

Nepal Trek Everest B.C. Nov 2009

1	TIBETAN SNOWCOCK <i>Tetraogallus tibetanus</i>	30+ on the hillside above Lobuche on the 4th Dec, with 30 more at Gorak Shep on the 5th
2	COMMON HILL PARTRIDGE <i>Arborophila torqueola</i>	2 birds seen on the 25th Nov, between Khari La Pass and Surke
3	BLOOD PHEASANT <i>Ithaginis cruentus</i>	15 birds seen near Khumjung ( on the Phortse trail) and 5 more beyond Khunde, on the 8th Dec
4	HIMALAYAN MONAL Lophophorus <i>impejanus</i>	Seen or heard on 7 days, max 11 on the 28th and 10 on the 30th Nov between Namche Bazaar and Khumjung
5	KALJI PHEASANT <i>Lophura leucomelanos</i>	4 seen on the 22nd Nov as we were leaving the forest area below Lamjura La Pass, approaching Junbesi
6	RUDDY SHELDUCK <i>Tadorna ferruginea</i>	30 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
7	GADWALL <i>Anas strepera</i>	12 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
8	EURASIAN WIGEON <i>Anas penelope</i>	20 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
9	MALLARD <i>Anas platyrhynchos</i>	100+ seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
10	COMMON TEAL <i>Anas crecca</i>	30 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
11	NORTHERN PINTAIL <i>Anas acuta</i>	12 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
12	NORTHERN SHOVELER <i>Anas clypeata</i>	6 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
13	FERRUGINOUS DUCK <i>Aythya nyroca</i>	4 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
14	TUFTED DUCK <i>Aythya fuligula</i>	30 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
15	FULVOUS-BREASTED PIED W/P <i>Dendrocopos macei</i>	A single at Damside, Pokhara on 14th Dec was our only sighting
16	DARJEELING PIED W/P <i>Dendrocopos darjelingensis</i>	Singles seen on the 22nd Nov below Bupsa and another on the 26th, near Phakding
17	LESSER YELLOWNAPE <i>Picus chloropus</i>	2 in the forest below the Peace Pagoda, Pokhara, on the 15th Dec
18	GREATER YELLOWNAPE <i>Picus flavinucha</i>	2 in the forest behind Fish Tail Lodge, Pokhara, on the 17th Dec
19	SCALY-BELLIED WOODPECKER <i>Picus squamatus</i>	1 seen on the 22nd Nov in the forest below Lamjura La Pass, just before we reached Junbesi
20	GREAT BARBET <i>Megalaima virens</i>	Heard on 4 days and seen on the 15th Dec on the way up to the Peace Pagoda from the south
21	BLUE-THROATED BARBET <i>Megalaima asiatica</i>	1 heard behind Fish Tail on the 14th Dec and 2 seen in the forest below the Peace Pagoda, on the 15th
22	COMMON HOOPOE <i>Upupa epops</i>	A single in fields next to Phewa Tal lake, Pokhara on the 13th Dec was our only sighting
23	WHITE-THROATED KINGFISHER <i>Halcyon smyrnensis</i>	Seen daily at Pokhara, max 12 on the 13th Dec when we walked back from the N end of Phewa Tal lake
24	HIMALAYAN PIED KINGFISHER <i>Ceryle lugubris</i>	2 flew up river at Shivalaya on the 20th Nov. Only seen by RT
25	GREATER COUCAL <i>Centropus sinensis</i>	Singles seen at Damside on the 12th, Mum's Garden Resort on the 14th and Mugling lunch stop on 18th Dec
26	ROSE-RINGED PARAKEET <i>Psittacula krameri</i>	Seen on 4 days around Pokhara, with max 20 on the 11th Dec, between Kathmandu and Pokhara
27	HIMALAYAN PARAKEET <i>Psittacula himalayana</i>	15 seen between Bhandar and Sete on the 21st Nov
28	HIMALAYAN SWIFTLET <i>Aerodramus brevirostris</i>	Seen daily in the Kathmandu valley and around Pokhara, max 50 on the 12th Dec
29	ASIAN BARRED OWLET <i>Glaucoedon cuculoides</i>	A single seen on 6 days at Mum's Garden Resort, Pokhara and one below the Peace Pagoda on the 15th Dec
30	SPOTTED OWLET <i>Athene brama</i>	Seen on 3 days at Mum's Garden Resort, Pokhara, max 3 there on the 15th Dec
31	ROCK PIGEON <i>Columba livia</i>	Very common in the Kathmandu valley and around Pokhara
32	SNOW PIGEON <i>Columba leuconota</i>	Seen on 14 days of the trek, max 100+ between Surke & Jorsalle and Tengboche & Pheriche 26th Nov/1st Dec
