/ ug]sfd yflnPsf] 5 .

gugI w}

a"bf-a"b} klq ljBfnodf o:tf lqofsnfkx;
 u/fpg g; Sg\$ k15 w}]sf/Of /x\$]f]lzlf sx;sf]
 egf0 5 . hgk\$ft dflj sf lzlf s lzj xl/ dfgGw/
 cltl/Qm lqofsnfk gxxdf ljBfno k\$z; gnf0{
 lhDd]f/ 7fG5g\ . hit /fdf]sfd u/]klq dNofI g
 gePk15 cfk]h]To:tf lqofsnfkdf rf; f]glbPsf]
 pgsf]syg 5 . /fli6 pdflj sf ; fdf]hs lzlf s
 nldof l3ld/]eg]a6b-x8\$fn]ubf{ahdf kf7
 g; lsg]/ kf7 5f8] cltl/Qm lqofsnfkdf ; do
 lbg g; lsg]af]Wotf ; gfp5g\ . pgsf]lj rf/df
 ljBfnosf]cfly\$ klf sdhf] eP/ klq cltl/Qm
 lqofsnfkdf afwf kl\$]f] 5 .

/Tg/f]ho pdflj sf k]rfo{ultf v/h ljBfnodf
 cltl/Qm lqofsnfk u/fpg]lzlf sf]b/a6bl g]
 gePs]df c; Gtff] kfl]5g\ . ; G]cltl/Qm lqofsnfk
 u/fp] cleefj sx;af6 ljBfyl\$]f] ; do v] uPsf]
 ubf; f]cfpg]klq pgl atfp]5g\ . zx/sf w]h; f]
 ljBfnodf v]hsbsf nflu koff]t 7fp]5f] cej
 5 . d]gdf v]hfpkg]v]h v]hfp]yf]dfq
 :sh; G]vhf d]fg 5 . ljBfno ; f] JolQm
 dgaxb/ ykfsf cg; f/ klxn\$]f] thgdf
 ljBfnodf cltl/Qm lqofsnfksf] ; a]Vofdf lg/Gt/
 sdl cfp]u/\$]f] 5 .

cltl/Qm lqofsnfk]kf7dqnd]uxg p27o

I/kf{ :shdf cltl/Qm lqmfnsfk

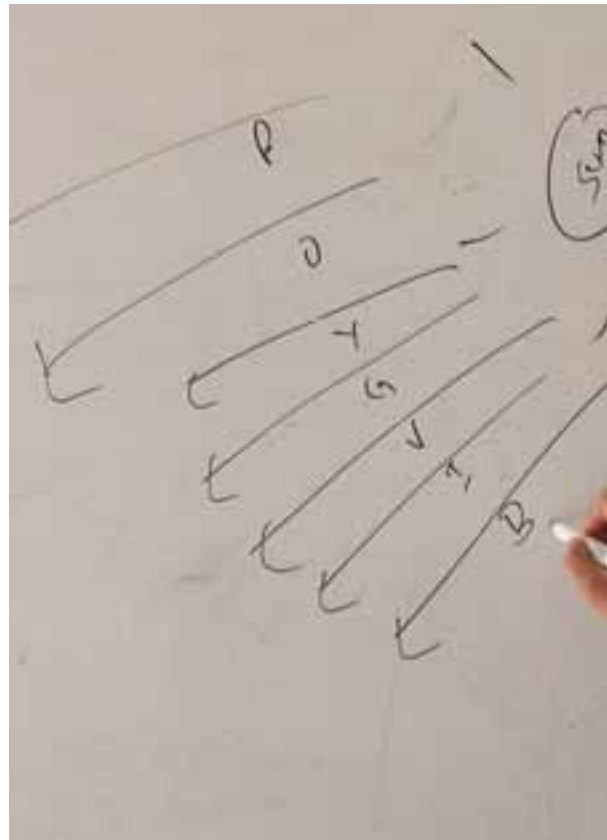
cfkn}f0{lrGg]df\$}f

- kltlff sfsl]



pbok/sf] lqoluf gu/kflnsfdf cjl:yt hgHoflft dflj df clloog ubf{g}d}cltl/Qm lqmfnsfkdf ;xeful xg] cj;/ kfPF. To; a}hf dVou/l d xflh/hjfk}m lrqsnf / g[odf efu lngyF. xfdl] lj Bfnodf cltl/Qm lqmfnsfk ug{u/fpgsf nflu ; }f] ;bg, xl/of] ;bg gfdS lj leGg ; dX agfOPsf lyP . tl ; dXd}f tllOf, dWod, lGdg lfdtfsf lj Bfylx; Id; fP/ /flvGyof]. d}f]; dXd}f rflxEd dWod:t/lo 5fqf lyPF. :shdf xg]xflh/hjfkndf efu lng]qnddf ddf gofF s{/fsf] vflhl ug] / lbdudf lh1f;fsf] alh pdfll//fVg] afgl a:of].

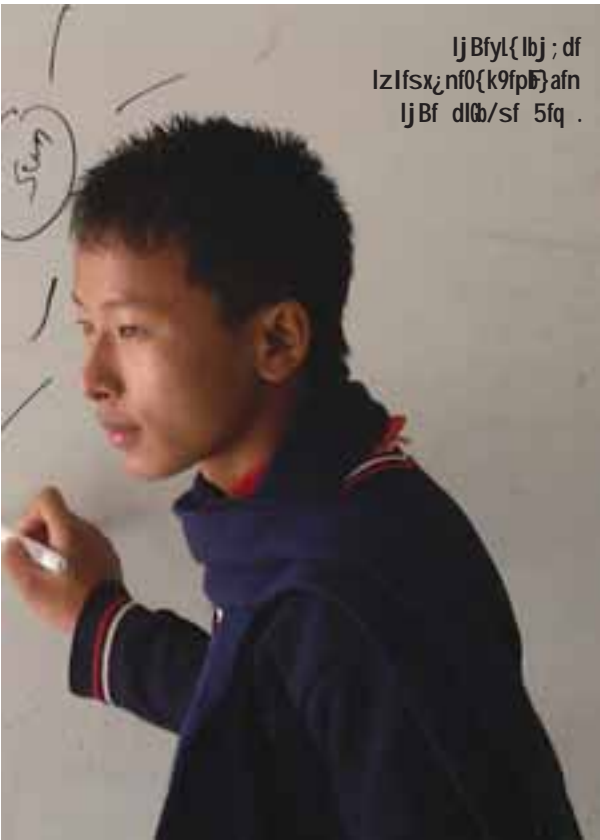
hljgdf cufl8 a9g clg cffdljZjf; a9fpg cltl/Qm lqmfnsfkndf dnf0{ 7hf] d2t k%ofof] cfkn}f0{ lrGg] df\$}f lbof]. xfdlnf0{ k9f0; E} cltl/Qm lqmfnsfkdf nufpg] lzlfSx;nf0{wGo eGg dg nlu5 . lzlfSn] cltl/Qm ; do, tTk/tf / Wofg lbP/ o:tf lqmfnsfkdf xfdl] ?lr ghufPsf] eP d clxn\$}f] cj:yfdf klG] ly0gF. sf7df8f\$}f] sGof Sofdk; df :gfts kl9/x\$}l d clxn]cf^gf]:shdf xg]cltl/Qm lqmfnsfk ; lD%/x\$}l 5' .



/Tg/flho pdfllj afg]j/sf kpltzln afn Snasf lj Bfylx; @ knubgdf gf6S l/xll; n ub}.



k/f ug{; xofl} k%ofpg]lj Zjf; ul/G5 . sltko lzlfSx; klxn\$}f] thgdf clxn\$}f lj Bfylx] cltl/Qm lqmfnsfkkltsf] hfz / hfE/ 36b} uPsf] cgej ; gfpEg\ . t/ lj Bfylx; of]s/f dfg tof/ blvGg\ . /Tg/flhodf slff (df clloog/t 5fqf ; :j tl sfsf]elG5g\æ; / / ld; x;nf0{ eGb5fFklg t/ c; slfsf]fsf k9f0df c;/ k5{ ; do 5g, kf7 k9 eGb} lzlfSx;n] xfdl] s/fnf0{ jf:t}ugxGg A cltl/Qm lqmfnsfkndf{l; sf0-klqmfnsf] dxEj kOf{cE dfg] lzlf dGqnon]@)^) ; fndf ; a} ;/sf/l lj Bfno zqmaf/ tlg ah]Dd vflh} b0{ 306f cltl/Qm lqmfnsfk u/fpgkg]kl/kq u/\$f]lyof]. t/ cltl/Qm lqmfnsfk u/fpg]lzlfssf] cej tyf cfj Zos ; fl; fwgsf]sdl ePsf] eGb}of]lgodnf0{(%68)*} kl}zt lj Bfnon] gdfg\$}cfkn; n]u/\$}cgudgn]byfPsf] atfpEg\ zllfs hgziQm lj sf; sllbdf zf/ll/s lzlf xg] kl}lws clwsE gkfnxl/ /fgfef6 . pgsf cg; f/ w}h; f] lj Bfnox; zqmaf/ ! ah]g}aGb e0; s\$} xG5g\ .



lj Bfyl{ lbj ; df
lzlf sx; nfo{ k9fpf} afn
lj Bf dlcb/sf 5fq .

ttax;ll dgtt l; a;slfll

cfldlj Zj f; hufof]

- ej; fu/ l3ld/]



@\$* ; fndf d 1fgeld klj, gblk/ kfy/ fdf slff \$ df k9yf. lj Bfnodf a;hfah;fdf ult ufpq] r6lsnf eG] sfoqnd xGyof]. .d7f] ufpHfoid/] hdb;lsf] 5f7f] d=ll af;hsf] ult d;h] ^ slffa6 ufpq yfn\$] xF. d;h] of] ult af/ fxl dlj df slff * df k9bf klg uFP. lj Bfnodf cfofhgf xg] xflh/ lhj fkm j StTj snf, gto / gf6s kltoflutf d ; se/ 56p;fgyF. kltoflutfdf efu lnbf sxl g sxl k7: sf/ klg xft kl/ xGyof]. !) slffdf xbf xflh/ lhj fkm kltoflutfdf efu lng d / fhwgl cfPF. klxnf] k6s sf7df8f; blyg kfpq] ; f;f;lo dnfo{ cti/ Qm lqnf snfkn] h6f0lbPsf] lyof]. :shdf xg] cti/ Qm lqnf snfkn] ; xeful xg] afgln] d !) slffdf klbf cfknf sfoqnd cfofhgf ug] / rnfpg] e0; s\$] lyPF.

kltoflutfdf lht\$] k7: sf/n] k9g] xf} nf a9fpFof]. :gfts txsf] 5fq 5bf kfy/ fsf] df5fkr5] PknPddf sfoqnd ; -rfngsf] lhDd] f/ l kfpF. lj Bfnosf cti/ Qm lqnf snfkn] k15 Sna / PknPddf sfd u/ \$] cgej n] dnfo{ P66gf knpG8] g gk;fndf ; n;lg xg] cj ; / h6bf]. .bljgs/ flie6 cvaf/ U df kluk15 d;h] kgM cti;nf0{ kms; x;h\$'. lj Bfnosf cti/ Qm lqnf snfkn] d7f] hljgdf cl3a9g k7off dfq lbPsf 5gg; cfdlj Zj f; } hufPsf] 5 .



klpM lj Bfnon] cfly\$ cej sf sf/Of cti/ Qm lqnf snfkn u/ fpg g; s\$] ug; f] ug] u/ \$f 5g\ . t/ afnaf;nsf] ; sf0df u0fftds ; wf/ Nofpgsf nflu .lj Bfno ; wf/ of;hgfl c;tu;f lhNnf lzlf sfon] x/\$ jif{ kl; lj Bfyl{ lxdfnl e\$df ?#%}, kxf8l e\$df ?=@% / t/f0{ tyf pkTosdf ?=@! lbg] u/ \$f] 5 . of] /sd kfyldstsf cfwf/ df lj Bfnon] vr{ ug{ ; Sg] Joj: yf 5 . t/ lj Bfyl\$] u0fftds l;sf; sf nflu eg] 56df0Psf] k} f e;f; s k7f;f/ lgdf;f / ; fdfg hf\$;] s;fddf vr{ ul/ Psf] cgej lzlf lj efu :j on] u/ \$f] 5 . lj efusf sfoqnd zvf k;v xl/ nD; fn eG5g\ aufp;f; / ; fdfgo sfoqnd ug{ r/ kF ; on] k05 . lj Bfyl\$ nflu 56df0Psf] /sd c; s;fddf vr{ u/ } cti/ Qm lqnf snfkn ug{ k} f 5g eG ldNbg . A lzlf sx; n] hf;f/ rnf0lb; x] eg] lj Bfnodf cti/ Qm lqnf snfkn ug{ /sd cej gxg] pgsf] ts{ 5 .

z;f;f; hgZl nflu l;sf; s;lb\$ kllj lws clws; / fgfe6nf0{ rlxFlzlf sx; df cti/ Qm lqnf snfkn u/ fpg] l;f;df gePsf] atfp5g\ . pgl eG5g\ ; sitko lzlf sdf t;fnds] cej sf sf/Of kfy;f s; / l u/ fpg] eG] lfg klg 5g . A t/ klg t;fnd lnPsf lzlf sx; n] cfkn] l; s\$

s/ f slffsf] fdf k;f; gu/ \$f sf/Of lzlf sn] t;fnd lng;al0s} :shdf cti/ Qm lqnf snfkn e0xfN5 eG] cfwf/ 5g . lzlf sdf hf;f/ ghuf0{ :shdf cti/ Qm lqnf snfkn xg] ck] ff ug{ ; lsb; . o; sf nflu :shdf cti/ Qm lqnf snfkn ; -rfng ug] lzlf snf0{ k7: sf/ / gug;nf0{ b08sf] Joj: yf ug{ pQd pkfo xg ; S5 .

/flie6 lzlf k4lt of;hg;f @) @* n] cti/ Qm lqnf snfkn df hf\$ lbPk15 lj Bfyl\$] z/ ll/ s tyf dfg; s l;sf; sf nflu kF} l;sf; l;gdf klzlf sx; Joj: yf u/ } cti/ Qm lqnf snfkn ; -rfng ug] ul/ Psf] lyof]. o; nf0{ lg/ Gt/ tf lb; } k7dqnd l;sf; s;lb;] clxn] klg ; f: s;f;ts sfoqnd, lgaGw, sljtf / l;rqsnf, Psf;sl gf6s nvg / d-rgdf / flie6 kltoflutf u/ fpg] u/ \$f] 5 . s;lb\$ k7dqnd clws; k\$;fz dxh;sf cg; f/ o; jif{ klg / flie6 kltoflutf c;tu;f @^ r;df ; f: s;f;ts kltoflutf cfofhgf ul/ Psf] lyof]. s;lb;] @) ^^ ; fnsf] nf\$;tGq lbj; sf cj ; /df l;rqsnf, sljtf, lgaGw kltoflutf ug; . cfp;f; h7df Psf;sl gf6s nvg kltoflutf u/ f0g] klg s;lb;] hgPsf] 5 . t/ , s;lb;] u/ \$f o: tf] cEof; sf] cg; / of ug] :sh ; ^vof w} } 5g .

cfj/0f ; j fof cfs8f ljZnij0f

kf=8f=ljBfgfy sf0/fnf



Ij Bfyl&f cfEfdf /fdf lz lfs



- ✓ a'g]u/L k9fpg]
- ✓ ;/n efiif kofu ugI
- ✓ pbfx/Of lbP/ a%&pg]
- ✓ ga%&f]bf]f]of0lbg]
- ✓ gkl6g]5Rrf]zAbdf ufnl gugI
- ✓ syf-slj tf r6lsnf e6g]
- ✓ xF,nf]pHofnf]cgxf/df k}tt xg]
- ✓ ;a}f0{ ;dfg Jojxf/ ugI
- ✓ k9fp&f z}lfs ;fduI kofu ugI
- ✓ IjBfyl{egI gxlf]

r } t dlxgdf lz lfs klqsf] ;ft
 lhlnfdf ; j fof u}of. ; j }s kqsf/
 lyP . ; j fofdf # \$ lj Bfnosf @&
 hgf lj Bfylh]efu lnP . tldllo ; /sf/l lj Bfnosf
 ! \$ (hgf ; fdbflos Joj:yfkgf ! @ hgf,
 lghlsf ! ! @ hgf / db/ ; sf ^ hgf lyP .
 n}Es bl}6n] x}f{ ! @ # hgf 5fqf / ! % ^ hgf
 5fqf] cf^gf] dt JoQm u/]. Itgdf slff %
 blv !) ; Dd clloog/t lj Bfyl&f lyP . slff
 % / (df clloog ugI ; sf ; ^ }of cTolws

lyof]. hfthflltsf] bl}6n] x}f{ ! @ \$ hgf afxg
 lfql, & % hgf hghflt, @ \$ hgf blnt, ! @ hgf
 dwzI, ! (hgf t/f0{hghflt, !) hgf dl:nd
 / cGo ! % hgf lyP .

Ij Bfyl&f dgkgI lz lfs

clloogn] b}yfof]- clwsfz lj Bfylh]Ps}vfnsf
 lz lfs dg k/fP- a'g]u/L k9fpg]h}f0{. ; /n
 efiif kofu ug]h}f0{. hljGt pbfx/Of lb0/xg]h}f0{.
 ga%&f]s/f bf]f]of0lbg]h}f0{. glk6g]h}f0{. ldaq t\

Joj xf/ ugñf0{. syf, slj tf eGgñf0{. kZgf0/
ugñf0{. ?!rcg/ f/ k7gkf7g ugñf0{. 7sf, xfoñh
ugñf0{. l; sf0 ; fduñ kofñ ugñf0{. Ps ; dfg
Joj xf/ ugñf0{.

o; /l xñf{lj Bfylñ} lzlfssf]. gfsñ x7dg\.
hft x7dg\, n!Es klxrfg x7dg\, eññ x7dg\
/a x7dg\, x7] t k7gkf7g zñl. Jo!Qmut
Joj xf/ x7]. o; /l xñf{pglx; n] elgñbP- kToš
lj Bfnodf lj Bfylñ} dg k/fpg] sxl lzlf 5fF.
lj Bfylñ} dg gk/fpg] kl g sxl 5fF.

lj Bfylñ} sñ lj ifo k9fpg] lzlfnsf0] dg
k/fP t < c!woogn] phfu/ ufof- ulofñ
k9fpgñf0{. c^a^ñh k9fpgñf0{. gkñfñ
k9fpgñf0{. lj 1fg k9fpgñf0{. ; fdlñs lzlf
k9fpgñf0{. tyofñdf xñf{ !@! hgñ] ulofñ
k9fpgñf0{. %) hgñ] ; fdlñs k9fpgñf0{.
hg; ^vof / cyžf:q k9fpgñf0{sdñ} dg k/fP .
o; /l xñf{lj Bfylñ} ufxñ] dñgPsf lj ifo-lzlfnsf0{
a9l dg k/fP . ; !hnñ] lj ifo t cñkñfkl9xfñ5fF
lg elgñbP .

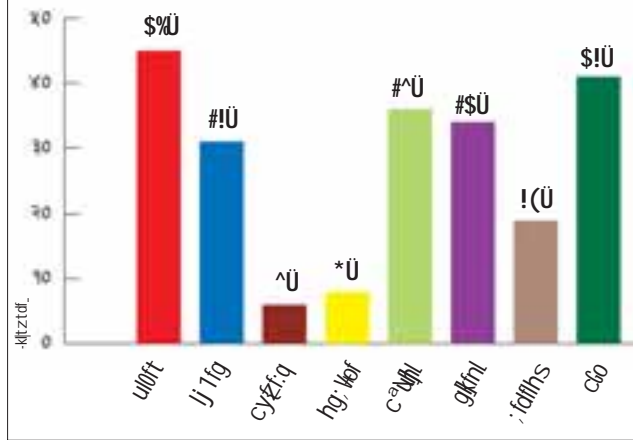
5fq / 5fqfsf] egf0df ; f^aNoslo leGgtf
b!vPg . cyfñ\ 5fq / 5fqfsf] Pp6} cgelñt
/Xof]. egf0 /Xof]. hñtut b!ñ6n] thgf ug{
ldñg] lsgñs afxñbñfñl pQ/bñtf g}w7] lyP .
cñgkñts b!ñ6n] xñf{klg tñfñs kñs elbPg .
o; cyžf lj Bfylñ} . gkñfñ bñl b!vP .
/fñgñt1x; sf] bñjñbñl al4eGbf kñs . hñtjñbñl
al4eGbf kñs . gfsjñbñl al4eGbf kñs . lñfñbñl
al4eGbf kñs . cyfñ\ lj Bfylñ} lzlf 5fGg]
al4 uofñbñl /xš eg] ; flj t eof]. !hnñfñt
lj Znñf0fn] kl g oxl s'f lbof]. lj Bfnout
lj Znñf0fn] kl g Toxl eGof].

lj Bfylñ} 'ofñDdg] t! /sf

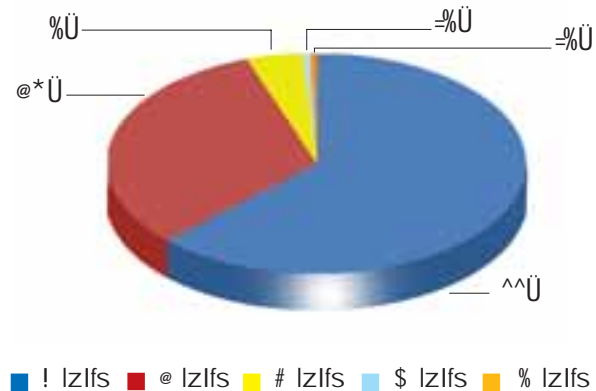
dg k/šf lzlf; ñ lj Bfylñ} 'ofñDdg] jf gñhsg
rñxñf /xšg\, o; sf nñl pglx; sf] /ofgñt
xñf{xš- lgoldt uñsfo{ug]. cf1fsf/l aGg].
cgzñf; t aGg]. dg nuñP/ k9ñ]. slffdf
kZgf0/ ug]. c!woogdf ; ñdg ; a} lj Bfylñ}
o:t} Pp6} /ofgñt /xšf] b!vof]. t/ /ofgñtsf]
kñfñdñstf qñd eg] yñf ePg . n!ntk/sf] lghl
lj Bfnosf sxl lj Bfylñ} t cñkñf 'ofñDdg] rñxñf]
lzlfnsf0{rsññ / cGp kxf/x; lbg] u/šf]
kl g kf0of]. b0{rf/ hgñ lj Bfylñ} tolt 'ofñDdg]
dg nñl bñg eg]. Ps hgñ lj Bfylñ} lzlfnsf0{
. xñfpuñll g}7fg]. cuñ8 hñg]8/ nñl g] j:t'.
o; /l xñf{lj Bfylñ} cñsñf/t eP5g\, kñpñfññ]
šf] zAbñjñldf 3/ññsñf -8fññ:6sññ. lsg
cf1fñfñs aGgkñf egl g; ñl g]. d7f] cgzñf; g
of] xñf eG g; Sg]. t/ slffdf kZgf0/ ug].
o; dfgñf dñgñtsf]; sñt -sñr/ cñkñf; f0ñg];

lj Bfylñ} dg k/fpg] lj ifo-lzlf

-ax' pQ/ klg ePsn] sh ofñkm !)) kñtzeñf a9l xñ5.



lj Bfylñf0{cf}t dg gkñf lzlf ; ^vof



tñg]. cñsñf zAbñf eGbf, xñdl lzlfnsñ] lj Bfylñf0{
cñkñf -xñdl cgñh agñP5fF. nñf -8f] f0ñ
agñP5fF. xñdlñf0{rñgññ lbg grñxñg]. lj rf/sf]
rñgññ gñgññ. lghl lj Bfnon] kl g Toxl u/šfF.
; fññl gñsñ] kl g Toxl . ; /sf/sf] lghl -; fdbñlos
Joj :yñkgdf uPsf_n] kl g Toxl . db/; fñ] kl g
Toxl . o; cyžf lzlfnsñ] dg k/fpg] Ps} vñ]
lj Bfylñ} /xšg- cf1fk/foof . cf1f gdfñgñ]
'ofñDdg] jf lzlfssf] gñhs xñ] lxdñt u/šg\.
5fq / 5fqfsf] 'ofñDdg] /ofgñt df kl g vf; }
kñs /xñ5 .

lj Bfylñ} 'ofñDdbf ePsf] kñs

lzlf; ñ 'ofñDdbf k9f0 /fdñ] eof]. @&
d!wo]@) \$ hgñ lj Bfylñ} o; } eg]. rf/ hgñ]

cfj/0f ; j ifof cfs8f lj Znifof

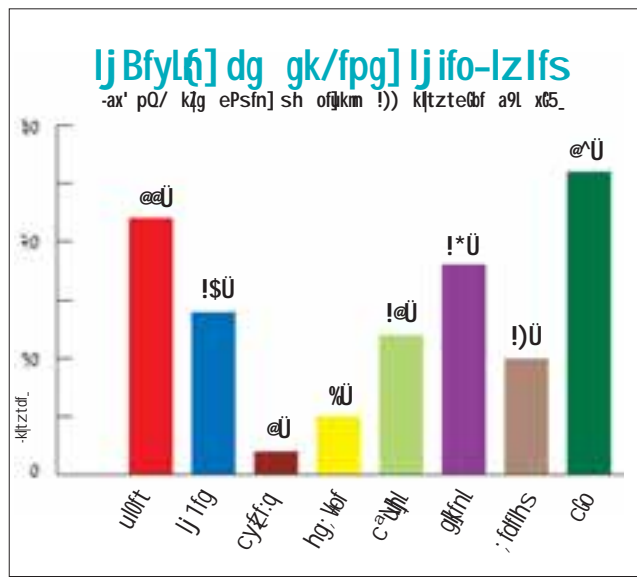
pQ/) lbPgg\ . &! hgfn] k9f0df ?lr a9fof] eg]. cffdlj Zjf; a9fof]eg]. kf[]; fxcg ldnof] eg]. sxlnofo{eg}hfgsf/l g}/xg . ol egf0x; zifZjt 7xl/P . hg}hfltsf] pQ/ klg Toxl . hg}n]Es klxrfgsf] klg Toxl . hg} lfdlo txsf] klg Toxl . hg}y/l sf lj Bfnosf] klg Toxl . o; cydf lj Bfylh] lzlf; ; @ 'oflDdb} km0bf bly]. of] blyf0df kZg /Xof- s] xfdl lzlf; x; lj Bfylh]fo{ cfkm' @ 'oflDdPsf] blyg rfx05f]ft <To:tf pkqmdx; u5f]ft <To; sf nflu lqnofzln 5f]ft <'oflDdpmg\eg]kl/jz agfPsf 5f]ft <ls cfkmhfo{ .s8f lzlfsl egfpg] ; f]s}a; let 5f]ft<

lj Bfylh] dg k/fpg] / gk/fpg] lzlf; ; j ifofdf ; dlbPsf @&(dlw) @)@ hgfn] dg gk/fpg]lzlfssf]gfd nly]. Itgdw)!## hgfn] Ppof lzlf; dg kbh eg]. k]to; lj Bfnosf] Ppof lzlf; . cyff\& kltzt lj Bfylh]fo{cf'gf] :shsf] sb}g sb}g lzlf; dg kbh . lghl lj Bfnosf \$& hgfn]dfq; ; a}lzlf; dg k5g eg]. @ hgfn] pQ/) lbPgg\ . nlnk'/sf Ps hg] lj Bfylh]fo{ rfxFafxg]lfdl lzlf; dg kbh /x5g\ . ; a'vof]ds legtfn] ubf{lhNnflkR5\$} cgej eg ufx]eof]. n]Es legtfsf]s/fdf klg Toxl l:ylt /Xof]. bfa ckjfb /Xof]. lsgls Toxfafxg]lfdl lzlf; dg k/fpg]5f]fx; b0{hgfdq}lyP . hfltt lj j/0fn] klg of] hft / of] hfltsf] lzlf; dg kbh eg]l:ylt elbPg . lj Bfnosf] lsl; dn] klg vf; } km's kf/g . of]lj Znifofn]klg Pp6}hfgsf/l lb0/Xof- ckjfbafx\$ lj Bfylh]dg gk/fpg]lzlf; lj zif



; j ifof km/d eb}hoafu]l/l lgdfj , l; Qwkflrf\$sf lj Bfyl{.

hfltsf] xfo]g . hfltsf] xfo]g . n]Es klxrfgsf] xfo]g . lhNnfsf] xfo]g . eflf]ns lfdsf] xfo]g . a? /fd/l k9fpg]xf]. %& hgfnfo{uloft lzlf; dg gkg]. \$% hgfnfo{gkfnl lzlf; dg gkg]. #^ hgfnfo{lj 1fg lzlf; dg gkg]. #! hgfnfo{ c^u]hl lzlf; dg gkg]. n]Es bl[6n] xbf{ klg vf; legtf blvPg . sg lzlf;nf0{ lsg dg k/fpPgg\ t lj Bfylh] <lghl lj Bfnosf lj Bfylg; f/ xfdl lzlf;nf0{lk6dfF . ; s] lj Bfnosf lj Bfylg; f/ xfdln] lj Bfyl\$} dgflj 1fg a^g]F . ; /sf/l lj Bfnosf lj Bfylg; f/ xfdln] r]Bf]Bf] sf] { ; SofF . kf7 b]x]ofPgfF . lj Bfnodf :jo+ clgoldt eofF . sltko lzlf;nf0{u08fubl{u}vofF . sltko lj Bfylh]fo{e]efj u}vofF . ufnl u}vofF . vgl v}vofF . lbpF} /S; l lkofF . tVof]sf] lj Znifofn]e65- sl/a Psrlyfo lj Bfyl;nf0{ xfdl lzlf;nf0{ g} cf'gf] s]k'efhgsf] lzsf/ agf0/XofF . ufnl u/} . sb} . cf'gf] :jefj gabn] . lghl lj Bfnodf klg To; } u}vofF . ; /sf/ldf klg Toxl . db/; fdf klg Toxl . o; /l xbf{xfdl lzlf; . abdf; u 7xl/ofF . Itgdf w}uloft lzlf; /x5fF . bf] ldf gkfnl lzlf; . t] ldf lj 1fg lzlf; . rlydf c^u]hl lzlf; . o; dfgdf xfdl . ufx]eof] lj ifofl k9fpg] lzlf; . 5Rrfu 7flgofF . Itgdf clwsfz ; /sf/l lj Bfnosf /XofF . ; /sf/sf] lghl lj Bfnosf /XofF . lghl lj Bfnosf /XofF . km's dfqdf





; j]f0f krf/d eb]hgp4f/ dlfj, l; t;fkf0nf, sf7df8f3f lj Bfyl{.

