

# The Systematic List for Everest Trek and Kathmandu Valley . 9th to 27th April 2006.

Nomenclature follows that used by Grimmett, Inskipp and Inskipp, Birds of Nepal. Place names used on the Everest Trek are those used in the Nepa Maps series Everest Base Camp, published by the Himalayan Maphouse Pvt. Ltd.

### **Tibetan Snowcock** *Tetraogallus tibetanus*

Three seen on the ridge above Dingboche on the 17<sup>th</sup> with the only other birds noted being four below Dughla on the 19<sup>th</sup>.

#### **Blood Pheasant** Ithaginis cruentus

A male and female seen about a quarter of the way up the ascent from Phunki Tenga to Tengboche on the 14<sup>th</sup>. Two males were seen extremely well in the forest opposite Tengboche Monastery early in the morning on the 15<sup>th</sup> with four (three males one female) noted just of the trail near Deboche on the same date.

# Himalayan Monal Lophophorus impejanus

On the 14<sup>th</sup> a male was seen between Namche Bazar and Kyangjuma.Two males were seen well on the slopes above Pangboche on the 15<sup>th</sup> with three males and a female seen at the same location on the 16<sup>th</sup>. One male at Pangboche and two males between Phunki Tenga and Sanasa on the 20<sup>th</sup>.

#### Kalij Pheasant Lophura leucoelanos

Two males seen on the lower fields at Pangboche on the 16<sup>th</sup>.

**Crimson-breasted Woodpecker** Dendrocopos cathpharius One seen at Shivapuri National Park on the 27<sup>th</sup>.

# Darjeeling Woodpecker Dendrocopos darjellensis

One in the wood above Phunki Tenga on the 14<sup>th</sup>.

# Great Barbet Megalaima virens

Two seen well and others heard at Shivapuri National Park on the 27<sup>th</sup>.

# Golden-throated Barbet Megalaima franklinii

Three seen well with others heard at Shivapuri National Park on the 27<sup>th</sup>.

# Blue-throated Barbet Megalaima australis

One very obliging individual was watched from the top of the Temple complex at Swayambhunath in the tree canopy on the 26<sup>th</sup> with others seen and heard at Shivapuri on the 27<sup>th</sup>.

# Coppersmith Barbet Megalaima haemacephala

Seen and heard at both Swayambhunath on the 26<sup>th</sup> and Shivapuri on the 27<sup>th</sup>.

# Eurasian Cuckoo Cuculus canorus

One watched flying over calling from the Hotel Vaishali, Kathmandu on the 9<sup>th</sup> remained the only one we saw. Others were heard on both our ascent and descent between Lukla and Monjo.

# **Oriental Cuckoo** *Cuculus saturatus*

One seen well near Phakding on the 11<sup>th</sup> with another at Shivapuri on the 27<sup>th</sup>.

#### Asian Koel Eudynamys scolopacea

At least three seen at Swayambhunath on the 6<sup>th</sup> with a further four seen/heard at Shivapuri on the 27<sup>th</sup>.

#### Rose-ringed Parakeet Psittacula krameri

Four or five noted from the rooftop of the Hotel Vaishali in Kathmandu on the 9<sup>th</sup> and 24<sup>th</sup>.

#### Himalayan Swiftlet Collocalia brevirostris

Four between Phakding and Monjo on the 11<sup>th</sup> and five or six noted at Namche Bazar on the 12<sup>th</sup> and 13<sup>th</sup>

# **White-throated Needletail** *Hirundapus caudacutus* Two feeding high above Shivapuri on the 27<sup>th</sup>.

House Swift Apus affinis Seen daily in the Kathmandu Valley.

#### Fork-tailed Swift Apus pacificus

Three near Monjo on the 11<sup>th</sup> with six seen over Namche Bazar on the 13<sup>th</sup>. Six in the Imja Khola valley near Phunki Tenga on the 14<sup>th</sup>. Eight over Namche Bazar on the 21<sup>st</sup>.

# Snow Pigeon Columba leuconta

c20 at Namche Bazar on the 12<sup>th</sup> with a similar count the following day with an additional count of 14 between Khumjung and Khunde on the 13<sup>th</sup>. 16 at Pangboche on the 15<sup>th</sup> and c25 near Shomare on the 16<sup>th</sup> with c40 between here and Dingboche on the same date. At Dingboche there was a flock of around c30 birds. During are descent in the snow a few were seen in similar places and by the time we had reached Namche Bazar the flock had increased to c50 birds.

### Ashy Wood Pigeon Columba pulchricollis

Two seen at Shivapuri National Park on the 27th.

