

Somerset: Trek - crucial species

Falcatid Teal - Phewa Tal (Pokhara). We saw 2-3 ♀-
in with other ducks. Mark + Tim saw
more, don't know how many, maybe 12+.
Hire boat + paddle out there.

Pied Mallard - Begun Tal (N. Pokhara). We didn't see
any, but we didn't go to this place. By bus,
or bike? (maybe a bit too far).

Tibetan Snowcock - Thovang ha (above Mukti Nath). We saw
4 high up, but snow would force them
down lower. Up valley beyond the
monastery to tea houses. From there
path rises steeply up to pass (Mark Wothan +
brother Bond saw them. Snow close to huts
at head of valley)

Himalayan Snowcock - see above we saw 2

<u>Blood Pheasant</u>	} all at <u>Ghasa</u> , although we only saw Kali, Koklas + Chir. (They're the important ones!) Mark + Tim saw the other 3. See map. Kali also opposite lakeside at Pokhara in small ravine
<u>Satyra Tragopan</u>	
<u>Impeyan Pheasant</u>	
<u>Kali Pheasant</u>	
<u>Koklas Pheasant</u>	
<u>Chir Pheasant</u>	

Sooty Snipe - Mukti Nath. We saw 2 along stream
running down from monastery.

Himalayan Pied Kingfisher - Birethanti. We saw one here
flying up + down river. Watch from
bridge. Also saw 2 at Pokhara just flying
over.

Hume's Short-toed Lark - Kagbeni area. Didn't see this, but
Simon had a map from James
Wolstencroft of a site close to Kagbeni,
on the plateau south of the path up
to M' Nath.

Pacific Swift - Tatopani. We saw flocks around high
cliffs opposite Tatopani.

Nepal House Martin - anywhere on track. We didn't see any.

Lev. Black-tailed Drongo - for side of Pkewa Tal.

Green Magpie - for side of Pkewa Tal.

Brown-capped Babbler - for side of Pkewa Tal.

Nepal Parrotbill - Ghorapani, along Chandrung Ridge. see map.

rust Parrotbill } as above. we didn't see either.
green Parrotbill }

White-spotted Laughing Thrush - Ghorapani, along Chandrung Ridge.

Chestnut-throated Shrike Babbler - only ones we saw were in small
forest above Sikhet + above Uleri.

Hoary Bunting - between Uleri + Ghorapani we saw one.

Holcizka's Tit-Warbler - anywhere beyond Takuche.

White-browed Bush Robin } Ghorapani, Ghasa. we didn't see any but
olden Bush Robin } better chance in mid-winter.

Jessiman's Redstart - Jomsom area, possible.

Walden's Redstart - Jomsom, Kaptari, Muktinath. Search the
fields!

White-throated Redstart - as above.

White-backed Forktail - along river north of Birebanti. we saw 1

on hilled Thrush - forest between Uleri + Ghorapani we
saw one.

Chestnut Thrush - Ghorapani, with the Whit-st. B'bird flocks.

Sumner Black Tit - west bank of Kali Bardiaki between Ghasa
and Kalopani.

Spot-winged Black Tit - Kalopani. We didn't see any. In forest to the
west of village. see map.

White-capped Tit - between Leke + Ghasa off main track. we saw 2.
see map.

Mr Gould's Sunbird - Ghasa, in forest.

Alfred Crossbill - Ghorapani. Pun hill + Chandrung Ridge.

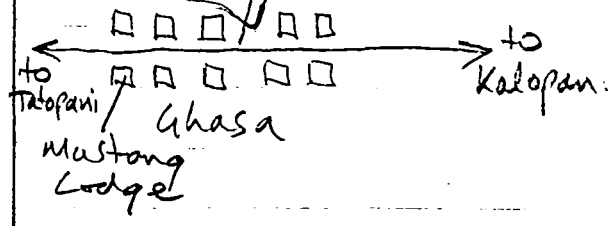
White-winged Crossbill - Muktinath, in monastery grounds.

28.1 - 28.2 - 28.3 - 28.4 - 28.5 - 28.6 - 28.7 - 28.8 - 28.9 - 29.0 - 29.1 - 29.2 - 29.3 - 29.4 - 29.5 - 29.6 - 29.7 - 29.8 - 29.9 - 30.0