33	COMMON WOOD PIGEON <i>Columba palumbus</i>	A flock of 50 flew overhead, whilst waiting to board the Greenline Bus in Pokhara, on the 18th Dec
34	ORIENTAL TURTLE DOVE <i>Streptopelia orientalis</i>	Singles seen on 4 days, between Shivalaya and Nhuntala
35	SPOTTED DOVE <i>Streptopelia chinensis</i>	Seen daily around Pokhara, max 8 on the 13th Dec
36	BARRED CUCKOO DOVE <i>Macropygia unchall</i>	2 birds seen on the 23rd Nov, near Nhuntala
37	WHITE-BREASTED WATERHEN <i>Amaurornis phoenicurus</i>	Singles seen on 4 days, all on the shoreline of Phewa Tal lake
38	PURPLE SWAMPHEN <i>Porphyrio p. poliocephalus</i>	40 at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
39	COMMON MOORHEN <i>Gallinula chloropus</i>	6 seen at the North end of Phewa Tal lake, Pokhara on the 13th Dec
40	COMMON COOT <i>Fulica atra</i>	100+ at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
41	COMMON SANDPIPER <i>Actitis hypoleucos</i>	2 on the 12th and 13th Dec, on Phewa Tal lake shoreline, behind Boomerang Hotel gardens
42	BRONZE-WINGED JACANA <i>Metopidius indicus</i>	8 at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
43	LITTLE RINGED PLOVER <i>Charadrius dubius</i>	2 on the 12th and 5 on the 13th Dec, on Phewa Tal lake shoreline, behind Boomerang Hotel gardens
44	BROWN-HEADED GULL <i>Larus brunnicephalus</i>	2 at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
45	BLACK KITE <i>Milvus migrans/govinda</i>	Seen daily in the Kathmandu valley and around Pokhara
46	LAMMERGEIER <i>Gypaetus barbatus</i>	Singles seen on 5 days, all around Pheriche (4240M) or above
47	EGYPTIAN VULTURE <i>Neophron percnopterus</i>	Seen on 5 days around Fish Tail Lodge and the Peace Pagoda, Pokhara, max 2 on the 15th and 16th Dec
48	WHITE-RUMPED VULTURE <i>Gyps bengalensis</i>	Seen on 3 days near Fish Tail Lodge, Pokhara, max 3 there on the 14th Dec
49	HIMALAYAN VULTURE <i>Gyps himalayensis</i>	Seen on 9 days, all between Namche Bazaar (3400M) and Pheriche (4240M) max 8 on the 28th Nov
50	RED-HEADED VULTURE <i>Aegypius calvus</i>	A single over Damside, Pokhara on the 14th Dec was our only sighting
51	HEN HARRIER <i>Circus cyaneus</i>	1 on the way up Mong La on the 8th Dec and 1 at the N end of Phewa Tal lake on the 13th Dec
52	EURASIAN SPARROWHAWK <i>Accipiter nisus</i>	Singles seen on the 21st and 25th Nov, and 9th Dec
53	HIMALAYAN BUZZARD <i>Buteo burmanicus</i>	Seen on 4 days, max 2, all between Shivalaya and Phakding
54	GOLDEN EAGLE <i>Aquila chrysaetos</i>	2 birds seen at Tengboche on the 30th Nov was our only sighting
55	STEPPE EAGLE <i>Aquila nipalensis</i>	A single at the Greenline Bus lunch stop, Riverside Resort, Mugling on the 11th Dec was our only sighting
56	BONELLI'S EAGLE <i>Hieraetus fasciatus</i>	2 seen on the 23rd Nov at the Goat's cheese stop, between Junbesi and Ringmo
57	COMMON KESTREL <i>Falco tinnunculus</i>	Seen on 7 days, max 8 on the 21st Nov, between Bhandar and Sete
58	SAKER FALCON <i>Falco cherrug</i>	Excellent views of a bird on the way down from Mong La towards Khumjung on the 8th Dec
59	PEREGRINE FALCON <i>Falco peregrinus</i>	1 at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
60	LITTLE GREBE <i>Tachybaptus ruficollis</i>	Common on Phewa Tal lake, with circa 100 there on the 12th Dec
61	GREAT CRESTED GREBE <i>Podiceps cristatus</i>	3 at the North End of Phewa Tal lake on the 12th Dec and another on the lake on the 13th
62	GREAT CORMORANT <i>Phalacrocorax carbo</i>	Seen daily over Phewa Tal lake, max 12 there on the 12th Dec
63	LITTLE EGRET <i>Egretta garzetta</i>	Seen around Phewa Tal lake, in small numbers
64	EASTERN CATTLE EGRET <i>Bubulcus coromandus</i>	Very common in the fields adjacent to Phewa Tal lake
65	GREY HERON <i>Ardea cinerea</i>	1 at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
66	INDIAN POND HERON <i>Ardeola grayii</i>	Common in the fields adjacent to Phewa Tal lake