### **Oriental Turtle Dove** Streptopelia orientalis

A few were seen on our ascent from Lukla to Monjo between the 10<sup>th</sup> to 12<sup>th</sup>. However four were seen at Namche Bazar on the 13<sup>th</sup> with a six recorded at Tengboche on the 15<sup>th</sup>. On our descent from the 22<sup>nd</sup> to 23<sup>rd</sup> this species was noticeably more common with two's and three's at Jorsale, Monjo, Benkar, Phakding and towards Lukla.

# Ibisbill Ibidorhyncha strutherii

Two near the joining of the Lobuche Khola to the Imja Khola below Pheriche on the 16<sup>th</sup>. The bird(s) of the trip.

#### Black Kite Milvus migrans

Common over Kathmandu and in the Kathmandu valley.

#### Lammergeier Gypaetus barbatus

At Dingboche superb views of two overhead on the 16<sup>th</sup> with presumably the same two above and below us on our acclimatisation day here on the 17<sup>th</sup>. One seen south of Pheriche on the 19<sup>th</sup>.

#### Himalayan Griffon Gyps himalaynsis

All vultures 100% identified were this species.

Three near Nurning on the 10<sup>th</sup>. At Namche Bazar two were seen on both the 13<sup>th</sup> and 14<sup>th</sup>. Three in the air together over Tengboche on the 15<sup>th</sup> gave excellent views with a further two seen at Pangboche on the same date. Two near Dingboche on the 16<sup>th</sup> with presumably the same pair over Dingboche the following day. On our descent none were seen until we reached Namche Bazar when we had two together on both the 20th and 21<sup>st</sup>.

#### **Black Eagle** *lctinaetus malayensis*

One over Kathmandu from the Hotel Vaishali rooftop on the 9<sup>th</sup>.

**Northern Goshawk** Accipiter gentilis A adult female near Monjo on the 11<sup>th</sup>, one near Khunde on the 13<sup>th</sup>, a pair displaying in the Phungi Khola valley near Phunki Tenga on the 14<sup>th</sup> (3250 metres) and a male near Shomare on the 16<sup>th</sup>.

Eurasian Sparrowhawk Accipiter nisus The only birds identified for certain were one near Nurning on the 10<sup>th</sup> and a male near Benkar on the 22<sup>nd</sup>.

**Golden Eagle** Aquila chrysaetos One over Tengboche on the 15<sup>th</sup> and a sub adult near Namche Bazar on the 21<sup>st</sup> were the only ones seen.

Bonelli's Eagle Hieraaetus fasciatus One noted from Swayambhunath on the 26<sup>th</sup>.

**Common Kestrel** Falco tinnunculus One at Kathmandu Airport on the 10<sup>th</sup> was the only one seen

Cattle Egret Bubulcus ibis Seen daily around Kathmandu.

Orange-bellied Leafbird Chloropsis hardwickii At least four seen well at Shivapuri National Park on the 27<sup>th</sup>.

Long-tailed Shrike Lanius schach

A pair at Monjo on the 12<sup>th</sup>, one at Namche Bazar on the 21<sup>st</sup>, and one near Phakding on the 23<sup>rd</sup> were the only ones seen.

Grey-backed Shrike Lanius tephronotus A pair in the fields just north of Lukla on the 10<sup>th</sup> and 23<sup>rd</sup>.

# Yellow-billed Blue Magpie Urocissa flavirostris

Two just south of Phakding on the 10<sup>th</sup> with two along the trail east of the village on the 11<sup>th</sup>. A pair near Jorsale on the 22<sup>nd</sup> with another pair between Monjo and Benkar and three at Phakding on the same date. A total of seven were seen between Phakding and Lukla on the 23<sup>rd</sup>.

#### Red-billed Blue Magpie Urocissa erythrorhncha

One seen near the Airport on the 10<sup>th</sup> and two seen well at Shivapuri on the 27<sup>th</sup> were the only ones seen.

#### Grey Treepie Dendrocitta formosea

Two very obliging individuals were seen well at Shivapuri on the 27<sup>th</sup>.

### Spotted Nutcracker Nucifraga caryocatactes

Two just north of Phakding on the 11<sup>th</sup> and one between Monjo and Jorsale on the 12<sup>th</sup> with two near the Everest viewpoint on the climb up to Namche Bazar on the same date. On the 13<sup>th</sup> two were seen between Khunde and Namche Bazar. The only other birds seen were four north of Phakding on the 22<sup>nd</sup> including 'a singing (?!)' male.

#### **Red-billed Chough** *Pyrrhocorax pyrrhocorax*

Seen almost daily from Namche Bazar upwards but not as common as the following species especially at higher altitudes.

#### Yellow-billed Chough Pyrrhocorax graculus

Seen daily from Namche Bazar. Common from Pangboche northwards with a maximum of c150 at Dingboche on the 17<sup>th</sup>.