Ghasa



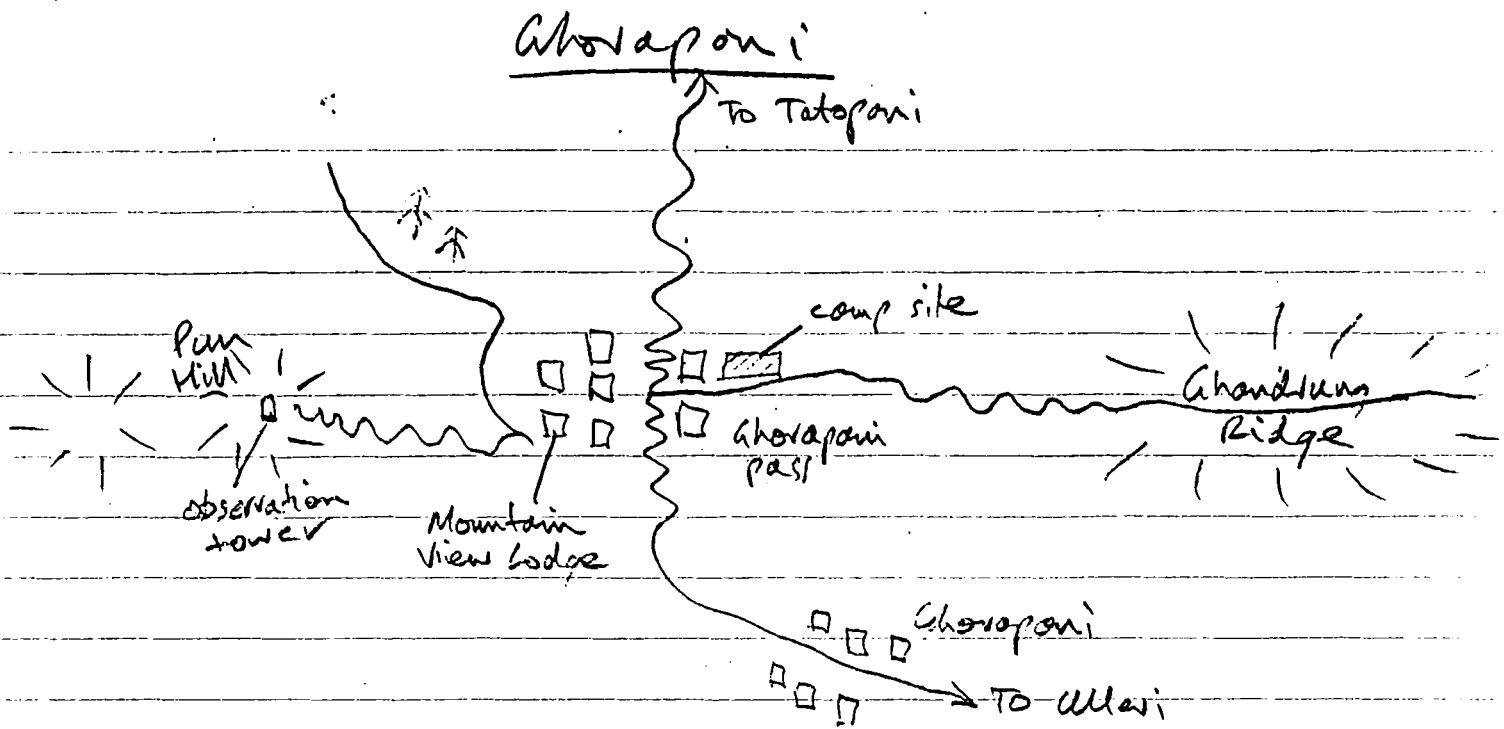
The view from the village is basically of three pieces of forest. Small triangle - ①, long + thin - ② + distant but large expanse - ⑤. Also, small piece on skyline - ③.



- PATH ① - begins in village opposite water-top 50 metres
 (1) from Mustang lodge. leads between buildings, follows stream to below waterfall, climbs to small ridge (Mason backed Accentor), then continues into Forest ② (Koklas + Im peyan Pheasants)
- PATH ② - branches around beginning of small ridge mentioned above, then edges around Forest ② (Cheev + Kati; Pheasants) to ridge ②, then continues across open ground above Forest ④ + into distant forest ⑤ (Koklas)
- PATH ③ - branches from path ① at base of same small ridge + climbs abruptly to ridge ① + into Forest ① (Cheev)

- Hodgson's Mountain Finch - Muktimath area, didn't see any
 Spot-winged Rosefinch - Ghovapani , along Ghodung Ridge
 Eastern Great Rosefinch - Jowson , Kagbeni , Muktimath fields
 Scuped Finch - Ghovapani , we saw 2
 Scarlet Finch - possible at Tikhedunge . We didn't see any
 Brown Bullfinch - Ghovapani , we didn't see any
 Pine Bunting - Pokhara , since saw a flock. Jowson saw
 1 ♀, but flocks mid-winter.
 Yellow-breasted Bunting - Pokhara , in fields. Didn't see
 any.
 Black-faced Bunting - Pokhara , we saw 2-3 ♀ - on migration

This covers everything of any importance. Some things
 may have been seen by others at different sites
 and/or in greater numbers, but these species are
 generally in the Jowson / Muktimath area +
 weather plays an important part. Stuff such as
 Snowfinches, Blk-th Accentor + Eversmann's Redstart
 are vagrants, although seen they are the result of
 adverse weather conditions. Others, such as Great +
) Brown Parrotbill, you just have to have a little
 luck.