67	BLACK-CROWNED NIGHT HERON <i>Nycticorax nycticorax</i>	Seen on 6 evenings in Pokhara, max 40 on the 14th Dec leaving their roosting site. 3 also seen during the day
68	LONG-TAILED SHRIKE <i>Lanius schach</i>	Seen on 10 days, max 6 on the 11th Dec, whilst travelling from Kathmandu to Pokhara
69	GREY-BACKED SHRIKE <i>Lanius tephronotus</i>	2 on the 24th Nov, between Nhuntala and Bupsa and 1 on the 12th Dec near Mum's Garden Resort, Pokhara
70	YELLOW-BILLED BLUE MAGPIE <i>Urocissa flavirostris</i>	Seen on 5 days of the trek, max 20 on the 22nd Nov, between Sete and Junbesi
71	RED-BILLED BLUE MAGPIE <i>Urocissa erythrorhyncha</i>	Seen on 5 days, max 5 Kat to Shivalaya on the 19th Nov and in the forest at Pokhara 15th and 17th Dec
72	RUFIOUS TREEPIE <i>Dendrocitta vagabunda</i>	Seen on 3 days, max 4 on the journey from Kathmandu to Pokhara on the 11th Dec
73	GREY TREEPIE <i>Dendrocitta formosae</i>	Seen or heard on 6 days, all around Pokhara, max 4 at Fish Tail Lodge on the 14th Dec
74	SPOTTED NUTCRACKER <i>Nucifraga caryocatactes</i>	Seen or heard daily on the trek up to 3000M, max 6 on the 20th Nov, between Shivalaya and Bhandar
75	RED-BILLED CHOUGH <i>Pyrrhocorax pyrrhocorax</i>	Recorded on 14 days of the trek, mostly between 2600M-5200M, max 100 on the 24th Nov above Nhuntala
76	ALPINE CHOUGH <i>Pyrrhocorax graculus</i>	Recorded on 9 days of the trek, all above 3400M, max 400+ near Pheriche (4200M) on the 1st Dec
77	HOUSE CROW <i>Corvus splendens</i>	Very common, seen on 12 days of the trip, all below 1000M. Consequently, not seen on the trek
78	LARGE-BILLED CROW <i>Corvus macrorhynchos japonensis</i>	Very common, seen on every day of the trip

Nepal Trek Everest B.C. Nov 2009

79	COMMON RAVEN <i>Corvus corax</i>	1 on the 4th and 3 on the 5th Dec, all near Lobuche (4930M)
80	LARGE CUCKOO-SHRIKE <i>Coracina macei</i>	Seen on 3 days all around Pokhara, max 5 on the 13th Dec on the walk back from the N end of Phewa Tal lake
81	LONG-TAILED MINIVET <i>Pericrocotus ethologus</i>	4 on the 21st Nov between Bhandar and Kinja and 2 more on the 24th Nov, 90 minutes beyond Nhuntala
82	SCARLET MINIVET <i>Pericrocotus speciosus</i>	6 at Damside, Pokhara on the 14th and 5 more in the forest below the Peace Pagoda on the 15th Dec
83	YELLOW-BELLIED FANTAIL <i>Chelidorhynch hypoxantha</i>	Seen on 6 days, max 6 between Bhandar and Sete on 21st and 6 between Nhuntala and Bupsa on 24th Nov
84	WHITE-THROATED FANTAIL <i>Rhipidura albicollis</i>	Seen on 4 days around Pokhara, mainly at Fish Tail Lodge and the forest edging Phewa Tal lake max 2
85	BLACK DRONGO <i>Dicurus macrocoercus</i>	Common in small numbers around Pokhara and common on the journey to Kathmandu
86	LESSER RACKET-TAILED DRONGO <i>Dicurus remifer</i>	Singles seen on 3 days, all in the forest at Pokhara either behind Fish Tail Lodge, or below the Peace Pagoda
87	BROWN DIPPER <i>Cinclus pallasi</i>	Singles on the 19th and 21st Nov and heard on the 23rd Nov
88	BLUE WHISTLING THRUSH <i>Myophonus caeruleus</i>	Seen on 14 days, max 10 between Surke and Jorsalle on the 26th Nov
89	PLAIN-BACKED THRUSH <i>Zoothera mollissima</i>	A single on the approach to Nhuntala on the 23rd Nov and 2 in the forest below Tengboche on the 7th Dec
90	DARK-SIDED GROUND THRUSH <i>Zoothera marginata</i>	A single in the "dump" behind Fish Tail Lodge, Pokhara, on the 17th Dec. A regular site for this rare species
91	WHITE-COLLARED BLACKBIRD <i>Turdus albocinctus</i>	Seen on 3 days, max 5 on 25th November between Bupsa and Surkhe
92	TIBETAN BLACKBIRD <i>Turdus maximus</i>	A male at Pangboche (3930M) on 7th Dec was the only bird of the trip
93	BLACK-THROATED THRUSH <i>Turdus atrogularis</i>	1 near Dughla on the 3rd Dec and a flock of 20 coming down from Mong La toward Khumjung on the 8th Dec.
94	RED-THROATED THRUSH <i>Turdus ruficollis</i>	Excellent views of a single bird in a stream at Deboche (3820M) on 7th Dec, 2 near Kunde, 8 Dec.