House Crow Corvus splendens

Seen daily around Kathmandu where common.

#### Large-billed Crow Corvus acrorhynshos

Relatively common in the Kathmandu valley. A few seen in the Dudh Koshi valley with birds recorded up to Dingboche presumably being *C.a.intermedius* and/or *C.a.tibetosinensis*. They basically look like small Ravens but their steeper forehead can usually be seen if you look for it.

#### **Common Raven** Corvus corax

Four seen between Tengboche and Pangboche on the 15<sup>th</sup> with at least two at Pangboche on the same day. On the 16<sup>th</sup> 'a few' seen between Pangboche and Dingboche with four seen around Dingboche on the 17<sup>th</sup>. On the 19<sup>th</sup> one was seen near Periche with two at Pangboche on the same date.

#### Maroon Oriole Oriolus traillii

Two females and a male seen well at Shivapuri on the 27<sup>th</sup> with others heard.

#### Large Cuckooshrike Coracina macei

The only one seen was a singing male that was perched at the top of a tree at Swayambhunath on the 26<sup>th</sup>.

#### Long-tailed Minivet Pericrocotus ethologus

At least six at Phakding in a bird wave on the 11<sup>th</sup>. Five south of Gumela on the 22<sup>nd</sup> and six or seven in a 'bird wave' at Shivapuri on the 27<sup>th</sup>.

**Scarlet Minivet** *Pericrocotus flammeus* Noted in two 'bird waves at Shivapuri on the 27<sup>th</sup>.

# Bar-winged Flycatcher-shrike Hemipus picatus

Four in a 'bird wave' at Shivapuri on the 27<sup>th</sup>.

# Yellow-bellied Fantail Rhipidura hypoxantha

At least two on the trail east of Phakding on the 11<sup>th</sup>. Three or four in the forest just above Phunki Tenga on the 14<sup>th</sup>. On the 15<sup>th</sup> at least three in the forest opposite Tengboche Monastery with a further two in the forest north of Tengboche near Deboche on the same date. None were then seen until the 22<sup>nd</sup> when four were noted near Benkar with further birds noted at Gumela and Phakding on the same date. Six were in a bird wave at Phakding on the 23<sup>rd</sup> and a further four were noted on the trek back to Lukla also on the 23<sup>rd</sup>. Four or five in a 'bird wave at Shivapuri on the 27<sup>th</sup>.

#### Black Drongo Dicrurus macrocercus

One or two noted in the Kathmandu Valley at the airport on the 10<sup>th</sup>.

Ashy Drongo Dicrurus leucophaeus

Only seen at Shivapuri with six here on the 27<sup>th</sup>.

### Brown Dipper Cinclus pallasii

Relatively common along the length of the Dudh Koshi and Imja Khola with birds seen as high as 4200 metres (approx) just north of Orsho.

# Chestnut-bellied Rock Thrush Monticola rufiventtris

A fine male was seen in the forest between Khunde and Namche Bazar on the 13<sup>th</sup> with a pair below the Tea House by the stream at Phunki Tenga on the 14<sup>th</sup>. The only other bird seen was another male between Tengboche and Deboche on the 15<sup>th</sup>.

### Blue Whistling Thrush Myophonus caerulens

Relatively common and very conspicuous up to 3930 metres at Pangboche. Most frequently seen between Lukla and Jorsale. Very vocal.

#### Plain-backed Thrush Zoothera mollissma

One seen near Thalsharoa on the 10<sup>th</sup>. The only other birds noted were two in the forest at Tengboche early morning on the 15<sup>th</sup>.

**Long-tailed Thrush** Zoothera dixoni One seen in the forest just above Phunki Tenga on the 14<sup>th</sup> gave excellent views.

#### **Long-billed Thrush** Zoothera monticola One at Sanasa on the 20<sup>th</sup>.

# White-collared Blackbird Turdus albocinctus

At least three at Phakding on the 10<sup>th</sup> and 11<sup>th</sup> with a pair near Benkar also on the 11<sup>th</sup>. Two flew over the river valley just north of Jorsale on the 22<sup>nd</sup>.

# Grey-winged Blackbird Turdus boulboul

A male at Phakding on the 22<sup>nd</sup> was the only one seen.

# Eurasian Blackbird Turdus merula

A flock of seven near Khumjung on the 13<sup>th</sup> with c30 at Pangboche on the 15<sup>th</sup> with a similar count early morning here on the 16<sup>th</sup>. On our descent c40 were noted early morning at Pangboche on the 20<sup>th</sup> with small flocks noted between here and Tengboche on the same date as well as four at Sanasa.