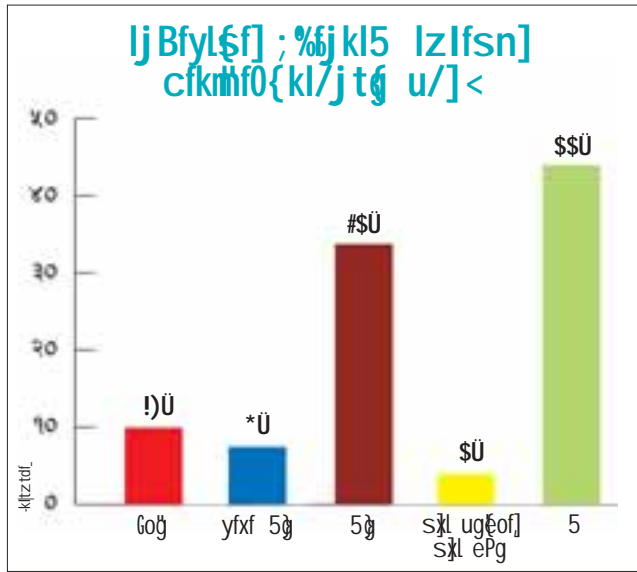
/x5fF. Jojxf/ Pp6} /x5 . o; cy0f xfdl ablnPg5fF. 3f]InPg5fF. lj Bfyl{ s] vf]5g\ egl lh1f; ' agg5fF.

dg gkg] 6 f19g] pkfo

dg gkg] lzlf; 6 lj Bfyl{ 6f19g rfxB /x5g\ . To; sf nflu pglx; sf] /0fgllt xB]x5- dg gkg] lzlf; 6 gaff]g]. u;sf0{gug]. s/ fsfgl gug]. slffdf Wofg glbg]. lzlf;nf0{ ; Ddfg gug]. b]vgf; fy 6fk s:g]. slffdf xfxNnf ug]. t; g]. kzf; gdf ph/L ug]. slffsf]sf] sbjdf a:g]. slffdf lgbfpg]. o; /l xB]f lj Bfyl{ n] lzlf; 6 jfb]jfb, 5nknm u/ dg\ . j\$llks af6f]lnP . k/kl8gsf]af6f]. cf]dkl8gsf]af6f]. To]s/ xfdl lzlf;nf]vf]hg5fF. a%5fF. Psf]x]f] .xNnf gu/0 dfq}eg5fF. ; /sf/L lj Bfnodf klg To; }u/5fF. ; /sf/sf]lghldf To; }u/5fF. lghl / db/; fdf klg krf/s Jojxf/ u/5fF. dlxf / k?if lzlf;nf]klg Toxl glt clVtof/ u/5fF. kl/df0f s] eof] t < *# hgf lj Bfyl{ of] kZgsf]pQ/ lbPgg\ . h; n]lbP pglx; sf]Psn egf0 /Xof]- .of]lzlf;nf]k9fpg]lj ifodf sdhf] eofF.0 To] lj ifo} k9g dg nfu0 . lzlf; 6 kZgfQ/ ug]dg nfu0 . Pp6f kl]tli7t ; /sf/L t/ lghle6bf sd gePsf]sf7df8f5f]lj Bfnosf lj Bfyl{ eg] %g\ To] lj ifo dl/d6] k9} . sf7df8f5f] lghl lj Bfnosf lj Bfyl{ rflxF cf]dfnf]gf a9l u/ . cf^gf] k9f0sf] :t/

v:sf0/x]. o; af6 b]lvof]ls dg gkg]lzlf;nf] pkl:yltn]lj Bfyl{laluP . pglx; sf]k9f0sf]:t/ vl:s0f]. xfdl lzlf;nf]hflu/ vfofF. lj Bfyl{nf0{ eg] lauf]//XofF. cf]qndf agfP/ . cf]qndf agfP/ . knfogl kl]tef agfP/ . cf]dkl8s agfP/ . o; cy0f xfdl lzlf;nf] ca% 7xl/ofF.

lzlf; dg k/]gk/3f]yxf lbg]tl/sf cfkth] dg k/fPsf] s/f lzlf;nf0{ yxf lbg



cfj /0f ; j fof cfs8f lj Znifof

lj Bfylh]cg\$g\pkfo ubf{x\$g\ cllwoogn]e65-
 @!& hgn]of]kZgsf]hj fkm lbP . lj Bfyl{x;s}
 egf0df cfkthf0{ dg k/\$f] lzlf;fd' pglx;
 cgzfl;t a65g\ cf1fsf/l x65g\ 3hldn
 u5g\ s; h] t To:tf lzlf;snf0{pkxf/ klg
 lbff /x\$g\ b0{f/ hgn] rflxkmgf] ;/;
 ld; dg k5{e6g] ;Gbž lbP . o;sf nflu
 cf'gf c6t/El ;fynf0{pkofu u/} . ;%fj k6ldf
 hfgsf/l nŷ] . sltkon] lzlf;snf0{ k9f0/xg\ ;
 klg eg] . ufnl gug{x\eg] . kl/0ffd ./fd}eofl] .
 lj Bfyl{x}zAbfjndf .7ls eofl] . o;af6 blvof]
 ls lj Bfylh] lzlf; dg k/psf] s/fsf] ; l;
 lb65g\ ; l; ga'g]xhdl g}kfx]s <a]f:tf
 ug]xhdl g}x]s <ol kZgx; klg lj Bfylh]
 xhdlnf0{ lb0/x] .

dg gkg]lzlf;af/df yxf lbq @&(dllw)
 @\$) hgsf] /0gllt yxf eof] . gllt lyof-
 ;fyldfkne yxf lbq] . lzlf;dfkne yxf lbq] .
 klfqllbfksdfkne yxf lbq] . s; h] uksfo{u/gg\ .
 s; h] lr6df Toxl s'/f nŷ] . lghl lj Bfnosf
 lj Bfylh] t .x6 cfp6ll g} u/} . o;/l xbf]
 lj Bfyl{x;n] lzlf;lj ?4 cf'gf]kltlqmf lb0/x] .
 xhdl lzlf;sn] eg] To;sf] a]f:tf ul//XofF .
 clncln ;lwq] h0df !(hgf lyofF . To;df
 slknj :tsf Psltxf0 . c;n] rflxkmgf]8f8f]

**lj Bfyl{x;sf] ;%jn] e65- ;d:of xhdl lzlf;f;
 5 . xfd]cgxf/; f 5 . xF;nf]galglbg]xhdlJojaxf/; f
 5 . ldng;f/ galglbg] . xfd];sf/; f 5- kf7dk'ts
 aflx/sf s'/} gl;sfpg] .**

zAbdf .; fgf afhlx;lsf]j:f:t}u/dfF . o:tf a]f:t]
 lzlf;snf0{Ps lj Bfylh] t .; 8sf lj afgl;Dd
 elgg\ . sltkon] lzlf;snf0{3d08l bŷ] . s8f
 afgJojaxf/ ePsf] . sltn]hflu/ ;/llft 5 eg]
 c6] u/\$f] kfP . sltkon] lzlf;sd fclzi6
 Jojaxf/ bŷ] . lzlf;sf]o:tf]Jojaxf/n]lj Bfylh]f0{
 sdhf] agfof] . o; dfgdf xhdl 197 7xl/ofF .
 yxf lbP klg g; Gg] . ga'g] . a% klg gug] .
 cyff\ xhdl lzlf;sx; 7hfsf]afhl ; Gg kN\$sf;x;
 xff] . ;fgsf s'/f gvfl]gk; . g; Ggk; .
 ga'gk; . a'g gvfl]gk; .

pkfo s] 5 <

dg k/fpg]/ dg gk/fpg]b]y/lsf lzlf;snf0{
 lj Bfylh]pkfo ;%f0/x] . pglx;n]eg- uksfo{
 lbgf]\ . slffdf kZgfQ/ u/fpg;\ . k9fpff
 g%6g;\ . gl/;fpg;\ . pbfx/0f lbq;\ . zlf;f

;fdull kofu ug[\ . sf] aflx/sf s'/x; k9fpg;\ .
 ga%sf kf7x; bfx]of0lbg;\ . gd]Jojaxf/ ug[\ .
 syf, r6lsnf e6g]ug[\ . cgxf/ xF;nf]/Vg;\ .
 xhdl lj Bfylh]f0{cf'g}ef0alxgl ; fylef0 / 5f]f5f/l
 h:tf]Jojaxf/ ug[\ . gs6g;\ . ufnl gug[\ .
 hfB/S;L gvfg;\ . k9f0nf0{;f6ble\$ agfpg;\ .
 kofu]fDs agfpg;\ . lgoldt ;kdf slffdf
 cfpfg;\ . dgflj 1fg a'g;\ . gof]ofF zhd
 k9fpg;\ . s; h]f0{sfvf / s; h]f0{kfvf gug[\ .
 ;/n efiiffdf k9fpg;\ . c; n lj Bfylh]f0{k';sF
 ug[\ .

sxl lj Bfyl{x;n]lzlf;snf0{cl6td pkfo klg
 ;%P . lghl lj Bfnosf lj Bfylh]eg- dg gk/f0g]
 lzlf; :sh 5f8]hfg;\ . lzlf0f kZfnf0{sdffpg]
 w6bf gagfpg;\ . ;/sf/l lj Bfnosf cln g/d
 lj Bfylh]eg- cf'gf]sdhf]l ;lsfg\ . lgd]fbl
 lj Bfylh]eg- klxn]cfkne;c;n lzlf; a6g;\ .
 clg xhdlnf0{c;n lj Bfyl{x}agfpg;\ .

lj Bfyl{x;sf] ;%jn] e65- ;d:of xhdl
 lzlf; ; f 5 . xfd]cgxf/; f 5 . xF;nf]galglbg]
 xfd]Jojaxf/; f 5 . ldng;f/ galglbg] . xfd]
 ;sf/; f 5- kf7dk'ts aflx/sf s'/}gl;sfpg] .
 xfd]lzlf0f zhl; f 5- oxl kf7nf0{d csf]
 9En]s;/l k9fpg ; S5' egl gvfl]hbg] . xfd]
 ;j; f 5- l/; krfpg g; Sg] . xfd]kj]Q; f
 5- le6g Jojaxf/df l/;f0xflNg] . xfd]cfxf/; f
 5- ;fj higs JolQm a6bf klg JolQmut vfglkg
 g5f8g] . xfd]rng; f 5- sfvf / kfvfsf]
 gllt afls/xg] . xfd]kZf;g; f 5- lj Bfylh]
 dg gk/fpff klg To:tf lzlf;snf0{kfln/xg] .
 xfd]gltstf; f 5- untl cf]f0f0lbf klg
 g; wfl/g] . xfd]kZ]f/ ; f; f 5- lzlf; eP/
 klg lzlf;sh:tf] galGg-gk9g-gk9fpg] .

lgrf\$ s] t <

of] cllwoogsf]lgrf\$ l; d]6sf] 3/ agfpgk;sf]
 al4; f ldN5 . l; d]6 nufpg\$]al4df uf/f]
 nufpg]a4' . jf0l/a ug\$]al4df l; d]6 nufpg]
 a4' . /a nufpg\$]al4df l; d]6 nufpg]a4' .
 tlgy/l Ps;fy ge6g]al4 ePsf xhdl a4' .
 o; cydf lzlf; lj Bfyl{/ Joj:yfks Ps;fy
 ge6g]a4' . e6g grfxg]a4' . xhdl]a4kgin]
 Pdf vfl]of] . cf'gf]cgxf/ xg]7fpF . lj Bfyl{x]
 cgxf/ lzlf;sn]xg]7fpF . lzlf;sf]cgxf/ lj Bfylh]
 xg]7fpF . bj \$f]cgxf/ Joj:yfks=klfqllbfksn]
 xg]7fpF . of]l:yltdf lj Bfylh]b]vPsf]lzlf;sf]
 cgxf/ abNg s] xhdl tof/ 5f]t <s] xhdl
 .c6gbftfl -lj Bfyl{x}sf]cfsf'Nf k'/f ug{; S5f]
 t <s] xhdl ;a]lj Bfylh] .dg k/fpg] lzlf;
 a6g ; S5f]t <cfkthf0{;dlk; lzlf; agfpg
 ; S5f]t <



vfFf] afndg] lzlffsf]

s] 6fs6lsf]; j fElof lj sf; sf]kyd cwf/:tDe lzlff
 xf]. s6fs6lsf] JolQm] lj sf; nfo{ k6fj kfg
 k6v sf/stEj lzlff / lzlff k6fg ug] JolQm] g}xg\
 dgflj 1x; n] lzlff uxof ug] Gbf x: t6t/ of ug] JolQmsf]
 JolQm] / lzlffsnfn] z]lfs lqofsnfk / ckllft
 kl/ j t6nf0{ lqwf/ of ug] s/ nfo{ hf8 lbPsf] kf0G5 . pglx; n]
 lzlffsf b0{ dxEj k6f{ uofx; sf] JofVof u/ \$f 5g\ . klnf]
 cyjf k] f6f/ uof eg\$] JolQm] uofx; xg\ . tl uofx;
 lzlffsf]; sf/ fids ; f]f0, pRr cfdan, dfofn/ / ldn; f/
 bdg / e6efj k6f{ Joj xf/ gbVfpg/ cf'gf/ l; nfo{ lj BfylEfy
 gv6ofpg] kb5g\ . csf] dxEj k6f{ uof eg\$] Jofj ; flos
 cyjf k6fz ut uofx; xg\ . o: tf uofx; c6t/ lqxt lzlff
 lfdt, :ki6 ; -rf/ ; lk lfdt, ; xh / ; / n lzlff k4lt
 c]nDag ug] lj jfoj: thf0{ nfb; Gbf klg lj jfoj: thf0{
 Jofj xfl/ s k6fhgdf Nofpg] lsl; dn]: ki6 kfg] s6fs6lsf]
 dgfEj gfnfo{ a' g]; fy} j6] Qm] nfo{ klyldstf lbg] c]knhf0{
 nlrnf] agfpg] / s6fs6l; E cf'gf] b/ lnf0{ ga9fpg] 0f0flb
 kb5g\ .

pko\$ t uofx; n] lzlfs / lj BfylE] lrsf]; DaGwnfo{
 ; dW/ Pj +eo/ lxt agfpg d2t ub5 . lzlfs dfl; s6f/ f
 ; DkGg . lj BfylE\$ cf'f] df / fd] lzlfsu cg; Gwfgdf w}]
 lj BfylE; n] c]knh] ga% \$ s/ f; f]lg lzlfs; E 8/ nllg]
 dt lbPsf 5g\; fy} a' g g; Sbf b08 kf0g] eosf] qf;
 klg JoQm u/ \$f 5g\ . lzlfsn] k] l6m u/ l rnfv, l; kfn'
 / cgzfl; t lj BfylE] f0{ dgk/ fpg] / o: tf lj BfylE] klt
 ; sf/ fids b] 6sf] f / fVg] u/ \$f] kf0G5 . o: tf lj BfylE]
 u/ \$f] ulltnfo{ cf'f] lrdng] pbfx/ ofx; k6: t} kf0G5 g\
 h; n] ubf{ c6o cf} t Pj +6og lfdt ePsf lj BfylE; klt
 gsf/ fids efj gsf] lj sf; u/ fp5 . gsf/ fids efj gfn]
 lj BfylE\$ JolQm] nfo{ k] l6f c; / ub5 . ; fy} lzlfsklt
 gsf/ fids agb} hf65g\ / k9f0klt lg? t; fxl x65g\ .

dt ; j f0fnfo{ ; / ; tl{ x6f{ s} kf0G5 eg] / fd] E
 cyjf a' g] u/ l gk9fpg] lk6g] e6efj k6f{ Joj xf/ ug]
 ? i6 ; jefj u/ \$f Pj +v/ fa nt / JolQm] u/ \$f lzlfsnf0{
 k] l6m s6fs6ln] gsf/ fids dt lbPsf 5g\ . s6fs6l
 pd/ df w}] ; fg] eP tflkg pglx; sf] dl: tis c]6t
 tll0f x65 . pglx; n] JolQmsf] Joj xf/ / kl/ l: ylnfo{
 cf' g] tl/ saf6 a% lj Zn] f0f ub5g\ . k9f0, ; lknfo{
 e6f klg s6fs6ln] JolQm] / Joj xf/ nfo{ a9l klyldstf
 lbg] ub5g\ . s6fs6l; E xfg] vllg] / dfpg] / dfof
 bVfpg] JolQm] nfo{ ; a} s6fs6ln] dg k/ fp5g\ . o: tf
 Joj xf/ n] s6fs6ldf . eol l; h6f u/ fp5 . a? eo 5
 eg] klg sd ub] n] hf65 . eok6f] jftfj / ofdf a: bf s6fs6ln]
 c]knhf0{ c; xh c6ej ul/ x\$ f x65g\ . o: tf] c6ej n]

s6fs6lsf] uxof lfdtnfo{ c] j/ fV k6ofpg] u5{ . uxof
 lfdt hlt xf; x6} uof] tolt g} s6fs6ldf dgf] j] flgs
 Pj +Joj xf/ fids ; d: ofx; a9d} hf65 . o; tYonfo{
 k] t' ; j f0fn] ; d] k] i6 ub5 .

w}] lj BfylE] afndgflj 1fg a% k9fpg] lzlffsf]
 ck] ff / v\$ f] kf0G5 . %68} ^& kltzt lj BfylE; n] cf' gf]
 lj Bfnodf sDtdf Ps hgf lzlfs c]knhf0{ dg gk/ \$f]
 p] nV] ug] dt k6: f, xf} nf / ; sf/ fids kga
 h: tf c]6fj Zos s/ fx; tl lzlfsx; n] lzlff lqofsnfkdf
 k6f] gu/ \$f] vhf; f xg c]Psf] 5 . b08 / eon] t] sfn
 Joj xf/ lgo6q0f t ug] ; l65 t/ : yofl ; kdf o; sf]
 ; sf/ fids k6fj gk] s/ nfo{ w}] dgflj b' Pj +zllfj b' h]
 ; jlsf/ \$f 5g\ . To; h] gk9g] lj BfylE] f0{ lzlfsn] dg
 k/ fp5g] e6g] s/ nfo{ a% tflkg c]knhf0{ dg gk] g]
 lzlfs; E cf' gf] b/ l a9fpg] dg; fon] hfg] hfg] s6fs6ln]
 k9f0nf0{ a] f: tf u/ \$f] klg p] nV] u/ \$f 5g\ . k6fj sf/ l
 lzlff lqofsnfkdf lzlfsn] cf' gf] JolQm] nfo{ c]6fj fo{
 ; kdf c]sif6 Pj +; xh agfpgk5 ; fy} lzlfs ; lk Pj +
 ; fwg; Da6w] klg k6f{ 1fg xg' lgt6t cfj Zos 5 .
 lzlfs Pp6f gd6fsf] ; kdf k] t' xg ; s6f s6fs6lx;
 cgzfl; gxlg ag6g\ . lrgdf k9f0klt lj t] off hufp6g\
 ; fy} lxhfEfh z] lfs jftfj / ofdf dnf6b} uPsf lj ljw
 k6f/ sf p208sf/ l ; d: ofx; n] k6o kfg] 5g\ egl
 cfzfl / fVg ; l65 .

afndl: t] s] sf]; Argf h6d c] j: ydf k6f{ eP tflkg
 o; sf] kl/ kSj tf e% jif{ gku] Dd c]pg ; Qm] . slnnf]
 pd] df dl: t] s] sf] : gfo' t6tx; , sfl] sf Hofb] sdhf]
 / ; j6g] zn x65g\ . sg} bafa, ; a' Sifk6f{ kl/ l: ylt,
 eo / tgj h: tf s/ fx; ; E n8g] Pj +uxof u/ l ; dfofhg
 sfo{ ug{ ; Qm] g\ . t; y{ s6fs6lnfo{ l; sfpg] jftfj / of
 bafa/ lxt, ; a' Sifk6f{ klt: kwf6f0{ lg? t; flxt ug] / eo/ lxt
 x6kg] s/ nfo{ lzlff / dgflj 1fgsf 1ftfx; n] hf8
 lbPsf 5g\ . o; } bz6nf0{ klyldstf lb6} lxhfEfh
 .afndg] lzlff sf] c] jwf/ off lj sf; ePsf] xf] . olb
 l; sfpg] jftfj / of afndg] eP eg] afndl: t] s] sf] Ps
 hgf jo: s; E l; h6f ePsf] eo / bafan] ; Dk6f] jo: sklt
 g} gsf/ fids agf6b} n] hf65 / kl5 c]knhf0{ ; b}
 sfd gnllg] c; / llt / gsf/ fids dNof] g ul/ x65g\
 To; h] of] s/ fdf lzlfsx; lj z] f ; kdf ; j6g] zn
 x6k5{ / cf' gf] Joj xf/ nfo{ l56fE6f l56f] .afndg] ll
 agfpglt/ nllgkb5 . afnaflnsf] l; sf0 klqmf /
 pkn] awnf0{ To; n] dfq ult lbg; S5 . of] c] l6oogn]
 klg oxl tYonfo{ k6k] i6 u/ \$f] 5 .

n] lvsf lqr6b/ sn] hdf dgflj 1fg lj ifo k] l6fkg ul56g\



kf; fxcg 7hf] s/f /x\$

oj/fh l3ld/] kqsf/

d]n:sh]lzlf lrtjgsf]zf/bf xfo{shaf6 kkt
u/\$f] xF. cf'gf 5f7f5f]lsf lzlfssf nflu
ndh'af6 lrtjg %/\$f d7f afcdfn] dnf0{ :shdf
egf{ubf{d ^ jif\$] lyPF. klxn] g}8fhfgfy bf0af6
sv/f l; s\$] sf/Of dnf0{; }s]lff @ df egf{ul/Psf]
lyof]. d egf{x\$]sf] To] :sh xfd] slff r9f0; }
ldl8n :sh x\$]xfo{sh eof]. sf^u] g]f avfg l; +
u?^n] v]lgePsf] To] :shsf]; ~rfgdf d7f af klg
; nlg xgkGyof].

dnf0{ k9fpg] :shsf w7h; f] lzlf
hlj t}eP klg s]lsf]eg]lgwg e0; s\$]f]
5 . lzlfSao lbn7j/k]fb >ljf:tj /
alPd u?^af6 d lgs}k\$]t lyPF. pxf\$; sf]
w7]/fd] cleef] sTj / dfu{lgb7g /Xof]
hg d slxNo} eNg ; lSbgF. laxf/sf]
df]lx/faf6 cfpgePsf >ljf:tj ; / xfd]
3/df a:gkGyof]. To; sf/Ofn] pxfF
clns a9l lgs6tf xg' :jfe]js lyof].
pxf\$]; a\$]gf /fd] s/f lyof] kf; fxcg .
pxfF; a]lj Bfylhf0{/fd] t k9g, gofF/
; hgf]ds sfd ug{; w7k; fxcg lbgkGyof].

d slff ^ df k9b} ubf{ alPd ; /
xfd] :shdf lzlf ag] cfpgePsf] lyof]. ef/taf6
pRr lzlf xfl; n ug{Psf] pxf] xfdlnf0{ul0ft / lj 1fg
k9fpgkGyof]. pxf\$]; jef] clns s8f eP klg k9fpg]
dfldndf eg] cAan g}xgkGyof]. ul0ft egk15 dnf0{
slxNo} dg k/7 . olb alPd ; /n] gk9fpgPsf] eP
zfob P; Pn; ldf km]k]x\$]y]hs 0s8f :jef] eP klg
lk6g] sfd eg] slxNo} ug{Pg oBlk xfdl pxfF lgs}
8/fpFof].

d]h] ef/tdf a; 7 c^u]hl kqsf]/tf u/F. 0l08of
68] cfp6nsdf sfd u/F cfh klg 0l08og PS; k]df
n]v/xG5' . d7f] c^u]h]lsf] hu g} >ljf:tj ; /n]
agf0lbgPsf] xf]. olb pxf] /fd] t c^u]hl gl; sfpgePsf]
eP ef/t h:tf]; d4 dh\$df klt:kwdf plqP/ c^u]hl
kqsf]/tfdf :yflkt xg; Sg] ly0gF.

ha d kqsf]/tfdf k]z u/F c; fllo} vzl eP/
pxf] dnf0{lr7l n]geof]. .ltdln]w7]/fd] ug{; S5f]
eg] Tolthf klg dnf0{p]kl/t ug{eof]. pxfFegkGyof]
a]td] gfd] kqsf]d ; dfr/, n]v 5flk\$ d cfm]
5flkPsf] h:tf] n]U5 A d alal; l gkfnl ;]fdf sfd
ug{hfgcl3 ; g\(((df laxf/sf] rDkf/g 3/ ePsf
>ljf:tj ; /sf] cfzljf] lng pxf\$} 3/ uPsf] lyPF.
To; avt d7f] k]lt b]y] pxfFcf]v]l vzl xgeof] / yk

xf]nf lbg{eof]. tlg jif{ cuff8 pxf\$] lgwg ePk15
d]h] Ps kyk\$z\$ udfPsf] cgej u/F. alPd ; /; }
eg] clxn] klg ; Dks\$ g}5' . xfdlarsf] ; DaGw Ps
k\$]/n] kf]/jfl/s h:t} /x\$]f] 5 .

To; u/L jL/axfb/ u?^a ; /nf0{klg d eNg ; lSbgF.
pxfFltgtsf x\$]df:6/ xgkGyof]. pxf\$]szn g]Tj df
To] :sh /fd] l rn\$]lyof]. uf7vf blifof afxhufotsf
; Ddfg / k':sf/nf0{c:jlsf/ u/7 a; \$]f] d, x\$; /n]
.ltdlnf0{; Ddfg u5\$ eGb] gf0]l:t ug{; lSgF. :shsf]

:j0f{ dx]f]; j kf/7 tlg jifcl3 cf]lht
sfo]mdf x\$; /n]dnf0{k]lj Bfyl\$]; kdf
; Ddfg ug{cTo]t uf]j]l]t ePsf] lyPF.
d .sflGtK/U blgssf]; Dkfs ag]huQ} pxf]
kn]g u/7 eGgeof] a]tdln] /fd] ul/ x\$]
5f] d vzl 5' . .sflGtK/lsf]; Dkfs eP/
ltdln] gkfnl ; dh\$sf nflu w7} of]ubf
ug{; S5f] A pxf] To; f] eGb] d]h] cfm]hf0{
a9l lhDd]f/l ylkPsf] dx; ; u/\$] lyPF.

>ljf:tj ; /n]dnf0{; /bf/ k6]h]l eg]
; Daf]vg ug{Gyof]. ef/tlo :jtGqtf
; ^u]dsf Pshgf ljVof] g]f ; /bf/
alNneef0 k6]hsf af/]f] Tolt hfgs/l gk]P
klg 7hf / kl; 4 dfg; ; } thgf eGg]s/f d]h]To; avt
a\$]f] lyPF. zfob unt x] eGg] n]luf] eg] PSn} eP
klg To; sf] lj/f] ug] d7f] :jef] sf sf/Of pxf] To]
pkdf lbg{Psf] xg; S5 . ha d ef/t uPF/ kqsf]/tf
z? u/FTo; kl5 yxf eof] >ljf:tj ; /n] :shdf k9fPsf]
s/f]sf] dx]f] / cf]hg . pxf] ef/tlo 0ltxf; af/]To; ahf
lbg{Psf] 1fg kqsf]/tf z? u/k15 w7} sfd n]luf].

Pshgf lzlf; } w7} nfd]; Et t /x\$. t]klg
lzlf; } lj Bfyl\$] hljgsf] af6] to ug]; do -k]l]e
6f0d_ df xg] x\$] To; n] w7} k\$]j kfb\$. ; /x;n]
xfdlnf0{ lsfal 1fg; } a]t cy\$] z]l]fs 1fg klg
lbg{eof]. hljgdf nlo 7hf] lngk5{. k} feGb] 7hf] s/f
cf]d; Ddfg / :j]fedf x] eg] :sh hljgdf pxfF; af6
l; s\$] s/faf6 d clxn] klg lgb]z t 5' .

d7f]lj rf/df cfhsf lzlf; } s]l uof; xg cfj Zos
5, h; n] p; nf0{; fF] cy\$] lzlf ag]p5 . h:tf] ls
cfkm] e ePsf] 1fg afB] lfdtf, ; w7F; Sg 0R5f ug]
gl/; fpg]/ w7]fg xgk5{. gofF1fgsf] ef\$ d/\$] lbg
s} klg JolQm lzlf /x\$. lzlf]sn] lj Bfylhf0{ dfq
1fg lbg] x]g, ; } g]Tj lfdtsf] klg lj sf; u/fpgk5{
t]fs To] lj Bfyl{ e]h] o]s=oj tl ePk15 hg lfgdf
uP klg To; n] g]Tj ug{; sf] \.

**cfkm] e ePsf]
1fg afB] lfdtf,
; w7F; Sg 0R5f
ug] gl/; fpg]/
w7]fg xgk5{.
gofF1fgsf] ef\$
d/\$] lbg s}
klg JolQm lzlf
/x\$.**

d ; g\ ! (&) df ; 06 hleo/ :sh ufij / ldf
g ; ldf egf { ePsf } lyPF. d7f] :sh] lzlfssf]
; ?cft Toxlaf6 ePsf]xf]. & blv !) slff; Dd hfj nfvj hdf
k9F.

To; aihf dnf0{w7}dggk]rf/ hgf lzlfss xgxGyof].
kmb/ sf0g, kmb/ 8gnl, kmb/ n lj bzaf6 cfpgePsf
lzlfssx; xgxGyof] eg] sl/a @\$-@% jifsf / jlgbfy
vgfn xgxGyof] h; n] d7f] dfg; k6ndf c^a^h lzlfss
e6bf klg a9l kefj kfgEpsf] lyof]. pxfh] xfdlnf0{
gkfnl / 0ltxf; k9fpgxGyof].

sg}klg nlo xfl; n ugxf] nflu cfj Zos tTj xf]
cgzf; g . of] lagf hlt; S} dxfg\ nlo /fv] klg Toj]
kflkt xg; Sbg . of] s/f dh] kmb/ 8gnlaf6 l; s3f]
xF. :shdf sg} ; d:of cf0kxof] eg] w7h; fh] To; nf0{
; fdlxsls/Of u5g\ . t/ kmb/ sf0g To; f] ugxfGyof].
pxfF; d:ofnf0{ j0l0ms/Of ul/lbgxGyof]. ; dxut ; kdf
sg} ; d:of blvof] eg] klg pxfFTo; nf0{ JoI0mut
agf0xflvgxGyof] / of] ; d:of ltdf] xf] o; /l xn u/ eg]
; %fpgxGyof]. kmb/ nnf0{d dfq xf0g, :shsf clwsfz
lj Bfyl6] dg k/fpF]. To; sf] Pp6} sf/Of lyof] pxfFf]
; /ntf / xF; nf] Jojxf/ . pxfFdfq o:tf] Pp6f kmb/
xgxGyof] hf] xfdl lj Bfyl{E} Pp6} 6^andf a; ; vfg]
s/fsfgl ug] vlg] cfib ugxfGyof]. Ps hgf lzlfssdf
xg} kg] uof pxfFf lyof]. pxfFf] Toj] ; /ntfsf sf/Of
g} xfdl pxfFf0{c; nf0{e6bf a9l ; Ddfg / cf/ uYofF.
pxfFf6 dh] s] l; s} eg] ; Ddfg e6g] s/f dfu] xg,
cfhg ug] s/f /x3 .