95	SLATY-BACKED FLYCATCHER <i>Ficedula hodgsonii</i>	4 seen on the 25th Nov, between Bupsa and Surke
96	ORANGE-GORGETED FLYCATCHER <i>Ficedula strophata</i>	Seen on 4 days, max 2 near Samba Danda on the 20th Nov, and 2 at Fish Tail Lodge on the 16th Dec
97	RED-THROATED FLYCATCHER <i>Ficedula albicilla</i>	Seen on 7 days all around Pokhara, max 4 in the forest below the Peace Pagoda on the 15th Dec
98	SNOWY-BROWED FLYCATCHER <i>Ficedula hyperythra</i>	A stunning male seen at Fish Tail Lodge on 12th, 16th and 17th Dec
99	VERDITER FLYCATCHER <i>Eumyias thalassinus</i>	A single at Mum's Garden Resort, Pokhara on 12th Dec was our only sighting
100	SMALL NILTAVA <i>Niltava macgrigorae</i>	A female at Damside, Pokhara on 14th Dec was our only record of the trip.
101	RUFIOUS-BELLIED NILTAVA <i>Niltava sundara</i>	Seen on 4 days, max 2, mainly in the garden at Mum's Garden Resort, and at Fish Tail Lodge
102	GREY-HEADED CANARY F/CATR <i>Culicicapa ceylonensis</i>	Seen on 5 days, mainly Pokhara, max 3 there on the 16th Dec, in the forest ravines, below the Peace Pagoda
103	WHITE-BROWED BUSH ROBIN <i>Tarsiger indicus</i>	A total of 7 birds seen on the trek, all between Sete and Namche Bazaar
104	RUFIOUS-BREASTED BUSH ROBIN <i>Tarsiger hyperythrus</i>	A male, seen at the Sonham Lodge, drinks stop, just below the Khari La Pass on the 25th Nov
105	HIM RED-FLANKED BUSH ROBIN <i>Tarsiger rufilatus</i>	4 seen near Goyom on the 22nd Nov and 2 more on the 25th Nov, between the Khari La Pass and Surke
106	ORIENTAL MAGPIE ROBIN <i>Copsychus saularis</i>	Seen daily in Pokhara, max 12 there on the 13th Dec, whilst walking back from the N end of Phewa Tal lake
107	BLUE-CAPPED REDSTART <i>Phoenicurus coerulescephala</i>	8 birds seen in total, 6 of which were on the 22nd Nov, close to Lamjura La Pass (3500M)
108	HODGSON'S REDSTART <i>Phoenicurus hodgsoni</i>	Seen on 4 days, max 5 on the 21st Nov, at Bhandar and towards Sete
109	WHITE-THROATED REDSTART <i>Phoenicurus schisticeps</i>	Seen on 8 days, all above Namche (3400M) max 8 around Namche on 28th Nov and 8 Pheriche on 1st Dec
110	WHITE-WINGED REDSTART <i>Phoenicurus erythrogastus</i>	11 birds seen in total, max 5 around Pheriche (4240M) on 2nd Dec with 4 present the following day
111	BLUE-FRONTED REDSTART <i>Phoenicurus frontalis</i>	Seen on 11 trek days max 20 on 23rd Nov between Junbesi and Nhuntala
112	WHITE-CAPPED RIVER CHAT <i>Chaimarrornis leucocephalus</i>	Seen on 7 days in suitable habitat, max 5 on the 19th Nov around Shivalaya.
113	PLUMBEOUS WATER REDSTART <i>Rhyacornis fuliginosa</i>	Seen on 10 days in suitable habitat, max 8 on the 19th Nov around Shivalaya.
114	WHITE-TAILED BLUE ROBIN <i>Myiometula leucura</i>	2 males seen on the 16th Dec, 1 at Fish Tail Lodge and the other in a forest ravine below the Peace Pagoda
115	GRANDALA <i>Grandala coelicolor</i>	Seen on 3 days, Max 150+ above Dingboche on 2nd Dec and 100+ Mong La towards Khumjung on 8th Dec
116	LITTLE FORKTAIL <i>Enicurus scouleri</i>	Singles between Nhuntala and Bupsa, on the 24th Nov and another between Jorsalle and Chomoa on 9th Dec
117	BLACK-BACKED FORKTAIL <i>Enicurus immaculatus</i>	A single seen from the boat, on our trip over Phewa Tal lake, to the forest ravines, on the 16th Dec
118	SLATY-BACKED FORKTAIL <i>Enicurus schistaceus</i>	A single seen from the boat, on our trip over Phewa Tal lake, to the forest ravines, on the 16th Dec
119	SPOTTED FORKTAIL <i>Enicurus maculatus</i>	1 seen en route Jiri to Shivalaya on 19th Nov and 2 seen from the boat Phewa Tal lake on 16th Dec
120	COMMON STONECHAT <i>Saxicola torquatus</i>	Seen on 8 days, max 15 on the 13th Dec when we walked back from the N end of Phewa Tal lake
121	PIED BUSHCHAT <i>Saxicola caprata</i>	4, from the bus, between Kat and Pokhara on 11th Dec and 2 more at the N end of Phewa Tal lake 13th Dec
122	GREY BUSHCHAT <i>Saxicola ferreus</i>	A single near Kinja on 21st Nov and 3 below the Peace Pagoda Pokhara on the 15th Dec
123	GREY-HEADED STARLING <i>Sturnia malabarica</i>	A flock of up to 10 birds seen in trees near Mum's Garden Resort, Pokhara 12th to 18th Dec
124	BRAHMINY STARLING <i>Temenuchus pagodarum</i>	3 in trees near Mum's Garden Resort on 12th Dec was our only sighting
125	COMMON MYNA <i>Acridotheres tristis</i>	Common in Pokhara and Kathmandu. Seen on 13 days
126	JUNGLE MYNA <i>Acridotheres fuscus</i>	Common in Pokhara and Kathmandu. Seen on 9 days
127	WHITE-TAILED NUTHATCH <i>Sitta himalayensis</i>	Seen on 6 days of the trek, max 12 on 23rd Nov between Junbesi and Nhuntala
128	VELVET-FRONTED NUTHATCH <i>Sitta frontalis</i>	6 in the forest behind Fish Tail Lodge on the 14th Dec and 3 on the way up to the Peace Pagoda on the 15th
129	WALLCREEPER <i>Tichodroma muraria</i>	1 on the way to Jiri, on the 19th Nov; 1 on 9th Dec near Jorsalle and 1 near Khumjung on 9th Dec.