# Kessler's Thrush Turdus kessleri

The big surprise of the trip especially as I thought it was an adult Rosy Starling when I first saw it flying towards me. One adult male at Pangboche on the 20<sup>th</sup>.

# Dark-throated Thrush Turdus ruficollis

All birds seen were of the nominate Red-throated race *T.r.ruficollis* apart from at least two at Pangboche on the 20<sup>th</sup> which were the Black-throated race *T.r.atrogularis*.

Four on the ascent up to Tengboche from Phunki Tenga on the 14<sup>th</sup>. At least 15 at Pangboche on the 15<sup>th</sup> and 16<sup>th</sup>. At least 20 at Pangboche on the 20<sup>th</sup> with a further eight seen between Millinggo and Tengboche. Six were at Sanasa on the same date.

# Dark-sided Flycatcher Muscicapa sibirica

On the 22<sup>nd</sup> one just north of Jorsale with two together between Benkar and Toktok on the same date. One at Phakding on the 22<sup>nd</sup> and 23<sup>rd</sup>.

Rusty-tailed Flycatcher Muscicapa ruficauda

Two between Chhuthawa and Nurning on the 23<sup>rd</sup>.

# Rufous-gorgeted Flycatcher Ficedula strophiata

The most frequently seen Flycatcher on the trek. Seen in the forest between Khunde and Namche Bazar on the 13<sup>th</sup> at around 3700 metres with the most northerly birds seen noted near Deboche on the 15<sup>th</sup>. This species was however more noticeable and relatively common between Lukla and Monjo with c8 seen around Phakding on the 22<sup>nd</sup> and 23<sup>rd</sup>.

# White-gorgeted Flycatcher Ficedula moniliger

A superb male at Phunki Tenga at 3250 metres by the stream below the tea house on the 14<sup>th</sup> was a pleasant surprise.

**Snowy-browed Flycatcher** *Ficedula hyperythra* One male at Shivapuri National Park on the 27<sup>th</sup>.

**Little Pied Flycatcher** *Ficedula westermanni* A pair seen near Lukla on the 23<sup>rd</sup>.

# Ultramarine Flycatcher Ficedula superciliaris

Two males and a female noted just south of Phakding on the 10<sup>th</sup> with a pair seen up the east trail here on the 11<sup>th</sup>. A male noted at Phunki Tenga near the prayer wheels on the 14<sup>th</sup> at approximately 3250 metres. On the 22<sup>nd</sup> a male between Toktok and Gumela with presumably the same pair seen again up the east trail at Phakding on the same date as well as the 23<sup>rd</sup>.

#### Slaty-blue Flycatcher Ficedula tricolor

A male near Jorsale on the 22<sup>nd</sup> and a pair along the east trail at Phakding with another male south of Phakding on the 23<sup>rd</sup>.

#### Verditer Flycatcher Eumyias thalassina

Two seen at Shivapuri on the 27<sup>th</sup>.

#### Small Niltava Niltava macgrigoriae

Two males and a female noted in Shivapuri on the 27<sup>th</sup>. Superb things.

# Rufous-bellied Niltava Niltava sundara

A pair noted up the east trail at Phakding on the 11<sup>th</sup> and 22<sup>nd</sup> with the male seen here on the 23<sup>rd</sup>. The only other bird seen on the trek was a male near Toktok on the 22<sup>nd</sup>. A pair seen at Shivapuri on the 27<sup>th</sup>.

#### Blue-throated Flycatcher Cyornis rubeculoids

One smart male noted at Swayambhunath on the 26<sup>th</sup>.

#### White-tailed Rubythroat Luscinia pectoralis

Superb views were had of a male above Dingboche at approximately 4600 metres on the 17<sup>th</sup> with another in the Imja Khola valley east of Dingboche on the trail to Bibre on the same date.

#### Indian Blue Robin Luscinia brunnea

The only two seen were two males having what was a very aggressive territorial dispute (which would suggest breeding activity) near Thalsharoa on the 23<sup>rd</sup>.

#### Orange-flanked Bush Robin Tarsiger cyanurus

Relatively common between Sanasa and Deboche from the 14<sup>th</sup> to 15<sup>th</sup> with the main concentration of birds being between Tengboche and Deboche with at least 6 males and a couple of females seen along this stretch on the 15<sup>th</sup>. On our decent in the snow the only birds (four) were noted at Sanasa on the 20<sup>th</sup>.

#### Golden Bush Robin Tarsiger chrysaeus

A stunning male seen near Lomdza on the 10<sup>th</sup>, another male near Deboche on the 15<sup>th</sup> and a female near Lukla on the 23<sup>rd</sup>.

#### White-browed Bush Robin Tarsiger indicus

One at Phunki Tenga on the 14<sup>th</sup> by the stream with a pair in the forest on the ascent up to Tengboche on the same date. At Tengboche a pair noted by the side of the volley ball pitch on the 15<sup>th</sup>. None were seen on our descent in the snow.

