NAYLOR et.al. (2002)

# NEPAL $2^{ND} - 27^{TH}$ DECEMBER 2002

A birding/trekking holiday by martin Naylor and Janet Driver. We were joined by Allen Holmes, from the 10<sup>th</sup> to 22<sup>nd</sup> and 25<sup>th</sup> to the 26<sup>th</sup>.

#### **Notes**

1) Exchange rate £1 = 120NR

1\$ = 77NR

2) We hired our guides/porters Bhuban and Bhakti through Welcome Treks at Pokhara. Bhuban was already known to us, both were trustworthy, reliable and good companions. Bhakti in particular spoke excellent English. Wecolme Treks can also arrange trekking permits (2000NR per person + 100NR arrangement fee).

Email address = welcometreks@hotmail.com

- 3) We Stayed at the Hotel Tulsi in Pokhara negotiating 14\$ for a double room. There are certainly numerous cheaper and quieter places elsewhere in Pokhara.
- 4) On price everything is negotiable, although we did not negotiate on the trek other than at Jomsom where prices were too high.
- 5) On the Annapurna base camp trek there is no bottled water available beyond Ghandruk. We used filtered/boiled water and had no problems.
- 6) On the trek we usually birded from first light and had breakfast mid-morning, by which time most places could prepare food swiftly, thereby maximising birding time.

#### **ITINERARY**

2<sup>nd</sup> December '02. KLM flight Manchester to Amsterdam arriving 16.50hrs. Transavia flight Amsterdam to Kathmandu. Total flight cost £465pp.

**3<sup>rd</sup> December '02.** Arrived Kathmandu 12.30hrs, cleared airport by 13.00hrs and took a taxi direct to Hotel Tulsi at Pokhara, arriving 19.30hrs. Cost \$65 US.

**4<sup>th</sup> December '02.** Up at 06.30hrs.

Birded hotel garden before taking breakfast at Boomerang Restaurant, 07.30hrs. Birded lakeside and Boomerang garden until 09.00hrs. Taxi to Stupa, arriving at 09.30hrs. Birded down through the forest back to Pokhara arriving at Fish Tail Lodge for lunch in the early afternoon.

Birded Fish Tail Lodge all afternoon, walking back to Hotel Tulsi for 17.00hrs.

**5<sup>th</sup> December '02.** Up at 06.45hrs.

Breakfast and birding at Boomerang Restaurant and lakeside 07.30 - 09.30hrs. Took taxi to N end of lake at 09.30hrs, birding lake and fields etc. Returned to Pokhara for noon taking lunch at Fish Tail Lodge, then back to Hotel Tulsi for 13.30hrs.

Taxi to Naya Pul with Bhuban, Bhakti arriving at 15.30hrs. Walked for  $\frac{1}{2}$  hour to Birethante (1000M) and registered at the ACAP Office for the trek.

Birded Birethante area until dusk. Stayed at Lakshmi Lodge, 800NR for a double room.

## 6<sup>th</sup> December '02. Up at 06.40hrs.

Birded/trekked slowly through Shauli Bazaar (breakfast stop) and up to Ghandruk (1990M) arriving at 15.00hrs. Booked into Hotel Manishi, 300NR en suite double room.

## 7<sup>th</sup> **December '02.** Up at 06.30hrs.

Birded the wooded ravine below the hotel before departing at 07.45hrs.

Birded/trekked slowly through Komrong and Dhiklyo Danda to Chhomrong (2210M) arriving 15.00hrs.

Registered at the ACAP checkpoint office before booking in to Excellent View Lodge, 200NR per double room. Birded Lodge environs until dusk.

## 8<sup>th</sup> December '02. Up at 06.40hrs

Birded the excellent habitat around the lodge before milk tea at 07.40hrs. Departed 08.00hrs after leaving some of gear behind, including laundry, in the knowledge that we would be returning in two days time.

Birded/ trekked through Sinuwa and on to Bamboo (2310M) arriving 14.00hrs. Booked in to Bamboo Lodge 200NR per double room before birding lodge environs until dusk.

## 9<sup>th</sup> December '02. Up at 06.00hrs. Heard Asian Barred Owlet calling.

Birded lodge environs before breakfast at 07.15hrs, departed 07.45hrs.

Birded/trekked slowly back to Excellent View Lodge at Chhomrong, arriving at 14.45hrs. Showered, then birded lodge environs until dusk.

## **10<sup>th</sup> December '02.** Up at 06.20hrs.

Departed 07.15hrs, birding/trekking through Ghurjung and Chiule to Tadapani (2710M) arriving at 15.30hrs.

Booked in to Grand View Lodge, 125NR per double room and met up with Allen. Birded lodge environs until dusk.

## 11<sup>th</sup> December '02. Up at 06.30hrs

Birded lodge environs before breakfast at 07.30hrs. Departed 08.00hrs, birding/trekking via Banthanti and Deorali Tea Rooms to Ghorapani (2835M) arriving 15.30hrs. Booked in to Himalaya View Lodge, 50NR per double room. Birded around Ghorapani until dusk.

# 12<sup>th</sup> December '02. Up at 06.40hrs – not much sleep – dogs barking!

Birded Ghorapani area before having breakfast at Super View Lodge.

Departed 08.00hrs, trekking back over the ridge to Deorali Tea Rooms for an early lunch, before the long walk down through the forest to Chitre (2420M) arriving 15.00hrs.

Booked in to New Dhaulagiri Lodge, 200NR en suite double. Birded lodge gardens until dusk.

## 13<sup>th</sup> December '02. Up at 06.30hrs.

Birded/trekked via Shika to Tatopani (1100M) arriving 14.30hrs.

Booked in to Dhaulagiri Lodge, 250NR en suite double. Birded Tatopani area until 16.00hrs, then bathed in the superb Hot Springs at the rear of the lodge gardens.

## **14**<sup>th</sup> **December '02.** Up at 06.30hrs.

Rest day spent exploring and birding the habitat around Tatopani.

#### 15<sup>th</sup> December '02. Up at 06.30hrs.

Following breakfast at 07.00hrs, we departed at 07.30hrs and birded/trekked slowly to Ghasa (2120M) arriving at Eagle Nest Lodge at 15.00hrs, 80NR double room. Birded around Ghasa until dusk.

## **16**<sup>th</sup> **December '02.** Up at 06.30hrs.

Birded Ghasa area until breakfast at 08.00hrs. Departed 08.30hrs, birded/trekked to Kalopani (2530M) arriving at 13.00hrs. Booked in to Kalopani Guest House, 300NR en suite double. Birded Kalopani area all afternoon.

#### 17<sup>th</sup> December '02. Up at 06.30hrs.

Birded Kalopani area until breakfast at 07.30hrs. Departed 08.00hrs, birded/trekked to Marpha (2680M) via Tukuche, arriving at 15.00hrs. Booked in to the Hotel Trans Himalaya, 200NR en suite double. Too windy for birding so relaxed with a couple of beers.

## **18<sup>th</sup> December '02.** Up at 06.30hrs.

Birded Marpha area until breakfast at 08.15hrs. Departed 08.45hrs, birded/trekked via Shyang to Jomsom (2760M) arriving at noon. Booked in to the Majesty Hotel, 200NR en suite double. Birded Jomsom until 14.30hrs, by which time a strong southerly wind had picked up, making birding impossible.

### 19<sup>th</sup> December '02. Up at 06.30hrs.

Following breakfast at 07.30hrs we walked back towards Marpha and birded the walled field below the village of Shyang, only 40mins approx from Jomsom.

Returned to Jomsom at noon and birded the area around Hotel Mountain Resort. Covered some pools at the northern end of Jomsom until 14.30hrs, when the wind increased to gale force.

## 20<sup>th</sup> December '02. Up at 06.30hrs.

The intention was to fly back to Pokhara today but the airport there was closed all morning due to low cloud. We had to remain in the vicinity of the airport until around 11.00hrs when it was confirmed that no flights would be operating that day, (too cloudy Pokhara am, too windy Jomsom pm!)