/jlgbl; /n] dflg; k}f / p; sf] ; fdfhs x]; otn]
e6bf klg p; sf] ; f] sf sf/Of 7hf] xG5 e6g] ugxfGyof].
ltdx; ; 06 hleo; df k9bdf, c^a^h k9bdf cfknhf0{
7hf] 7fgsf 5f} eg] Toj] ltdx; sf] 7hf] eh xf]. c^a^h
t s] n Pp6f efiff xf]. of] hf6bdf sfxl klg 7hf]
x6g . ; f] f0 7hf] /AVgk5{. ; a66bf 7hf] s/f Toxl
xf]. cf'gf] c^a^h Psbd} /fdl] e0sg klg pxfFxfdl; E
; wFgkfnldf s/f ugxfGyof].

xfd] :sh ; ?lrk0f] lyof]. :sh hfg kfpf xfdl
vzl g} xGyf}. slff aflx/sf lqmfnsfk klg e0/xGyof].
gf6s vjhF. lrg agPF. ; EIt l; sF. vjhF. /dfPF.
dh] clxn] af33sf dhe't dNodfGof] :sh] hljgd}
; 0 ePsf xg\ . ; 06 hleo/ jf ; 06 dl/hdf k93f

lj Bfyl6f cfkm' dflv klg jf cufl8 a9g c; sf] v\$F
tf6gt/ nflu] xf0g, cfkm' g} ; lfd eP/ cufl8 a9gk5{
e6g] efj gfsf] lj sf; ul/Psf] xG5 . xfd] ; Gbedf of]
clt g} cfj Zos uof dh] :shaf6 kPF. x/3 dflg; sf]
; dfhkl't bflotj xG5, cfkm' hxfFhg eldsdf xf0G5,
ToxlFa; ; ; dfhnf0{ ; Sbf] oflvbfg ugk5{e6g] ; f] sf]
lj sf; klg :shn] g} ul/lbPsf] xf]. Toxl eP/ d aihfotdf
Pkncf/ ; lP; ul/ ; s] k15 gkfn knsPF.

lzlfssx; klt d7f] lj zif ; Ddfg ePsf sf/Of d
pxfF; nf0{ ; Sg] Dd ; xofv ul//xG5' . bu6 lqsf lzlfss

**lzlfssklt d7f] lj zif ; Ddfg ePsf sf/Of
d pxfF; nf0{ ; Sg] Dd ; xofv ul//xG5' .
bu6 lqsf lzlfss la/fdl eP/ pkrf/
ug{ d5p cf0ku] pkrf/ u/3f] km klg
ln6gF. ef] nsf] gkfnf lgdfdf eg3f
ufpB/ / bu6df a; ; k9fpg] lzlfss g}
xg\ . /fhglts g] fx; sf] e6bf pglx; sf]
eldsf Hofbf dx6j k0f{ /x3f] xG5 .**

oijn ykt

g] Tj sf] lfdtf :shn] lbof]

8f= ; lgnstf/ zdf}
zNo lrlst; s



la/fdl eP/ pkrf/ ug{d5p cf0ku}pkrf/ u/\$f]kñ klg lnGf. o; /l k}f gln0sg ykñf0{pkrf/ u/\$f]5'. eflnsf]gkfnsf lgdfef eg\$uf upB/ / buQdf a; } k9fpg] lzlf s g}xg\ . /fhgllts g]fx;sf] eGb f pglx;sf] eldsf Hofbf dxLj k0f{ /x\$]f] xG5 .

d klg k9fpg Psbd ?rfpg] dflg; xF. Toxl eP/ dñ]b0{7fpF-cfD c:ktfn / sf7df8f; d]Bsn snñ_df sfid u/\$f] xF. sfdsf lx; fan] dnf0{ cfD}s} sfid sfkñ 5 . d]f] k9fpg] OR5sf] sf/0fn] d]Bsn snñ_df cfj 4 e0/x\$]f]xF. dnf0{ k9fpg] vā cfGcb cfp5 . /jlgb|; / klg k9fpg] cfGcb lng]JolQm xgXGyof]. k9fpg] lzlf sn] Psflf/ cfkñ; E ePsf] 1fg a]B/lxPsf] xG5 eg] csflf/ l] Bfyl{af6 cfGcb / gofSf/ f l; /s/x\$]f]xG5 . To; ð] k9fpg] lng]/ lbg]b] }sfid e0/x\$]f]xG5 . To; ð] lzlf s aGg rfxg] dflg; sf] of] sfdklt kñ xgk5{.

d]Bsnf l] Bfyl{sf] lzlf s ePsf] d ; xhstf{dfq xñ pglx; n] a9l l; Sg]u/\$f] dñ] kPsf] 5' . To; f] ubf{ pglx; n] x/\$ s/fsf] k/lf0f ug] / cfD; ft\ug]cj; / kfpñ /x\$g\ h; sf sf/0f pglx; n] a9l l; Sg] d]sf kfp5g\ . lzlf s; E ge0{gxb] Pp6f u0f x] w0{ . l] Bfyl{] lauf/] l; sgg\ eg] lzlf s cwl/ aGgXb] . a? cfkñ; l; sfPsf] tl/sf / klqmfdf kg/fj n]f; g ug]k5{ . cf'gf] sdhf]l 5g eg] klg lzlf s w0{ g} xgk5{ . bf] ð] x/\$ l] Bfyl{ a]ñ] l] Bfyl{ xg\ eg] lzlf sn] lrGg ; Sgk5{ . t] ð] l] Bfyl{sf] sdhf]l kQf nuP/ To] sdhf]l x6fpg k0Tg ug]k5{ . sg} l] Bfyl{ ul0ftdf sdhf] 5 eg] To; sf] sf/0f kQf nuP/ lzlf sn] p; nf0{ clt/Qm ; xofu u/] eP klg ; s] Dd 5f0f] ; dod}c; ; /x ; an agfpgk5{ . xfdlsxf]sb] l] Bfyl{sb] l] ifodf sdhf] eof] eg] . tFsdhf] 5; ð eg] ufnl ug] rng 5 . To] unt x] . pm gkfnl, c^uñl jf c; l] ifodf tu8f xg; S5 . ltdl gkfnldf hfGg] 5f; ul0ftdf klg hfGg] xg; S5f] eg] ; sf/flds tl/sfn] l8n ug]k5{ . d]f] cgejdf, ufnl u/] eGb f tfl/km u/] g} dflg; nf0{ ; wfg{ ; lsG5 . l] Bfyl{sf] tfl/km ul//xgk5{ . :shn]x/\$ l] Bfyl{f; kgf eg]k5{ . ; Gb/ ; kgf b]lg ; Sg] ; kgf dfq x]0g, To; nf0{ xfl; n ug] cfDlj Zjf; klg :shn] g} eg]k5{ .

; hgzln xg k\ / t u#of]



8f= r]axfb/ kl/of/ OIGhigo/

kf | ylds / lgDg dflWolds tx; Ddsf] lzlf dñ]sf: sl lhNnsf] cf?j]f upFyt /tg kf08]lgDg dflWolds l] Bfnoaf6 xfl; n u/\$f] xF. of] upFkfy/faf6 k]t/ k5{ hxf]l; =; +@)@@ ; fndf ^ jif\$]f] 5f d slf ! df egf{ePsf] lyPF. dflWolds lzlf rfxF kf] /fsf] cd/l; * dflWolds l] Bfnoaf6 @)#@ ; fndf k/f u/F. aaf ef/t a; } cfpgePsf] pxf] lzlf sf] dxLj a'gePsf] /x\$. To; ð] upBf :sh rnfpg cf'gf] tkñf6 ; s\$]f] of] ubfg klg ug]eof]. aafn] :sh egf{ ug{ nñf] ; f] dgfy a/fn ; /; E eGgeof] ad]f] 5f]fn] ; /: j t]sf] : tlt s07fu|ul/ ; s\$]f] 5 A dñ] .; /: j tl dofb]f jloft k'ts wfl/0flU eg] jfrg ug{ yfn]k]5 a/fn ; /n] n, eof] 7ls 5 eg] dnf0{ slf ! df egf{ ul/lbg'eof].

kfylds txd f k9ñ dnf0{ l] 1fg lzlf s 3gZofd a/fn a9l dg k'of]. ul0ft lzlf s 6l a/fnnf0{ klg d dg k/fp]f]. 3gZofd ; / rfxFc; lzlf sx; eGb kf]s\j rf/sf] xgXGyof]. pxfk/Dk/fut l] rf/ eGb f cfwlgs l] rf/wf/f cg; f/ rNg] dflg; xgXGyof]. cf'gf] l] ifo klg 5nE a]g] u/l k9fpgXGyof]. s8f0 / cgZf; g sfod ug{ rfxFs]0fk] fb 9Efgf ; /n] Voflt g} sdpgePsf] lyof]. pxf xfd] :shdf l5d\$]l upBf6 cfpgePsf] lyof] h; af6 xfdln] cgZf; g s] x] eGg] s/f l; Sof; . pxfCfkn] klg Psbd cgZf; t xgXGyof]. ; dos] klg w] } Vofn ug]Gyof]. :sh ; dodf cfpGyof]. To; af6 d lgs} k'ef] t lyPF. l] ifoj :tdf /fd] bVvn, k9fpg] ; a} l] Bfyl{f plQs} wofg lbg; Sg] vñsb, clt/Qm lqmfnsfk ; hgf]ds tl/sfn] lg/Gt/ u/fpg] h:tf lzlf sdf xgkg] u0f pxfBf lyP . kl'tefzfnl l] Bfyl{f0{ pglx; sf] kl'tef / lfdt] phfu/ ug{ cfDlj Zjf; eg{ pxfFk] ; fxg lb0/xgXGyof].

; g\!((* df dñ] ob]af6 kfgl tyf jftj/0fdf l] Bf]fl/lw pklw xfl; n ug] d]sf k]PF. To; ot] gkfnf Pp6f OIGhigo/sf ; kdf gkfnf dñ] yk} cg; Gwg u/\$f] 5' . /, OIGhigo/a'sf] l] d]f cf]j isf/ eGg ldl]g] s]l gofFcg; Gwg u/\$f] 5' . cf'gf] l] d]f d]f] gfd 5 . kSs} klg oxFFd cfpGdf ; do, kl/l:ylt; E; E] d]f] cf'g] ldlxg] / nugzln]sf] dxLj k0f{ eldsf 5 . t/ :shsf lzlf sx; n] dnf0{ /fd/l gk9fpg'Psf] eP, clek\ t gugePsf] eP d of]cj: ydf sg} klg xfn]df klg ; Sg] ly0gF. cf?jdf k9ñ g} lzlf sx; n] . xfd] :shsf] gfd r]axfb/ kl/of/n] /V5U eGgePsf] s/f añf añdf d]f] sfgd alh/xG5 . To; n] dnf0{ nugzln eP/ k9g / cAan l] Bfyl{ xg lgSs} k\ / t u/\$f]

l] Bfyl{}
vñ]sf] dfof
lbg lzlf sn]
hfGgk5{ . lbP/
dfq xGg, dfof
lbPsf] cgeIt
u/fpg klg
hfGgk5{ .

lyof]. d hfGg]5; c% w} hfGg
; Sg] lfdtf 5 egG] cfdlj Zjf;
lgDg dflwds tx kf/ gub}a9zsf
sf/Ofn] qndZM cuf18 a9b}uPF.

s}fs}lsf] dl:tis slnnf]
xG5 . 3/ 5f} :sh cPsf]
p; n] :jfe]ls z kdf dfof /
:g} v}5 . lj Bfyl} v}f}df
lbg lzlfns] hfGgk5{. lbP/ dfq
x}g, dfof lbPsf] cge]t u/fpg
klg hfGgk5{. lzlfns / :sh
k}zf; g b}j k}to} lj Bfyl}sf]
x}lj r/ u}f} xgk5{. :shsf]
; du] jftf] / Of cgzfl; t xf] \
w} }s8f0 klg gx} \ c]t g/d

klg gx} \. lzlfns vhf lbnsf] xf] \ ; a} lj Bfyl}sf]
; dfq Joj xf/ u/f] \ kf7 a}l%g] u/l k9fc] \ cfknh]
ug} rfx}sf] ; hgf]ds sfd of c]tl/Om lqnfnsnfk}0{
k}f] ; flxt u/f] \ k9g klg k}f] ; flxt u/f] \ uNtl u}df
dfkm b}f] \ s8f0 / ufnl vfg gk/f] \ egG] rfxgf
u5g} lj Bfyl} . sg} klg lzlfnsf] lj Bfyl} dg k/fpg'
jf gk/fpgsf k5f18 lzlfssf lfdtf, uOf, cj uOfx,
g} dVo z kdf lhDd]f/ x}f / x}f}g\.

lzlfns eg}sf] lj Bfyl}sf nflu cleg]f / kyk}z}f
g} xf]. lj ijoj :tdf ks8 gePsf] dflg; lzlfns 5
eg] ls t p; n] cfknhf0{156} bVvn agfpgk5{ x}f0g
eg] t?Gt lzlfns k}zf g} 5f8} c} k}zdf nflu d
; lmf} lbG5' . cfknh} /fd] 1fg gePsf] dflg; n]
To; af}df c}nf0{S]; sfpg ; S5 <bf] pm Jofj xfl/s
klg xgk5{. w}f}gbf w} }pbf/Of lbP/ lj Bfyl}sf]
a}fpg ; Sg] xgk5{. lj Bfyl}sf] dgflj 1fg a'g ; Sg]
xgk5{. cf}gf] s/f lj Bfyl}sf] wofg lbP/ ; g}sf 5g\
ls 5g}g\ 5g}g\ eg] To; sf] sf/Ofsf] v}f] ug] /
To; nf0{ ; dfwfg u/} lj Bfyl}sf] lh1f; ' / ; lqno
agfP/ k9fpg ; Sg] xgk5{. lj Bfyl}sf] yfs}f 5g}eg]
pglx; nf0{5f} ; dosf] nflu . l/NofS; u} lbGk5{. s8f0
ug] a}hdf s8f0 ug] dfof ug] kg] 7f}df dfof lbg]
ug] k5{. lzlfns snf p; n] /fd] ; t hfGg}sf] xgk5{/
tbg?k l; sfpg ; Sg] lfdtf xgk5{. tfind lnPsf]
xgk5{/ tfinddf l; s}sf] s/f Joj xf/df nfu"ug] k5{.
lj 1fg / klj lwsf] lj sf; ; f; f; p; n] cfknhf0{cBj lws
u}sf] xgk5{. lj Bfyl}sf] lfstal 1fgdf dfq ; lldt
ug] . s}fs}lsf] ; fdf]hsls/Of ug] / hlj g}f]of]l
; lxx; klg l; sfp} hfGgk5{. k}to} lj Bfyl}sf]
c}t/lglxt lfdtf / kltef lrg} / To; nf0{phfu/
ug] lj leGg cj; / lbg] sfd ug] k5{. cf}gf] kltef
k}z} ug] lfdtf a9f} hfGg lj Bfyl}sf] lg/Gt/
clek]t ug] sfd ug] k5{. dVo s/f k}to} lj Bfyl}sf]
cf-cf}g} dflnstf x65 egG] s/f cfd; ft'u/} p; nf0{
dflns tl/sfn] ; f}g ; f}gzln xg l; sfpgk5{. ☐

**lj Bfyl}sf]
lfstal 1fgdf
dfq ; lldt
ug] .
s}fs}lsf]
; fdf]hsls/Of
ug] /
hlj g}f]of]l
; lxx; klg
l; sfp}
hfGgk5{.**

lj j \$ l aGg l ; sfof]

**Sofk6} ; jf; l/hfn
kf0n6**

d] /f] :sh] lzlfnsf] ; ?cft bflh}n^af6 eof]. t/
slff # kl5 d sf7df8f; cP/ cd/ cfbz{/
efg' dilj df k9f. t/ P; Pn; l ubf{ rflx}Fsltt{/l:yt
n}f} / :shsf] lj Bfyl}sf] lyPF. :sh k9f lj leGg lfof
lj leGg lzlfns; f} leGg leGg} cge} a6Ng] cj; / kPF.
cd/ cfbz} k9f cfo} l/hfn ld; sf] hlj Gt / cfsif}f
tl/sfn] k9fpg] snaf6 d lgs} k}f]t ag}sf] lyPF.
sg aRrfsf] dgflj 1fg s:tf] 5 eg} a'g] p; sf] kltef
/ lfdtf s] 5 eg} yxf kfg] / ; f] cg; f/ p; nf0{
k}l}tkydf cl3 a9fpg] lfdtf pxf} lyof]. pxf}f] cfsif}
JolQm] af6 JolQm] lgd}f] cfj Zostf / dx} klg
a'g kPF. To; t} zDe' clwsf/ / / zf/bf ld; af6
klg d k}f]t 5' . pxf} ; bj} ; /n tl/sfn] k9fpgk}of].
To; t} xdf] k9f0sf] /fd] jftf] / Of
agfpg k} jf; bj} ; /sf] klg
dx} k}f] of]ubf} / x}sf] 5 .

ef/taf6 cf0} ; l u/kl5
kf6g sn}hdf alP; ; l k9b} lyPF.
To; a}hdf d kf0n6sf] tfind lng
cd] / sf uPF. af cfknh} kf0n6
eP klg dnf0{rflx}F8fS6/ agfpg]
pxf}f] rfxgf lyof]. cfknh] dg
nfu}sf] k}zf ; dfGk5{eg} s/fsf]
1fg d} ; shd} kf0; s}sf] lyPF.
To; a}nf0{eg} adnf0{cfsfzdf
p8} / gof 7f}df 3Dg dg
k5{. kf0n6 klg rbf} k}f] k}zf xf] d oxl k}zdf
nflu rfxG5' f 6\$; f; af6 kf0n6 sf] {u/} cPsf]
s}l ; dokl5b}v g} g}kn jfo; }f lguddf rfnssf]
z kdf k}z} u/f. cfh d cf}gf] lfd} :yflkt ePsf]
5' . d}f]o; ; km}tsf k5f18 :shsf] ; a}gbf dx} k}f]
xft 5 . To; kl5 3/sf] eldsf / x}sf] 5 .

d; f} clxn] hg dNo, d}gotf 5g}ol ; a} :shd]
lgd}f ePsf xg\ . d cfh h] 5' :sh / lzlfns; sf
sf/Ofn] ePsf] 5' . d}f] JolQm] lgd}f}df w} }hg lzlfnsf]
xft 5 . lzlfns; n] dnf0{af6} byf0lbg}eof]. ; :sf/ /
rl/q lgd}f ul/lbg}eof]. lj j \$ l aGg l; sfpg}eof]. To; h]
d lzlfsk}l c]t g} s}f] 5' .

sf} klg lj Bfyl}sf] lzlfnsf] dx} / cfj Zostfsf]
1fg eP/ kl}yds txd} uPsf] x} ; a} :sh hfGgk5{
eg}5g} cf}gf ; a} b}f} / lxx; :sh uPsf sf/Ofn] d klg
uPsf] lyPF. cfhsf s}fs}l klg zfof oxl sf/Ofn] g}
:sh hfG5g\ . shdf c]tl/Om lqnfnsnfk} xg] lbg xfdl
a9l /dfp}of}. lzlfnsf] ck7df/fx; xfdlnf0{sg} dtna



lzifs Tof] xf] h; n] sɔfsɔlnf0{ eljiodf cf'g} v\$df pleg] agfp5 . ;ɔflGts tyf Jofj xfl/s 1fg tyf ; lk lbP/ cftdlj Zjf; egI dVo dflWd xf] lzifs .

xɔgVof]. lzifssf] ejf gf slxNo} a%ɔgVof]. d cfkn} klg sxl jiflV kf0n6sf] klzifs ag] sfd ug{yfn} Ps k\$fsf] lzifs ag] sfd ul//x\$] 5' . To; kl5 lzifssf] eldsf %g\glhsaf6 dx; ; ul//x\$] 5' .

d]f] lj rf/df /fd] lzifsd sxl u0fx; xgk5{. lzifs Tof] xf] h; n] sɔfsɔlnf0{ eljiodf cf'g} v\$df pleg] agfp5 . ;ɔflGts tyf Jofj xfl/s 1fg tyf ; lk lbP/ cftdlj Zjf; egI dVo dflWd xf] lzifs . cfkn} lbg vflh\$ 1fg cyf{veg vflh\$ s/f slfss] fdf a; \$f ; a} lj Bfyl{ Psgf; n] 5n{ a'g} u/l atfpg ; Sg] xgk5{. cfh ltdn] kl9/x\$] of] s'f efln ltdf] sl/o/df oxfg] o; /l hflBg kl5 eg] s'f /fd/L a%0lbgk5{. lj Bfyl{ clek} of lbg] ldtf / snf xg' cfj Zos 5 . cf'gf] lj ifoj: tdf sdf08 xgk5{. :shdf Psbd /fd] jftfj /of agfpg] sfd x\$df:6/ / ; a} lzifssf] xf] hf] pglx; n] ldn} agfpgk5{. cltI/Qm lqmfnsfksf dflWdn] lj Bfyl{ cGt/Igixt kltef / ldtfsf] phfu/ ugk5{. pglx; sf] ?lr cg; /sf ; hgfids sfd ug{kl/t ugI/ cfj Zos jftfj /of agfpg] sfd ugk5{. o; k\$fsf cItI/Qm lqmfnsfk t yf] ; dosf] xf] \t/ lbgkR5] h:t] xg; s] %g\ a] . lj Bfyl{ hlxn] klg kl; fxsf] vff] k5{. o; s'fzf lzifs lj zif rgfvf] xgk5{. lzifs Toltaihf dfq k'f ; kmn x65, ha p; n] k9fPsf] slfssf ; a} lj Bfyl{ /fd] .u\$0; lxt kf; x65g\.

lzifs lj Bfyl{ nflu cg5/0f0 JolQm xf] To; } pm x/\$ s'fzf pbfx/of ag] lj Bfyl{ ; fd' kZ xgkg] x65 . xfdlnf0{ xfdl lzifssf] h:t] kefj k/\$] lyof] cfhsf lj Bfyl{ klg cfhsf lzifssf] sda] l kefj kl/xn5 . t/ clxn] rflxFlzlf0f kZf a9L /fhuf/dvl ePsf] 5 . k}f sdfpg] Pp6f dflWdsf ; kdf lzlf0f kZfnf0{ lng yfnPsf] 5 . lzifs lj Bfyl{ ; Da6w slfssf] fdf dfq ; lldt x6} uPsf] blvG5 . klxnG6f lzifs lj Bfyl{ ; Da6w cfkrf/s x6} uPsf] 5 . lj Bfyl{ lzifssf] rl/qsf] 5fk sd kb} uPsf] blvg yfn\$] 5 . of] s'fzf klg lzifsx; n] Wofg lbgkg] cfj Zostf by\$] 5' .

clxn\$] lj Bfyl{ n] 0G6/g6, k'tsfno, kqklqsf, /lBof] tyf 6lnehgsf] dflWdaf6 ; #/df e0/x\$] gofFofFs/f yxf kf0/x\$ x65g\ . To; } hlt kl5 ef] plt g} a9L of] kZf rbf] kl0f eP/ cfPsf] 5 . ; kmn lzifs a6g] xf] eg] o; s'fzf ca gh/cG6fh ug{ ldnB} .

lzifsxɔ w} } vzl ldnBf] x\$

blk}lj qml ykf
lzlf ; lrj

pm aihf lzifsx; slfddf n6xL lnP/ hf6y] / ; - ; fgf sɔfsɔlnf0{ t; f6g a} rdf n6xL ahfy]. To; /L lzifsn] slfddf n6xL lnPsf] by} d cfWl 8/fpg klF. z?df k/flksf/df To; kl5 gjcfbz{ :shdf slff ! df egf{eP klg 8/sf sf/of k9g hfg ; lsgF. d]f] 6f] hdf Ps hgf afh] xgkVof] :sh guPsf aRrfx; nf0{ pxfF] G6td k}f lnP/ k9fpgkVof]. b} } v\$ kl3ft ePsf afh] hdfgdf P; Pn; l ug{ePsf] /x\$. d]f] klxn] u? pxfFg] xgeof]. c^u} / ul0tsf] cfwf/et 1fg d} pxfF6} lnPsf] xF. To; sf/of d Ps} fl6 sfndf6sf] hgkeft dflj df slff % df egf{ xgkuF.

ToxfDnf0{ ; a66f a9L dg kg] lzifs w] n06h xgkVof]. pxfF; flW} xFdV xgkVof]. lzifsn] cWof/f] dV nufof] eg] 7h} dflg; nf0{ t lbSbf/ nlu5 eg] slnnf afnafnsfnf0{ t %g\ 7hf] ; d:of kg{ :jfejl s} xf]. t/ w] ; /nf0{ d} slxNo} klg dw/f] dx/df blvgF. pxfF] xF] aflg] afgln] d dfq xf0g, xfdl ; a} lj Bfyl{ k6f] t lyof}. xfdl yfSof} jf cf0nfof} eg] slfnf0{ ; ?lrk0f{ agfpg pxfFalr alrdf hf\$; e6gkVof]. aRrfx; nf0{ c; flW} dfof ugkVof]. lzifsn] dfof u/kl5 xfdlnf0{ s] rlxof] / < xfdl pxfF6 va %d0Gof}. a%P/ k9fpg; Sg] pxfF] csf] val lyof].

dlQmfy n06h u?af6 klg kef] t lyPF. cln s8f : jefj sf eP klg pxfFk9g] lj Bfyl{ dfof ugkVof]. pxfFcfkn' klg cgzfl; t xgkVof] xfdlnf0{ klg cgzfl; gdf /VgkVof]. /fd] clf/ nvgkg] kf7 a%fpg} kg] xgVof]. To; df sg} ; D%} f x6gVof].

d} P] R5s ul0ft k9g rfxF. t/ ToxfFof] lj ifosf] k9f0 x6} x65 . To; kl5 d k/flksf/lt/ nfuF. t} klg hgkeftn] dnf0{ 5f8g lgSs} ufxl] dfGof]. Ps k6s 5f18; s] klg hgkeftn] /fd] lj Bfyl{ ePsf sf/of dnf0{ tfGof]. t/ kl5 km/ k/flksf/ g} uPF. ; a} lzifsn] xfdlnf0{ va pTk/ t ugkVof]. /fd/L k9d} eg] ltdl P; Pn; lsf] af6f cfpg; Sg] lj Bfyl{ xf] eg] dnf0{ pxfF; n] xf] nf lbgkVof]. ge6b} To: t} eof]. ; xL :shaf6 P; Pn; l af6f ; j] s[6 bzf} : yfg Nofpg ; kmn klg ePF.

k/flksf/sf rf/ hgf /fd] lzifssf] gfd lng rfxG5' . sf65sfhl a:g] , nfnfy ; j} , lul/zrGblnfn / 8f} } zfSo dnf0{ cfWl dgkg] lzifs xgkVof]. ; j} / ; xfn 0l-hlgol/ a Sofdk; df kflWofks / lul/z ; / ; j} r cbfntdf Gofofwz xgk5 . sf65sfhl ; / , hgkeftsf w] ; /% xF, nf] xgkVof]. euf] lj ifodf pxfFPsbd]

h[6g]xgkGyof]. hl6n s/fnf0{klg ; /nls[u/ k9fpg] pxf[1]ljzif val lyof]. x/\$ lj Bfyl[6f0{cf'g}s[6fs[6l 7fg] dfof ug[pxf[1] csf[1]ljzif lyof]. pxfF/x/\$ lj Bfyl[6f]x/rfx ugkGyof]. :sh ; do e[6f aflx/ laxfg a[6]sl hltahf klg sg]s/f ; flg jf l; Sg dg n[6of] eg] pxf[1] 3/df uP xGyof]. pxf[1] 3/ xfdl nflu hltahf klg v[6nf lyof]. pxfFxdlx;sf .cf[kg l/; f] [6 g]xgkGyof]. ol ; a}uof rf/} hgf ; /x; ; u lyof].

ev{ PdP u/ cfpgePsf ; j[6l ; /sf] slff w} /df0nf] xGyof]. pxfFPsbd /l; n[6] tl/sfn] 5n[6 al%g] u/L k9fpgkGyof]. P; Pn; L / To[6]6f dily klg gkfnldf d[6]f Pp[6]f klg uNtl xGyof]. gkfnl clxn] klg Tolt g/fd[6] 5g . To[6] ; a ; j[6l ; /sf] b[6] x[6]. x/\$ lj Bfyl[6f] lfdtf y[6]f kfp[6] p; n[6]{l; Sg kl/t ug[pxf[1] val lyof]. pxfF/x/\$ lj Bfyl[6f] k[6] h[6]f[6] / To; q[6]df l[6]df] ; an kl of] of] 5g\; w[6] / ugk[6] s/f ol ol xg\eg] lnlvt kl[6]lq[6]f ; d[6] lbgkGyof]. k[6]k[6]f[6] lbg] pxf[1] To[6] tl/sf xfdl ; a}lj Bfyl[6f] clxl dg k/fp[6]f[6] / ; /n] lbPsf] ; %j] nf0{ cg; /of uYof[6].

slxn[6]xlFh[6]f h[6]f]l9nf]:sh kluGyof]. l9nf] cfp[6] eg] pxf[6]n] dnf0{Ps k6s klg ufnl ug[6]Pg . a? sg] 7h[6] ; d:ofdf k/\$[6]x[6]ls eg] sf/of ; flgkGyof]. a9f] /fd[6] Joj x[6] / ugkGyof]. pxf[6]n] x/\$ lj Bfyl[6f] o; u/L x[6]lj rf/ ugkGyof].

lz[6]fs lj Bfyl[6f] v[6]h[6]f] a[6]h kxFdf xgk5{. cf'gf] ljifodf ulx/f] 1fg xgk5{. k9fpg] tl/sf klg /fd[6] xgk5{. clxn] klg xfdl lz[6]fss[6]b[6] 5f]xgk[6] r[6]fx lj Bfyl[6f]b[6] x[6]. ; lf/6f0nf0{ a6b ugk[6]5{. lz[6]fsdf hl6n s/fnf0{klg ; /n kf/ a%fg] lfdtf xgk5{. clg xfdl lz[6]fs, sd[6]f/l ; a[6]f Joj ; flos lgi7f r[6]fxG5 .

d clxn] lz[6]ff ; lrj[sf] s[6]l[6]f 5' . :6fkm sn[6]hdf k9f[6]f k9f[6]f; e[6]lj z lghfdtl ; j[6]df k[6]j[6] ug[ku[6]fn] of] lhDd] f/Ldf cf0k[6]s[6] 5' . gkfn[6]f xfdln] sd[6]f/lt[6]qnf0{clwsf/ / p0/b[6]l[6]j; lxt lhDd] f/ ag[6]fg ; s[6]f 5[6]f]. kl/Offd:j?k ; lrj[sf] of] s[6]l[6]f /x[6]f klg vzl 5g . d cfl[6]s ; kdf lj Zj lj Bfnodf k9f[6]5' . oxf[6]b[6]M ePsf] dg Toxf[6]lj Bfyl[6] ; u a; k[6]5 dfq v[6]l xG5 .

clgn yk[6]



; flxTosf]hu kfylds tx

s[6]of w/fj; L ; flxTosf/

%[6] kfsf]zlgZr/[6]f 7fp[6]g]ddf v[6]h[6]Psf]x[6]f{shdf @)% ; fndf lzz' slffdf egf{ ePk[6]5 d[6]f] :sh] hljgsf] ofqf cf/De ePsf] x[6]. kfylds txdf x:t kl/of/ ; / ; a[6]6f a9l dg kYof]. d ; flxTodf n[6]lg[6]sf k5f[6]8 pxf[1]f] dx[6]k[6]f{ eldsf 5 . @)* ; fnt/sf] s/f x[6] Toltahf d slff % df k9y[6]. Ps lbg kl/of/ ; /n] a[6]f[6]h z[6]maf/ ; flxTos sfo[6]nd ug[6] slj tf, syf n[6]y] Nofpg[6] e[6]geof]. d[6]f] ldn[6] ; fyl ; -hlj -x[6]nsf 8f= ; -hlj pk[6]l sf] 3/df cdf klg n[6]y[6]9 ug[6]ePsf]n]p; n]t n[6]y] NofP5 . t/ d[6]h]n[6]g gcP[6]k[6]5 /df0nf]g[6]gl g[6]ds k[6]tsaf6 Pp[6]f syf ; f/ nu] :shdf ; g[6]P[6]. k[6]5 y[6]f eof] To[6]l[6]stfasf]/rgf s[6]ofk[6]fb k/fh[6]ln] ug[6]ePsf] /x[6]5 . v[6] /fd[6] n[6]y[6]f] eg] ; /n] klg tl/km ug[6]eof]. pxf[6]n]x[6]t[6]k[6]R5] clt[6]l/Qm lq[6]m[6]snk c[6]tu[6]f s[6]l g s[6]l ; h[6]gf u/fp[6]gkGyof]. x[6]f{sh txdf kl[6]b[6]f klg d ; f/} a%fg]f. Ps lbg xfdle[6]6f l; lgo/ lrq; g e08f/L b[6]0n] To[6]f] s/f y[6]f kfpgeP5 / sfg ; d[6]t] dnf0{ a[6]cab[6]lv o; /l csf[6]f] /rgf ; fl/ ; eg] t[6]f xftv[6]f e[6]fR5[6] eg] ysf[6]geof]. To; k[6]5 alln d[6]h] c[6]fkm[6]sg[6]s[6]yl n[6]g yfn[6].