#### **Oriental Magpie Robin** Copsychus saularis

Common in the Kathmandu Valley, even seen from the Hotel Vaishali in Kathmandu where there was a male present who spent most of his time singing from the Hotel mast or the roof gardens of the Rum Doodle restaurant. Seen as far north as Phunki Tenga (3250 metres).

# Black Redstart Phoenicurus ochruros

At least four at Dingboche on the 16<sup>th</sup> and 17<sup>th</sup> with two at Dughla on the 18<sup>th</sup> and 19<sup>th</sup> feeding around the Lodge in the snow. The only other bird seen was a male at Chhuthawa on the 23rd

#### White-throated Redstart Phoenicurus schisticeps

A male between Shomare and Orsho on the flat bit of trail on the 16<sup>th</sup> was the only one seen.

# White-winged Redstart Phoenicurus erythrogaster

A superb male in the terraced fields above Namche Bazar on the 12<sup>th</sup> with the only other birds noted being a pair in river side scrub below Dingboche on the 17<sup>th</sup>.

### Blyth's Leaf Warbler Phylloscopus reguloides

Common, seen daily from Lukla up to the bridge near Millinggo on our ascent. Not so many seen on our descent but again common from Namche Bazar southwards. A few were also seen/heard at Swayambhunath on the 26<sup>th</sup> and at Shivapuri on the 27<sup>th</sup>.

#### Buff-barred Warbler Phylloscopus pulcher

The first noted were just north of Lukla on the 10<sup>th</sup> with this species being seen almost daily north to Millinggo on the 15<sup>th</sup>. The best concentrations of birds were noted at Phakding, the forest between Khunde and Shyangboche, Phunki Tenga and the forest around Tengboche. On our descent this species was seen at Sanasa with birds then being seen from near Jorsale southwards to Lukla.

#### Ashy-throated Warbler Phylloscopus maculipennis

The first two were seen at Phakding on the 11<sup>th</sup> with none then seen until three in a 'bird wave' in the forest between Khunde and Shyangboche on the 13<sup>th</sup>. A total of six were seen between Namche Bazar and Phunki Tenga on the 14<sup>th</sup> with two near Deboche on the 15<sup>th</sup>. On our descent two were noted between Monjo and Benkar on the 22<sup>nd</sup> with at least five around Phakding on the 23<sup>rd</sup>.

#### Lemon-rumped Warbler Phylloscopus chloronotus

Four in a 'bird wave' in the forest between Khunde and Shyangboche on the 13<sup>th,</sup> another two near Sanasa on the 14<sup>th</sup> with another near Phunki Tenga on the same date. Two in the forest just north of Tengboche on the 15<sup>th</sup>. On our descent one at Phunki Tenga on the 20<sup>th</sup> with two on the descent from Namche Bazar on the 22<sup>nd</sup>.

#### Hume's Warbler Phylloscopus humei

One up the east trail at Phakding on the 11<sup>th</sup>, at least three at Phunki Tenga on the 14<sup>th</sup> with one just north of Tengboche on the 15<sup>th</sup> being the only ones seen.

#### Greenish Warbler Phylloscopus trochiloides

All birds seen were thought to have been of the nominate race P.t.trochiloides

One singing male near Phunki Tenga on the 14<sup>th</sup> and one just north of Tengboche on the 15<sup>th</sup>. The only other bird seen was near Sanasa on the 20<sup>th</sup>.

#### Golden-spectacled Warbler Seicercus burkii

Two possibles near Lukla on the 23<sup>rd</sup>. Only seen for certain at Shivapuri on the 27<sup>th</sup> where at least five seen well.

#### Whistler's Warbler Seicercus whistleri

Relatively common from Lukla north to Deboche with the main concentrations of birds noted in the Dudh Koshi Valley up to Larja Dobhan. Especially common around Phakding with at least seven at Phunki Tenga.

# Grey-hooded Warbler Seicercus xanthoschistos

Three noted near Chhuthawa on the 10<sup>th</sup> with two on the east trail at Phakding the following day. On the 23<sup>rd</sup> at least four note around Phakding with a further three birds noted on our trek from here to Lukla on the same date. A few were seen well at Shivapuri on the 27<sup>th</sup>.

#### Black-faced Warbler Abroscopus schisticeps

One seen extremely well at Shivapuri on the 27th.