We birded the museum area until the wind picked up. We then relocated to the Xanadu Hotel, 350NR en suite double, probably the best food and cleanest rooms in town.

## **21<sup>st</sup> December '02.** Up at 06.00hrs.

We were on for the first flight today, hence the early rise. Flights had operated daily up to the 19<sup>th</sup> Dec '02 so we felt confident, however it was another frustrating repeat of yesterday with no flights. It was noon before the airport announced that there would be no flights and shortly after that it was too windy to bird.

We did spend an entertaining evening in the Xanadu TV lounge watching a Robert De Nero DVD, (poor quality copy), eating Yak cheese and biscuits and drinking Tuborg!

#### **22 December '02.** Up at 06.00hrs.

Yet another repeat performance at the airport. An attempt to charter a helicopter in the early afternoon failed as the airport at Pokhara remained closed. At 15.30hrs Janet and I together with Bhuban and Bhakti started the walk back to Pokhara, in order to re-confirm our homeward flight.

We got as far as Tukuche by 18.00hrs and stayed at the Sunil Guesthouse, 80NR double room.

### 23<sup>rd</sup> December '02. Up at 05.50hours.

Departed at first light 06.45hrs. It was a long day through Kalopani, Ghasa and on to Tatopani arriving at 16.30hrs. Little time for birding. Typically the planes operated today, flying over us at Kalopani.

We stayed once again at the Dhaulagiri Lodge in Tatopani.

## **24**<sup>th</sup> **December '02.** Up at 05.30hrs.

Following porridge, we set off at 06.40hrs and after trekking along a precipitous track arrived at Galeshwor near Beni at 12.15hrs.

Had lunch at the River View Restaurant, then took a taxi to Pokhara at 13.30hrs, arriving at 16.30hrs, tired and dusty.

Met up with Allen at the Hotel Tulsi and exchanged news, before watching Man Utd v West Ham at Billy Bunters Bar.

Janet and I enjoyed an excellent Christmas Eve meal at Fish Tail Lodge.

## **25<sup>th</sup> December '02.** Up at 07.00hrs.

Breakfast and birding at Boomerang Restaurant and lakeside, 07.30 to 09.00hrs. Birded Fish Tail Lodge gardens and adjacent forest until noon, excellent birding. Following lunch at Fish Tail Lodge we took a boat ride on the lake in the afternoon.

## **26<sup>th</sup> December '02.** Up at 06.45hrs.

Breakfast and birding at Boomerang Restaurant and lakeside before taking a taxi to Sarangkot. Birded area around summit before walking slowly back through the forest to the lake, arriving at the lakeside road close to Green Peace Lodge around 15.00hrs.

Watched Man Utd v Arsenal at B B Bar 17.00hrs. Said our goodbyes to Allen as we were heading home tomorrow.

## **27<sup>th</sup> December '02.** Up at 05,50hrs.

Departed 06.45hrs in our taxi to Kathmandu, arriving at 12.15hrs. 4600NR.

Left luggage at Tibet Guest House and spent the afternoon in Thamel.

Had dinner at the hotel before leaving at 18.00hrs for our flight home at 21.30hrs.

## **NEPAL TRIP DECEMBER 2002**

#### SYSTEMATIC LIST

English & scientific names follow those of Inskipp, T. et al. (1996). An Annotated Checklist of the Birds of the Oriental Region. Oriental Bird Club.

- 1. CHUKAR Alectoris chukar 1 by the path near Marpha on the 22nd.
- 2. KALIJ PHEASANT *Lophura leucomelanos* 1 in the forest at Fish Tail Lodge, Pokhara on the 4<sup>th</sup>; 3 there on the 25<sup>th</sup>.
- 3. GADWALL Anas strepera 6 on Phewa Tal, Pokhara, on the 25th.
- 4. EURASIAN WIGEON Anas penelope 6 on Phewa Tal, Pokhara, on the 5th; 20 on the 25th.
- 5. MALLARD *Anas platyrhynchos* 10 on Phewa Tal, Pokhara on the 5<sup>th</sup>; 50 on the 25<sup>th</sup> and 26<sup>th</sup>.
- 6. NORTHERN SHOVELER Anas clypeata 2 on Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 7. NORTHERN PINTAIL *Anas acuta* 6 on Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 8. COMMON TEAL Anas crecca 10 on Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 9. COMMON POCHARD Aythya ferina 8 on Phewa Tal, Pokhara on the 25th.
- 10. FERRUGINOUS POCHARD Aythya nyroca 2 on Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 11. TUFTED DUCK *Aythya fuligula* 12 on Phewa Tal, Pokhara on the 4<sup>th</sup> and 5<sup>th</sup>; c 50 there on the 25<sup>th</sup> and 26th.
- 12. COMMON MERGANSER *Mergus merganser* 2 on the river below Shyang (near Jomsom) on the 19<sup>th</sup>.
- 13. GREY-CAPPED PYGMY WOODPECKER *Dendrocopos canicapillus* 1 in the forest at Pokhara on the  $4^{th}$ ; 4 between Birethante and Shauli Bazaar on the  $6^{th}$ .
- 14. FULVOUS-BREASTED WOODPECKER *Dendrocopos macei* A male in the forest at Pokara on the 4<sup>th</sup>.
- 15. CRIMSON-BREASTED WOODPECKER *Dendrocopus cathpharius* Single males, near Ghandruk on the 7<sup>th</sup> and at Tadapani on the 10<sup>th</sup>.
- 16. DARJEELING WOODPECKER Dendrocopos darjellensis A male at Ghorapani on the 11th.
- 17. LESSER YELLOWNAPE *Picus chlorolophus* 1 in forest at Pokhara on the 4<sup>th</sup>.
- 18. GREAT BARBET *Megalaima virens* Heard most days with odd singles seen. Absent around Ghorapani and north of Ghasa.
- 19. WHITE-THROATED KINGFISHER *Halcyon smyrnensis* Up to 5 daily around Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, and 25<sup>th</sup> to the 27<sup>th</sup> inc.
- 20. ROSE-RINGED PARAKEET *Psittacula krameri* 2 birds flew over Thamel, Kathmandu on the 27<sup>th</sup>.
- 21. SLATY-HEADED PARAKEET *Psittacula himalayana* Up to 10 in the forests around Pokhara on the 4<sup>th</sup> and 26<sup>th</sup>. Regular on the trek, although absent at Ghorapani and north of Ghasa, max 100+ below Chhomrong on the 8<sup>th</sup>.