; flxTosf/sf] ; kdf cfh d h] 5' To; sf] ; a[6]6f klxn[6]f h; kl/of/ ; /nf0{ g] h[6]G5 . To; k[6]5 ; flxTo n[6]y[6]gd[6]f cu[6]f[6]8 a9f[6]lbg]sfd x[6]f{sh txsf lz[6]fs lzj k[6]fb b[6]fxn / ; /h] j[6]n[6]sf] 7h[6]f] of[6]l[6]b[6]f 5 .

xfd[6]f] x[6]f; / d[6]f]g h[6]z[6]lsf]k[6]fj ; a[6]6f a9l lyof]. uNtl u/\$[6]f[6] xsf/] klg pxf[6]lj Bfyl[6]f0{ c; fl[6]o} dfof ugkGyof]. To; h] pxf[6]f[6] ; a}lj Bfyl[6]f{ a9l vzl lyP . d[6]f] boglo c[6]ly[6]f cj : yfn[6]f0{ wofgd[6] /v[6] pxf[6]n] dnf0{ h[6]xn] klg 5f[6]q[6] l[6] lbg] ug[6]ePsf]f[6]f d a9l k[6]z[6]g lyPF. gq z[6]fob d[6]h] :sh g] k9g kfp[6]lj y0gF. d sl/a cfh ; 8s afns elgg] s[6]f[6]s[6]s[6] ; cj : yf[6]f6 ulh[6]p/ cfPsf] d[6]f[6] ; xF. r/d ul/alsf sf/of . km[6] l[6]t/ k9g ; Sg]

cj:y} lyPg . To; h] hfz] ; /sf] To] uOf d slxNo} la; g ; lSbgF.

siff !} sf] cl[tdlt/ /fhlszf] d08n eGg] Pshgf lzlfS cf0klgeof]. ; kt/lt/ 3/ ePsf pxfFcf0{sd=k9} cfpgePsf]/x\$. pxfh] ; flxTo, bzg, Oltxf; , /fhgllt ; adf wf/fk]fx afh] o:tf]efg kf/lbgeof]ls pxfFb}zS} ; aeGbf 7hf] 1fgl xgk5 . pxfFslxn] dFS; jfbsf t slxn]cfzf]/hglzsf s/f ugkYof]. s/fq, j}sf ljifodf klg pxfFp]Qs}wf/fk]fx afh]gkYof]. pxfh] tl; E ; DalgwT sXl lStfax; klg xfdlnf0{k9y lbgkYof]. !%÷!^ jifsf] sNkgsf]p8fg eg]pd]df pxfFf s/fn]d / ; -hlj bj} hgfnf0{lgSs}kef]j t kf/\$f lyP . To; af6 xfdlnf0{7hf] kn]Obf eof] xfdln] .sf]l eGbf afx/sf t/ pko]l lStfa k9y yf]Nof}. lj :tf/ k9y} afglsf] klg lj sf; eof] gofF gofF1fg klg lng kf0of]. ghflgsg af]4s lfg]lt/ ws]lg] sfdff d08n ; /sf] 7hf] eldsf /Xof]. cfh dh] af}z\$ w]h; f] dNo dfotfx; :sh]pd]d}ag\$ xg\ . To] dNo-k0ffn]sf]lgd]df :shsf] ; aeGbf a9l xft 5 . To; h] cfh d h] 5; To; df :shsf] w]} dx]k]k0f{of]ubfg 5 .

k15 ^=& jif{cfknh}k9\$}:shsf] lzlfS klg ePF cf'g}u?x;sf] :6kmsf] ; kdf sfd u/F. To]ta]h; Dd klg lzlfS cfbz{JolQm]s} ; kdf lyof] ; j]fdhs sfd x]eGg]efjgf lyof]. t/ clxn]cfP/ kl/l:ylt abmPsf] 5 . cfhsf lzlfS Jofj; flos ePsf 5g\ . ; j]fdVl eGbf a9l k}f / ; lj wfdVl ePsf 5g\ . lj Bfylh] klg cf'gf dfu}z\$ eGbf k]lj lws JolQmsf ; kdf a'5g\ . To; f] t k'fgf cfbz{/ dfotf cfh klg /xgk5{eGg] d]f]cfzo x]og . otf cfP/ lzlf k]lj lws ljifo ag\$] 5 . lzlfS klg ; j]felf]s ; kdf k]lj lws JolQm]j aG kl\$] 5 . To; h] casf] lzlfS cf'gf] ljifodf bVvn xgk5{. /, cfkn] E ePsf] bVvn lj Bfylh] ; xl tl/sfn] x:tf]t/Of ug{ ; Sg] ; lk tyf sfzn lzlfS; E xgk5{. gofFk'tf s:tf]lgd]df ug]eGg] s/f d]f]xftdf 5, To] b]lo]j Psbd /fd/l lg]f x u5{eGg]kl]ta4tf / Od]Gbf]tf lzlfSdf xgk5{. lzlfS / lj Bfylh]r]sf] ; DaW u? r]h]sf]x]og, lDqj t'xgk5{. bj h] . xfdl bj }a/fa/ x]og eGg] ; f]r]sf] lj sf; ugk5{. xfdl knfd] lzlfS / lj Bfylh]r 7hf]vf8n lyof]. lzlfS bVvk15 xfdl 8/n] y/y/ xGyof}. lSgeg] xfdl nflu lzlfS 8/n]luf kf]ol h:tf n]ly]. s8f cgzf; gdf /Vgk5{eGg] lzlfSx; lj Bfylh]sf] ; fgr]uNtdf klg lk6y]. vf; u/l s]l]df ga%sf sf/Ofn]u}k}sf0{ug{ ; lSpg jf c; g}sf/Ofn] e]l]kn6 kf7 a%fp; lSpg eg] lk6f0 vf0G5 ls eGg] qf; xGyof]. ; fgr]f ; fx}8/ n]lyof]. hlt pd] a9b}uof] plt plt 8/ sd xE}uof]. cfh kSs}klg of]cj:yfdf pNny]glo ; wf/ cfPsf] 5 . t/ qf; sf]jftj/Of c%} klg af]l 5 . lj Bfylh]cf'gf]dgdf nfu}f s/f lge}tfsf ; fy lzlfS; dl] /Vg ; Sg]jftj/Of xgk5{. To]jftj/Of agfpg]lhDd]f/l lzlfss}x]. lzlfSn]lj Bfylh]f0{r]Dasn] kn]fdnf0{cfsli}f u/%}cfsli}f ug{ ; Sgk5{. o:tf snf / lj z]tf casf lzlfS; E xgk5{.

:shn] agfof] snfsf/

ldlynf zdf{ snfsf/

d}n] siff ! b]v # ; Dd sf7df8f] dx]b]ejg :shdf k9F. Toxf; ; aeGbf dg kg] lzlfS z]t] u?cdf xgkYof]. pxfh] xfdlnf0{ cf]l dfof ugkYof]. syf eg] xfdlnf0{ d]w tNofpgkYof]. pxfh] eGgePsf d]w]Pp6f syf -bloGt / zsf]tnfsf] k] sxf]l dnf0{clxn] klg ofb 5 .

; fgr]f d]f]afafn]5f8] h]gePk15 d l8Nnlahf/sf] kb]Sgof :shdf siff \$ df egf{ xgkuF. ; f]l :shaf6 dh]@)^ #^ ; fnit/ P; Pn; l p]Q]f{u/F. kb]l sGofdf dl/f ld; -gk]nl lzlfS, piff ld; -lj1fg lzlfS, ls/Of ld; , lg/-hg ; /af6 d w]} kef]j t lyPF. o; sf] dVo sf/Of x] pxfF; ; ah] ddf ePsf] kl]tefnf0{hlxn] klg ; xof] ugkYof]. d g]o l; Sg h]f] x] \j f :6h kkn] ; U ug{ h]f]f, pxfF; n] ; w} x]nf lbgeof]. ak9f0 lau]5, o; /L gfrGdf ; do v] gkn]E eg] slxNo} eGgePg . olb pxfF; n] xof] s]l t v]nl gfr] a:5] o; /L klg kl9G5 E eg] ufnl ugkYof] eP d lg/fz xg; SyF. /, cfhsf] cj:yfdf cf]ogklg klg ; SyF.

.lrl8} kn]6jnl]df efu lngsf nflu :shaf6 d klxn] k6s afx/ h]f]yPF. t/ cf'gf] snf / kl]tef bV]fpg ; S5' eGg] ddf cf]dlj Zj; ; g}lyPg . s]l]df lg/-hg ; /n] t dh]g; f]r]sf] s/f kf] eGg yf]Ngeof]. pxfh] eGgeof] xcfh xfdl] :shsf] of] s]l]sl ltdx; sl ; fyl ldlynf b]zel/af6 5flgP/ g]osnf k]tt ug{ h]f]5g\ . To] d / xfdl] :sh bj \$f nflu Hofb}vz]sf] s/f x]. pgl To] sfo]ndf cf'gf] snf cAan tl/sfn] k]tt ug{ ; lfd x]G5g\ eGg] d]f] k0f{lj Zj; ; 5 E pxfF] To] s/fn] ddf 7hf] cf]dlj Zj; ; k]f eof]. To] sfo]ndf d hfg w]} OR5s klg ly0gF. t/ lg/-hg ; /n] dnf0{ eGgeof] a]tdl snfsf/ x] /fdl] snfsf/ aG ; S5df]. e]l]h l]tdf] hljgsf] afRg] cfw/ oxl xg; S5 E d]f] hljgnf0{g} df]l]lbg] olt kef]j zfnl s/f klxn]kN6 s; h] eg\$] lyof]. To]tv] d !} jif\$] lyPF. pxfF] s/fn] d hg sfd ub\$] To] /fdl] sfd /x\$, To; sf] eljio klg 5 / d]f] afRg] s8l x] eGg] s/f klxn]kN6 yxf kfPF. lj 1fg k9] 8fS6/ xg] eGbf g]o l; s] snfsf]/tdf n]lg] sfd d]f] nflu ; j]yf plrt s/f lyof].

d]f] g]o u? /fhkn ykf klg d]f] k]0ffsf ; f] xgkYof]. cfh pxfF xfdl]df% xgkG . pxfh] dnf0{ g]osf s0fs0f l; sfpgeof]. w} / nuf]sf ; fy pxfh]



.PS; kfh/ú kfPsf] lj Bfyl{ / gkfPsf] lj Bfyl&f alrdf km's xbf7x\$. To; ð] d cltl/Om lqmofsnfkdf lj zif hf\$ lbg rfxG5' . dð] ; fgrð} .PS; kfh/ú kfPsl sf/Ofn] oxFDd cfOku\$xl xF. To; ð] lj Bfyl&f] ?lr cg' f/sf cltl/Om lqmofsnfk u/fpg] / pglx;nf0{ .PS; kfh/ú lbg] sfd lj Bfnon] ul//xgk5{ . xfd] kfnfd ldlxg] Hofb sd rrf{ kfOGYof] eg] cfhsfn sd ldlxg] d} w} rrf{ kfOG5 . a9l rrf{ kfPsf sf/Of pglx;df .cf/ slGknB; ð xG5 . o; sf/Of pglx;df l; Sg] kj] Q sd xghfG5 . ; fylef0; E ug] Joj xf/ klg c; GtInt xghfG5 . ; fy] lzlf tyf cleefj; E ug] Joj xf/df klg kl/j tG cfp5 . of] s/fdf rflxWofg lbg' h?/L 5 .

xfdlnf0{g[0 l; sfpgeof] . kl5 dð] zf:qlo g[odf :gftsfQ/ txsf]l8ull xfl; n u/F. ddf g[osf] hg lfdtf 5, To] pxfB; sf/Of ; Dej ePsf] xf] .

slff \$ df k9bfb]v g}dð] ..6h kknQ; ð ug[yfln; s\$sl lyPF. To; ð] d c; lj Bfyl{ eGbf leGg lyPF. c; lj Bfyl{; km' ksf] ; do cfkmh0{ dg k/\$f]v]h v]lg hf]y] t/ d g[0 l; Sg yfllyF. d7f] v]h0 eg] klg k9f0 eg] klg gfr g} lyof] . lgoldt slff, k9f0 / hfF afx\$ d7f] ; a} ; do g[0 l; Sg / cEof; ubBf laYof] . d clxn] ; ð6d]/hdf g[0 lzlf5 5' . dnf0{ lzlf0f ubf{ Psbd cfcG6 cfp5 .

.PS; kfh/ú kfPsf] lj Bfyl{ / gkfPsf] lj Bfyl&f alrdf km's xbf7x\$. To; ð] d cltl/Om lqmofsnfkdf lj zif hf\$ lbg rfxG5' . dð] ; fgrð} .PS; kfh/ú kfPsl sf/Ofn] oxFDd cfOku\$xl xF. To; ð] lj Bfyl&f] ?lr cg' f/sf cltl/Om lqmofsnfk u/fpg] / pglx;nf0{ .PS; kfh/ú lbg] sfd lj Bfnon] ul//xgk5{ . xfd] kfnfd ldlxg] Hofb sd rrf{ kfOGYof] eg] cfhsfn sd ldlxg] d} w} rrf{ kfOG5 . a9l rrf{ kfPsf sf/Of pglx;df .cf/ slGknB; ð xG5 . o; sf/Of pglx;df l; Sg] kj] Q sd xghfG5 . ; fylef0; E ug] Joj xf/ klg c; GtInt xghfG5 . ; fy] lzlf tyf cleefj; E ug] Joj xf/df klg kl/j tG cfp5 . of] s/fdf rflxWofg lbg' h?/L 5 .

dnf0{ :shn] cgzf; g l; sfof] . ; kmn, ; /n / ; \l hljg agfpg o; sf] 7hf] xft 5 eGg] s/f dð] :shd}l; s\$sl xF. To; t]lg/Gt/ l; ls/xgk5{ hfGg] ePFca klOf] eGg] ; f] slxNo} agfpgxB; eGg] lfg klg :shd} kfPF. cfh klg d g[odf s\$xl g s\$xl gofFs'f l; ls/x\$sl xG5' . l; Sgsf nflu wð{ nufj / lg/Gt/sf] kl/>d rflxG5 . To] klg dð] :shaf6} kfPsl xF. d cfh h] 5' ; shs} sf/Of 5' .

d7f] lj rf/df lzlf sdf xgkg] dxGj kOf{ uOf xf] nrstf . d lzlf xFd hfGg] xFeGg] efjgf Tofu] Pp6f ; fylsf] ; kdf kZ xgk5{ / cfkmh] hfG\$ s'f afB; xf] eGg] s'/nf0{ ulx/fl; t cftd; ft\ ugk5{ . lzlf hlt nrstf/ xG5, lj Bfyl{] plt g} a9l l; s\$sl d7f] cgej 5 . lzlf sn] klg lj Bfyl{nf0{ cfb/ / ; Ddfg ugk5{ . p; sf] :j fledfgsf] ; w} ; Ddfg ugk5{ . c; nf0{ s; /L ; Ddfg ugk5{ eGg] s'f lj Bfyl{nf0{ ; sfp g klg lzlf cfkmh] lj Bfyl{nf0{ To; t] Joj xf/ ug[h?/L 5 . cfhsfnsf] aRrf; w} ; ðgZln 5g\ . ; fgr] fgr] s'/df klg xlgtfaf]v u5G\ . kfF hgfsf] cufi8 ; fgr] .sd]6u u#of] eg] klg To; af6 pglx; bML xG5g\ . .df008u u5G\ . t/ 5\$} eB] eGof] eg] pglx; n] ; sf/flDs ; kdf ln65g\ ; wf/ klg u5G\ . cfhsf] ; Gbedf lzlf Pp6f kykðz\$ xf] . lzlf sn] cf^gr] lj ifodf slQsf] bVvn /V5, cf^gr] lj ifonf0{ slQsf] ; Ddfg u5{ ; fxl cg' f/ lj Bfyl{ klg cufi8 a95 .

knsofP/ klg agfpg ; IsG5

8f= gfan Iszif /fo{ kfnbfs

d | @))@ ; fndf kfFy/sf/ly upfP
hlGdPF/ kfF jifk15 upfP
kfylds :sh uPsf/ lyPF. d7f sfsf,
dfdf k7{ nfx/;sf] kxndf upfP aNnaln @- \$ hgf
sPfsP hDdf u/7 k9fpg] sfd z?ePsf/lyof]. @))(
; fndf sfn^k7af6 xfd] bf0 kgI uDel/ bf; /fo{ lzlfs
ag7 cfpgeof] eg])!\$; fnt/ Onfdfs sf^u] g7f
Pj+k7 { lzlfddGcl s]l u?^sf ef0 xDaxfb/ u?^
cfpgeof]. d7f] upfP] klxnf] kfylds lj Bfnosf] klxnf]
lj Bfyl{ klg d g} /x7^ . d7] k9M o; sf] gds/Of
ul/Psf/lyPg . xfn Tof]:sh bluf{pRr d7j ePsf]5 .
kfylds txdf d7f klxnf] lzlfs uDel/ bf; g}xgXGyof].
kl5 cfpgePsf Onfdfs xD u?^ ; / klg /fd] lzlfs
xgXGyof]. d7] ; fPloj z z?d} uDel/ bf;
h:tf] gofFij rf/ ePsf] c; n lzlfs kPF.
Pp6f Istfa s07fu/ u/ Ps siff kf; ; b06f
dVfu/ u/ b0{ siff kf; ul/ g] rngnf0{ tF7
pxfH] ul0ft, gkfnl, jf:Yo lj 1fg, ; sF,
c^uHl, lj ifo /fv7 k9fpg yNgeof]. lkl/o8
tF7 k9fpg] rng klg pxfH] g} z? ugPsf]
xf]. To; cl3 lkl/o8 eG] s/f g} yxf lyPg .
cltl/Qm lqmfnsfksf] ; ?cft klg pxfH] g}
ugPsf/lyof]. pxfH] cn/ ip08/ g} xgXGyof].
pxfH] k9f0sf cltl/Qm v7sb, gf6s,
slj tf jfrg, jfbj jfb, efif0f, ult nVg] tyf
ufpg] h:tf cltl/Qm lqmfnsfksf] cjwf/Off
klg lbgePsf/lyof]. cfhsf cfwlgs :shdf
xg] cfwf/e^ s/f Tof] ; dodf pxfH] z?
ul/ ; SgePsf/lyof]. pxfH] lj Bfylhfo{ hlxn] klg k7] ; flxt
ugXGyof]. /fd] ug] lj Bfylhfo{ hlxn] klg sXl g sXl
gofFk7: sf/ lb0/xgXGyof]. dnf0{ pgn] Ps hf] sldh
; ?jfn ; d7] Nof0lbgePsf/lyof].
d7] klxnf] kN6)) (; fndf gf6s v7g] cj; / kfPsf]
lyPF. uDel/ bf; ; /n] cfkn] gf6s nVg] / lgb7g ug]
sfd ugPsf/lyof]. To; df d7] /fhsdf/Lsf] eldsf
kfPsf/lyPF. To; kl5 d7] w7] gf6s v7hF. kl5 lqejg
lj Zj lj Bfno slt7/df lj ho dlmsf] gf6s v7h7 d7]
; jOf{ kbs; Dd kfPF. gf6sn] d7g; sf] hljg / rl/q
lgdf/df dx7j kOf{ eldsf v7]5 eG] s/f d7] w7] gf6s
v7h] kl5 yxf kfPsf] xF. sXl lbgcl3 Ps hgf ldnq]
tkf0hfo{ clxn] klg gf6s v7g dg n7]5 eg] ; l7geof].
k7oQ/df d7] eg7 ad7] pd7 cg; f/ ; xfp] eldsf
kfPFeg] gf6s dfq x7] g, lknld klg v7]5 A clegoklt] sf]



cf; lQm/ nufj pg] kfylds lzlfs uDel/
bf; s} sf/Of pTKG ePsf] xf].
d7] siff & pQl0f{ u/ k15 sXl ; do
df; s ?=!% tna vfg] u/L lzlfs ePF.
/, kfFy/df xf0{sh gePk15 Onfd uP/
k9F. @)@) ; fndf kfFy/df xf0{sh
vh] kl5 kgM lhNnf kms7 Toxl6f6 ; fXl
jif{ P; Pn; l pQl0f{ u/ F. xf0{sh txdf
lzlfsx7 /fd] xgXGyof]. Onfddf siff *
k9M e/v/ alP8 u/7 cfpgePsf s]l
u?^ ; /, hf] kl5 lzlfddGcl klg xgeof]
pxfH] c^uHl ?lrk0f{ tl/sfn] k9fpgPsf] d clxn] klg
; D%65^ . kfFy/sf] klxnf] xf0{shsf x8; / sdn k/fnhl
; / klg lj Bfylhfo{ pTK7t ug{ l; kfn^ xgXGyof]. of]
sPfnf0{ lzlfsnf0{ s:tf] lj Bfyl{ / pQ/ dgk5{ eG]
s/f yxf 5 / p; n] tbg?k tof/ l u5{ eg7 dnf0{ v^
kmsfpgXGyof]. d7f] c^uHl Tolt /fd] geP klg sl7g
eg] n7] ub7yof]. pxfH] .c^uHl o:tf] xgk5{ eg] d7f]
c^uHl skl siffsf c7 ; fylx; nf0{ b7fpgXGyof]. d7]
n7] 7] .P; 7] k97 ; g7fpgXGyof]. To; n] dnf0{ c^uHl
yk /fd] agfpg] k7Off ldnof].

**sPfsP; leqsf]
cGt/lglxt
kl7ef klxrg
ugI / k7kn6t
u/fpg] /
; 7gzln
tl/sfn] ; 7g
k7t ugI
kfylds txD}
xf].**

d7] cf0P, alP / PdP; Ddsf ; a} k/liff
k70eP lbP/} kf; u/7] xF. kl5 PdP8 klg
u/ F. lqejg lj Zj lj Bfnodf /x7^ a:bf efiif
lj 1fgdf ef/ taf6 klPr8l / hd6laf6 k7]6
8S6/7 ugI cj; / klg kPF. w7] jif{ slt7/df
lzlfzf:q k9fPF. hd6lsf] nflu gkfnf]
/fhb7sf] lhd] f/l klg ; Dxfng kfPF. xfn
gkfn / Plzofnl cg; Gwfg s7] bdf
cg; Gwfgsd7] ; kdf 5^ . cfh d h] 5;
To; df ; a7Gbf 7hf] xft d7f] :shsf] 5 .
aRrfnf0{ :shklt cfsliif ug] sfd g}
kfylds :shsf] xf]. olb aRrfx7 :sh hfg
u7] df65g\ jf :sh hfgkbf{ ay; l x65g\
eg] a^gk5{ ls :shdf vf; u/L lzlfddf 7h]
; d:of 5 . aRrfx7 n] :sh 5f8g] jf siff
b7] x7] ofpg] cj: yf klg o; 7] v8f u/7] xg; S5 . 1fg,
; lk, cfr/Of, ; sf/, dNodf0tt / ; 7] f0sf] lgd7] ug]
ynf] klg kfylds tx g} xf]. sPfsP; leqsf] cGt/lglxt
kl7ef klxrg ugI / k7kn6t u/fpg] / ; 7gzln tl/sfn]
; 7g k7t ugI a7h klg oxl xf]. To; 7] o; txdf
k9fpg] lzlfsx7 df c7 eGbf lj lz16 / uxg lhd] f/l 5 .
t/ xfdlsxf lzlfs- lj Bfyl7] ; Da6w ; f; -axf/Lsf]
h:tf] xg] u/7] 5 . kfylds txdf lzlfns] lj Bfyl{
esg] u/7] sf/Of ha tl lj Bfyl{ 7hf x65g\ clg lzlfnsf0{
76fp5g\ . l; sf0 / zf/ll/s oftgsf] ; sf/ f7ds ; Da6w
57 . To; 7] lzlfns] zf/ll/s, dfgl; s oftgf lbg]
x7] sfpg] sfd a6b ug{ ckl/xfo{ 5 . lzlfs lj Bfyl{ alr
Pscsf7 cfb/ / ; Ddfgsf] efjgf pTKG ug{ klg o:tf
lqmfnsfk a6b ug{ h?/l 5 .

; a} k7:tl7M ; bz7 l3ld/]



hLj gfkofuL ; Lk L; sfpkg5{

3 /df cleefjs / ljBfnodf lzlfssf] eldsf
lgjfk ubx cPsf ax; ^aWos lzlfssf cf^gf
ljBfylcf dfglo uof ljsf; ug^u/fpg r5sf 5g\
o; af6 wj}ljBfylh}g t 3/df c; n aGgk5{eGg}
hljgfkofuL ; Lk l; Sg ; s5f 5g\
ljBfnodf .
cfkrf/s lzlf ; E; E} hljgfkofuL ; Lk l; sfpG]
lzlfssnf0{ g} ljBfylh} kl5; Dd ; D%w/xG5g\lsgeg]
hljgfkofuL ; lkn}ljBfylh0{h:tf] s}sl7g kl/l:yltdf
klg afkG / arfpg l; sfp5 . o:tf]; lka6 ljBfylh0{
JolOm / ; dfhkl} ; sf/flds xg l; sfp5 . To; h]
; Lk l; sfpG]lzlfssnf0{g}/fd] lzlfss eG ; lsG5 .
cf^gf ljBfylh0{c; n agfpg ; jkyd lzlfss
:jo+c; n afglox7fsf] xgk5{. c; n afglox7f
ePsf lzlfssnf0{ ; a}ljBfylh} dgk/fp5g\
cfknhf0{ dgkg]lzlfssn]k9fpbf sl7g ljifo klg Wofg lP/
; G5gV a^g]kof; u5g\
kzfklt ; dlkx lzlfssn]
sl7g ljifo klg ?lrs/ / ; xhtf; fy ljBfylh0{
; D%fpG]kof; u5g\
c; n lzlfssn]cf^gf ljBfylh0{
k9gk5{eg} ?l hufpg kefjsf/l lzlf0f ljwx;
ckgfpG]u5g\
s; /l ljifonf0{?lrs/ 9En]k9fpG]
eG]ljifodf ; w}kofgzln /xg]lzlfssnf0{fd]lzlfss
eG ; lsG5 .
ljBfylcf nflu lzlfss ; fdlhsls/0fsf ; jfxs
klg xg\lsgeg] ax; ^aWos ljBfylcf cf^gf lzlfssf
JolOmut tyf ; fdlhs Jojxf/af6 klolf jf k/f]
kdf wj} s/f l; ls/xsf xG5g\
o:tf lzlfssnf0{

pglx; cf^gf] cfbz{ dfG5g\
t/ ckm]f hflu/] dfgl; stfsf wj}lzlfssn]cfh klg cf^gf ljBfylh0{
lghl] j:t; /x Jojxf/ ul//xsf] kfG5 . kzfklt
; dlkx lzlfssn]ljBfylh0{k9f0df dfq xfoG cItl/Om
lqmfssnfkd ; d] ; xeful xg kl/t u5g\
pglx; ljBfylh0{ l; hGzln agfpg cfkm] klg o:tf
lqmfssnfkd lqmfzln xG5g\
l; hGzln agfpg rfxg] lzlfssn]
ljBfylh0{cf^g} 5f7f5f] ; D% ; f]lG?k
Jojxf/ ub5g\
o:tf lzlfssnf0{ljBfylh} klg cf^g}
cleefjs ; /x Jojxf/ u5g\
/ , j:ttM o:tf lzlfss
g}ljBfylh0{nf}kxG5g\
; jGof ; DkGg dfg; vflg' dVef xG5 . t/
oflo gful/s ptkfbg ug]lhDj]f/l kPsf lzlfssx;df
sxl Gogtd uof xg' clgfo{5 . ljut sxl jifotf
o:tf uof gePsf dfg; n]lzlf0f kzf ckGfPsf]blvG5 .
h; n]ubf{lzlfof kzf / lzlfss bj]klt]sf] ; fdlhs
bl]6sf]Tolt ; sf/flds xg; s5f]5g . lzlf0f Pp6f
; j]fdhs kzf x]t/ kl5Nnf]; dodf ; j]feGf hflu/
vfg]dg; fon]lzlf0f kzf ckGfpgs] ; ^aVof a9sf]
5 . o; af6 ljBfylcf g]Zotf a9b]uPsf]5 . Pp6f
c; n lzlfssn]ljBfylh0{cf^gf] pQ/flwsf/l ; D%g]
u5g\
cf^gf]d]xgt / ; lksf]huof]ug{ ; Sg]ljBfylcf
ptkfbg ug{g}c; n lzlfssf] dVo w} xG5 . /,
xg' klg k5{.

dw' /f0{ lj /f6gu/

ultnfn] k7off lbG5g

ljBfylcf]eljionf0{s}bdf /fv] lhDd]f/ 9En]cWofkg
ug]lzlfssnf0{ljBfylh} /fd] dfgs] d]f] cgej 5 .
ck7af/f] ljifoj:thf0{ klg ; lhnf] 9En] k7gk7g ug]
lzlfssnf0{5fq5fqf; n] /fd] dfgb /x5g\
7ls ; dodf slffdf hfg] k/f ; do ?lrsf ; fy slff lng] ; a}ljBfylh0{
; dfg Jojxf/ ug] 5fq5fqf] k]ltdf /dfpg] ltgnf0{
k9f0kl}t pT; s; hfu?s / ptk]t ug{ ; Sg] lfdtf
lzlfssdf xgk5{. cf^gf]ljifosf] ulx/f] 1fg / JolOmt
ljjsf; xg] vfnf ultnf k'ts lgoldt k9l cBfjlws
aGg] / 5fq5fqf] slffut :t/ x]l lzlf lbg] lfdtf
klg /fd] lzlfss aGg] e/kbf] cfwf/ x] .
/fd] lzlfssdf ge0{gxg]uof lzlf0f kzfdf hljge/
/dfp5' eG] c7f} x] . lzlf0f kzfklt]sf] cle?lrsf
sf/of g}lzlfss kzfklt lgi7jfg\ / ; dlkx xgk5 .

/fd] lzlfssdf afnaflnsf]dg a^g]l; hGzln agfpg]
; du]JolOmt] ljjsf; u/fpg]uof xG5g\
cWogzln lzlfssx;df axeflifs blftf klg xG5 . o:tf lzlfssx;
lgoldt / cgzfl; t xG5gV slffdf hfg %sf]dfG5g\
pglx; 5fq5fqf] ; an / baf klfx; klxrfg u/l
k] , k7off / k] ; fxgsf] cf^vtl kofu u/l baf klfsf]
pkrf/ u5g\
/fd] lzlfssx; n]e]fej ubog\
ljBfylh} k7g ; flbf l; fp5g\z]f]tef]df pQ/ lbG5g\
ljBfylcf lh1f; f /fvG k] ; fxg lbG5g\
ljifoj:t5f] s}bdf /x] gaxls0sg k9fpG]snf ePsf /fd] lzlfssn]5fq5fqf]nf0{
kz:t dfqdf cEof; u/fp5g\ / k/lffdf pT]s6 cI
Nofpg ; lfd agfpg5g\
lzlfss 5fq5fqf] lglDt kln;
xfoGg\c; n ; fyl ; xfo] / ; xofu] ldq xg\
ljBfylcf af]df rf; f] /vl ltgnf0{cf8e/f]f lbg' /fd] lzlfssf]
uof x] .
nidl bxfn, ljelt k]f lgs]g, skg, sf7df8f

cfj/of dt-cledt

:shnf0{ ; j {j 7fg} pQd

cf'gf]lj ifodf /fd] 1fg ePsf] lj Bfyl{ / ; xsdL{ ; / ; plrt Joj xf/ ug] sfd f; wPp] ; flxt, k7gkf7gdf bQlrQ, cfdlj Zj f; l, lgmj fy {efj gfn] sfd ug] :shdf lgoldt pkl:yt xg] cf'gf] sdfs] :jdNofg ug{ ; Sg] lfdtf ePsf; g} /fd] lzlfS xg\.

/fd] lzlfSn] cf'gf] st{fo a%sf] xG5 / To; nf0{ k'f ug{pm ; wPtk/ /xG5 . /fd] lzlfSn] k7gkf7gdf0{ vln k}f sdfpg] ; fwsf] ; kdf lnbog\ . /fd] lzlfSn] gofFgofFcWofkg lj lwx; kofu u/l k'fj sf/l lzlfOf ub5g\ . pglx; lj Bfyl{f0{ Odffbf/, bzeOm / kl/>dl. aGg] kf7 l; sfp5g\ . cf'gf] sd{f; ; D%] lbnf]ofgn] st{fo lgjfk ug] lzlfS /fd] xg\.

dg/fhf /fhf]fWbo

kj{ pklgbzs, z]fs hgziOm lj sf; s]b]

wdkfg=dWbkfg gug] dgk5{

/fd] lzlfss] lbdudf Pp6} s/f 3ld/xG5- d lj Bfyl{f0{ s] lbg ; S5' . lj ifoj :tdf bVvn lj Bfyl{f] ?lr- lfdtf cg; f/ gofFklj lwsf] kofu u/l ; hgzn lzlfOf ug{ ; Sg] lzlfS g} /fd] lzlfS xg\ . sg] ahf zf/l/s ; hfo lbg] / lj ifoj :t' Pst] / fpg] lzlfSnf0{ . /fd] lzlfS dfg] rng lyof] . t/, clxn] afna]nsf] dgf]fj g a%] lzlfOf ug] /fd] lzlfS] sf] bdf /Vg] ul/G5 .

/fd] dfg] lo ; DaGw sfod ug{ ; Sg] k]tts/of snf /fd] ePsf] ; xgzln, lj Bfyl{f0{ ; f]k5 u/l k9fpg] / ; ahf0{ ; dfg Joj xf/ ug] lzlfS /fd] dfgG5g\.

tflndk]t sdhf] lj Bfyl{f0{ c]tl/Qm ; xofu ug] ; xl pbfx/of lbP/ k9fpg] clg cgzf; g / lgod kfgstf{ h:tf lj z]tf ePsf dWokfg, wdkfg c]fb gug] lzlfS /fd] xg\.

df]gk] fb dg]fnl

k-rsGof d]fj, j]fN6^a-%, sfe]

; hfo lbg; .sn^su

e'tk] {lj Bfyl{/ clxn]sf] cleefj ss] gftfn] d]f] b]l6df c]krf]l/s ; kdf k7gkf7g cf/De xgcl3 :shsf ; du] lgodx; 5fq5fqfnf0{ a%]pg] lzlfS /fd] xg\ . t/ o]tn] dfq /fd] lzlfS sxlng ; lsb] .

lzlfS cf'gf] sfdk]t cgzf; t / lhDd]f/ xgk5{ . lsf]a ; a} lzlfSn] k9fpg5g\ . t/ lsf]a k9fpg' dfq lzlfss] lhDd]f/l x]og . lj Bfyl{f] rfxgfcg; f/ k9fpg; lj Bfyl{f0{ :k]6 ; kdf a%]pg ; Sg' lzlfss] lhDd]f/l xf] . c]k]h] k9fPsf] lj ifodf pQlOf{xgk5{ eGd]f lj Bfyl{f0{ zf/l/s of dfg] ; s oftg lbg] jf k/l]fd fcpg] k]g; l; sf]lbg] sfd ug] ; lzlfss] sn' xg\ . lzlfsh:tf] ul/dfo, dof]t / lhDd]f/lkOf{ k]zfnf0{ k}f sdfpg] e]f] dfq agfpg] lzlfSnf0{ /fd] dfg ; lsb] . sg] klg cleefj sn] cf'gf] afnaRrf sl6of] \kl6of] \eg] :sh k7Psf x]og\ . lzlfss] sfd lj Bfyl{f0{ c; n lzlf lbg' v/fa s'faf6 hf]fpg; /fd] sfd ug{ k]t ug] kltef k]k]bg ug{ d2t ug{ xf] . cleefj s v/fa eP Ps kl/jf/ dfq laug ; S5 t/ lzlfS v/fa eP ; of]kl/jf/ laug ; S5 .