## Goldcrest Regulus regulus

A few noted on our ascent up to Namche Bazar on the 12<sup>th</sup> with at least eight seen in 'bird waves' in the forest between Khunde a Shyangboche on the 13<sup>th</sup>. Relatively common between Namche and Tengboche on the 14<sup>th</sup> with a few noted around Deboche on the 15<sup>th</sup>. On our way down none were seen until we reached Sanasa on the 20<sup>th</sup> with a few noted between Namche Bazar and Phakding on the 22<sup>nd</sup>.

#### Striated Laughingthrush Garrulax striatus

One in 'scrub' between Thalsharoa and Lukla on the 23<sup>rd</sup>.

#### Spotted Laughingthrush Garrulax ocellatus

A party of four near Chhuthawa on the 10<sup>th</sup> with the only other birds seen being at least three along the east trail out of Phakding on the 22<sup>nd</sup>.

#### Streaked Laughingthrush Garrulax linatus

A few seen from south of Phakding to Jorsale on our ascent on the 10<sup>th</sup> to the 12<sup>th</sup>. On our descent this species appeared much commoner with many more birds noted from the 22<sup>nd</sup> to the 23<sup>rd</sup> especially around Jorsale, the stretch from Benkar to Phakding and around Chhuthawa.

# Black-faced Laughingthrush Garrulax affinis

Four near Chhuthawa on the 10<sup>th</sup> with four at Phakding on the same date with three here on the 11<sup>th</sup>. At least five were seen well on the climb up to Tengboche from Phunki Tenga on the 14<sup>th</sup> with at least four in the forest opposite the Monastery on the 15<sup>th</sup>. On the same date a party of seven were seen near Deboche. None were seen on our descent until we reached Benkar where a party of six birds were noted. On the 23<sup>rd</sup> four were seen on the east trail out of Phakding.

# Chestnut-crowned Laughingthrush Garrulax erythrocphals

Two with Black-faced Laughingthrushes at Phakding on the 23rd.

# Streak-breasted Scimitar Babbler Pomatorhinus ruficollis

One singing at Shivapuri on the 27<sup>th</sup> was seen well after it was whistled in.

# Scaly-breasted Wren Babbler Pnoepyga albiventer

The only ones seen were one just north of Tengboche were the stream crosses the trail on the 15<sup>th</sup> and a single at Shivapuri on the 27<sup>th</sup>.

# Spiny Babbler Turdoides nipalensis

At least four with three seen very well at Shivapuri on the 27<sup>th</sup>.

#### White-browed Shrike Babbler Pteruthius flaviscapis At least four at Shivapuri on the 27<sup>th</sup> in a 'bird wave'.

Green Shrike Babbler Pteruthius xanthochlorus

Two in a 'bird wave' with the above species at Shivapuri on the 27<sup>th</sup>.

# Black-eared Shrike Babbler Pteruthius melanotis

Three in a 'bird wave' at Swayambhunath on the 26<sup>th</sup> were a surprise.

#### Hoary-throated Barwing Actinodura nipalensis

One near the entrance to the Sagarmatha National Park near the bottom of the first descent into the park on the 12<sup>th</sup>. Two seen between Gumela and the bridge north of Phakding on the 22<sup>nd</sup> with another near Lomdza on the 23<sup>rd</sup>.

# Red-tailed Minla Minla ignotincta

Two seen just south of Phakding on the 10<sup>th</sup> with the only other birds seen being four at Shivapuri on the 27<sup>th</sup>.

# **Rufous-winged Fulvetta** Alcippe castanecps

Two in thick scrub along the east trail at Phakding on the 11<sup>th</sup> with another in a bird wave near the bottom of the first descent into the Sagarmatha National Park on the 12<sup>th</sup>. One also at Phunki Tenga on the 14<sup>th</sup> at 3250 metres..

# White-browed Fulvetta Alcippe vinipectus

All birds seen were of the nominate race A.v.vinipectus.

Relatively common along the lower reaches of the trek to Jorsale with three birds seen as far north as Phunki Tenga at 3250 metres on the 14<sup>th</sup>.

#### Nepal Fulvetta Alcippe nipalensis

A few on the lower reaches of the trek up to Phakding at 2610 metres with at least 5 birds seen both south of the village on the 10<sup>th</sup> and along the east trail on the 11<sup>th</sup>. Three were also noted at Phunki Tenga on the 14<sup>th</sup> at 3250 metres. Noted again at Phakding on the 22<sup>nd</sup> and 23<sup>rd</sup> and a total of nine were then seen on the trek back to Lukla on the latter date. Seven were also seen at Shivapuri on the 27<sup>th</sup>.

#### Whiskered Yuhina Yuhina flavicollis

Relatively common on the lower reaches of the trek with birds seen as far north as Jorsale on the 12<sup>th</sup> and again from here towards Lukla from the 22<sup>nd</sup>.