- 22. HIMALAYAN SWIFTLET *Collocalia brevirostris* Daily at Phewa Tal, Pokhara 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> to 27<sup>th</sup> inc, with 100's there on the 25<sup>th</sup>. Circa 100 seen before dusk at Ghandruk on the 6<sup>th</sup>; 20 at Chitre on the 11<sup>th</sup>; present at Tatopani on the 14<sup>th</sup>.
- 23. ASIAN BARRED OWLET Glaucidium cuculoides 1 heard at Bamboo at 06.00hrs on the 9th.
- 24. ROCK PIGEON *Columba livia* Daily around Pokhara and on the trek from Chitre northwards. Birds were using holes in the cliff face at Jomsom.
- 25. SPECKLED WOOD PIGEON Columba hodgsonii A flock of c 40 at Ghandruk on the 6<sup>th</sup>.
- 26. ORIENTAL TURTLE DOVE *Streptopelia orientalis* 2 near Shikha on the 13<sup>th</sup>; 1 below Sarangkot on the 26<sup>th</sup>.
- 27. SPOTTED DOVE *Streptopelia chinensis* 8 in fields at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>.
- 28. WEDGE-TAILED GREEN PIGEON Treron sphenura 1 near Chhomrong on the 10<sup>th</sup>.
- 29. WHITE-BREASTED WATERHEN *Amaurornis phoenicurus* 2 Phewa Tal, Pokhara on the 5<sup>th</sup>, 1 there on the 25<sup>th</sup>.
- 30. PURPLE SWAMPHEN *Porphyrio porphyrio* 3 at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>
- 31. COMMON COOT *Fulica atra* c 50 at Phewa Tal, Pokhara on the 5<sup>th</sup>; min 100 there on the 25<sup>th</sup> and 26<sup>th</sup>.
- 32. GREEN SANDPIPER Tringa ochropus 3 by pools on the northern edge of Jomsom on the 19<sup>th</sup>.
- 33. COMMON SANDPIPER *Actitis hypoleucos* A single at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>; 5 by the river at Tatopani on the 14<sup>th</sup>.
- 34. BRONZE-WINGED JACANA *Metopidius indicus* 3 at Phewa Tal, Pokhara on the 5<sup>th</sup>; 1 there on the 25<sup>th</sup>.
- 35. IBISBILL *Ibidorhyncha struthersii* 2 by the river north of Kalopani on the 17<sup>th</sup>; 3 there on the return journey on the 23<sup>rd</sup>.
- 36. LITTLE RINGED PLOVER *Charadrius dubius* 2 at Phewa Tal, Pokhara on the 4<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>.
- 37. BLACK KITE *Milvus migrans* Daily around Pokhara and in transit to Kathmandu; a high of 20+ rather conservative. Not seen on the trek.
- 38. LAMMERGEIER *Gypaetus barbatus* Seen almost daily on the trek with 3 recorded on the 6<sup>th</sup>, 7<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>. Not seen at Pokhara.
- 39. WHITE-RUMPED VULTURE Gyps bengalensis 3 at Sarangkot on the 26<sup>th</sup>.
- 40. SLENDER-BILLED VULTURE Gyps tenuirostris 1 over Fish Tail Lodge, Pokhara on the 25<sup>th</sup>.
- 41. HIMALAYAN GRIFFON *Gips himalayensis* Following an adult near Ghorapani on the 11<sup>th</sup>, seen almost daily on the trek with a high of 20 between Tatopani and Ghasa on the 15<sup>th</sup>. 2 over Fish Tail Lodge, Pokhara on the 25<sup>th</sup>.

- 42. EURASIAN GRIFFON *Gyps fulvus* Around Pokhara, 4 in fields on the drive to the Stupa and 6 above the Stupa on the 4<sup>th</sup>; 1 over Fish Tail Lodge, on the 25<sup>th</sup> and 6 over Sarangkot on the 26<sup>th</sup>.

  Less numerous than the previous species on the trek with a high of only 3 near Ghandruk on the 6<sup>th</sup>. 2 near Ghasa on the 15<sup>th</sup> were the only birds seen north of Ghorapani.
- 43. CINEREOUS VULTURE *Aegypius monachus* Singles near Ghasa on the 15<sup>th</sup> and 16<sup>th</sup> and at Shyang near Jomsom on the 19<sup>th</sup>.
- 44. RED-HEADED VULTURE *Sarcogyps calvus* 2 over Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and again on the 25<sup>th</sup>; 1 over Sarangkot on the 26<sup>th</sup>.
- 45. CRESTED SERPENT EAGLE Spilornis cheela 1 in the forest at the rear of Fish Tail Lodge, Pokhara on the 25<sup>th</sup>.
- 46. BLACK EAGLE Ictinaetus malayensis 1 near Galeshor on the 24th.
- 47. SHIKRA *Accipiter badius* 1 perched at Fish Tail Lodge, Pokhara on the 25<sup>th</sup>; 1 at Sarangkot on the 26<sup>th</sup>.
- 48. COMMON BUZZARD *Buteo buteo* Singles, on the ridge between Ghorapani and Deorali Tearooms on the 12<sup>th</sup>; over Fish Tail Lodge, Pokhara on the 25<sup>th</sup> and at Sarangkot on the 26<sup>th</sup>.
- 49. GOLDEN EAGLE *Aquila chrysaetos* A juvenile over the ridge between Deorali Tearooms and Ghorapani on the 11<sup>th</sup>; an adult near Ghasa on the 15<sup>th</sup>; a juvenile near Marpha on the 17<sup>th</sup> and 2 (1 juv) at Shyang near Jomson on the 19<sup>th</sup>.
- 50. STEPPE EAGLE *Aquila nipalensis* Around Pokhara, a juvenile above the Stupa on the 4<sup>th</sup>; a juvenile over Fish Tail Lodge, on the 25<sup>th</sup> and 6 at Sarangkot on the 26<sup>th</sup>. On the trek, single juveniles at Ghandruk on the 6<sup>th</sup>, Bamboo on the 9<sup>th</sup> and 2 at Ghorapani on the 12<sup>th</sup>.
- 51. BONELLI'S EAGLE *Hieraatus fasciatus* Singles near Ghasa on the 15<sup>th</sup> and over Fish Tail Lodge, Pokhara on the 25<sup>th</sup>.
- 52. BOOTED EAGLE *Hieraaetus pennatus* 1 at Sarangkot on the 26<sup>th</sup>.
- 53. MOUNTAIN HAWK EAGLE Spizaetus nipalensis 1 at Tadapani on the 10<sup>th</sup>.
- 54. COMMON KESTREL Falco tinnunculus 1 or 2 birds on most days.
- 55. SAKER FALCON Falco cherrug 1 north of Tatopani on the 15<sup>th</sup>.
- 56. LITTLE GREBE *Tachybaptus ruficollis* Up to 30 Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>.
- 57. GREAT CRESTED GREBE Podiceps cristatus 1 on Phewa Tal, Pokhara on the 25th and 26th.
- 58. BLACK-NECKED GREBE *Podiceps nigricollis* 4 on Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 59. GREAT CORMORANT *Phalacrocorax carbo* Up to 10 Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup> and 25<sup>th</sup>.
- 60. LITTLE EGRET *Egretta garzetta* 1 on Phewa Tal, Pokhara on the 5<sup>th</sup>; no doubt more were amongst the Cattle Egrets.

- 61. INTERMEDIATE EGRET *Mesophoyx intermedia* 3 on Phewa Tal, Pokhara on the 25<sup>th</sup>, 1 on the 26<sup>th</sup>.
- 62. CATTLE EGRET *Bubulcus ibis* Up to 300 roosting at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>. A spectacular sight each morning as the birds left their roost.
- 63. INDIAN POND HERON Ardeola grayii. Seen only at Phewa Tal, Pokhara, max 12 on the 5<sup>th</sup> and in transit to Kathmandu on the 27<sup>th</sup>.
- 64. BLACK CROWNED NIGHT HERON Nycticorax nycitcorax 1 roosting at Phewa Tal, Pokhara on the 25<sup>th</sup>.
- 65. ORANGE BELLIED LEAFBIRD Chloropsis hardwickii 1 near Sinuwa on the 9<sup>th</sup>
- 66. LONG-TAILED SHRIKE *Lanius schach* Between 3 and 5 daily around Pokhara on the 4<sup>th</sup>, 5<sup>th</sup> and 26<sup>th</sup>; 6 on the walk from Sarangkot to Pokhara on the 26<sup>th</sup>. Singles on each of the first five days of the trek.
- 67. GREY-BACKED SHRIKE *Lanius tephronotus* Singles at Chuile on the 10<sup>th</sup> and at Ghasa on the 15<sup>th</sup>; 2 at Kalopani on the 16<sup>th</sup> and 3 on the walk from Sarangkot to Pokhara on the 26<sup>th</sup>.
- 68. RED-BILLED BLUE MAGPIE *Urocissa erythrorhyncha* 2 at Fish Tail Lodge, Pokhara on the 5<sup>th</sup>; 1 there on the 25<sup>th</sup>.
- 69. YELLOW-BILLED BLUE MAGPIE *Urocissa flavirostris* Seen on 5 days of the trek between the 9<sup>th</sup> and the 15<sup>th</sup>, with a high of 7 near Tadapani on the 10<sup>th</sup>.
- 70. COMMON GREEN MAGPIE *Cissa chinensis* 1 on the climb up to Ghandruk on the 6<sup>th</sup>; 2 beyond Ghandruk on the 7<sup>th</sup>.
- 71. GREY TREEPIE *Dendrocitta formosae* 3 birds seen in forest behind Fish Tail Lodge, Pokhara on the 4<sup>th</sup>; 1 there on the 5<sup>th</sup>; 7 near Shauli Bazaar on the 6<sup>th</sup>; 2 in the forest below Sarangkot on the 26<sup>th</sup>.
- 72. SPOTTED NUTCRACKER *Nucifraga caryocatactes* 1 over Deorali Tearooms on the 12<sup>th</sup>; 5 at Ghasa on the 15<sup>th</sup>, 16<sup>th</sup> and 23rd; at least 5 at Kalopani on the 16<sup>th</sup> and 17<sup>th</sup>.
- 73. RED-BILLED CHOUGH *Pyrrhocorax pyrrhocorax* 60+ at Marpha on the 17<sup>th</sup> with similar numbers at Shyang near Jomsom on the 18<sup>th</sup> and 19<sup>th</sup>.
- 74. YELLOW-BILLED CHOUGH Pyrrhocorax graculus 40+ at Shyang near Jomsom on the 19<sup>th</sup>.
- 75. HOUSE CROW Corvus splendens Common around Pokhara, absent on the trek.
- 76. LARGE-BILLED CROW *Corvus macrorhynchos* Seen every day with the highest count of 50+ on the trek.
- 77. MAROON ORIOLE *Oriolus traillii* 1 near Shauli Bazaar on the 6<sup>th</sup>.
- 78. LARGE CUCKOOSHRIKE *Coracina macei* A single in the forest behind Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and 5<sup>th</sup>, with 3 there on the 25<sup>th</sup>, 5 in the forest below Sarangkot on the 26<sup>th</sup>.