; Gz lnda" w/fg-!C, ; g; /l

of]o hgziOm ptkfbg ug] pko]l

lzlfS g/fd] ePaf @-# k:t} laug ; S5 . sd] / of]o hgziOm ptkfbg ug{ /fd] lzlfS r]fxG5 . sg} s'f l; sfp] lj ifoj :tdf ulx/f] 1fg xgk5{ . lzlfSdf k]z' / lj Bfyl{kl't dfof xgk5{ .

k]z'fut uof ePsf] lzlfSn] ; dfh, lj Bfno, lj Bfyl{ ; xsdL{ ; fy} /f]6sf nflu dx]k] kOf{ of]ubfg lb0{ c; n ; dfh l; hgf ug{ ; S5 . jf:tdf To:tf lzlfS g} /fd] lzlfS xg\ . sl]fd k]s-k]s ; :s]t, hf]h]t, e]f]f, c]ly\$ cj:yf, /xg; xg / leGg]leGg] lfdtf ePsf -h:t] ; Gf]af]h]f]d leGgtf ePsf, c]l]oogkl't leGg]lr ePsf lj Bfyl{sf] klxrf]g u/l pglx; sf] dg]f] 1fg a%] lzlfOf ug{ ; Sg] lzlfS /fd] xg; S5 .

gf]h k':sf/ lj h]f / j]lGbgfy 6]f] cf'gf u?sf] lzlfOfsnf lrQ ga%] 3/df :j]l]ofog u/l dxfg] VolQm aGg klj] . clg cd]l/sl k] {/f]6kl't ca]xd ln]gn] cf'gf 5f]fnf0{ lzlfSn] /fd] k9fpg eg] kq]n] .

lzlfS cfwf/et st{fo eg]f] c; n ; lfd, cfdlj Zj f; l / :j]fledfg] gful/s ptkfbg ug{ xf] .

tflnddf l; s]sf s'f sl]sf] fdf lzlfOf ubf{nfu" ug] lzlfS Joj xf] /s ; kdf /fd] dfgG5g\ . bl]gs kf7of]hg agf0{ lgik]f dNof]g / lj Bfyl{ ; df ; dfg Joj xf/ ; dolgi7, st{ok/fof, /fhg]lts v]haf6 cnu /xg] lj ifoj :ts] kOf] 1fg ePsf, c]rf/ ; lxtsf] k]ngf ug] 7hfnf0{ c]b/ ; ; g]fnf0{ dfof ug] lzlfS g} /fd] xg\ .

hf] lzlfS lzlfOf k]zfnf0{ . kf6{6f0dl h]lu/ 7fg5g\ / j]s]l]ks Joj ; fo ckgf0{ lj Bfyl{f0{ cnkq kf5g\ slt] x]fh/ u/l tna ksfp5g\ sl]fd c]n6fn u/l k9fpg5g\ k]l] /tg} lj Bfyl{f0{ . 6a; gl / .s]f]r^u] slf k9g af]l]o kf5g\ / k}f sdfpg] p2]o dfq /V5g\ To:tf lzlfS /fd] x]og\ .

sl]fd uP/ k9-k9 dfq eGg] / c]k]h]f]x]FpkGof; , /fhg]lts lsf]a jf klqs' k9] a:g] clg 306l gn]l]b} sl]faf6 af]xl/g] lzlfS g/fd] dfq x]og\ tl lj Bfyl{f] hljg aaf] ug] JolQm; xg\ .

gj/fh 1jfnl

PdP8, sf7df8f]-lj Zj lj Bfno

/fdjdf kofkt 1fg xgk5{

lj Bfno / lj Bfylk|tsf|bflotj ehj lzlf0f kzf|nf0{Jofkf/7fg\$ 5g\ . d 5fq5fqfnf0{s] lbg ; S5' e6bf klg d pglx;af6 s] lng ; S5' < e6g] efjgfsf] lj sf; ePsf] kf0G5 . kf7dk!tsdf s|b|t eP/ k9fpg] lzlf s g}; a\$ f Kof/f lzlf s xg\ kf7dk!ts, lj ifoj:tsf] pRr 1fg, :ki6, kfej sf/L, tflndk|t lzlf s g} lj Bfyl\$ f lglDt ; j|Qd lzlf s xg\ . lzlf snf0{ ; a} lj Bfyl|] kyk|z\$ df65g\ .

/fdsdf/ /fpt dx|b| df7^a cfbz{axdvl Sofdk; , lj/f6gu/

efif0f 5f6g] .g/fd|f

Pp6f snfsf/n] cf^gf] k|o\$ ult, ; E|t jf cNadnf0{ cf^gf] hljgsf] dx|tj k0f{ cE dfg] kzf; E hf\$ x\$ To; /l g} lzlf sn] klg cf^gf] k|o\$ slf jf lzlf0f sf0f0{ ; wFsnf|ds Pj +hljGt agfpg] kof; df b0 ; |nkt eP/ n|Ugk5{ . ; \$f|Gts zkd f s:tf lzlf s lj Bfyl\$ f cf^fdf /fd| 7xl/65g\ < e6g] s/f 7Dofpg' lgzro g} sl7g lj ifo xf]. g|fn] h:tf] efif0f u/ , ; lfnf0{h:tf] /6P/ , hflu/ dfgl; stf lnP/ , cf^gf] hlj g uhf/f ug| ; f| /fvdf sf| klg /fd| lzlf s ag ; S6g . lzlf ssf] JolQmut lfdtn] lj Bfno, slf sf7f Pj +lj Bfyl\$ f] lqofsnfkd f k|of kfej kf|f] x65 .

/fd| lzlf s 7xl/g lzlf sdf lj Bfyl\$ f] dg lhTg ; Sg] pglx;sf] OR5f, pd| , cj:yf, tx a% lzlf0f sf0{ cuf|8 a9fpg ; Sg] val xgk5{ . lzlf sn] lj Bfyl|f0{ slxNo} klg ufnl ug| . w|fg\ ahfahfd /df0nf ukm r6|snf tyf syf cfb eg| 5fq5fqfnf0{ cfsliff ug| ; Sg] lzlf s g} lj Bfyl\$ f cf^fdf /fd| xg; S5g\ .

xl/eQm ; j|l lgdh pdfj, bdf|l, tgxf

/fd|sf !! ljz|tf

! = blf, tflnd k|t Pj +cfw|gs tl/sfn] sfo{ ; Dkfbg ug{ ; Sg] .

@ = nugzln, kl/>dl, ; Rrf tyf kof|zln .

= zf/l/s / dfgl; s zkn] :j:y, af|s .

\$ = kzf|k|t kl|ta4, :sh / lj Bfylk|t jkn|f/ .

% = w|{ cfzj|fbl / ; sf/f|ds ; f| ePsf] .

^ = v|f| / cg' Gwfgdf cfw|/t eP/ lzlf0f ug| .

& = sfddf lj zj f; ug| kl/0fddvl sf d ug| .

* = :j tg / cgzfl; t eP/ c|nf0{ klg :j tg|tk|f\$ cgz f; gdf a:g k|/t ug| .

(= l; sf0sf] cf|df e6g' g] a%0 ePsf|] /fd|/l a%fpg ; Sg] .

!) = kl/j tgnf0{ cf|d; ft\ ug{ ; Sg] val ePsf] .

!! = lzi6 / ; lxi0f r|/q ePsf] .

;/z zdf{ lzlf s, hl= Ps\$|l, ; gfsf|l, n|ntk/

klxnf] u0f kzf|tsf] lgi7f

c; n lzlf sdf kl|ta4tf, ; dk|, Tofu / ; hg|zntf h:tf u0fx; xg' cfj Zos 5 . /fd| lzlf sn] lj Bfyl\$ f] p6g|tsf lglDt :t/lo lzlf k|f|g ug{ kfej sf/L lzlf0f lj lw, pkoQm lqofsnf, cfj Zos z|f|s ; fdu|, dNof|g, u|sfo{ cleefj s; E lj Bfyl\$ f] k9f0af/|f 5nkm, cGt/lqof / cfj Zos kl|7kf|0f h:tf s/fdf Wofg lbgk5{ . lzlf snf0{ /fd| 7f6g|f] kd|v cfw|/ p; sf] kzf|k|t kl|ta4tf / ; dk|fefj xf] . lj ifoj:tsf] ulx/f] 1fg / lzlf0f sfzn To; kl5 cfp5 .

v8fg6 ltd|N; gf rfdk66f/-#, l; Gwh

nf|f] af\$g] .uf0cf]fnf0

; fdf0 cy|f lj Bfyl|f0{ ; To / ; xl af6f] b|fpg] JolQm lzlf s xf] . lj :t| cy|f r|fxFsg} JolQmf0{ cf|k|f|s jf cg|k|f|s zkd f 1fg, al4, lj z\$ lbP/ p|Hj n eljio lgd|f ug{ ; xof| ug| JolQmf0{ lzlf s dfg65 . olb lzlf sn] lj Bfyl{ E af|g ufx|] 7f65, xFv|h ug{ c|k7d|/f] dfg65 ; fg| u|ntldf lj Bfyl|f0{ ; hfo lb65, a|Hht u5{ clg lj Bfnosf] |/ ; hyf|f| k|f|g] u5{ eg] To] lzlf s lj Bfyl\$ f] cf^fdf sb|k /fd| xg; S6g . olb sg} lzlf sn] lj Bfyl|lr lnE, wd{ wgl, ul/a / hf|g] gh|f|g] cfw|/df e|f|fj u5{ eg] To] lzlf s klg lj Bfyl\$ f cf^fdf /fd| ag ; Dej 5g .

; dodf lj Bfno cfp|g !) - \$ cl3kl5 klg lj Bfyl|f0{

lglz|Ns l; sf0lbg] lj Bfyl|f|y k|f|/j|f|s / ; fdf|hs l/ ; -/fu gk|f|g] lzlf s /fd|f|f ulg65g\ .

lzlf s lj Bfyl\$ f] ; fyl g} xf] . p; sf] ldhf; s8f xg|6g . 5fq5fqsf] cf^fdf lzlf s h6d lbg] cdfafa' e6bf klg Kof/f] xgk5{ . Isgeg] lj Bfyl|f] a9l ; do lj Bfnosf lzlf s; E] latfp6g\ . dl7f] / ; /n efiff af|g] sfnf|k6ldf jf sfkldf n|v|f /fd| c|f|/n] n|v|g] cfk|h] af|f\$ s'f klxnf cfk|h] Jojxf/df pQf|g] c;sf] g\$sn gug| / ; w|fkn|nf] lzlf s lj Bfyl\$ f k6 x65g\ . slf|df n6| af\$| hf|g] t lzlf s g} x|f|gg\ . tl t uf? / afv| r/fpg] uf|fnf xg\ .

ljg|f| ahuf0f e\$|f|f-\$, n|ntk/

/fh|u?sf /fd| sfd

@)\$% ; fndf dñ]afn hgtf pdfj bf^a÷ bñv/laf6 P; Pn; l kf; u/F. kñj txd f d ; fx}sdhf/ lj Bfyl{lyPF. sf/of 3/df .uf08u ug[df65]sfxl lyPg . siff b0df d kñh ePF. sf/of dnf0{.sl nlyg ; d] cfpñyof]. Ps siffdf s; /l psflnPF ; 0%gf 5g . tlg siff d dlZsnn] t]f] >0]ndf kf; ePsf] lyPF. To; jñf tlg siff lhNnf:t/lo xGvof]. siff rf/df kùk15 k9f0 cf'g;nflu xf]eGg]efjgf kñf eof]. To; ñ]k9f0df hit; Sbf] Wofg lbg]kóf; uyF. siff rf/df d c^auñh / uloftdf kñh ePF. b0{lj ifodf kñh xgñf0{lj Bfnon]Ps dlxgfsf]..sflr^au sffsf]Jo; yf uof]/ kgM dñf k/Llf lbg] cj ; / lbof] . .sflr^au siffn] c^auñh, uloft ; wf/ ug[dfñf kf0of]. km:j?k siff rf/df .Jofsù nfu\$]f] lj Bfyl{siff kfFdf Psñ6 bf]f]ePF. sflr^as]f] s/fdtn] d]f] bf0 Clif/fh rñw/lnf0{siff ^ df .Jofsù nfu\$]f] siff & df Psñ6 klxfn xgeof]. .Jofsù k/Llfsf]of]hgf Nofpg]> ð tTsfnlg kñvgnWofks /fh|b|k]fb rñw/lnf0{ hf65 . jf:tjdf Jofs k/Llfsf]of]hgf gNofPsf]eP d cf]t lj Bfyl\$]f] ; kdf dfq} xGyF]s ð kñvgnWofks rñw/lsf c; klg lj z]tf lyP . pxfF siff slxNo} vfnl xg lbgxGvof]. lj ifo gldn] klg k9fpg] pxfF] afql lyof]. To]lj ifo slxNo} gk9fpgñ]k9f0bf lj Bfyl{df c%o pT; stf / ?lr hñbf]x\$. kl5 pxfñ] vfnl siffdf ; fxl sffsf] pTsf6 lj Bfyl{ñ] k9fpg] lgod a; fpggeof]. & siffdf d klxfn] ePF. To; kl5 306l vfnl ePsf] ahf sffsf] klxfn]lj Bfyl{f] gftfn]dñ] k9fpgkVof]. o; /l lj Bfyl{5f}d Psk\$]f/n] lzlfs aGg klx\$]f] lyPF. lj Bfyl{ñf0{ lzlfssf] lhdd]f/l ; lDkg] cf6 / .cf0l8ofl c; s; \$]f]geP/ /fh|b| ; /s} lyof].

clnf] x[6kl6 z/l / /jflkmf] afñln] lj Bfyl{ /fh|b| /; Æ tl; Gv]. pxfF] /jflkmf] afñln] lj Bfnosf] jftfj/of z]f6t agfpg d2t u/\$]f] lyof]. lj Bfnodf cgZf; g sfod lyof]. pxfñ] s; ñf0{sfvf, s; ñf0{kvf slxNo}ugGpg . kZf; g rnfpg]kñvgnWofksdf cfñk0f{ cfjfh xgk5{ hg pxfF] lyof].

cdl/sfdf c^auñh lj ifosf] tflnd lnPk15 /fh|b| ; / c%o vfl/gePsf] lyof]. pxfñ] cdl/sG :j o;]s lzlfs PdL Ps/nf0{ lj Bfnodf lewfpgeof]. o; kl5



aj Bfyl\$]f] gh/ ; w}k9fpg] lzlfsd} s]b|t xgk5{ clg dfq} k9fPsf] /fd/l a]G5 .Æ

siffdf k0f{ ; kn] c^auñh jftfj/ofdf k9f0 xgyfNof]. z?z?df uxfñ] nfu] klg kl5 c^auñh a%0 ; xh xG} uof]. Pdln] ^ / & df c^auñh k9fPfyg\ . kf7of]hgf agfP/ Nofpg]/ sfnfk6ldf 6kñ] 6fF] k9fpg] pgsf] zñln]yf]}; dodf ; a\$]f] dg lhTof]. To; /l kf7of]hgf agfP/ xfd]f] :shdf sb} lzlfnsn] k9fPgg\ . Ps lbg /fh|b| ; /n]c^auñh l; sf0sf]nflu gofFof]hgf Nofpggeof]. pxfñ] eGgeof] æcdl/sG lzlfnsn] k0f{ ; kn] c^auñh k9fPsf ltdlx; n] a%} xf}. d klg ca k/} 306l c^auñh]a]ñ5' . sb}kZg eP ltdlx; n] c^auñh]ug\$]f]. s; ñ]gkñl a]ñg kfg] 5g . afñdf klT jfSo !) k}f hl/jfgf nfluG\$.Æ o:tf] lgod nfu"ePk15 siff cgudg ug]/ hl/jfgf c; Ng]lhdd]f/l dñfy kVof]. d cfkñf klg .kñ0gù lTgdf k/]. t/ o; n] c^auñh l; Sg] cj ; / lbof].

lj ifg lzlfns k\$]fzsd/ rñw/l klg gc8ls0sg ; /f; / k9fpgkVof]. d klxfn] a]rdf a:yF. Ps lbg k9f0/x\$]f]; dodf dnf0{ pxfñ] aflx/ x]f]b]vgeof] / %kfggeof] æsiff aflx/ xG] eP d ltdlnf0{ ; aGbf kl5Nnf] a]rdf a; flnbG5' . lj Bfyl{f] gh/ ; wF k9fpg] lzlfnsd} s]b|t xgk5{ clg dfq} k9fPsf] /fd/l a]G5 .Æ of] 36gk15 dñ] k9f0/x\$]f]; dodf siff aflx/ xG] w]6tf ul/gF. (/ !) siffdf clgjfo{ / P]R5s uloft k9fpg]Zofdafb/ lqkf/l ; /sf]k9f0n]eg]dnf0{slxNo}kGfj kfg{ ; sb} . zfob pxfFu] kñ/ x] k9fpg cfpGvof]. sfnfk6ldf kZg xn gub]k5f/df pQ/ n]lv; SgkVof]. siff !, @ / # df k9fñ kPsf]; hfo d lhGbulel/ eNg ; lSbgF. dñ]sv/f gag\$]f]sb}lbg]xGvof]. sv/f aGg g; Sg]w]}; fylx; n]loltah]k9f05f8]. sv/f agfP} lk7of] %ñf, To; dñfy 0f ylk65} lzlfns kñ rñw/ln] eGgkVof] æof] sññ] slxNo} pGgl ug{ ; Sbg .Æ cfh dñ] :gftsfQ/ k/f ubf{ pxfFcfZrof]st xgk65 . d]f] cgejn] eG5 kf7of]hgf agfP/ siffdf k9fpg] lj Bfyl{f] dgf]f]g a'g] clt/lQm lqmfnsnfk u/fpg] 306l vfnl xg g]bg] ; hfon]dfq}lj Bfyl{ñ]l; Sg ; S5g\ eGg]efjgf To]flg] uof ePsf lzlfns /fd| xG\ . lj Bfyl{ cgZf; t / ; kñ; U3/ ePsf] blyg rfxg] lzlfns cfkñ klg o:tf]u0fn]oQm xgk5{.

s]of/fh rñw/l, bf^a



c; n lzlfS

c; n lj Bfyl{klg xf}

kf ylds lj Bfnoblv lj Zj lj Bfno; Ddsf] cllwog / cllwogkgsf] bxf]gdf dZf] sl/a !% ; oegbf a9L lzlfS; E cGt/JolStut ; ~rf/ / ; Dks{eof}xfjhf . lzlfSsf] ; wf/ / lj sf; sf nflu lj Bfno / ; dbfo; E sf] ; xsfof c; b0{xhf/ lzlfS / kfF xhf/eGbf a9L cleefj s; E cGt/lqmf ul/of] xfjhf . cllwogkgsf] qmddf sl/a kfF xhf/ lj Bfyl{ E e3f6, lj rf/lj dz{/ lzlf0f l; sf0 lqmf snfkdf ; alg ePFxfj . t/ slff ! df k9fpg] ; zlnf ld; , lqdf lj :t/df k9fpg] kflaxfb/ / oj/fh ; / tyf dflwldS txdf gkfnl k9fpg] wdfgCb u? / uloft k9fpg] kwfgllwoks s0f axfb/ a9fyf\$. ; /n] hg 5fk ddf kfgfof] Toj] cthglo 5 . ; zlnf ld; sf] lj Bfyl{f0{ ; E ; k9g l; sfpg] / x/\$ lj Bfyl{sf] 5p df u0{dfob ubf sllfso{/ uksfo{lgoldt xg] afgl cgs/Oflo lyof] . kfl ; / / oj/fh ; /sf] lj Bfyl{ ; E lj leG vj vllb} citl/St lqmf snfkdf kfl l; sfpg] ; lkn] lj Bfyl{f0{ ; wfPtkl/t uYof] . slxNo} s8f ; j/n] gaff] g] ; dod} slffdf kjz ug] / 306l ahk15 dfq slff 5f8g] tyf kf7dlj ifonf0{ b]gs hljg; E tfndh u/fpg] pxfk; sf] snf la; G} ; lSbgF . :jefjdf s8f eP klg lj leG zlfS ; fdulsf] koflv u/l x/\$ lj Bfyl{f0{lx; fa u/fpg] / ; ah] ghfg] Dd kf7 cuf8 ga9fpg] s0f axfb/ ; /sf] dxgt / ; xgzlntf dh] klg lzlfS agbf kfrngdf NofPsf] lyPF .

sn]hdf k9bf xofBsf ofbj -zdf{ ; / / z[/ b] Sofdk; sf / dz kf08] ; / bj } nYf] loj ; yfkg k9fpgxGyof] . sn]h lgoldt xg' / k'f ; do k9fpg' ga%sf] s/f hlxn] ; flbf klg l; sfpg tof/ / xg' pxfk; sf] wd{ g} lyof] . slt k' Sofdk; df uofz u?^a ; / klg clj :d/Oflo xgX65 h; n] ; dfhzf:qsf] k9f0nf0{Jofj xfl/s / sfdofj l agfpg tyf ul/x\$sf] ; fdllhs sfonf0{ ; dfhzf:qsf] cfEfaf6 xg] bll6s0f lbgfof] . sf7df8f] j Zj lj Bfnosf ; a} ; / x; /df] g/fdf] bj } lx; fj n] ; D%gnfos xgX65 . t/ klg dg j fln] ; /sf] k6 lj Zn] of / ; xh kxF, 6l zdf{ ; /sf] Joj xf/sf] s; ldf 3f8g] rng / dxz k/fhhlsf] cllwogzlnf / ; do kl/kfngfaf6 d kflj t ePsf] 5' .

DoflS; h] lj Zj el/ lzlfSsf] uof: t/ ; wf/sf lj snksf]

vf]hlsf nflu u/\$f] cllwogn] lj Zj sf pTs[6 !! bZsf] lzlfdf ePsf] pknlAw lzlfdf nuflg a9fP/ , slfssf] fdf yf] ; lj Bfyl{ /fv} , zlfS jftfj /Of / ; fdulsf] kagw u/ , ; dbfonf0{lj Bfno ; ~rfngsf] :j tGqf / :j foQt l b0{dflns agfP/ dfq ge0{lzlfssf] lfdtf, uof: t/ / klta4tdf Wofg lbP/ ePsf] lgisif{ lgsfn\$sf] lyof] . gkfnf lzlfSsf] uof: t/ ; wf/sf nflu lzlfS cuf8 gnful ; Dej 5g . lzlfS lj Bfyl{sf] dfq ge0{ ; dfh ; kft/Ofsf] klg cuj f xf] . ut jif{ dfq ; fj h]gs ePsf] DoflS; \$f] cllwog klj dg / dZf] hljgsf] eflf0 / cgejdf ; fbZ0 5 .

Ppof lj Bfyl{ lzlfS / lzlf If] qdf lqmfzln JolSts f lx; fan] dh] hljgdf cgeIt u/\$f] lj Bfyl{ lzlfS / cleefj s; E sf] p7a; , cGt/lqmf tyf dfly plNnlvt /df] lzlfSx; sf] ; dliout u0fnf0{lj Zn] of / Psls f ubf{Ps c; n lzlfSdf bxfoadfl] ndsf lj Zj] f xgkb5 eGg] 7fG65M

!_ /df] lzlfS cf^gf] lj ifoj :tsf] pZ0, nlo, ckllft pknlAw / klqmf sf af/dh lh1f; ' xG5g\ . cf^gf lj ifodf lg/Gt/ cllwog / cg' Gwfg u5g\ . lj ifo; E ; DalGwt / ; Gbe{fdulx; sf] af/dh lj Bfyl{f0{kl/lrt u/f0lb65g\ . k9f-k9fPsf] s/f sf] koflv sx/f/ s; / e0/x\$sf] 5 . o; lj ifosf] koflv lj Bfyl{sf] JolStut / ; fdllhs hljgdf s; / l xG5 jf ugk5{ cflb lj ifodf k6 xG5g\ .

@_ lzlfSn] sg} lj Bfno jf slfssf] fdf hfgcl3 To; ufpE] kl/jz , /xg; xg; ; s[t, efiif, eif] , fdllhs tyf cfly\$ cj :yf cflbsf] af/dh ; df] go hfgsf/ /Vg' clgj fo{5 . cfknh] k9fpg] lj ifoj :tsf citl/St cf^gf lj Bfyl{/ ; dfhsf] af/dh klg lzlfSn] hfgsf/ /Vgk5{ . cf^gf] slffdf slt lj Bfyl{ 5g\ . s8f / s8l slt 5g\ . sg sg pdZsf 5g\ . k9f0: t/ s: tf] 5 . kfl/jfl/s jftfj /Of / cj :yf s: tf] 5 . /df] / sd; n lj Bfyl{sf] sf] xg\ . pglx; sf] km's lfdtf / ?lr s] 5 . lj Bfyl{sf] cf] t pkl: ylt s: tf] /x\$. slfssf] faflx/ lj Bfnodf / ; dbfodf lj Bfyl{ s] s] u5g\ . s: tf] afglJoj x/ / 5 cflb .



c; n lzlf s Pp6f c; n afnaflnsf / ljBfyl{klg xf}. ctM c; n lzlf s cfkkgf afnaflnsfnf0{; do, ; lk, ; f; fwg, ; DaGw, ; ~rf/, >d, ; xdl t / ; xsfo\$] cy{ dxlj, cfhg, pkoft / pknlAwsf] cgelt / cfof; sf] s; ldf v/f] ptf{; km xG5 .

^ ljBfyl\$]; /n kxF / pglx; sf] lzlf of lqmf snfkdf ; lqno ; xeflutfn] l; sf0sf] :t/ / pknlAw l56f] / lbuf] agfp5 . afndq / afns] bbt lzlf of l; sf0 lj lw, klj lw / cfhf/sf] dflwbn] lj Bfyl\$] l; sf0sf] ltvf{ dfq a9fp5 ltvf{ d8f0 ; Gtl6 lng klg l; sfp5 . lj Bfyl\$] f0{1fg tyf r]gf dfq xf0g ; lk, cjwf/off / kj] Qdf ; kft/of ug{ Pp6f lj Bfyl\$] ; dli6ut lj sf; df Wofg lbgk5{. x/\$ lj Bfyl{; dfq xg\ t/ x/\$sf] km's lfdtf / lj z]tf 5 . x/\$ lj Bfyl\$] nflu lzlf s; Gsf] kxF ; /n, ; xh / kefj sf/l xg' clj fo{ 5 . ctI/St lqmf snfkdf dfq xf0g slffsf] fleqsf] l; sf0, cgzf; g, pknlAw dfkg / cGt/j] Sts ; ~rf/df ; d] afnaflnsf sf] ; xeflutfnf0{ pRr dxlj lbPd f l; sf0 lbuf] :yfol / sfdofjl xG5 .

& lzlf s lj Bfyl{hljgsf] gfos dfq xf0g ; j] jf{klg xf]. kl/jf/sf ; b:oeGbf a9L ; do pm lj Bfno / lzlf s; G xG5 . p; sf] afh]l, jrg, ; sf/fl ds ; f; Jojxf/ ; Et, /xg; xg, njf0vjf0 afnaflnsf sf nflu cg5/0fo xG5 . pm lzlf s ctI/St lj Bfyl\$] nflu cleefj s xf]. >f]f xf]. gfos xf]. Gofofwlz xf]. kx/l xf]. ; fyl xf]. kyk6z\$ xf]. sf] tyf cgludgstf{ xf]. dgflj dz\$tf{ xf]. ; Af s xf]. t; y{ lzlf sn] lj Bfyl\$] l; sf0 / elj io lgdf0sf nflu lghsf] cleefj s; G lg/Gt/ ; Dks{ ; jfb / ; xsfo{u/l ofhg] thdf tyf sf0f] og ubf{/fd] xG5 .

#_ kf7dqnd s] xf] <of] lsg rlfxf] <o; n] s] vfh\$] 5 <kf7dqnd, lj Bfyl{/ lzlf s sf]; DaGw tyf eldsdf k]6tf c; n lzlf sdf xbf] x\$. slff tyf ljifosf] kf7dqndnf0{ blgs kf7ofhgdf 9flng] ; lk tyf snf / ; f]l cg; ksf] lzlf of l; sf0 lqmf snfk lgwf{Of / ; ~rfng ug] afgl . kf7dk!ts / ; Gbe{fdulsf] kofu tyf tfndh klg dxlj kof{ xG5 .

\$_ c; n lzlf s eG]alOs} rssf] kofu a9L / sd .6sl dxlj kof{ 5 . slffsf] fdf kofu ul/g] snf] jf ; jf] kf6lsf] /vf0, To; sf] kofu, nvg] clf/ -cfsf/ / zhl, cGo :yfglo z]lf s ; fdulsf] kofu / lj Bfyl\$] tl ; fduldf kxFn] pglx; sf] l; sf0 / a%0df ; lwf ; DaGw /Avb5 . z]lf s ; fdulsf] htg / cBfj lwsls/of tyf snf] kf6lsf] ; /; km0n] klg lzlf s sf] uof atfp5 .

%_ kf7ofhg / kf7dk!tssf] tfndh tyf kofu ; vdlgsf] lj Bfnodf klg ct pkoft / kefj sf/l xG5 . kf7ofhgfn] lzlf snf0{Jojl:yt / kj] fof/l dfq] ubg kf7dqnd, ljifout lzlf s lgb]zsf / lj Bfyl\$] kl/jz; G hf\$] sfd ub5 . o; n] kf7dk!tssf] kofu lj Bfyl\$] sx]f slxn] / s; /l ug] tl/sf l; sfp5 . l; sf0 lqmf snfk / l; sf0 pknlAwsf] dfkg ug{ / lzlf s sf] ; jdnof] g ug{ klg ; /n u/fp5 . o; n] slffsf] sf] ; dosf] plrt kofu u/fp5 . kf7dk!tstagf klg z]lf s lqmf snfk u/fpg / pknlAw xfl; n ug] u/fpg ; 3fp5 .

t; y{d]f] lj rf/df c; n lzlf s Pp6f c; n afnaflnsf / lj Bfyl{klg xf]. p; n] Pp6f aRrfn] h:tf] afl]5, v]5, lj rf/ u5{ l; S5, sfd u5{ kl]lqmf JoSt u5{ cgej u5{ c; n lzlf s ; fRr}cf^gf] aflnosfn / lj Bfyl{ cj:yfd] km\$5 . / ; f]l cg; k lj Bfyl{ G 3hldn, aftlrt, Jojxf/ / ; xsfo{ u5{ . ctM c; n lzlf s cf^gf afnaflnsfnf0{ ; do, ; lk, ; f; fwg, ; DaGw, ; ~rf/, >d, ; xdl t / ; xsfo\$] cy{ dxlj, cfhg, pkoft / pknlAwsf] cgelt / cfof; sf] s; ldf v/f] ptf{; km xG5 .