# Stripe-throated Yuhina Yuhina gularis

Two seen just south of Phakding on the 10<sup>th</sup> with another from the 'blue bridge in Phakding on the same date. At last three in a 'bird wave' at the bottom of the first decent into Sagarmatha National Park on the 12<sup>th</sup>. At Phunki Tenga at least four in scrub by the stream on the 14<sup>th</sup> with a further two birds noted on the climb to Tengboche. On our descent two were noted near Jorsale with further birds seen between Benkar and Gumela on the 22<sup>nd</sup>.

# Rufous-vented Yuhina Yuhina occipitalis

Three in the bird wave at the bottom of the first decent into Sagarmatha National Park on the 12<sup>th</sup> and four near Jorsale on the 22<sup>nd</sup> were the only ones seen.

# Fire-tailed Myzornis Myzornis pyrrhoura

Two (probably a pair) just north of Tengboche on the 15<sup>th</sup>.

#### Rufous Sibia Heterophasia annectans

Relatively common on the lower part of the trek between Lukla and Jorsale with the main concentrations of birds noted around Phakding with seven seen here on the 11<sup>th</sup>. The highest we saw this species was however on the trail before the river bridge at Phunki Tenga on the 14<sup>th</sup> at roughly 3200 metres.

# Great Parrotbill Conostoma oemodium

One gave surprisingly good though somewhat brief views near the bottom of the decent from Namche Bazar just before the Larja Dobhan Bridge on the 22<sup>nd</sup>.

#### Horned Lark Eremophila alpestris

Four on the ridge above Dingboche on the 17<sup>th</sup> at around 4650 metres and at least five feeding around the Lodge at Dughla on the 18<sup>th</sup> and 19<sup>th</sup>.

#### Fire-breasted Flowerpecker Dicaeum ignipectus

Seen as far north as Monjo with at least four here on the 12<sup>th</sup>. Also noted at Phakding on the 10<sup>th</sup> and 11<sup>th</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> and on the stretch between Benkar and Gumela also on the 22<sup>nd</sup>.

# Mrs Gould's Sunbird Aethopyga gouldiae

A male just south of Phakding on the 23<sup>rd</sup> gave excellent views.

#### **Green-tailed Sunbird** Aethopyga nipalensis

A pair in scrub just north of Lukla on the 10<sup>th</sup> were the only ones seen.

#### Fire-tailed Sunbird Aethopyga ignicauda

Two males and female at Phunki Tenga on the 14<sup>th</sup> and another male near the volley ball pitch at Tengboche on the 15<sup>th</sup> were the only ones seen.

#### House Sparrow Passer domesticus

Relatively common around Kathmandu.

#### **Eurasian Tree Sparrow** *Passer montanus*

Relatively common on the lower part of the trek from Lukla to Jorsale. A few seen around Namche Bazar on the 12<sup>th</sup> to 14<sup>th</sup> with four at Pangboche on the 16<sup>th</sup> being the highest birds seen

#### White Wagtail Motacilla alba

Three noted feeding on the 'lawn' before the bridge just north of Phakding on the 12<sup>th</sup> were *M.a.alboides* (at least the two males were) with another male near Jorsale noted as being *M.a.ocularis.* The only other bird seen was a female type from the Thado Koshi Khola Bridge on the 23<sup>rd</sup>.

# White-browed Wagtail Motacilla maderaspatensis

At least two males around Jorsale on the 22<sup>nd</sup> were the only ones seen.

#### Grey Wagtail Motacilla cinerea

One at Monjo on the 12<sup>th</sup>, another near Sanasa on the 14<sup>th</sup> with one at Phunki Tenga on the same date and two near Jorsale on the 22<sup>nd</sup> were the only ones seen

#### Olive-backed Pipit Anthus hodgsonii

Two on fields north of Lukla on the 10<sup>th</sup> and six together near Khunde on the 13<sup>th</sup> were the only ones seen.

#### Rosy Pipit Anthus roseatus

One in breeding plumage at Namche Bazar on the 12<sup>th</sup> with two on the 13<sup>th</sup> along with another four near Khumjung on the same date. At least three were noted at Dingboche on the 16<sup>th</sup> with at least six noted on our acclimatization day here on the 17<sup>th</sup>. Four were seen at Namche Bazar on the 20<sup>th</sup> with presumably the same birds noted the following day.

# Alpine Accentor Prunella collaris

Two at Pangboche on the 15<sup>th</sup> and 16<sup>th</sup> with four noted between Shomare and Dingboche also on the 16<sup>th</sup>. At least three seen in the Imja Khola valley below Dingboche on the 17<sup>th</sup>. Two were feeding around or Lodge at Dughla on the 18<sup>th</sup> and 19<sup>th</sup> with a further four seen at Pangboche on our descent on the same date. Two were at Tengboche on the 20<sup>th</sup> with up to five noted on the trek to Namche Bazar on the same day. Three were present at Namche on the 21<sup>st</sup> and 22<sup>nd</sup>.