Pun Hill - path leads from back of Mt. View lodge + ascends steeply

Another path branches to right about 30 metres along path to Pun Hill + continues over ridge + along side of valley, overlooking dead trees (Woodpecker) + undergrowth.

Ahandlung Ridge - path is signposted between buildings, then across camp site. Keep to right-hand side. Another signpost, then ascends to Ahandlung Ridge. A couple of hours along path, it descends out of forest + to a wake shift lodge.

Area below Ahoraponi village, towards Uleri, is also good up to edge of forest.

COMOSOM TRAIL 6.3.85 - 31.3.85

Day 1 Pokhara - Chandrakot (Pushpati Lodge)

(By jeep from 'Shining Hospital' to Sukhet cost - 2000 incl. luggage. Steep walk up 1000ft to Naudanda. Along ridge via KAATVE, Lumle to Chandrakot)

Whit-crest. L. Thrush (c6), Chest-th Shrike Babbler (1)
Upland Pipit (2) : see abt notes for specific area - the call is distinctive 'like a squeaky door being opened + closed'

Day 2 Chandrakot - Ullevi (Namaste Lodge)

Steep descent to Bivchanthi where rivers converge. Along Bhanungdi Kola crossing just beyond Tikhedunge + up to Ullevi

Pekin Robin (c20), Small Niltava (10), Grey-side B. Warb (2)
Abbott B. Warb, Crimson Sunbird, Pink-browd R'finch (c12)
Red-bld Bl. Wagtail (4), Rufous-chin. L. Thrush (1), Little Forktail (3) : from the 2nd bridge beyond Tikhedunge, Brown Dipper.

Day 3 Ullevi to Chovapani (Mountain View Lodge)

Steep ascent (but not too steep) thru scrub + then forest all the way to Chovapani.

Striated + Blk-faced L. Thrush, Hoary Bawwing (1)
Chest-hd. Fulvetta (1), Red-hd. Bluetail (3), Little Forktail (2)
Large long-bld Thrush (1)

Day 4, 5 Chovapani

Chandrung ridge is the best area, but worth exploring all around. Take a walk up to Pun Hill for the view.

D'jeeling Pied W'pecker (10), Maroon Oriole (2), Whit-spot L. Thrush (c2), Whit-cst. Blkbird (c20), Red-th. Thrush (1)
Rufous-bell Crested Tit, Brown Crested Tit, Nepal T'creep (3)
Nepal R'finch (2), Suniper finch (2), Red-hd Bullfinch (5)
Blk Eagle, Him. Swiftlet (c50), Nepal Parrotbill (c12), Plain-backed Mt. Thrush (2), Himalayan Sparrow (2), Spotted-winged R'finch (2), Pink-browd R'finch (10)

Day 6 Chovapani - Tatopani (Kamala Lodge)

All downhill apart from a quick up + down just before Tatopani. Once forest ends, not much birdwise. Hot springs at Tatopani worth indulging in.

King Vulture (2), Rufous-bell Sapsucker (10), Yllw-billed Bl. Wagtail (1)
Spotted Forktail (1)

Day 7 Tatopani - Ahara (Mustang lodge)

Long, arduous walk with few birds

Tibetan shrike (at Ahara)

Day 8 Ahara - Kalopani (See-You lodge)

Easy walk

Scaly-bel. W'pecker (2), Spbt-wgd R'finch (1 ♀)

Day 9 Kalopani - Tukuche (Tukuche Peak lodge)

Kept to west bank of Kali bondaki, off main track. Point was bridge about $\frac{1}{2}$ hr beyond Kalopani. Good area of fields next to ravine after boulder strewn area. There's a plaque commemorating deaths of some climbers on Dhaulagiri.

Blue-hd. Redstart (4), Altai, Rust-twcast, Brown + Rob in Accentors, Simla Blk Tit (1) in pines just before bridge at narrowest point of river. After bridge the river becomes much wider with sand banks. Him. T'weeper (4), Beautiful R'finch (c 70), Snow Pigeon (c 20).

Day 10 Tukuche - Jomsom (Thak Kola lodge)

Worth checking any vegetation. Bleak surroundings

Wht-throat. Redstart (c 8), Bl-head. Redstart (1 ♂), Robin + Brown Accentors, Stoliczka's Tit Warb (4), Pine Bunting (1 ♀), Eastern Sky lark (4).

Day 11 Jomsom - Kagbeni (Red House lodge)

Not too + time to 'do' fields at Jomsom + Kagbeni upon arrival. Walk up + down the breaks between fields. Lots of goodies!