IrGtg

lhoff HofS ?; ; f]



afnfkg / lz lfs

afnaflnsfnf0{ ; hfo ug{f, lsggeg] pglx;n] hfgfhfg uMtl u/ \$f xbgg\ . pglx;nf0{dfkth dufpg' klg xbg lsggeg] la/fd ug{ l tgn] hfg\$} xbgg\ . pglx;sf sfd ljj\$xlg xfhfg\t/ pglx; cg]ts sfd slxlb} ubgg\ .

af | naflnsf; affg ; Sg]ePkI5 sd ?g yfN5g\ . cfFsf]eiffsf]7fpFafhlsf]efiffn]Ing yfN5 . j]gGf Hofb}tla|eP/ zAbdf k\$6 ug{g; lsg]eof]eg] dfq pglx; ?G5g\ . gfglx; n8] eg] jf pglx;nf0{ ; fgl]tgf]rfk6s nlf]of]eg]klg xfdl cQlnG5fF. a8f] lrlGtt eP/, dfof b\yfpB}p; nfo{ knlofpgkl\$ nlfU5fF. xfdl] To:tf] Jojxf/af6 p; n] cfkthfo{ g/fdf] E rfo nfu\$] /x\$ eG] 7fG5 . t/ ; fdfGo 36gdf s\l jf:tf ul/Pg eg]pm cfkthrk nlfU5 . 3fp bVg 5f8kl5 p; n]cf'gf]3fp lgsf]ePsf]7fG5 . kl8f ; xg' cToGt nfebfos lz lff xf] .

aRrfx; hg s/f cfkth; Sg ; S5g\Tof]s/f pglx;nf0{ cfkth; Sg lbgk5{ . pglx;nf0{ agb sf7fdf /fVgG6f vhf rfo]df 5f]Bg' a] xG5 . To;f] ubf{bug{ n8g / p7g %g\l56f] l; S5g\ . :j tGqtf]sf] cfgG6df clncln

sfl]Psf] bkl]ofPsf]jf rfo nfu\$]s/f lal; (G5g\ . ; fgl]tgf] rfo k6s nlf]of klg pglx; xflv;l /xG5g\ . t/ :j tGqtf]xlG afnaflnsf ljjz, lj/Qm / k]oM ljkm xG5g\ . afnaflnsf] an hlthlt a9b} hfg5 cfFsf] cfjZostf pltp]t sd xB}hfg5 . pglx; w}]s/f cfkth ug{ ; Sg] / c;sf] d2t sd rfxg]xG5g\ . ansf ; fy] al4sf] klg pkof] ug{yfN5g\ . aRrfnf0{cf]dr]gf xg] ahf oxl xf] .

lzlffn]afnaflnsfnf0{clglZrt eljiosf]; vsf]nfo b\yfp/ pglx;sf]j tdfgsf]; v / :j tGqtf v]gkbg . pglx;nf0{xfFf] v;l, cfgG6 / v]hdf /dfpg lbgkb5 . z;z]j:yf rfb]lat} hfg5 . To] kn\ kns] cfpbg . To; p]To]pd]nf0{blMn]el/lbgkbg . hlj hftdf dglosf] :yfg ; j]Rr 5 . dglosf] hljgdf z;z]j:yfsf] :yfg klg Hofb} dx]k]k0f{ 5 . dflg; nf0{ dflg; h:t} Jojxf/ ug]k5{ . x/\$ JolQmnf0{ pkoQm :yfg lbgk5{ . db / d]x]nf0{ jzdf /fVgk5{ . sb} klg JolQnsf] sNof0sf nflu xfdln]ug{ ; Sg]olQ xf] . afbl s/f To:tf]z]Qndf lge{ ub5, hf] xfdl] lgoGq0fdf xbg .

lzlffn]afnaflnsf s]rfxG5g\Tof]lbg]xfoG, pglx;nf0{ s]rflxG5 Tof]lbgkb5 . k\$[tn]cf'g]tl/sfn]lzzsf] lj sf; ul//x\$] xG5 . h:tf] pglx;n] b]Bg vfh]sf ahf rkrk a:g nufpgkbg . pglx;nf0{dg nfuGh; Dd s/fpg, b]Bg / pkn] lbgkb5 . o:tf ; a} ult]lw pglx;sf]z/l/sf]an j]4sf lglDQ k]0ff xg\ . aRrdf sg]s/f /fP/ kfG5 eG]efj gfsf]lj sf; xg}lbgkbg / pglx;nf0{ ; fRrs}cfjZos k/\$]s/f 5 eg]Tof] rflxft?Gt lbgk5{ . w}]gfoGf:tl ug]kbg . t/ p; nfo{ cfjZos gePsf]s/f lbgkbg / Psrfl6 0Gsf/ u/lk15 kn\ dg abNgkbg . o;f]ug]afgl gePkI5 pglx;nf0{ hfoh dfu ug]afgl a:5 .

k\$[tn]k0f{ dflg; xG6G6f cl3 ; ahf0{afns g} /fVb5 . xfdln]of] qndnf0{pN6b]pg v]fofFeg] xfdln] j]4 afns kfg\$F. afnaflnsf]xg]lj rf/ ug]yxf kfg]cf'g]tl/sf xG5 . To]tl/sf abNg v]fg' ; aG6f 7hf]dVof]Fxf] . bz jif\$]aRrdf kl/kSj lj rf/ cfcf]\



eGg] rfxg' pm Psk6s kfF lkn6 cUnf] xfcf] \eGg] rfxg' h:t} xf].

afnaflnsfnf0{3fSg]kf7 lbgx6g . p; nf0{cgejaf/f kf[kt xg] lzlf dfq lbgkb5 . pglx;nf0{; hfo ug[6g] lsgeg] pglx;n] hfgfhfg uNtl u/3f x6g\ . pglx;nf0{ dfkm duifpg' klg x6g] lsgeg] la/fd ug{ltgn] hfg3} x6g\ . pglx;sf sfd ljj3xlg xfhfg\ t/ pglx; cgl3s sfd slxNo} ub6g\.

olb afnaflnsf] hGdF} tsZlOm lnP/ cfpG] ePsf eP, xfnsf] lzlf pglx;sf nflu ; xfp6f] xg] lyof]. t/ kf3[ts al4nf0{cs3sl; dsf] tflnd h?/t k5{. dfgl; s zlOmsf] ljsf; gx6h3; Dd dgnf0{ zfcT 5fl8lbgk5{. cff7 b]g]gx6h3; s; 3; klg ksfz b]g; Sbg . To; sf/Of z3zj; yfsf] lzlf s] n lgifwTds xgkb5 . of] wd{/ ; To l; sfpG] pd7 xf0g, dgnf0{ eh ug] efjgf / kfka6 arf0/fvg] dfq xf]. afx] jif{Dd aRrfnf0{cg; /Of ug{ ; Sg] ; an / ; j:y agfP dfq kU5 . lzlf sf] kf/De To; k15 u/] x65 . aRrfnf0{lj afgvdfg; agfpg vflg] xfnsf] rng pN6f0lbgk5{. dfg; x; aRrfnf0{ lj afgvdfg rfx65g\ . To; lglDt aRrfnf0{; fglv xksfpg, bksfpg, ; wfg{ t; fpg, kmNofpg yfl5g\ . t/ pglx; o:tf s/fdf xtf/ ul/of] eGg] s/f slxNo} ljr/ ub6g\.

ljj3l agf7 jfb]ljfb gu/f7. hg s/f aRrfnf0{ lgsf] nflu6g, To; s/fdf p; nf0{d-h/ u/fpg] kof; gu/f7. p; sf] dgnf0{oyfzSo lglqno /Vgk5{. pglx;sf] afnfkgdf lyrfl]drf] ug[6g . afnaflnsfnf0{ k3[tcg; f/sf] lzlf lbgk5{. lzlf ; wF kofwTds xgkb5, zAbdf dfq cfwl/t xf0g . cfkmh] eg3f] / ; g3f] s/f aRrfx; rFB} la; 65g\ . t/ hg sfd pglx;n] u/] jf glhsaf6 x77 l; s3f x65g\ pglx;n] Tof] slxNo} klg la; 6g\.

of] s/f :ki6 kfg{eufhsf] pbfX/Of lnP . gS; f b]fP/ lzlf sn] lj Bfylf0{ ; #/ s:tf] 5 eGg] af/df l; sfpF eGg] 7fb5 . t/ Tof] k9f0df lj Bfylf] dfglrq xg] dfq l; s3f] x65 . k9f0Psf dhS, zx/ / gblsf gdfs] cl:tj p; sf nflu lsfadf afx3 c6t sxlFklg x6g .

dh] Pp6f eufhsf] k'ts k93f] lyPFh; df eufh eg3f] sf8af3af/f lglDf ufhf] j:t' elgPsf] lyof]. bz jif6Gbf sd pd7sf] aRrfnf0{b0{ jif{Dd eufh l; sfp/ p; nf0{ cfkmh] k93f] lgodsf cfwf/df Pp6f zx/blv csf] zx/; Dd hfpm elgof] eg] d 73f] f u/] eGg ; S5; Ps hgf klg ToxfKlg ; Sbg . To; w/l Oltxf; 36gxf; sf] ; aWx dfq xf]. afnaflnsf; n] o:tf] s/f a'g ; S5g\ eGg] ; f7] pglx;nf0{Oltxf; k9fpg' xf:of:kb s/f xf].

afnaflnsf] cf'gf] dgdf w}] s/f /Vg ; S5g\ eGgsf] cy{pglx;n] /fhx; sf gfd, ; fn, ldlt, pglx;sf j zjfnl, eufh / dfglrqnf0{lbdudf /Vg ; S5g\ eg3f] xf0g . hg s/f j t' dfgsf nflu sfd nflu6g\ tl s/f eljosf lglDt klg pkoFlul x6g\ . To:tf s/f l; sfpGsf] sg}

cy{5g . jf:tjdf lxhf6fh k'tsx; aRrfx; sf nflu blM/sf ; f7 ag3f 5g\ . lzlf sx; cfbz hf/l ub5g\ . pglx; cfkmh] 0{dflns 7f65g\ . t/ jf:tj; s dflns t afnaflnsf xg\ . lzlf sn] afnaflnsf sf ljr/ a'g6Gbf l56f] afnaflnsf] lzlf sf ljr/ a' b5g\ .

aRrfx;nf0{pglx;sf dl:tisnf0{lglqno gtNof0sg plrt zf/l/s cEof; df ; nllg u/fpgkb5 . aRrfx; ; lqno /xg] xgfn] pglx;nf0{kz:t lgb]sf] h?/t kb5 . /ft eg3f] cf/fd ug3f nflu k3[tn] 56dfPsf] ; do xf]. ; of{t ePk15 dl7f] / ulx/f] lgb] nflu5 . of] k3[tsf] lgod xf]. lj zif] cfj Zostf k'of] eg] dfq of] lgod eE ugkb5 . cftl/s k70ffaf6 dfg; df ljleGg k3f/sf zlOm hfuf x65g\ . zf/l/s kmT6] zf/l/s ljsf; vflb5 . To; k15 dfgl; s kmT{ cfp5 / To; n] 1fg vflb5 . afnaflnsf klxn] r~rn x65g\ To; k15 pT; S x65g\ . of] pT; stf hfuf /fd\ ePsf] 5 eg] of] To; n] pd7cg; f/sf] ljsf; nf0{klg d2t u5{.

lj Bfylx;nf0{k3[tn / j:t;x;sf] kf3[ts ; j; knf0{ ljr/k'3 xg] l; sfof] eg] pglx;df rFB} g} pT; stf hfuf cfp5 . t/ pT; stf ; 6t16 u/fpg xtf/ ug[6g . pglx;sf cufl8 ; d:of /Vgk5{. To; sf] dwwf pglx; cfkmh] u;g\ . z?d} pglx;nf0{l] 1fg l; sfpG6g . cfkmh] 0{rf; f] nfu3f] s/f pm cfkmh] kOf nufpg] kof; u/f] \ . ts3f] 7fp6f x3d rnf0of] eg] p; n] ts{ug{ 5f85 . pm c; dfg; sf ljr/ sf] vhf6f aG5 .

lzlf n] afnaflnsf s] rfx65g\ Tof] lbg] xf0g, pglx;nf0{ s] rfx65 Tof] lbgkb5 . k3[tn] cf'g} tl/sfn] lzz3f] ljsf; ul//x3f] x65 .

aRrfn] a'g g; Sg] s/f p; nf0{slxNo} klg eGg6g . sg] vf; j:t' b]fpg ; Dej 5 eg] To; sf] gdf b]fpgx6g . To; f] u'of] eg] aRrf] wofg gdf]lt/ nflu5 . p; n] ; Ssnl s/f la; 65 .

eufhsf] k9f0 p; sf] uifPsf] 3/ / p; sf] zx/af6 z? xgk5{. To; k15 Itglx;sf alrsf 7fpFltglx;sf glhssf gbl, To; k15 ; 03f] ; k, cfsf/, 5lj cflb / o; sf d2tn] cf'gf] af6f] yxf kfpG] lj ifosf af/df k9fpgk5{. p; n] cf'g} dfglrq agcf] \ . klxn] Psb0{7fpFdfq /fv} ; fw/Of dfglrq agcf] \ . Itglx;sf] b/l yxf kfpG] ePk15

c; s/fx; ykg ; S5 . p; n] cf'gf uNtl cfkmh] Rofcf] \ . hg aRrfn] slxNo} eh ub6g, p; n] sg} klg s/f k'f l; Sbg . p; nf0{7fpF] 7s/7s 1fg rfxPsf] xf0g, Tof] 1fg xfl; n ug] tl/sf rfxPsf] xf].

pd7 kl3f dfg; n] w7] s/f hfGkb5, hg aRrf] nflu lg/y3 x65 . dfg; n] hfGkg] ; a} s/f aRrfn] l; Sg ; S5 eGg] 5g . hg s/f aRrf] nflu pkoFlul x65, Tof] s/f aRrfnf0{l; sfpG] kof] ugkb5 . p; nf0{ j t' dfgsf cfj Zostf k'f ug] s/f l; sfpGk5{. sg} klg aRrfnf0{pd7 cfj} sg} s/f l; sfpG' c; Dej s/f xf]. lsgeg] afnaflnsf cgej / pdE g; Rrf u? xg\ .

kl; 4 kl'r biz6s ?; ; 3f] ; g\!&* df k3f]zt sft Pldn af6 .

k'tlTm u? d6fnl

Toltahfsf] df:6/L Ū

Lj | ; ≠ @) !# It/ d 6d';g k9fpf].
 t/ 6d';g k9fpg 3/-3/ 8NgkYof].
 Ps-ij Bfyl{ k9fPsf] ?=!) dfq lbGy]. ; d'xd
 k9fpf t tl; -rfnl; ?kðfFkfpf klg . t/
 sxlxlFt PSnf] k9fPsf] dlxgf lbgkl5 ?=!)
 dfq l6k] lx8gkYof]. lgs}; :tf] lyof]. ?=!)
 n] klg cfly\$ la; Grf] x6fpgdf /fd] ; xfof
 k'ofPsf] xGyof]. lzlfssf] dof] kf7zfnfdf
 ; fdlxs lzlf lbff hlt sfod /xG5 Tolt 6d';g
 k9fpf /x8g . áf/áf/ wP/ k9f0lx8g] lzlf s
 t %g\lg/lx x8f]x\$ / sxl ckdflgt klg .

áf/áf/ wP/ k9f0lx8g] lzlf s t %g\lg/lx
 x8f]x\$. e'of^a r9] d6fgdf klbfkgk}sf]fdf
 s/fPsf] ; lgYof] . P df:6/rf jn Ū lzlfssf]
 :jfutdf of] ckdfighgs pb3f]of ; g] klg
 g; gh:t} u/] a:gkYof].

e'of^a r9] d6fgdf klbfkgk}sf]fdf s/fPsf]
 ; lgYof] . P df:6/rf jn Ū lzlfssf] :jfutdf
 of] ckdfighgs pb3f]of ; g] klg g; gh:t}
 u/] a:gkYof]. To; df klg slxn\$xlFt ; Bf/df
 v\$fi 6\$g klbfkgk} dfly ofnaf6 lj Bfyl\$
 cleefj s s/fPsf] :df:6/; fa Ūcfh p; sf]hGdlbg
 /]k9f0gFe65 . Æ df:6/ nf] ; sf]g nfp/ krls(5
 / dgdg}e65- .hGd\$]w] ; lbg e0; Sof] xfhf
 t/ klg cfh)laxfg hGdh:t}e65g\ . lxx}eg\$]f
 eP :jf]f]F/ ^offofFub]lsg cf0/xGyF
 ol ; a;}lj ; Èlt / ckdfgaf]n]lkln; P/ o; /l
 3/-3/ lzlfbbg ub]lx8g] sdáf6 lj /lOm xg
 yf]of]. t/ klg efl]nsf] ; b]ob]v of] sfddf
 ghfg] egl r6Ss 5f8g klg ; Stgy]. To]f
 ckdfigebf 3/df rhf]gaf]ngfn]hg Ūnfg xGyof].
 To; sf] t]h stfstf a9l lyof]. To; avt
 sf7df8f] l6Sg ; Sg' u8u8fP/ cf]f]nf] nflu
 v]hfsf] xTofpg] ehdf v\$fi uf8] cl8u e0
 pleg] kðf; h:t} lyof]. ràs] 6d';g lzlf0fsf]
 clt cNk cfon] slxn\$xlF]rlnt kfl/lbGyof]
 / dgdg}eGyF .hfp] krls] j]l/uGh . t/f0\$]f

la?jf kxf8l df6f]f h/f]uf8g s] ; SYof] <ptf
 sd; \$d kð eg{ t xDd] xg] lyPg Ū
 o:t} g]fZosf] snfn] 38ldf Ps lbg
 s[0frGbl; * k'wfgn] dl; t ; f]w] æsgof dlGb/df
 Pp6f lzlfssf]7fpFvfnl 5, vfg]Æ dh]t]sfn
 :jls[t lbPFfsgls 6d';gsf] sDelkfsaf6 sxl
 u/l plDsg kfp xfo; -rf] xg]lyof] egl dgdg}
 v]hfo/fv\$]f] lyPF.

sGof dlGb/sf]tna Hofb}sd lyof]. 6d';gsf]
 cfwfht klg kl] kl] xGyof] t/ klg ; Gt]f]
 lyof]. d ; yfut k'zdfdf nfu\$]f] lyPF.

To; avt d]f] kl/jf/ 8ud]lxnsf] 0xj/
 dfGw/sf]3/df a; f]f; uYof]. dlxgfsf]PSsf0;
 ?kðfF3/axfn lyof] t/ To]f klg k'of\$ dlxgf
 ?h' eP/ Itg{ ; Sg] lfdtf lyPg .

sðlx;sf] :sh sGof dlGb/ Gof]fdf lyof].
 sðlx; æ; / Ūlk; fa k]w] {hfp] Æ egl slfdf
 ; f]y]. dnf0{ ; Gbf s:t]f]s:t]f] ck7df/f] h:t]
 nfluYof]. Ps lbg dh] slfdf sðlx;nf0{ Ps
 ldgðsf nflu Ps cf]f] / b0{ldgðsf nflu b0{
 cf]f] b]v]P/ n3' / bl3x]fsf nflu z]f]fno
 hf]g] ; f] l; sf0lbPF. o; /l sGof dlGb/df Ps
 j]f]hlt dh] lzlfssf] sf]d u/F. ul0fafx\$ d
 ; ah; f] lj ifodf c'wofkg uyF. k'wfg]wofks
 s]f]f]gfy Gof]kfg]58\$]lsl; daf6 k6sk6s d]f]
 lzlf0faf/ a'g] uy]. t/ daf6 pgnf0{ lg/fz
 xgk/ . 5fqfx; n] dh] k9fPsf]df k0f{ ; Gt]f]
 k\$6 u/].

o; ðlr Ps lbg sf]zl of]hg sf]of]oaf6
 Pp6f lj 1fkg lg:Sof]. Toxf]Ps cgjfbssf]
 cfjZostf /x\$. dh]klg lgj]g]sf]Pp6f %6f/f]
 xfg]. w]}df]g; x;n] To; kbsf nflu lgj]g
 lbPsf x8f] xg\ . t/ hf]Fsf nflu ; ft-cf7
 hgfnf0{dfq khl{ k7f0of] h; df d klg lyPF.
 hf]F lnlt lyof]. w]}lbg; Dd k/l]fdf a:g]
 ls ga:g]eG]lg0f ug{ ; ls/x\$]f]ly0gF. hf]Fdf
 a:g] ; a}alP kf; lyP . d]f]eg]cf0P; Ddsf]
 dfq of]otf ePsf]h]To]f]kb kfpg ; lsnf eG]
 s/} lyPg .

To; ahf ef? Ps ; osf] Ps ; o c; l

gkfnl ?kðf[5f] ; 6xl b/ lyof]. cgj fbs kbsf] tna ef? b0{ ; o ?kðfFiyof]To; dflly sf7df8f] hf8f]7fpFePsf]l]lxp[5df ^ dlxgf; Dd .hnfj gũ eQf dlxgfsf] rfnl; ?kðfFef? lyof]. o; /l tna / lxp[5]eQf u/l %08}rf/ ; oht tna klbg hfgVof]. To; aihfsf ; x; lrjn]vfg]dfl; s tnasf] /sd lyof] of].

; fylx; n]lh2l ubf{hffFdf a; F. hff lbgx; df pk]b|bQ eGg]Ps kffk] /n]; f/f k/liffylyx; nfo{ t; f]l]bPsf lyP . c; k/liffylyx; df sbf/ cfrfo{ / of]l]b?if 9sfn klg lyP . sfz]l of]hgf ; Dks{ sfof]ho 18Nnlahf/sf] psfnf]df lyof]. ToxF uP/ hff lbPF. æk/Liff sfklx; k6gf k7f0g]ePsf 5g; t; y{k/liffkmsf nflu Ps dlxgf; Dd klv]kg]Æ egl hff ; lSpk15 ToxF xfdlnf0{ ; g]0of].

d kgM sGof dlGb/ xfo{shsf lzlfS / 5fqfx; sf] sNof^a-dNof^adf x/PPF. sxl lbgk15 t hff lbPsf]klg ; D%gf /xg . lr6X lnPk15 kl/xm5 ls eGg] sfklkgs nfn; f klg To; sf nflu lyPg .

t/ s; /l-s; /l Ps lbg cf7f]cfZro\$] 36gf 36df]. sfz]l of]hgf ; Dks{ sfof]hosf] v]sl nuf nPsf]Pp6f rf\$]lbf/ d]f] 3/ kQf nufp]cf0k]of] / ; nfd u/] Pp6f nfd]vfd lbP/ uof]. v]h] x]z]f] t lgo1Qnkq /x\$. s]b]l sfz]l of]hgf sfof]ho, k6gfaf6 k7fPsf] kqdf tlg lbgleg sfof]hodf xflh/ xg hfg" eGg] cx]l] lyof]. d]f] 5gf] s; /l xg uof] To; df d cfkn]r]st lyPF. dnf0{hflu/ Vjfp]g] d]f]lx6bl n]y]f0sf] z]l / z4tf g}xgk5{egl dgdg} lj rf/ u/F.

ef]hkl6 cfkth] %08}Ps j if]lv k9f0/x\$]f]

xfo{sh sGof dlGb/sf lzlfS / 5fqfx; ; t labfaf/l xg uPF. d]f]sl7g aihdf sGof dlGb/n] ; 3fp k]ofPsf]lyof]. d sxl ef]s ePsf]lyPF.

d slffdf xfof]hlyx; ; g]P/ xFf0{xFf0{ k9fp]F]. Toxf] clwsfz lzlfSx; slffdf eSs' k; h:t}cft]k0f{x]pefp nP/ k;y]/ 5fqfx; hEnleq PspPs af3sf ; fd' k/h:t}eoelt eP/ a:y]. lzlfS / 5fq5fqfsf alr k/Dk/fut ; kdf oxl ; DaGw /xcPsf] 5 . lj Bfylpk/ hit cft]k0f{k]fj sfod u]of]plt tl cgzfl; t xG5gV lzlfSn]klg Tolt g}cba cfhg ub] eGg]wf/Off ToxFk]g Jofkt lyof]. ToxFhit lbg a:g' 5, xF-v]h u/] slffdf k9fp]g] tyf ?]9]fbl ; :sf/ ePsf lzlfSx; sf nflu dlte-hs eP/ kf7zfnaf6 labf lng]. s]ln]dnf0{eg] klg lzlfS eg\$]f] cfrfo{x]. cfrfo{cf; gdf a; k15 u? ubel/ eP/ lj Bfbfg ugk5{. u?lzio k/Dk/faf6 o; }u/l cgflb sfnb]lv rlnclPsf] 5 . slffdf lzlfSn] lj blfsh:tf] eP/ k9fp] lj Bfbfg g do]t /xG5 g u]delo{. o:tf x]of]pg] v]nsf s6' zAbjnl 58s] lsl; daf6 :6fkm ldl6^adf dpk/ k]f/ e0/xGy]. d xF] sg] k]oQ/ jf k]l]qmf gb]v]f0{al; /xGy]. b0{f/ dlxgf c%} d ToxFa; \$]f] eP ltgn] ; fd]lx lkn]fb k]v]gdGqlsxFk]of]pg] lyP . t/ a9f/] lsgf/ nufpgk]sl; Eu/nf0{x]jfn]p8fP/ nu\$]f] lyof]. labf x]f] daf6 sxl eh xg uPsf] eP = eGg] cf]k]rfl/stf cf]d]p] d gd:sf/sf] ; f6kn] u/] kf7zfnaf6 labf ePF.

-wr uff]d\$]f].cf'g}w/ftnd]l zlif\$]f]

; :d/Offds lga]wsf]of]cz lzlfS sf nflu pkoSt

7fg] xdf] kf7s dx]j/ cfrfo{]; fef/ ug]; %j

lbg]Psf]x]. cfrfo{lnf0{wGof]b]



.kfnkfsf x\$; /UM hutaxfb/ hfzL

hutaxfb/ hfzLsf] hljgufyf shtpbf kfnkf lhNnfsf] zNfs ljsf;sf] %ns b]vG5 . \$! jif\$] lzlf0f hljgdf pgn] kfnkfdf lzlfssf] hu t a;fP g} /fi6\$} nflu yk} ofljo hgziQm klg pknAw u/fP .

! | (*@ ;fndf tfg; ddf hlgdPsf hutaxfb/ hfzL @))^ ;fndf agf/; sf] lxGb"

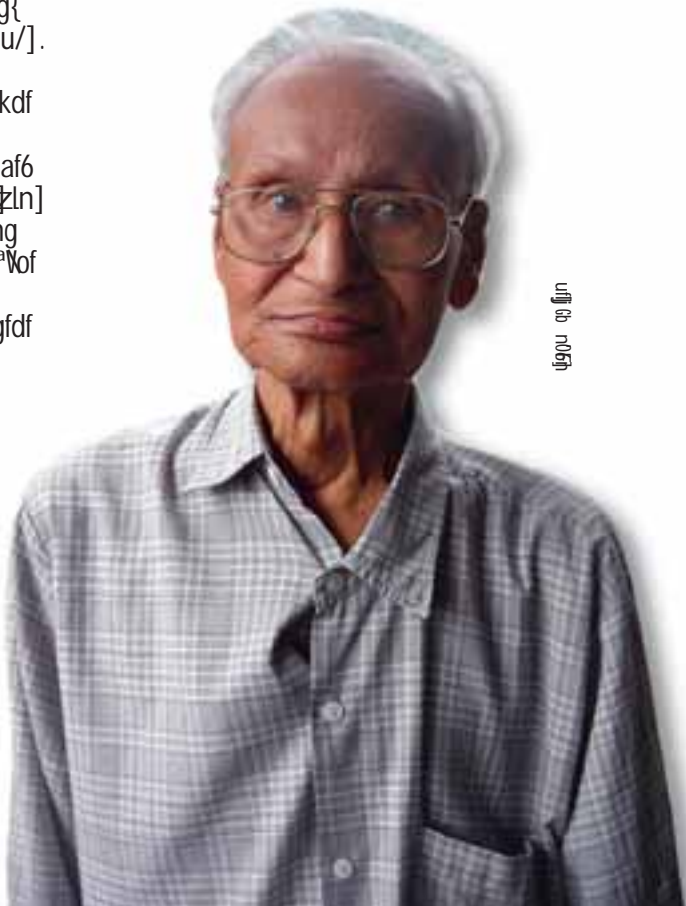
ljZj ljBfnoaf6 :gfts u/l knsPkl5 /f0ffx;n] dhTm cf'gf / cgbfolsf ;Gtfgnf0{ k9fpg vfh\$]f] tfg; ddf] kbdl klAns xf0{shdf c^a^hl k9fpg yfn]. Toltafhf kfnkfdf c^a^hldf :gfts ug] csf] JolQm lyPg . kbdl klAns :sh klg kfnkfsf] klxnf] ljBfno lyof]. Toltafhf hutaxfb/ dfl; s ?-(! kfpv]. hfzLn] k9fpg yfnbf bzd] /f0ffzf; g lj /fw cleofgn] h/f] ufl8; s\$] lyof]. %g\agf/; df pRrIzIff xfl; n u/] knsPsf tGg]l To; }rk nfu] a:g ;Sg] t cj:yf g] lyPg . hfzL 5fq5fqfnf0{ k9fpg] sfd; G} /f0ffzf; gsf] lj /fwdf c;nf0{ psf:g] / ;E17t ug] ultljwdf klg ;nlg eP . ljBfyl{ d] /f0ffzf; gsf] lj /fwdf n]v tyf /rgf tof/ ug{yfn]. To:tf n]v-/rgf k\$zfg ug{ pgn] dfl; s kqsf kyk\$z\$ sf] k\$zfg cf/De u/].

olt ul/; Sbf, ljBfno ; -rfns ;ldltsf kbflwsf/l / /f0ffx;sf] cffdf hfzL .lj /fwlwsf ;kdf lrlqt ge0/xg ;Dej lyPg . ; -rfns ;ldltn] :shsf] .lkn] a9fP/ ; j {fwf/0fsf 5f]f5f]lnf0{ :shaf6 aflx/ /fVg] /0fglt ckgof]. o; sf] lj /fw ub} hfzLn] hflu/ 5f\$]. a; lldt JolQm] dfq k9f]k9fpg] rng /x\$]f] ljBfnodf d lzlfS ePk15 ; j {fwf/0fsf] ;^wof Xjfo} a9\$]f] lyof]. t/ ljBfnon] zNfs jf4 u/] ; ahf0{ k9f] g]bg] hIQm lgsfn]kl5 dh] klg /flhgdf lbPE pgl e65g\.