130	EURASIAN TREECREEPER <i>Certhia familiaris</i>	6 birds seen, max 2 near Tashinga, on the 30th Nov and 2 near Debuche, the following day
131	RUSTY-FLANKED TREECREEPER <i>Certhia nipalensis</i>	9 birds seen all on the trek, max 4 between Junbesi and Nhuntala on the 23rd Nov
132	RUFIOUS-VENTED TIT <i>Parus rubidiventris</i>	Seen on 7 days of the trek, max 30+, between Sete and Junbesi, on the 22nd Nov
133	COAL TIT <i>Parus ater</i>	Seen on 6 days of the trek, max 12 on the 23rd, between Junbesi and Nhuntala
134	GREY-CRESTED TIT <i>Parus dichrous</i>	Seen on 9 days of the trek, max 25 on the 23rd, between Junbesi and Nhuntala
135	GREAT TIT <i>Parus major</i>	1 on the way to Shivalaya on 19th Nov and seen on 3 days in the forest at Pokhara, max 4 on 15th Dec
136	GREEN-BACKED TIT <i>Parus monticolus</i>	Seen on 8 days of the trek, max 15, between Shivalaya and Bhandar, on the 20th Nov
137	WINTER WREN <i>Troglodytes troglodytes</i>	Seen on 14 days of the trek, max 10, recorded on the 23rd Nov between Junbesi and Nhuntala
138	BLACK-LORED YELLOW TIT <i>Parus xanthogenys</i>	Seen on 3 days of the trek, max 6 on 21st Nov and 4 days in the forest at Pokhara, max 8 on the 15th Dec
139	YELLOW-BROWED TIT <i>Sylviparus modestus</i>	Seen on 5 days of the trek, max 12, on the 23rd, between Junbesi and Nhuntala
140	RED-HEADED TIT <i>Aegithalos concinnus</i>	Seen on 5 days of the trek, max 20+, between Shivalaya and Bhandar, on the 20th Nov
141	RUFIOUS-FRONTED TIT <i>Aegithalos iouschistos</i>	12 seen between Sete and Junbesi on the 22nd Nov and 8 more between Junbesi and Nhuntala on the 23rd
142	GREY-THROATED SAND MARTIN <i>Riparia chinensis</i>	Seen daily at Pokhara, max 50 at the lunch stop Riverside Resort on the 11th Dec. Probably under recorded
143	EURASIAN CRAG MARTIN <i>Ptyonoprogne rupestris</i>	3 seen on the high ridge between Bhandar and Kinja on the 21st Nov
144	BARN SWALLOW <i>Hirundo rustica</i>	Common at Pokhara, over Phewa Tal lake
145	RED-RUMPED SWALLOW <i>Hirundo daurica</i>	2 on the 13th and 14th Dec, over Phewa Tal lake shoreline, behind Boomerang Hotel gardens
146	STREAK-THROATED SWALLOW <i>Hirundo fluvicola</i>	A single on the 12th Dec, over Phewa Tal lake, behind Boomerang Hotel gardens
147	NEPAL HOUSE MARTIN <i>Delichon nipalensis</i>	Seen on 2 days, 50+ at Ringmo on the 23rd Nov and 10 at the N end of the lake Pokhara on 13th Dec
148	HIMALAYAN BULBUL <i>Pycnonotus leucogenys</i>	Seen on 4 days of the trek and 4 days around Pokhara max 6 in the forest on 14th Dec
149	RED-VENTED BULBUL <i>Pycnonotus cafer</i>	Seen on 12 days of the trip. Common around Pokhara
150	HIMALAYAN BLACK BULBUL <i>Hypsipetes leucocephalus</i>	Seen on 3 days of the trek, max 50, between Shivalaya and Bhandar, on the 20th Nov
151	BLACK-THROATED PRINIA <i>Prinia atrogularis atrogularis</i>	A single on the 21st Nov, between Bhandar and Kinja was our only sighting
152	ZITTING CISTICOLA <i>Cisticola juncidis</i>	6 in the fields at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
153	ORIENTAL WHITE-EYE <i>Zosterops palpebrosus</i>	Seen on 3 days of the trek, max 10 on the 20th Nov and on 6 days around Pokhara, max 25 on the 13th Dec
154	CHESTNUT-HEADED TESIA <i>Tesia castaneocoronata</i>	Good views of singles at Fish Tail Lodge, Pokhara, on the 14th and 16th Dec
155	YELLOW-BROWED TESIA <i>Tesia cyaniventer</i>	4 seen and several heard on 4 days, mainly at Fish Tail Lodge, Pokhara 14th to 17th Dec incl.