Bl-hd. Redstart (1 ♂), Wht-th. Redstart (c 8), Gaudenstadt's Redstart (1 ♂), Robin + Brown Accentors, Beautiful + Eastern Cit. R'finch (c 10)

Day 12 Kagbeni - Muktinath (Muktinath Hotel but

fields about Kagbeni: in the morning, I went back down towards Jomsom on the west side of valley to fields opposite Kagbeni lodge. Interesting, but the same stuff. ^{eatery at North Pole Hotel}

Eastern Sky lark (3), Alpine Chough (c 200), Wht-th. Redstart (1), Gaudenstadt's Redstart (6), Robin + Brown Accentors, Eastern Mt. R'finch (c 12), Sooty Snipe (2) at Muktinath along stream from temple. Start at top + walk down + flushing birds

Day 13 Muktiwath - Thorong la - aniktinath

steep climb after walking up valley to tea houses.

Tibetan Snowcock (2), Him. Snowcock (2), Solitary Snipe (2)
White-winged Woodpecker (2): in grounds of monastery on
north side in scrubby bushes. Red-breast. R. Finch: on
the way up to Thorong la, quite high. Stoliczka T. Warb (1)

Day 14 Muktiwath - Marpha (Baba Lodge)

Normally, unless you're lucky, walking into the
kicks of a gale, blasting sand into your
face. Ugh!

Hill Pigeon (7): in flocks of cloughs below Muktiwath
around Thorong.

Wallcreeper (1)

Day 15 Marpha - Kalopani (See-ten Lodge)

Marpha to Loijung west side of valley. At
Loijung across Kali Bandaki + along to
suspension bridge. Crossed bridge (off main
trail) to east side + on to Kalopani.

Hill Pigeon (5): in fields at Marpha. Stoliczka T. Warb (3),
Hodgson's, Whit-throat, Bl-hd, Plumbeous Redstarts,
Spotted Forktail (2), Altai, Robin, Brown Accentors,

Day 16 Kalopani - Ghasa (Mullang Lodge)

Short walk with time to look around Kalopani
in the morning. Good forest beyond here.

Nuthatch (1), Spotted Redstart (1), Gray-side, B. Warb (1),
Red-t. Bluetail (1), Bl-hd. Redstart (1), Five-cap. Tit (3)
Allied Woodpecker (12+)

Day 17, 18, 19 Ghasa

Basically packing to forests + wandering
about. Wet up there early for plovers,
although they can go on calling beyond
mid-morning + they don't call every day.

Booted Eagle (1), Koklas Plover, Chin Plover (1), Kalij
Plover (2), Whit-winged Blue Fly (1), Spotted Forktail (1)
Altai Accentor, Upland Pipit (1 + 6), Mrs Gould's Sunbird (2)
Ruf-neck. Scimitar Babbler (2), Variegated C. Thrush (4)
Rufous-breast. Accentor (2), Brown Hill Bunting (1), Maroon-
back. Accentor (4): along path up central, i.e. main, ravine
beyond where it is steep + past the track to the left which goes
up the ridge along the edge of the 'long' forest.

Day 20 Ghosa - Tatopani (Kamala Lodge)

Around Ghosa in the morning then to Tatopani.

Tibetan shrike (1), Crested Bunting (1),

Day 21 Tatopani - Ghovapani (Mt. View Lodge)

long climb uphill. Not many birds until ya hit forest + below Ghovapani.

Donelli) Eagle (1 ad), Pacific Swift (c55),

Day 22, 23, 24 Ghovapani

Explore! Everywhere is worth looking into.

Blk Eagle, Min Swiftlet (1), Alpine + Pacific Swifts
chest-head. Fulvetta, Chestnut Thrush (1 ♂), Spotted
R'finch (2), Allied Warbler (c15), Pink-browed R'finch (1 ♂),
Rust-bell. Sapsucker (1 ♀), Yllw-billed Bl. Magpie (2),
Nuthacker (2), Nepal Parrotbill (2), Wht-spt. C. Thrush (1),
Nepal R'finch (3)

Day 25 Ghovapani - Diwethanti (Riverside Lodge)

All downhill. Good forest as far as above Ullan. Scrub rest of way + stub in river.

Large Yllw-naped W'pecker (1 ♂), Snowy-browed Fly' (3),
Slaty-backed Forktail (1): in river before Diwethanti, about
1 hr upstream.

Day 26 Diwethanti to Pokhara (Quiet View Guest Ho.)

steep climb to Chandrasot along ridge + at the cheaper end of
down to Sikkhet. Pokhara by jeep.

Barred Owl (1), Min. Pied W'fisher (1): around confluence
of rivers at Diwethanti. Bl.-throated Barbet, Upland Pipit