To; kl5 hfzLn] @))^* ;fndf tfg; ddf] hgtf dflj :yfkf u/]. kfnkfdf ; j {fwf/0fn] :yfkf u/\$]f] tof] klxnf] ; fj h]gs :sh lyof]. hg:t/af6 vflhPsf] of] :shdf 5fq5fqsf] cf0/f] nflu' :jfelj's lyof]. hfzLn] hgtf dfljnf0{ 156} g} ; kntfsf] lzv/df k\$ofP . x\$df:6/sf ;kdf hfzL ljBfnonf0{ Joj:yfkslo g]Tj dfq lb\$y] lgoldt ;kdf slff klg ln6y]. To; h] kfnkfdf pgsf] b0]6f kl/ro ag\$]f] 5- .; knt x\$df:6/l / .gfd c^a^hl lzlfsl . pgsf] cys d]gt / oflbfgsf sf/of 5f\$]f] ; dod} gfd sdfPsf] hgtf dfljnf0{ rf/ jif{13 dfq} klg lzlf dGqnon]

lhNnfsf] Pp6f gdf] ljBfnosf] ;kdf 5gfb u/\$]f] lyof]. clxn] pQm :sh pdflj / axdlvl Sofdk; sf] ;kdf ; d] ljsl; t e0; s\$]f] 5 .

hgtf dflj df !\$ jif{ g]Tj bfol eldsf lgjfx u/kl5 hfzL @))^% ;fndf tfg; ddf] ; dflj sf] ;yfs kç xg ku]. pgl of] ljBfnodf @# jif{ x\$df:6/ /x]. To; ;cjwdf pgn] ljBfnonf0{ efl]ts k]fwf/ ;DkGg clg :t/lo k7gk7g xg] ljBfno agfP . ; kntfk] \$:sh rnfpg] knd]f s] xf] t < hfzL e65g\ a]oj:yfkslo sfzn / :t/lo lzlf0f A hfzLnf0{ x\$df:6/sf ;kdf kfPsf bj} :sh clxn] klg kfnkfsf /fdflw] k5g\ . ; dflj sf k]rfo{ lbnaxfb/ zfSo cf'gf] :shsf ;yfs kç hfzLnf0{ ;D%} e65g\ a]j Bfno /fdfl] xgdf pxf]f] oflbfq



uffljGb n0B6h

cthglo 5, pxfhf0{slxNo}eNg ; lsg] 5g] A ; q
 dfljnf0{# jif{g]Tj lbPkI5 eg} hfzl sl/a Ps
 jif{abjnsf] 1fgfno /f]q xf0{shsf] klg kc eP .
 @)!% ; fndf hgtf dfljsf] z]lfs k]lt b]j
 /fhf dx]b]h] pOm ljBfnof0{ jflif\$?-&,@) ; xof]u
 ug] 3f]f]off u/\$f lyP . Toltahf of] /sd lgs} 7hf]
 dflgYof] . #& jif{kc / rf/ jif{lz]fs u/l sh
 \$! jif{lz]fs hljg latfPsf hfzln] cf'gf
 5fq5fqalr szn lz]fs / c; n cleefj'ssf]
 kl/ro agfPsf 5g\ . æd]f lj Bfylh] dnf0{ / dfq}
 eGb]g\sfsf / aaf klg eG5gA pgl ; D%G5g\
 hfzln] /f0fsfnd} v]h]sf] ; j] h]gs k':tsfnon] clxn]
 klg k]f]kfnf0{ 1fg / ; 'rgf a]f]B/x\$] 5 .

r]Dsnf r]hf

c^w]h]sf] lz]fs eP klg hfzln] slxNo} 6d; g
 k9fPgg\ . sdhf] lj Bfyl\$] k9f0 ; wfg{ pgl lj z]f
 slff rnf]p] . pgsf] syg 5, æk]l]efzfn] / sdhf]
 b]h]f0{ a/fa/ dfof u/] l; Sg] jftfj/of lbg' Ppof
 c; n lz]f'ssf] st]fo xf] lz]fs hljgdf d of]
 st]ok]lt xd]z]f ; r]j /x]f]Æ hutaxfb/ hfzln]
 k9fPsf d]w] yk} 5fq5fqf b]z]sf ljleG :shsf kc
 / Sof]k; sf kd]v ePsf 5g\ . ; ætm /fi6x]3sf k]j}
 ; xfos dx; lrj shrGb| uf]d klg sb} a]hf
 hfz]sf 5fq lyP . uf]dn] slff & / * hgtf
 dfljdf hfz] ; h k9]f lyP . uf]d / hfz]alr
 ; fd]k]otfsf] dfl]w]d r]flxToltahf slj tfn] ag\$]
 /x]\$. æd]f] slj tf ; g] uf]d wofgd]lg xGy] .
 pgsf] slj tf klg dfl]d\$ xGyof] . uf]d k9f]df
 cAan lyP / ; flx]odf klg ?lr lyof] , hfz]l
 uf]d]sf] afl]nosfn ; D%G5g\ .

hfz]lsf w]j} lj Bfyl{ clxn] klg lz]ff , :j]f:Yo,
 kz]f; g, /fhg]lt cflb ; dh]sf ljleG l]q]sf
 dx]k]k]f{ lh]d]f]f/l ; D]xfln/x]f] 5g\ . l]tg]w]odf
 k5g] 8f= k]j]l/fh lnun, 8f= d]x]gdfg ; h' cflb .
 hfz]lsf 5fq tyf ; q pdflj]sf k]r]fo{ l8naxfb/
 z]fo eG5g\ æ; a} lj Bfylh] ga%] d]d kf7
 b]h]f]of0/xg] clg dx]k]k]f{ Jol]Qmsf] hljg syf eGg]
 afgln] pxf]f] slff ; l]sPsf] kO} x]G]Yof] pxf]f] w]j}
 5fq5fqf hljgdf ; km ePsf 5g\ .Æ

sb} a]hf hutaxfb/ hfz]sf 5fq /x]f] ; æOm
 /fi6x]3sf ; xfos dx; lrj shrGb| uf]dn] u?sf]
 of]ub]f]gsf] sb/ ub] cf'gf] vr]f hgtf dflj]sf]
 k]f]Eofdf hutaxfb/ hfz]l cl86f]f]od agfPsf 5g\
 @)%) ; fndf lz]fsaf6 c]sfz ln]f]sf] l]f]ofnf0{ pgl
 hljgsf] ; a]æ]bf g/df]nf] 36gf 7f]G5g\ . ; q dflj]df
 cf]of]ht pgsf] labf0 ; df/f]x]df lz]fs / lj Bfylh]
 k]h]g u/\$f p]k]f/ u]x]of ubf{ hfz]lsf cf]f]f] cf]f]h]
 el/Psf lyP . To] l]f]of]sf] ; D%Gf ub] pgl eG5g\
 æ; a]f] df]of / ; Ddfg k]f]f]f] cf]k]h] u/\$f] d]x]gt]sf]
 ; D%Gf eof] / cf]f]duf]j]sf] cge]l't eof] .Æ

*# j]f]l6 hfz]l clxn] ab]jnl:yt 3/df k]gl; h
 a:b} cf]Psf 5g\ . z]f/l]s ; kdf w]j} sdhf] ePsf
 5g\ . tyflk pgn] n]y]k9sf] sfdnf0{ hf/l /fv\$]
 5g\ . clxn] ; fd]l]hs / z]l]fs l]q]df of]ub]f]g lbg]
 Jol]Qmsf] sl]d e0/x]f]f]df hfz]l l]r]t]f JoOm u5g\
 pgl eG5g\ æk}fsf] k]l5 n]l]lg w]j} eP . l]g]l]j]fy{
 ; kdf lz]f]f]sf] lj]sf; / ; dh;]]df n]l]lg] ; 36x]
 hf]f] ; dh]nf0{ sf]nf]t/df a]k]f]obf xG5 A c; n
 lz]fs ; w]F]k]z]f]k]l]t Od]f]bf/, 5fq5fq]sf] r]fx]g
 cg; f/ k9]f]pg ; Sg] val ePsf] x]g]k]g] hfz]lsf] egf0
 5 . ☺



शिक्षक
dfl; s

uf]xs aGgxf] \U

| uf]xs cj]w | ahf/ dNo -?≡ | uf]xs dNo -?≡ |
|-----------------|--------------|---------------|
| Ps jif{-!@S#)_ | #^)- | #@)- |
| b0{jif{-@S\$#)_ | &@)- | ^!)- |

- xfnnf0{ OR5s kf7sx; xhfsaf6 k]k]t ug] u/l ; lw} lz]fs dfl; ssf] sf]of]foaf6 cyj]f kf]os kg] kqk]qsf k; ndf]k]f] \uf]xs aG ; Sg]x]g] .
- Ph]l6 e0{ lz]fs dfl; s laqm ug{ OR5s kqk]qsf k; nx; n] l]g]d]g 7]l]f]gdf ; Dks{ ug]x]f]hf . k]f]j] =g+!^, lz]fs dfl; ssf] sf]of]fo, kf6g9]f]f, n]l]tk/ . ^of]s; M %%\$!! (^, k]f]M %%\$*!\$@, %%\$#@% .

søfsølnf0{

I; Sg lbprF cfkmH; S5g\

dG6Zj/L ljlw[sf] df0otf xf]
.søfsølx; sfd ug{ rfxG5g\
pglx; vllgebf klg sfd}ug{
a9L dg k/fp5g\ I; Sg rfxG5g\
t/ cf^g}tl/sfaf6 .l

O | 6fnlsf] ; fg nrfghf3f] Pp6f k/fgf]
..ckf6006lsf ; fgf søfsølx; kxñf,
knxf]L, /fd/L vfg gkfPsf, /fd] E 3fd klg
blg gkfPsf, bñf, kftnf / Vofp6]lyP . pglx;df
sg} s/fklt vf; } rfv klg lyPg . tldllo]
; ah; f3f afacdf sfd ug{hfgy] / bñlbbx;
:sh hfgy]. t/ :sh hfg]pd] gepf søfsø
eg] 3/df cfkm\; l vly] / dgnflbl uy].
& hgj/L !()& sf lbg ; fg nrfghf3f]
Pp6f gofSfd z? eof]. Toxf3f søfsølx;nf0{
Ps} 7fp3f /fv] lbgel/ x]lj rf/ ug] ofhg

agf0of] / To;sf] lh0df Toxl ckf6006sf]
Jo; yfkssl 5f]L SoflG88fnf0{ lb0of].
søfsølx;nf0{Pp6f 7hf]sf]df ehf ul/of].
ltglx; vf; } pT; s / pT; fxl blvfy]. kln)
lbg snfn]nuf nufPsl Ps hgf dlxf sf]fleq
kl; gV elgg\æd]f]gfd 8f= dG6Zj/L xf]. of]
..søfsølsf] 3/ldf ltdlx;nf0{ :jfut 5 .Æ
dG6Zj/L klnf] lbg g} tl lvgf] søfsølsf
dgd afn; he pT; stf hufpg ; km e0g\
pglx;sf cgxf/df clnsit d:sfg yklb0g\
Toxl lf0df pgn] yfx} gkfo{ cfkm cd/ xg]
Pp6f cb3t sfdsf] yfngl klg ul/g\
df/of dG6Zj/Lnf0{søfsølsf]Tof]3/ :yfkf
ug{afh0g' pgsf nflu Pp6f o:tf]cj ; / lyof]
h; nf0{ pgl Joutfsf ; fy klv\fv3l ly0g\
df/ofn] To; cl3 Pp6f ; ydf cfa4 ep/
dfgl; s ; kdf ckE søfsølx; ; E sfd u/3l
ly0g\ . ; dfGo rngrNtsf lzlf0f ; fdulx;sf]
; \$f pgn] ...lfg]b3x;df cfwf/t ; fdulx;sf]
lj sf; ul/g\ . søfsølx;n] tl ; fdulx;nf0{
5fp/, x]j, ; B] / ; g] ljleG s/f I; Sg
; Sby]. tl ckE søfsøldf% dG6Zj/Ln]agfPsf
ljleG : j; k / cfsf/sf p Hofnf Hofdtlo /
ul0ftlo ; fdulx; cgf]f af:gf, v; f] / lRnfn]
; txsf] cge]sf] cfwf/df l; sfp] lzlf0f ljlw
w]g} ; km ; flj t ePsf]lyof]. Tof]ljlw cGo
søfsølx;df klg kofu ug] cj ; /sf] vfñldf
ly0g\ pgl .



cjwf/Off dG6Zj/L ljlw



dfl/of dG6Zj/L

cfotg, lfjkmh:tf
ljleGg ljifosf]1fg lbGy].
sfsflx;nf0{ tl ;fdull
s;/L kofly ug{ ;lsG5
eg] dfq l; sf0Gyof] s]
ug]eg] xfoG . pglx;nf0{
tl ;fdull;dfly ljleGg
vfnsf kofly ug] 56
lyof]. dG6Zj/L ljwswf]
s]bdf /xsf] dfgotf xf]
..sfsflx; sfd ug{
rfxG5gV pglx;sf]pd]
/ lj sf; ;E ldNbf]5 eg]
pglx; w]d]xgt u/] To]
sfd u5G\..l sfsfl

kfs[ts ;kdf h]u5G\Toxla6 of]ljlw lgl:sf].
dfl/ofsf] lj Zj; lyof] cfkm]f0{s;/L l; sfpG]
eGg] s/f ;aefbf a9l sfsflx;nf0{g} yxf
xG5 . cfhef]h dG6Zj/Lsf ;a]s/fx; ;jlsf/
gul/g]:shx;df klg lzlf lzlsx;af6 xfoG,
sfsflaf6} z? xG5 .

dG6Zj/L k4ltsf] Pp6f csf] ljz]ftf,
sfsflx;nf0{sf]fafix/sf]lqmfnsfkaf6 l; Sg
kf]j; flxt ul/gk5{eGg]xf]. l; Sg]l; sfpG]qndf
dG6Zj/L ljwswf ;a] ;fdull; kofly xGk5{
eGg]5G . s]l ;fdullnf0{sfsfln]jf:tf ug{

;S5gV ltgnf0{To; }/xg lbgkb5 . pglx;nf0{
;fdull 5fGg]:jtGqtf lb0gk5{. o;/L dfl/ofn]
lj:tf/} sfsflsf] lqmfnsfkf] ldlxg clWog
/ lj Zn]f of u/L 5\$} k4ltsf] lj sf; ul/g\
pgsf] clWogaf6 s] lglSnof] eg] sfsflx;
v]lgebf klg sfd ug{a9l dg k/fp5g\,pglx;
l; Sg rfxG5g\t/ cf^g]tl/sfaf6 . xfdl pd]
kl;sf; klg To; }ug{?rfp5f}. xfdlnf0{r]
jf tf; v]n/xg bafa lb0of] eg] To] xfdl
?rfp5f. dfl/of sfsflx;nf0{Vofn-Vofnsf
xf0G ;f]Rrs} lqmfnsfkx; ug{ lb0gk5{eGg]
s/fdf lj Zj:t ly0g\
jftfj/ofsf]lhddf lnP/ klg sfd ug{;S5g\
dG6Zj/L :shdf vfgf ksfpg] au]f ufGg]
af]la?jfdf kfgl xflG] ;/; kmf0 ug]h:tf 3/h'
sfd klg dx]j kof] dflG5g\.

sfsflsf]pQm 3/ :ykgf ePsf]b0]j ifk]5,
;g\!) (df g] dfl/ofsf] sfd cg;Gwfgsf]
txaf6 cl3 a9] Pp6f cleofg jf cf]bf]hg g]
e0;s]f] lyof]. ;g\!(!) df pgsf] k'ts
dG6Zj/L ljlw lgl:sf]. o; df pgn]sfsflsf]
3/af6 l;s]f] s/f ny]l l5g\
sg} sddf cfkm] kof]M lj Zj:t gxGh;Dd
To;nf0{bf]f]of0/xG5g\
sg ;fdull kofly ug]
jf gug]eGg];Gbedf pglx;nf0{5gf]sf]:jtGqtf
rfixG5 . v]h]sf] ah]df ;dfgx; ellpg\eg]

तपाईं जहाँ भरपनि...
नेपाल एफएम नेटवर्क

तपाईंको रेडियोसेटमा.....
केचनादेसि कालापानीसम्म
कञ्चनपुरदेसि कञ्चनजङ्घासम्म

र. इन्टरनेटमा.....
www.nepalfmnetwork.com
www.mazzako.com आफैत ससारेजति

विस्तृत जानकारीका लागि = नेपाल एफएम 91.8, रविबवन काठमाडौं • फोन: ८१२९९२२, ८१२९९२९ • ईमेल: radio@nepalfmnetwork.com

pglx; sf]fsf ; fdg;x; ; xl 7fpff ldnfP/ cknf/IV5g\ . pglx; ; kni a:g / c; ; f /fd] Jojxf/ ug{rfx65g\ .

w}] dfig; x; k9y / nVg hfg' sg} klg sffsflsf lglDt ; aqbf dxLj kOf{ s/f xf] egl 7f65g\ . t/ dfl/ofn] ha sffsflsf 3/ df cf^gf] sfd yfing\ ta pgl sffsflx;nf0{.cfkn] cknf0{kOf nuifpgl / pglx;nf0{cf^gf]l/kl/sf] jftfj/Ofdf vflhl ug{l; sfp] s/fdf w}] ?Ir /flVy\ . dfl/ofn] cf^gf] klxn] cgej af6 s] elgg\eg] sffsflx; nVg / k9y tadfq rB] l; S5g\ha pglx; To; klt cknf?Ir /IV5g\ . o; qmddf dfl/ofn] sffsflnf0{ klxn] nVg / To; kl5 dfq k9y l; sfp] ug{ yfing\ . nVg l; sfp] qmddf pgn] 1fglbb; ; Da4 cfwl/t ; fdulx; sf] kofl ul/gV To; sf] ; xfofn] lj leG lsl; dsf] ; tx ePsf sf8afBsf] kofl u/] clf/x;nf0{5fd] l; Sg] jftfj/Of agf0g\ . o; n] sffsflx;nf0{ clf/ bVg / lrGg dfq ge0{ dx; ; ug] cj; / klg lbof] . of] lj lw w}] g} ; kni eof] . o; n] pglx; n] cgej u/\$f clf/x; nVgnf0{ sffsfl df ?lrsf] lj : kni g} eof] . sffsflx; htftt] nVg yfn+ leQdf, 9f\$df, ofndf / /f]lsf 6bnx;df klg .

sffsflx;n] nVg hfg; s; kl5 dfq pglx;nf0{

k9y l; sf0of] . o; kl5 sffsflx; ; ayf\$ k9y yfn+ slffdf 6fPsf ; Fgf, ahf/sf ; f0gafB{ cflb . o:tf] ePsf] s; kl xkftkl5 dfq pglx;sf] ?lrsf ta k9y]t/ nfluof] . sffsflx;n] lsfadf ePsf s/fnf0{eGbf ; fRrs} blgofef ePsf] k9y] s/fnf0{ a9l dxLj lbP .

dfl/of d66Zj /laf6 lj Zj n] sffsflx; s; / l; S5g\ eGg] af/df w}] s/f a^of] . To] xf] sffsflsf] cf^g} blgofFx65 / ToxF: j tGg ; kn] afRg] pglx;sf] g} lu\$ clwsf/ xf] . olb pd] kl\$fx;n] sffsflx;nf0{ cf^gf] tl/sfn] ; flg aflw tNofpgsf] ; f6] pglx;af6 l; Sg] kof; ug{yfn] eg] of] blgofFafRgsf nflu c% ; Gb/ xgl]yof] eGg] pgsf] cg; Gwfgsf] ; / xf] .

kl5 8f= d66Zj /ln] ..sffsflx;sf] 3/lbf u/\$f] cf^gf] clloogsf] af/df nVg\h; df pgn] sffsflx; s; / l; S5g\ Jojxf/ u56\ eGg] s/f]sf] af/df pgl dxLj kOf{ 1fgsf 6bnx; ; Dd s; / l klug\ eGg] s/f pln] y u/\$l 5g\ . pgsf s; kl dxLj kOf{ k'tsx;df "The Montessori Method, The Obsorment Mind, The Secret of childhood, What You should Know About Your Child, The discovery of The Child" kb5g\ .

dfl/of d66Zj /l gdfs k'tsaf6 efjfgj fbM efis/ sf^n]

tkf0nf0 {शिक्षक s:tf]nfU5 <

olb /fd]pkofl nflu5 eg] ckn] lrg]hfg\$ f lz]fs, cleefj s / lj Bfylhf0{ k9y elglbgxf]hf . xfdlnf0{ s; ; %ffj eP lz]fssf] 7]hfgdf va/ ul/lbgxf]hf .



शिक्षक dfl; s

kf6g9f\$ f, nln tk/ kf]a-g= !^^, nln tk/ kniM %\$#@% , %\$*!.\$@ kniS; M %\$#!(^

शिक्षक tkf0\$ f]
ufpFzx/-ahf/sf
kqklqsf k; ndf
x/\$ dlxgfsf]
klxn] ; ftfleq
klu; S5 . t\$lg
lz]fs kfg
sl7gf0{ ePdf
tkf0\$ f] glhssf]
kqklqsf k; n
jf xfdlnf0{
eGgxf]hf .

OdihM mail@teacher.org.np

j]M www.teacher.org.np

slff-sf7f :jf:Yo lzlf0f

8f-vdaxfb/ sfls{

n8f] kf5 { ; lhnf]

:jf :Yo lzlf0f p2Zo lj Bfyl0f :jf:Yo r]gf hufpg]dfq}ge0f
hljg :j:y /fVg pglx;n]ckgfpkg]JoJxf/ l; sfgp' klg
xf] :jf:Yo; Da6wl kz:t 1fg / ; Rgf lbg' dfq kofit xbg olb
JolQmn] cfm] :j:y /xg To; sf] kofu ug{; Sbg eg]. t; y{:jf:Yo
lzlf0f] JolQmsf] JoJxf/df kl/jt0g Nofpg] k5{.

xfdxsxFJoJxf/ kl/jt0g ug{; Sg/L lj Bfyl0f; nf0{:jf:Yo lzlf
k7gk7g u/fpg]blf lzlf0f; sf]sdl 5 . vf; u/L zf/l/s :jf:Yo; Da6wl
ljifoJ:tx;l h:t} of0g tyf klhg :jf:Yo; E; Dal6wt kf7 k9fpg
lzlf0f; lxlRsrfg]/ lj Bfyl0f{:j fllofug ug{nufpg]u/3f]kf0G5 .
sltko lj Bfn0x;df t :jf:Yo ljifo g}gk93f jf .hu3f0 lzlf0f
:jf:Yo ljifo k9fpg] / To;af6 :jf:Yo; Da6wl unt ; Rgf u0{ e0f
l; h0f xg] u/3f] ; d] kf0Psf] 5 .

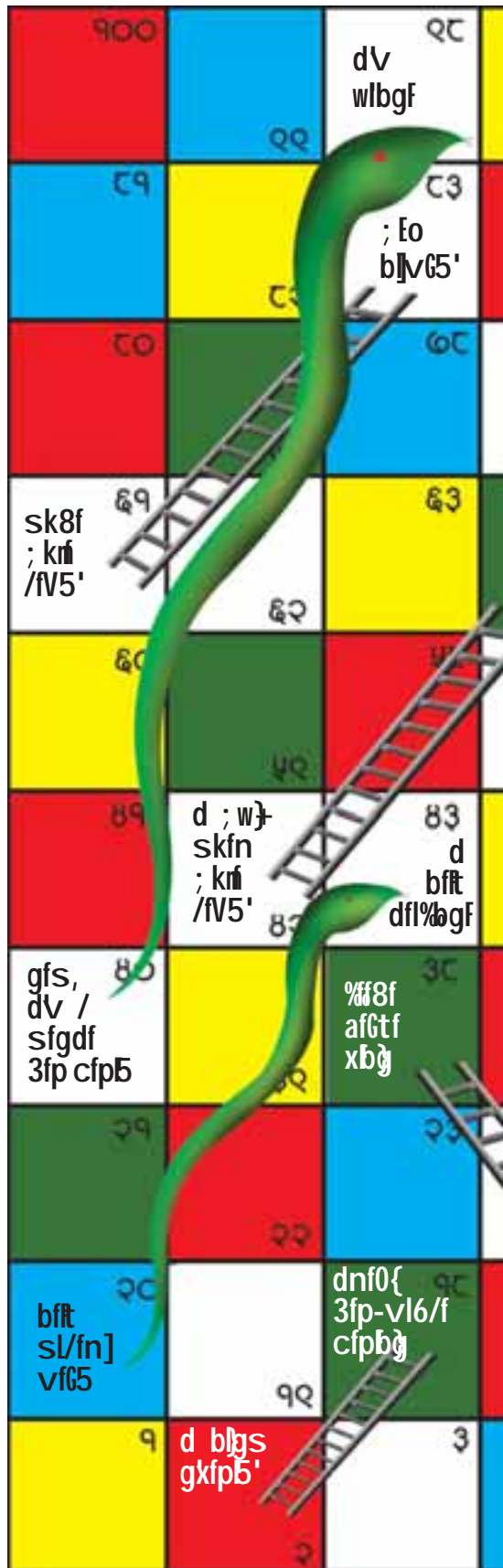
:jf:Yo lzlf JoJxf/l/s ;kdf lbg ; lSP dfq lj Bfyl0f zf/l/s,
dfq; s / ; fdlhs ;kdf :j:y /xg] afglsf] lj sf; u/fpg ; ls65 .
oxf:f:jf:Yo lzlf0f{ vhlj lwsf] dflwodaf6 s; /L k9fpg] e0g] ; ^Nflkt
rrf{ul/Psf] 5 .

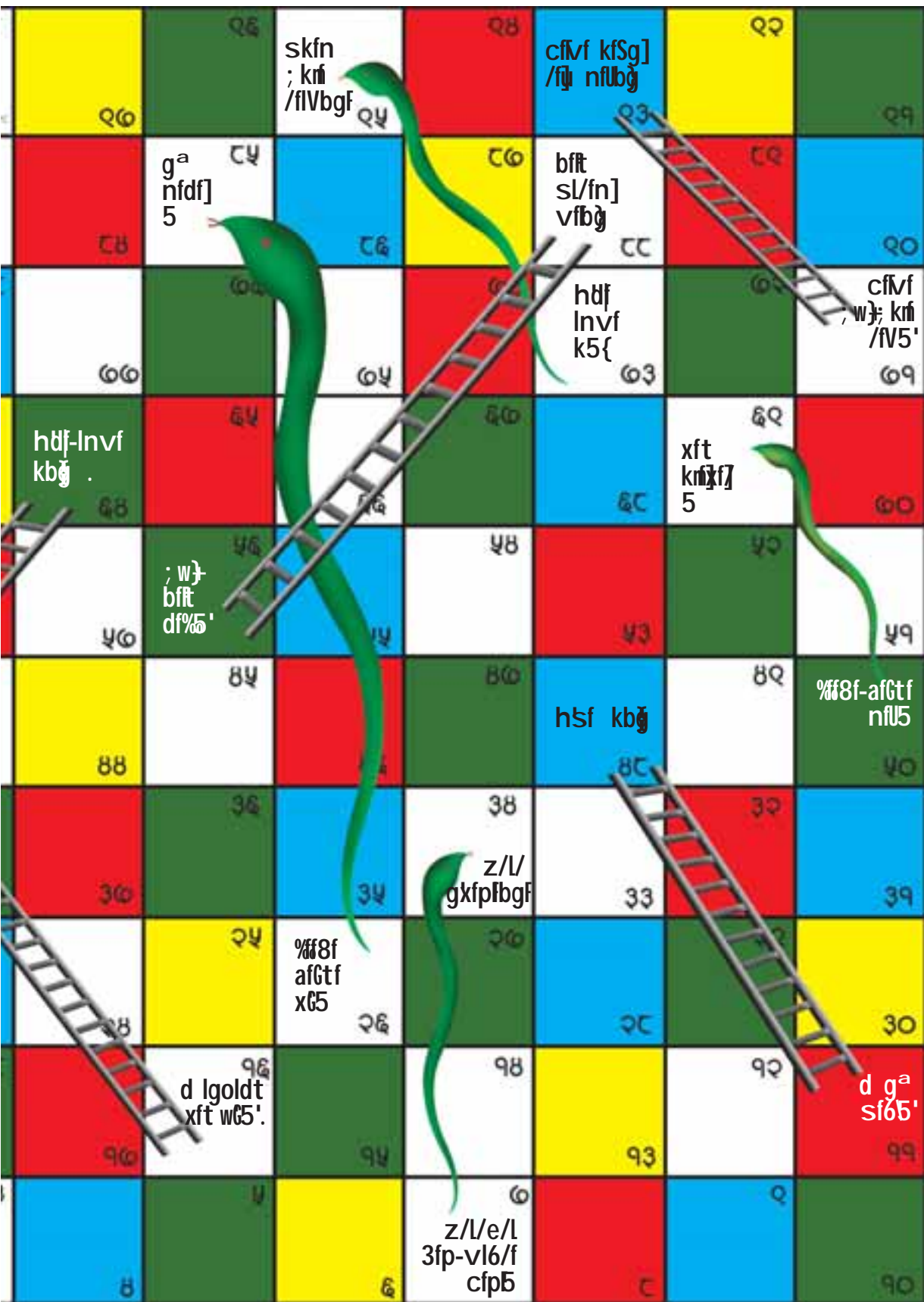
cfjZos ;fdul

lraqd lb0Psf] h:t} sk8f jf af0f lj Bfyl0f{:l; sfgp vflhPsf]
:jf:Yo; Da6wl JoJxf/l/s ; GbZ; lxtsf] \$-^ lkn0sf] sk8f jf af0f
n8f]-h; nf0{gfuk; f jfSnake-ladder klg elg05_ agfpg]. :yfglo:t/df
kf0g] rf/kf6] s7sf 6bn / 6lgsf] a3sf] 8fo; agfpg]. 8fo;
ahf/df ls6g klg kf0G5 .

ca n8f] vhf}

- n8f] thnf0{ :dtn e0fj rf}df lkn0fP/ lj Bfyl0f{:cf~gf] thsf]
j/l/kl/ /vf}. Pp0f JoJg/sf]j/l/kl/ !)-l@ hgf; Dd lj Bfyl{/fVg
; ls65 . lj Bfyl{: ^vof cg; f/ w}]jf yf]}; dx agfpg ; ls65 .
- vhf vllg 0R5s rf/ hgf lj Bfyl{ 5f0gxf] \ / 8fo; lbgxf] \.
- vhf]sf] ; fdf0 lgod atfpgxf] \. of] vhf] x/3f e0f^asf] klp /
6kkr0f n]VPsf] :jf:Yo; Da6wl ; GbZ .xdl :j:y /xg ugkg]
JoJxf/ xfl] egl ; D%fg; \ To:tf] aagl a; flbf xg] kn0bf
e0f^asf] 6kkr0f n]VPsf] x65 eg] /fd/l b]fpg; \
a%fg; \. To; u/L ; k3f] dv / kR5/df
klg ; GbZx; n]VPsf] s'f atf0lbgk5{.
; k3f] dVdf ug{ gxb] JoJxf/ n]VPsf
5g\ / To:tf] JoJxf/ ul/of] eg] ; k3f]
kR5/df n]VPsf]h:tf]gsf/flds kl/0ffd







ZAb vjh-&

| | | | | | | | |
|----|----|-----|----|----|-----|----|----|
| ! | | @ | | | # | | \$ |
| | | % | ^ | | & | | |
| * | (| | !) | !! | | | !@ |
| | !# | !\$ | | | | !% | |
| | | !^ | | | !& | | |
| | !* | | | !(| | @) | @! |
| @@ | | | @# | | @\$ | | @% |
| | | @& | | | @* | @(| |
| #) | | | | | #! | | |

gfdM _____
 7ufgM _____

t] f]

- !_ cflzjg dlxgf of]gfdn]klg lrlg65
- #_ celi6 jf xflb\$ OR5f:clenfiif-dgf]y
- %_ al4 / ljj\$xlq dfg5hf0{ufnl ubf{ of]h6t\$]gfd kpfu ul/65
- &_ kzk65lnf0{lb0g]cxf/
- *_ ; k{ nflsl/f]
- !)_ af6hfk:g=ufhf]k/\$f]?k
- !@_ aflg ghfg]sbf]
- !#_ sg}sf0{ljzifsf]kl/Offd:glthf:nfe
- !%_ 36gf:yndf ePsf]JolSt=:; fil:ujfx
- !^_ dVsf bflxg]bhf]/x\$F, cflvf dlgsf / sfg ; fdg\$F b0{kf6f
- !&_ wfgg]sfd
- !*_ /fdfoflbf jlof\$ /fhf bz/ysf h}f 5f}f
- @_ tlnf]efu
- @@_ sg}klg sfddf xg]c8sfp jf lafg
- @#_ aflg]sfd
- @%_ eBfsBf agfpg kpfu ug{; lsg]Ps wft'
- @&_ hlp=z/l/:rfhf
- @*_ cfnf] jf lunf] kbfy{ lgrf]bf{ cfpq] 'fh kbfy{
- #)_ d:ts=dfy:lgwf/
- #!_ gkfnst]blif0ft/sf]Ps l5d\$} b\$

7f8f]

- !_ kfgl kbfs{slxn\$}xl #fg]lunhf]cfsf/sf] a/kmsf 8Nnf
- @_ 38]lsf]kfb
- #_ Pp6f cflv]gbVg]Ps cflv}sfgf]
- \$_ k\$fs dfg\$sf]vln6f]
- ^_ zj cflbnf0{rvf{jf dlj; gdf sft] agf0Ps]f]8f]f]
- &_ bfh=:bfhl=:bfHo"
- (_ dos6glst nflu ul/g]aftlrt
- !!_ zkf{ tdf^a cflb hftsf dh k/flxt
- !@_ ;fx; jf Xoip gePsf]lgwf]
- !\$_ 3fR9ln]; dfgg]5fnf jf 8f]lsf]nfd] lkn0f
- !%_ sg}dfElns sfo{cf/le ug]ze ; do
- !*_ dxief/tldf jlof\$ j]fefgSl 5f]l / s]ofsl lkptdf
- !(_ af; =af:gf:dxs
- @!_ ?v, yfqn] cflbdf r9g]jf hldgf k]ng]sdnf]afnf:nx/f]
- @@_ kfgl kgE}l3 cfsfzdf of]nfl5
- @#_ hEn
- @\$_ k; if-hltsf]k]fl hgfgp]; #st ZAb
- @^_ lj]lxt gf]lsf]cdfafaf'jf bfh0sf] 3/
- @&_ db] lsgf/, gblsf]tl/ 5p
- @(_ kjrg, eif0f, 5nkm, ljrf/ cflbsf lgldt Pslqt hg; dx

cfoj h

6fpsf] bvdff

6fpsf] bVg' cflkaf sg}ladf/ xfl0g, ljsf/x;sf]Pp6f nlf0f dfq xf]. dfgl; s tgfj, df+kzlx;sf] ; a\$rg cyjf sxl /f;folgs kbfs}sf sf/of 6fpsf] bVg ;S5 . chl0f{ ckr, slAhot, lr6tf, cfl6fdf a9l bafa kgx lgb] gkl0g; cTolws kl/>d ug{ cflb sf/ofn]klg w/hf0{6fpsf] bVg ; S5 . To; W/L HJ /f] ?3f, pRr /Omrfk cflb /f]sf sf/ofn]klg 6fpsf] bVg ; S5 .
 6fpsf] bVd\$] lgsf] kfg] sxl 3/h' pkfox; 5g^ !_ laxfg p7gf; fy vfnl k\$df :ofpdf gy clnslt 5s] vfg; \ . To; kl5 dgtftf] kfgl cyjf xlsf tftf]

Ps sk bW lkpg; \ . !) lbgleqdf 6fpsf]bVg a6b x65 . @_ ?3f nfu] 6fpsf]bVd\$] ahfdf wlogf/ ld>lsf] sBfkfgl agfP/ lkpg; \ . ?3fn]6fpsf] bvdff b06} kfoTfnf tftf]fgldf 8af0/fvbf klg cf/fd xg yfl5 .