156	GREY-SIDED BUSH WARBLER <i>Cettia brunnifrons</i>	A single bird seen briefly, near the Peace Pagoda, on the 15th Dec was our only record
157	BLYTH'S REED WARBLER <i>Acrocephalus dumetorum</i>	A single, seen well, in the garden at Mum's Garden Resort on the 17th Dec, was a nice surprise

Nepal Trek Everest B.C. Nov 2009

158	INDIAN REED WARBLER <i>Acrocephalus stentoreus brunnescens</i>	3 birds seen well at Damside , Pokhara, on the 14th Dec was our only sighting
159	COMMON TAILORBIRD <i>Orthotomus sutorius</i>	Seen and heard daily, around Pokhara, max 8 on the 12th Dec
160	SIBERIAN CHIFFCHAFF <i>Phylloscopus collybita tristis</i>	3 birds in trees next to Phewa Tal lake, on the 12th Dec was our only sighting
161	ORANGE-BARRED LEAF WARBLER <i>Phylloscopus pulcher</i>	Seen on 6 days, only on the trek, max 10 between Sete and Junbesi on the 22nd Nov
162	GREY-FACED LEAF WARBLER <i>Phylloscopus maculipennis</i>	Seen on 7 days, only on the trek, max 6, between Surke and Jorsalle on the 26th Nov
163	LEMON-RUMPED LEAF WARBLER <i>Phylloscopus chloronotus</i>	Seen on 5 days, max 6 between Bhandar and Sete on 21st Nov and 6 in the forest at Pokhara on the 15th Dec
164	HUME'S LEAFWARBLER <i>Phylloscopus humei</i>	Seen on 9 days, mainly around Pokhara, max 12 on 13th Dec whilst walking back from the N end of the lake
165	GREENISH WARBLER <i>Phylloscopus trochiloides</i>	2 singles seen on the 11th and 12th Dec, both in the garden at Boomerang Hotel, Pokhara
166	WHISTLERS WARBLER <i>Seicercus whistleri</i>	Seen on 5 days, mainly around Pokhara, max 8 at Fish Tail Lodge and the lake side ravines, on the 16th Dec
167	GREY-HOODED WARBLER <i>Phylloscopus xanthochistos</i>	Seen on 9 days, max 12 on the 20th Nov, between Shivalaya and Bhandar
168	CHESTNUT-CROWNED WARBLER <i>Seicercus castaniceps</i>	Seen on 3 days of the trek, max 3 between Surke and Jorsalle on 26th Nov, 1 in forest at Pokhara on 14th Dec
169	GOLDCREST <i>Regulus regulus</i>	Seen on 5 days of the trek, max 5 on the 23rd Nov between Junbesi and Nhuntala
170	WHITE-THROATED L/THRUSH <i>Garrulus albobularis</i>	A flock of 10 on the way to Jiri, on the 19th Nov and a flock of 25 the next day, near Deorali
171	WHITE-CRESTED L/THRUSH <i>Garrulus leucolophus</i>	Heard on the trek but only seen around Pokhara, on 4 days, max 15 in forest at Fish Tail Lodge on 14th Dec
172	STRIATED LAUGHINGTHRUSH <i>Grammatoptila striata</i>	2 seen near Junbesi on the 23rd Nov and another 3, at Bupsa, on the 25th Nov
173	STREAKED LAUGHINGTHRUSH <i>Trochalopteron lineatum</i>	Seen on 11 days of the trek, max 26 on the 21st Nov, between Bhandar and Sete
174	GREY-FACED L/THRUSH <i>Trochalopteron variegatum</i>	A single near lower Goyom (3060M) on the 22nd Nov, was the only bird of the trip
175	BLACK-FACED LAUGHINGTHRUSH <i>Trochalopteron affine</i>	Seen on 10 days of the trek, max 40 on the 7th Dec, between Tengboche and Phortse Thenga
176	RED-HEADED L/THRUSH <i>Trochalopteron erythrocephalum</i>	Seen on 4 days of the trek, max 6 on the 20th Nov, between Shivalaya and Bhandar
177	RUSTY-CHEEKED SCIM BABBLER <i>Pomatorhinus erythrogenys</i>	2 above Samba Danda on the 20th Nov and 2 more on the 24th Nov, near Nhuntala
178	SLENDER-BILLED SCIM BABBLER <i>Xiphirhynchus superciliosus</i>	1 between Bhandar and Kinja, on the 21st Nov and 2 more on the 24th, between Nhuntala and Bupsa
179	SCALY-BREASTED WREN BABBLER <i>Pnoepyga albiventer</i>	1 seen near Bhandar on the 20th Nov and at least 14 more heard, over 3 days, between Sete and Surke
180	PYGMY WREN BABBLER <i>Pnoepyga pusilla</i>	Heard only, 2 in a lake side ravine at Pokhara on the 16th Nov and 1 at Fish Tail Lodge the following day