- 79. LONG-TAILED MINIVET *Pericrocotus ethologus* On the trek, 8 between Birethante and Shauli Bazaar on the 6<sup>th</sup>, 12 near Ghandruk on the 7<sup>th</sup>, 3 between Chitre and Tatopani on the 13<sup>th</sup> and present at Tatopani on the 14<sup>th</sup>. 6 in the forest below Sarangkot on the 26<sup>th</sup>.
- 80. SCARLET MINIVET Pericrocotus flammeus 4 in the forest at Pokhara on the 4th.
- 81. YELLOW-BELLIED FANTAIL *Rhipidura hypoxantha* Up to 5 daily in the forest at Pokhara and on the lower areas of the trek 4<sup>th</sup> to the 7<sup>th</sup> inclusive; 13<sup>th</sup> to 15<sup>th</sup> inclusive, at Tatopani on the 24<sup>th</sup> and also on the 25<sup>th</sup>.
- 82. WHITE-THROATED FANTAIL Rhipidura albicollis 1 at Tatopani on the 14th.
- 83. BLACK DRONGO *Dicrurus macrocercus* Up to 10 around Pokhara on the 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>. A single near Birethante on the 6<sup>th</sup> was the only trek record.
- 84. ASHY DRONGO Dicrurus leucophaeus 2 near Shauli Bazaar on the 6<sup>th</sup>
- 85. LESSER RACKET-TAILED DRONGO *Dicrurus remifur* Singles in the forest at Pokhara on the 5<sup>th</sup> and on the trek near Shauli Bazaar on the 6<sup>th</sup>.
- 86. BROWN DIPPER *Cinclus pallasii* Present on most rivers on the trek max 6 between Birethante and Shauli Bazaar on the  $6^{th}$ . Not seen north of Ghasa.
- 87. BLUE ROCK THRUSH *Monticola solitarius* All males, 1 on the climb to Ghandruk on the 6<sup>th</sup>, 3 around Tatopani on the 14<sup>th</sup>, and 1 north of Tatopani on the 15<sup>th</sup>.
- 88. BLUE WHISTLING THRUSH *Myophonus caeruleus* Between 1 and 7 seen daily except north of Marpha (18<sup>th</sup> to 22<sup>nd</sup> incl) where no birds were present.
- 89. PLAIN-BACKED THRUSH Zoothera mollissima 1 on the approach to Lete on the 16<sup>th</sup>.
- 90. LONG-TAILED THRUSH *Zoothera dixoni* 2 together near Chitre on the 12<sup>th</sup> gave excellent close views.
- 91. SCALY THRUSH Zoothera dauma 1 seen in the forest at Pokhara on the 4<sup>th</sup>.
- 92. LONG-BILLED THRUSH *Zoothera monticula* Singles in the ravine below Ghandruk on the 7<sup>th</sup>; near Bamboo on the 9<sup>th</sup> and below Chhomrong on the 10<sup>th</sup>.
- 93. WHITE-COLLARED BLACKBIRD *Turdus albocinctus* 2 in the forest at Sinuwa on the 9<sup>th</sup>; 6 at Tadapani on the 10<sup>th</sup> and 2 on the ridge near Ghorapani on the 12<sup>th</sup>.
- 94. DARK-THROATED THRUSH *Turdus ruficollis* atrogularis Following 1 near Ghorapani on the 11<sup>th</sup>, birds were seen daily, 16<sup>th</sup> to the 19<sup>th</sup> incl, max 15 at Marpha/Shyang/Jomsom on the 18<sup>th</sup>. 9 were seen between Marpha and Kalopani on the 23<sup>rd</sup>.
  - T.r rupicollis 1 bird seen well on the approach to Marpha, late on the 22<sup>nd</sup> was of the nominate "Red Throated" ss. 6 other thrushes nearby were not seen well enough for ss identification.
- 95. MISTLE THRUSH *Turdus viscivorus* 3 at Kalopani on the 16<sup>th</sup>; 1 in the forest below Sarangkot on the 26<sup>th</sup>.

- 96. RUFOUS-GORGETED FLYCATCHER *Ficedula strophiata* 4 in the forest at Pokhara on the 4<sup>th</sup> and between Birethante and Ghandruk on the 6<sup>th</sup>; 1 near Tatopani on the 13<sup>th</sup> and 15<sup>th</sup>.
- 97. RED-THROATED FLYCATCHER *Ficedula parva* Up to 3 daily around Pokhara (even in garden cafes) 4<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>; 1 near Birethante on the 6<sup>th</sup>.
- 98. SNOWY-BROWED FLYCATCHER *Ficedula hyperythra* A male at Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and 25<sup>th</sup>.
- 99. SLATY-BLUE FLYCATCHER *Ficedula tricolor* A male and female seen separately near Shauli Bazaar on the 6<sup>th</sup>; 2 males at Tatopani on the 14<sup>th</sup> and a female north of Tatopani on the 23<sup>rd</sup>.
- 100. GREY-HEADED CANARY FLYCATCHER *Culicicapa ceylonensis* 6 in the forest at Pokhara on the 4<sup>th</sup>, 5 there on the 5<sup>th</sup>; 2 in the forest below Sarangkot on the 26<sup>th</sup>.
- 101. SMALL NILTAVA Niltava macgrigoriae A male north of Tatopani on the 15<sup>th</sup>.
- 102. RUFOUS-BELLIED NILTAVA *Niltava sundara* Single females, near Shauli Bazaar on the 6<sup>th</sup> and at Fish Tail Lodge, Pokhara on the 25<sup>th</sup>; a pair in the forest below Sarangkot on the 26<sup>th</sup>.
- 103. WHITE-BROWED SHORTWING *Brachyteryx montana* A female at Fish Tail Lodge, Pokhara on the 25<sup>th</sup> (presumably the same bird from Dec '01/March '02 trips)
- 104. SIBERIAN RUBYTHROAT *Luscinia calliope* 2 males at a site near cultivated fields between the forest below Sarangkot and Phewa Tal, Pokhara on the 26<sup>th</sup>.
- 105. BLUETHROAT Luscinia svecica A male at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>.
- 106. ORANGE-FLANKED BUSH ROBIN *Tarsiger cyanurus* Seen daily on the trek 8<sup>th</sup> to the 13<sup>th</sup> incl, max 7 between Chitre and Tatopani on the 13<sup>th</sup>; 5 between Ghasa and Lete on the 16<sup>th</sup> (including 2 pairs together near Ghasa) and 3 on the return journey on the 23<sup>rd</sup>.
- 107. GOLDEN BUSH ROBIN *Tarsiger chrysaeus* A male near Bamboo on the 9<sup>th</sup>; another male and a female between Chhomrong and Ghurjung on the 10<sup>th</sup>.
- 108. WHITE-BROWED BUSHROBIN *Tarsiger indicus* A female at Kuldi on the 9<sup>th</sup>. Another female on the climb to Deorali Tearooms and 3, including a male between Deorali Tearooms and Ghorapani all on the 11<sup>th</sup>. Additional females were seen near Chitre on the 12<sup>th</sup> and before Lete on the 16<sup>th</sup>.
- 109. RUFOUS-BREASTED BUSHROBIN *Tarsiger hyperythrus* A female at Ghorapani on the 11<sup>th</sup>.
- 110. ORIENTAL MAGPIE ROBIN *Copsychus saularis* Up to 6 around Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> to 27<sup>th</sup> incl; 3 between Birethante and Shauli Bazaar on the 6<sup>th</sup>.