# Altai Accentor Prunella himalayana

Two noted on the ridge above Dingboche on the 17<sup>th</sup> were the only ones seen.

#### Robin Accentor Prunella rubeculoides

Three at Pangboche on the 15<sup>th</sup> with two noted the following day. At least four at Dingboche on the 16<sup>th</sup> with a couple being very confiding and photogenic. Several seen on our acclimatization day here on the 17<sup>th</sup>. Two seen at Dughla on the 18<sup>th</sup> with four the following day with the only other birds noted being three at Pangboche on the 20<sup>th</sup>.

#### Rufous-breasted Accentor Prunella strophiata

One at Namche Bazar on the 12<sup>th</sup> in the top terraced fields with at least three here on the 13<sup>th</sup> with further birds noted on this date around Shyangboche, Khumjung and Khunde. On the 14<sup>th</sup> a male noted between Sanasa and Phunki Tenga with two near Shomare on the 16<sup>th</sup> as well as at least five on the trek to Dingboche on the same date. Two were seen in the Imja Khola valley on the 17<sup>th</sup> below Dingboche. The only birds noted on our descent were two at Namche Bazar on the 21<sup>st</sup>.

# Plain Mountain Finch Leucosticte nemoricola

At Dingboche a flock of c85 birds were noted just south west of the settlement on the 16<sup>th</sup>. The flock was again seen on the 17<sup>th</sup> along with c20 additional birds seen on our acclimatization walk on the ridge above the village and along the trail towards Bibre. On the 19<sup>th</sup> a flock of c40 were noted near Pheriche.

### Brandt's Mountain Finch Leucosticte brandti

At least eight seen at Dingboche between the 16th and 18<sup>th</sup> with a further 12 noted on our acclimatization days trek on the 17<sup>th</sup>. At Dughla c15 were noted feeding around the Lodge on the 18<sup>th</sup> and 19<sup>th</sup> with 12 at Pangboche on the latter date. Surprisingly a few were noted along the trail to Namche Bazar on the 20<sup>th</sup> with at least six here on the 21<sup>st</sup> of which two were present the following day.

# Yellow-breasted Greenfinch Carduelis carduelis

The only one seen was between Tengboche and Deboche on the 15<sup>th</sup>.

# Dark-breasted Rosefinch Carpodacus nipalensis

Two males and a female type seen in the forest between Khunde and Shyangboche on the 13<sup>th</sup> with the only other bird being one near Tengboche on the 15<sup>th</sup>.

#### **Common Rosefinch** Carpodacus erythrinus

A few seen on the lower part of the trek up to Namche Bazar with others seen on our acclimatization day here around Khunde. Also seen at Phunki Tenga.

# Beautiful Rosefinch Carpodacus pulcherrimus

The commonest Rosefinch species seen. First noted at Namche Bazar on the 12<sup>th</sup> and then recorded daily as far north as Dingboche.

#### Pink-browed Rosefinch Carpodacus rodochrous

One male near Sanasa on the 14<sup>th</sup>. A first summer male was also seen at Tengboche on the 15<sup>th</sup>.

# White-browed Rosefinch Carpodacus thura

A pair in the small wood/scrub area above the terraced fields at Pangboche on the 16<sup>th</sup> were the only ones seen

#### Great Rosefinch Carpodacus rubicilla

A pair near the joining of the Lobuche Khola and the Imja Khola in river-side scrub below Pheriche on the 16<sup>th</sup> and 17<sup>th</sup> were the only ones seen.

#### **Red-headed Bullfinch** *Pyrrhula nipalensis*

One flew across the valley just north of Jorsale on the 12<sup>th</sup>. The only other birds seen were on the 15<sup>th</sup> just before Deboche with at least two first summer males and a female seen

#### **Collared Grosbeck** Mycerobas affinis

Three (one male and a first summer male and female) near Khumjung on the 13th

#### Spot-winged Grosbeck Mycerobas melanozanthos

Two female types above the terraced fields at Pangboche on the 15<sup>th</sup> and at least on male and three females on the 16th

#### White-winged Grosbeck Mycrobas carnipes

Easily the commonest Grosbeck with birds noted in the forest between Khunde and Shyangboche on the 13<sup>th</sup>, at Tengboche on the 14th and 15<sup>th</sup> and at Pangboche on the 15<sup>th</sup> and 16<sup>th</sup> (c15 present here on the 15<sup>th</sup>). On

our descent numbers had risen to c25 birds on the evenning of the 19<sup>th</sup> with similar numbers noted the following morning (possibly a roost site?).