#_ k\$df jfo' a9df klg 6fpsf] bV5 . To; h] ubf{l/66f klg nfl5 eg] tftf]fgldf sfutl lgrf] lkpg; \ t?6t}cf/fd x65 . \$_ lr; fh] ubf{ 6fpsf] bVd\$]xf]eg]Ps ufd clknd / b0f6f Njfa lk;] clnstf tftf/ nfk ug{\ 7ls x65 . %_ th;lsf] kft / bfnlrgl lk;] nfk ugfn] klg 6fpsf] bVd\$] lgsf] xg ; S5 .

lgodM ZAb vjh, c6tflf/l, ; 8f\$' / ; fdfo1fgsf] ; xl ; dflwg k7fpgxg]k7sdllb]kfo\$sf Ps=Ps lj h}fn] ?4,)) k/:sf/ kfgxg\$. o; c\$sf kZgsf]hjfk; dflwg @) h] @^^ ; Ddf lzlfS sf0fodf cf0klgk\$. hjfkM k7fpg] 7ufgM lzlfS dl; s, kf6g9\$F, kf\$g=!!^, nlnk/

cGtflf/L-&

| | | | | | | |
|----|----|----|---|----|---|-----|
| | !) | !! | | | | !@ |
| | | | | % | | |
| (| \$ | lu | @ | d | % | !# |
| | | ! | c | | | !\$ |
| * | | # | | | | |
| !* | | & | | ^ | | |
| | | !& | | !^ | | !% |

gfdM _____

7ψfgfM _____

!= cl3Nnf3cuf18sf3klxn] #-
 @= afnj3fnj ePsf] ; Svf hldg=d;:yn=:/lu: tfg -\$
 #= gfg j :t5f] ld; fj 6:50f; ld; :ld:s6 -\$
 \$= sg}kZg jf ; d:ofsf] 6^{ev}Vofpgl -\$
 %= nllagl c-rnsf] Ps lhNnf -^_
 ^= ; ldf affwPsf] tfl]sPsf3kl/ldt #-
 &= t8sf jf rsf] :j/ ePsf3vh:t=:ki6 -af]L -\$
 *= 2lr hufpg3rfvnlbf3dgf]-hs #-
 (= clnf] 7paf6 tnt/ xbf{nflg] 8/ jf l/uf6 #-
 != b] tfsf] rl/q -@_
 !! = dflg; sf] tftl -%_
 !@ = sg}j :t' jf k} f a' f pbf a%g] tkmf6 ln0/fVg] khf{
 ekf0 -#_
 !# = hdfd=u7=:; dx=kf6l{ -\$
 !\$ = ku-gku, '08} '08} glhs-glhs -\$
 !% = lx; fasf] 1fg u/fpg] zf:q #-
 !^ = tgvf:j3g #-
 !& = h0fdf sSkrf 3; fg{ ; lhnf] tNofpg] rlf6] ; fwg -\$
 !* = w7} klxn]lv rNb} cfPsf3zfz] t=lgTo



zAbv3h-% sf] ; xl p0/

t] @ lznkl, #_ hng, % ; 2j, ^_ nug, *_ dntl, !)_ ljno, !!_ el/of, !\$_ bfgj, !^_ sjfh, !&_ olsq, !(_ /ut, @!_ /ldt, @#_ alnof] @\$_ kfg

718] !_ bf; , @_ lzjfn0, #_ h6f, \$_ gsh, &_ ge, *_ dfof, (_ tl/bfh, !)_ ljBfno, !@_ l/Qf] !#_ sfg, !\$_ bfg, !%_ j/, !^_ st/g, !*_ lstfa, @)_ lbof] @_ tfn

zAbv3h-% sf ; xefuldwb] ; xl ; dfwfg k7fpg] !& hgaf6 uf3hkyaf/f 5flgPsf k/:sf/ ljh3fm s0faxb/ InDa," s?n] t3kf-%, abS3fBf, wgs6f .

cGtflf/L-% sf] ; xl p0/

!_ Psxft] @_ t]hnf] #_ nf3srf/, \$_ /ofeld, %_ ldlxg], ^_ tktk, &_ kbjw, *_ lwklw, (_ kl/jltf, !)_ t8se8s, !!_ snsn, !@_ n6gk6g, !#_ gsr/f] !\$_ /f3yfd

cGtflf/L-% sf ; xefuldwb] ; xl hjfkm k7fpg] rf/ hgaf6 uf3hkyaf/f 5flgPsf k/:sf/ ljh3fm dg7fhf /fhf]lbo, nug, sf7df8f.

मास्टरजी



.....किल साइकल चालकलाई दुई चक वाहक जमन्ने.....



; 8f\$-!&

| | | | | | | | | |
|---|---|---|----|--|----|---|---|---|
| | | | | | % | | | |
| & | | ^ | * | | | | | (|
| | * | (| | | \$ | ^ | | |
| | | | # | | ! | | | @ |
| | & | | @ | | * | | % | |
| @ | | | \$ | | & | | | |
| | | # | ^ | | | * | & | |
| ^ | | | | | # | (| | % |
| | | @ | | | | | | |

gfdM _____
 7jfgfM _____



; 8f\$-% sf] ; dfwfg

| | | | | | | | | |
|----|----|----|----|----|----|----|----|----|
| % | * | # | ! | @ | ^ | & | (| \$ |
| ^ | @ | & | * | (| \$ | % | ! | # |
| \$ | ! | (| & | # | % | * | ^ | @ |
| @ | % | ! | # | ^ | & | (| \$ | * |
| * | & | \$ | @ | ! | (| # | % | ^ |
| # | (| ^ | % | \$ | * | @ | & | ! |
| (| \$ | @ | ^ | & | # | ! | * | % |
| ! | ^ | % | (| * | @ | \$ | # | & |
| & | # | * | \$ | % | ! | ^ | @ | (|

; 8f\$-% sf ; xefuldWb] ; xl ; dfwfg k7fpg] @ hgfa6 ufñkyfáf/f
 5flgPsf k7:sf/ ljhñM ljj\$ e08f/L, /Bq pdflj, ; fdfv;l .

; fdfGo 1fg-&

!= uBsfsl; ; a sáf6 ag\$] x65 <
 @= 6sfdf (Trachoma) z/l/sf] sg
 cEdf nflg]/f] x] <
 #= z]fs jif{@}^\$ df gkñsf
 ; fdbflos kfylds lj Bfnodf
 lzlfS-lj Bfyl{cgkft -! hg
 lzlfss] efudf kg]lj Bfyl{ ; aVof_
 slt lyof] <
 \$=@}^\$ sf] cfs8f cg' f/ btf{
 ePsf (&@) ; xsf/l ; yfx?df !@
 nfv %) xhf/ ; b:o lyP . ca
 e6g;) tl ; xsf/l sf] jflif\$ sf/fáf/
 slt ca{-sl/a_ ?kðf a/fa/sf]
 ePsf] lyof] <
 %= tkf0] uf xsnf0{7ls \$ ln6/
 d\$lt] gfk] lbgkg] eorf] t/
 tkf0] d\$lt] gfk] # ln6/ / %
 ln6/sf afñ dfq 5gl. ca tl #
 / % ln6/sf afñ kbf] u/] tkf0]
 uf xsnf0{\$ ln6/ t] s; /l
 lbgx65 <



; fdfGo 1fg-% sf] ; xl p0/

!= z6o . lsgeg] u;] jfsif] sf sf/of
 df65]/ p; n] af\$] ef/l ; dfq ultdf
 vl; /x\$] x65gl.
 @= dlxf kfr hgf . k; if Ps hgf /
 afnañsf !\$ hgf .
 #= bdf; s; -l; /ofsf]/fhwfg_
 \$= sf7df8f-
 %= h]s]/ñ^a
 ; fdfGo 1fg-% sf ; xefuldWb] ; xl
 ; dfwfg k7fpg] b0{ hgfa6
 ufñkyfáf/f 5flgPsf k7:sf/
 ljhñf slknafb/ uxf,
 cfndb]l-*, :of^añf .

x/§ dlxgfsf] klxnf] ; ftf
tkf0\$] glhssf] klqsf k; ndf ; d] pknAw xG5 .

शिक्षक

df];s

u]xs aGgsf nflu ; Dks{ 7]f]fgf

Onfd

Onfd k'ts k;n
kn]m)e&-%@)\$@#, (*\$e^e&\$e#

%&kf

>]7 aS; P08 Goh Ph];L
bdsM)e#-%*\$!e%, (*\$e^e)&(&

hl]jsf 066/k]0h]h

latf]f]M)e#-%\$))!^, (*\$e^e\$^e&

df]a

Jffo] k]sfzg
lj/f6gu/ M)e!-%e*!e)

lzj /]dl

06x/f M (*)#*#^#)\$

s]h 18li6]o;g Ph];L

lj/f6gu/ M (*%e)e##

; a]j;ef

l]zv/ aS; P08 :6]zg/L
v]f]af/L M)e(-%))&, (*\$e)!^* \$

v]f]a

>]7 aS; P08 Goh Ph];L
lbSt]h)#-\$e)e#e, (*\$e*\$e)e#e

pbok/

cgk k'ts k;n
s6f/L M (&\$#))!##

l; /xf

;l]f g]f]h Goh ;]6/
nxf]g-!,)##-%^))e&

l; Gwhl

Go" k/h]f :6]zg/L
l; Gwhl, e g+ ahf/M)\$e-%e))e%

/fd]fk

h]Pg- k'ts k;n
d6ynl M)\$*-%\$))!), (&\$!)%))!!

/fd]fk

ldinhhl k'ts tyf :6]zg/L
d6ynl M)\$*-%\$))#

bf]hvf

xf/tl :6]zg/L P08 ; knfo; {
eld]j/ M (&\$!)\$&!()

bf]hvf

lh/l :6]zg/L
lh/l M)\$(-^)\$&*

l; Gwk]lrf]s

s]zj :6]zg/L
r]f]f M)!!-^e)e^

; nfd

u0f]z :6]zg/L, nfnagbl M)\$^-)!#*

sfe]

k]lt k'ts k;n, ag]k M)!!-^!e%&

>]7 6]s; {

kg]f]l M)!!-^!)%\$

; -ho :6]f]

wlnv]h M)!!-^())\$^\$

/f]x6

k]ft :6]zg/L, rGbl]gufxk/ M)%-%\$)%e

af/f

u]f]l]z] / k'ts k;n
lghu9 M)%#-%\$)!e, (*\$e)#\$(&!

k;f{

df]o; yf] a]szk
jl/u]h M)%!-%e#%\$)

ds]jfgk/

; dfrf/ s]b]l
:sh /f]s, x]f]f]f M (*\$%)%&!

Irtjg

gf/fo]fl k'ts ;bg
gf/fo]fu9M)%^-!e^*), (*\$e)^#e#

g]f]s]f

pl; s h]g]n :6]f]
lab/ M)!)-%\$)!()

w]lb^a

lqk]f k'ts k;n
w]lb^aj]l M)!)-%e)!()

l]xdfn aS; P08 :6]zg/L

w]lb^a, a]f]gl M)!)-%e(!\$*

g]jnk/f; l

ldng k'ts k;n
; g]jn M)e*-%&e)!()

tgxF

u]08sl k'ts k;n
bdf]h M)^-%^)!e*

ndh^a

%gf k'ts k;n
af]l]z/ M)^^-%e)!()

uf]vf

/f]h]gf k'ts e08f/
ljBino dfu{ M)^-\$e)!^#

z]k]b]l

; /n :6]zg/L s]b]l
e]x]f]f M)!)-%e!&\$#

ljzfn k'ts k;n

a]b]n M)e!)-%\$^%&()

k]f]k]f

>]7 Goh Ph];L
tf]g; g] M)e%-%e)!*e

c3f]f]f]

pd]z 5f]k]v]f]f
; l]w]vs(M)e&-\$e)!e)

bf^a

v]g]n k'ts k;n
ef]n]af^ M)*e-%*)!%*

/f]n

k'ts k;n
ndxl, bf^a kn]m M)*e-%\$))*)

hgtf aS :6n

3]f]xl, bf^a, kn]m M)*e-%^e^()

af]E]

l]xdfn 18li6]o6/
g]k]fnu]h M)*!)-%e#*\$*

alb6f

h]g]k]p k'ts k;n
u]hl/of M)*\$e-\$e)e!()

Go" cofn k'ts k;n

el/uf]F alb6f
kn]m M)*\$e-^e)e!(), (*\$e)#%\$)#

; v]I

; ud k'ts k;n,
; v]I M)*#-%!&(), (*\$e)e*)#%

b]h]y

zdf{ :6]zg/L
b]h]yM)*\$e-^e)e!&\$, (*\$e)^e* (^

s]h]nl

l]gnd k'ts k;n
c]Ql/of M)(!-%e)&#*, (*\$e)\$e)&#*

s-rgk/

dx]s]f]nl ; dfrf/ s]b]l
dx]b]gu/ M)((-e)!^%#

c5fd

ef]s :6]zg/L
a]9fau/ M)e&-^)!(\$, (&\$!!!e)&

88]h]vf

tf/fk-h :6]zg/L
)e-^e)!(\$, (&\$!)\$&\$&)

b]f]r]f]

r]f]h]gl k'ts k;n
uf]s]h]z] / M)e-^e)&#*, (&\$!!!e)e%



.ag{ 0g6' ay; Ú jzofnosf sðfsðlsf]klfdf

f | gf-;fgf sðfsðlx; cleef]s; E; jzofnosf
sf]ldf a; \$f 5g\ . pglx;sf] lzlf-blffsf]
t' s]s/f, /fd/l vfg] a:g]/ /fd/]afhlrnfslf]jftfj/Of
; d; x6g . t/ ToxfFa; \$f sðfsðlx;nf0{ of] 7fpf
/fd/]xfg e6g]cfef; e0; s\$]x65 . æfdf]of]lalN8^adf
cfpg]; f/f df65; v/fa 5g\ . pglx; k:g; fy a]; /l
s/fp5g\lrRofp5g\ . dnf0{klg cf00f0;en]e6g]u56
ltdl klg 7hl x65} ca ltdln] of] nf0gdf nllg w}]
; do af6l 5g . t/ dnf0{oxf6f]jftfj/Of dg kb6f,
!!+!@ jif6l Ps afnsf blw]f] ul56\ .

o; }alr, snsQsf] of] jzofnodf Pp6l oj t]sf]
k]z x65 . t/ pgl ToxfFjzof]Q ug{cfPsl gj of]gf
xf0gg\ . pgl t jzofnodf h6d}xs\$ sðfsðlx;sf]
cj:yfnf0{phfu/ ug]llofn]lel8of]
Sofd]f; lxt ToxfFkl6l xlg5g\ .
t/ Toxf6f lqmfnsfx; ; dhfs]
bl6df 3l0ft / cg]ts ePsfn]
sf]kl klg Sofd]fsf] cufl8 dv
b]yfpd df6b6g\ . To; kl5
sðfsðlnf0{/Tofpgsf nflu pgn]
Pp6f hlQm%\$5g\; a;nf0{Ps-
Psj6f Sofd]f lbP/ krf]f]k
l; sfpg]. To; sf nflu !) blv !\$ jif{Ddsf tlg hgf
afns / kF hgf afnsfx; 5flg65g\ . pgn]; a;nf0{
Sofd]faf/]; fdf6o hfgsf/L lb6]tl:a/ lvRg l; sfp5g\
/ cfknf0{ dg nfu\$]f krf]f] lvRg nufp5g\ . pgsf]
t]sfnsf]llo6 tl afnafnsfx;nf0{cf'g}cf6faf6 ; #/nf0{
x6g]l; sfpg]ePklg km's vfnsf]cj; / lbP/ pglx;nf0{
jzofnoaf6 afx/ lgsflg]/ /fd/]lzlf-blffsf]jftfj/Of
ldnf0lbg]dhet p2z0 /x\$]f] x65 .



tl afnafnsfx;nf0{klxnf]lbg lrl8of3/ nlu65 .
Toxf6f hgfj/x;sf] y/ly/Lsf krf]f] lvRg kfp6f
afnafnsfx; c; fllo}vzl blv65g\ . pgl lj :tf;}sðfsðl
/ pglx;sf kl/jf/; E 3hldn xg ; dy{xlg5g\ . Pslbg
pgl tl afnafnsfnf0{lnP/ ; dbl lsgf/l/ klU5g\
afnafnsfx; ; dbl 5fn; E;/dfp6]gRb}cf-cf'g}sf]ldf
Sofd/f t]ofp5g\ . krf]f]lvRg kfp6f vzl]lrRofp5g\
pk65g\ . tl tl:a/x;sf]kþz6l ef/tsf]cS; krf]f]{a:s:6f}
{llofn/ldf x65 . krf]f]kþz6ldf ol pkllft afnafnsfn]
; Ddfgsf ; fy kfx6f]lgdtf sf8{kfp6f pglx;df vzl]sf]
; ldf x6g . ; dhaf6 ckl]nt cfknk;nf0{klg cfb/; fy

cltlysf]z kdf lgDTofo6f tl afnafnsfsf cfdx; klg
vzl]n] ublx\ x65g\ .

kþz6lsf] ef]lkn6 cgkllft z kdf ljZjk]; 4
cvaf/x;df tl tl:a/x;en]kfyldstfsf ; fy :yfg kfp5g\
Tof] b]y] afnafnsfx; rlst k56\ . o; n] pglx;df
cfdljZj; kþ dfq u/fp6g, gof; kfg klg c^as]/t
x65 . tldllo6]Ps afns clelhtn]ef/tlo l6el Rofgsf
kqs/; E e65- ; a;}jftfj/Of ldnb}cfof]eg]eljiodf
d krf]f]krf]nf0{g}cf'gf] kþf agfp5' . p; sf ; fyl
zfl6t / sf]ln] cfknk;en] jzofnoaf6 56sf/f kfgp]
eof;e6b}vzl JoQm u/] . of] krf]f]kþz6ln] sdfPsf]
Vofltsf sf/Of clelhtn]xllo68sf]cfD:686df cfoflnt
jN8{k] krf]f]krf]p08z6g sf] krf]f]kþz6ldf efu lng
hfg] bh6 cj; / kfp5 .

pgn]tl afnafnsfsf nflu /fdf]
af]6f :shsf]vfl ul56\, tfls krf]
pglx;en]Tof]jzofnodf kms6 gk/f] \ .
jzofnodf h6d}xs\$ afnafnsf
ePsfn]ltgx;sf]h6dbtf{/f; g sf8;
d]8sn ; l6{kms6 nufotsf
sfuhftx; w}]kl/>dkl5 xft kfg]
pgl ; kmn xlg5g\ . ; efljz oldllo]

s; ðf klg .Prco6l kflhl6el krf]f] kb6 . ; a)klqmfx;
k7f ul/; s]kl5 ; a]f krf]f]p08z6g gfdS ; #yf]
afnafnsfx;nf0{cf>o; lxt lzlf lbg tof/ x65 .

of] sg} lkn6; g lknldsf] sxfgl geP/ jf:tljstf
xf] h; nf0{pgl cyf6\cdl/sdf krf]f]krf] ub]cfPsl
hfg la;sln]; xsdl{/fh sfpk6g; E ldn] agfPsf]
8sd]66df k]tt ul/Psf] 5 . snsQsf] /B nf06
Pl/of df h6d}xs\$ sðfsðlx; dflly ; g\@))\$ df
lgld6 ! 306f @% ldg6 nfd]pQm 8sd]66kljZj kl; 4
cf]sf/; lxt ljle6g k/:sf/af6 ; Ddf]gt e0; s\$]f] 5 .

k]tt 8sd]66kl]dhet z kdf b0]6f ; G6z lbg ; kmn
5 . klxnf] sðfsðlx;en] s]kl ug{ ; S6gve6g] dfgotf
; j]yf unt xf] . pglx; x/bd gofFcj; /, krf]f]fxg /
; xof]sf] vflldf x65g\ / cj; / kfp eg] /fdf] u/]
b]yfpd ; S5g\ . bf]fl] ; dhaf6 alxis[kf6m e0; s\$ /
cTo6t]g/fdf]jftfj/Ofdf xlsPsf sðfsðlx;nf0{klg kþf;
u/] ; fdlhs z kdf kg:yf]kf ug{ ; ls65 .

k]f ltdln; gf

timalsina@gmail.com

s l f f d f n 6 \l x f 0 g , d f b n

dxGy ofbj , kç
Ol ; ^a kllj , kflNrf\$, l ; GwknNrf\$



tkf0Fs ; /l lz l fs a lg klgeof <
@) \$# df P ; Pn ; l pQlOf { u / F . cfly\$ l : ylt sdhf
ePsfh] SofDk ; k9g ; lsgF . hnZj / df n f \$; j f
cf of un] lnPsf] dlvo f k b d f k / l l f f l b P F . l n l v t d f
g f d l g : s] k l g c G t j f f d f l g : s g . s f s f s] 5 f] f
/ f d z / o f o f b j l ; G w k n N r f \$, a f x g k f 6 l d f h l b P x g k G y o f .
p x f E } ; f y n f u] @) \$ & d f l ; G w k n N r f \$ c f P / h g t f
l g d f l j H o f l d / d f k 9 f p g y f n F . k q s f / 1 f g l b | v 8 s f
/ d ; E } k 9 f p F o f F . @) %) d f b j h g f : y f o l e P s f
l y o f F .

k 7 o f f b o l l z l f s s f] ; k d f s ; n f 0 { ; D % g k 6 5 <
c ^a u h l s f l z l f s ; e b h f n s o f { d 7 f] k 7 o f f s f] ; f f
x g k G y o f . a h f d f l k m l t g ; S b f p x f h] l d n f 0 l b g x G y o f .
. P ; P n ; l p Q l O f { u o f } e g] h l j g r n f p g ; S 5 f e g k G y o f .
T o ; h] d p x f h f 0 { ; w } ; l D % x G 5 ' .

P p 6 f c ; n l z l f s d f x g k g] t l g j 6 f u o f s] s] x g k 5 <
c f ^ g f] l j i f o d f b l f , k j 6 j o n f / l g / f u l t y f ; d f h d f
3 h l d n u g { ; S g] x g k 5 { .

s l f f d f s ; / l k 9 f p g k 6 5 <
J o f v o f g e g b f J o f j x f l / s l j w c k g f p 5 ' .

s l f f d f t k f 0 f] % l g k g l ; d : o f s] x g \ <
; - ; f g f l j B f y l f 0 { k 9 f p g k 5 { . s l f f d f g r h f] d f G 5] k j z
u b f { s f x l / f 0 l b G 5 g \ . T o ; a h f c k 7 f] x G 5 . T o ; a h f ,
: y f g l o - t f d f ^a e f i f f s f u l t u f P / k r h f p g] / k n s f p g]
u 5 { .

l z l f s e P / s] k f p g e o f] s] u d f p g e o f] <
l x G b l , d l y n l , g k f n l / c ^a u h l a f x \$ o x f F c f P k l 5
t f d f ^a e f i f f l ; s F / k o 6 s l o f h k l g e P s f h] c ^a u h l
e f i f f s f] c E o f ; / f d } E u g { k f P F . ; a h] ; D d f g u 5 g \ .
t / 3 / k f o s g x f f k l / j f / l ; t 6 f l 9 g ' k / \$ f] 5 .

t k f 0 f l z l f s a l g e P s f f 3 / k l / j f / , 5 / l 5 d \$ n] s]
e 6 5 g \ <
: y o l h f l u /] e P s f h] 3 / k l / j f / , 5 / l 5 d \$; a } v z l
5 g \ .

l j B f y l \$ f] g h / d f t k f 0 F s 8 f l s . g / d ; / l <

z f o b p g l x ; s f] g h / d f / f d] l z l f s x f f . l s g e g]
d 7 f] l d h f ; s 8 f v f n s f] 5 g .

t k f 0 f] l j B f y l f 0 { s l x l o } 5 8 l n u f p g e f 5 <
! ^ j i f { e o f] k 9 f P s f] n f] l n P / s g } l b g k l g s l f f d
k ; \$ f] 5 g . a ? d f b n l n P / s l f f d f h f g] u / \$ f] 5 ' .
o t f l t / l j B f y l { h f B v f P / k l g c f p E g \ . p g l x ; s l f f d
l g b r p E g \ . l t g n f 0 { A o f p g t f n l a h f p g n u f p 5 ' /
c f k n t f l x F d f b n a h f P / g f R g y n 5 ' . s l f f d f k f o m d 7 f]
k l x n f] l k l / o 8 o ; / l g } l a t 5 .

t / f 0 \$ f] d f G 5] o : t f] n \$ d f c f P / a : g e P s f] 5 .
z ? - z ? d f s x l ; d : o f k l g k f o f] l s <

e f i f f s f] t v f ; } ; d : o f k / g . l s g e g] d g k f n l / f d } E
a m l g ; S y F . t / t / f 0 \$ f] ; D d 7 f p E f] d f G 5] p s f n f : f] f n f]
w 7 } l x B g ' k b f { z ? - z ? d f s x l c k 7 f] c j Z o n f o f .
t / c l x n] s x l h : t f] k l g n f u b g . a ? o f] 7 f p E f] d f o f
n f u 5 . o l Q x f] c ; s f 5 f 7 f 5 f] l n f 0 { k 9 f P / a ; \$ f] 5 ;
p t f c f ^ g f 5 f 7 f 5 f] l s f] k 7 g k f 7 g d f ; x o f u u g { ; s \$ f]
5 g . b z f f a f x \$ l a b f k f 0 6 g .

l z l f o f k z f a f 6 ; G t l 6 x g k 6 5 t <
; G t l 6 5 ' . t / l h n f l z l f a f 6 s f d s f] d n o f] g g x f f
e g] b m v n f u 5 .

h l j g d f ; a e G b f v z l e P s f] l b g s f] ; D % g f 5 <
@) \$ & e b f } ! u t] . h f l u / k f p E f s f] l b g . T o f] l b g
h l t v z l d s l x l o } e P s f] 5 g .

h l j g d f t k f 0 f] l a ; g ; S g] s g] 3 6 g f k l g 5 l s <
@) ^) s f] s / f] x f] . o x f f 6 d h - r l k f l / s f] ; f f s l b |
l o f N y d d f # / % s l f s f l j B f y l f 0 { x f l h / l h j f k n s f]
n f l u l n P / h f B y P F . d h - r l v f h f d f / x \$ f] v f 6 s f]
k n 8 s] t g] q n d d f ! \$ j i f l 6 l j B f y l { s f o f a x f b / t f d f ^a
P S s f] ; v f h f d f v ;] . t T s n v f h f d f x f d k n n] d h]
p g s f] p 2 f / u / F . c l x n] p m ; / : j t l p R r d f j l o f l y d a f 6
P ; P n ; l l b f 5 . e 6 e 0 / x G 5 . l x ; f a d f . 6 k u u / \$.
/ , ? = ! %)) k / : s f / k l g k f P 5 . T o f] 3 6 g f / l q n f n f 0 {
s l x l o } l a ; G g .

w j l ; v 8 f

ixdfn Istfasf sxl ksfzgx;

dh] by\$fi] gkfn

xs{u?^a

;g\@)&, k[7 xx+#)*, ?= @&%:-

gkfnf sfg-sGb/f, kxf8-kj f, efj / / b[k[lxB7}k[lg]yf7}gkfnlx;df
k5g\xs{u?^a . lxB7' t Pp6f kxf8l ufp6f h6d\$ f pgsf]afnosfnf]lgolt
g}lyof]. t/ lj b[b[df k9] cfPk15 klg pgn]gkfn ofqfnf0{cf^gf]klxn]
kfyldstf agfP . ;g\!(^# b]v !(&* sf cj lwdf slxn); f27o / slxn]
vf[3dSs8lsf lx; fan] p8], u8] / w]h; f] rflxF1xB7}ul/Psf ol
ofqfx;af6 pgsf lrGtgw/fdf k/\$f 5fk pgsf n]yfo, lj Zn]of / pgn]
sf7\$ dh\$sf offhgx;df cleloSt ePsf kfOG5g\ o; k!tsdf ; d]bPsf
cfnyx; ; fdf6o ofqf j QfGt dfq ge0{gkfnf]ef]ts eufh / ; fdf]hs
; f:s[ts kl/j zaf/]Ps ljnlfof lj afg\$ f uxg l6kko]lx; xg\



...

ljifo ljijw

xs{u?^a

;g\@)^, k[7 xiv+@&^, ?= #@&%:-

xs{u?^a sf] gfdl; t PseGb f a9l lj z]of hf]BPsf lyP . eufh]lj b\
offhgsf/, ;dfhzf:ql, /fhgllt1, lrGts, kzf; s, n]ys, kbofql,
kj f lj z]f1, lrqsf/, k[6f]u]k[6, v]h]f8l, d6ql cflb cg\$ lrgf/l
lyof] xs{u?^a sf]. xs{u?^a sf /df0nf ofqf-syf, dld\$; :d/Of,
3tnf]bf ljrf/, tllof lj Zn]of tyf 7f] cjwf/Offx; ; a\$Int ljifo
ljijw nf0{ ; xl cydf pxf]f kl]tlglw n]y-/rgfx;sf] ; hf]nf] eGg
; lsg5 .



...

gkfn M lxB"clw/fhosf] Oltxf;

I; NefFn]l

;g\@)% , k[7 xxxiv+@^), ?= \$))÷-

-klxn] v08_

;g\@)&, k[7 vii+@&*, ?= @&%:-

-bf]] v08_

I; NefFn]l k]l6 ; :s[t / Oltxf; sf
Vofltk]t k]f; h]l lj afg\ xg\ . pgl ; aeGb f
klxn] ; g\!* (* df gkfn cfPsf lyP .
pgsf] gkfn a; f0sf] cj lw b0{dlxgf dfq
lyof] To] klg sf7df8f]pkTosdf ; lldt .
a; f0 5f6f] cj lwsf]eP klg pgsf] cl]oog
/ cg; Gwfg uxg lyof]. To; \$f]kl/Offd:j; k
; g\!(%) df of]ljzb s[t tlg efudf
k\$flzt eof]. Oltxf; eg\$] zf; sx;sf]
j z]fjnl / :tlt dfq xfo]g eGg]dfGotf /Vg]I; NefFn]lsf]o; s[tnf0{Ps zt]fblcl3sf]gkfnf]
; f:s[ts-/fhgllts cj:yfsf] lj atfkOf{ lj Zn]of dflgG5 .



ahf/df ; j6 pknAw 5 .

kf6g9f\$ f, nlntk/, k]f] g= %\$@%\$ \$÷@]#@

बालबालिकाको लागि

नेपालका बालबालिकाका लागि एउटा बलियो आवाज सिर्जना गर्न नेपालमा कार्यरत सेभ द चिल्ड्रेन एक भएकाछन् ।

अन्तर्राष्ट्रिय सेभ द चिल्ड्रेन एलाएन्स १२० वटा देशहरूमा कार्यरत, २७ राष्ट्रिय संस्थाहरूको सञ्जाल हो । यो बालबालिकाको अधिकारको लागि कार्यरत विश्वको सबैभन्दा ठूलो स्वतन्त्र संस्था हो । सेभ द चिल्ड्रेन साभा लक्ष्य तथा नामले एक छन् तर अहिलेसम्म विभिन्न सेभ द चिल्ड्रेनहरू हरेक देशमा स्वतन्त्ररूपमा कार्यरत धिए ।

नेपालमा कार्यरत सेभ द चिल्ड्रेन संस्थाहरू नर्वे, यु.एस.ए. र जापान हुन् । १ अप्रिल २००९ का दिन यी सबै संस्थाहरू औपचारिकरूपमा एक भएका छन् । यो संयुक्त उपस्थितिको अर्थ, नेपालमा सेभ द चिल्ड्रेनको एक मात्र संयुक्त कार्यक्रम कार्यान्वयनको संरचना हुनेछ ।

एक संयुक्त आवाजका साथ सेभ द चिल्ड्रेनले बालबालिकाको अधिकार कार्यान्वयनका लागि वकालत गर्दा बढी सशक्त र प्रभावकारी हुनेछ ।