- 111. BLUE-CAPPED REDSTART *Pheonicurus coeruleocephalus* A female on the climb to Ghandruk on the 6<sup>th</sup>. Seen daily on the trek 10<sup>th</sup> to the 12<sup>th</sup> and 16<sup>th</sup> to the 18<sup>th</sup>; max 6 between Kalopani and Marpha on the 17<sup>th</sup>; 3 were below Sarangkot on the 26<sup>th</sup>.
- 112. HODGSON'S REDSTART *Phoenicurus hodgsoni* A female at Pokhara on the 4<sup>th</sup>; single males at Tatopani on the 14<sup>th</sup>; between Larjung and Tukuche on the 17<sup>th</sup> and at Shyang on the 18<sup>th</sup>, with a pair there on the 19<sup>th</sup>.
- 113. WHITE-THROATED REDSTART *Phoenicurus schisticeps* A pair on the ridge between Ghorapani and Deorali Tearooms on the 12<sup>th</sup> and between Larjung and Tukuche on the 17<sup>th</sup>; 6, including 4 males at Shyang/Jomsom on the 18<sup>th</sup> and 19<sup>th</sup>.
- 114. WHITE-WINGED REDSTART *Phoenicurus erythrogaster* Daily at Shyang/Jomsom 18<sup>th</sup> to the 21<sup>st</sup> incl; max 3 including 2 males on the 18<sup>th</sup>.
- 115. BLUE-FRONTED REDSTART *Phoenicurus frontalis* Daily on the trek 6<sup>th</sup> to the 17<sup>th</sup> incl and 23<sup>rd</sup>, 24<sup>th</sup> (not seen north of Kalopani) max 12 on the 10<sup>th</sup> between Chhomrong and Tadapani; 2 below Sarangkot on the 26<sup>th</sup>.
- 116. WHITE-CAPPED WATER REDSTART *Chaimarrornis leucocephalus* Almost daily on the trek 6<sup>th</sup> to the 17<sup>th</sup> incl and 23<sup>rd</sup> and 24<sup>th</sup> (not seen north of Kalopani) max 6 on the 6<sup>th</sup>, between Birethante and Shauli Bazaar.
- 117. PLUMBEOUS WATER REDSTART *Rhyacornis fuliginosus* Similar to previous species with max 8 on the 6<sup>th</sup>. A pair was at Fish tail Lodge, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup> and 25<sup>th</sup>.
- 118. WHITE-TAILED ROBIN *Myiomela luecura* A male at Fish Tail Lodge, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup> and 25<sup>th</sup>. (presumably the same bird seen on the Dec '01/March '02 trips)
- 119. LITTLE FORKTAIL *Enicurus scouleri* 2 between Birethante and Shauli Bazaar on the 6<sup>th</sup>; 1 at Banthanti on the 11<sup>th</sup> and 3 at Tatopani on the 14<sup>th</sup>.
- 120. SLATY-BACKED FORKTAIL *Enicurus schistaceus* 1 north of Shauli Bazaar on the 6<sup>th</sup>.
- 121. SPOTTED FORKTAIL *Enicurus maculates* 4 between Birethante and Shauli Bazaar on the 6<sup>th</sup>; 1 at Bamboo on the 9<sup>th</sup>; 2 at Tatopani on the 14<sup>th</sup> and 3 at Ghasa on the 16<sup>th</sup>.
- 122. COMMON STONECHAT *Saxicola torquata* Daily around Pokhara 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 8 on the 5<sup>th</sup>. Seen on 4 days of the trek, max 4 between Birethante and Shauli Bazaar on the 6<sup>th</sup>.
- 123. PIED BUSHCHAT *Saxicola caprata* Daily around Pokhara 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 4 on the walk from Sarangkot to Pokhara on the 26<sup>th</sup>. A female north of Shauli Bazaar on the 6<sup>th</sup> was the only bird seen on the trek.
- 124. GREY BUSHCHAT *Saxicola ferrea* 1 in fields at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>; 8 on the walk from Sarangkot to Pokhara on the 26<sup>th</sup>. Seen on 4 days of the trek, max 3 on the 6<sup>th</sup> and the 24<sup>th</sup>.

- 125. COMMON MYNA *Acridotheres tristis* Daily around Pokhara and the lower areas of the trek, max 40+.
- 126. JUNGLE MYNA Acridotheres fuscus Seen daily around Pokhara, max 100+.
- 127. WHITE-TAILED NUTHATCH *Sitta himalayensis* Seen on 4 days of the trek, max 3 on the 12<sup>th</sup> between Deorali Tearooms and Chitre.
- 128. VELVET-FRONTED NUTHATCH *Sitta frontalis* Seen in the forest at Pokhara, 3 on the 4<sup>th</sup> and 4 on the 5<sup>th</sup>. On the trek, 4 between Birethante and Ghandruk on the 6<sup>th</sup> were the only birds seen.
- 129. WALLCREEPER *Tichodroma muraria* Following 1 near Shauli Bazaar on the 16<sup>th</sup> and 2 at Tatopani on the 14<sup>th</sup>, no less than 5 birds were seen between Kalopani and Marpha on the 17<sup>th</sup> and 5 between Marpha and Jomsom on the 18<sup>th</sup>. Up to 3 were seen daily around Jomsom, 19<sup>th</sup> to the 22<sup>nd</sup> incl.
  - On the return journey 8 more were seen on the long trek from Tukuche to Tatopani on the  $23^{rd}$  and 5 between Tatopani and Galeshor on the  $24^{th}$ .
- 130. EURASIAN TREECREEPER *Certhia familiaris* 1 on the ridge between Deorali Tearooms and Ghorapani on the 11<sup>th</sup> and 3 at Kalopani on the 16<sup>th</sup>.
- 131. BAR-TAILED TREECREEPER Certhia himalayana 1 at Tatopani on the 14<sup>th</sup>.
- 132. RUSTY-FLANKED TREECREEPER *Certhia nipalensis* Singles in the forest at Sinuwa on the 9<sup>th</sup> and between Deorali Tearooms and Chitre on the 12<sup>th</sup>.
- 133. RUFOUS-VENTED TIT *Parus rubidiventris* Following a single at Tadapani on the 10<sup>th</sup>, 10 between Tadapani and Ghorapani on the 11<sup>th</sup> and 12 Ghorapani to Chitre (via Deorali Tearooms) on the 12<sup>th</sup>.
  - COAL TIT / SPOT-WINGED TIT HYBRIDS 4 birds seen in the forest between Deorali Tearooms and Chitre on the 12<sup>th</sup>, showed characteristics of "Coal-type" hybrids.
- 134. GREY-CRESTED TIT *Parus dichrous* 10 on the climb to Tadapani on the 10<sup>th</sup>; 10 between Tadapani and Ghorapani on the 11<sup>th</sup> and 15 Ghorapani to Chitre (via Deorali Tearooms) on the 12<sup>th</sup>. A single at Kalopani on the 16<sup>th</sup> was the only other sighting.
- 135. GREAT TIT *Parus major* Seen around Pokhara on the 4<sup>th</sup>,5<sup>th</sup>, and 26<sup>th</sup>; max 7 on the 4<sup>th</sup>.
- 136. GREEN-BACKED TIT *Parus monticolus* Seen daily on the trek, 6<sup>th</sup> to the 19<sup>th</sup> incl and on the 23<sup>rd</sup>; max 15 on the 16<sup>th</sup>.
- 137. BLACK-LORED TIT *Parus xanthogenys* Up to 10 at Pokhara on the 4<sup>th</sup> and 5<sup>th</sup>; 6 in the forest below Sarangkot on the 26<sup>th</sup>. On the trek, 5 Birethante to Shauli Bazaar on the 6<sup>th</sup> and 2 at Tatopani on the 14<sup>th</sup>.
- 138. YELLOW-BROWED TIT *Sylviparus modestus* Seen on 4 days of the trek, max 20 between Chhomrong and Bamboo on the 8<sup>th</sup>.