181	RUFIOUS-CAPPED BABBLER <i>Stachyris ruficeps</i>	2 seen well on the descent to Nhuntala, on the 23rd Nov and 2 more near Surke on 26th Nov
182	BLACK-CHINNED BABBLER <i>Stachyris pyrrhops</i>	Singles seen on the 21st Nov near Bhandar and on the 16th Dec in a forest ravine below the Peace Pagoda
183	GREEN SHRIKE BABBLER <i>Pteruthius xanthochlorus</i>	Seen on 5 days of the trek, max 12, on the 23rd Nov, between Trakshindo Pass (3071M) and Nhuntala
184	HOARY-THROATED BARWING <i>Actinodura nipalensis</i>	Seen on 3 days of the trek, max 8, on the 22nd Nov, just before we reached lower Goyom (3060M)
185	BAR-THROATED MINLA <i>Minla strigula</i>	Seen on 3 days of the trek, max 15 on the 21st Nov, a small flock near Bhandar and another Kinja to Sete
186	RED-TAILED MINLA <i>Minla ignotincta</i>	A single below Bhandar, on the 21st Nov, was the only bird of the trip
187	WHITE-BROWED FULVETTA <i>Alcippe vinipectus</i>	Seen daily on the trek, from Shivalaya to Pangboche, max 40 between Sete and Junbesi on the 22nd Nov
188	WHISKERED YUHINA <i>Yuhina flavicollis</i>	Seen on 5 days of the trek, max 8, on the 20th, between Shivalaya and Deorali
189	STRIPE-THROATED YUHINA <i>Yuhina gularis</i>	Seen on 4 days of the trek, max 30, on the 23rd, between the Trakshindo Pass (3071M) and Nhuntala
190	RUFIOUS-VENTED YUHINA <i>Yuhina occipitalis</i>	A flock of 8 birds seen on the 20th Nov, between Bhandar and Deorali, were the only birds of the trip
191	WHITE-BELLIED ERPNORNIS <i>Erpornis zantholeuca</i>	2 seen in the forest behind Fish Tail lodge on the 14th Dec and 2 more below the Peace Pagoda on 15th Dec
192	FIRE-TAILED MYZORNIS <i>Myzornis pyrrhura</i>	3 seen well, near Bupsa and a male at Payon all on the 25th Nov, another male beyond Chheplung, on the 26th
193	RUFIOUS SIBIA <i>Heterophasia capistrata</i>	Common on the lower part of the trek, max 30, on the 20th Nov, between Shivalaya and Bhandar
194	HORNED LARK <i>Eremophila alpestris</i>	2 seen above Duglha on the 3rd Dec (4800M), at Lobuche 4 on the 4th and a flock of 25+ on the 5th (4950M)
195	FIRE-BREASTED FLOWERPECKER <i>Dicaeum ignipectus</i>	A male seen between Trakshindo Pass (3071M) and Nhuntala, on the 23rd Nov was the only bird of the trip
196	GREEN-TAILED SUNBIRD <i>Aethopyga nipalensis</i>	Single males on 3 days, between Bhandar and Sete, 21st Nov, near Dakehu (22nd) and below Kharte (25th)
197	CRIMSON SUNBIRD <i>Aethopyga siparaja</i>	2 seen at Damside, Pokhara, on the 14th Dec, were the only birds of the trip
198	FIRE-TAILED SUNBIRD <i>Aethopyga ignicauda</i>	15 seen between Bhandar and Sete on the 21st Nov, and a single below Kharte on the 25th
199	HOUSE SPARROW <i>Passer domesticus</i>	Common in Kathmandu and Pokhara, but not seen on the trek
200	EURASIAN TREE SPARROW <i>Passer montanus</i>	Seen on every day of the trip, except the 5th Dec, the day we went to Kala Patthar (5643M)
201	BLACK-WINGED SNOWFINCH <i>Montifringilla adamsi</i>	40+ seen at Dugla on the 4th Dec and 400+ seen outside the Eco Lodge, Lobuche on the 5th (see photo)
202	WHITE WAGTAIL <i>Motacilla alba ?</i>	Common on the shoreline of Phewa Tal lake, behind the Boomerang Hotel gardens, Pokhara
203	WHITE-BROWED WAGTAIL <i>Motacilla madaraspatensis</i>	6 on Phewa Tal lake shoreline, behind Boomerang Hotel gardens, on the 13th Dec
204	CITRINE WAGTAIL <i>Motacilla citreola</i>	A single, on Phewa Tal lake shoreline, behind Boomerang Hotel gardens, on the 13th Dec
205	GREY WAGTAIL <i>Motacilla cinerea</i>	Seen on 4 days on the lower part of the trek and 4 days around Pokhara, max 3 on any day