- 139. BLACK-THROATED TIT *Aegithalos concinnus* Seen on 6 days of the trek, max 20 between Ghasa and Kalopani on the 16<sup>th</sup>.
- 140. RUFOUS-FRONTED TIT Aegithalos iouschistos 2 on the climb to Chhomrong on the 7<sup>th</sup>.
- 141. WINTER WREN *Troglodytes troglodytes* Seen on 8 days of the trek, max 5 between Tadapani and Ghorapani on the 11<sup>th</sup> and between Ghasa and Kalopani on the 16<sup>th</sup>.
- 142. PLAIN MARTIN *Riparia paludicola* Daily at Phewa Tal, Pokhara 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max100+.
- 143. EURASIAN CRAG MARTIN *Hirundo rupestris* 20 on the climb to Ghandruk on the 6<sup>th</sup>; a single on the 16<sup>th</sup> and 10 on the walk to Tatopani on the 23<sup>rd</sup>. Around 80 over Phewa Tal, Pokhara on the 25<sup>th</sup> with a few still there on the 26<sup>th</sup>.
- 144. BARN SWALLOW *Hirundo rustica* Daily at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 100+.
- 145. RED-RUMPED SWALLOW *Hirundo daurica* Daily at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 30.
- 146. STREAK-THROATED SWALLOW *Hirundo fluvicola* 1 over Phewa Tal, Pokhara at the rear of Boomerang Restaurant on the 4<sup>th</sup>.
- 147. NEPAL HOUSE MARTIN *Delichon nipalensis* Daily at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 50. Seen on 5 days of the trek, max 25 at Tatopani on the 14<sup>th</sup>.
- 148. HIMALAYAN BULBUL *Pycnonotus leucogenys* Seen on most days except north of Marpha, 18<sup>th</sup> to the 22<sup>nd</sup> incl, max 20.
- 149. RED-VENTED BULBUL *Pycnonotus cafer* Daily around Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup>, max 30. Seen on the trek only between Birethante and Shauli Bazaar on the 6<sup>th</sup>.
- 150. BLACK BULBUL *Hypsipetes leucocephalus* Seen on the trek 6<sup>th</sup> to the 10<sup>th</sup> incl and 24<sup>th</sup>, max 50 on the 9<sup>th</sup> at Chhomrong.
- 151. STRIATED PRINIA *Prinia criniger* Singles on the climb to Ghandruk on the 6<sup>th</sup> and just north of Tatopani on the 15<sup>th</sup>; 2 at the summit at Sarangkot on the 26<sup>th</sup>.
- 152. ZITTING CISTICOLA *Cisticola juncidis* 1 at the north end of the Phewa Tal, Pokhara on the 5<sup>th</sup>
- 153. ORIENTAL WHITE-EYE *Zosterops palpebrosus* Daily in the forests around Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, max 15. Seen on the low areas of the trek, Birethante on the 6<sup>th</sup>, Tatopani on the 13<sup>th</sup> and 14<sup>th</sup>.
- 154. CHESTNUT-HEADED TESIA *Tesia castaneocoronata* 2 at Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and 25<sup>th</sup>. On the trek, 1 on the walk to Galeshor on the 24<sup>th</sup>.
- 155. GREY-BELLIED TESIA *Tesia cyaniventer* 1 at Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and 25<sup>th</sup>; 3 heard in the forest behind Fish Tail Lodge, Pokhara also on the 25<sup>th</sup>.

- 156. COMMON TAILORBIRD *Orthotomus sutorius* Up to 5 daily around Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup>. Seen/heard on the trek only at Birethante on the 6<sup>th</sup> and Tatopani on the 13<sup>th</sup> and 14<sup>th</sup>.
- 157. WHITE-BROWED TIT WARBLER *Leptopoecile sophiae* Seen at Shyang and Jomsom 18<sup>th</sup> to the 20<sup>th</sup> incl, max 6, including 2 stunning male on the 18<sup>th</sup>, probably bird of the trip.
- 158. ABERRANT BUSH WARBLER *Cettia flavolivacea* 2 in the forest below the Stupa at Pokhara on the 4<sup>th</sup>; 12 at Sarangkot, mainly around the summit area on the 26<sup>th</sup>. On the trek, singles at Chhomrong on the 9<sup>th</sup> and north of Tatopani on the 15<sup>th</sup>.
- 159. GREY-SIDED BUSH WARBLER *Cettia brunnifrons* 1 in a scrubby ditch by the main road through Pokhara on the 4<sup>th</sup>; 2 at Chhomrong on the 9<sup>th</sup>. Total of 3 at Sarangkot on the 26<sup>th</sup>, 2 at the summit and 1 on the walk back to Pokhara..
- 160. BLYTH'S REED WARBLER *Acrocephalus dumetorum* 1 in Boomerang Restaurant gardens on the 4<sup>th</sup>.
  - <u>Note:</u> Many Phylloscopus/Seicerus warblers were not identified as they moved quickly through the canopy in substantial numbers. The systematic list includes only the birds seen well enough to identify.
- 161. COMMON CHIFFCHAFF *Phylloscopus collybita tristis* 3 in scrubby fields at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>; 1 at Marpha on the 18<sup>th</sup>; 5 in fields/scrub near Phewa Tal on the walk back from Sarangkot on the 26<sup>th</sup>.
- 162. DUSKY WARBLER *Phylloscopus fuscatus* 1 in a drainage channel by the main road in Pokhara on the 4<sup>th</sup>; 1 at Fish Tail Lodge on the 25<sup>th</sup>.
- 163. BLYTH'S LEAF WARBLER *Phylloscopus reguloides* 3 in the forest below Sarangkot on the 26<sup>th</sup>.
- 164. BUFF-BARRED WARBLER *Phylloscopus pulcher* 4 on the trek between Chhomrong and Tadapani on the 10<sup>th</sup>; singles on the 12<sup>th</sup> and 13<sup>th</sup>. At least 4 in the forest below Sarangkot on the 26<sup>th</sup>.
- 165. ASHY-THROATED WARBLER *Phylloscopus maculipennis* Almost daily on the trek 6<sup>th</sup> to the 16<sup>th</sup>, max 4; not seen north of Kalopani. At least 4 in the forest below Sarangkot on the 26<sup>th</sup>.
- 166. LEMON-RUMPED WARBLER *Phylloscopus chloronotus* Daily in the forest at Pokhara, max 10 on the 4<sup>th</sup> and at least 5 in the forest below Sarangkot on the 26<sup>th</sup>. Seen on the trek, 13<sup>th</sup> to the 16<sup>th</sup> incl, max 10 around Tatopani on the 14<sup>th</sup>.
- 167. HUME'S WARBLER *Phyloscopus humei* In the forest behind Fish Tail Lodge, Pokhara 2 on the 5<sup>th</sup> and 3 on the 25<sup>th</sup>; at least 4 in the forest below Sarangkot on the 26<sup>th</sup>. Seen on only 3 days of the trek, max 2

- 168. YELLOW-BROWED WARBLER *Phylloscopus inornatus* 2 between Birethante and Ghandruk on the 6<sup>th</sup> and between Tatopani and Ghasa on the 15<sup>th</sup>.
- 169. WHISTLERS WARBLER *Seicercus whistleri* Between 3 and 5 daily around Pokhara, 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>. Between 3 and 6 on the trek, 6<sup>th</sup>, 10<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup> and the 24<sup>th</sup>.
- 170. GREY-HOODED WARBLER *Seicercus xanthoschistos* Almost daily on the trek 6<sup>th</sup> to the 16<sup>th</sup> incl, 23<sup>rd</sup> and 24<sup>th</sup>, max 15 (not seen north of Kalopani). 3 at Fish Tail Lodge, Pokhara on the 25<sup>th</sup> and at least 4 in the forest below Sarangkot on the 26<sup>th</sup>.
- 171. CHESTNUT-CROWNED WARBLER Seicercus castaniceps 2 at Fish Tail Lodge, Pokhara on the 5<sup>th</sup> and between Ghandruk and Chhomrong on the 7<sup>th</sup>.
- 172. GOLCREST *Regulus regulus* On the 16<sup>th</sup>, 2 at Ghasa, 2 before Lete and 1 at Kalopani; perhaps the same bird at Kalopani on the 17<sup>th</sup>.
- 173. WHITE-THROATED LAUGHINGTHRUSH *Garrulax albogularis* Flocks of c 40 near Ghandruk on the 7<sup>th</sup> and below Chhomrong on the 10<sup>th</sup>.
- 174. WHITE-CRESTED LAUGHINGTHRUSH *Garrulax leucolophus* 7 north of Shauli Bazaar on the 6<sup>th</sup>; 7 between Tatopani and Galeshor on the 24<sup>th</sup> and 2 in the forest below Sarangkot on the 26<sup>th</sup>.
- 175. STRIATED LAUGHINGTHRUSH Garrulax striatus 2 at Kuldi near Bamboo on the 9th.
- 176. SPOTTED LAUGHINGTHRUSH *Garrulax ocellatus* 5 at Kuldi near Bamboo on the 9<sup>th</sup> and 6 in the forest between Deorali Tearooms and Chitre on the 12<sup>th</sup>.
- 177. STREAKED LAUGHINGTHRUSH *Garrulax lineatus* Seen almost daily on the trek, 6<sup>th</sup> to the 17<sup>th</sup> and 23<sup>rd</sup>, max 30+ (not seen north of Kalopani).
- 178. VARIEGATED LAUGHINGTHRUSH *Garrulax lineatus variegatus* At least 10 between Ghasa and Kalopani on the 16<sup>th</sup>; 4 just north of Kalopani on the 17<sup>th</sup>, with 5 here on the return journey on the 23<sup>rd</sup>.
- 179. BLACK-FACED LAUGHINGTHRUSH *Garrulax affinis* 6 between Tadapani and Banthanti on the 11<sup>th</sup>; 2 on the ridge between Ghorapani and Deorali Tearooms on the 12<sup>th</sup> and 5 just by the Tearooms also on the 12<sup>th</sup>.
- 180. CHESTNUT-CROWNED LAUGHINGTHRUSH *Garrulax erythrocephalus* Between 3 and 8 seen on the trek on the 7<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup> and 16<sup>th</sup>.
- 181. RUSTY-CHEEKED SCIMITAR BABBLER *Pomatorhinus erythrogenys* On the trek, seen daily 7<sup>th</sup> to the 10 incl, max 5 on the 7<sup>th</sup> between Ghandruk and Chhomrong.
- 182. STREAK-BREASTED SCIMITAR BABBLER *Pomatorhinus ruficollis* 2 near Ghandruk on the  $7^{th}$  and at Chhomrong on the  $10^{th}$ .
- 183. SLENDER-BILLED SCIMITAR BABBLER *Xiphirhynchus superciliaris* 1 outside our lodge at Chhomrong on the 9<sup>th</sup>.

- 184. SCALY-BREASTED WREN BABBLER *Proepyga albiventer* 1 seen at Fish Tail Lodge, Pokhara on the 4<sup>th</sup>. Frequently heard on the trek but only seen on the 9<sup>th</sup> at Bamboo and at Chhomrong (2); with a single on the 10<sup>th</sup> below Chhomrong.
- 185. BLACK-CHINNED BABBLER *Stachyris pyrrhops* Seen almost daily on the trek, 6<sup>th</sup> to the 15<sup>th</sup> incl and on the 23<sup>rd</sup>, max c 25 on the 10<sup>th</sup>. At Sarangkot, 5 near the summit on the 26<sup>th</sup>.
- 186. GOLDEN BABBLER Stachyris chrysaea 1 in the forest near Sinuwa on the 9<sup>th</sup>.
- 187. SPINY BABBLER Turdoides nipalensis At least 2 near the summit at Sarangkot on the 26<sup>th</sup>.
- 188. RED-BILLED LEIOTHRIX *Leiothrix lutea* A flock of 10 north of Shauli Bazaar on the 6<sup>th</sup>; 2 near Lete on the 16<sup>th</sup>, with 4 there on the return journey on the 23<sup>rd</sup>. 6 in the forest behind Fish Tail Lodge, Pokhara on the 25<sup>th</sup>.
- 189. BLACK-HEADED SHRIKE BABBLER *Pteruthius rufiventor* A female at Kuldi near Bamboo on the 9<sup>th</sup>.
- 190. GREEN SHRIKE BABBLER *Pteruthius xanthoclorus* Singles near Sinuwa on the 9<sup>th</sup> and below Chitre on the 13<sup>th</sup>.
- 191. HOARY-THROATED BARWING *Actinodura nipalensis* 5 in the forest between Deorali Tearooms and Chitre on the 12<sup>th</sup>.
- 192. CHESTNUT-TAILED MINLA *Minla strigula* 9 at Chhomrong on the 9<sup>th</sup>; c 30 between Chhomrong and Tadapani on the 10<sup>th</sup> and a single near Lete on the 16<sup>th</sup>.
- 193. RUFOUS-WINGED FULVETTA *Alcippe castaneceps* 9 between Ghandruk and Chhomrong on the 7<sup>th</sup>, c 20 in the forest at Sinuwa on the 9<sup>th</sup> and c 20 below Chitre on the 13<sup>th</sup>.
- 194. WHITE-BROWED FULVETTA *Alcippe vinipectus* Up to 25 daily on the trek, 8<sup>th</sup> to the 13<sup>th</sup> incl and 16<sup>th</sup> and 17<sup>th</sup>.
- 195. WHISKERED YUHINA *Yuhina flavicollis* Up to 20 daily on the trek, 7<sup>th</sup> to the 10<sup>th</sup> incl, 15<sup>th</sup>, 16<sup>th</sup> and 24<sup>th</sup>.
- 196. STRIPE-THROATED YUHINA *Yuhina gularis* Seen daily on the trek, 8<sup>th</sup> to the 15<sup>th</sup> incl, max c 40 on the 9<sup>th</sup> between Bamboo and Chhomrong.
- 197. RUFOUS-VENTED YUHINA *Yuhina occipitalis* Between 15 and 30 daily, 8<sup>th</sup> to the 10<sup>th</sup> inclusive.
- 198. RUFOUS SIBIA *Heterophasia capistrata* Seen daily on the trek, 7<sup>th</sup> to the 13<sup>th</sup> incl, and on the 23<sup>rd</sup>, max 60+ below Chhomrong on the 10<sup>th</sup>.
- 199. PURPLE SUNBIRD *Nectarinia asiatica* A singing male in a garden restaurant, Thamel, Kathmandu on the 27<sup>th</sup> of December was a pleasant surprise.
- 200. GREEN-TAILED SUNBIRD *Aethopyga nipalensis* 2 near Ghandruk on the 7<sup>th</sup>; single males near Chitre on the 12<sup>th</sup> and again on the 13<sup>th</sup>.
- 201. BLACK-THROATED SUNBIRD *Aethopyga saturata* 3, including 2 males at Tatopani on the 14<sup>th</sup>; 2 between Tatopani and Galeshor on the 24<sup>th</sup>.