206	PADDYFIELD PIPIT <i>Anthus rufulus</i>	4 in the fields at the N end of Phewa Tal lake on the 13th Dec, was our only sighting
207	OLIVE-BACKED PIPIT <i>Anthus hodgsoni</i>	Seen or heard (usually by Richard) on 7 days on the lower part of the trek, between Shivalaya and Jorsalle
208	ROSY PIPIT <i>Anthus roseatus</i>	2 on the shoreline behind Boomerang on 14th Dec and 12 in fields at N end of Phewa Tal lake on the 13th Dec
209	ALPINE ACCENTOR <i>Prunella collaris</i>	Seen on 6 days of the trek, all above 3300M, max 8 at Lobuche, on the 5th Dec (4950M)
210	ALTAI ACCENTOR <i>Prunella himalayana</i>	Seen on 6 days, max 150+ Lobuche to Duglha on the 5th Dec, and 100+ when descending Mong La on the 8th
211	ROBIN ACCENTOR <i>Prunella rubeculoides</i>	Seen on 8 days, max 6, between Pangboche and Pheriche, on the 1st Dec
212	RUFIOUS-BREASTED ACCENTOR <i>Prunella strophiata</i>	Seen on 10 days of the trek, max 8, on the 28th Nov, around Namche Bazaar, on our rest day
213	BROWN ACCENTOR <i>Prunella fulvescens</i>	Seen on 5 days of the trek, max 5 on the 2nd Dec, around Pheriche, on our rest day
214	WHITE-RUMPED MUNIA <i>Lonchura striata</i>	12 seen at Damside, Pokhara, on 14th Dec and another small flock on the way up to the Peace Pagoda (15th)
215	SCALY-BREASTED MUNIA <i>Lonchura punctulata</i>	A flock of 15, seen on the way back from the N end of Phewa lake, on the 13th Dec
216	HIMALAYAN GREENFINCH <i>Carduelis spinoides</i>	20+ seen above Shivalaya, on the 20th Nov and 4 more on the 24th, between Nhuntala and Bupsa
217	PLAIN MOUNTAIN FINCH <i>Leucosticte nemoricola</i>	Seen on 8 days of the trek, max 50 on the 28th Nov, around Namche Bazaar, on our rest day
218	DARK-BREASTED ROSEFINCH <i>Carpodacus nipalensis</i>	Single females near Nhuntala on the 24th Nov and at Bupsa on the 25th were our only sightings
219	HIM BEAUTIFUL ROSEFINCH <i>Carpodacus pulcherrimus</i>	Seen on nearly every day of the trek, max 50+ between Lamjura La Pass and Junbesi on the 22nd Nov
220	PINK-BROWED ROSEFINCH <i>Carpodacus rodochroa</i>	2 males seen well at Benkar (2710M) on the 26th Nov
221	SPOT-WINGED ROSEFINCH <i>Carpodacus rodopeplus</i>	A male seen below the Trakshindo Pass on the 23rd Nov and 2 females below the Khari La Pass on the 25th
222	HIM WHITE-BROWED ROSEFINCH <i>Carpodacus thura</i>	Seen by Richard at Tengboche on 1st Dec, 2 seen on the way up Mong La and 2 seen near Khunde on 8th Dec
223	SPOTTED GREAT ROSEFINCH <i>Carpodacus severtzovi</i>	A flock of 6 birds outside the Eco Lodge, Lobuche, on the 4th Dec and 12 there the following morning
224	RED-FRONTED ROSEFINCH <i>Pyrrhospiza punicea</i>	A female at Duglha on the 3rd, 4th and 5th Dec was the only bird of the trip
225	RED-HEADED BULLFINCH <i>Pyrrhula erythrocephala</i>	3 seen above Jorsalle on the 27th Nov and 2 more on the 7th Dec, in the forest below Tengboche
226	WHITE-WINGED GROSBEEK <i>Mycerobas carnipes</i>	Seen on 5 trek days, max 30 on the 7th Dec, between Pangboche and Tengboche
227	LITTLE BUNTING <i>Emberiza pusilla</i>	A flock of 6 birds, in fields, as we left the village of Bupsa, on the 25th Nov
228	YELLOW BREASTED BUNTING <i>Emberiza aureola</i>	A flock of 40 birds, at the N end of Phewa Tal lake Pokhara, on the 13th Dec
296		
297		
299		
300		
301		
302		
303		
304		

305	
306	
307	
308	
309	
310	
311	
312	
313	
315	
316	
317	
318	
319	
320	
321	
323	
324	
325	
326	
327	
329	
332	
333	
334	
336	
337	
340	
342	
343	
344	
346	
349	
350	
352	
353	
354	
355	
356	
357	
358	
359	
360	
361	
363	
365	
366	
369	
371	
372	
373	
374	
375	
376	
377	
378	
379	
380	
381	
382	
384	
387	
389	
390	
391	
392	
393	
394	
395	
396	
398	
400	
402	
404	
407	
408	
409	