- 202. CRIMSON SUNBIRD *Aethopyga siparaja* A single at Fish Tail Lodge, Pokhara on the 4<sup>th</sup> and 5<sup>th</sup>; 2 there on the 25<sup>th</sup>; 2 in the forest below Sarangkot on the 26<sup>th</sup>.
- 203. FIRE-TAILED SUNBIRD *Aethopyga ignicauda* Singles at Chhomrong on the 8<sup>th</sup> and again on the 9<sup>th</sup>.
- 204. HOUSE SPARROW Passer domesticus 25+ daily around Pokhara. Not seen on the trek.
- 205. EURASIAN TREE SPARROW *Passer montanus* Up to 10 daily around Pokhara; daily on the trek, 6<sup>th</sup>, 7<sup>th</sup> and 15<sup>th</sup> to the 24<sup>th</sup> incl, max c 60 in the fields at Shyang near Jomsom on the 18<sup>th</sup> and 19<sup>th</sup>.
- 206. RUSSET SPARROW *Passer rutilans* 10 near Ghandruk on the 7<sup>th</sup> and 6 at Kalopani on the 16<sup>th</sup>.
- 207. WHITE WAGTAIL *Motacilla alba* At least 100 daily at Phewa Tal, Pokhara on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>. On the trek, single figure counts at Tatopani on the 14<sup>th</sup> and 23<sup>rd</sup> and at Larjung on the 17<sup>th</sup>. Around 10 were seen on pools at the north end of Jomsom on the 19<sup>th</sup>.
- 208. WHITE-BROWED WAGTAIL *Motacilla madaraspatensis* Up to 2 at Phewa Tal, Pokhara on the 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>; a single at Larjung on the 17<sup>th</sup> and 2 at Jomsom on the 20<sup>th</sup>.
- 209. CITRINE WAGTAIL *Motacilla citreola* A first winter male at the rear of Boomerang Restaurant Phewa Tal, Pokhara, on the 4<sup>th</sup> and 25<sup>th</sup>.
- 210. YELLOW WAGTAIL *Motacilla flava* 3 at the rear of Boomerang Restaurant Phewa Tal, Pokhara, on the 25<sup>th</sup>.
- 211. GREY WAGTAIL *Motacilla cinerea madaraspatensis* Up to 6 at Phewa Tal, Pokhara on the 5<sup>th</sup>, and 25<sup>th</sup>. On the trek, 2 at Birethante on the 6<sup>th</sup>, and 2 daily on the 14<sup>th</sup> to the 17<sup>th</sup> incl, between Tatopani and Larjung.
- 212. PADDYFIELD PIPIT *Anthus rufulus* Seen only at Phewa Tal, Pokhara, mainly lakeside at the rear of Boomerang Restaurant, max 4 on the 5<sup>th</sup>.
- 213. OLIVE-BACKED PIPIT *Anthus hodgsoni* Following 2 near Shauli Bazaar on the 6<sup>th</sup>, seen on a further 4 days of the trek, 13<sup>th</sup> to the 16<sup>th</sup> incl, max 4. 6 in the forest close to Sarangkot summit on the 26<sup>th</sup>.
- 214. ROSY PIPIT *Anthus roseatus* Up to 7 regularly present at the rear of Boomerang Restaurant Phewa Tal, Pokhara, on the 4<sup>th</sup>, 5<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>.

- 215. ROBIN ACCENTOR *Prunella rubeculoides* Singles in the fields below Shyang near Jomsom on the 18<sup>th</sup> and 19<sup>th</sup> and in a gully in Jomsom town on the 20<sup>th</sup>.
- 216. RUFOUS-BREASTED ACCENTOR *Prunella strophiata* Singles below the ACAP office at Chhomrong on the 10<sup>th</sup> and north of Ghasa on the 16<sup>th</sup>; 2 at Marpha on the 18<sup>th</sup>.
- 217. BROWN ACCENTOR *Prunella fulvescens* Seen daily 18<sup>th</sup> to the 21<sup>st</sup> incl, Marpha to Jomsom, max 30 on the 18<sup>th</sup>.
- 218. WHITE-RUMPED MUNIA *Lonchura striata* Parties of 5 north of Shauli Bazaar on the 6<sup>th</sup> and between Tatopani and Galeshor on the 24<sup>th</sup>.
- 219. SCALY-BREASTED MUNIA *Lonchura punctulata* A flock of 6 at the "Rubythroat" site near Pokhara on the 26<sup>th</sup>.
- 220. CHAFFINCH Fringilla coelebs 3 at Kalopani on the 16<sup>th</sup>.
- 221. FIRE-FRONTED SERIN serinus pusillus 3 at Marpha on the 18<sup>th</sup>.
- 222. TWITE *Carduelis flavirostris* A flock of 10 close to Hotel Mountain Resort at Jomsom on the 20<sup>th</sup>.
- 223. BEAUTIFUL ROSEFINCH *Carpodacus pulcherrimus* A flock of 8 on the ridge between Deorali Tearooms and Ghorapani on the 11<sup>th</sup>, 2 there on the 12<sup>th</sup>. Seen daily 16<sup>th</sup> to the 19<sup>th</sup> incl, between Kalopani and Jomsom, max 30 at Marpha/Shyang on the 18<sup>th</sup>.
- 224. PINK-BROWED ROSEFINCH *Carpodacus rodochrous* At Ghandruk, 2 males on the 6<sup>th</sup> and a female on the 7<sup>th</sup>; a female near Tadapani on the 10<sup>th</sup> and 2 females on the ridge between Ghorapani and Deorali Tearooms on the 12<sup>th</sup>.
- 225. SPOT-WINGED ROSEFINCH *Carpodacus rodopeplus* At Chhomrong, 3 males on the 8<sup>th</sup> with single females there on the 9<sup>th</sup> and 10<sup>th</sup>; a female at Ghorapani on the 12<sup>th</sup>.
- 226. WHITE-BROWED ROSEFINCH *Carpodacus thura* A male between Shyang and Marpha on the 22<sup>nd</sup>.
- 227. STREAKED ROSEFINCH *Carpodacus rubicilloides* In the fields below Shyang, near Jomsom, 7, including 2 males on the 18<sup>th</sup>; 3 there on the 19<sup>th</sup>.
- 228. CRIMSON-BROWED ROSEFINCH Propyrrhula subhimachala 3 at Tadapani on the 11th.
- 229. RED-HEADED BULLFINCH *Pyrrhula erythrocephala* 3 at Tadapani and at Ghorapani on the 11<sup>th</sup>; 4 at Ghorapani on the 12<sup>th</sup>.
- 230. CRESTED BUNTING *Melophus lathami* At least 10 at the "Rubythroat" site, near Pokhara on the 26<sup>th</sup>.
- 231. PINE BUNTING *Emberiza leucocephalos* 10 in the fields below Shyang, near Jomsom on the 17<sup>th</sup>.
- 232. ROCK BUNTING *Emberiza cia* Following 3 at Tatopani on the 15<sup>th</sup>, around 30 seen daily, 16<sup>th</sup> to the 19<sup>th</sup> incl and 22<sup>nd</sup> and 23<sup>rd</sup> (Ghasa to Shyang).

233. YELLOW-BREASTED BUNTING *Emberiza aureola* 2 at the north end of Phewa Tal, Pokhara on the 5<sup>th</sup>; at least 40 at the "Rubythroat" site near Pokhara on the 26<sup>th</sup>.

